



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)

Kankanady, Mangalore-575002

Teaching, Learning & Evaluation Committee

Student-centric methods are used for enhancing learning experiences:

Year	Experiential learning	Participatory learning	Problem solving methodologies	Role play	Patient-centric	Self-directed learning	Project Based learning
2014 –15	<ul style="list-style-type: none"> • Preparation of therapeutic diet • Mental Status examination • Work book preparation • Process recording • Demonstration • Model preparation 	<ul style="list-style-type: none"> • Seminar • Panel discussion • Field visits • Survey • Health education 	<ul style="list-style-type: none"> • Case analysis • Incidental teaching 	<ul style="list-style-type: none"> • Role play 	<ul style="list-style-type: none"> • Case study • Drug study • Clinical assessments • Clinical teaching • Care plan 	<ul style="list-style-type: none"> • Written Assignments • Lesson plan preparation 	<ul style="list-style-type: none"> • Research projects
2015–16	<ul style="list-style-type: none"> • Preparation of therapeutic diet • Mental Status examination • Work book preparation • Process recording • Demonstration 	<ul style="list-style-type: none"> • Seminar/ Debate • Panel discussion • Field visits • Survey • Concept map • Health education • In-service education program • Co-operative learning • Modular teaching 	<ul style="list-style-type: none"> • Case analysis 	<ul style="list-style-type: none"> • Role play/ Street play 	<ul style="list-style-type: none"> • Case study • Drug study • Clinical assessments • Clinical teaching • Care plan 	<ul style="list-style-type: none"> • Written Assignments • Lesson plan preparation 	<ul style="list-style-type: none"> • Research projects

Year	Experiential learning	Participatory learning	Problem solving methodologies	Role play	Patient-centric	Self-directed learning	Project Based learning
2016-17	<ul style="list-style-type: none"> • Preparation of therapeutic diet • Mental Status examination • Work book preparation • Process recording • Demonstration • Audio Visual aid preparation • Simulation based learning. 	<ul style="list-style-type: none"> • Seminar • Panel discussion • Symposium • Field visits/survey • Concept map • Health education • In-service education program • Co operative Learning • Modular discussion • Preparation of models 	<ul style="list-style-type: none"> • Case analysis /Case discussion • Scenario based learning • group presentation 	<ul style="list-style-type: none"> • Role play 	<ul style="list-style-type: none"> • Case study • Drug study • Clinical assessments • Case based learning • Clinical teaching • Care plan • Clinical rounds 	<ul style="list-style-type: none"> • Written Assignments • Lesson plan preparation 	<ul style="list-style-type: none"> • Research projects
2017-18	<ul style="list-style-type: none"> • Preparation of therapeutic diet • Mental Status examination • Work book preparation • Process recording • Audio Visual aid preparation • Demonstration • Simulation based learning. 	<ul style="list-style-type: none"> • Seminar • Panel discussion • Group discussion • Symposium • Field visits • Radio talks • Concept map • Health education • Survey presentation • Student to student learning • Modular discussion 	<ul style="list-style-type: none"> • Case analysis • Case discussion • Quiz • group presentation 	<ul style="list-style-type: none"> • Role play 	<ul style="list-style-type: none"> • Case study • Drug study • Clinical assessments • Case based learning/case discussion • Clinical teaching • Care plan • Clinical rounds 	<ul style="list-style-type: none"> • Written Assignments • Lesson plan preparation 	<ul style="list-style-type: none"> • Research projects

Year	Experiential learning	Participatory learning	Problem solving methodologies	Role play	Patient-centric	Self-directed learning	Project Based learning
2018-19	<ul style="list-style-type: none"> • Preparation of therapeutic diet • Mental Status examination • Work book preparation • Process recording • Audio Visual aid preparation • Demonstration • Simulation based learning. 	<ul style="list-style-type: none"> • Seminar • Panel discussion • Group discussion • Symposium • Field visits • Radio talks • Concept map • Health education • Survey presentation • Video assisted teaching • Student to student learning • Modular discussion • Hands on Practical (SPSS) • Debate 	<ul style="list-style-type: none"> • Problem Based learning • Case analysis Case discussion • Scenario based learning • Quiz 	<ul style="list-style-type: none"> • Role play/ street play 	<ul style="list-style-type: none"> • Case study • Drug study • Clinical assessments • Case based learning • Clinical teaching • Care plan • Clinical rounds 	<ul style="list-style-type: none"> • Written Assignments • Lesson plan preparation 	<ul style="list-style-type: none"> • Research projects



Signature of the Principal

Sr Jacintha D'Souza, MSc.(N), M.Phil.(N)

PRINCIPAL

Father Muller College of Nursing
Kankanady, Mangaluru-575002

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TEACHING LEARNING &
EVALUATION COMMITTEE

**STUDENT CENTRIC
METHODS**

2014-2015



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)

Kankanady, Mangalore-575002

Department of Mental Health Nursing- II MSc Nursing (2014-15)

Group Health Education report on Mental Health and Mental illness

The second year M Sc Nursing (Psychiatric Nursing) students of Father Muller College of Nursing conducted a health education on 'Mental Health and Mental Illness' for women at Anganwadi, Badakabailu on 17.01.15 under the guidance of faculty of Dept of Psychiatric Nursing. The programme began at 9.30am with a prayer song followed by the psychodrama on Mental Health & Mental illness. All the women participated actively throughout the programme and clarified their doubts. At the end of the session, students distributed the refreshments to all the participants.



Signature of the Programme Coordinator



Signature of HOD



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)

Kankanady, Mangalore-575002

Department of Mental Health Nursing - III BSc Nursing (2014-15)

Report on visit to Shanthi Kiran

On 6th July 2015, as a part of Mental Health Nursing clinical requirement, 50 students of 3rd year Bsc nursing visited the old age home "Shanthi Kiran" Bajjodi, Mangalore run by the little sisters of the poor. The Congregation of the Little Sisters of the Poor was founded in 1839, when Blessed Jeanne Jugan opened her home to Jesus Christ in the person of an elderly, poor, blind woman. 'Shanthi Kiran' was started in 1978, presently they have 80 residents. The students reached the venue at 9:45am accompanied by Mrs. Shine, subject coordinator, Mr. Rajeev Mathew, lecturer and Sr. Nikhila, Asst. Professor, Mental Health Nursing Department. The group was welcomed and oriented to the surroundings by Mr. Leslie Smith, resident of Shanthi Kiran. The program started at 10:30am with the prayer song followed by a dance and group songs. A short cultural program was conducted by the students for the aged. To ensure the participation of the resident's games were conducted and the winners of the games were rewarded by Mrs. Shine coordinator and lecturer of MHN.



Signature of the Programme Coordinator

Mr. Rajeev Mathew



Signature of HOD

Prof. Agnes EJ



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Mental Health Nursing- III BSc Nursing (2014-15)

Group Health Education on Effects and Management of Alcohol Dependent Syndrome

As a part of Mental Health Nursing clinical requirement, III year B Sc Nursing students conducted a group health education on Effects and Management of Alcohol Dependent Syndrome for the patients of De-addiction Ward on 19.12.14 at 9am under the guidance of Department of Mental Health Nursing. The programme began with a prayer song followed by a psychodrama was conducted by the students. At the end of the programme, a talk on ill effects of alcoholism and management was delivered by Mr. Shreepathi Bhat, Counsellor, Father Muller De-addiction centre. All the patients actively participated throughout the programme.



Signature of the Programme Coordinator

Mr. Rajeev Mathew

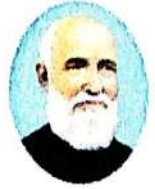


Signature of HOD

Prof. Agnes EJ



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2014-15)

Ms Laura Carvalho & Ms Litty Mathew of 2nd PBBSc Nursing conducted seminar on the topic Underfive clinic & growth chart respectively on 22nd January 2015 & 23rd January 2015 from 09.30am to 10.30am which is a part of their teaching learning sessions at Lecture hall 3.

Ms Swetha MN evaluated the seminar of the students.

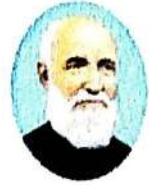

23/01/15
SIGNATURE OF THE
SUBJECT CORDINATOR




SIGNATURE OF THE
HEAD OF THE DEPARTMENT



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON PANEL DISCUSSION (2014-15)

The students 2nd PBBS Nursing conducted Panel Discussion on various topics from 30th October 2014 to 15th December 2014 as a part of their teaching learning sessions at Lecture hall 3. There were 7 groups for panel discussion.

Following are the topics and the presented dates of panel discussion

SL.NO	TOPICS	DATES
1	Purification of water	30-10-2014
2	Sewage disposal	30-10-2014
3	National vector borne disease control programme	12-12-2014
4	Voluntary health agencies	13-12-2014
5	National non communicable disease control programme	15-12-2014
6	International health agencies	15-12-2014

Ms Swetha MN evaluated the panel discussion.

Swetha MN
15/12/2014.

SIGNATURE OF THE

SUBJECT CORDINATOR



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SIGNATURE OF THE

HEAD OF THE DEPARTMENT

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF NURSING FOUNDATION
A REPORT ON FIRST AID- ROLE PLAY

As a part of student centred teaching and to improve the participation of students in teaching and learning based on the monograph, a role play was performed by the students on the topic First Aid of different emergencies. It was performed on 9/01/15 from 2.30pm to 4pm. Students were divided into different groups and topics were assigned as follows first aid for dog bite, snake bite. Frost bite. Fracture, haemorrhage, burns, shock and poisoning. Each groups performance helped the other students to gain more knowledge about first aid. After the performance of each group the concerned staff evaluated the performance, cleared doubts and provided further information. Students feedback was taken and found that the method used was very useful.

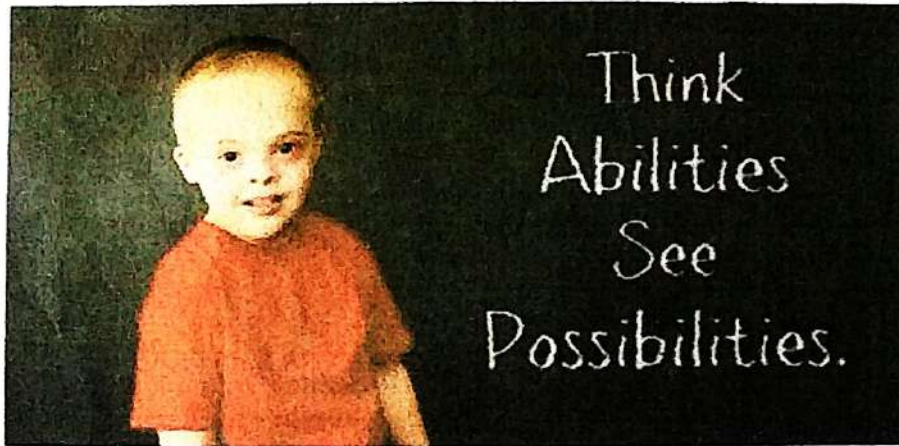


Merlin



Dr. Deepa
24/1/2015

Father Muller College of Nursing
Department of Child Health Nursing



Each year the voice of people with Down's syndrome, and those who live and work with them, grows louder. But there is still so much more we can do.

*Join us, the Department of Child Health Nursing
and*

*1st PBBSc (N) students
for the observance of*



*Health talk on - Down's Syndrome
on 21st March 2015, 2.30pm - Medicine OPD Classroom
Father Muller Medical College Hospital.*

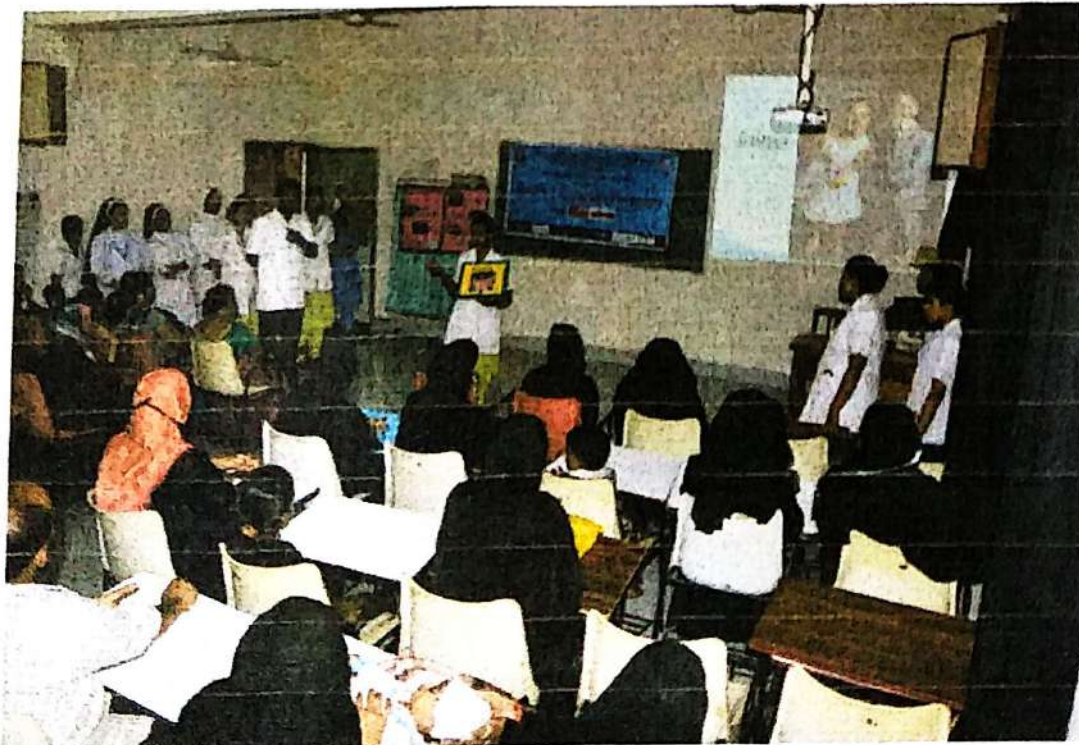


HEARTY WELCOME



HEALTH EDUCATION ON DOWN'S SYNDROME

1stPBBSec (N) students conducted a group health education on the topic "Down's Syndrome" on observance of World Down's Syndrome Day in the Medicine OPD classroom on 21-3-2015 at 2.00pm under the guidance of Department of Child Health Nursing. A total of 45 participants were present including men, mothers and children. Various members of the group dealt with topics such as introduction to Down's syndrome, its causes, features observed in child with Down's syndrome, diagnostics and care of the affected child, following which doubts were cleared.



Sr. Winnifred
Sr Winnifred D'souza, M.Sc. (N)
Principal
Father Muller College of Nursing
Father Muller Charitable Institutions
Kankanady, Mangalore-575 002

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF CHILD HEALTH NURSING

Report - Group Health Education " Childhood Autism"

As a part of our clinical posting we 1stPBBSC (N) 2014 – 15 (3rd Clinical Group) students had conducted a group health education on the topic "Childhood Autism" on observance of the World Childhood Autism day in PICU class room on 24/04/2015 at 2.30pm under the guidance of Department of Child Health Nursing . Health education began with the prayer song, followed by the skit on Childhood Autism. Health information was provided to the target group both in Kannada and Malayalam following which their doubts were clarified. About of 35 members were present for the health talk. The health education came to end at 3-30 pm.



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FATHER MULLER COLLEGE OF NURSING

Department of Obstetrics & Gynaecological Nursing

INCIDENTAL REPORT

On 18/10/2015, Mrs Xunderwent a Caesarean section at FMMCH and delivered twin babies (one twin was normal and another was acardiac).

Incidental teaching took place on 22/10/2015 and the case was presented by Balary N. Sympli, Erbatemon Pyngrope, II M.Sc Nursing student, under the supervision of Ms. Precilla D'silva, Lecturer of Dept. OBG Nursing at Birthing unit (labour room). A total of 10 students participated in the discussion which was held for 30 minutes.



PRESENTED BY

Balary N. Sympli

Erbatemon Pyngrope

II MSc Nursing

@Scher
24/10/15
Lecturer, FMCON



P. Silva
HOD, Dept of OBG, FMCON



FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)

NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

DEPARTMENT OF OBG NURSING (2014-15)

The department of OBG nursing along with the 3rd year BSc nursing students organized a group health education on the topic SELF PERINEAL CARE on 17.02.14 in the Antenatal Postnatal ward, FMMCH.

The health education was started at 11 am with a prayer song. The importance of perineal care especially during puerperial period and the importance of self perineal care were explained by the students using charts and power point slides.



There were approximately 30 mothers present and they expressed it was very useful for them. The students were guided by the teachers Mrs. Savitha Cutinho (HOD of OBG department) and Mrs. Shoba (lecturer OBG Department).



PROGRAMME COORDINATOR

Shoba

Savitha
HOD



PREGNANCY AWARENESS WEEK 10-16th February 2015

The Department of Obstetrics and Gynecological nursing, FMCON scheduled planned Health Talks and implemented effectively as a part of Pregnancy awareness week to strengthen pregnancy education and stress importance to the issues that promote healthy pregnancy and safe motherhood.

Date	Day	Topic
10.02.2015	Tuesday	Importance of Pre conceptional and prenatal health
11.02.2015	Wednesday	Antenatal visits
12.02.2015	Thursday	Intranatal care during labour
13.02.2015	Friday	Investigations done during pregnancy Importance of fetal movement chart
14.02.2015	Saturday	Screening of High risk Pregnancy



Osibon
Ms. Preilla
16.02.2015



Mrs. Savitha Cutinho
HOD, Dept of OBG

ENDORSEMENT BY THE HOD, PRINCIPAL/HEAD OF THE INSTITUTION

We hereby declare that the "SURVEY OF BADA KABAILU" is a bonafide project work carried out by the IV year B.Sc Nursing Students [2011-2015 Batch] under the guidance of Mrs. Florine Veigas, Lecturer of Father Muller College Of Nursing, Mangaluru, in partial fulfilment of the requirement of Community Health Nursing field experience postings.



Seal and Signature of the HOD
HOD-COMMUNITY HEALTH NURSING
Father Muller College of Nursing
Kankanady, Mangalore-575002

Dr. (Prof.) Leena KC

Head of the Department

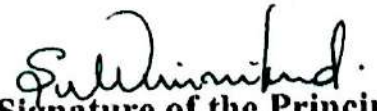
Community Health Nursing

Father Muller College Of Nursing,

Mangaluru

Date: 14-08-2015

Place: Mangaluru



Seal and Signature of the Principal
Sr Winnifred D'souza, M.Sc. (N)
Principal

Father Muller College of Nursing
Father Muller Charitable Institutions
Kankanady, Mangalore-575 002

Principal

Father Muller College Of Nursing,

Mangaluru



Date: 14-08-2015

Place: Mangaluru

DECLARATION BY THE CANDIDATES

We hereby declare that the "Survey of Badakabailu" is a bonafide and genuine research work carried out by the IV year BSc nursing students [2011-2015] under the guidance of Mrs. Florine Veigas, Lecturer of Department Of Community Health Nursing, Father Muller College Of Nursing, Mangaluru.

STUDENT REPRESENTATIVES

Ms. Jasmine Maria Lobo : Jasmine

Ms. Juley Sara James : Juley Sara James

Ms. Anjaly Johney : Anjaly

Ms. Ann Mary Lukose : Ann Mary Lukose

Ms. Kavita : Kavita

Ms. Bashisha Manar : Bashisha Manar

Ms. Jovissa Lobo : Jovissa

Ms. Jaslyn Jane D'silva : Jaslyn Jane D'silva

Ms. Blessilda Lobo : Blessilda

Ms. Elza Josephine : Elza Josephine

Ms. Jisna Sunny : Jisna Sunny

Ms. Jaisha Jai : Jaisha Jai



Date: 14-08-2015

Place: Mangaluru

Father Muller College Of nursing
Department of medical surgical nursing

Group health education on
Pulmonary Tuberculosis

Department of medical surgical nursing conducted a group health education on pulmonary tuberculosis on 13.06.2015 at medical ward of Father Muller Medical College Hospital. The main objective of the programme was to create awareness on prevention of tuberculosis. The health education emphasized on TB, its causes, mode of transmission, clinical features, diagnostic measures, treatment and prevention. Nearly 30 people benefitted from the programme. The people took active participation in conversation and discussion. Organizers were II year BSc nursing students under the guidance of subject coordinator Ms. Anusree Augustine and Mrs Divya Augustine



Divya
MOD



Anusree
SUBJECT COORDINATOR



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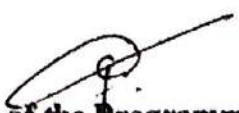
Kankanady, Mangalore-575002

Department of Mental Health Nursing- III BSc Nursing (2014-15)

Report on visit to Shanthi Kiran

On 7th July 2015, 50 students of 3rd year Bsc Nursing visited the old age home "Shanthi Kiran" Bajjodi, Mangalore. The institution is run by the little sisters of the poor. The Congregation of the Little Sisters of the Poor was founded in 1839, when Blessed Jeanne Jugan opened her home to Jesus Christ in the person of an elderly, poor, blind woman. 'Shanthi Kiran' was started in 1978, presently they have 80 residents. The students were accompanied by Mrs. Shine Thomas, coordinator and lecturer of MHN, Mr. Rajeev Mathew, lecturer of MHN and Mrs. Binisha Pappachen, Assistant Professor of MHN. The programme started at 11am with a prayer song followed by group songs and dance. To ensure the participation of the residents, games were conducted and the winners of the games were rewarded.




Signature of the Programme Coordinator
Mr. Rajeev Mathew




Signature of HOD
Prof. Agnes EJ



FATHER MULLER COLLEGE OF NURSING

NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore
(A Unit of Father Muller Charitable Institutions)



REPORT ON HEALTH EDUCATION PROGRAMME TOPIC; BALANCED DIET FOR CHILDREN ORGANISED BY 1ST YEAR PBBSc NURSING STUDENT AT PACHANADY, BONDEL ON 30TH APRIL 2015

The staff and students of 1st year PBBSc Nursing along with NSS students of Father Muller college of nursing organized health education programme on topic "Balanced diet for children" on 30th April 2015 at Pachanady, Bondel. Under the guidance of Mrs. Wilma S Noronha Lecturer Department of Child Health Nursing the programme commenced at 11:45^{am} with prayer. Rev Fr Eric Mathias Principal St. Aloysius College, Mangalore was the chief guest for the programme and unveiled theme and expressed the importance of balanced diet for children. The health talk began with role play by the 1st year PBBSc students health information was delivered in Kannada language and focused on different nutrients such carbohydrates, protein, fats, vitamins, mineral and water which is essential for the growth and development of children's and play a vital role in prevention of disease and malnutrition and also explained about personal hygiene food hygiene and cooking practices by displaying the different charts. The NSS student group of Father Muller College of nursing assessed the height and weight of the children those who were present. Total 40 members including children and their parents were benefited by the programme. Delicious payasam and green gram prepared by the 1st year PBBSc students was served to the children and parents and the programme was successfully wined up with vote of thanks at 12:30^{pm}.



W. S. Noronha
Subject coordinator

[Signature]
HOD

[Signature]
PRINCIPAL

Date: 03-05-2015
Mangaluru





FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Mental Health Nursing- I MSc Nursing (2014-15)

Report on School health education program

As a part of Mental Health Nursing clinical requirements, a School Health Education Programme on "Stress and its Management" was conducted in Milagres High School on 01/07/2015 at 1.30pm. The students were accompanied by the faculty Mrs. Binsha Pappachan, Asst. Professor and Mr. Rajiv Mathew, Lecturer, Mental Health Nursing Department. The Vice Principal of Milagres school, Mr. Auvit Barbosa welcomed the group and given the orientation on all facilities in the school. The programme was conducted in school's science lab. 60 boys from 9th standard B division, participated in the session. The programme began with a prayer song followed by welcome speech by Ms. Benji Bijoy. Then a role play was enacted with the title "Little Star" by 1st yr. MSc nursing students of psychiatry department. Followed by detailed power point presentation by Sr. Biji Paulose, Ms. Anju K Lal and Ms. Ann Mary related to Stress and its management. A game was conducted to the students and the winners were awarded with a prize. The students actively participated throughout the programme. Students and staff gave positive feedback about the programme followed by Vote of thanks by Ms. Minnu Joy. At the end, sweets were distributed to the students.



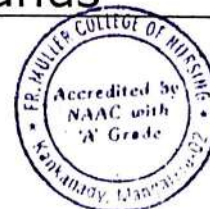
Signature of the Programme Coordinator
Mrs. Binsha Pappachan



Signature of HOD
Prof. Agnes EJ

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF MENTAL HEALTH NURSING
TEACHING METHODS- 2014-2015

Class room method	Clinical methods
Active Lecture	Clinical orientation workshop
Seminars	Observation
Symposium	Process recording
Group Discussions	Workbook
Panel Discussions	Case study
Self Directed Learning	Care plan
Library	Drug study
Assignments	Client teaching
Project methods	Nursing round
Computer assisted learning	Nursing conference
Workshop	Case analysis
Conference	Case presentation and shared discussion
Field trip	Attending medical rounds



Father Muller College of Nursing

II PBBSc Nursing 2014-2015

Mental Health Nursing

Group Assignment

Group Members	Topic	Date Of Presentation
1-5	Anatomical review of Nervous System	
6-10	History of Psychiatry/Mental Health Nursing	
11-15	Theories of Personality Development	
16-20	Neuro Endocrinology(Circadian rhythm,pituitary and thyroid gland,psychoimmunology)	
21-25	Neurological Examination ,Related Blood chemistry,EEG,CT,MRI	
26-31	Mental Health Care Bill ,Current Issues In mental Health Nursing	
32-35	Person living with HIV/AIDS Disease –Psychological Problems	

Format

- Index
- Content with introduction&conclusion
- Research study/Journal article
- Bibliography-Vancouver style(Minum five)

Date of Submission :13.10.2014



S. M. R. D.
Subject Coordinator
Date: 04.10.14

[Signature]
Head of the Department
Date: 04.10.14

**Father Muller College of Nursing Post Basic Bsc Nursing 2014-2015
Mental Health Nursing Drug Study Presentation**

SL. NO	Reg.No	Name Of The Student	Name of Drug	Date Of Submission	Date Of Presentation
1	13V0601	Angel Thomas	Chlorpromazine	On or Before 25.11.14	06.01.2015
2	13V0602	Ann Mary Thomas	Fluphenazine		
3	13V0603	Anu Tomy	Haloperidol		
4	13V0604	Babitha Paulose	Accomprozate		
5	13V0605	Binumol Joseph	Loxapine		
6	13V0606	Blessy Mathew	Clozapine		
7	13V0607	Chinchu George	Risperidone		07.01.2015
8	13V0608	Christi Tom	Olanzapine		
9	13V0609	Deepthi Gladys D Souza	Quetipine		
10	13V0610	Donna Mariam Joshua Thachayil	Imipramine		
11	13V0611	Elina Rai	Amitriptyline		
12	13V0612	Fernandes Princy	Clomipramine		
13	13V0613	Gisha Joseph (Sr)	Nortriptyline		08.01.2015
14	13V0614	Jasmy Jose	Fluoxetin		
15	13V0615	Jassy Job (Sr)	Fluvoxamine		
16	13V0616	Jenifer Quadras	Paroxetin		
17	13V0617	Jessy K V (Sr)	Sertraline		
18	13V0618	Juji Jose (Sr)	Citalopram		
19	13V0619	Km Agnes Valeria Topno	Trazodone		09.01.2015
20	13V0620	Lauvra S Carvalho	Emetil		
21	13V0621	Litty Mathew	Mitrazapine		
22	13V0622	Mani T C (Sr)	Venlafaxine		
23	13V0623	Mukta Aurelia Tirkey	Midazolam		
24	13V0624	Natasha Glany Merlyn Mathias	Isocarboxazid		
25	13V0625	Nisha D Souza	Lithium		10.01.2015
26	13V0626	Nisha V J (Sr)	Valporic Acid		
27	13V0627	Parimala D	Triazolam		
28	13V0628	Saritha Thomas	Lorazepam		
29	13V0629	Severine Suares	Oxazepam		
30	13V0630	Shema Mathew	Chlordiazepoxide		
31	13V0631	Shiji George(Sr)	Alprazolam		10.01.2015
32	13V0632	Shruthi K L	Clonazepam		
33	13V0633	Theresa Besra (Sr)	Lorel		
34	13V0634	Varsha George	Elikamfort		
35	13V0635	Veronica Xalxo(Sr)	Dothiapine		

S. M. K. K.
Signature of Subject coordinator

Date:04.10.2014



A. K. K.
Head of the Department

Date:04.10.2014



FATHER MULLER COLLEGE OF NURSING

NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore
(A Unit of Father Muller Charitable Institutions)



REPORT ON NUTRITION DAY (2014 - 2015) 1ST YEAR PBBSC (N)

The staff and students of 1st year PBBSC Nursing organized Nutritional Day on 06th June 2015 in the Nutrition Lab of Father Muller College of Nursing. The therapeutic diet preparation is. Diet for children (infant,toddler,preschooler,schooler) Diet for renal diseases, Diet for cardiovascular diseases, Diet for diabetic diseases, Diet for post operative and preoperative patients , Diet for gastrointestinal diseases related charts were displayed and various therapeutic diets were prepared displayed by the students. The evaluators for the nutrition day programme were, Mrs. Irene Alvaris (Prof& HOD Dept. of Community Health Nursing, Mrs Santis Dietician of FMMCH, Sr Deepa Peter (Asst.Prof &HOD Dept. of Nursing Foundation)

Sr Deepa Peter HOD Department of Nursing Foundation and Mrs Wilma S Noronha, the subject co-ordinator gave the feedback and also appreciated all the students for their group work and beautiful presentation. Delicious paysam was served for all teaching and nonteaching faculty The Programme concluded at 3:30pm.



W. Noronha
Subject coordinator
Date:10-06-2015
Mangaluru

S. Deepa
HOD

S. Subhish
PRINCIPAL





FATHER MULLER COLLEGE OF NURSING
NAAC 'A' Grade
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(A Unit of Father Muller Charitable Institutions)



REPORT ON HEALTH EDUCATION PROGRAMME
TOPIC; ANTENATAL AND POSTNATAL DIET
ORGANISED BY 1ST YEAR PBBSc NURSING STUDENT
AT THUMBAY ANGANWADI ON 05TH MAY 2015

The staff and students of 1st year PBBSc Nursing along with NSS students of Father Muller college of nursing organized health education programme on topic "Antenatal And Postnatal Diet" on 05th May 2015 at Thumbay Anganwadi Under the guidance of Mrs. Wilma S Noronha Lecturer Department of Child Health Nursing, the programme commenced at 10:30^{am} with prayer. Mrs. Prabhavathi anganwadi worker welcomed the gathering.

The health talk began with role play by the 1st year PBBSc students health information was delivered in Kannada language and focused on antenatal and postnatal diet. Total 50 were benefited by the programme. And the programme was successfully wined up with vote of thanks at 11:00^{am}.



J. Noronha
Subject coordinator

L. D. D.
HOD

S. S. S.
PRINCIPAL

Date:03-05-2015
Mangaluru



FATHER MULLER COLLEGE OF NURSING

1st year PBBSc Nursing 2013- 2015 Batch

MEDICAL SURGICAL NURSING

Clinical Teaching

Roll no	Name of the student	Topic
1.	Angel Thomas	Care of unconscious patient
2.	Ann Mary Thomas	Functions of Nurse in OPD and ICU
3.	Anu Tomy	Renal diet
4.	Babitha Paulose	Pre and post operative care of the patient undergoing general surgery
5.	Binumol Joseph	Intra venous injection
6.	Blessy Mathew	Pre and post operative care of the patient undergoing thoracic surgeries
7.	Chinchu George	Tracheostomy care
8.	Christi Tom	Blood transfusion
9.	Deepthi Gladsy D'souza	Peritoneal dialysis
10.	Donna Mariam Joshua Thachayil	Chest drainage
11.	Elina Rai	Types and care of colostomy
12.	Fernandes Princy	CPR
13.	Sr Gisha	Haemodialysis
14.	Jasmy Jose	Cardiac rehabilitation
15.	Jassy Job (Sr)	Wound dressing
16.	Jenifer Quadras	Diabetic diet
17.	Jessy K V (Sr)	Care of the patient with pacemaker.
18.	Juji Jose (Sr)	Nursing management of patient with fever
19.	KM Agnes Valeria Topno	Care of the patient with POP
20.	Lauvra S Carvalho	Defibrillation and cardioversion
21.	Litty Mathew	Care of the patient with traction
22.	Mani T C (Sr)	Jejunostomy Feeding
23.	Mukta Aurelia Tirkey (Sr)	Subcutaneous injection
24.	Natasha Glany Merlyn Mathias	Total Parenteral Nutrition
25.	Nisha D'souza	Chemotherapy
26.	Nisha V J (Sr)	Techniques of back care
27.	Parimala D	Mechanical ventilation
28.	Saritha Thomas	Stump care

29.	Severine Suares	Pulse oximetry
30.	Shema Mathew	Oxygen administration
31.	Shiji George(Sr)	Cardiac monitor
32.	Shruthi KL	Chest physiotherapy
33.	Theresa Besra (Sr)	Infusion pump
34.	Varsha George	Intra dermal injection
35.	Veronica Xalxo(Sr)	Insulin administration

Daisy
Subject Coordinator



Chanda
HOD

FATHER MULLER COLLEGE OF NURSING
III year Basic B.Sc. Nursing (2014-15)
Medical Surgical Nursing II
Topics for Model Preparation

Group No	Roll No	Topics
1	1-10	Cardiac monitor
2	11-20	Defibrillator
3	21-30	Pacemaker
4	31-40	Hemodialyzer
5	41-50	Ventilator
6	51-60	Pulse oxymeter
7	61- 70	Hearing aids
8	71-80	Syringe pump
9	81-90	Vacuum drainage
10	91-97	AV Fistula and Graft



P. Wimmifud.
Principal

Boj 19/9/15
HOD

for *Dish*
Subject coordinator

FATHER MULLER COLLEGE OF NURSING

III YEAR BSc NURSING 2014-2015 BATCH

TOPICS FOR LESSON PLAN

Sl. No	NAME OF THE STUDENT	REG NO	LESSON PLAN
1	Ajina P Andrews	12N1001	Otitis media
2	Aleena Treesa K T	12N1002	Sinusitis
3	Anet K Babu	12N1003	Refractive errors
4	Anisha Blazy Tellis	12N1004	Conjunctivitis
5	Anishlin R	12N1005	Glaucoma
6	Anitta Alex	12N1006	Cataract
7	Anju John	12N1007	Meningitis
8	Anju Mariya Sunny	12N1008	Epilepsy
9	Anju Varghese	12N1009	Guillian Barre Syndrome
10	Anjumol Varghese	12N1010	Myaesthesia gravis
11	Ann Jose	12N1011	Multiple Sclerosis
12	Anna Punnoose	12N1012	Parkinson's disease
13	Anusha Cyriac	12N1013	Breast Self Examination
14	Ashley Anil Kalloor	12N1014	Amenorrhoea
15	Ashly Anna Mathews	12N1015	Fibroids
16	Ashly Annamma Philip	12N1016	Burns
17	Ashlyn Flavia D'Souza	12N1017	Chemotherapy
18	Bimalu Benny	12N1020	Radiation therapy
19	Carol Edwina Mathias	12N1021	Leukemias
20	Chettiar Sharon J	12N1022	Brain Tumor
21	Chinchu S. Peter	12N1023	Spinal cord tumor
22	Christeena John	12N1024	Disaster Management
23	Cijo Sebastian	12N1025	Shock
24	Clevita Crasta	12N1026	Pain
25	Craisa Marcy Marina	12N1027	Thermal emergencies: heat stroke & cold injuries
26	Deepthy Crystal Lobo	12N1028	Poisoning: food, gas
27	Delna Michael	12N1029	Poisoning: drugs, chemicals

Sl. No	NAME OF THE STUDENT	REG NO	LESSON PLAN
28	Dona Michael	12N1030	Crisis intervention
29	Donisha Fernandes	12N1031	Cardio pulmonary resuscitation
30	Donna Simon	12N1032	Age related body systems changes
31	Eljil Joseph	12N1033	Mechanical Ventilator
32	Elsa Jacob	12N1034	Cardiac monitors
33	Elsa Treesa Thomas	12N1035	Defibrillators
34	Fiona Carol Vas	12N1037	Occupational and industrial health disorders
35	Flavia Pais	12N1038	Removal of foreign bodies of eye
36	Flavita Quadras	12N1039	CVP
37	Ginit V Suja	12N1040	Lumbar puncture
38	Jasmine Noronha	12N1041	Meniere's disease
39	Jeena Babu	12N1042	Pharyngitis
40	Jeni Jose	12N1043	Epistaxis
41	Jenita Pinto	12N1044	Deafness(Hearing loss)
42	Jevita Viona D'Souza	12N1045	Ear irrigation
43	Jibina Jiji	12N1046	Eye irrigation
44	Jinu Kurien	12N1047	Blindness
45	Josmi Thomas	12N1048	Headache
46	Josphine Khonja	12N1049	Head injuries
47	Jovita D'Souza	12N1050	Herniation of intervertebral disc
48	Jubi Maria Thomas	12N1051	Brain abscess
49	Juby Biju	12N1052	Encephalitis
50	Jugunu Mariam Koshy	12N1053	Cerebrovascular accidents
51	Juna Raji Bennees	12N1054	Bell's palsy
52	Laveena Mendonca	12N1055	Trigeminal neuralgia
53	Lija Joseph	12N1056	Delerium
54	Lijimol S	12N1057	Dementia
55	Lincy K V	12N1058	Alzheimer's disease
56	Linu Philip	12N1059	Care of unconscious patients
57	Liya Eliza Baby	12N1060	Abortion
58	Liya Mathew	12N1061	Hodgkin's lymphoma

Sl. No	NAME OF THE STUDENT	REG NO	LESSON PLAN
59	Liza Cliona Pereira	12N1062	Non Hodgkin's lymphoma
60	Lovymol K John	12N1063	Concepts of triage and role of triage nurse
61	Meena James	12N1064	Poly trauma
62	Meenu John	12N1065	Cancer of the Breast
63	Meenumol Sabu	12N1066	Colorectal cancer
64	Mickymol Varghese	12N1067	Cancer of Stomach
65	Namitha Grace	12N1068	Cancer of Lung
66	Nayana Shaji	12N1069	Cervical Cancer
67	Neenu Joseph	12N1070	Endometriosis, uterine polyps
68	Neenu Varghese	12N1071	Reconstructive and cosmetic surgery
69	Nikeetta Aleyamma	12N1072	National Family Welfare Program
70	Noronha Kimberley	12N1073	Contraception: Barrier methods, Intrauterine devices,
71	Pinto Riya Dian Ronald	12N1074	Infertility
72	Rachana Colaco	12N1075	Pelvic inflammatory disease
73	Rachana K	12N1076	Congenital abnormalities of the female reproductive system
74	Renisha Mascarenhas	12N1077	Intracranial and cerebral aneurysms
75	Ribcy Annie	12N1078	National Blindness Control Program
76	Rincy S Ponnar	12N1079	Retinal detachment
77	Rose Maria Xavier	12N1080	Cancer of the larynx
78	Rose Mary Philip	12N1081	Peritonsillar abscess
79	Roshni Ivy D'Souza	12N1082	Laryngitis
80	Roweena Fernandes	12N1083	Labrynthitis, Mastoiditis
81	Sagna P S	12N1084	Stress and coping in older adults
82	Sharon Mathew	12N1085	Ageing: myths and realities, Concepts and theories of ageing
83	Sharon Zacharias	12N1086	Cyctocele, Urethrocele, Rectocele
84	Shilpa T Augustine	12N1087	Otosclerosis, Mastoiditis
85	Shincy Susan Sleebu	12N1088	Rhinitis, Tonsillitis
86	Shiny Mendonca	12N1089	Cancer of the oral cavity
87	Shiny Sophia	12N1090	Nasal obstruction, laryngeal obstruction

Sl. No	NAME OF THE STUDENT	REG NO	LESSON PLAN
88	Silby Joseph	12N1091	Speech defects and speech therapy
89	Sony Simon	12N1092	Abnormal uterine bleeding: Menorrhagia, Metrorrhagia
90	Sony T Saji	12N1093	Diseases of breasts: deformities, infections, cysts, and tumors
91	Soumya M Thomas	12N1094	Contraception: Spacing methods, hormonal, post conceptional methods
92	Stephy Joy	1N1095	Terminal methods - sterilization Emergency contraception methods
93	Sushmitha D'Souza	12N1096	Oncological emergencies
94	Sylvia Priscilla	12N1097	Psychiatric emergencies
95	Uma	12N1098	Hemorrhage
96	Victoria Rodrigues	12N1099	Cognitive and Psycho social aspects of ageing
97	Wilsha Anita D'Souza	12N1100	Chorea



[Signature]
Subject co-ordinator

[Signature] 19/9/14
HOD

[Signature]
Principal

Father Muller College of Nursing, Mangalore
MSc Nursing 2nd year -2014-15
Medical Surgical speciality –II Coronary and Cardio thoracic Nursing

List of Clinical Teaching

Sl no	Name of the Student	Students	Staffs
1.	Ms Anila George	<ul style="list-style-type: none"> • CPR • Blood Presser monitoring 	<ul style="list-style-type: none"> • Thorocotomy • Monitoring JVP
2.	Ms Gincy Peter	<ul style="list-style-type: none"> • Defibrillation & cardio version • Chest Drainage 	<ul style="list-style-type: none"> • Echo cardiogram • Coronary angiogram
3.	Ms Neethu Ann Koshy	<ul style="list-style-type: none"> • Pulse oxymetry • ECG 	<ul style="list-style-type: none"> • MRI • Trends & concepts of cardiology
4.	Ms Roselyn Kargoankar	<ul style="list-style-type: none"> • Cardiac Diet • Care of a client with cardiac conditions 	<ul style="list-style-type: none"> • PFT • Gycolated HB
5.	Ms Sany Thomas	<ul style="list-style-type: none"> • Subcutaneous Heparin administration • Suctioning-oral/tracheal 	<ul style="list-style-type: none"> • Homan and Burgers sign • Cardiac & Respiratory Assessment
6.	Ms Zenia Hazel	<ul style="list-style-type: none"> • Aerosol Therapy • Chest Drainage 	<ul style="list-style-type: none"> • Ultrasound • Cardiac pacing
7.	Ms Sheethal Rozita	<ul style="list-style-type: none"> • Pericardiocentesis • Coronary Angiogram 	<ul style="list-style-type: none"> • Post op care CABG • Pulmonary Rehabilitation

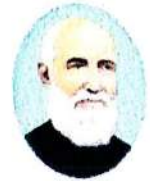
Bridget D Silva
Bridget D Silva
HOD
Medical Surgical Nursing



Sr Winnifred D Souza
Sr Winnifred D Souza
Principal




FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2014-15)

Ms Gloria, Ms Dona MJ, Ms Dona, Ms Derina, Ms Divya and Ms Gipitha of 2nd BSc Nursing conducted seminar on the topic "Dengue, Yellow fever" on 21st November 2014 from 10.30am to 11.30am which is a part of their teaching learning sessions at Lecture hall 4.

Ms Shiji PJ evaluated the seminar of the students.

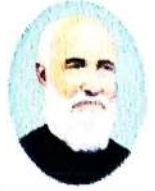

SIGNATURE OF THE
SUBJECT CORDINATOR


SIGNATURE OF THE
HEAD OF THE DEPARTMENT






FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2014-15)

Ms Rosemary of 2nd BSc Nursing conducted seminar on the topic 'STD, RTI' on 9th February 2015 from 10.30am to 11.30am which is a part of their teaching learning sessions at Lecture hall 4.

Ms Lidwin Lobo evaluated the seminar of the students.


SIGNATURE OF THE
SUBJECT CORDINATOR


SIGNATURE OF THE
 HEAD OF THE DEPARTMENT



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TEACHING LEARNING &
EVALUATION COMMITTEE

**STUDENT CENTRIC
METHODS
2015-2016**



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)

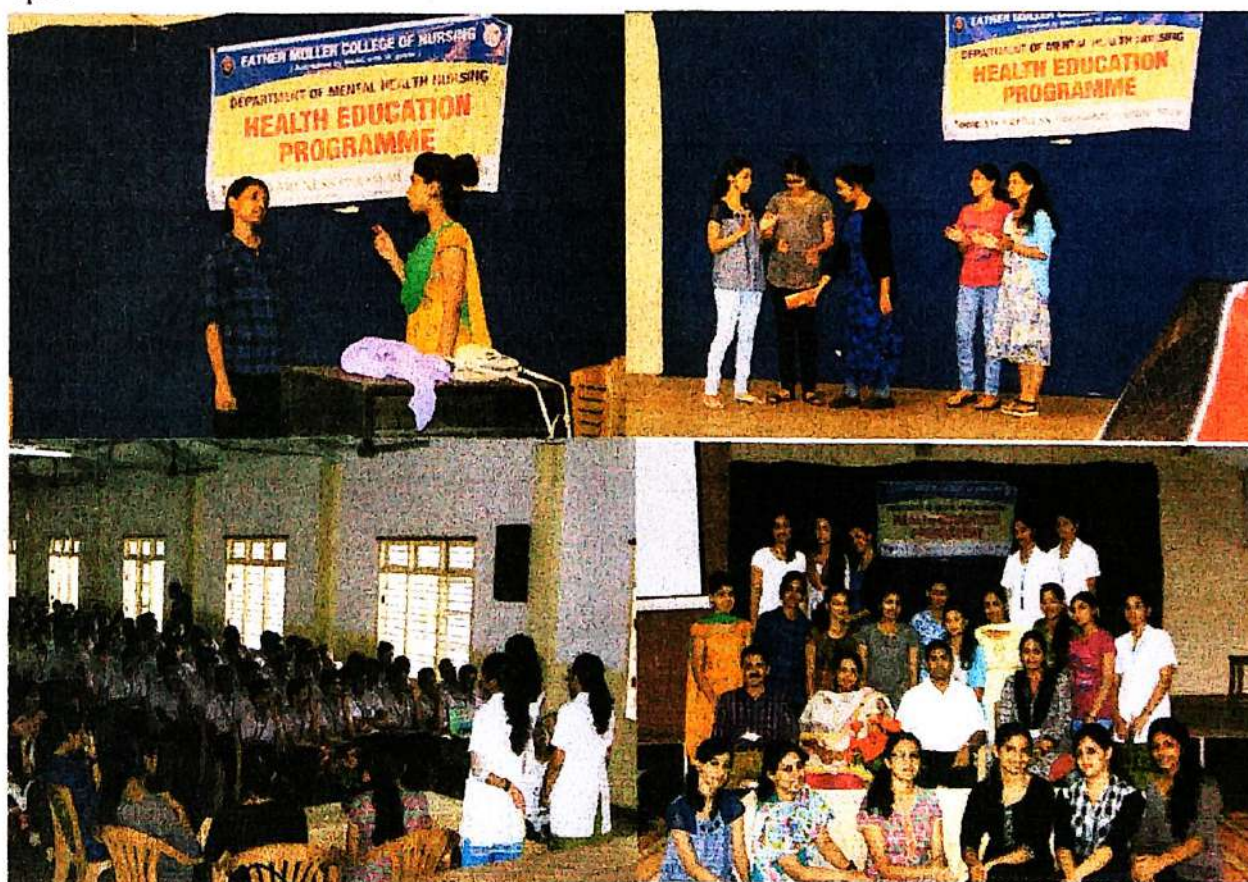
Kankanady, Mangalore-575002


Department of Mental Health Nursing- III BSc Nursing (2015-16)

REPORT ON AWARENESS PROGRAMME ON SUBSTANCE ABUSE

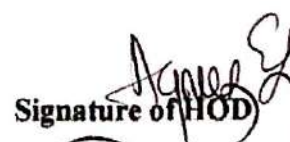
In observance of International day against Drug abuse and Illicit drug trafficking, 3rd year B Sc Nursing students of Father Muller College of Nursing organized an awareness programme on Substance abuse on 04.07.16 under the guidance of Mental Health Nursing department in Milagres PU college for the students. The aim of the programme was to create awareness among the youth about substance abuse and its effects on the health.

The programme was started by a prayer song lead by Ms. Surbhi and group. Ms. Wandashisha Siangshai welcomed the gathering. Ms. Teena and group enacted a role play on Effects of substance abuse on youth. Health education on Drug abuse was given by Ms. Silviya, Ms. Shruthi and Ms. Shilpa. Ms. Vidya delivered the vote of thanks and the whole programme was led by Ms. Sweedal and Ms. Telma. Mr. Shajan Xaviour, Ms. Jipsa Philip, Mr. Shiju. R, lecturers of Father Muller College of Nursing was present for the programme. Around 250 students were benefitted by this programme. The programme was ended by 4pm.




Signature of the Programme Coordinator
Mr. ShajanXaviour




Signature of HOD
Prof. Agnes EJ



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002
NURSING FOUNDATION DEPARTMENT
1st Year BSc Nursing
Report of Debate on Euthanasia

As a part of academic year schedule a debate was conducted by the 1st BSc nursing students on 8th August 2016 on the topic **Euthanasia** in the class room. The programme was coordinated by Sr. Deepa Peter HOD.



Ms Buelah T.P. was the moderator. Ms Anjali John and Ms Meenu Francis, Ms Ashly Treesa and Ms Jasmine James representing pro Euthanasia and Con Euthanasia respectively. The debate started at 1.30 pm with the moderator's introduction and the topic presentation, following both team spoke about their points and counter points. Team members participated actively



Moderator concluded the debate pointing out the relevant and significant ideas brought out by the team. 1st year BSc Nursing students benefited by the programme.

Sr. Deepa officially concluded the debate by congratulating the participants and the class for their participation and encouragement .

Coordinator

HOD





FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
NAAC 'A' Grade

**Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka,
Bangalore**

Nursing Foundation Department

Report on cooperative learning 2016

The 1st year B.Sc nursing, 4th group students were assigned to conduct cooperative learning on 5th March 2016. Topic given was vitamins. The objective was to create cooperative way of learning between students on given topic. The session was initiated in the class by introduction of topic. This was followed by several educative games like memory test, puzzle, paper cutting were conducted by the organizing group members.

Group of 25 students at a time were preceded to the nutrition laboratory. The presentation began by emphasizing on various types of vitamin rich diet and its nutritive value, various dishes with its ingredients and its RDA value, benefits, deficiencies and diseases.

Vice principal Prof. Victoria D'almeda evaluated the students presentation. Students appreciated the method of teaching and learning which helped them to gain good knowledge regarding the topic.



[Signature]
Subject Coordinator

[Signature]
HOD

[Signature]
Principal





FATHER MULLER COLLEGE OF NURSING
NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore
(A Unit of Father Muller Charitable Institutions)



REPORT ON HEALTH EDUCATION PROGRAMME
TOPIC; IMPORTANCE OF NUTRIENTS IN CHILDREN
ORGANISED BY 1ST YEAR PBBSc NURSING STUDENT

AT INFANT MARY PRIMARY SCHOOL JEPPU, ON 04TH MARCH 2016

The staff of nursing foundation department along with 1st year PBBSc Nursing organized health education programme on topic "Importance of Nutrients In Children" on 04th March 2016 at Infant Mary Primary School Jeppu under the guidance of Mrs. Wilma S Noronha Lecturer Department of Child Health Nursing the programme commenced at 10^{am} with prayer.

The health talk began with role play by the 1st year PBBSc students health information was delivered in Kannada language and emphasizing the importance of nutrients in children and its effects on health. And also focused on important of nutrients like protein, fats, vitamins and minerals and explained about the sources and the deficiencies of these nutrients the cleanliness in the cooking area using clean vessels, storage of food items. Total 70 students and 07 teachers were benefited by the programme. Delicious fruit salad was served to the students , prepared by the 1st year PBBSc students was served to the beneficiaries and the programme was successfully winded up with vote of thanks at 11:30 ^{am}.



J. Noronha
Subject coordinator

[Signature]
HOD

[Signature]
PRINCIPAL

Date:08-02-2016
Mangaluru





FATHER MULLER COLLEGE OF NURSING
NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore
(A Unit of Father Muller Charitable Institutions)



REPORT ON NUTRITION DAY (2015-2016)

Organized By 1st Year PBBSc Nursing Students

The staff and students of 1st year PBBSC Nursing organized Nutritional Day on 18 June 2016 in the Nutrition Lab of Father Muller College of Nursing. The therapeutic diets were prepared by the students Diet for Acute and Chronic Renal Failure, Medicinal Value of Fruits, Sources of Carbohydrates. Diet for Antenatal Women Medicinal Value of Spices, Sources of Proteins. Diet for hyper-lipidemia and hypertension medicinal value of vegetables, sources of fat. Diet for school going children, Medicinal value of cereals and pulses sources of vitamin, was displayed. The evaluators for the nutrition day programme were, Ms Alphilin Jose, Lecturer Dept of OBG Nursing, Prof Mrs Victoria D'almeda (Vice Principal College of Nursing), Mrs. Preethi Fernandes Asst. Professor Dept. of Medical Surgical Nursing, Sr Deepa Peter HOD Department of Nursing Foundation and Mrs Wilma S Noronha, the subject co-ordinator gave the feedback and also appreciated all the students for their group work and beautiful presentation. The Programme concluded at 4:30pm.



W. Noronha
Subject coordinator
Date: 04-07-2016
Mangaluru

S. Deepa
HOD

Victoria D'almeda
PRINCIPAL



STREET PLAY REPORT: SAFE MOTHERHOOD

In observance of "Safe Motherhood Day" the department of Obstetrics and Gynecological Nursing and the students of IV BSc Nursing staged a street play at Farangipete Junction on 16.04.2016 at 10.45 am. The topics depicted through this role play were: child marriage, illegal abortion, importance of antenatal care, high risk pregnancy, importance of institutional delivery and monetary benefits made available by Govt of India to pregnant women. Followed by this, the students also participated in honoring of Dr BR Ambedkar on his 125th birth anniversary at the Gram Panchayath office, Farangipete.



Precilla
Ms Precilla D'Silva

Subj Co ordinator

19.04.2016



Savitha
Dr Savitha P Cutinho

HOD

FATHER MULLER COLLEGE OF NURSING
OBSTETRIC AND GYNAECOLOGICAL NURSING
MSc NURSING - FIRST YEAR 2015 – 2016
TEACHING AND LEARNING METHODS – MODULAR TEACHING

Sl.no	Name	Topic
1.	Ms Angel Jose Mattamundayil (Sr)	The midwife in the community
2.	Ms Litty Stephen (Sr. Shalini)	Managing eclampsia
3.	Ms Mercy Zonunsiami	Managing incomplete abortion
4.	Ms Nancy T S (Sr)	Managing prolonged and obstructed labour
5.	Ms Rikyanti Nongkynrih	Managing puerperal sepsis
6.	Ms Shilpa S	Managing postpartum haemorrhage

Reference: WHO manuals



The Modular teaching was conducted from 27th July to 3rd August 2016.

Date: 4th August 2016



Darryl MS Aranha

Ms Darryl MS Aranha
Subject Coordinator

**FATHER MULLER COLLEGE OF NURSING
OBSTETRIC AND GYNAECOLOGICAL NURSING
MSc NURSING - FIRST YEAR 2015 – 2016
TEACHING LEARNING METHODS – CLINICAL TEACHING**

As a part of our Obstetrical and Gynaecological requirements we the first year MSc Nursing students (OBG) conducted clinical teaching regarding various topics such as

1. placental examination
2. cardio topography
3. Partograph
4. Entonox
5. Pap smear
6. Ballard score
7. Breast examination
8. per vaginal examination
9. NST
10. antenatal assessment
11. gynaecological and surgical instruments
12. postnatal examination
13. Newborn examination
14. CTG Monitoring
15. Care of umbilical cord and eye care
16. Administration of Vit K

We the 2015 -2017 batch Sr Angel, Sr Litty, Ms Mercy, Sr Nancy, Ms Rikynti and Mrs Shilpa have given clinical teaching from November 2016 to August 2017 in different wards such as labour room, OPD, Antenatal (H)ward, Gynaecology(G) ward, and labour OT. We have given class to the students as well as the staff of the respective wards. It was an effective as well as informative sessions to all.





Date: 30th July 2016

Darryl MS

Supervised by Ms Darryl MS Aranha
Subject Coordinator

FATHER MULLER COLLEGE OF NURSING
OBSTETRIC AND GYNAECOLOGICAL NURSING
MSc NURSING - FIRST YEAR 2015 – 2016
TEACHING LEARNING METHODS – GROUP HEALTH EDUCATION

HEALTH EDUCATION ON THE MINOR AILMENTS OF PREGNANCY

The first year MSc nursing are organizing a group health education on the topic of “Minor ailments during pregnancy” on 15-07-2016 at 11:00 am in the OPD unit of obstetric and gynaecology. The number of mothers who attended the group health education is about 23-27 antenatal mothers.

The health education began with the key message to focus on the minor ailments during pregnancy. It consisted of role play, showing of models relating to antenatal diet, minor ailment of pregnancy, the videos relating to antenatal exercises, antenatal diet. This group health education will foster the antenatal mother to take up certain steps to prevent from further complication and to take certain measures.



Date: 15th July 2016



Darryl Aranha

Supervised By Ms Darryl Aranha
Subject coordinator

FATHER MULLER COLLEGE OF NURSING

Department Of Obstetrics and Gynecological Nursing

A Report on In-service Education Program

The students of second year M.Sc Nursing organized In-service education for the staff nurses of Obstetric and Gynecological wards (G ward, H ward and labor room) of Father Muller Medical College Hospital on the topics of Cardiotocography, MEOWS charts and Standing orders in Obstetrics under the guidance of Ms Darryl Aranha, Assistant Professor, Obstetric and Gynecological Nursing.



The In-service Education was conducted on 10th August 2016 at 10 am to 11.30 am and on 11th August 2016 at 10.30am to 11.30am. The resource persons were Mrs Tika Bhawani Khanal, Ms Pritilata Murmu and Mrs Deepthi Varghese, second year M.Sc nursing students from OBG Nursing department. It was attended by 21 staff nurses.



Mrs Tika presenting on Cardio -
tocography on 10th August 2016



Mrs Deepthi presenting on Standing Orders in
Obstetrics on 11th August 2016



Ms Pritilata Murmu presenting on
MEOWS chart and recording on 11th
August 2016

The staff nurses gave a good feedback saying that they learnt and were updated on the issues in the obstetric care.

Presented by

Mrs Tika Bhavani Khanal *Tika*
12/8/16

Mrs Deepthi Thomas *Deepthi*
12.8.16

Ms Pritilata Murmu *Pritilata*
12/8/16



Darryl Supervised By
12/8
Ms Darryl Aranha
Assistant Professor

FATHER MULLER COLLEGE OF NURSING

IV BASIC BSc NURSING 2015-16

REPORT ON PANEL DISCUSSION

Day 1: OXYTOCICS and ERGOT DERIVATIVES (Group I)

23.11.2015



Day 2: TOCOLYTICS and ANTIHYPERTENSIVES

(Group II)

25.11.2015



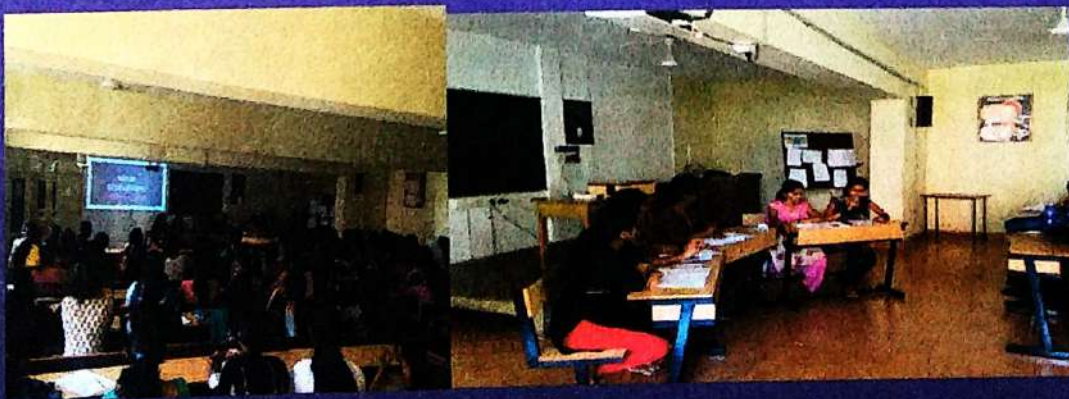
Day 3: ANALGESICS and ANAESTHESIA (Group III)

28.11.2015



DAY 4: TERRATOGENS (Group IV)

30.11.2015



Precilla
Ms Precilla D' Silva

Subj Co ordinator

05.12.2015



Savitha 8/12/15
Mrs Savitha Cutinho
HOD, Dept of OBG

ENDORSEMENT BY THE HOD, PRINCIPAL/HEAD OF THE INSTITUTION

This is to certify that the survey of Ammemar is a bonafide and genuine research work carried out by IVth B.Sc nursing students [2012-2016] under the guidance of Prof. Kathrena M.U, Department of Community Health Nursing and Mrs. Anitha D'Costa, Lecturer, Department of Community Health Nursing, Father Muller College of Nursing, Mangaluru.

Seal & Signature of HOD

Dr. Leena K.C

HOD and Professor

Department of Community Health Nursing

Father Muller College of Nursing

Mangaluru-575 002

Date: 06/04/2016

Place: Mangaluru

Seal & Signature of Principal
PRINCIPAL

Rev. Sr. Winifred D'Souza
Kankanady, Mangaluru.

Professor & Principal

Father Muller College of Nursing

Mangaluru-575 002

Date: 06/04/2016

Place: Mangaluru



DECLARATION BY THE CANDIDATES

We hereby declare that the survey of Ammemar is a bonafied and genuine project work carried out by IVth B.Sc nursing students [2012-2016] under the guidance of Prof. Kathreena M.U, Department Of Community Health Nursing and Mrs. Anitha D'Costa, Lecturer, Department of Community Health Nursing, Father Muller College of Nursing, Mangaluru.

Students Involved

1. Ms. Ajina P Andrews
2. Ms. Aleena Treesa KT
3. Ms. Anet K Babu
4. Ms. Anisha Blazy Tellis
5. Ms. Anishlin R
6. Ms. Anitta Alex
7. Ms. Anju John
8. Ms. Anju Maria Sunny
9. Ms. Anju Varghese
10. Ms. Anjumol Varghese
11. Ms. Ann Jose
12. Ms. Anna Punnose
13. Ms. Anusha Cyriac
14. Ms. Ashley Anil Kalloor
15. Ms. Ashly Anna Mathew
16. Ms. Ashly Annamma Philip
17. Ms. Ashlyn Flavia D'Souza
18. Ms. Bimalu Benny
19. Ms. Carol Edwina
20. Ms. Chettiar Sharon
21. Ms. Chinchu. S Peter
22. Ms. Christeena John
23. Ms. Cijo Sebastian

24. Ms. Clevita Crasta
25. Ms. Craisha D'Souza
26. Ms. Deepthy Crystal Lobo
27. Ms. Delna Michael
28. Ms. Dona Michael
29. Ms. Donisa Moly Fernandes
30. Ms. Donna Simon
31. Ms. Eljil Joseph
32. Ms. Elsa Jacob
33. Ms. Elsa Treesa Thomas
34. Ms. Fiona Carol Vas
35. Ms. Flavia Pais
36. Ms. Flavita Quadras
37. Ms. Ginit V Suja
38. Ms. Jasmine Noronha
39. Ms. Jeena Babu
40. Ms. Jeni Jose
41. Ms. Jenita Pinto
42. Ms. Jevita Viona D'Souza
43. Ms. Jibina Jiji
44. Ms. Jinu Kurien
45. Ms. Josmi Thomas
46. Ms. Josphine Khonja
47. Ms. Lovymol K John
48. Ms. Juby Biju
49. Ms. Rose Mary Philip

Date: 06/04/2016

Place: Mangaluru

FATHER MULLER COLLEGE OF NURSING

DEPARTMENT OF MEDICAL AND SURGICAL NURSING

A HEALTH TALK REPORT ON "OBESITY"

The department of Medical Surgical Nursing organised health talk on "Obesity" on 15th of March 2016. The aim was to create awareness and to make them know the BMI of the general public with regard to prevention of obesity. Total of 70 people actively participated and benefitted from the program.



[Signature]
Signature of subject
Co-ordinator

[Signature]
Signature of HOD



[Signature]
Signature of Principal

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF MEDICAL SURGICAL NURSING
A REPORT OF HEALTH EDUCATION ON
OSTEOPOROSIS



Health education was conducted by II year B.Sc nursing students on the topic 'Osteoporosis' on 14.12.2016 at 11 AM in female orthopedic ward(Q), Father Muller Hospital, under the guidance of Ms.Preethi Fernandes, Assistant Professor of MSN department and Ms.Jubee Joseph, Lecturer of MSN department, FMCON.

Programme started with a brief introduction about osteoporosis and we explained the risk factors, complications, pathophysiology, diagnostic measures, treatment and prevention of osteoporosis, which was presented in Kannada and Malayalam language.



The gathering composed of around 25 members. The session lasted for 30 minutes and we wined up by 11:30 AM.

Signature of HOD



Signature of Subject Coordinator



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Mental Health Nursing- II MSc Nursing (2015-16)

Report on awareness programme on Mental Illness

An awareness programme on 'Mental Illness' was conducted at Kodambodi Anganwadi of Surathkal area on 30.1.16 by the Department of Mental Health Nursing and 2nd year MSc Nursing students on the topic. The programme started at 10.15 am with a prayer song followed by a role play and explanation on the topic. Meaning of mental illness, myths & facts, signs & symptoms, causes, risk factors, consequences, identification and treatment of mental illness were explained. Explanation in Kannada was given by 2nd year PB BSc Nursing students. Prof. Agnes E.J, HOD, Department of Mental Health Nursing and Ms. Anita, Asst. Lecturer, Department of Community Health Nursing were present for the programme. Games for the mothers and children were included in the programme. There was active participation from the audience during the session. Refreshment was served for the mothers and children. The programme came to an end with the vote of thanks.



Agnes E.J
Signature of HOD
Prof. Agnes EJ



FATHER MULLER COLLEGE OF NURSING
NAAC 'A' Grade
Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore
(A Unit of Father Muller Charitable Institutions)



REPORT ON HEALTH EDUCATION PROGRAMME

TOPIC; FOOD HYGIENE

ORGANISED BY 1ST YEAR PBBS_c NURSING STUDENT

AT URBAN HEALTH CENTER JEPPU, ON 25TH FEBRUARY 2016

The staff of nursing foundation department along with 1st year PBBS_c Nursing organized health education programme on topic "food hygiene" on 25th February 2016 at Urban Health Center Jeppu under the guidance of Mrs. Wilma S Noronha Lecturer Department of Child Health Nursing the programme commenced at 9:45^{am} with prayer.

The health talk began with role play by the 1st year PBBS_c students health information was delivered in Kannada language and emphasizing the importance of food hygiene and how its affects the health. and also focused on hand washing before and after preparing the food importance of boiling the water cooking food with appropriate temperature maintain the cleanliness in the cooking area using clean vessels, storage of food items. Also informed regarding meat, fish and milk hygiene and explained the importance of washing of fruits and vegetables before consuming. Total 40 members were benefited by the programme. Delicious payasam prepared by the 1st year PBBS_c students was served to the beneficiaries and the programme was successfully wined up with vote of thanks at 10:30^{am}.



W. S. Noronha
Subject coordinator

L. D. J.
HOD

S. S. S.
PRINCIPAL

Date:01-03-2016
Mangaluru



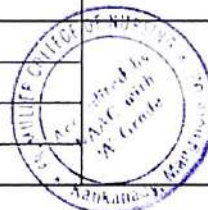
**FATHER MULLER COLLEGE OF NURSING
II YEAR BASIC B.SC NURSING 2015-2016 BATCH**

CONCEPT MAPPING TOPICS

SI NO	REG NO	Name of the Student	TOPICS
1	14N1001	Aishwarya TS	PNEUMONIA
2	14N1002	Aleena Suresh	
3	14N1003	Alphonse k Toms(SrAnnet)	
4	14N1004	AneenaReji	
5	14N1005	Aneesha K V	
6	14N1006	Angela Sebastian	
7	14N1007	Ani Jose	PULMONARY TUBERCULOSIS
8	14N1008	AninaSaji	
9	14N1009	AnitShaju	
10	14N1010	Anjali Jose	
11	14N1011	AnjanaBabu	
12	14N1012	Anjumol Antony	COPD
13	14N1013	Ann Mary paul	
14	14N1014	Anni Philip	
15	14N1015	Ansa Thomas	
16	14N1016	Anu Maria George	
17	14N1017	Arya Antony	
18	14N1018	Ashi Abraham	
19	14N1019	AshlinJeniciya D Almeida	PULOMARY EMBOLISM
20	14N1020	BarikyntiShadap	
21	14N1021	Bibimol Abraham	
22	14N1022	BibyBenney	
23	14N1023	Bilcy Joseph	
24	14N1024	Bismi Thomas	
25	14N1025	Caroline D Souza	GASTRIC ULCER
26	14N1026	CharithaClavia Lewis	
27	14N1027	Chelsa George	
28	14N1028	Chinchu Antony	
29	14N1029	Chrisna Abraham	
30	14N1030	CillaReji	CIRRHOSIS OF LIVER
31	14N1031	Crystal Rincia D Souza	
32	14N1032	Deepa Rose Mathew	
33	14N1033	Diniya Sebastian	
34	14N1034	Diya James	
35	14N1035	Dona Sebastian	
36	14N1036	Elizabeth Sunny	CHOLELITHIAISIS
37	14N1037	Elsu Abraham	
38	14N1038	Fiona Sis Wilson	
39	14N1039	FrancillaSoniya D Souza	
40	14N1040	Giftymol D Joseph	
41	14N1041	Glory Mariam Mathew	
42	14N1042	Harsha Thomas	



SI NO	REG NO	Name of the Student	TOPICS
43	14N1043	Jasmine Mathew	MYOCARDIAL INFARCTION
44	14N1044	Jayapradha	
45	14N1045	Jayarani Joseph	
46	14N1046	Jillu Mathew	
47	14N1047	JincyChacko	
48	14N1048	JinumolKurian	
49	14N1049	Jis Maria Jose	CONGESTIVE HEART FAILURE
50	14N1050	Jismi Joseph	
51	14N1051	Jismy Maria T Devasia	
52	14N1052	JoslineMelitaCrasta	
53	14N1053	Josmy Andrews	
54	14N1054	Josna Joseph	
55	14N1055	Josna Mary Jose	RHEUMATIC HEART DISEASE
56	14N1056	JoylineSandria Pinto	
57	14N1057	Kavya Jose	
58	14N1058	LeonzaMariolla D Rozario	
59	14N1059	Lidiya Justin	
60	14N1060	LintaMariyam Jose	
61	14N1061	Linta Vincent	RENAL FAILURE
62	14N1062	Lisha Maria D Souza	
63	14N1063	Liya Sunny	
64	14N1064	LiyamolSiby	
65	14N1065	Mariya Joseph	
66	14N1066	MelanyNathasha Lewis	
67	14N1067	MeperPangia	DIABETES MELLITUS
68	14N1068	MereenaReji	
69	14N1069	Merlin Mary Cherian	
70	14N1070	Merlin O F	
71	14N1071	Minu Sony	
72	14N1072	NikithaNisha D Souza	
73	14N1073	Pereira Abigail Salvation	PLEURAL EFFUSION
74	14N1074	PrathimaNeethaCastelino	
75	14N1075	Priyanka Elizabeth Mathew	
76	14N1076	Raina Rose Johnson	
77	14N1077	Reema Suzan D Costa	
78	14N1078	Roja Sam	
79	14N1079	Roopa	OSTEOPOROSIS
80	14N1080	Rose Mary Joseph	
81	14N1081	RoshiniMariyaCyriac	
82	14N1082	RosmyScaria	
83	14N1083	SelinRaju	
84	14N1084	SerahAbey	
85	14N1085	Shaleena Elisha D Souza	AIDS
86	14N1086	Shalu Sebastian	
87	14N1087	Snehamol Thomas	
88	14N1088	Soji S Saji	
89	14N1089	Soorya George	



SI NO	REG NO	Name of the Student	TOPICS
90	14N1090	Stefy Noronha	AIDS
91	14N1091	StephyElezabeth John	
92	14N1092	SumiMathai	MALARIA
93	14N1093	SushmaCutinho	
94	14N1094	Tiara Carol Pinto	
95	14N1095	VencillaMonthu Rodrigues	
96	14N1096	Vrinda	
97	14N1097	WilshaUjwalita D Silva	



Signature of Subject Coordinator




Signature of HOD

Father Muller College of Nursing, Mangalore
MSC Nursing 1st Year 2015 -16
List of Clinical teaching & special skills

Sl no	Students	Topics	Date of presentation
1.	Ms. Amal J George	<ol style="list-style-type: none"> 1 Skin Traction 2 Health teaching on Pace maker 3 Urinary catheterization 4 surgical dressing 5 O2 administration 	Student needs to plan in the given clinical area
2.	Ms. Anu M Punnen	<ol style="list-style-type: none"> 1 Chest drainage 2 Infusion pump 3 Skull traction 4 syringe pump 5 anticoagulant therapy 	
3.	Ms. Binny Paul	<ol style="list-style-type: none"> 1 Oxygen Administration 2 Gastric Intubation and feeding 3 Mechanical ventilation 4 Administration of fluids 5 ABG interpretation 	
4.	Ms. Blessy Mary Samuel	<ol style="list-style-type: none"> 1 Nebulisation 2 Catheter care 3 Suctioning 4 Perioperative care 5 Testicular examination 	
5.	Ms Persara Rymbai	<ol style="list-style-type: none"> 1 Defibrillator 2 SPO2 monitoring 3 Spiro meter 4 Medical Hand wash 5 post mastectomy exercises 	
6.	Ms Renita Noronha	<ol style="list-style-type: none"> 1 Cardiac Monitoring 2 Canula care 3 Pulmonary rehabilitation 4 Clinical Documentation 5 Admission of a patient to unit 	

Def 19/9/15
Subject Coordinator

Def 19/9/15
HOB



Dr. Winnifred.
Principal

Father Muller College Of Nursing, Mangalore
MSC Nursing Ist Year 2015-16
Medical Surgical Nursing – Seminar

Sl no	students	List of topics for seminar	Faculty responsible
1.	Ms. Amal J George	<ol style="list-style-type: none"> 1 Cancer of oral cavity 2 Head injury 3 COPD 4 Coarction of Aorta 5 Ca Bladder 	Kindly see the teaching schedule
2.	Ms. Anu M Punnen	<ol style="list-style-type: none"> 1 Periodontal diseases 2 Meningitis 3 Chest Injuries 4 Endocarditis 5 Renal failure 	
3.	Ms. Binny Paul	<ol style="list-style-type: none"> 1. Peptic ulcer 2. Brain Abscess 3. Tuberculosis 4. Myocardial Infarction 5. DM 	
4.	Ms. Blessy Mary Samuel	<ol style="list-style-type: none"> 1. Ca esophagus 2. Brain Tumor 3. Plural effusion 4. Thyrotoxicosis 5. Heart block 	
5.	Ms Persara Rymbai	<ol style="list-style-type: none"> 1. Cirrhosis of liver 2. CVA 3. Chest tumors 4. CCF 5. Fracture 	
6.	Ms Renita Noronha	<ol style="list-style-type: none"> 1. Portal hypertension 2. Epilepsy 3. Lung Abscess 4. Hypertension 5. Infertility 	
7.		<ol style="list-style-type: none"> 1. Gastric cancer 2. IVDP 3. Pulmonary embolism 4. Tetralogy of fallot 5. Poisoning 	

[Signature]
Subject Coordinator

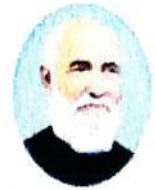
[Signature]
HOD



[Signature]
Principal



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2015-16)

Ms Ashi Abraham of 2nd BSc Nursing conducted seminar on the topic “Diarheal diseases” on 20th February 2015 from 9.30am to 10.30am which is a part of their teaching learning sessions at Lecture hall 4.

Ms Shiji PJ evaluated the seminar of the students.

SIGNATURE OF THE
SUBJECT CORDINATOR

SIGNATURE OF THE
HEAD OF THE DEPARTMENT



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TEACHING LEARNING &
EVALUATION COMMITTEE

**STUDENT CENTRIC
METHODS**

2016-2017



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2016-17)

Ms Anjaly John of 2nd BSc Nursing conducted seminar on the topic "SARS" on 12th March 2017 from 11.30am to 12.30pm which is a part of their teaching learning sessions at Lecture hall 4.

Ms Priya Pereira evaluated the seminar of the students.

P. Priya

SIGNATURE OF THE
SUBJECT COORDINATOR

[Signature]

SIGNATURE OF THE
HEAD OF THE DEPARTMENT






FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Mental Health Nursing (2016-17)


Report on Awareness Programme on Mental illness

The faculty and students from II MSc Nursing and III Bsc Nursing, department of Mental Health Nursing has conducted an awareness programme on **Mental illness** for the students of Govt Higher Primary School, Mullarkad on 17/03/2017. The programme began with a prayer song. Students from II year Msc Nursing conducted a role play followed by the talk on Mental illness. About 90 students and their teachers were the beneficiaries of the programme.




Signature of the Programme Coordinator
Mr. Shajan Xaviour




Signature of HOD
Prof. Agnes EJ



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Mental Health Nursing (2016-17)

Report on Observance of International Day against Drug Abuse and Illicit Trafficking

The Department of Mental Health Nursing, FMCON observed the **International Day against Drug Abuse and Illicit Trafficking** on 20th June 2017. A health talk in Kannada was organised for the High School Children of Padua High School on the theme— **“Listen First”** with regard to the observance of International Day against Drug Abuse and Illicit Trafficking and Mr S K Shripathi Bhat, Counsellor, De-addiction ward was the resource person.

A health talk on **Gender Education** for both Boys and Girls also was given by Mr S K Shripathi Bhat and Ms Saritha Pereira, Lecturer/ANS, Department of Mental Health Nursing respectively. As a part of the day, 3rd year BSc Nursing students organised a Role play on the theme - **“Listen first”**. The program was coordinated by Department of Mental Health Nursing under the guidance of Prof Agnes E J, HOD, Department of Mental Health Nursing, FMCON.




Signature of the Programme Coordinator




Signature of HOD

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF NURSING FOUNDATION AND NUTRITION
REPORT ON COOPERATIVE LEARNING

The co-operative learning for group 1 was scheduled on 12/02/2017 at 2:30pm. The topic assigned was 'Carbohydrates'.



The program started with the presentation on the topic of carbohydrate. Various sources of carbohydrates were displayed in nutrition lab. Binsha introduced the topic to the students and explained about the definition and its classification and the rich source of such as cereals and pulses with the help of charts. Ms.Sinu explained on dietary products of carbohydrates and its nutritive value. Ms.Dani and Ms.Josline enumerated about nutritive value in dry fruits and grains.



Ms.Nimisha Mathew explained about the carbohydrate content in fruits. Ms.Nimisha Saji explained regarding carbohydrate content in sweets and limitations of consuming sugary foods . Ms.Ramya had given the explanation about the carbohydrate content in vegetables . Ms.Anju had explained carbohydrate content in other food items and Ms.Ann Mary did the explanation about beverages.

Ms.Albeena had explained about the carbohydrate content in bread and flour items and she even explained about the deficiency of carbohydrate.



The next session included the class activity in which the students were divided into three groups . Ms.Roshni and Ms.Maria had taken initiative in conducting a game named jumbled sentences. Ms.Loycee and Ms.Anjali had conducted quiz on carbohydrates mainly on classification, digestion and absorption of carbohydrates. Everyone enjoyed and actively participated in the educative games. The program was concluded at 4:30pm.

Mrs. Pramila had evaluated the display and shared some more information regarding carbohydrates. Mrs.Shwetha , Mrs.Viola and Mrs.Jancy had also associated during the co-operative learning . The program helped us to gain good knowledge regarding the subject.

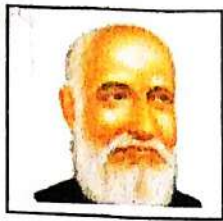
A handwritten signature in blue ink, appearing to be 'D.S.' followed by a flourish.

Student representative



A handwritten signature in blue ink, appearing to be 'D. Jaya' followed by a flourish.

Coordinator



FATHER MULLER COLLEGE OF NURSING

NAAC 'A' GRADE

Affiliated to Rajiv Gandhi University of Health Science, Karnataka, Bangalore
(A Unit of Father Muller Charitable Institutions)

DEPARTMENT OF CHILD HEALTH NURSING

REPORT OF GROUP HEALTH EDUCATION ON "DENGUE FEVER AND IT'S MANAGEMENT"

The faculty and 3rd year B.SC Nursing students organized a health talk on 'Dengue Fever and it's Management' on the 1st June 2017 at 9am in the Pediatric ward, Father Muller Medical College Hospital under the guidance of Mrs. Wilma S. Noronha, Lecturer, Department of Child Health Nursing. The talk began with a solemn prayer led by the 3rd year B.SC (N) students. The health talk focused on all aspects of dengue fever and explained about the measures initiated to prevent dengue. A short role play was enacted and an educational video was depicted on life cycle of dengue virus. Management including medical and dietary was also discussed during the talk. Around 40 beneficiaries benefited from the program. The talk concluded at 10am.





J. N. N. N.
Faculty In-charge

Date:14-06-2017

[Signature]

HOD

[Signature]
Principal





FATHER MULLER COLLEGE OF NURSING

NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore
(A Unit of Father Muller Charitable Institutions)



REPORT ON NUTRITION DAY (2016-2017)

Organized By 1st Year PBBSc Nursing Students

The staff and students of 1st year PBBSC Nursing organized Nutritional Day on 27th May 2017 in the Nutrition Lab of Father Muller College of Nursing. The therapeutic diet preparation is, Diet for post natal mothers, medicinal value of fruits, sources of carbohydrates, Diet for peptic ulcer, medicinal value of spices, sources of proteins, Diet for coronary artery diseases, medicinal value of vegetables, sources of fat, Diet for children (infant toddler and preschooler), medicinal value of cereals, sources of vitamins related charts were displayed and various therapeutic diets were prepared by the students were displayed. The evaluators for the nutrition day programme were, Prof Rev Sr Jacintha D'souza (Principal College of Nursing), Prof Mrs Victoria D'almeda (Vice Principal College of Nursing) Sr Deepa Peter (Asst. Prof & Hod Dept. of Nursing Foundation) Mrs. Priya J Fernandes (Lecturer, Dept. of Child Health Nursing). Sr Deepa Peter HOD Department of Nursing Foundation and Mrs Wilma S Noronha, the subject co-ordinator gave the feedback and also appreciated all the students for their group work and beautiful presentation. Delicious pavsam was served for all teaching and nonteaching faculty. The Programme concluded at 4:30pm.



W. S. Noronha
Subject coordinator

S. Deepa Peter
HOD

J. D. S.
PRINCIPAL

Date: 02-06-2017
Mangaluru





FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Obstetrics & Gynecological Nursing (2016-17)

Report on Panel Discussion

The department of Obstetrics and Gynecological Nursing conducted a panel discussion on the topic "Standing orders in Obstetric emergencies in India" on 2nd December 2016 at 11.30 am in the 4th year class BSc (N) class room. There were 8 panelists and Ms Zuricka was the moderator. Students participated actively in the discussion. The panel discussion was concluded at 12.20 pm by clearing the doubts of the audience.



[Signature]

Programme co-ordinator

[Signature]
HOD



FATHER MULLER COLLEGE OF NURSING

Symposium report on HIV/AIDS

We the II year M.Sc(N) students has conducted the symposium on HIV/AIDS on 18/07/17 from 2.24pm to 4pm which was attended by 4th year BSc(N) and first year PCBSc (N) and was evaluated by Ms Precilla D'Silva, lecturer OBG department. [VENUE : LECTURE HALL 8]. TOTAL No. OF STUDENTS 111 ,

The topic covered PPTCT, prophylaxis for mother and baby, standard safety measures, counseling, breast feeding issues, national policies and guidelines, legal and ethical issues, psychosocial and rehabilitation and role of nurse.



We thank Ms Precilla D'Silva, lecturer for evaluating the symposium and Ms Velantha for her presence throughout the symposium and 4th year BSc (N) and first year PCBSc (N) students for their patient listening. And our special thanks to Dr Savita Pramilda Cutinho for her constant support and for this opportunity.

Thank you

Precilla
Ms Precilla D'Silva

Lecturer (OBG)



Presented By:

Sr Angel *SA Angel*

Sr Litty *Sr Litty*

Ms Mercy *Mercy*

Sr Nancy T S *Sr Nancy T S*

Ms Rikynti *Rikynti*

Mrs Shilpa S *Shilpa S*

II year MSc (N)

FATHER MULLER COLLEGE OF NURSING
Department of Obstetrics and Gynaecological Nursing
A Report on In-services Education Program

The student of 2nd year Msc Nursing organized In-service education for the staff nurses of Obstetrics and Gynecological wards (G ward, H ward and labour room) of Father Muller Medical College Hospital on the topics of NST (Non Stress Test) and CTG (Cardiotocography), Intrapartum monitoring (Antenatal assessment and Partograph), HELLP Syndrome and Magnesium Sulphate regimen under the guidance of Mrs Shobha Xavier, Lecturer, Obstetric and Gynecological Nursing.



The In-service Education was conducted on 14th July 2017 at 9:30 to 11 am and on 15th July 2017 at 9:30am to 11:30 am. The resource persons on the 14th July was Sis Angel and Sis Shalini and on 15th July were Ms Rikynti, Ms Mercy, Mrs Shilpa and Sis Nancy second year Msc Nursing from OBG Nursing department where 18 staff were present during the inservice programme.



The staff nurses give a good feedback saying that they learnt and were updated on the teaching which was delivered to them and they appreciated well that we took initiative for preparing the presentations. We the 2nd year Msc Nursing students of OBG Department we thank our HOD Dr Savitha Pramilda Cutinho, our Supervisor Mrs Shobha Xavier, our teachers from OBG Department, the ANS of OBG ward Mrs Natalia, the In-charge of G,H and I ward and all the staff nurse of Obstetric and Gyneacological ward for being there with us and for their patience listening.

SUPERVISED BY: *Shoba*
Mrs. Shobha P Xavier
Lecturer
OBG Department, FMCON



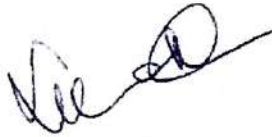
ORGANIZED BY:

Sr. Angel Jose Mattamundayil *Sr. Angel*
Sr. Litty Stephen *Sr. Litty*
Mercy Zonunsiami *Mercy*
Sr. Nancy TS *Sr. Nancy*
Rikynti Nongkynrih *Rikynti*
Shilpa S *Shilpa*

ENDORSEMENT BY THE HOD AND PRINCIPAL

We hereby declare that the "SURVEY OF KULAI" is a bonafide project work carried out by the II year P.B.BSc Nursing students [2015-2017] under the guidance of Ms. Sonia Liz Karen Sequera, Lecturer, Father Muller College of Nursing, Mangaluru, in partial fulfillment of the requirement of Community Health Nursing Practical (Field Experience).

Seal & signature of HOD



Dr [Prof] Leena K C

Head of the Department

Community Health Nursing

Father Muller College of Nursing,

Mangaluru-575002



Date: 29/11/2016

Place: Mangaluru

Seal & signature of the Principal



Rev Sr Jacintha D'Souza

Principal

Father Muller College of Nursing,

Mangaluru-575002

PRINCIPAL

Father Muller College of Nursing
Kankanady, Mangaluru-575002

Date: 29/11/2016

Place: Mangaluru

DECLARATION BY THE CANDIDATE

We hereby declare that the "SURVEY OF SURATHKAL" is a bonafide and genuine project work carried out by the II year PBBSc Nursing students [2016-2018] under the guidance of Ms Sonia Karen Liz Sequera, Assistant Professor, Department of Community Health Nursing, Father Muller College of Nursing, Mangaluru

STUDENTES INVOLVED

Ms. Aswathy Babu

Sr. Bincy Jose

Sr. Bindhu P P

Ms. Elveera Cutinha

Ms. Fernandes Jadriya Jeycilla

Ms. Harit Philip

Ms. Jeena Joseph

Ms. JESTEENA JOSE

Sr. Jancy Joseph

Ms. Joyner Priyanka Pais

Ms. Jyothy Varghese

Sr. Lincy kurien

Sr. M.V Jancy

Sr. Nisha Mol Jose

Ms. Priya Fiola Pinto

Ms. Rosmy Savy

Mrs. Sarika AV

Sr. Shainy Angadiyath

Mrs. Sherin Jose

Sr. Shini Mathew

Sr. Siji Mol KJ

Mrs. Vinita Sharol Pinto

Ms. Jyotsna Jose



Date:- 30-11-17

Place:- Mangaluru

FATHER MULLER COLLEGE OF NURSING

A REPORT ON GROUP HEALTH EDUCATION

As a part of extension activity, the department of community health nursing along with group of 2nd year PBBSC students conducted group health education on topic "First aid management on dog bite" on 23/11/2017 at Bhadriyanagar, surathkal.



The programme was started with prayer song. Students performed a role play followed by talk on first aid management regarding dog bite and other general first aid management. Doubts of the participants were clarified by the students. There were 15 participants for the programme.



Mrs. Shiji P.J evaluated the health education. The programme was concluded at 11:30am with vote thanks.

Subject coordinator

signature of HOD



Principal

DEPARTMENT OF MEDICAL SURGICAL NURSING

HEALTH EDUCATION REPORT 2016-17

A Group health education was organised by 3rd year Bsc Nursing students on 18/ 08/ 17 at 2: 30 pm on the topic "BREAST CANCER" at Father Muller medical college hospital. Programme started with a brief introduction about oral cancer and explained the risk factors, complications, , treatment and measures to prevent breast cancer, which was presented in Malayalam and kannada language. Students also educated about breast self-examination and exercises after mastectomy surgery .Total participants were 30 and health education ended at 3.15pm.



SUBJECT COORDINATOR

[Signature]
19/08/17



[Signature]
HOD

FATHER MULLER COLLEGE OF NURSING


MEDICAL SURGICAL NURSING

1st year PBBSc. Nursing 2016-2017

Topic: - Tuberculosis

The Department of Medical Surgical Nursing organized a Mass Health Education on the topic: Tuberculosis which was conducted by the students of 1st year P.C.B.Sc. Nursing on 10/05/2017 at 2.30 pm in the Out Patient Department. Ms. Harit Philip introduced the topic followed by definition, Causes, mode of transmission, clinical features, diagnostic measures DOTS and prevention which was dealt by other students. The Health education was co-ordinated by Sr. Judy SIC, Mrs. Jacintha valder and Ms. Indu N.K.




SUBJECT CO-ORDINATOR




HOD



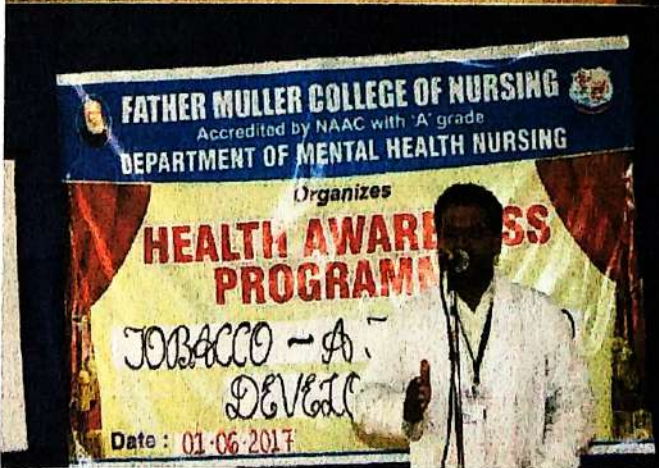
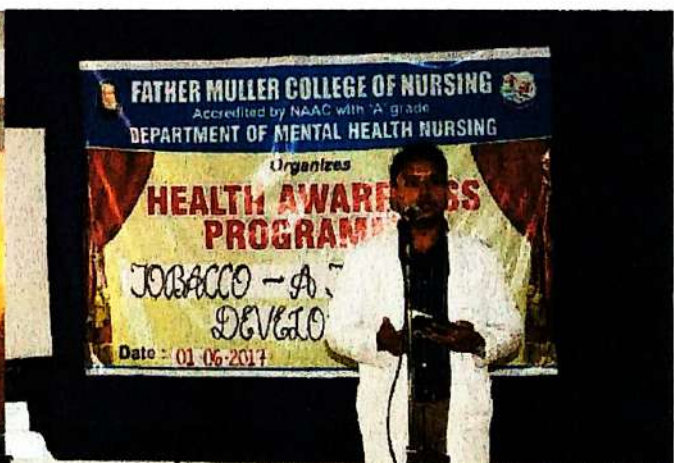
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Kankanady, Mangalore-575002

Department of Mental Health Nursing (2016-17)

Report on Observance of World No Tobacco Day

Department of Mental Health Nursing, FMCON observed the **World No Tobacco Day** on 31st May 2017 and 1st June 2017. A quiz competition for the staff nurses of Father Muller Mental Health Centre and students of Father Muller College of Nursing was conducted and winners were awarded.

As a part of the Day, 3rd year BSc Nursing students displayed posters in the OPD on the theme '**Tobacco : A threat to development**'. A health talk was organised for the patients and family members of Father Muller Mental Health Centre on the theme in Kannada and Malayalam by Mr S K Shripathi Bhat, Counsellor, De-addiction ward and Mr Rajeev Mathew, Lecturer, Department of Mental health Nursing.




Signature of the Programme Coordinator
Mr. Rajeev Mathew




Signature of HOD
Prof. Agnes EJ



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)


Kankanady, Mangalore-575002

Department of Mental Health Nursing (2016-17)

Report on Health talk on Substance Abuse

The Department of Mental Health Nursing organized a health talk on Substance abuse on 22/6/2017 for the patients of de-addiction ward. Mr Shajan Xaviour, Lecturer, FMCON and MrS K Shripathi Bhat, Counselor, De-addiction ward were the resource persons and they conducted the sessions in Malayalam and Kannada. A role play related to the topic was conducted by 3rd year B Sc Nursing students. The session gave an awareness on the different types of substances, its side effects and complications. Nearly 35 members were benefited by this programme.

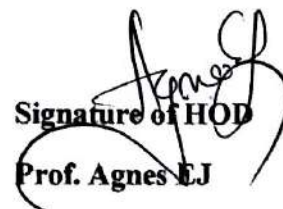




Signature of the Programme Coordinator

Mr. Shajan Xaviour





Signature of HOD

Prof. Agnes EJ



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REPORT ON HEALTH EDUCATION PROGRAMME

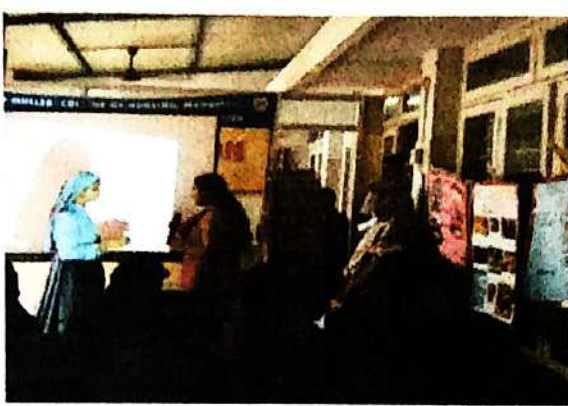
TOPIC; Preservation of Food

ORGANISED BY 1ST YEAR PBBSc NURSING STUDENT

AT NIRMALA HOSPITAL, ULLALL ON 15TH MARCH 2017

Department of Nursing Foundation including nutrition along with first year PBBSc nursing students organized a health education programme on "Preservation of Food" on 15-03-2017 at Nirmala Hospital Ullal for women. Faculty and students provided the information on the topic to the participants.

Explained the topic by using various educative resources like role play and demonstration. around 50 participants benefitted from the health education. Delicious payasam was served to the beneficiaries which was prepared by the students. participants appreciated the information provided and said it was very much useful in the daily life.



J. Noronha
Subject coordinator

Date: 16-03-2017

Mangaluru

L. D. P.
HOD

[Signature]
PRINCIPAL



FATHER MULLER COLLEGE OF NURSING

II YEAR B.Sc(N) - 2017

AV aid preparation (flip chart)

Groups	Topic
I	Refractive errors
II	Cataract
III	Reproductive tract infection
IV	First aid
V	Headache
VI	Hepatitis

Last date of submission: 16.01.2017

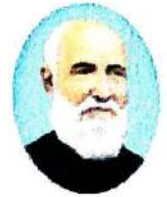
P. Peres
Subject Coordinator



[Signature]
HOD, Dept. Of CHN



FATHER MULLER COLLEGE OF NURSING
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Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2016-17)

Sr Agnes Sangeetha Noronha & Ms Ancilla Shalini Martis of 2nd PBBSc Nursing conducted seminar on the topic National Health policy & National leprosy eradication programme respectively on 13th February 2017 & 16th February 2017 from 01.30pm to 2.30pm which is a part of their teaching learning sessions at Lecture hall 3.

Ms Sonia Karen Liz Sequera evaluated the seminar of the students.

Signature
16/02/17

SIGNATURE OF THE
SUBJECT CORDINATOR



Signature

SIGNATURE OF THE
HEAD OF THE DEPARTMENT



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Kankanady, Mangalore-575002




DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON GROUP PRESENTATION (2016-17)

The students 2nd PBBSc Nursing conducted group presentation on various topics from 25th October 2016 to 30th November 2016 as a part of their teaching learning sessions at Lecture hall 3. There were 7 groups for panel discussion.


Following are the topics and the presented dates of group presentation

SL.NO	TOPIC	DATES
1	Water purification	25/10/2016
2	Health and welfare agencies	26/10/2016
3	National Vector born control programme	28/10/2016
4	Sewage disposal	12/11/2016
5	Non communicable disease control programme	16/11/2016
6	Family health nursing process	29/11/2016
7	Training and supervision of health care workers and role of community health nurse in training	30/11/2016

Ms Sonia Karen Liz Sequera evaluated the group presentation


30/11/16.
SIGNATURE OF THE
SUBJECT CORDINATOR




for
SIGNATURE OF THE
HEAD OF THE DEPARTMENT

**Father Muller College of Nursing II P B B Sc Nursing 2016-2017
Clinical Assignments**

Sl.No	Assignment	No
1	Observation	2
2	History & MSE	2
3	Nursing Care Plan	2
4	Case Study	2
5	Process Recording	1
6	Work Book (Along with HMSE & Case study)	4
7	Drug Study (10)	1
8	Individual Health Education	1
9	Group Health Education	1
10	Drug Project	1
11	Flip chart Preparation	1

Submission Date

No	Assignment	Date
1	Observation	Before 3/4/17
2	History & MSE 1	Before 8/4/17
3	History & MSE 2	Before 8/4/17
4	Case Study 1	Before 6/5/17
5	Case Study 2	Before 6/5/17
6	Care Plan 1 & 2	Before 6/5/17
7	Process recording	Before 11/5/17
8	Individual Health Education	Before 11/5/17
9	Group Health Education Content	Before 16/5/17
10	Drug Project	Before 16/5/17
11	Flip chart	Before 21/5/17
12	Report of visits	Before 25/5/17
13	File Submission	On 26/5/17

Group Health Education, Drug Project, Visit reports, Observation & Flip Chart Submit to the Subject Coordinator. Other Assignments Submit to the respective teachers and do the presentation.

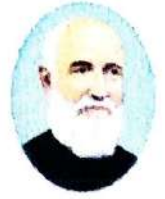

HOD




Subject Coordinator



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DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2016-17)

Ms Vinita Dsouza of 2nd BSc Nursing conducted seminar on the topic "Obesity" on 13th April 2017 from 10.30am to 11.30am which is a part of their teaching learning sessions at Lecture hall 4.

Ms Priya Pereira evaluated the seminar of the students.

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SUBJECT CORDIINATOR

SIGNATURE OF THE
HEAD OF THE DEPARTMENT



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TEACHING LEARNING &
EVALUATION COMMITTEE

**STUDENT CENTRIC
METHODS
2017-2018**



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)

Kankanady, Mangalore-575002

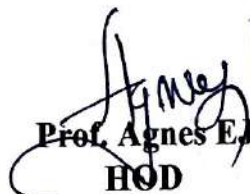
Department of Mental Health Nursing - (2017-18)

Report on WORLD NO TOBACCO DAY-2018

On observance of World Tobacco Day-2018, a Radio Talk on Tobacco with the global theme "Tobacco and heart disease" was organized by the department of Mental Health Nursing, on 23.05.2018 at RADIO SARANG (107.8 FM), St Aloysius College, Mangalore. Mrs. Lavina Rodrigues, Lecturer, along with Ms. Priya Fiola Pinto and Ms. Joyner Priyanka Pais, the students of II Year Post Basic B.Sc. Nursing, were the resource persons. Mr. Roshan, programme coordinator of Radio Sarang introduced the speakers. The recording of the programme began with a role play on ill effects of tobacco and the talk was highlighted on tobacco and its products like cigarette, beedi, gutka, etc, the current worldwide morbidity and mortality rates of tobacco, ill effects on active and passive smokers, developing major risks like cardiovascular diseases, cancers, Chronic Obstructive Pulmonary diseases, and also it concluded with the management, rehabilitation and prevention of tobacco use. Mr. Roshan thanked the resource persons and awarded with the certificates. The programme was broadcasted by Radio Sarang, FM 107.8 on May 31st 2018 at 8.15 am, 1.45 pm and 5.15pm.




Mrs. Lavina Rodrigues
Programme coordinator


Prof. Agnes E.J
HOD




Rev Sr Jacintha Dsouza
Principal



FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)

Department of Mental Health Nursing - II PBBSc Nursing (2017-18)


REPORT ON CONCEPT MAP PRESENTATION

As part of innovative teaching, students of II PBBSc Nursing organized a 'Concept Map' presentation on 23.08.2018 at 2.20pm in Lecture hall 3. Ms. Vinita Sharol Pinto welcomed the gathering and introduced the groups to the audience. Prof Agnes E J, HOD, Mrs. Lavina Rodrigues, Subject Co-ordinator of Mental Health Nursing, Mrs Daina Cutinho, Mrs. Joyce Fernandes, Ms. Sabeena MTP, faculties of Mental Health Nursing Department were present.

There were total three group of students prepared the concept map on given topics. The first concept map was presented by Ms. Jesteena Jose on the topic 'Dementia', the second concept map was presented by Ms. Jyotsna on the topic 'Suicide' and the third group member Ms. Rosmy Savy explained the concept map on the topic 'Mental Retardation'. At the end, Professor Agnes EJ, gave the feedback and correction to the group members. The concept map preparation groups were guided by Mrs. Lavina Rodrigues, Mrs. Diana Prema Cutinha and Mrs. Joyce Fernandes, Lecturers, Dept of Mental Health Nursing. The presentation was ended at 3.15 pm with vote of thanks.




Mrs. Lavina Rodrigues
Subject coordinator


Prof. Agnes EJ
HOD




Rev. Sr. Jacintha Dsouza
Principal




FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Department of Mental Health Nursing - II PBBSc Nursing (2017-18)
REPORT ON GROUP HEALTH EDUCATION

As a part of mental Health Nursing curriculum, a group health education on the topic “**Home care management of patients with Mental Illness**” was conducted by IIPBBSc (N) students on 09.06.2018 at 2.30 pm at General Psychiatry ward in Father Muller Hospital. The programme was initiated with a prayer song. The role play was performed by the students on the related topic and health education was delivered on various aspects such as personal hygiene, nutrition, medication and management of their side effects, need for rest and sleep, exercises and stress management. The incharge and staff nurses from psychiatry wards, Mr. Shripathi Bhat, Counsellor, De-addiction ward, Ms. Saritha Pereira, ANS and the Lecturers from Mental Health Nursing Department were present.

At the end of the health teaching, a video on exercises was displayed to the patients. The beneficiaries were around 100 patients and bystanders from general psychiatry, family psychiatry and deaddiction ward .At the end of the programme, the patients gave positive feedback on the event. The programme was coordinated by Mrs. Lavina Rodrigues, Lecturer, Dept of Mental Health Nursing and it came to an end at 4pm.




Mrs. Lavina Rodrigues
Subject coordinator


Prof. Agnes EJ
HOD


Rev Sr Jacintha Dsouza
Principal





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Department of Mental Health Nursing- II MSc Nursing (2017-18)

Report on Awareness programme on Mental illness

An awareness programme was conducted by M Sc Nursing II year students, Department of Mental Health Nursing on 24-05-2018 on the topic "Awareness on Mental Illness" in Krishnapura, Surathkal under the guidance of Prof. Agnes E J, HOD and the subject co-ordinator. The programme started at 10:45am with a prayer song. Awareness was provided regarding mental health, mental illness, causes, signs & symptoms, treatment and how to help a patient and family identified with mental illness in the community. People were enthusiastic and were able to understand the concept, and they were motivated to clear their doubts. The health awareness programme ended at 11:15am. 15 people were present for the awareness programme.



Signature of Subject coordinator & HOD
Prof. Agnes E J



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Kankanady, Mangalore-575002
Department of Mental Health Nursing (2017-18)

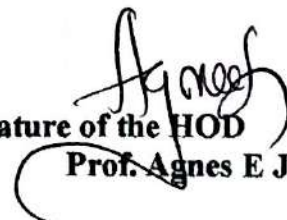
Report on Participatory Learning Activity

The Department of Mental Health Nursing organised a poster competition on “Empowering women and girls with Autism” as a participatory learning activity for III Year BSc Nursing and II PBBSc Nursing students on 03.05.18. There were total twelve group of students were actively participated in the poster competition. At the end winners were recognized and honoured.



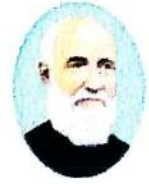

Signature of the Subject coordinator
Mrs. Lavina Rodrigues




Signature of the HOD
Prof. Agnes E J



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DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2017-18)

Ms Jency, Ms Jasica and Ms Ms Jenevia of 2nd BSc Nursing conducted seminar on the topic "Cholera" on 12th February 2018 from 8.30am to 9.30am which is a part of their teaching learning sessions at Lecture hall 4.

Ms Priya Sweety Pereira evaluated the seminar of the students.

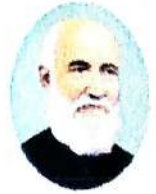
SIGNATURE OF THE
SUBJECT COORDINATOR

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HEAD OF THE DEPARTMENT





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DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2017-18)

Ms Anita Elza Ms Anjaly Koshy and Ms Anju C Thomas of 2nd BSc Nursing conducted seminar on the topic "Influenza" on 5th February 2018 from 11.30am to 12.30pm which is a part of their teaching learning sessions at Lecture hall 4.

Ms Priya Sweety Pereira evaluated the seminar of the students.

P. Priya

SIGNATURE OF THE
SUBJECT COORDINATOR

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HEAD OF THE DEPARTMENT



FATHER MULLER COLLEGE OF NURSING

Medical surgical Nursing Department

RADIO TALK ON: TUBERCULOSIS

In observance of "World Tuberculosis Day-2018" a Radio Talk on Tuberculosis with the **global theme "Wanted: Leaders for TB free world"** was organized by the 1st year Post Basic B.Sc. Nursing students under the guidance of Mrs .Preethi Fernandes and Mr. Abin Kuriakose, Department of Medical Surgical Nursing which was broadcasted by **Radio Sarang FM 107.8** on March 24th 2018 at 8.15 am, and 1.45 pm




Programme Co-Ordinator


HOD




principal

**Father Muller College of Nursing
Department of Obstetrics and Gynecological Nursing
Report on Modular Discussion (2017-18)**

Modular discussions were conducted for IV year B.Sc. Nursing on following topics

- i) Phototherapy ii) Position of Normal labour iii) cord prolapse iv) Mechanism of labour
v) Breast feeding vi) Kangaroo Mother care vii) Manual removal of placenta viii) Perineal care

Moderator introduce the topic and discussion was went on well. Students were able to understand the topic in depth, asked so many doubts and was cleared.



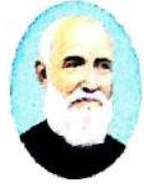
Nijite Shakti
Subject Coordinator



Pravina
HOD



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Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON GROUP PRESENTATION (2017-18)

The students 2nd PBBSc Nursing conducted group presentation on various topics from 30th October 2017 to 30th November 2017 as a part of their teaching learning sessions at Lecture hall 3. There were 7 groups for panel discussion.

Following are the topics and the presented dates of group presentation

SL.NO	TOPIC	DATES
1	Water purification	30/10/2017
2	Health and welfare agencies	09/11/2017
3	National Vector born control programme	10/11/2017
4	Sewage disposal	13/11/2017
5	Non communicable disease control programme	16/11/2017
6	Family health nursing process	29/11/2017
7	Training and supervision of health care workers and role of community health nurse in training	30/11/2017

Ms Sonia Karen Liz Sequera evaluated the group presentation


30/11/17
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HEAD OF THE DEPARTMENT



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Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2017-18)

Ms Elveera Cutinha & Ms Harit Philip of 2nd PBBSc Nursing conducted seminar on the topic Universal Immunization Programme & National blindness control programme respectively on 11th January 2018 & 16th April 2018 from 11.30am to 12.30pm which is a part of their teaching learning sessions at Lecture hall 3.

Ms Sonia Karen Liz Sequera evaluated the seminar of the students.


SIGNATURE OF THE
SUBJECT CORDINATOR




SIGNATURE OF THE
HEAD OF THE DEPARTMENT



FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)

Accredited By NAAC with 'A' Grade

Kankanady, Mangalore-575002

Department of Child Health Nursing

(2017-18)

Report on Mass Health Education

A mass health education program on the topic "BREAST FEEDING" was organized by 3rd year B.sc nursing on 9th February 2018 in pediatric 'K' ward at 11am.

The program commenced with a prayer song in the presence of teaching staff of FMCON, inpatients and their attenders. Ms. GlenSeemaD'souza welcomed the gathering which was followed by a short video on breastfeeding was showcased. The students with the help of audio-visual aids, explained about (benefits, techniques, types, self-breast examination, problems faced during breastfeeding, preservation of breast milk).

Around 40 people were present including the students of 3rd year Bsc nursing students. Sweets were distributed to the patients. The program was led by Mrs. PriyaFernandes Assistant Professor of Child health nursing department and it came to an end at 12pm.



Incharge

Head of the department

Sr. Jacintha D'souza
Principal



FATHER MULLER COLLEGE OF NURSING

NAAC 'A' Grade

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DEPARTMENT OF CHILD HEALTH NURSING (2017-2018)

REPORT - GROUP HEALTH EDUCATION ON MEASLES

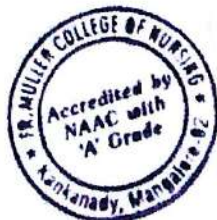
On observance of world measles day on March 16th the faculty and 3rd year Bsc Nursing students of Father Muller college of nursing organized a health talk on "MEASLES" in pediatric K ward at 11am. The program commenced with a prayer song in the presences of teaching staff of pediatric , inpatients and their attenders . Ms. Roopa D'souza and Ms. Meenu Francis welcome the gathering which was followed by a short skit on measles was showcased. The students with the help of Audio-Visual aids, explained about measles, there risk factors, the causes for measles, clinical features and its management which include dietary management and home management, prevention of measles and spoke about further complications. Biscuit were distributed to the patients. Around 25 beneficiaries benefited from the program. The program was led by Mrs. Willma Nuronha Lecturer of Child health department and it came to an end at 12:30pm.



W. Nuronha
Incharge

[Signature]
Head of the department

[Signature]
Sr. Jacintha D'souza
Principal





FATHER MULLER COLLEGE OF NURSING
NAAC 'A' Grade

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(A Unit of Father Muller Charitable Institutions)



DEPARTMENT OF CHILD HEALTH NURSING
Report on Mass Health Education

A Mass Health education program was organized as a part of the Child Health Nursing Requirement, Mass Health Education Program on the topic Prevention and Management of Dengue Fever was organized by the 1st year PBBSC students on 18th April 2018 in 'K' ward. The program Commenced with a prayer song, Ms.Flyzil welcomed the gathering, which was followed by an effective Health Education. It began with a short Role play followed by which the students explained about the Definition, Etiology, Clinical features, Diagnostic measures, Management and Prevention. Around 40 Inpatients and attendees were benefited. At the end of the Program refreshments were distributed to the audience. The program was conducted under the guidance of Ms, Benita David, Lecturer, Department of Pediatric Nursing. The program winded up at 12:30pm



SUBJECT COORDINATOR

ORGANIZER



PRINCIPAL

FATHER MULLER COLLEGE OF NURSING
III BSC NURSING (2017-2018)
CHILD HEALTH NURSING - QUIZ REPORT

The students of III BSc Nursing organized quiz competitions within the class on various topics under the guidance of Mrs. Sandra Saldanha, Mrs. Wilma Noronha, Mr. Manoj PS and Sr. Deepa Peter from department of Child Health Nursing. The quiz was conducted between 10th July, 2018 and 21st July, 2018. The entire class was divided into 10 groups, where one group was the organizers and the remaining 9 groups were the participants. This measure was implemented in view of innovation in learning to help students recall and learn the important topics in Child Health Nursing. The students were appreciative towards the same.



Saldanha
Subject Coordinator
25/7/18
Ms. Sandra Saldanha

Seema Chavan
HOD
Ms. Seema Chavan



Jacintha D'Souza
Principal
Sr. Jacintha D'Souza

Father Muller College of Nursing
Department of Obstetrics and Gynaecological Nursing (2017-18)

Report on Panel Discussion

A Panel discussion was conducted on 10-08-2018 for the students of 4th Year B.Sc. Nursing in the 4th year classroom. The moderator welcomed the gathering and introduced the panelist to the class. The topic of discussion was **Medical diseases during Pregnancy**. At the end of the discussion moderator opened the forum for doubts and they were cleared by panelist.



Nijish Shali
Subject Coordinator



Pritha
HOD

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF OBSTETRICS AND GYNECOLOGICAL NURSING (2017-18)
REPORT ON ROLE PLAY CUM DISCUSSION

The following bioethics topics were distributed to the students in a group for self learning and a role cum discussion method was adopted to evaluate the presentation. Students were interested on these new topics and questions were also raised and clarification was sought by the faculty. The Scheduled topics and the dates are as follows:

1. Consort 2010 guidelines (20.08.2018)
2. Publication Ethics (20.08.2018)
3. Regulatory process and ethics for clinical trials in India (CDSCO) (21.08.2018)
4. Informed Consent (21.08.2018)





Ms Precilla D'Silva

Lecturer

24.08.2018




Mrs Pramila D'Souza

HOD

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF OBG NURSING
CLINICAL TEACHING REPORT-2018

Clinical teaching was carried out on **Placental Examination and Partograph** on 21.05.2018 at 3.0 pm in the birthing unit in order to fulfill the learning objectives. Students of IV BSc nursing were the beneficiaries. This Activity was carried out by Ms Precilla D'Silva.



Precilla
Ms Precilla D'Silva

Lecturer

23.05.2018



Pramila
23/5/18
Mrs Pramila D'Souza
HOD

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF OBSTETRICS AND GYNECOLOGICAL NURSING (2017-18)
REPORT ON CASE DISCUSSION

On 12.06.2018 the second year MSc nursing students conducted a case discussion on Fibroid uterus in the G ward class room under the supervision of Ms Precilla Dsilva. Patient condition was co related with book information and discussion was preceded.




Ms Precilla D'Silva

Lecturer

15.06.2018




Mrs Pramila D'Souza

HOD

FATHER MULLER COLLEGE OF NURSING
OBG DEPARTMENT OF OBSTETRICS AND GYNECOLOGY (2017-18)

CLINICAL DISCUSSION / CASE BASED LEARNING



Clinical discussion done in gynaec ward on the topic **Gynecological Examination** to the group of PBBSC nursing students supervised by Mrs. Reena Frank, Lecturer, OBG department.

Clinical discussion done in Gynaec Ward on the topic **Uterine Prolapse**. Supervised by Ms. Precilla D'silva, Lecturer, OBG department.

SEMINAR

Conducted seminar on the topic Preterm Labour and Rh and ABO Incompatibility PBBSc nursing students in lecture hall 2 Supervised by Ms. Precilla D'silva, & Pramila 'Souza faculty ,OBG department.



to



Pouita
8/8/18

FATHER MULLER COLLEGE OF NURSING
OBG DEPARTMENT OF OBSTETRICS AND GYNECOLOGY (2017-18)

CLINICAL TEACHING

Clinical teaching done in labour unit on the topic **Induction of Labour** to the group of PBBSC & III yr BSc Nursing students supervised by Mrs. Shoba P Xavier Asst. Professor, OBG department.



Clinical teaching done in labour unit on the topic **Placental Examination** to the group of PBBSC nursing students and staff nurses supervised by Mrs. Shoba P Xavier Asst. Professor, OBG department.

Clinical teaching done in eclampsia unit in labour room on the topic **Management of Eclampsia** to the group of PBBSC nursing students and GNM interns supervised by Mrs. Shoba P Xavier Asst. Professor, OBG department.



Clinical teaching done in labour unit on the topic **Cervical Incompetence** to the group of staff nurses supervised by Mrs. Joyce. Lecturer, OBG department.



Handwritten signature and date: 21/8/18

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Father Muller College of Nursing
Department of OBG Nursing (2017-18)
Student to student learning.

The students of PBBSc Nursing have taken a practical teaching session on partograph in the birthing room to the students of BSc Nursing 4th year of Father Muller and city college of Nursing. Mrs. Pramila monitored the session. This teaching took place on 22nd of March 2018, at 2pm to 3pm.



The 4th year students of FMCON conducted bed side presentation on the topic gestational diabetes and pregnancy induced hypertension on 25th of March to their classmates. This presentation done in the Eclampsia room of birthing room of FMMCH. Students discussed and compared the Patient Picture and the book picture.



Priya
6/6/18

Mrs. Pramila D'Souza
HOD, Department of OBG Nursing




FATHER MULLER COLLEGE OF NURSING
DEPT of OBG Nursing (2017-18)

Student to student learning

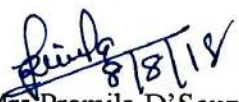
The students of PBBSc nursing have taken a practical teaching session on Pelvis, Skull and Mechanism of labour to their classmets .Mrs Ramyashree S Monitored the session




Mrs Ramyashree S
Lecturer

07/08/2018




Mrs Pramila D'Souza
HOD

Father Muller College of Nursing
Department of Obstetrics and Gynaecological Nursing (2017-18)
Report on Symposium

A Symposium was conducted on 19-07-2018 at 11 am for the students of 4th Year B.Sc. Nursing at 4th year classroom. The moderator welcomed the gathering and introduced the panelist to the class. The topic of discussion was **Infections during pregnancy**. At the end of the symposium, moderator opened the forum for doubts and they were cleared by panelist.



Nijhe Shakti
Subject Coordinator



Paul
HOD

ENDORSEMENT BY THE HOD, PRINCIPAL/HEAD OF THE
INSTITUTION

This is to certify that the "Survey report of 7th block Krishnapura Surathkal" is a bonafide and genuine project work carried out by the IV year B.Sc Nursing students [2014-2018] under the guidance of Mrs. Deepika N.C, Lecturer, Department of Community Health Nursing, Father Muller College of Nursing, Mangaluru, is the partial fulfillment of the requirement of Community Health Nursing field experience postings.



Seal & Signature of HOD

Prof. Irene Alvares
Head of the Department
Community Health Nursing
Father Muller College of Nursing,
Kankanady, Mangaluru-575002



Seal & Signature of the Principal

Rev. Sr. Jacintha D' Souza
Professor & Principal
Father Muller College of Nursing,
Kankanady, Mangaluru-575002

Sr Jacintha D'SOUZA, M.Sc(N), M.PN1(N)
PRINCIPAL
Father Muller College of Nursing
Kankanady, Mangaluru-575002.



Date: 03/09/2018

Place: Mangaluru

Date: 03/09/2018

Place: Mangaluru

DECLARATION BY THE CANDIDATES

We hereby declare that the survey report of 7th Block Krishnapura, Surathkal is a bonafide and genuine project work carried out by 4th year B.Sc nursing students [2014-2018] under the guidance of Mrs. Deepika N.C, Lecturer, Department of Community Health Nursing, Father Muller College Nursing, Mangaluru.

STUDENTS INVOLVED

1. Jismi Joseph
2. Jismi MTD
3. Josline Melita Crasta
4. Josmy Andrews
5. Josna Joseph
6. Josna mary jose
7. Joyline Sandria Pinto
8. Leonza Mariolla D'rozario
9. Lidiya Justin
10. Linta Mariyam Jose
11. Linta Vincent
12. Lisha Maria D'souza
13. Liya Sunny
14. Liyamol Siby
15. Maria Joseph
16. Melany Nathasha Lewis
17. Meper Panja
18. Mereena Reji
19. Merlin Mary Cherian
20. Merlin OF
21. Minu Sony
22. Nikitha Nisha D'souza
23. Vrinda
24. Pereira Abigail Salvation
25. Wilsha Ujwalita Dsilva
26. Prathima Neetha Castelino
27. Christy Delly
28. Priyanka Elizabeth Mathew
29. Raina Rose Johnson
30. Reema Suzan D'costa
31. Roja Sam
32. Rose Mary Joseph
33. RoshniMariyaCyriac
34. RosmyScaria
35. SelinRaju
36. SerahAbey
37. Shaleena Elisha D'souza
38. Shalu Sebastin
39. Sneha Mol Thomas
40. Soji S Saji
41. 38.Soorya George
42. Stefy Norohna
43. Stephy Elizabeth
44. Sumi Mathai
45. Sushma Cutinho
46. Tiara Carol Pinto
47. Vencilla M Rodrigues



Date: 03/09/2018



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

DEPARTMENT OF MEDICAL SURGICAL NURSING
INNOVATIVE METHOD OF TEACHING(III BSc)(2017-18)

ROLE PLAY

The entire group of hundred students was split into 5 groups of 20 members each. Each group was given a topic along with the evaluation criteria and the total marks involved on the previous day that is on 10th of April 2018 and were asked to present the topic in a creative way in order to convey the information to the rest of the students. The next day from 3:30pm to 4:30pm the students for their efforts and creativity, and the scope for the improvement was highlighted




16/4/2018
Subject Coordinator


HOD




Principal

FATHER MULLER COLLEGE OF NURSING

DEPARTMENT OF MEDICAL SURGICAL NURSING 2017-18

REPORT OF HEALTH TALK ON H1N1

The department of Medical Surgical Nursing organized a health talk as a part of extension activity on "H1N1" on 11th January 2018, at 2:45 pm in Female Ortho Ward (Q) of FMMCH. The aim of the programme was to create the awareness regarding prevention and management of "H1N1". Around 30 people were actively attended the session and were benefited from it. The students of II BSc Nursing conducted the programme under the guidance of faculty of Medical Surgical Nursing, FMCON. The program was concluded with great appreciation by the participants and feedback.



[Signature]
Coordinator



[Signature]
HOD

FATHER MULLER COLLEGE OF NURSING.

DEPARTMENT OF MENTAL HEALTH NURSING.
(2017-18)

A REPORT ON VISIT TO ST.AGNES SPECIAL SCHOOL

The mental health department of Father Muller collage of nursing, Mangalore has organized a visit to St.Agnes special school situated in Bendoor bail, Mangalore on 20th August, 2018 for the students of 3rd year Bsc nursing.

The students reached the school by around 10.00 am. The students were given orientation regarding the teaching pattern, working of the institution and also about the beginning of the institution by the principal of the institution. The students got the opportunity to go through each classroom and interact with the kids. The teachers in each classroom gave a brief description about the method of teaching used for each student and the type of students in each classroom. The students spend almost 2 hrs in the school and left the school by around 12.00pm.

Mr.Rajeev Mathew, Mr.Shajan Xavier, Mrs.Joyce Fernandez, Mrs.Laveena Rodriquez were the faculties accompanied with the students from the department of mental health nursing. The students were able to know more about the teaching and learning pattern of mentally challenged students. The students admired that the visit was very enthusiastic and interesting. All the students actively participated in the section.



Rajeev Mathew -
Signature of the subject coordinator



Signature of the HOD



FATHER MULLER COLLEGE OF NURSING

NAAC 'A' Grade

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(A Unit of Father Muller Charitable Institutions)



REPORT ON MASS HEALTH EDUCATION PROGRAMME
TOPIC: DIET FOR HEALTHY LIFE
ORGANIZED BY FIRST YEAR PBBSc NURSING STUDENTS
AT THUMBAY HOSPITAL ON 28-05-2018

As per the practical requirements in Nutrition and Dietetics, we the 1st year PBBSC (N) students organized a health education programme at Thumbay hospital on 28th May, 2018 at 10:30am-11:30am the topic "Diet for Healthy Life". The health education was carried out at OPD block of Thumbay hospital, under the guidance of Mrs. Wilma.S.Noronha Assistant Professor, Department of Child Health Nursing and Subject Coordinator of Nutrition and Dietetics. Faculty and students provided the information on the topic to the participants. Explained the topic by using various educative resources like role play and demonstration. Around 30 participants benefitted from the health education. Health talk emphasized on the health, balanced diet, nutrients and its importance during pregnancy, lactation, prevention of malnutrition, for children's, for elderly person and during the time of various diseases condition limitation of food, quantity of food that should be consumed in a day and about the ill effect of consuming more junk food. Different methods of preservation of food and its importance. About importance of maintaining hygiene, while preparing and consuming the food. purchasing the food item.



W. Noronha
Subject coordinator
Date: 28-05-2018
Mangaluru

[Signature]
HOD

[Signature]
PRINCIPAL



FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF NURSING FOUNDATION
(NUTRITION AND DIETETICS)
1st PBBSc (N) 2017-2018
REPORT - QUIZ

Date: 19.07.2018

The Department of Nursing Foundation organized a quiz competition for Ist year PBBSc Nursing Students (Batch 2017-2018) under the guidance of quiz master Mrs. Wilma. S. Noronha, Assistant professor, subject coordinator of nutrition and dietetics on 19th July 2018, lecture hall 1. The quiz was conducted with the view to improve self learning and evaluation of the group who were given one month of preparation time. There were 27 participants who were randomly divided into 3 groups (group 1, 2, and 3) by lottery method. The 4 rounds of the quiz covered the aspects of Medicinal values of spices, fruits, vegetables, cereals and food agencies. The quiz was conducted out of 25 marks.

The following were the rounds

Round 1; Rapid Questions

Round 2; Identification Round

Round 3; Middle Round

Round 4; Lucky Round

The winners of the quiz were as follows

Winners	Name of The Student	Marks Obtained
First Place :Group 1	Ms Ashihrii Eloni, Ms Shiny Mathew, Ms Tenzing, Sr Resmi P O, Ms Faria Clena De Lourdes, Ms Vanitha D Souza, Mr Anil M C, Sr simi Ance Xavier, Ms Flyzil D Souza, Ms Wilma Dalmeida	23
Second Place: Group 3	Sr Jincy, Sr Dhanya Yacob, Sr Ramulamma Kondeti, Sr Lisha Lonappan, Ms Doniay Joshy, Ms Ngawang Tsephel Bhutia Ms Sreeshma. Mr Santhosh M, Ms Priya Sushma D Souza	18
Third Place: Group 2	Ms Sujatha D Souza, Sr Simi P P Sony, Ms Rosalynda M Khongwet, Mr Shreekanth, Sr Mary Madhavi Palagiri Ms Flavia Sequeira, Sr Vanitha M, Ms Athira Babu Ms Gini Jose	17

The quiz was concluded at 9:35 am





J. Noronha
Subject Coordinator

G. Deep
HOD

Ajith
PRINCIPAL

Date:21-07-2018





FATHER MULLER COLLEGE OF NURSING

NAAC 'A' Grade

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(A Unit of Father Muller Charitable Institutions)



REPORT ON NUTRITION DAY (2017-2018)

Organized By 1st Year PBBSc Nursing Students

As per the practical requirements in Nutrition and Dietetics, we the 1st year PBBSC (N) students had a Nutrition Day on 5th May along with nutrition expo- 2018 organized by student support and Progression Committee . The nutrition health expo-2018 and nutrition day was arranged at OPD block of Father Muller Hospital. To exhibit their cooking skills therapeutic diets were prepared by the students the therapeutic diet preparation includes Diet for Cardiac patient and Diet for Antenatal mothers and Medicinal values of Spices and Vegetables. Mrs. Jasmine Saritha Vas Principal FMSON and Mrs. Binisha Pappachan Associate Professor Department of Psychiatry Nursing were the evaluators for evaluating the therapeutic diet.



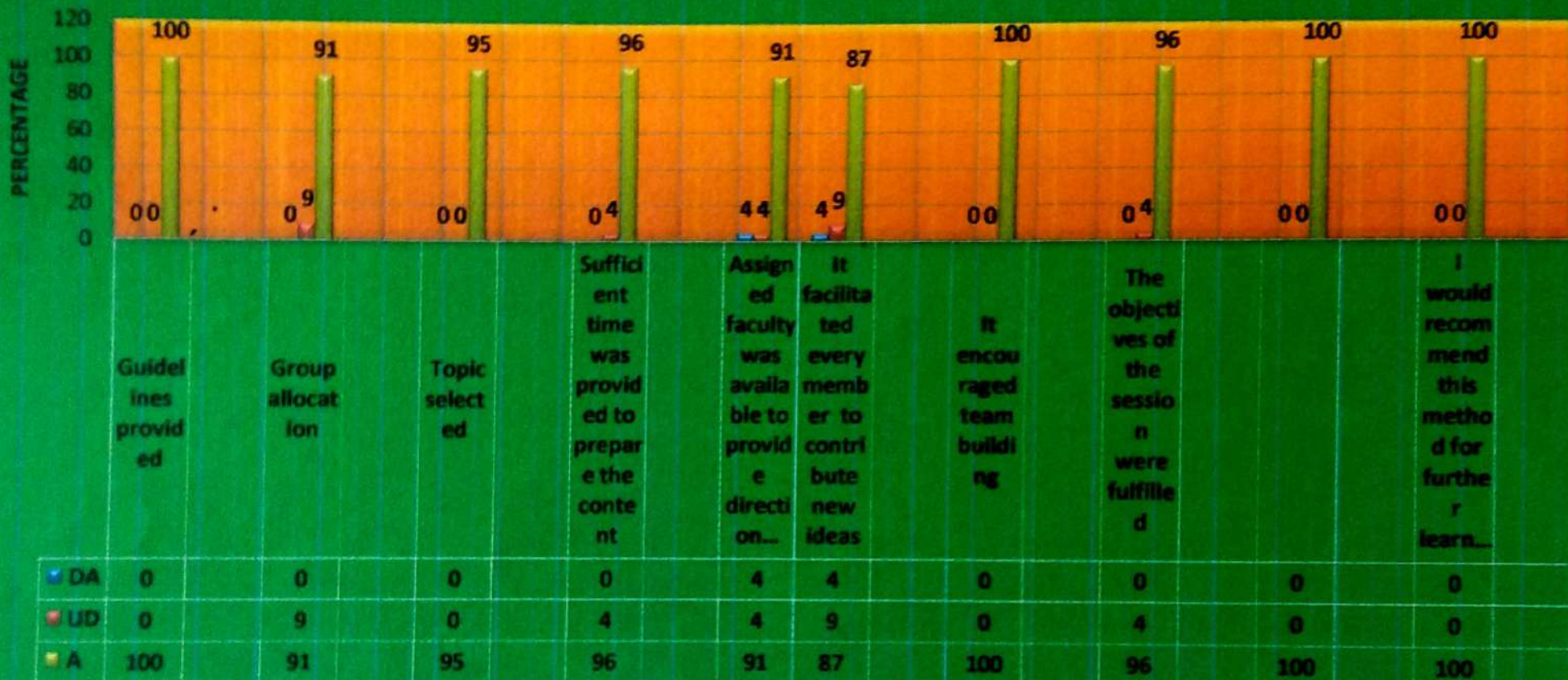
S. Novonha
Subject coordinator
Date: 21-05-2018
Mangaluru

S. Binisha
HOD

J. Saritha
PRINCIPAL



FatherMuller College of Nursing
1st year PBBSc (N) 2017-2018
Feed back analysis of nutrition day



J. Nowak
Subject Coordinator

Date: 02-08-2018

J. Dip
HOD



for *Chanda*
Principal



FATHER MULLER COLLEGE OF NURSING

NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore
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Nutrition and Dietetics

Ist Pbbsc (N) 2017-2018

Report of Role Play on Fat Soluble Vitamins

The Department of Nursing Foundation had organized a innovative method of teaching and learning in the form of a role play for Ist year PBBSC Nursing Students (Batch 2018-2019). Under the guidance of- Mrs. Wilma.S.Noronha, Assistant Professor, subject coordinator of nutrition and dietetics on 12th October 2018, lecture hall 1.

The role play was conducted with the view to improve self learning, the group who were given one week of preparation time. There were 19 participants who were randomly divided into 4 groups (group 1, 2, 3 and 4) by lottery method. The topics given for role play were as follows.

Group 1: Vitamin A, Group 2: Vitamin D,
Group 3: Vitamin E, Group 4: Vitamin K

The role play covered the Following aspects of vitamin ie, functions, sources, daily requirement, deficiency disorders and its management of above mentioned vitamins



W. Noronha
Subject coordinator
Date: 17-10-2018
Mangaluru

[Signature]
HOD



[Signature]
PRINCIPAL

FATHER MULLER COLLEGE OF NURSING,
DEPARTMENT OF MENTAL HEALTH NURSING.
(2017-18)

A REPORT ON VISIT TO ST. ANTONY'S OLD AGE HOME

Mental health department of Father Muller college of nursing, Mangalore organized a visit to St. Antony's old age home situated in Jeppu, Mangalore on 20th August, 2018 for the 3rd year B.Sc. nursing students.



The students were given an orientation regarding the working and organization pattern and also about how it is started and about its main objectives by Rev.Fr. Nishanth , Assistant director St.Antony's old age home. There were around 7 homes inside the campus and about 400 people are residing in it. The students visited all the homes inside campus and interacted with the people living there. The visit was for almost 2hours. Mr.Rajeev Mathew and Mr.Shajan Xavier, Assistant professors, department of Mental Health Nursing, guided the students.

The students admired that the visit was very interesting and enthusiastic, and the students had actively participated in the section.



Rajeev Mathew
Signature of the subject coordinator



Agnes
Signature of the H.O.D


FATHER MULLER COLLEGE OF NURSING

DEPARTMENT OF MENTAL HEALTH NURSING (2017-18)

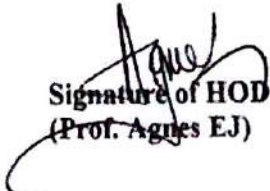
REPORT ON VISIT TO OLD AGE HOME

As a part of Mental Health Nursing curriculum, students of II MSc (N) (3), II PBBSc (N) (23), III BSc (N) (17) along with faculty members visited Little Sisters of Poor old age home at Maroli, Kulashekar on 21.08.2018 at 10.30am. Rev Sister Josephine, Mother Superior, welcomed the group and given the brief orientation about the organization. There are around 70 inmates in which 29 are male 41 are females. The oldage home is well planned infrastructure equipped with single rooms with attached bathrooms, balcony, indoor gardens, well-furnished dining room facility, provision for spiritual needs and also given special attention to bedridden inmates, etc. The students interacted with the inmates. All the inmates were very glad to interact and share their thoughts and feelings with the students. At the end, the students gave a positive feed of the activities and functions of the old age home. As a helping hand, the students generously donated cash to the organization. The students were accompanied by Mrs. Lavina Rodrigues, Mrs. Joyce Fernandes and Ms. Sabeena MTP, Lecturers, Department of Mental Health Nursing. The visit was ended at around 12.00 MD.




Signature of the subject coordinator
(Lavina Rodrigues)




Signature of HOD
(Prof. Agnes EJ)

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**TEACHING LEARNING & EVALUATION
COMMITTEE**

**STUDENT CENTRIC METHODS
2018-19**



FATHER MULLER COLLEGE OF NURSING

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NAAC 'A' Grade

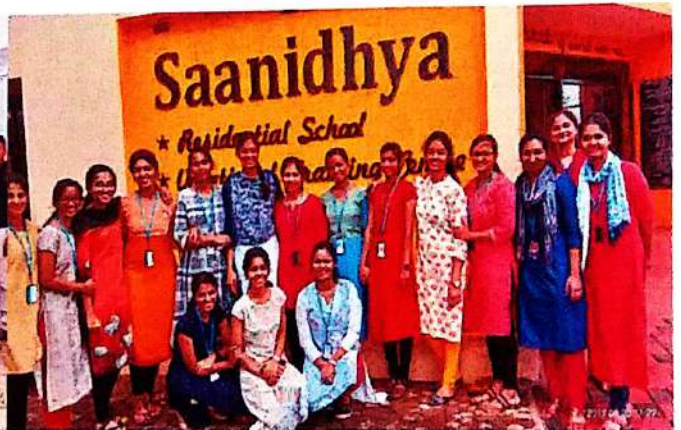
Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

Department of Mental Health Nursing

Educational Visits Report- III BSc(N),PB BSc(N)& MSc(N) 2018-19 Batch

The Department of Mental Health Nursing Organized an Educational Visits for III B Sc(N),P B B Sc(N)& M Sc(N) Students to Saint Anthony's Charity institutes(19.08.19 @10am-12.30pm),St. Joseph Prashanth Nivas(20.08.19 @10am-12.30pm),Saanidhya Residential School & Training Centre for the mentally challenged(20.08.19 & 21.08.19 @10am-12.00pm) and St. Agnes Special School(21.08.19 @9.30 am-12.00.

During the 3 days of Visits to certified schools& old age homes Students gained knowledge and experience in helping the challenged children to reach their highest potential and in taking care of destitute including men and women, young and old, small children abandoned by families including physically handicapped. The Visits were planned and organized by Mr Rajeev Mathew, Subject Coordinator III BSc (N).There were total 128 students who have benefited from the educational visits to certified schools and old age homes. Mrs Joyce Fernandes, Mrs Sabeena MTP,Mrs. Lavina Rodrigues, Mr Rajeev Mathew & Mr Shajan Xaviour, Faculties of Department of Mental Health Nursing were accompanied different batches of students to the respective places for Educational Visits.




Rajeev Mathew
Subject Co-ordinator


Dr Agnes
HOD




Rev Sr Jaantha D'Souza
Principal

Father Muller College of Nursing
Department of Mental Health Nursing
Journal Club Presentation

SI NO	Journal Club Presentation Details	
1	Name of the Presenter	Mrs Binsha Pappachan Asso.Professor Dept.of MHN.
2	Date of Presentation	29.03.2019
3	Members Attended	1.Dr Agnes E J 2.Shajan Xaviour 3.Mrs Lavina Rodrigues 4.Ms.Sabeena MTP 5.Sr.Anthonamma
4	Journal Club Topic	Effectiveness of psycho-educational support on quality of life in early stage breast cancer patients
5	Venue	Psychiatry speciality Lecturer class room




Rajeev Mathew

Journal Club incharge




Dr Agnes E J

HOD Dept.of MHN



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002


Department of Mental Health Nursing (2018-19)

Report on Mental Illness Awareness (Radio Programme)

A Radio Talk on mental illness awareness was organized by the department of mental health nursing, on 14.03.2019 at RADIO SARANG (107.8 FM), St Aloysius College, Mangalore. Ms. Sabeena M T P, Mrs. Lavina Rodrigues, Lecturers along with 20 students from III Year B.Sc. Nursing, were the resource persons. The main aim of the programme was to raise awareness among public about mental health and illness to remove stigma regarding mental illness. The recording of the programme began with a role play along with the talk on mental health, mental illness, causes and risk factors, signs and symptoms, misconceptions about mental illness, treatment methods. It concluded with the quote that there is no health without mental health.



Mr. Abhishek, RJ, Radio Sarang, thanked the resource persons and awarded with the certificates. The programme was recorded in two languages such as **Kannada and English** and will be broadcasted by Radio Sarang, FM 107.8 on March 19th 2019 at 9AM and 7.30 PM.


Ms. Sabeena M T P
Lecturer


Dr. Agnes E J
HOD




Sr Jacintha D'Souza
Principal




FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Mental Health Nursing (2018-19)


Report On The School Health Program On The World Mental Health Day Theme “ Young People And Mental Health In Changing World”

Department of mental health nursing, Father Muller College of Nursing organized a school health programme on the world mental health day theme “ young people and mental health in changing world” at Capitanio Composite Pre university college, Kankanady on 10th December 2018 under the guidance of Mrs Lejomal Abraham, Lecturer, Fther Muller College of Nursing. The program started at 2.20 pm with a prayer song and followed with a welcome speech. A role play was performed by the students which emphasized more on gadgets addiction and it's management. Mrs. Joyce Fernandes, Lecturer, Department of Mental Health Nursing, was the resource person for the session and she delivered a health talk to the students on technology addiction among the youth and the ways to overcome the same. A programme feedback was collected at the end of the session from randomly selected 22 students. The student representative of Capitanio Composite Pre University College, expressed her sincere gratitude to the organizing team for delivering a health talk and role play which is challenging issue of the present youth. Around 200 PUC students benefited from this programme and the session adjoined at 3.30




Dr. Agnes E J
HOD




Rev Sr Jacintha D'Souza
Principal



FATHER MULLER COLLEGE OF NURSING

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Department of Mental Health Nursing

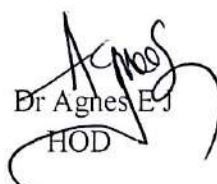
Concept Map Presentation- III BSc (N) 2018 -19 Batch

The students of III B Sc Nursing organized a Concept Map presentation on 23.08.19 at 10.30 am in lecture hall 2. There were total three groups who prepared the concept maps on given topic. Mr Rajeev Mathew, Subject Coordinator, III B Sc (N), Department of Mental Health Nursing was coordinated the Concept Map Presentation.

The topic of the concept maps were Developmental characteristics of Mental Retardation by degree of Severity, Neurotransmitters in the CNS, Concepts of stress adaptations .The concept map preparation groups were guided by Mr Rajeev Mathew ,Mrs Joyce Fernandes and Mrs Sabeena MTP and concept maps were presented by Ms Eami Joseph, Ms Merin Melanie D Mello and Namitha Roslin Babu. At the end of presentations feedback and suggestions were given to the students by Mr Rajeev Mathew ,Subject Coordinator,III B Sc (N).




Rajeev Mathew
Subject Co-ordinator


Dr Agnes E J
HOD




Rev Sr Jacinta D'Souza
Principal



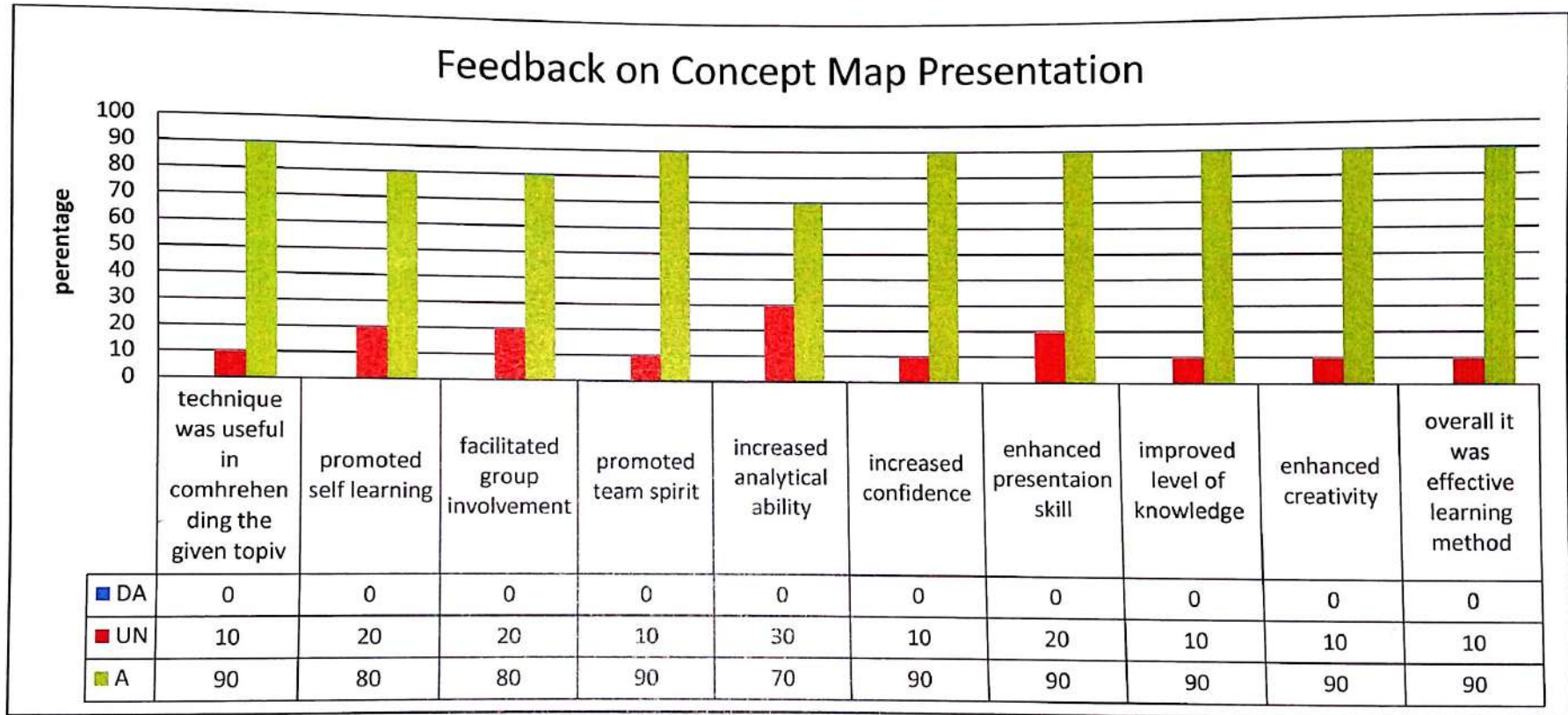
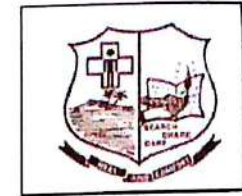
FATHER MULLER COLLEGE OF NURSING

(Accredited by NAAC with 'A' Grade)

Department of Mental Health Nursing

III BSc (N) 2018-19 Batch

Feedback on Concept Map Presentation



Rajeev Mathew
27/08/19

Subject Co-ordinator

Dr Agnes E J
HOD



Rev Sr Jacintha D'Souza

Principal



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575 002

Department of Mental Health Nursing (2018-19)

Report on Mental Health Nursing Simulation

Simulation based learning was conducted for III year BSc Nursing students (Group III) on 13.08.2019 at Father Muller Simulation Centre. Mrs. Sabeena M T P, Lecturer, Department of Mental Health Nursing, Mr. Rajeeve Mathew, Assistant Professor, Department of Mental Health Nursing in collaboration with Dr. Smitha and Dr. Chandini, (psychiatrists), Father Muller Medical College Hospital under the guidance of Dr. Lulu Sherif conducted the session on Nursing Management of patient with Attempted suicide and De-escalation of aggressive patient. A total 27 students were worked together in teams under specified time constraints. The first scenario, Management of a patient with attempted suicide was conducted on patient simulator (Hybrid) and the second scenario was the de-escalation of patient conducted on real patient simulator. The students were assigned to group A: performers and group B: observers. Assigned teams collected key history and done the physical findings, established a working plan, administered treatment and nursing interventions were carried out. Followed by the simulation exercise, the debriefing session was conducted for 30-minutes in a classroom. At the end of the session, students gave positive feedback about the simulated activity.

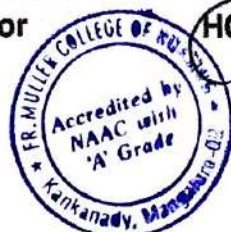



Mrs. Sabeena.M.T.P
Lecturer


Mr. Rajeeve Mathew
Assist. Professor


Dr. Agnes EJ
HOD


Sr. Jacintha D'Souza
Principal

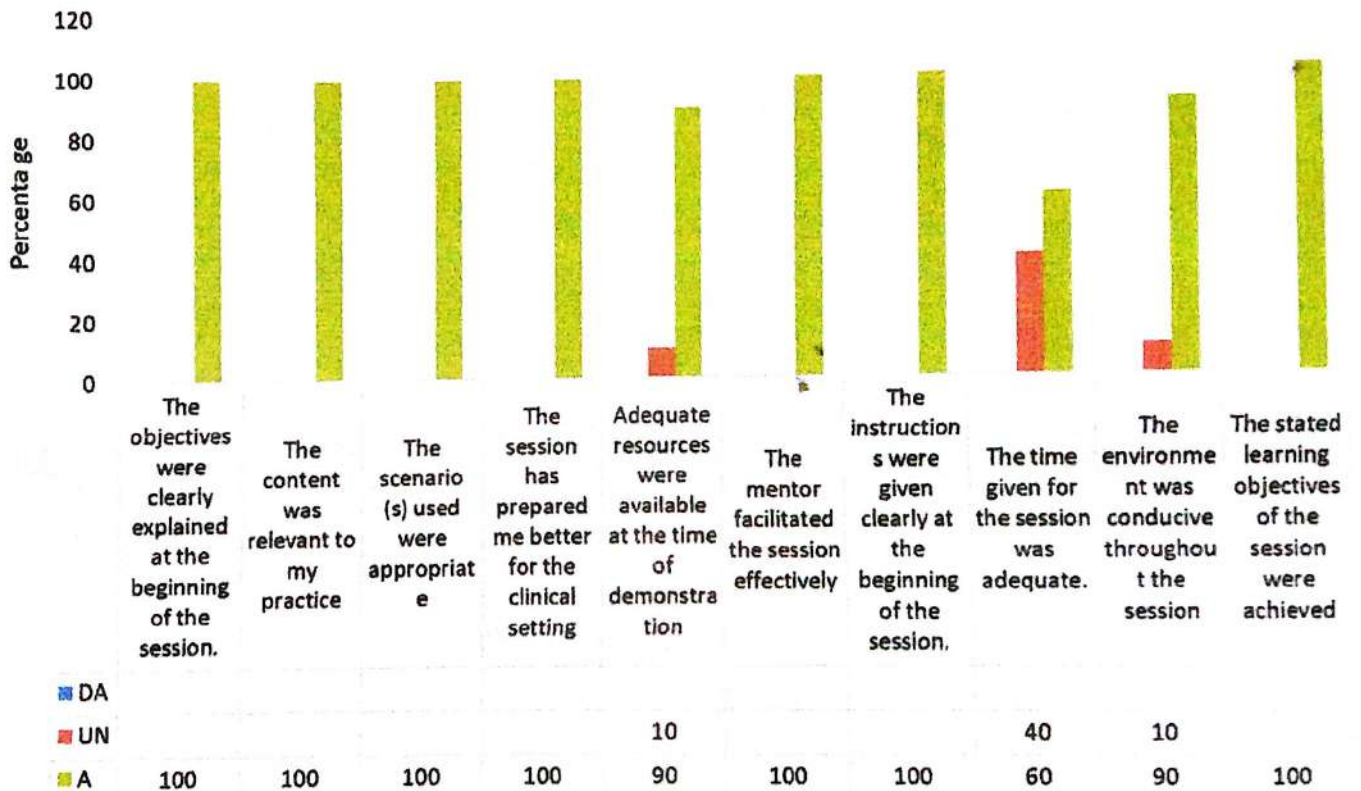




FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575 002

Department of Mental Health Nursing (2018-19)
Report on Mental Health Nursing Simulation

Feedback Form on Simulation session



Mrs. Sabeena.M.T.P
 Lecturer

Mr. Rajeeve Mathew
 Assist. Professor

Dr. Agnes EJ
 HOD

Sr. Jacintha D'Souza
 Principal





FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Mental Health Nursing (2018-19)

Health Education on Life Style Balance



The III year B.Sc Nursing & II year PBBSc Nursing students of Father Muller College of Nursing conducted a health education on 'Life Style balance' for mentally ill patients and caregivers in General Psychiatry ward, Father Muller Mental Health Centre, on 23.05.19 under the guidance of Mrs Joyce Fernandes and Mrs Sabeena MTP. The programme began at around 2.30 pm with a prayer song and later students performed a role play on the topic "How life style imbalance can affect the daily living and mental health and after that they explained elaborately about various aspects on life style modifications. All the patients and caregivers participated actively and gave a positive feedback. The total beneficiaries were 120 patients and caregivers. The total number of students involved in providing health education was 62



Signature of the programme co ordinator :

Signature of the HOD
Prof. Agnes E J

Signature of the Principal
Sr. Jacintha D'Souza





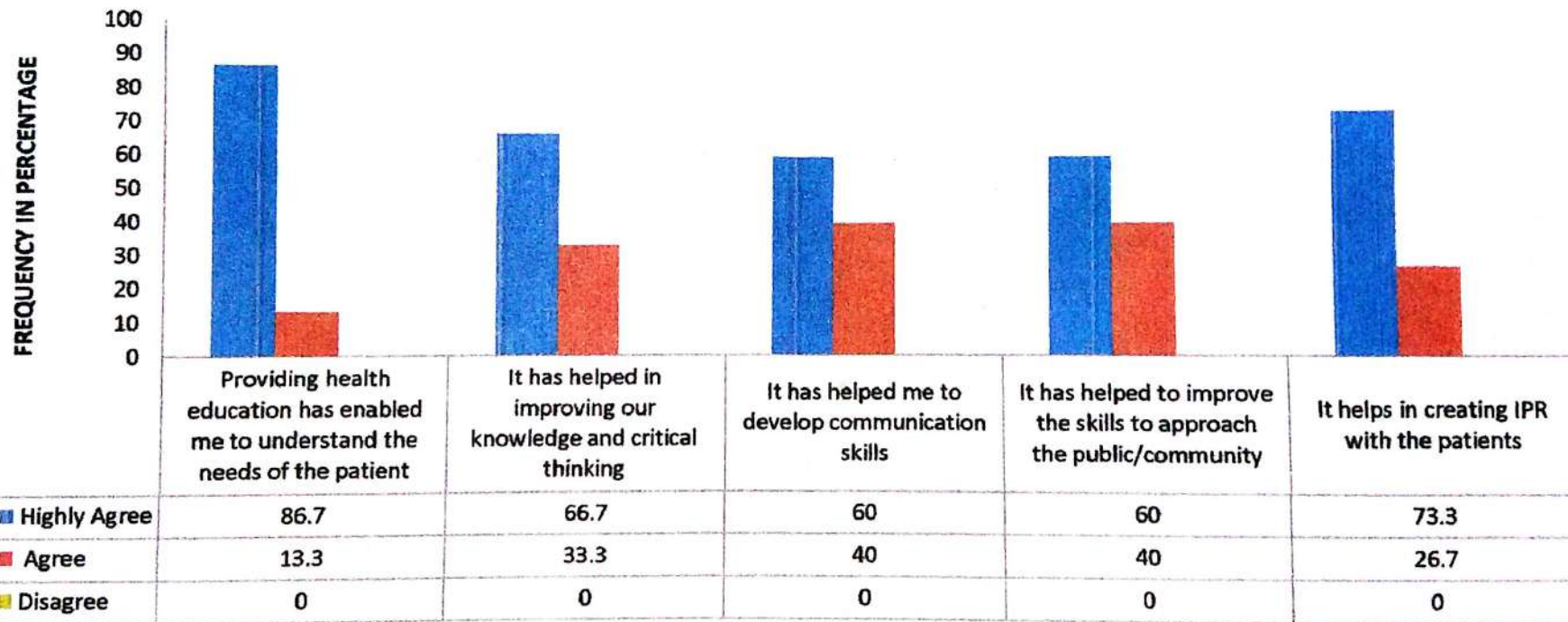
FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)

Kankanady, Mangalore-575002

Department of Mental Health Nursing (2018-19)
III YEAR B.Sc(N) / II YEAR P.B.B.Sc(N)

N = 15

FEEDBACK ON HEALTH EDUCATION (GROUP) AS A TEACHING METHOD



Mrs. Joyce Fernandes
Lecturer

Dr. Agnes EJ
HOD

30/5/2019.



Rev Sr Jacintha Dsouza
Principal

FATHER MULLER COLLEGE OF NURSING

DEPARTMENT OF MENTAL HEALTH NURSING (2018-19)

REPORT ON QUIZ COMPETITION

As a part of Mental Health Nursing curriculum, a quiz competition was conducted on 13.02.2019 for III Year BSc (N) students on the topic "Schizophrenia" in Lecture hall 3 at 2.30pm. Mrs. Lavina Rodrigues and Mrs. Joyce Fernandes, Lecturers, Department of Mental Health Nursing conducted the event. The students were divided into four groups and from each group 8 students were selected by the lottery method. The students were assigned to Group A, B, C and D. Teachers briefed the rules and regulations of the competition to the students. The quiz had total four rounds which includes general assessment round, applied question round, glossary identification and Rapid fire round. The first prize was won by Group B and the second prize was won by Group C. The event was concluded with distribution of prizes to the winners. All the students participated actively and gave positive feedback about the activity.




Lavina Rodrigues
Lecturer




Dr. Agnes EJ
HOD
14/2/19



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Kankanady, Mangalore-575002

DEPARTMENT OF MENTAL HEALTH NURSING (2018-19)

REPORT ON PANEL DISCUSSION

The Department of Mental Health Nursing along with students of II P.BBSc Nursing and II M.Sc(N) [MHN specialty] organized a 'Panel Discussion-Ethical and Legal Issues in Mental Health' on



19.07.2019 at 10.30 am in Lecture hall 3. The moderator was Sr Anthonamma II year MSc(N) student and the panelist were Sr Vanitha, Ms.Ngawang Ms Wilma Ms Sujatha, Mr Shreekanth and Mr Santhosh (II year PBBSc(N) students).The panel discussion was coordinated by Mrs Joyce Fernandes Subject Co-ordinator of Mental Health Nursing, Mrs Binsha Papachan and Mrs. Laveena Rodrigues,Lecturer evaluated the

panel discussion and gave a constructive feedback to the students ,Mr Shajan Xavier,Asst Professor Mrs Daina Cutinho,Lecturer and Mrs Sabeena MTP Lecturer faculty members of Mental health nursing department were present..The II year PBBSc (N) students (29) and II year M.Sc(N) student actively participated in the discussion.



Mrs. Joyce Fernandes
Subject Coordinator



Dr. Agnes EJ
HOD

20/7/19

Rev Sr Jacintha Dsouza
Principal



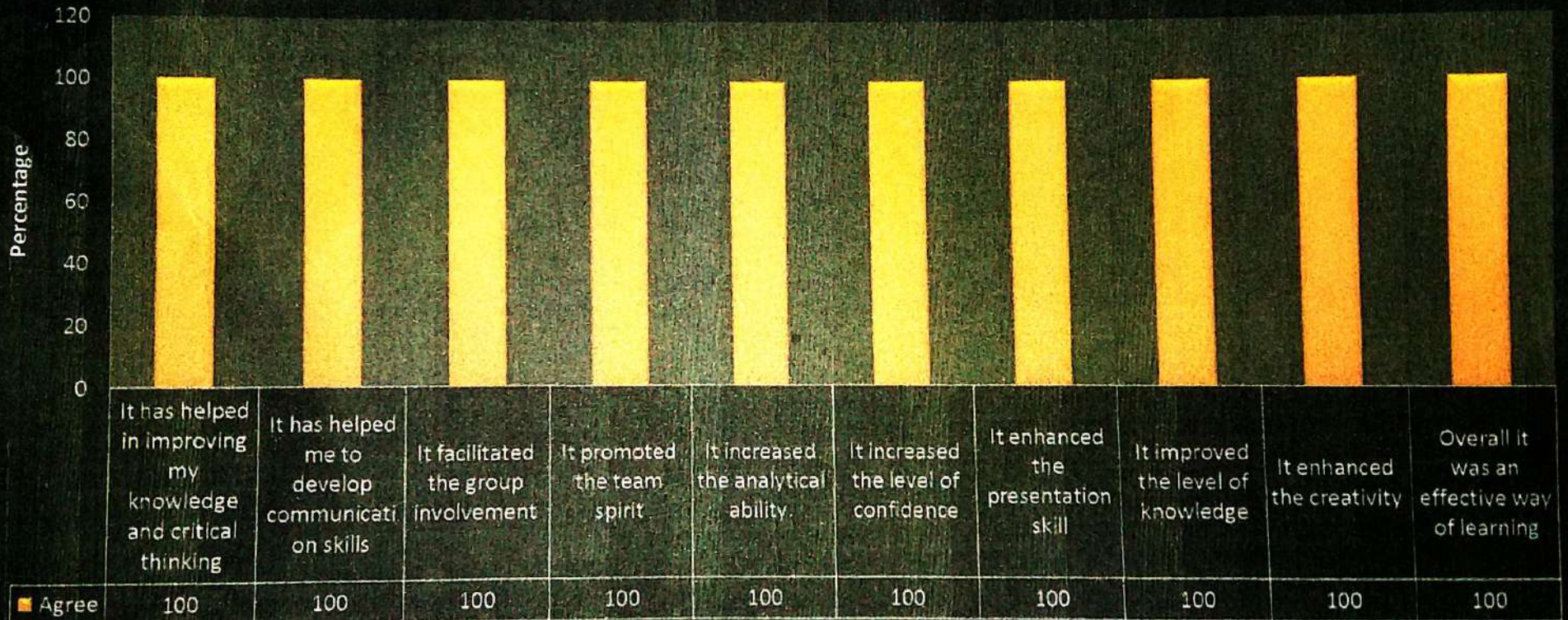
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(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

Department of Mental Health Nursing

II year PBBSc (N)

N = 10

Student Feedback on Panel Discussion



Joyce Fernandes
Mrs. Joyce Fernandes
Lecturer

Dr. Agnes EJ
Dr. Agnes EJ
HOD
 20/7/19




Jacintha Dsouza
Rev Sr Jacintha Dsouza
Principal

FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF COMMUNITY HEALTH NURSING


A REPORT ON STREET PLAY PROGRAMME

As a part of extension activity, the department of community health nursing along with IV year B.Sc Nursing students conducted a Street play programme on 28th March 2019 at Primary Health Centre Surathkal. The topic for the programme was Public awareness on Tuberculosis. This programme was done as a part of World Tuberculosis Day, which is celebrated on 24th March 2019. There was a good cooperation from the public as well as primary health centre staff throughout the programme.




Signature of the
Subject co ordinator


Signature of the HOD


Signature of the Principal



FATHER MULLER COLLEGE OF NURSING

DEPARTMENT OF COMMUNITY HEALTH NURSING

REPORT ON NUTRITIONAL PREPARATION AND DEMONSTRATION PROGRAMME

The department of community health nursing along with 3rd and 6th group of 2nd year Post Basic B.Sc nursing students conducted a nutritional preparation and demonstration programme at the residence of Mr. Bhojgowda on 20th November 2018. This programme was initiated under the guidance of Mrs. Shiji P J Assistant Professor and Mrs. Deepika N C Lecturer, Department of community health nursing. Diabetic diet was prepared based on the need of the people. Students demonstrated preparation of Ragi Mudde, Fish Curry, Vegetable Soup, Tea, Milk, Wheat Dosa, Chatni, Steamed Green Grams and Ground Nuts, Chapati etc. There were total 20 beneficiaries for this programme. The students highlighted a moderate amount of cereals and pulses, a plenty of vegetables.

They were also asked to restrict the oily food stuff, fast food, roots and tubers. It was also instructed to avoid sweets, sugar and refined food stuffs. After preparation, the recipes were served to the participants and nutritive values of each item were discussed. The programme was concluded with a vote of thanks.



Signature of
Programme coordinator

Signature of HOD
Dept of CHN

Signature of principal





FATHER MULLER COLLEGE OF NURSING
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III BSC NURSING (2018-2019)
CHILD HEALTH NURSING – GROUP PRESENTATION REPORT

The students of III BSc Nursing were assigned various topics in the beginning of the academic year and group presentations of these topics were held from 18th March to 28th March 2019. The topics selected were mainly focused on the different aspects of child health. The students depicted role plays and group discussions in classroom. They appreciated all the groups' active involvement and presentation skills.



Saldanha
Subject Coordinator
Ms. Sandra Saldanha

Seema Chavan
HOD
Ms. Seema Chavan

Jacintha D'Souza
Principal
Sr. Jacintha D'Souza



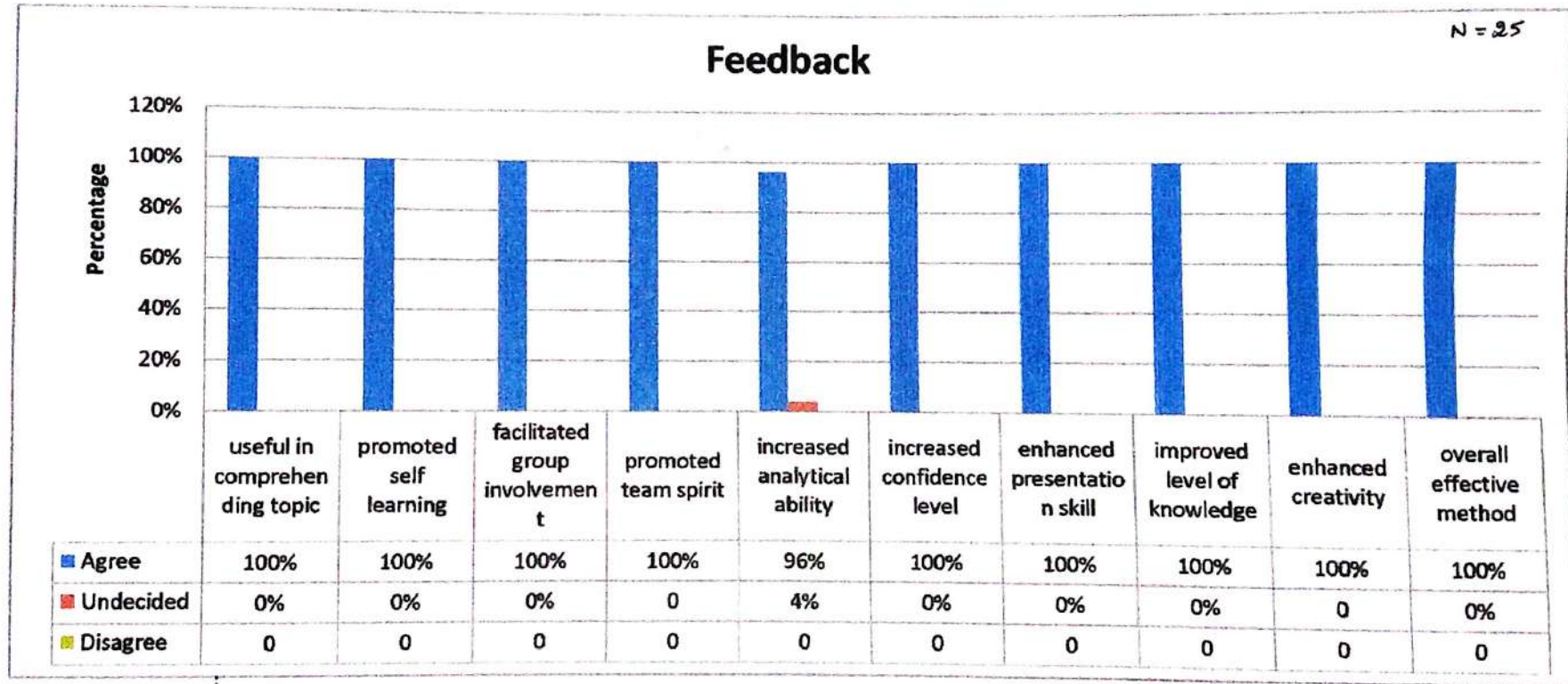


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DEPARTMENT OF CHILD HEALTH NURSING
FEEDBACK REPORT- GROUP PRESENTATIONS -2018-2019



Galdaha
Faculty Incharge

[Signature]
HOD, Child Health Nursing



[Signature]
Principal



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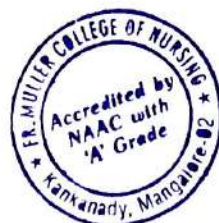
Department of Community Health Nursing 2018-19

Report on Panel Discussion

As a part of community Health Nursing theory requirement, 10 Students of IV Year B.Sc Nursing have conducted panel discussion on the topic “**Violence against Women**” on 19/08/2019 in IV Year B.Sc Nursing Classroom. Ms. Nijiya George has the moderator for the session. The aspects were discussed includes causes for violence, types of violence, Health consequences, Prevention and Acts related to prevent violence. The participants were 90 IV Year B.Sc Nursing Students. At the end of the session doubt were clarified. The evaluation of panel discussion was done by Mrs. Deepika N.C, Lecturer Dept of Community health nursing.




Subject Co-ordinator




Signature of HOD



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Department of Community Health Nursing 2018-19

Report on Class Presentation

As a part of community Health Nursing theory requirement, **Ms. Ashel Christal Pinto**, Student of IV Year B.Sc Nursing conducted the Class presentation on the topic **MTP Act** on 14.01.2019 in IV year B.Sc Nursing classroom. Ms. Ashel has explained about rules and regulations of termination and where and who can do the termination with the use of different types of Av aids, which includes Blackboard, Power point presentation and pamphlets. The beneficiaries were 99 IV Year B.Sc Nursing Students. At the end of the session, questions were asked and clarification was done. The evaluation was done by **Mrs. Deepika N.C**, Lecturer dept of Community health nursing.

Subject Coordinator

Signature of HOD





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DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2018-19)

Ms Mariya John, of 2nd BSc Nursing conducted seminar on the topic “Chikungunya” on 12th March 2019 from 2.30pm to 3.30pm , which is a part of their teaching learning sessions at Lecture hall 4.

Ms Hezil Asha evaluated the seminar of the students.

SIGNATURE OF THE
SUBJECT CORDINATOR

SIGNATURE OF THE
HEAD OF THE DEPARTMENT





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DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2018-19)

Ms Christy Raju, Ms Christina, Ms Clarissa and Mr Dauphinroi Dkhar of 2nd BSc Nursing conducted seminar on the topic “Diarhoea” on 7th March 2019 & 28th January 2019 from 1.30pm to 2.30pm , which is a part of their teaching learning sessions at Lecture hall 4.

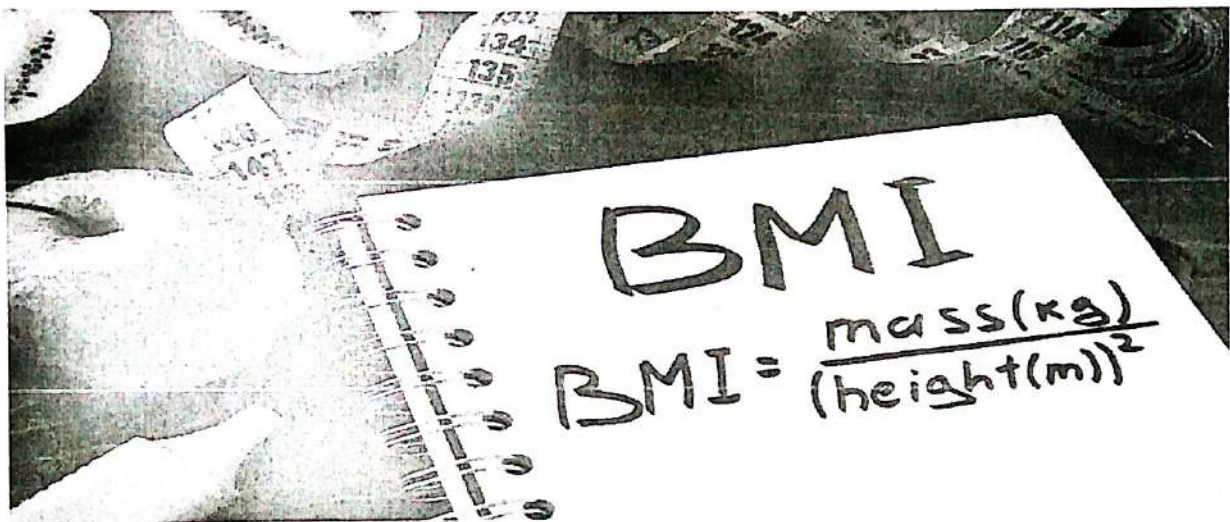
Ms Shiji PJ evaluated the seminar of the students.

SIGNATURE OF THE
SUBJECT CORDINATOR

SIGNATURE OF THE
HEAD OF THE DEPARTMENT



A PROJECT ON
NUTRITIONAL
ASSESSMENT OF
GENERAL PUBLIC



SUBMITTED TO :

MRS. VIOLA D'SOUZA

ASST. LECTURER

NURSING FOUNDATION DEPARTMENT

FMCON

SUBMITTED BY:

AIRIN K.M

AISWARIA ROY

AMIRITHA ALEY THOMAS

BIMIJA BIJU

SUBMITTED ON: 27-08-2019

REMARK:

SIGNATURE:

Qouya
28/08/19



TABLE NO.1

SL.NO	SAMPLE NO	WEIGHT (kg)	HEIGHT (cm)	BMI (kg/m ²)	INFERENCE
1	Sample no:1	41	153	17.51	Underweight
2	Sample no:2	55	146	25.80	Overweight
3	Sample no:3	62	159	24.52	Normal
4	Sample no:4	78	168	27.63	Overweight
5	Sample no:5	48	150	21.33	Normal
6	Sample no:6	50	131	29.1	Overweight
7	Sample no:7	64	176	20.1	Normal
8	Sample no:8	58	162	22.1	Normal
9	Sample no:9	54	193	14.5	Underweight
10	Sample no:10	59	167	21.2	Normal
11	Sample no:11	54	164	22.1	Normal
12	Sample no:12	62	160	24.21	Normal
13	Sample no:13	55	156	22.63	Normal
14	Sample no:14	62	160	24.21	Normal
15	Sample no:15	80	152	35.5	Obese
16	Sample no:16	53	154	22.32	Normal
17	Sample no:17	68	182	20.5	Normal
18	Sample no:18	55	145	26.2	Overweight
19	Sample no:19	70	168	24.8	Normal
20	Sample no:20	57	162	21.7	Normal

TABLE NO.2

	FREQUENCY	PERCENTAGE
NORMAL WEIGHT	13	60
UNDER WEIGHT	2	10
OVERWEIGHT	5	25
OBESE	1	5
TOTAL	20	100

FIGURE NO.1

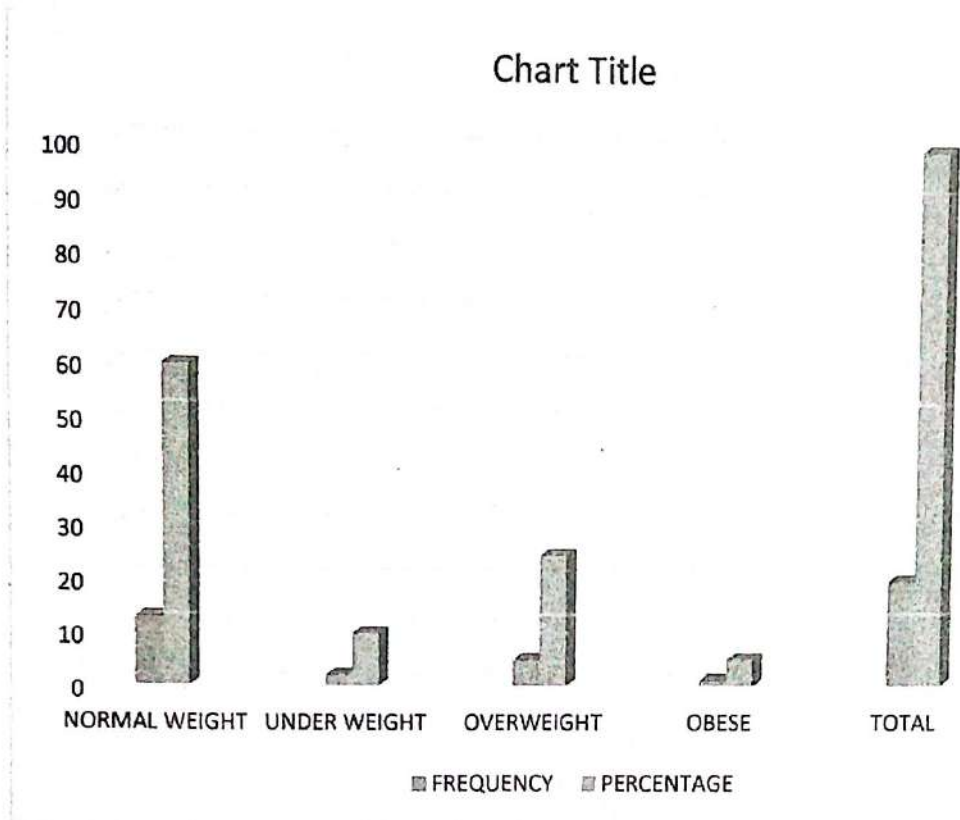


CHART SHOWING THE RANGE OF NORMAL WEIGHT, UNDERWEIGHT, OVERWEIGHT AND OBESE

CONCLUSION

We the students of 1st year Bsc (n) of FMCON conducted a project on nutritional assessment of general public and we found that 60% are of normal weight, 10% are of underweight, 25% are of overweight and 5% are obese. Assessment of nutritional status aids in assessing the prevalence of nutritional disorders, planning corrective measures, and simultaneously evaluating the effectiveness of the implemented strategies.

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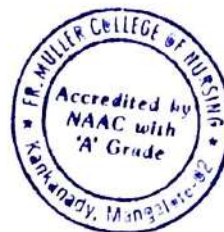
Department of Medical surgical nursing (2015-16)

HEALTH EDUCATION REPORT ON MALARIA

The department of Medical Surgical Nursing along with students of II year BSc Nursing Conducted a Group Health education on the topic "MALRIA" on 27-04-2016 at 2.30pm in "Q - Ward" at Father Muller Medical college Hospital, under the Guidance of Mrs. Preethi Fernandes, Asst Professor, Father Muller college of Nursing. The Programme commenced at 2:30pm with the introduction of the topic to the group followed by its etiology, clinical features, diagnostic measures, treatment, management and prevention of Malaria. Around 25 beneficiaries were present for the session. Patients and their family members clarified the doubts. The program concluded at 3:30pm




Subject Coordinator




HOD


FATHER MULLER COLLEGE OF NURSING

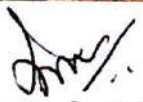
DEPARTMENT OF COMMUNITY HEALTH NURSING

REPORT ON GROUP HEALTH EDUCATION AND NUTRITION - PREPARATION AND DEMONSTRATION PROGRAMME

The department of Community Health Nursing along with the students of 4th year B.Sc Nursing organized a group health education on the topic "Diabetes Mellitus" and displayed "Diabetic diet" for the group of family members of Saffer Cottage, 7th Block, Krishnapura, Surathkal. It was organized on 9th January, 2019. There were 18 beneficiaries for this programme. Mrs. Priya S Pereira, Lecturer, Dept. of Community Health Nursing coordinated this Educational event.




Signature of
Programme coordinator


Signature of HOD
Dept of CHN


Signature of principal



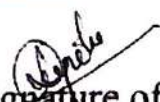
FATHER MULLER COLLEGE OF NURSING


DEPARTMENT OF COMMUNITY HEALTH NURSING

A REPORT ON STREET PLAY PROGRAMME

As a part of extension activity, the department of community health nursing along with IV year B.Sc Nursing students conducted a Street play programme on 11th Dec 2018 at Surathkal Bus stand. The topic for the programme was Public awareness on HIV/AIDS. This programme was done as a part of World Aids Day celebrated on 1st Dec 2018. There was a good cooperation from the public throughout the programme.




Signature of the
Subject co ordinator


Signature of the HOD


Signature of the Principal



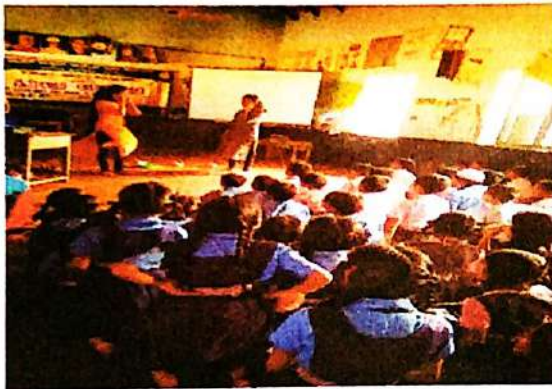
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Department of Community Health Nursing

Report on Health Awareness Programme

Topic: “Personal and Environmental Hygiene”

The Department of Community Health Nursing along with students of 2nd year BSc Nursing, conducted a Mass Health Education Programme on the topic “Personal and Environmental Hygiene” on 06/02/2019 at Dakshina Kannada Zilla Panchayat Government Higher Primary School, 7th Block, Katipalla, Surathkal. The programme commenced at 10 am with a prayer song and then the informational skit on the topic followed by health education. Hand washing steps was taught to the students with the help of action dance. The programme was evaluated by conducting a short quiz to the group. There were 60 students and 5 school teachers for the programme.



Signature of the
Subject Coordinator



Signature of the
HOD



Signature of the
Principal

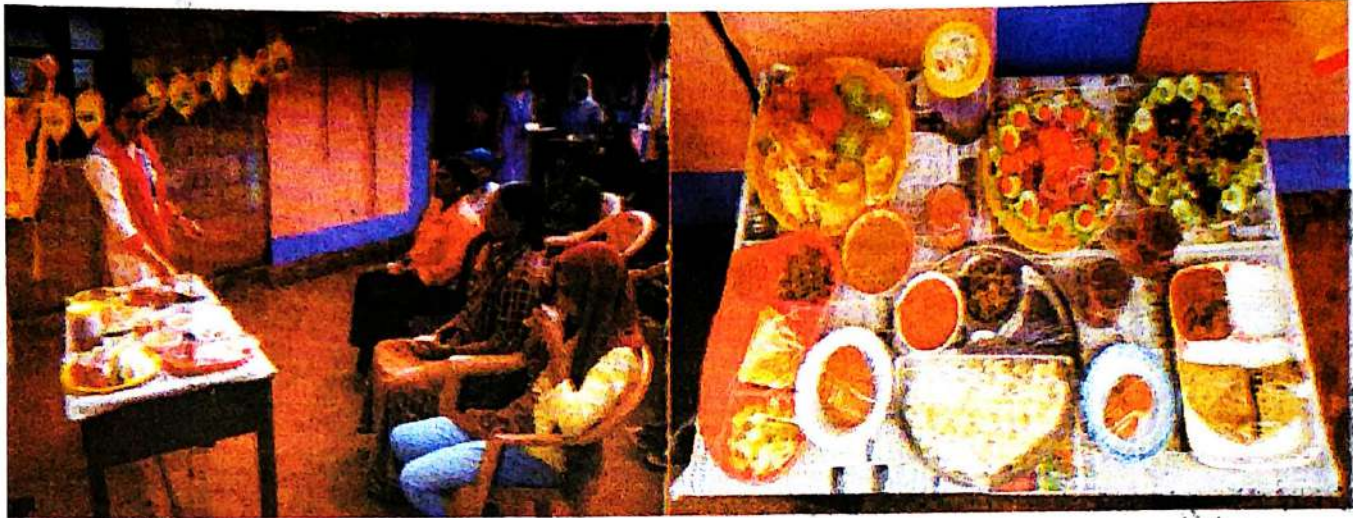


FATHER MULLER COLLEGE OF NURSING

DEPARTMENT OF COMMUNITY HEALTH NURSING

Healthy Eating for Hypertension- A Diet Demonstration

a part of extension activity the Department of Community Health Nursing along with IInd year PNBBSc Nursing students, conducted a nutrition demonstration program at Janatha Colony on 26th November 2018. This program was initiated under the guidance of Mrs. Priya S. Pereira, Lecturer and Mrs. Hezil Asha Sequeira, Lecturer, Community Health Nursing. The diet was prepared based on the requirement for a hypertensive client.



students highlighted the importance of dietary approach to stop hypertension. It was suggested to restrict salt consumption and to avoid fast foods. The program was concluded with a word of thanks.

A. Soares
Program Coordinator


26/11/18
HOD


Principal





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Kankanady, Mangalore-575002

DEPARTMENT OF NURSING FOUNDATION

A debate was conducted by the 1st BSc Nursing students on 26th June 2019 on the topic **Euthanasia** in the class room. Rev Sr. Deepa Peter HOD took the initiative to organize it. Ms Mary was the moderator. Four of them spoke representing Pro Euthanasia and Con Euthanasia respectively. The debate started at 1.30 pm with the moderator's introduction and the topic presentation, following both team spoke about their points and counter points. Team members participated actively. Moderator concluded the debate pointing out the relevant and significant ideas brought out by the team. 1st year BSc Nursing students benefited by the programme. Sr. Deepa officially concluded the debate by congratulating the participants and the class at 2.30pm



Sr. Deepa
Coordinator



Sr. Nancy
for HOD



FATHER MULLER COLLEGE OF NURSING
(A Unit of Father Muller Charitable Institutions)
Kankanady, Mangalore-575002

DEPARTMENT OF NURSING FOUNDATION- (2018-19)

Report on Group Health Education on Balanced Diet for Adults

As a part of Nursing Foundation practical requirement, a group health education on 'Balanced diet for adults' was organized by I Year BSc Nursing (Group A & H) on 24.06.2019 at 'S' ward at 2.30pm under the guidance of Mrs. Lavina Rodrigues, Lecturer. Sr. Deepa Peter, HOD, Department of Nursing Foundation was present. The programme was started with a prayer song by the students. A role play was conducted based on the theme followed by the health education on Balanced diet such as carbohydrates, protein, fat, vitamins, minerals and their deficiency diseases. At the end, students explained the need of healthy food preparation by demonstrating hand washing technique for all the participants. Total 28 patients and their caregivers actively participated throughout the programme.



Mrs. Lavina Rodrigues
Programme coordinator
Date: 26.06.2019

Sr Deepa Peter
HOD



Rev Sr Jaemtha Dsouza
Principal



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NAAC 'A' Grade

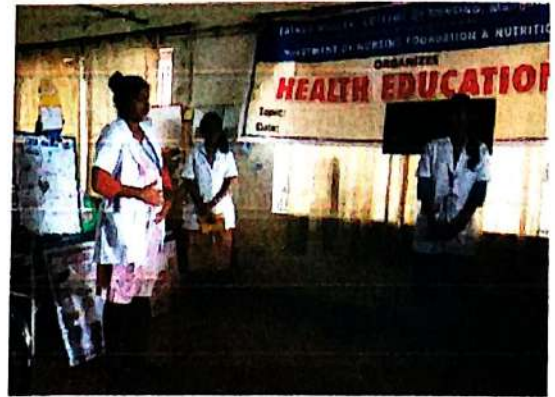
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DEPARTMENT OF NURSING FOUNDATION

FIRST YEAR B.Sc NURSING (2018-19)

Report on Group Health Education on Balanced Diet During Pregnancy

A group health education was organized by E and F group students of first year B.Sc Nursing on **Balanced Diet during Pregnancy** on 26/6/2019 in 'H' ward at 2.30 pm. The programme began with god's blessings. Ms Sonia welcomed the gathering and introduced the topic and then continued with role-play. Ms Thresia and Ms Akshaya explained the gathering regarding importance of



balanced diet during pregnancy. Ms Sowmya and Ms Rinku explained misconception of diet during pregnancy. Ms Sneha explained the menu and its nutritive uses to the group. Ms Aishwarya explained the impact of

nutrition on growing fetus. The group was entertained with action song and some games based on nutrition. The group was active and cleared their doubts on the topic. Adding to their answers, students imparted their knowledge on nutrition. About 17 women benefitted by the education



programme. Ms Sonia mastered over the ceremony and thanked the gathering, teachers and ward Incharge. Programme came to an end at 3.30 pm.


Programme coordinator




HOD


Principal



FATHER MULLER COLLEGE OF NURSING
NAAC 'A' Grade

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DEPARTMENT OF CHILD HEALTH NURSING
REPORT ON DRUG STUDY PRESENTATION
1ST YEAR PBBSc NURSING STUDENT (2018-2019)

1st year PBBSc nursing students during the clinical posting done the drug study presentation With different drugs and assigned faculty in charge evaluated the presentation by using the checklist.

Roll No	Name of the Student Present	DATE OF DRUG STUDY PRESENTATION							
		01/08/19	02/08/19	03/08/19	04/08/19	05/08/19	06/08/19	07/08/19	08/08/19
10	ANUSHKA								
11	ANUSHKA								
12	ANUSHKA								
13	ANUSHKA								
14	ANUSHKA								
Name and sign of the Presenter									
Name and sign of the Faculty									

1ST PBBSc (N) (2018 - 19) Drug Study Presentation (Clinical Batch - 1)

Roll No	Name of the Student Present	DATE OF DRUG STUDY PRESENTATION											
		01/08/19	02/08/19	03/08/19	04/08/19	05/08/19	06/08/19	07/08/19	08/08/19	09/08/19	10/08/19	11/08/19	12/08/19
15	ANUSHKA												
16	ANUSHKA												
17	ANUSHKA												
18	ANUSHKA												
19	ANUSHKA												
20	ANUSHKA												
21	ANUSHKA												
Name and sign of the student													
Name and sign of the faculty													

1ST PBBSc (N) (2018 - 19) Drug Study Presentation (Clinical Batch - 2)

Name of the Student Present	DATE OF DRUG STUDY PRESENTATION							
	01/08/19	02/08/19	03/08/19	04/08/19	05/08/19	06/08/19	07/08/19	08/08/19
A KOSHIA - O								
ASHA CHEJAYAN								
ASHA LUBO								
C MARY SETHIA (N)								
CHRISTA CEELE								
DAYANANDHIK								
DONA MATHILW								
Name of the Presenter	Anshu chejayan	Dayanandhi	Dona Mathew	Christina	Ashanka	Ashanka	Christa	Christa
Sign of the student								
Drug	Calcium gluconate	ambrosian succinate	vitamin k	vit-A	METACRONOL	PARANITRAL	ondanset	
Name of the faculty	WILMA S ALONSO	MANOJ S	MANOJ S	hij kumar	WILMA S ALONSO	Sandra	Praveen	
Sign of faculty								

Noronha
Subject coordinator

Date: 22-08-2019

HOD



Principal



FATHER MULLER COLLEGE OF NURSING
NAAC 'A' Grade

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DEPARTMENT OF CHILD HEALTH NURSING
REPORT ON GROWTH AND DEVELOPMENT DEMONSTRATION AND ASSESSMENT
1ST YEAR PBBSc NURSING STUDENT (2018-2019)

The faculty of Child Health Nursing Department demonstrated the growth and development assessment to the 1st year PBBSc nursing students during the clinical posting, for the different age group children.

The re-demonstration was done by the students by selecting the different age group children and the responsible faculty in charge evaluated the assessment by using the checklist.

Group 1: From: 7-01-2019 to 02-02-2019

Group 2: 01-04-2019 to 18-05-2019

Group 3: 31-05-2019 to 05-07-2019

Name of the Student	Faculty Responsible
HA BABY	Ms. Seema Chavan
YAMOL K BENNY	Ms. Wilma.S.Noronha
IYA VARGHESE	Mr. Manoj P.S
DEVASIA (SR)	Ms .Sandra Saldhana
IT D SOUZA	Ms. Priya Fernandes
Y (SR)	Ms. Benita
A	Ms. Wilma.S.Noronha

Name of the Student	Faculty Responsible
A KOSHA - O	Ms. Seema Chavan
ASHA CHERIYAN	Ms. Wilma.S.Noronha
DAYANANDH K	Mr. Manoj P.S
ASHA LOBO	Ms .Sandra Saldhana
C MARY SOPHIA (SR)	Ms. Priya Fernandes
CHRISTA CLEETUS	Ms. Benita
ASHA CHERIYAN	Ms. Priya Fernandes

Name of the Student	Faculty Responsible
DRISYA G NATH	Ms. Seema Chavan
JISHA VARGHESE K(SR)	Ms. Wilma.S.Noronha
JOSEPHINE MARNGAR	Mr. Manoj P.S
LALBIAKHLIRI(SR)	Ms .Sandra Saldhana
LITTY THOMAS(SR)	Ms. Priya Fernandes
LITTYMOL GEORGE (SR)	Ms. Benita
MARITA RESHAMA DSA	Ms. Seema Chavan



W. S. Noronha
Subject coordinator

Date: 20-8-2019

HOD

[Signature]
Principal





FATHER MULLER COLLEGE OF NURSING
NAAC 'A' Grade

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The staff and students of 1st year PBBSC Nursing organized Nutritional Day on 29th March 2019 in the Nutrition Lab of Father Muller College of Nursing. Competition on preparation of Nutritious diet was conducted to the group. Storage of food items, different methods of cooking and preservation of food related charts were displayed and various therapeutic diets were prepared displayed by the students. The therapeutic diet preparation included diet for post natal mother, renal diet and diet for an infant. Food rich in Vitamin A, Calcium, and Protein diet was also prepared. Information on methods of cooking, food preservation and storage of food item was also displayed.

The evaluators for the nutrition day programme were, Ms Precilla Dsilva Lecturer of OBG Department, Mrs Shwetha Rashmi, Lecturer of Medical Surgical Nursing Department, and Mrs Arokiya Benita, Lecturer department of Child Health Nursing. Sr Deepa Peter HOD Department of Nursing Foundation and Mrs Wilma S Noronha, the subject co-ordinator gave the feedback and also appreciated all the students for their group work and beautiful presentation. The Programme concluded at 3:30pm.



S. Deepa Peter
HOD

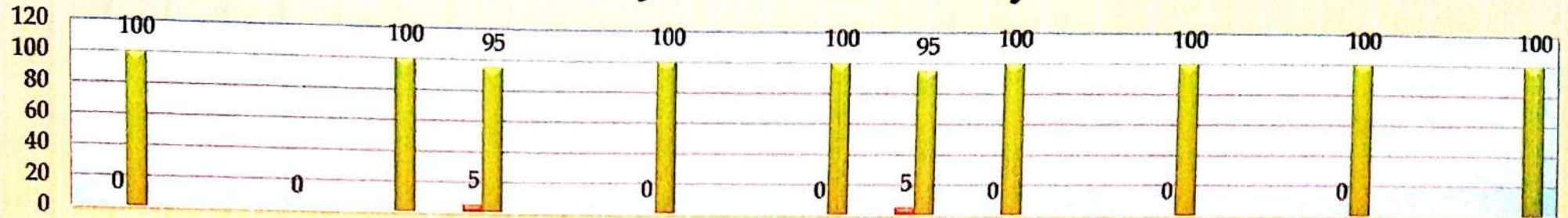
W. S. Noronha

PRINCIPAL

W. S. Noronha
Subject coordinator
Date:28-05-2018
Mangaluru



Father Muller College of Nursing IB Year PBBSc (N) Feed Back Analysis of Nutrition day 2018-2019



	Guidelines provided	Group allocation	Topic selected was appropriate	Sufficient time was provided to prepare the content	Assigned faculty was available to provide direction and guidance...	It facilitated every member to contribute new ideas	It encouraged team building	The objectives of the session were fulfilled	The activity was interesting and help in getting more knowledge	I would recommend this method for further learning
DA	0	0	0	0	0	0	0	0	0	0
UD	0	0	5	0	0	5	0	0	0	0
A	100	100	95	100	100	95	100	100	100	100

Subject Coordinator

Date: 14-05-2019

S. Dey
HOD



for *Chaheda*
Principal



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Nutrition and Dietetics

Ist PBBSc (N) 2018-2019

Report of Role Play on Fat Soluble Vitamins

The Department of Nursing Foundation had organized a innovative method of teaching and learning in the form of a role play for Ist year PBBSC Nursing Students (Batch 2018-2019).

Under the guidance of- Mrs. Wilma.S.Noronha, Assistant Professor, subject coordinator of nutrition and dietetics on 12th October 2018, lecture hall 1.

The role play was conducted with the view to improve self learning, the group who were given one week of preparation time. There were 19 participants who were randomly divided into 4 groups (group 1, 2, 3 and 4) by lottery method. The topics given for role play were as follows.

Group 1: Vitamin A, Group 2: Vitamin D,

Group 3: Vitamin E, Group 4: Vitamin K

The role play covered the Following aspects of vitamin ie, functions, sources, daily requirement, deficiency disorders and its management of above mentioned vitamins



W. Noronha
Subject coordinator

Date: 28-06-2019

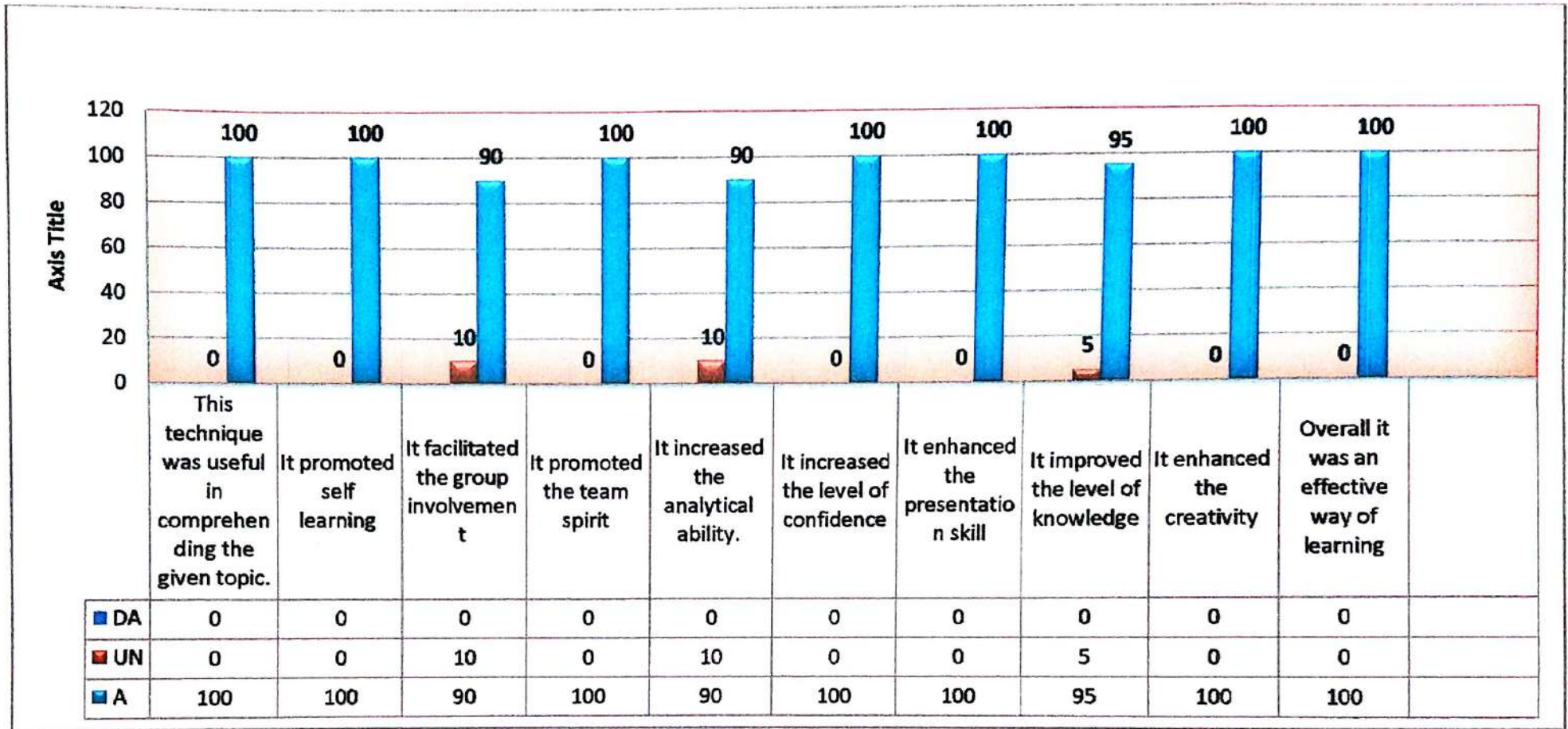
Mangaluru

H. D. P.
HOD

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PRINCIPAL



IST Year PBBSc (N) 2018-2019
Feedback analysis on role play



S. Noronha
Subject Coordinator

Date: 28-6-2019.

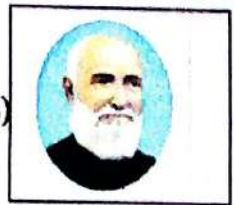
S. D. P.
HOD

S. J.
Principal





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Kankanady, Mangalore-575002
Department of Child Health Nursing
BIOETHICS



Report on Role Play on Case Scenarios - (2018-19)

The III B.Sc (N) students were assigned various case scenarios on the topic pediatric ethics in which students are asked to perform role play.

Group 1 (Roll no 1-25): ethical issues during CPR. Presented on 12TH March 2019

Group 2(Roll no 25-50):Transgender . Presented on 15th March2019

Group 3(Roll No 51-75): Abortion . Presented on 16th March 2019

Group 4(Roll no76-100): Right to refuse the treatment. Presented on 20th March 2019

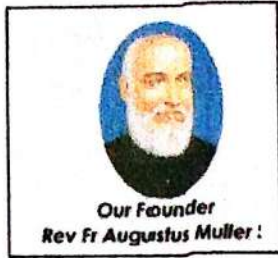


J. Noronky
Subject Coordinator

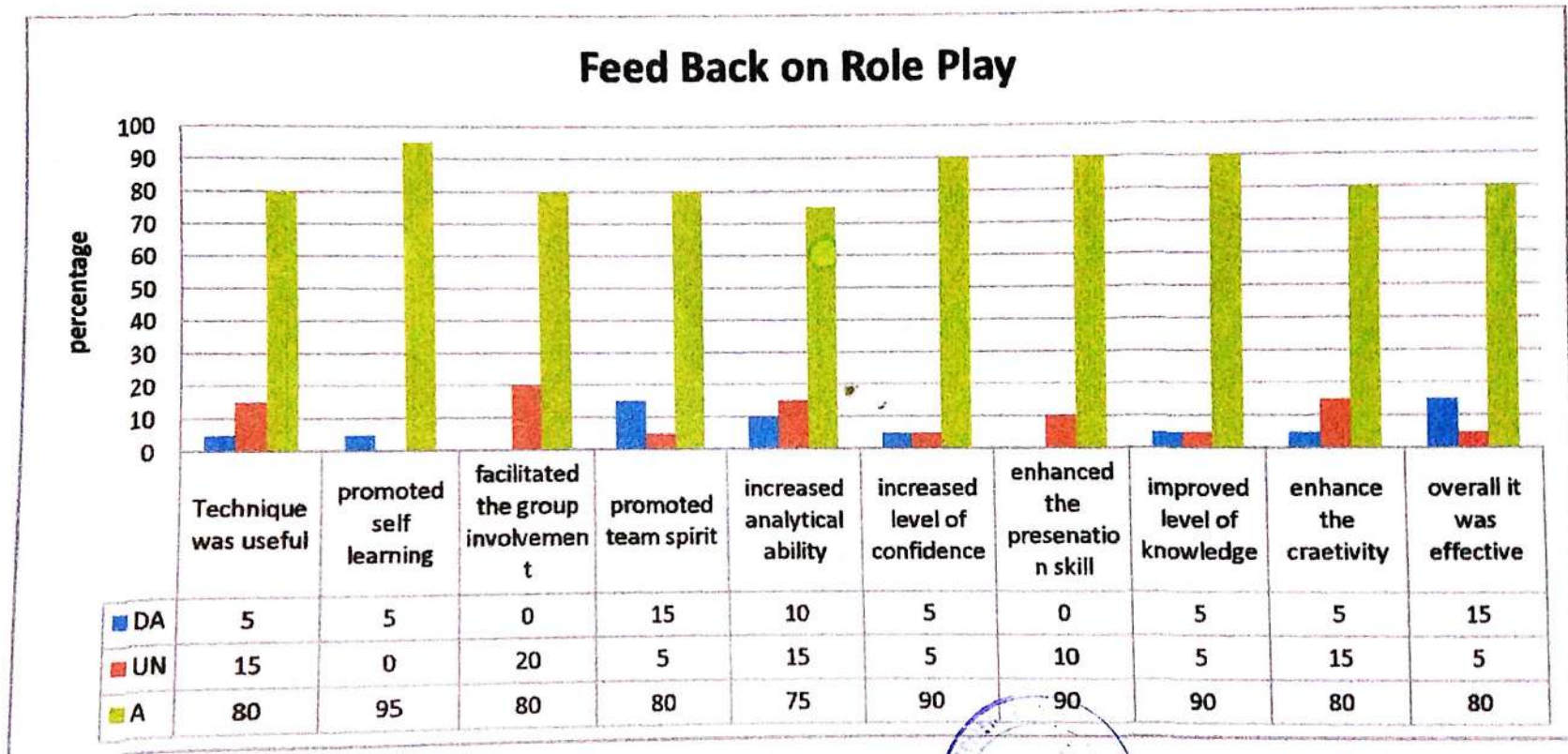
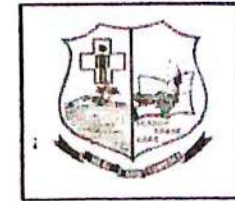
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H.O.D

[Signature]
Principal



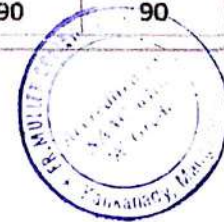


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Department of Child Health Nursing
III B.Sc (N)
Feed Back on Role Play



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Subject Coordinator

[Signature]
HOD



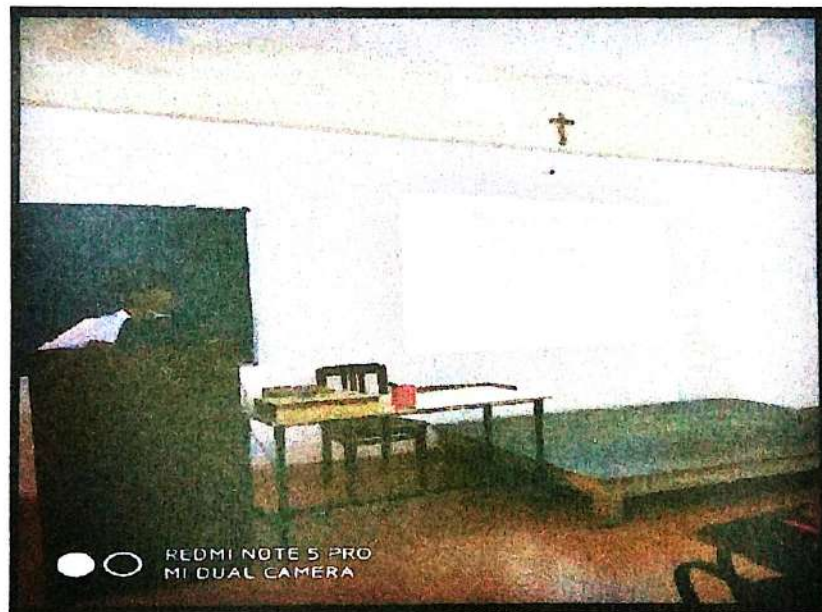
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DEPARTMENT OF OBG NURSING

I MSc NURSING –OBG SPECIALITY
REPORT ON JOURNAL PRESENTATION

The I MSc Nursing OBG speciality students organized a journal presentation on 27th August 2019. The students selected the journals on the areas of menopause and complementary methods of labour pain relief. They were guided by Mrs Shoba P Xavier, Subject coordinator.



Subject In-charge
Date

Shoba
6/9/19



Pravika
HOD *6/9/19*

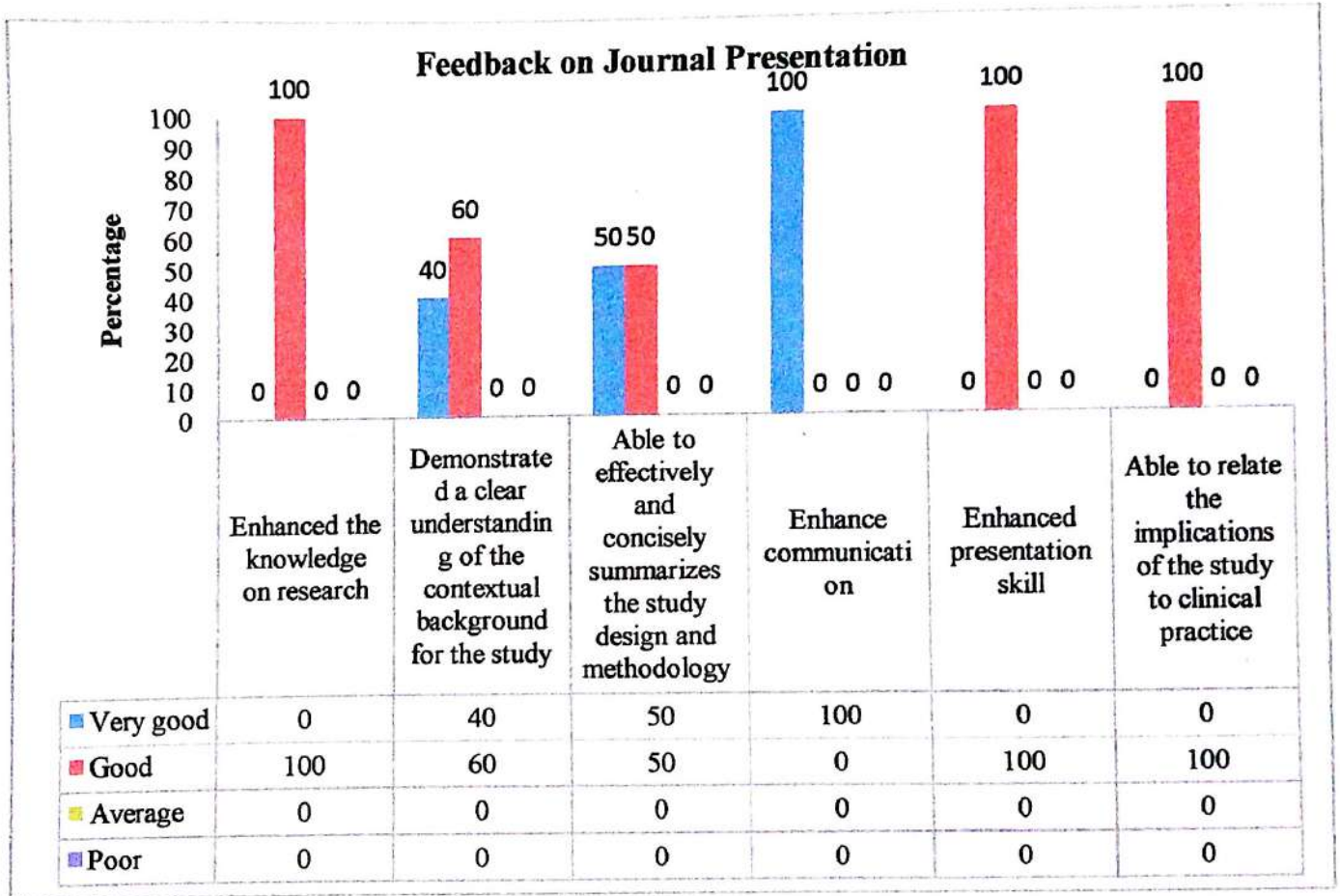


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 DEPARTMENT OF OBG NURSING

DEPARTMENT OF OBSTETRICS AND GYNECOLOGICAL NURSING

I MSc NURSING
STUDENT FEEDBACK ON JOURNAL PRESENTATION



Subject In-charge

Shoba
6/09/19



HOD

Pravir
6/9/19



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Department Of Obstetrics And Gynaecology

Report on Model Presentation

The students of 4th yr Bsc Nursing have prepared and presented the model on different types of fibroids of the uterus and abnormalities of the Placenta. Total 100 students were present during the presentation. Mrs Ramyashree S was present. The presentation held on 19/08/2019 in the 4th year class room. After the presentation 10min were given for the group discussion.



Mrs Ramyashree S
Signature of the Subject Coordinator

Date: 5/9/19



Mrs Pramila D'souza
Signature of the Head of the Department

Date: 5/9/19



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Department of Obstetrics & Gynaecological Nursing

First Year M.Sc Nursing 2018-19

Report on Group Discussion

On 31.07.2019 the 1st year M.Sc nursing students conducted a group discussion on drugs in Obstetrics in the OBG departmental library under the supervision of Mrs Joyce Dsouza. Students emphasised on Obstetric indication of the drugs & explained the nurses responsibilities associated with each drug.



Joyce
02/08/19
Mrs Joyce Dsouza
Lecturer



Prāmila
Mrs Prāmila Dsouza
HOD



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Department Of Obstetrics And Gynaecology
Report on Pannel discussion

The 4th yr students of 2018-19 Batch conducted a pannel discussion on the following topics On 16/07/2019 and 17/07/2019 at 1.30-4.30 pm in the RajathBhavan

Sl no	Topics	Roll No	Evaluators
1	Analegesia and analgesics	1-25	Mrs Anusha Pinto Ms Henita
2	Antehypertensive drugs	26-50	Mrs Reena Frank Mrs Ramyashree
3	Oxytocin and maternal drugs intake during Brestfeeding and its hazards	51-75	Mrs Pramila D'souza Ms Precilla Disilva
4	Tocolytics in obstetrics and gynaecology	76-100	Mrs Pramila D'souza Ms Precilla Disilva



At the end of the discussion the forum was kept open to the audience to clear their doubts. Feedback from the students is collected ,compiled and analysed.Over all the feedback was good

Mrs Ramyashree S
Signature of the Subject Coordinator

Date: 5/09/19



Mrs Pramila D'souza
Signature of the Head of the Department\

Date: 5/9/19-



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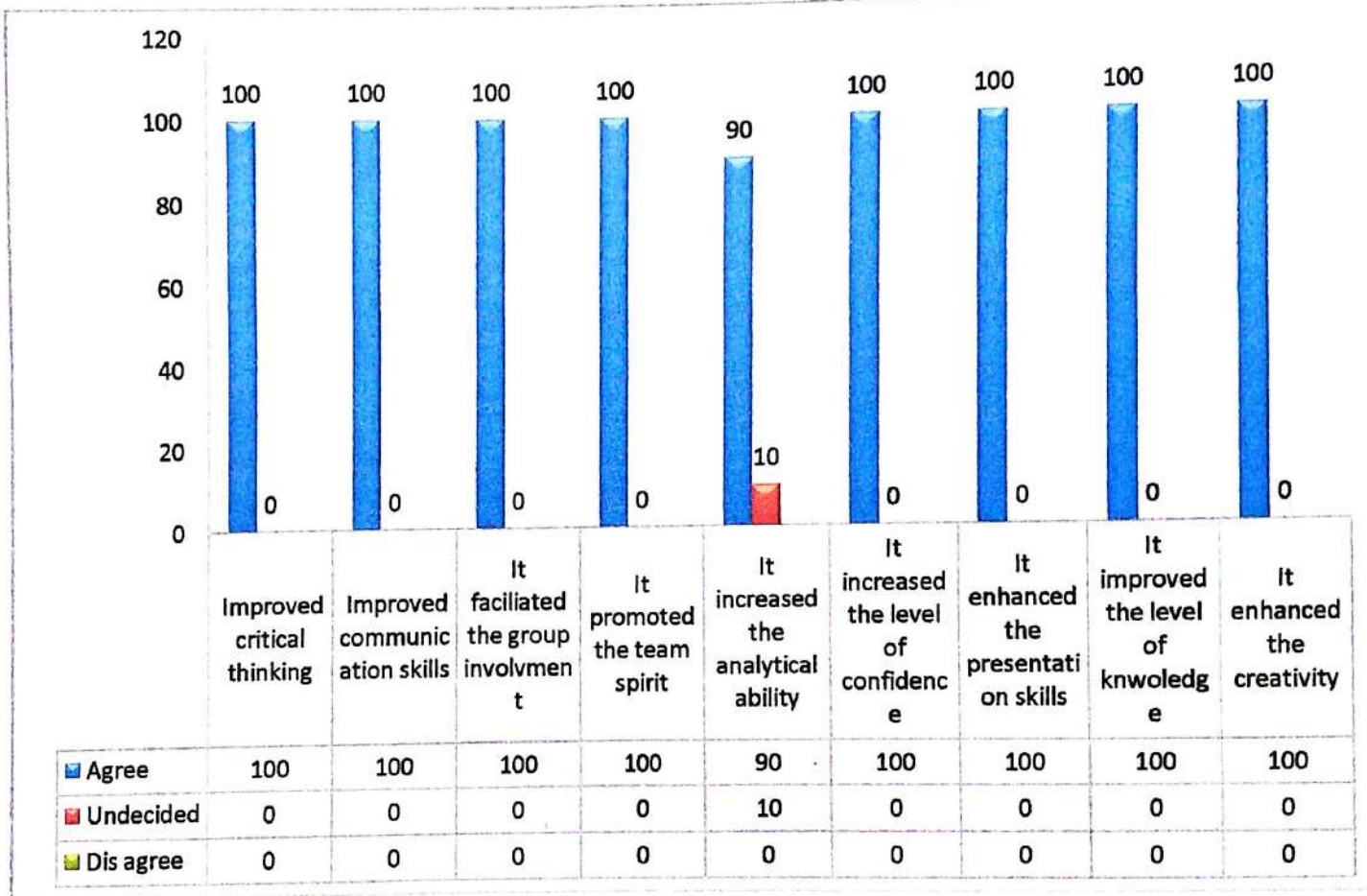
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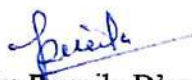
Department Of Obstetrics And Gynaecology

Feedback Analysis of Panel Discussion




 Mrs Ramyashree S
 Signature of the Subject Coordinator
 Date 5/09/19





 Mrs Pramila D'souza
 Signature of the Head of the Department
 Date 5/9/19


FATHER MULLER COLLEGE OF NURSING
DEPARTMENT OF OBSTETRICS and GYNECOLOGICAL NURSING
REPORT ON THINK, PAIR AND SHARE



Think-Pair-Share (TPS) is a collaborative learning strategy where students work together to solve a problem or answer a question about an assigned reading. Keeping in view of this on 13.10.2018 at 9.0 AM this method was adopted for the 1st year Post Basic BSc nursing learners on the topic ADOPTION . Total of 19 learners actively participated in this method. Session is ended by receiving the feedback from the learners.

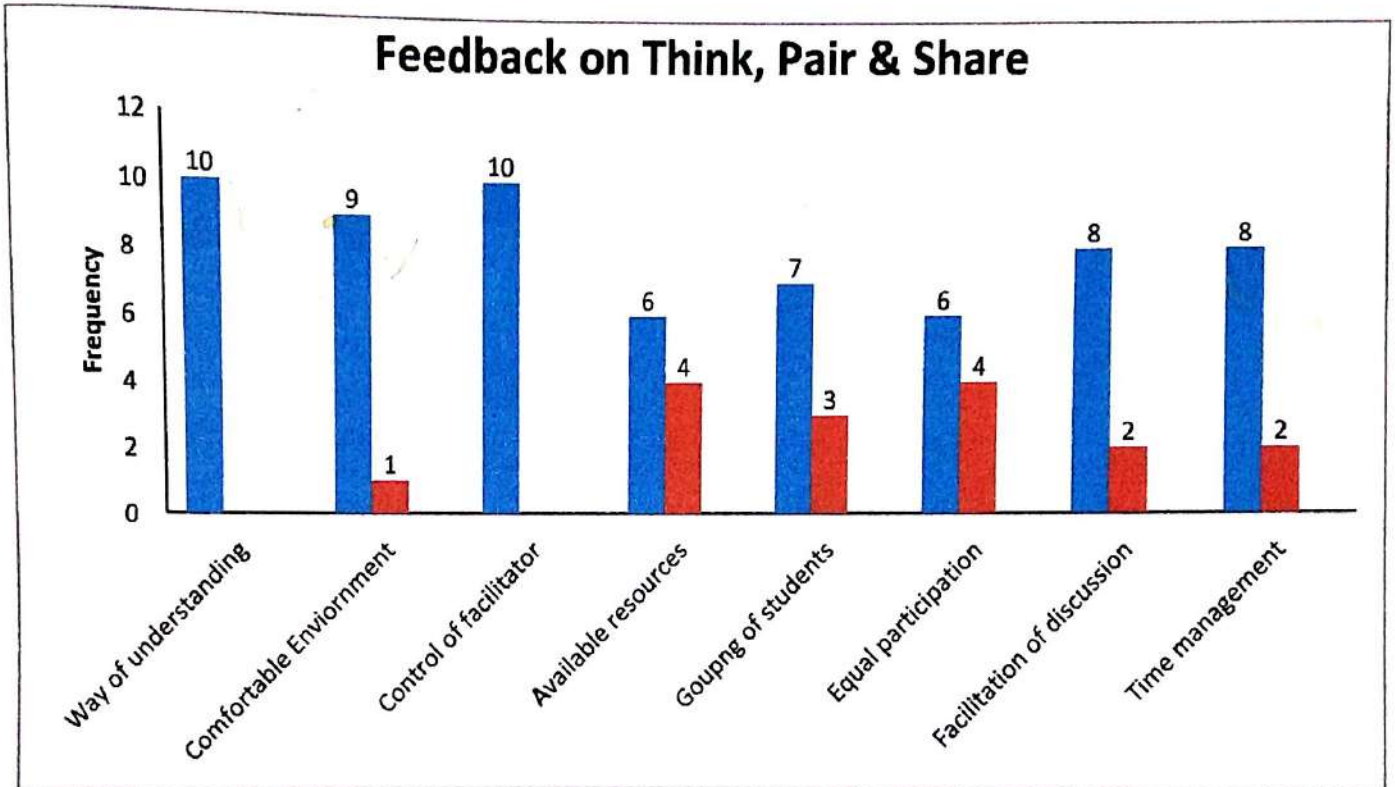

Ms Precilla D'Silva
Lecturer




Mrs Pramila D'Souza
HOD, OBG Nsg.

19.10.2018

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DEPATMETN OF OBSTETRICS AND GYNECOLOGICAL NURSING
FEEDBACK ON TEACHING METHOD: THINK, PAIR AND SHARE



Suggestions:

- Good teaching method
- Easy to understand
- Gives more attention
- Each individual student should get a chance to explain at least one point
- Reading material should be supplied in the class room

Precilla
Ms Precilla D'Silva

Lecturer

19.10.2018

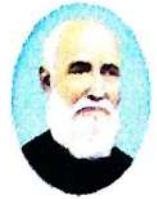


Pramila
22/11/18
Mrs Pramila D'Souza

HOD



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Kankanady, Mangalore-575002



DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON GROUP PRESENTATION (2018-19)

The students 2nd PBBS Nursing conducted group presentation on various topics from 25th October 2018 to 10th November 2018 as a part of their teaching learning sessions at Lecture hall 3. There were 7 groups for panel discussion.

Following are the topics and the presented dates of group presentation

SL.NO	TOPIC	GROUP NO/NAME	DATE OF PRESENTATION
1	Water purification	1-4(Rose)	25/10/2018
2	Health and welfare agencies	5-8 (Tulip)	26/10/2018
3	National Vector born control programme	9-13 (Jasmine)	27/10/2018
4	Sewage disposal	14-16 (Orchid)	03/11/2018
5	Non communicable disease control programme	17-20(Hibiscus)	05/11/2018
6	Family health nursing process	21-25(Lotus)	09/11/2018
7	Health team concept & Job responsibilities	26-29(Marigold)	10/11/2018

Ms Sonia Karen Liz Sequera evaluated the group presentation


SIGNATURE OF THE
SUBJECT CORDINATOR




SIGNATURE OF THE
HEAD OF THE DEPARTMENT



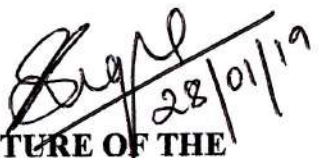
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DEPARTMENT OF COMMUNITY HEALTH NURSING
REPORT ON SEMINAR (2018-19)

Mr Anil MC & Ms Priya of 2nd PBBSc Nursing conducted seminar on the topic National Leprosy control Programme & National anti malarial programme respectively on 14th January 2019 & 28th January 2019 from 1.30pm to 2.30pm & 8.30 am to 9.30am, which is a part of their teaching learning sessions at Lecture hall 3.

Ms Sonia Karen Liz Sequera evaluated the seminar of the students.


SIGNATURE OF THE
SUBJECT CORDINATOR




SIGNATURE OF THE
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Department of Medical surgical nursing (2018-19)

RADIO PROGRAM REPORT ON AWARENESS OF CANCER

The department of Medical Surgical Nursing, Father Muller College of Nursing conducted a Radio programme on 06-02-19, at 107.8. FM Radio Sarang station St. Aloysius College, Mangaluru as an extension activity on Awareness of cancer, by the I year P.B.BSc Nursing students Mr.Dayananda.K, Ms.Asha Lobo, Ms.Marita Reshma D'sa, Ms.Violet and Ms.Sneha Kumari and it will be broadcasted on 11-02-19 at 8.15 am and 1.45pm.



Subject Coordinator



Ashwini
HOD



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Department of Medical Surgical Nursing

Radio Program on Bronchial Asthma

The Department of Medical Surgical Nursing Conducted a Radio programme on 16-05-19 as an extension activity on the Observation of Bronchial Asthma Day by the II year BSc. Nursing students Ms Apoorva, Ms Deekshitha, Ms Candice , Ms Flona, Ms Delma and Ms Christeena at 107.8. FM Radio Sarang station St. Aloysius College, Mangalore and it was broadcasted on 18-05-19 at 7.45am, 1.45pm and 5.35 pm.



for [Signature]
2015/19
Subject Coordinator

[Signature]



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Principal



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COMMUNITY HEALTH NURSING DEPARTMENT

QUIZ - POPULATION & FAMILY PLANNING

On 27 April 2019, Community Health Nursing department of Father Muller College of Nursing organized a quiz on "Population & Family planning" for II B.Sc Nursing Students in Rajath Bhavan between 2.30 pm -4:00 pm. Twenty five students (25%) participated as competitors and the rest were the audience. There were 5 teams and 4 rounds of questions in the form of MCQ's, images, Paper and pen. Feedback from the competitors and the audience was taken and documented the same. The winners were honored at the end of the quiz. The first prize was bagged by Ms Melita Periera & team, second prize by Mr.Rohan Lobo & team and third prize secured by Ms Welcita Ferrao and group. The quiz was lead by Dr Devina E Rodrigues, Professor, Community Health Nursing & assisted by Ms. Priya Periera, the Subject Coordinator.




29/4/19
Signature of the HOD




Signature of the Principal

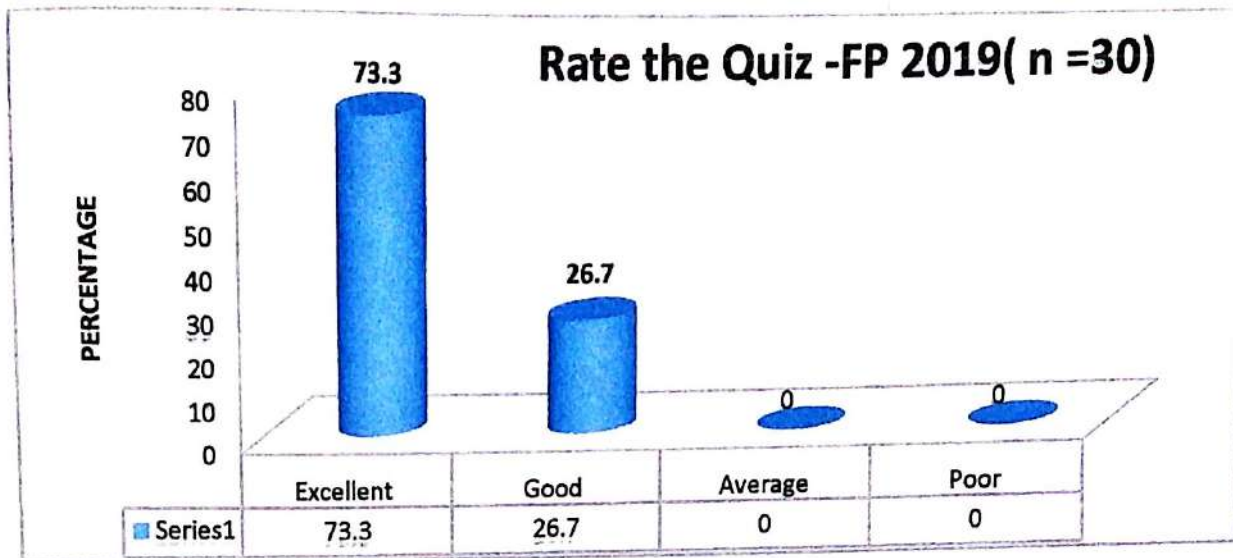


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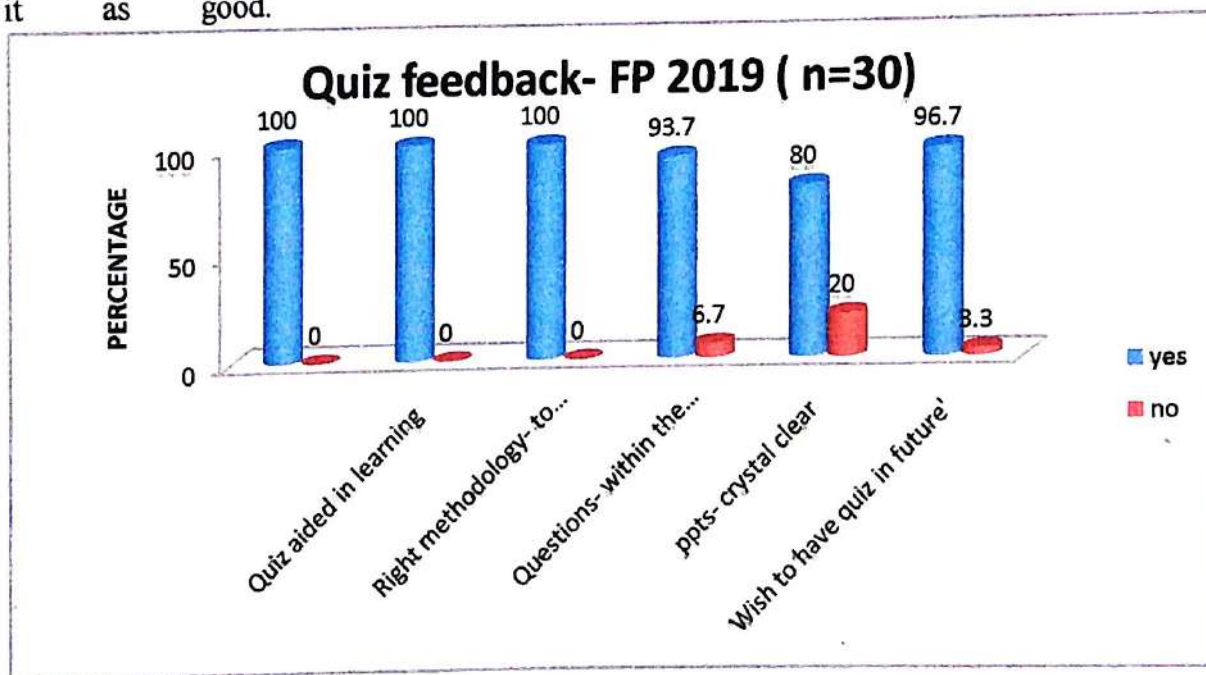
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DEPARTMENT OF COMMUNITY HEALTH NURSING FEEDBACK ON QUIZ



Thirty randomly selected participants rated quiz in Family Planning 2019. From the bar diagram it can be interpreted that 73.3% rated it as excellent and the remaining subjects rated it as good.



From the diagram it can be interpreted that the subjects revealed 100 % positive remarks towards quiz round explanation, facilitation of learning and also expressed it as a right methodology for them to learn. Out of 30 subjects three of them expressed to have more rounds and two said to involve all students to involve as competitors. Most (96.7%) wish to have such quiz in the future and 80% also said that the designed power points were crystal clear.


29/4/19
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Signature of the Principal



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COMMUNITY HEALTH NURSING DEPARTMENT

Collage making competition – an approach towards innovative learning

On 19th January 2019, the students of II B.Sc (N) participated in collage making competition on the topic "Population explosion" organized by the department of Community Health Nursing under the guidance of Dr. Devina Rodrigues and Mrs. Priya Sweety Pereira. 98 students in ten teams, comprising 9-10 students in a team had assembled in Rajath Bhavan and within 2 hours they placed their views, concepts, causes and strategies on control of population explosion which was evaluated by Rev (Sr) Jacintha Dsouza and Dr Agnes EJ. The winners were felicitated and student feedback on the same was taken and analyzed. Five point rating scale with five items were given for the teams to give feedback on collage had indicated high regards for this learning technology with Mean 22.7 ± 1.16 and mean % 90.8.




21/1/19
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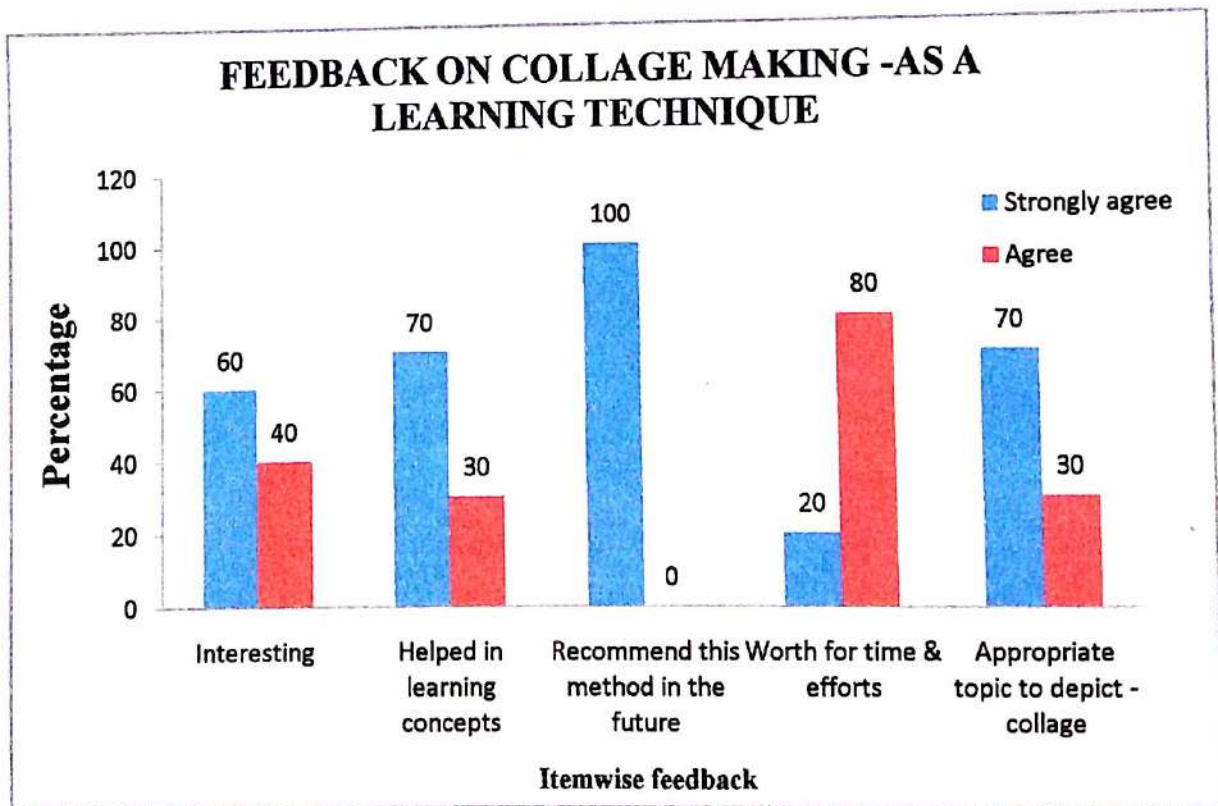
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DEPARTMENT OF COMMUNITY HEALTH NURSING COLLAGE MAKING FEEDBACK

n= 10 teams

Sl.No	Items	SA %	A %	UC %	DA %	SD %
1	Was this teaching and learning method was interesting	60	40	0	0	0
2	Was this method helped you to understand the concepts of population explosion	70	30	0	0	0
3	Would you recommend this methodology as a learning technique in the future	100	0	0	0	0
4	Do you feel this teaching and learning method is worth for time and efforts	20	80	0	0	0
5	Do you feel that the topic given to you was appropriate to depict in the form of collage	70	30	0	0	0

The above data depicts 98 students feedback being in 10 teams, the students revealed high regards to collage making as a learning technique hence, decided to adopt this method in future too. It is also depicted in the form of a bar diagram

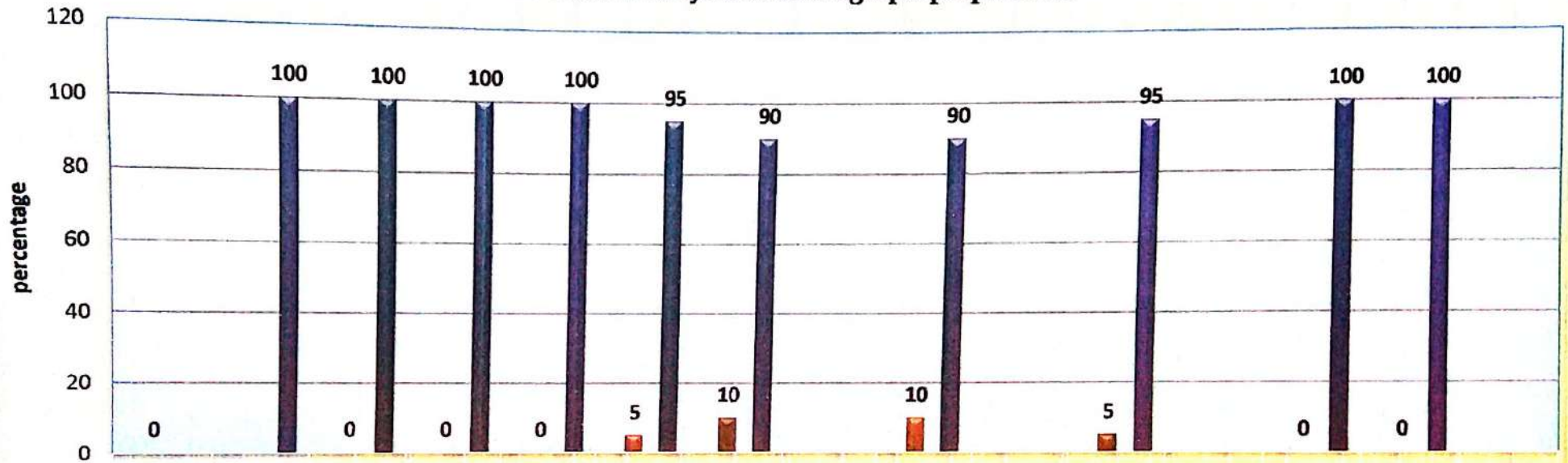


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20/11/19
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**Father Muller College of Nursing
1st year PBBSc(N) 2018-2019
Feed back analysis of monograph preparation**



Guidelines	Group Allocation	Topic Selected	Sufficient Time	Faculty Availability	Contribute New Ideas	Team Building	Objectives Of The Session Were Fulfilled	Activity Was Interesting	Further Learning
DA %	0	0	0	0	0	0	0	0	0
UD %	0	0	0	5	10	10	5	0	0
A %	100	100	100	95	90	90	95	100	100

S. Noronha
Subject Coordinator

S. D. D. D.
HOD



S. D. D. D.
for Principal

Date: 14-05-2019