

OPD LIST

DEPARTMENT	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GENERAL MEDICINE	Dr R. Arunachalam Dr Archana Bhat Dr Jeffrey Lewis Dr Akshay Louis Dias Dr Shruthi Ashok Pai	Dr Smitha Bhat Dr Supriya P.S Dr Ganesh Nayak S Dr Tushar Gopalakrishna Dr Akshaya K	Dr Prasanth.J.M Dr Veena Jasmine Pinto Dr Meghana Sreenivas Dr Alveera D Souza Dr Shivraj Hadimani Dr Harshitha	Dr Venkatesh B. M. Dr Sowmya Mathew Dr Debora Sona Dsilva Dr Shivraj Hadimani Dr Jeena John	Dr Roshan M Dr Anoop Joseph Dr Spoorthi Ashok Pai Dr Bernadette M R Pais Dr Renier Borges	Dr Akshatha Rao Aroor Dr Swagna P K Dr Sriakshmi M Prabhu Dr Donnie Aloysius
GENERAL SURGERY	Dr Erel Anil Isidore Diaz Dr Reshmina C Clara D Souza Dr Martis Manohar Hadrian Mark Dr Sanjana P Arjun	Dr John Joseph S Martis Dr Prathvi Shetty Dr Vishnu V K	Dr Leo Francis Tauro Dr Rohan Dsouza Dr Archana C S	Dr Rakesh Rai A Dr Shankar Gururaj Kollampare Dr Kevin Alfred Samuel	Dr Clemens R S D Souza Dr Vinoda Kumar B Dr Diya Bajju Parappat Dr Bhushan M	Dr Shubha N Rao Dr Vishnu P S Dr Inaneshwari Jayaram Dr Jason Andrade
OBG	Dr Mahesha Navada H Dr Prathima Prabhu Dr Chethana Bolanthakodi Dr Venita Roshal Fernandes Dr Jyotsna Mirabel Coelho Dr Lisa Meita Pinto	Dr Sujaya V Rao Dr Jyotene Diana D Almeida Dr Eltha M Shetty Dr Vismaya Kaveri Dr Diya Mathen Dr Thameeza Farhath	Dr Deepa Kanagal V Dr Shannon Francisca Fernandes Dr Alveera D Souza Dr Ambika Hegde Dr Nikitha James	Dr Mahesha Navada H Dr Prathima Prabhu Dr Chethana Bolanthakodi Dr Venita Roshal Fernandes Dr Jyotsna Mirabel Coelho Dr Lisa Meita Pinto	Dr Sujaya V Rao Dr Jyotene Diana D Almeida Dr Eltha M Shetty Dr Vismaya Kaveri Dr Diya Mathen Dr Thameeza Farhath	Dr Deepa Kanagal V Dr Shannon Francisca Fernandes Dr Alveera D Souza Dr Ambika Hegde Dr Nikitha James
PAEDIATRICS	Dr Anil Shetty Dr Praveen B K Dr Kamalabettu Zohara Parveen Dr Shubha S N	Dr Shreedhara Avabratha Kadke Dr Rashmi Alva Dr Sweeta Shanbhag Dr Deepthi Joella Fernandes Dr Jason Glen I D Souza	Dr Pavan Hegde Dr Habeeb Ullah Khan Dr Preetham Philip Tauro Dr Pooja Wali	Dr Anil Shetty Dr Praveen B K Dr Kamalabettu Zohara Parveen Dr Shubha S N	Dr Shreedhara Avabratha Kadke Dr Rashmi Alva Dr Sweeta Shanbhag Dr Deepthi Joella Fernandes Dr Jason Glen I D Souza	Dr Pavan Hegde Dr Habeeb Ullah Khan Dr Preetham Philip Tauro Dr Pooja Wali
ALLERGY ASTHMA & CHEST PEDIATRIC HEMATO ONCO NEONATOLOGY CLINIC HIGH RISK/WELL-BABY PERINATOLOGY	Dr Jaidev M D Dr Chandana Pai		Dr Jaidev M D Dr Chandana Pai	Dr Chandana Pai		Dr Jaidev M D
ORTHOPAEDICS	Dr Ronald Joseph Menezes Dr Harsharaj K Dr Calvin Troy Christopher Fernandes Dr Alfred Manoj Lobo	Dr Prashant Upendra Acharya Dr Kotedadi Ramprasad Rai Dr George Joseph Dr Amith Sridhar Alankar	Dr Vivian Roshan D' Almeida Dr Ashwin Kamath Dr Tilak Rommel Pinto Dr Wilbur Leander Cutinho	Dr Ronald Joseph Menezes Dr Harsharaj K Dr Calvin Troy Christopher Fernandes Dr Alfred Manoj Lobo	Dr Prashant Upendra Acharya Dr Kotedadi Ramprasad Rai Dr George Joseph Dr Amith Sridhar Alankar	Dr Vivian Roshan D' Almeida Dr Ashwin Kamath Dr Tilak Rommel Pinto Dr Wilbur Leander Cutinho
SPINE SURGERY	Dr Mrinal B. Shetty/Dr Shriharsha Hegde		Dr Mrinal B. Shetty/Dr Shriharsha Hegde		Dr Mrinal B. Shetty/Dr Shriharsha Hegde	
HAND & MICRO SURGERY		Dr Latheesh Leo/Dr Ujwal U Survarna		Dr Latheesh Leo/Dr Ujwal U Survarna		Dr Latheesh Leo/Dr Ujwal U Survarna
PSYCHIATRY	Dr Siddharth Shetty A Dr Avinash Joe Dr Ashwitha Melrine Carl Dr Aishwarya Rao	Dr Aruna Yadiyal Dr Avinash Joe Dr Rashmi A Dr Keerthana Nayak	Dr Supriya Raghavendra Rao Aroor Dr Rahul Rao M Dr Gale Crasta Dr Clinton Castelino Dr Divya R Nair	Dr Siddharth Shetty A Dr Avinash Joe Dr Ashwitha Melrine Carl Dr Aishwarya Rao	Dr Aruna Yadiyal Dr Avinash Joe Dr Rashmi A Dr Keerthana Nayak	Dr Supriya Raghavendra Rao Aroor Dr Rahul Rao M Dr Gale Crasta Dr Clinton Castelino Dr Divya R Nair
DERMATOLOGY	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty	Dr Ramesh Bhat M Dr Michelle Serene Fernandes Dr Myfanwy Joanne D Souza Dr Sonal Fernandes Dr Annabel Jose	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty	Dr Ramesh Bhat M Dr Michelle Serene Fernandes Dr Myfanwy Joanne D Souza Dr Sonal Fernandes Dr Annabel Jose	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty	Dr Ramesh Bhat M Dr Michelle Serene Fernandes Dr Myfanwy Joanne D Souza Dr Sonal Fernandes Dr Annabel Jose
ENT	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Blessy B Prabha	Dr Vinay Vaidyanathan Rao Dr Mahesh Tulasidas Bhat Dr Sana Dr Sweekritha N Bhat	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Blessy B Prabha	Dr Vinay Vaidyanathan Rao Dr Mahesh Tulasidas Bhat Dr Sana Dr Sweekritha N Bhat	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Blessy B Prabha	Dr Vinay Vaidyanathan Rao Dr Mahesh Tulasidas Bhat Dr Sana Dr Sweekritha N Bhat
OPHTHALMOLOGY	Dr Nelly E P Nazareth Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha	Dr Sunayana Bhat Dr Sripathi Kamath B Dr Madhurima A Nayak Dr Alkshata Charlotte	Dr Nelly E P Nazareth Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha	Dr Sunayana Bhat Dr Sripathi Kamath B Dr Madhurima A Nayak Dr Alkshata Charlotte	Dr Nelly E P Nazareth Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha	Dr Sunayana Bhat Dr Sripathi Kamath B Dr Madhurima A Nayak Dr Alkshata Charlotte
CARDIOLOGY	Dr H. Prabhakar	Dr Pradeep Pereira	Dr Jostel Pinto	Dr H. Prabhakar	Dr Pradeep Pereira	Dr Jostel Pinto
Cardio thoracic surgery	Dr Anand K. T Dr Suresh Pai (ON CALL)			Dr Anand K. T		
DENTAL	Dr Naveen Rao Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Nanditha Hegde	Dr Naveen Rao Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Nanditha Hegde	Dr Naveen Rao (OT) Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Nanditha Hegde	Dr Naveen Rao Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Nanditha Hegde	Dr Naveen Rao Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Nanditha Hegde	Dr Naveen Rao(OT) Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Nanditha Hegde
ENDOCRINOLOGIST	Dr Sudeep K/Dr Sakinya Hegde/	Dr Sudeep K/Dr Sakinya Hegde/	Dr Sudeep K/Dr Sakinya Hegde/	Dr Sudeep K/Dr Sakinya Hegde/D	Dr Sudeep K/Dr Sakinya Hegde/	Dr Sudeep K/Dr Sakinya Hegde/
Gastroenterology Surgical	Dr Ganesh M K/ Dr Nagarjun Rao H T/ Dr Sagar Nambiar	Dr Ganesh M K / Dr Sudheer K	OT DAY	Dr Nagarjun Rao H T / Dr Sudheer K	OT DAY	Dr Ganesh M K/ Dr Nagarjun Rao H T/ Dr Sagar Nambiar
Medical Oncology	Dr Nishitha Shetty	Dr Dinesh Shet / Dr Subhoth R C	Dr Nishitha Shetty	Dr Dinesh Shet / Dr Subhoth R C	Dr Nishitha Shetty	Dr Dinesh Shet / Dr Subhoth R C
Nephrology	Dr Manjunath J	Dr Amith V L D Souza	Dr Ashwin S P	Dr Amith V L D Souza	Dr Manjunath J	Dr Ashwin S P
NEURO SURGERY	OT DAY	Dr Geover Joslen Lobo	Dr Shashank Sharma	OT DAY	Dr Shashank Sharma	Dr Geover Joslen Lobo
NEUROLOGY	Dr Raghavendra B.S/ Dr Vimala Christina Colaco K	Dr Safwan Ahmed/ Dr Chaitra S P	Dr Vimala Christina Colaco K	Dr Safwan Ahmed	Dr Raghavendra B.S	Dr Chaitra S P
PAEDIATRIC SURGERY	Dr Kishan Shetty/Dr Jayateertha Joshi	OT DAY	Dr Kishan Shetty/Dr Jayateertha Joshi	OT DAY	Dr Kishan Shetty/Dr Jayateertha Joshi	Dr Kishan Shetty/Dr Jayateertha Joshi
Plastic Surgery	Dr Aravind Lakshmana Rao / Dr Singhal Ashish Shivendra / Dr Karthik Aithal / Dr Gaurav Jain	OT DAY	OT DAY	OT DAY	Dr Aravind Lakshmana Rao / Dr Singhal Ashish Shivendra / Dr Karthik Aithal / Dr Gaurav Jain	OT DAY
RADIO THERAPY	Dr Donald J Fernandes /Dr Krishna Raj H K / Dr Tony Jacob	Dr Y Sanath Kumar Hegde/Dr Sandesh Rao B/ Dr Lanisha Jolitha Sequeira	Dr Donald J Fernandes /Dr Krishna Raj H K / Dr Tony Jacob	Dr Y Sanath Kumar Hegde/Dr Sandesh Rao B /Dr Lanisha Jolitha Sequeira /	Dr Donald J Fernandes /Dr Krishna Raj H K / Dr Tony Jacob	Dr Y Sanath Kumar Hegde/Dr Sandesh Rao B /Dr Lanisha Jolitha Sequeira /
Radio Diagnosis	Dr Ram Shenoy Basti / Dr H.B. Suresh/ Dr Krishna Kiran S/	Dr Anto J Richie / Dr Berton Craig Monteiro / Dr Mahesh /	Dr Anston Vernon Braggis/ Dr Siddhant B Shetty/	Jennifer D Souza/ Dr Sanath Kumar N/ Dr Muralidhar G K/Dr Kiran B. Budihal/Dr Dakshayini H S/Dr Soujanya Mynali Braggis/ Dr Afra Anzar		
SURGICAL ONCOLOGY	Dr Jnaneshwari Jayaram	Dr Rohanchandra R Gatty /Dr Kumar S Vashist/ Dr Alphonsa Mary Job	Dr Eloy Saldanha/Dr Koteswararao Kamalapuram	Dr Rohanchandra R Gatty /Dr Kumar S Vashist/Dr Jnaneshwari Jayaram/ Dr Alphonsa Mary Job	OT DAY	Dr Eloy Saldanha/Dr Koteswararao Kamalapuram
PAIN CLINIC	Dr Anantha Srikrishna Somayaji		Dr Divya Vincent		Dr Anantha Srikrishna Somayaji	
UROLOGY	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Nandakishore B Dr Kishan Raj K	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Nandakishore B Dr Kishan Raj K	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Nandakishore B Dr Kishan Raj K
Gastroenterology Medical	Dr Riffat Abdul Aziz	Dr Balakrishna A	Dr Riffat Abdul Aziz	Dr Balakrishna A	Dr Riffat Abdul Aziz	Dr Balakrishna A
RESPIRATORY MEDICINE	Dr Don Gregory Mascarenhas / Dr Srishankar	Dr Ajith P.A / Dr Carishma S (ML)	Dr Srishankar / Dr Carishma S(ML)	Dr Don Gregory Mascarenhas / Dr Srishankar	Dr Ajith P.A / Dr Carishma S(ML)	Dr Ajith P.A / Dr Carishma S(ML)
Rheumatology	Dr Sahana G	Dr Sahana G		Dr Sahana G	Dr Sahana G	
Interventional Radiologist	Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T					
Clinical Psychology	Ms. S. Malarmathi	Mrs. Deeksha Ekanand Ms. Jewel Treesa Jomy	Ms. S. Malarmathi	Mrs. Deeksha Ekanand Ms. Jewel Treesa Jomy	Ms. S. Malarmathi	Mrs. Deeksha Ekanand Ms. Jewel Treesa Jomy
Psychaitric Social Worker	Mrs. Devi Venugopal		Mrs. Devi Venugopal		Mrs. Devi Venugopal	