

ANNUAL REPORT
OF
THE COLLEGE

FATHER MULLER COLLEGE OF NURSING



ANNUAL REPORT

From: April 2014 to March 2015

DEPARTMENTS:

- Medical Surgical Nursing
- OBG Nursing
- Paediatric Nursing
- Psychiatric Nursing
- Community Health Nursing
- Nursing Foundation

INTRODUCTION

Over the years Father Muller college of Nursing has earned a brand name as one of the best nursing college in the country. About 2250 UG and 730 PG have successfully walked out from the portals of college of nursing holding the Banner high and are ambassadors of Father Muller College of Nursing in all countries. We have achieved much in the field of Nursing education, Service and research.

The National Assessment and Accreditation Council (NAAC) has accredited our College with 'A' grade on July 10, 2014 making it the first Nursing College under RGUHS Bangalore.

The staff and students have been inspired and guided through the years by the Motto "**Search, Share and Care**," were nurse's search for knowledge, share their Knowledge and care the sick with the updated knowledge.

STATISTICS:

The Courses offered are:

Basic B. Sc nursing degree course

Annual intake 100 students

I Year	-	97
II Year	-	99
III Year	-	97
IV Year	-	91

RESULTS:**AUGUST/SEPTEMBER 2014 RGUHS UNIVERSITY EXAMINATION RESULTS**

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
B. Sc (N)						
I year	100	73	08	47	18	73%
II Year	99	92	02	70	20	93%
III Year	75	73	20	53	-	97.33
IV Year	91	91	06	84	1	100%

Post Basic B.Sc Nursing

Annual intake 60 Students

I Year - 41

II Year - 35

RESULT:

AUGUST-SEPTEMBER-2014 EXAMINATIONS:

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
PB B. Sc (N)						
I year	35	32	05	23	4	92%
II Year	36	35	19	16	-	97.22

Ms. Annie Careen Khongwir – 3th Rank in PB.B Sc (N) and 4th Rank in the University
M Sc. (Post Graduate) NURSING COURSE

Annual intake 40 Students

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|--|---------|
| 1. Medical-surgical nursing | 8 seats |
| 2. Obstetric and Gynecological Nursing | 8 seats |
| 3. Community Health Nursing | 8 seats |
| 4. Psychiatric Nursing | 8 seats |
| 5. Pediatric Nursing | 8 seats |

At present

I Year

Medical-surgical nursing	6 seats
Obstetric and Gynecological Nursing	6 seats
Psychiatric Nursing	6 seats
Pediatric Nursing	1 seat

II Year

Medical-surgical nursing	7 seats
Obstetric and Gynecological Nursing	6 seats
Community Health Nursing	2 seats
Psychiatric Nursing	8 seats
Pediatric Nursing	6 seats

RESULTS:

M. Sc (N) – May 2014

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
<u>M. Sc (N)</u>						
I year	28	18 ✓	-	18	-	65%
II Year	36	27 35	12	15	-	75%

Ms. Fiona Francis secured 7th rank in the University exam.

FACILITIES:

State of-the-art nursing college campus, spacious, well equipped ICT enabled classrooms with all advanced audio-visual aids, supportive learning environment, career-oriented disciplines, have made the college of nursing an "edifice of enlightenment and empathy" and earned a brand name as one of the best nursing college in the country. In the new college building all the latest technological advanced facilities are available to the student.

Specialty demonstration rooms:

- Anatomy & physiology lab (medical college)
- Community Health Nursing Lab,
- Fundamentals of Nursing Lab,
- Nutrition Lab,
- OBG Lab,
- Child Health Lab and
- Medical-Surgical Nursing Lab.

The Labs are well equipped to develop nursing skills of students.

It is in the 1250 bed Father Muller Medical College Hospital that the students get hands on training in different medical, surgical and specialty units under the direct supervision and guidance of the clinical instructors.

Separate section in the central library for UG and PG students. Abundance of books and journals are available to quench the thirst of knowledge. Reading room with seating capacity of 250 students

Continuing Nursing Education Programmes: Frequent conferences, workshops, seminars and guest lectures are organized for different batches of students to enhance the knowledge of the student nurses. Staff organize conferences and workshops in their respective speciality. It is mandatory for the staff to attend conferences and workshop organized within the campus and outside colleges.

Advanced training: The students are given opportunity to expose themselves to different health care settings by organizing visits to other hospitals in India. A national administrative visit helps the students to sharpen their administrative abilities.

The faculty of college of nursing has contributed as resource persons in different National and International conferences, workshops and continuing nursing education programmes. They have also participated in various conferences as well as presented and published papers.

DEPARTMENTS

1. MEDICAL SURGICLA NURISNG FACULTY MEMBERS

1. Mrs. Victoria D' Almeida - Professor & Vice Principal
2. Ms. Bridget D Silva - Assoc. Professor & HOD
3. Ms. Sonia D'Souza - Asst. Professor
4. Mrs. Preethi Fernandes - Lecturer
5. Ms. Anusree Augustine - Lecturer
6. Ms Divya Kumari - Lecturer
7. Sr Susamma Varghese - Lecturer
8. Mrs. Shwetha Rashmi - Lecturer
9. Mrs Jacintha Valder - Lecturer

ACHIEVEMENTS OF STAFFS

Mrs. Victoria D'Almeida, Vice Principal

Paper/ poster Presentation

1.	May 2014	" Nurses: A force for change - a vital resource for quality health care"	Vydehi Institute of Nursing Sciences and Research Centre, Bangalore	National conference
2.	13 th June 2014	"Power of Past-Force for Future"- An Update On Research"	Poster Presentation	National conference

Resource person

SI No	Year	Title		
1.	May 2014	Guest lecture on the topic "Nurses: A force for change - a vital resource for health"	Father Muller College of Nursing, Mangalore	Local
2.	28 th Feb 2015	Problem Based Learning	FMCON Department of Medical Surgical Nursing	Local

Workshop and conferences attended

	Year	Title	Organizer	session	Level
1.	May 2014	" Nurses: A force for change - a vital	Vydehi Institute of Nursing Sciences and	Conference	National

		resource for quality health care"	Research Centre, Bangalore		
	13 th June 2014	"Power Of Past-Force For Future"- An Update On Research"	FMCON with Alumni Association	conference	International
	Aug 2014	Training the Trainers	St Aloysius College	workshop	Regional
	6 th ,7 th Sept 2014	Research Society for study of Diabetes in India- Karnataka Chapter, 10 th Annual Conclave	FMMCH, Dept of Medicine	conference	National
5.	30 th Oct 2014	"Nurse Leader As An Architects: Leading The Future of Nursing Practice"	FMCON	Conference	National
6.	16 th Jan 2015	"IQAC and equal opportunity" on 16 th January 2015	FMCON, IQAC	Staff development	
7.	1 st Feb 2015	CME on "Medicine update - 2015, Managaluru"	Association of Physicians of India, Dakshina Kannada Chapter	CME	National

Bridget D Silva, Assoc Professor

Research publications

Sl. No	Year	Title	Publication	Author II	Nationality
1.	2014	Willingness To Pay For Health Insurance Among people living in Rural Areas Of Dakshina Kannada District, India, Field Evidence.)	The European Journal of Health Economics 2014 (on review	1 st author	International
2.	2014	Assessment of ICU Syndrome among patients admitted to Intensive care Unit & practices to prevent ICU Syndrome,	International Journal of Health Care Sciences(online) volume 2: issue:1: 2014	2 nd author	International
3.	2014	Diurnal variations of pain perception and pain management	Journal of orthopaedic	2 nd author	International

		strategies' among orthopedic clients in selected hospital at Mangalore			
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Paper Presentation

1	13 th June 2014	"Power of Past-Force for Future"- An Update On Research"	Presentation	1 st author	National conference
2	30 th October 2014	"Nurse Leader as an Architects: leading the future of Nursing practice'	Presentation	1 st author	National Conference

Resource person

Sl. No	year	Title		
1	19 th July 2014	"Application of Nursing Care Plan In The Clinical Scenario (PIE Method Of Documentation)"	FMCON Department of Fundamental of Nursing	Local
2	19 th Sept 2014	"Professional Etiquette: Novice Nurses"	FMCON Department of Fundamental of Nursing	Local
3	8 th Sept 2014	"Research Methodology: Development of Questionnaire"	Department of Masters of Hospital Administration	Local
4	5/01/2015	"Nursing care plan" organized by Father Muller Medical College, Hospital Nursing Service Department on5/1/2015.	FMMCH, Nursing Service department	Local
5	10 th Feb 2015	"Guidelines for Journal Club" Organized by the Department of Medical Surgical Nursing,	FMCON Department of Medical Surgical nursing	Local
6	2/3/2015	"Nursing care plan" organized by Father Muller Medical College, Hospital Nursing Service Department on1/3/2015.	FMMCH, Nursing Service department	Local

Workshop and conferences attended

	Year	Title	Organizer	Detail of the session	
1	13 th June 2014	"Power Of Past-Force For Future"- An Update On Research"	FMCON with Alumni	Conference	International

	9 th August 2014	"Identifying learning and developmental disorders in school children"	Association FMMCH, dept of paediatrics	workshop	National
3	Aug 11 th 2014	"Academia Sensitization Training in Intellectual property rights"	St Aloysius College	workshop	Regional
4	6 th , 7 th Sept, 2014.	Research Society for study of Diabetes in India- Karnataka Chapter, 10 th Annual Conclave	FMMCH, dept of Medicine	conference	National
5	17 th , 18 th Oct 2014	11 th Annual Conference of Cardiology Society of India- Karnataka	Cardiac Society, Mangalore	Conference	National
6	30 th Oct 2014	"Nurse Leader As An Architects: Leading The Future of Nursing Practice"	FMCON	Conference	National
7	16 th Jan 2015	"IQAC and equal opportunity" on 16 th January 2015	FMCON, IQAC	Staff development	
8	1 st Feb 2015	CME on "Medicine update - 2015, Mangaluru"	Association of Physicians of India, Dakshina Kannada Chapter	CME	National
9	28 th Feb. 2015	"Employee rights and responsibilities" organized by a Alumni Association ,	FMCON, ALUMINI association		Local

Mrs. Sonia D' Souza, Assistant Professor

Workshop and conferences attended

	year	Title	Organizer	Detail of the Session	
1.	1 st Feb 2015	CME on "Medicine update - 2015, Mangaluru"	Association of Physicians of India, Dakshina Kannada Chapter	CME	NATIONAL

2.	28 th Feb. 2015	"Employee rights and responsibilities" organized by a Alumni Association ,	FMCON, ALUMINI association		Local
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Mrs. Preethi Fernandes, Assistant Professor

Publications

Sl No	Year	Title	Publication	Author II	
1	Sept 2014	Preventing strokes	Health action	2 nd author	

Paper Presentation

1	30 th October 2014	"Nurse Leader as an Architects: leading the future of Nursing practice'	Presentation	National Conference
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Workshop and conferences attended

Sl. No	Year	Title	Organizer	Detail of the session	Level
1.	13 th June 2014	"Power Of Past-Force For Future"- An Update On Research"	FMCON with Alumni Association	conference	International
2.	30 th Oct 2014	"Nurse Leader As An Architects: Leading The Future of Nursing Practice"	FMCON	Conference	National
3.	16 th Jan 2015	"IQAC and equal opportunity" on 16 th January 2015	FMCON, IQAC	FDP	
4.	28 th feb 2015	"Employee rights and responsibilities" organized by a Alumini Association ,	FMCON, ALUMINI association		Local

Mrs. Shwetha Rashmi, Lecturer

Paper/ Poster Presentation

1	13 th June 2014	"Power of Past-Force for Future"- An Update On Research"	Presentation	International conference
2	30 th Oct 2014	"Nurse Leader as an Architects: leading the future of Nursing practice'	Presentation	National Conference

Local

Workshop and conferences attended

	year	Title	Organizer	Detail of the session	
1.	13 th June 2014	"Power Of Past-Force For Future"- An Update On Research"	FMCON with Alumni Association	conference	International
2.	6 th , 7 th Sept, 2014.	Research Society for study of Diabetes in India- Karnataka Chapter, 10 th Annual Conclave	FMMCH, dept of Medicine	conference	National
3.	30 th Oct 2014	"Nurse Leader As An Architects: Leading The Future of Nursing Practice"	FMCON	Conference	National
4.	16 th Jan 2015	"IQAC and equal opportunity" on 16 th January 2015	FMCON, IQAC	Staff development	

Sr Judy, Lecturer/ ANS

Paper/ Poster Presentation

1	13 th June 2014	"Power of Past-Force for Future"- An Update On Research"	Presentation	National conference
2	30 th October 2014	"Nurse Leader as an Architects: leading the future of Nursing practice'	Presentation	National Conference (won first prize)

Resource person

Sl No	year	Title		
1	Nov 2014	Orientation to the staff nurses	Father Muller Medical College Hospital	

Workshop and conferences attended

	year	Title	Organizer	Detail of the session	
1.	13 th June 2014	"Power Of Past-Force For Future"- An Update On Research"	FMCON with Alumni Association	Conference	International
2.	17 th , 18 th Oct 2014	11 th Annual Conference of Cardiology Society of India- Karnataka	Cardiac Society, Mangalore	Conference	National

International

Paper/Poster Presentation

1	13 th June 2014	"Power of Past-Force for Future"- An Update On Research"	Poster Presentation	1 st author	International conference
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Workshop and conferences attended

	year	Title	Organizer	Detail of the session	Level
1.	13 th June 2014	"Power Of Past-Force For Future"- An Update On Research"	FMCON with Alumini Association	conference	International
2.	19 th July 2014	Application Of Nursing Care Plan In The Clinical Scenario	FMCON	CNE	Local
3.	6 th , 7 th Sept, 2014.	Research Society for study of Diabetes in India- Karnataka Chapter, 10 th Annual Conclave	FMMCH, dept of Medicine	conference	National
4.	16 th Jan 2015	"IQAC and equal opportunity" on 16 th January 2015	FMCON, IQAC	Staff development	
5.	1 ST Feb 2015	CME on "Medicine update - 2015, Managaluru"	Association of Physicians of India, Dakshina Kannada Chapter	CME	National

Departmental Activities

SI No	Date	Activities
Journal Club:		
1.	15/11/14	Journal article presentation on " Nurses' perception in caring for hospitalized medical - surgical patients with substance abuse/dependence"
2.	25/04/15	Journal article presentation on " Effect of sleep loss on C-reactive protein, an inflammatory marker of cardiovascular risk"
CNE:		
1.	17/07/14 and 19/07/14	CNE on Application of nursing care plan at clinical setting: A discussion
2.	19/08/14	CNE on Principles of CVP monitoring and artifacts
3.	10/02/15	CNE on Guidelines: Journal club presentation

4.	28/02/15	CNE on Problem based learning in nursing
Extension activities:		
1.	22/08/14	Extension programme on Women's health: reproductive health, sex education and contraception
2.	04/09/14	Health talk on promotion of Wellbeing : Women
3.	29/10/14	Sensitization on scope of practice in Medical Surgical nursing: A pragmatic view
4.	12/11/14	Health education on Pneumonia on the theme fight against pneumonia: save child
5.	19/11/14	Demonstration and chart exhibition on the theme healthy Living : starting the day with a healthy breakfast
6.	1/12/14	Health talk on AIDS
7.	23/03/15	Health education programme on the theme "kidney health for all"
8.	25/04/15	Health education programme on " Chronic Liver Disease"
9.	04/05/15	Health education programme on the theme " Invest in the future: Defeat malaria"
Radio Programme:		
1.	18/11/14	Radio programme on breaking superstitions and myths about epilepsy
2.	04/03/15	Radio programme on risk factors of cancer and its prevention

Departmental Facilities

Full Pledged skill Lab:

Full pledged laboratory with the mannequins for both fundamental and advance skill practice is available. It includes: Model wards, Crash Cart, Defibrillator, Cardiac monitor, simulator IV arm, Infusion Pump etc along

The clinical learning models for easy conceptualisation and learning are prepared by students such as dialyzer, Spo2 monitoring, Cardiac monitor, AV fistula, Foetal circulation etc are available.

Departmental Library:

The department is fully equipped with wifi and almost medical and nursing e-journals are available on line. The Departmental Library is equipped with latest

updated books for the regular use and for reference for both staff and PG students. The other library books available are as follows:

- Books: 120
- CD ROMs: 10
- Modules: 15
- Term Papers: 13
- Dissertation: 107

2. OBSTETRIC AND GYNECOLOGICAL NURSING:

Obstetric and Gynecological Nursing Department is consistent with the mission, goals and objectives of Father Muller College of Nursing.

The objectives of the department

1. The faculty and students of the OBG Nursing department will update their knowledge on care of a woman and her child.
2. The faculty and students will develop competence in maternity related skills and continue to provide comprehensive care to the women and the newborn.
3. The faculty and students will plan and implement actions to achieve MDG 4 and 5 and promote Evidence Based Practice
4. The faculty and students will focus on restoration of health in women, children and the alleviation of suffering in women with gynecological problems.

Faculty Details

SI No.	Name	Qualification	Designation
1.	Mrs Savitha Pramilda Cutinho	M.Sc Nursing	Professor and HOD
2.	Sr Aileen Mathias	M.Sc Nursing	Professor and CNO
3.	Mrs Darryl MS Aranha	M.Sc Nursing	Asst Professor
4.	Mrs Alphilin Jose	M.Sc Nursing	Lecturer
5.	Mrs Pramila D'Souza	M.Sc Nursing	Lecturer
6.	Mrs Shoba Xaviour	M.Sc Nursing	Lecturer
7.	Ms Precilla Loriena D'silva	M.Sc Nursing	Lecturer
8.	Mrs Reena Wilma Frank	M.Sc Nursing	Lecturer

Departmental Activities as per the action plan 2014-15

15.05.2014: ANTENATAL CLINIC AT JEPPU PHC

As a part of International Midwifery Day 2014 the faculty and the students of OBG Nursing Department organized antenatal clinic and health talk at Jeppu PHC on 15.05.2014. The faculty and students were divided into groups and carried out antenatal assessment, individual health education for the antenatal

on De
HIV

women and postnatal mothers, teaching antenatal and postnatal exercises, weight checking of the infants and under fives and demonstrated postnatal exercises for the mothers. There were seven antenatal women, twenty postnatal mothers and forty five under fives visited the PHC. Antenatal women were screened for high risk using high risk assessment form and antenatal assessments were done followed by BP and weight checking and referred to obstetrician. There were seven antenatal women visited the PHC. A group of twenty postnatal mothers attended by the faculty and students and practiced postnatal exercises and health talk were given to antenatal and postnatal women. The infants and under fives weight is monitored and recorded. The reference to pediatrician is done based on the problems assessed. The students assisted the PHC staffs in immunizing the under fives. Pregnancy confirmation test by UPT was demonstrated to the students by the staffs. The faculty and students maintained good rapport with the PHC health personnel and with the women and children attended the clinic. It was a very good hand on and learning experience for the faculty and students.

ST. JERARD FEAST- 16/10/2014

St. Jerald feast was celebrated in the H ward along with the staff nurses of the maternity wards. The faculty of the OBG department actively participated and delegated various responsibilities of the day. Mrs. Saritha Jasmine Vas, principal School of nursing was the chief guest of the program.

WORLD IMMUNIZATION DAY 2014 ~ 10th Nov - 2014

The World Immunization Day 2014 was commemorated by the OBG Nursing Department and III B. Sc Nursing students by playing a role play on "Immunization of under fives and pregnant women". The role play was played in the antenatal and postnatal ward at 10.30am followed by that in OBG & Pediatric OPD and OBG classroom respectively. The beneficiaries were up to 70 in the ward and OPD. The queries of the public were answered in Kannada, same is translated in Malayalam.

WORLD AIDS DAY ON DECEMBER 1ST 2014

The student nurses Association and Department of OBG Nursing observed world AIDS Day 2014 with the theme "Closing the gap in HIV- Prevention and Treatment"

on December 1st at Father Muller Medical College Hospital campus. Awareness on HIV was created through poster display in the campus, health talk in the antenatal and postnatal wards, video display in the hospital television and On air education on 'HIV' via hospital central sound system in Kannada language.

13.01.2015: FDP 'CURRENT TRENDS IN MIDWIFERY'

The OBG Nursing department of Father Muller College of Nursing organized a talk on 'Current Trends in Midwifery' on 13th January 2015 at 11am in Syndicate hall. Mrs. Arathi Rohila Noronha, working as Clinical Nurse Midwife-1 at National Maternity Hospital, Dublin, Ireland was the speaker of the day. She explained the current practices in midwifery, various functions of teams in caring the antenatal women with diabetes, hypertension, Hypermesis gravidarum and early pregnancy loss. The emphasis is given on the emotional aspects, educating the women and keeping them informed continuously throughout the pregnancy. She distributed the information leaflets in various midwifery cares. At the end a memento was presented to her as a token of appreciation.

10-16.02.2015: PREGNANCY AWARENESS WEEK

The Department of Obstetrics and Gynecological nursing, FMCON scheduled planned Health Talks and implemented effectively as a part of Pregnancy awareness week to strengthen pregnancy education and stress importance to the issues that promote healthy pregnancy and safe motherhood.

Date	Day	Topic
10.02.2015	Tuesday	Importance of Pre conceptional and prenatal health
11.02.2015	Wednesday	Antenatal visits
12.02.2015	Thursday	Intranatal care during labour
13.02.2015	Friday	Investigations done during pregnancy Importance of fetal movement chart
14.02.2015	Saturday	Screening for high risk pregnancy

03.03.2015: Health talk on 'WOMEN AND CANCER'

The Department of Obstetrics and Gynecological Nursing has organized a

health talk on 'Women and Cancer' for the parishioners of St Alphonsa Church on 3rd March 2015 from 11 am to 12.30 pm. Different types of cancers such as breast cancer, cervical cancer and uterine cancer were discussed. Around 40 women attended the talk. Dr. Tintu Varghese Department of Obstetrics and Gynecology, from Father Muller Medical College clarified the doubts and delivered the information as per the audience request and need.

07.03.2015: Seminar on 'SAFE MOTHERHOOD: MAKE IT HAPPEN'

In association with the International Womens' day the department of Obstetrics and Gynaecological Nursing, Father Muller College of Nursing has organized a seminar on **Safe Motherhood: Make It Happen** on 7th March 2015 at the Decennial Memorial Hall, FMCI.

Dr Olinda Pereira, Director of the Vishwas Trust was the Chief Guest. Rev. Fr Patrick Rodrigues, Director FMCI presided over the function. Sr. Winnifred D'Souza, Principal, FMCON, Mrs. Savitha Pramilda Cutinho, Professor, HOD of OBG Nursing, Mrs Sindhu Sebastian, The organizing secretary of the seminar were the other dignitaries. Dr Olinda Pereira was honoured for all her services to the community.

The scientific session began at 10 am. The first session on Pregnancy Induced Hypertension was deliberated by Dr Naveenchandra R Nayak, Associate Professor, A J Institute of Medical Sciences followed by session on Gestational Diabetes Mellitus by Dr Sujaya V Rao Professor FMMCH. Dr Sudeep K explained about the management of GDM in the third session. Mrs Pramila D'Souza and Mrs Shoba P Xavier explained regarding the nursing management of PIH and GDM respectively in the last session of the seminar. Mrs Alphilin Jose, Lecturer read the seminar report.

Around 260 delegates from 8 different nursing colleges and hospital were benefited with the seminar.

A panel discussion on '**Achievement of Millennium Development Goal 4&5 - 2015**' was conducted in the afternoon session. Ms Precilla D'Silva, Lecturer FMCON moderated the panel with the panellists. The panellists were Ms Erbatemon, Ms Sonimol, Ms Belma, Ms Jasmine, Ms Jasline and Ms Edna.

The programme ended at 3.30 pm.

26.03.2015 : INSERVICE EDUCATION

Students of II year M. Sc Nursing, OBG speciality conducted an Inservice Education for the staff nurses working in the maternity wards on the topic "HIV IN PREGNANCY" on 26th March 2015. Mrs Savitha Cutinho HOD, OBG department and the faculty were present for the session. The main objective was to provide knowledge regarding the updates on prevention of parent to child transmission according to NACO and the role of midwife in prevention of HIV during pregnancy. 15 staff nurses attended the programme.

HEALTH EDUCATIONS BY THE STAFF & STUDENTS

26.03.2015 : Health education on 'IMPORTANCE OF INSTITUTIONAL DELIVERY'

Staff and students organized a group health education on "IMPORTANCE OF INSTITUTIONAL DELIVERY" at Maternity H ward of FMMCH on 26th March, 2015. The health information was delivered through the role play, charts followed by discussion. Around 50 postnatal mothers and family members were benefited by the health education.

20.03.2015: Health education on 'NEWBORN HEALTH'

PBB.Sc. Nursing students organized a group health education on 'NEWBORN HEALTH' at Maternity H ward of FMMCH on 20th March, 2015 at 2.30 pm. A role play and health awareness regarding newborn health was given, which emphasized the meaning and characteristics of newborn, importance of breast feeding and its technique, baby bath, eye, skin and cord care, immunization and thermoregulation. Around 25 postnatal mothers and family members were benefited by the health education.

28.02.2015: Health education on 'ABORTION'

The III year B.Sc. Nursing students organized a group health education on ABORTION at Maternity H ward of FMMCH on 28th February 2015. The health information was delivered through the role play, charts followed by discussion. Around 40 postnatal mothers and family members were benefited by the health education.

Research publication

Sl.No	Name of the Faculty	Title of the Article	Name of the journal, Vol. ISSN No. Impact factor	Indexed/ Peer Reviewed	National/ International
1	Ms Wansuklang Lyngdoh and Sr Aileen Mathias	Effectiveness of planned teaching programme on prevention of high risk pregnancy among college girls	International Journal of Nursing Education Vol: 6 ISSN No:	Indexed	International
2	Savitha Pramilda Cutinho, Dr Raj Gopal and Dr Christopher Sudhakar	Assessment of postnatal depressive symptoms of first time mothers during the first week of postnatal days	International Journal of Scientific Research Vol:4 No:1 ISSN No: 2277-8179	Indexed	International
3	Savitha Pramilda Cutinho, Raj Gopal, Sujaya V Rao, Shobha Rani	Effectiveness of yoga on pregnancy discomforts among the primigravid women	Conference proceeding International conference on evidence informed practice: An approach to health care reform		
4	Alphilin Jose, Rev. (Sr) Angeline Mathias.	Effect of Semi fowler's position on maternal parameters, behavioral response and FHR on primigravid women during second stage of labour.	Conference proceeding State level conference 'Midwives: changing the world one family at a time'		

Paper and poster presentation

Sl.No	Name of the Faculty	Title of the Paper/Poster	Name of the workshop/ conference	Date	Organized by	National/ International State
1	Mrs Alphilin Jose	Effectiveness of Semi Fowler's position on maternal parameters, behavioral response and Fetal Heart Rate among primigravid women during second stage of labour.	Midwives: changing the world one family at a time	5 th May 2014	Laxmi Memorial College of Nursing, Mangalore	State

2	Mrs. Pramila D'Souza	Power of the past - Force for the future (Poster)	Power of the past - Force for the future	13 th June 2014	Father Muller College of nursing, Mangalore	International
3	Ms Precilla L D'Silva	Power of the past - Force for the future (Poster)	Power of the past - Force for the future	13 th June 2014	Father Muller College of nursing, Mangalore	International

Awards- BEST POSTER AWARD

Mrs. Pramila D'Souza	Power of the past - Force for the future (Poster)	Power of the past - Force for the future	13 th June 2014	Father Muller College of nursing, Mangalore	International
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RESULTS OBG Subject -2014-2015

- Fourth Year BSc. Nursing : 100%
- PBBSc. Nursing : 98 %
- MSc. Nursing I year : 100%
- MSc. Nursing II year : 99%

FACILITIES AVAILABLE

- Well Equipped Clinical facilities
- MCH Lab with adequate equipments
- Departmental Library with books, term papers, theses and modules
- HOD and staff room.
- Two laptops & common computers for academic work.

3. PEDIATRIC NURSING DEPARTMENT

FACULTY MEMBERS:

NAME OF THE FACULTY	DESIGNATION
REV. SR WINNIFRED D'SOUZA	PROFESSOR cum PRINCIPAL
MRS. MALARVIZHI.M	ASSOCIATE PROFESSOR CUM HOD
MS. SEEMA S CHAVAN	ASSISTANT PROFESSOR
MRS SANDRA J SALDANHA	LECTURER
MR.MANOJ PS	LECTURER
MRS.WILMA S NORONHA	LECTURER
MRS.PRIYA JENIFER FERNANDES	LECTURER
MS.JOHN NEETA PRIYANKA	LECTURER
MRS.BRINCY LOYALLA D'SOUZA	LECTURER
SR JANET D' SOUZA	LECTURER

DEPARTMENTAL EXTENSION ACTIVITIES:

1. Organized TV program on autism on April 2, 2014.
2. Quiz competition on 7th April 2014 on observation of "world health day"
3. Health talk on "Invest in Future. Defeat Malaria" – World Malaria Day on 30th April 2014.
4. poster competition on the theme "No to child labour in domestic work" on May 2nd 2014
5. extension activity - Collage competition on the topic "Every Child Deserves A Chance" in observance of International Mother's Day on 2nd May 2014.
6. Health talk on "Thalassemia" – in observation of World Thalassemia Day on 8th May 2014.
7. Publish an article in UDAYAVANI KANNADA newspaper related to drug abuse and its ill effects on 26th June, 2014
8. Breast feeding week the theme of the year was ' Breast Feeding: A winning goal' in various centers in Mangalore: 1st – 6th August 2014. The programme was extended to the following Health centers
 - Nirmala Hospital Ullal
 - J & K Wards of FMMCH
 - Thumbay Hospital
 - Jeppu Urban Center
9. Children's day programme organized by Department of Pediatrics, FMMCH and Father Muller College of Nursing on 14-11-2014.
10. observance of National Pollution Control Day- Awareness programme on Occupational Hazards in Biomedical Waste Disposal on 2nd Dec 2014
11. **National Conference on Pediatric oncology** in Father Muller College of Nursing , on December 12th& 13th 2014

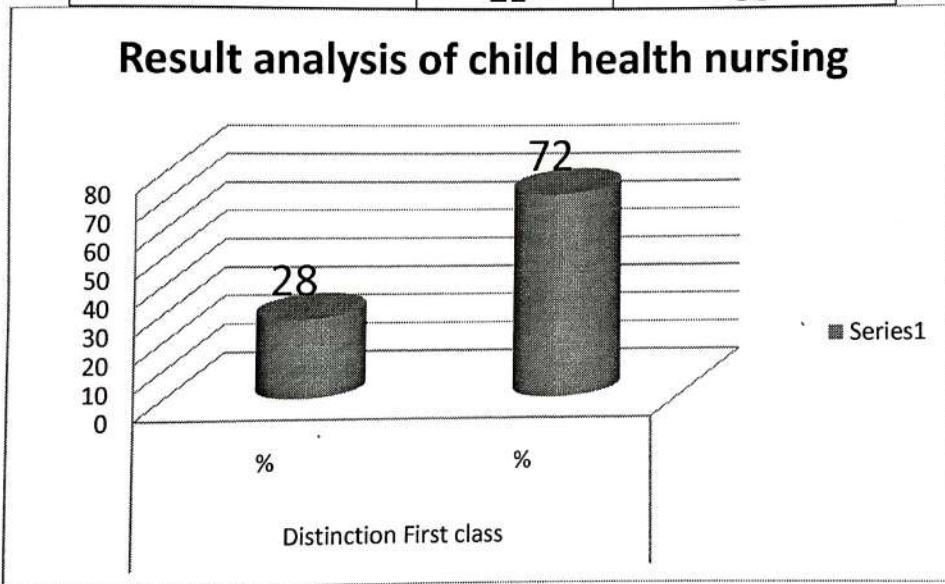
Talks were:

- Haematological cancers
- Lymphomas
- Bone Cancers
- Brain & CNS tumors
- Oncological emergencies
- Immunotherapy in pediatric cancers
- Chemotherapy
- Access to chemotherapy
- Bone marrow transplantation
- Radiation therapy & advances in biomarkers
- Role of nutrition in pediatric cancers
- Psychological issues in pediatric Palliative oncology

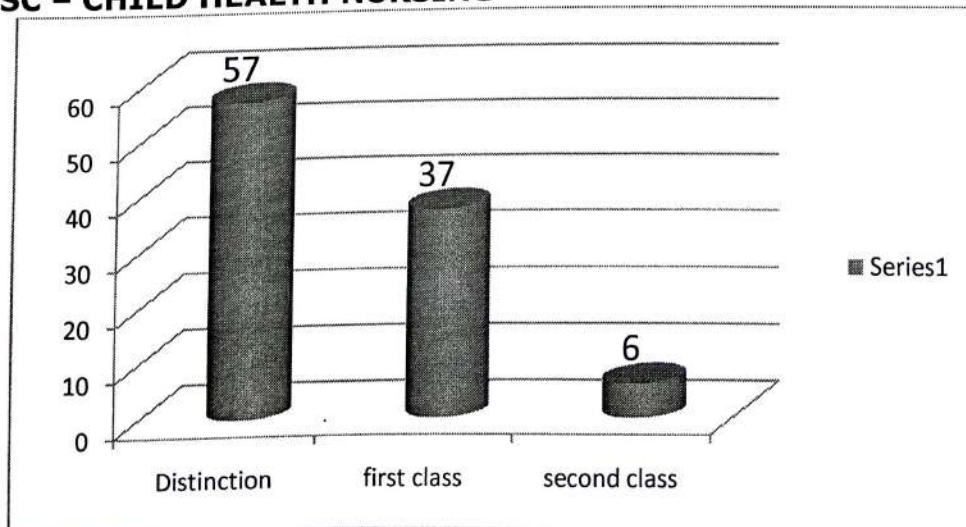
STATISTICS:

CHILD HEALTH NURSING SUBJECT UNIVERSITY RESULT ANALYSIS
2013-14 BATCHES

Total students Appeared	Distinction	First class
76	f	f
	21	55



I YEAR PB BSC – CHILD HEALTH NURSING



STAFF ACHIEVEMENTS:

REV.SR.WINNIFRED D'SOUZA - PROFESSOR cum PRINCIPAL

RESEARCH:

1. A comparative study to assess the effectiveness of fresh aloe Vera and Glycerine Magnesium Sulphate application on phlebitis among children in a selected hospital at Mangalore.
2. A study to assess the knowledge and attitude on sexual health among adolescent males (16-19 years) in selected pre university colleges in Mangalore

PUBLICATION:

1. Research study on "Effectiveness Of Fresh Aloe vera And Glycerine Magnesium Sulphate Application On Phlebitis Among Children" published in International Journal of Current Research Volume 6, Issue, 07, pp.7477-7479, July, 2014, ISSN: 0975-833X, Available online at <http://www.journalcra.com>

CONFERENCE: ORGANIZED/ATTENDED:

1. Participated in Faculty Development Programme on " Nursing Care Plan Application in Clinical settings" organized by the Department of Medical Surgical, Father Muller College of Nursing on July 9th, 2014.
2. Organized "Observance of Breast feeding Week" organized by Father Muller College of Nursing, Department of Child Health Nursing ,Mangalore, 2- 8th August, 2014
3. International conference on "Power of the past-Force for the Future" an update on Research on 13th June 2014 at Father Muller College of Nursing
4. Nurse Leader as Architect – Leading the future of Nursing Practice on 30th October 2014.
5. Karnataka Chapter of Research Society for the Study of Diabetes in India- CME programme on 6th & 7th September 2014.
6. National Conference of "Pediatric Oncology "organized by Father Muller College of Nursing, Department of Child Health Nursing ,Mangalore, 12- 13th December 2015
7. Faculty Development Programme on "IQAC and Equal Opportunity" organized by IQAC, Father Muller College of Nursing on 16th January 2015.
8. Pre-conference workshop on "Systematic Review in Health Care" on 23rd Jan 2015 at Manipal
9. International conference on Evidence Informed Practice: An approach to Healthcare Reform held on 24th and 25th January 2015 at Manipal.
10. Faculty Development Programme on "Teacher Effectiveness" organized by IQAC, Father Muller College of Nursing on 18th February 2015.
11. Panel discussion on "Rights and benefits of employees", organized by Alumni Association-Father Muller College of Nursing held on 28th February 2015

MRS MALARVIZHI M - ASSOCIATE PROFESSOR, HOD/NS

PUBLICATIONS:

1. Research study on "effectiveness of a protocol in reducing the noise level in NICU at selected hospital at Mangalore". – INTERNATIONALLY INDEXED JOURNAL OF APPLIED RESEARCH, published in Global Journal of Research Analysis, Volume 3, Issues 6, June 2014, ISSN No: 2277- 8160.
2. Research article on Prevention of Nosocomial infection in NICU published in Asian Journal of Nursing Education and Research 4(2) April – June 2014, ISSN – 2231-1149.
3. Research study on "Effectiveness Of Fresh Aloe vera And Glycerine Magnesium Sulphate Application On Phlebitis Among Children" published in International Journal of Current Research Volume 6, Issue, 07, pp.7477-7479, July, 2014, ISSN: 0975-833X, Available online at <http://www.journalcra.com>

CONFERENCE: ORGANIZED/ATTENDED:

1. Participated in Staff Development Programme on "Professional Leadership" organized by Department of Community Health Nursing, Father Muller College of Nursing on 1st February, 2014.
2. Organized health talk on "Cancer – Debunk the Myths" – World Cancer Day organized by Father Muller Medical College Hospital on 4th February 2014.
3. National Seminar on "Reconstitution of sexuality in media and popular culture" organized by St Aloysius College, 7th and 8th Feb 2014
4. regional workshop on "Application of biostatistics in nursing research" on march 1st 2014 in Father Muller College of Nursing
5. guest lecture on "X Ray Interpretation" organized by Father Muller College of Nursing on 3rd March 2014.
6. guest lecture on "Woman Empowerment" organized by Father Muller College of Nursing on 6th March 2014.
7. guest lecture on Awareness about Anti Sexual Harassment organized by Father Muller College of Nursing on 5th – 24th March 2014
8. health talk on "Invest in Future. Defeat Malaria" – World Malaria Day organized by Father Muller Medical College Hospital on 30th April 2014.
9. health talk on "Economic Récession: Observe – Joint Forces – Safeguard Health" – International Thalassemia Day organized by Father Muller Medical College Hospital on 8th May 2014.
10. Faculty Development Programme on " Nursing Care Plan Application in Clinical settings" organized by the Department of Medical Surgical, Father Muller College of Nursing on July 9th, 2014.
11. International conference on power of the past – a force for future "an update on research" on June 13th 2014 in Father Muller College Of Nursing
12. "Observance of Breast feeding Week" organized by Father Muller College of Nursing, Department of Child Health Nursing ,Mangalore, 2- 8th August, 2014
13. Attended a Regional workshop on Identifying Learning And Developmental Disorders In School Children in Father Muller College Medical College on 9th August 2014
14. Regional conference on "perinatology" organized by the department of obstetrics and gynaecology, on 6th Dec 2014, Father Muller Medical College Hospital, Mangalore
15. extension activity on observance of National Pollution Control Day-Awareness programme on Occupational Hazards in Biomedical Waste Disposal on 2nd Dec 2014.
16. "Children day " organized by Father Muller College of Nursing, Department of Child Health Nursing ,Mangalore, 14th November, 2014.
17. National Conference of "Pediatric Oncology" organized by Father Muller College of Nursing, Department of Child Health Nursing ,Mangalore, 12- 13th December 2015.
18. Faculty Development Programme on "IQAC and Equal Opportunity" organized by IQAC, Father Muller College of Nursing on 16th January 2015.
19. Faculty Development Programme on "Teacher Effectiveness" organized by IQAC, Father Muller College of Nursing on 18th February 2015.
20. panel discussion on "Rights and benefits of employees", organized by Alumni Association-Father Muller College of Nursing held on 28th February 2015
21. Seminar on "Safe motherhood: Make it happen" organized by Department of Obstetrics and Gynecological Nursing, FMCON on 7th March 2015.

POSTER PRESENTATION:

Presented poster in international conference on Power Of The Past – A Force For Future "An Update On Research" on June 13th 2014 in Father Muller College Of Nursing

MS SEEMA CHAVAN - ASSISTANT PROFESSOR

ACHIEVEMENT:

- Resource person for a panel discussion on nurses : A force for change – a vital resource for health on 10th May 2014 in Father Muller college of Nursing
- Resource person for a talk on Tips for exam preparedness on 12th July 2014 in Father Muller School of Nursing
- Resource person for a session on “breastfeeding a winning goal for life” in a state level symposium by ministry of women and child development , food & nutrition board , community food & nutrition extension unit Mangalore on 6th August 2014
- Presented a scientific paper on “ Planned Teaching program on Varicose veins & its Prevention among student nurses in selected college at Mangalore” in S P Fort college on Nursing , Trivandrum on November 21st& 22nd 2014

Department Research

- Principal investigator on a departmental research project on “A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore”
- Principal investigator on an interdepartmental research project on “Prevalence of obesity and measurement of the blood pressure, body mass index and self reported problems among obese children in selected schools at Mangalore.”
- Principal investigator for an ICMR project titled -A study to assess the Prevalence, knowledge and attitude of adolescents (16-18yrs) on the smokeless Tobacco in Dakshina Kannada district.

PUBLICATION:

- Conference proceedings on “ Planned Teaching program on Varicose veins & its Prevention among student nurses in selected college at Mangalore” in S P Fort college on Nursing , Trivandrum on November 21st& 22nd 2014
- Publication of the research study on“ A study to assess the oral health status &self reported oral health practices in school going children in selected schools in Mangalore ” Global Journal For Research Analysis(Impact factor 3.1218) in April 2015
- Publication of the research study on“A study to assess the utilization of electronic games & associated behavioural problems among adolescents in selected schools in Mangalore” Global Journal For Research Analysis(Impact factor 3.1218) in April 2015
- Publication of the research study on “A descriptive study to assess the knowledge level of parents regarding management of temper tantrum in toddlers in a selected institution at Mangalore” Accepted in RGUHS journal of nursing sciences (Peer reviewed indexed journal)
- Publication of the research study on-“A study to assess the knowledge of parents regarding national immunization in a selected hospital in Mangalore” Accepted in RGUHS journal of nursing sciences (Peer reviewed indexed journal)

CONFERENCE: ORGANIZED/ATTENDED

- Resource person for a panel discussion on nurses : A force for change – a vital resource for health on 10th May 2014 in Father Muller college of Nursing
- Organised international conference on Power Of The Past – A Force For Future “An Update On Research” on June 13th 2014 in Father Muller College Of Nursing
- Resource person for a talk on Tips for exam preparedness on 12th July 2014 in Father Muller School of Nursing
- Resource person for a session on “breastfeeding a winning goal for life” in a state level symposium by ministry of women and child development , food & nutrition board , community food & nutrition extension unit Mangalore on 6th August 2014
- Attended a Regionalworkshop on Identifying Learning And Developmental Disorders In School Children in Father Muller College Medical College on 9th August 2014

- Regional workshop on Academia Sensitization Training In Intellectual Property Rights training the trainer workshop in St. Aloysius College on 11th August 2014
- State Neonatology Conference on Basic Newborn care & resuscitation program provider course in Yenepoya Medical College on 9th & 10th October 2014
- National Conference on Qualitative Research in S P Fort college on Nursing, Trivandrum on November 21st & 22nd 2014
- Organised National Conference on Pediatric oncology in Father Muller college on Nursing, on December 12th & 13th 2014

POSTER PRESENTATION:

Presented poster in international conference on Power Of The Past – A Force For Future "An Update On Research" on June 13th 2014 in Father Muller College Of Nursing

EXTENSION ACTIVITY:

- Organized poster competition on "No to child labour in domestic work" on 2nd may 2014

MRS. SANDRA JYOTHI SALDANHA - LECTURER

ACHIEVEMENT:

- Completed basic life support for healthcare providers course from American heart association (15-6-2014 – 06-2016).

CONFERENCE: ORGANIZED/ATTENDED

- Attended international ortho CME on 'musculoskeletal disorders in clinical practice'(20-02-2015)
- Attended medical CME conference on 'aging & health'(12-12-2014)

EXTENSION ACTIVITY:

- Completed provider course in pediatric advanced life support for nurses at sjmch (1-03-2013 – 28-02-2016)

MR MANOJ P S - LECTURER

CONFERENCE: ORGANIZED/ATTENDED

- Attended international conference on "Power of the Past – Force for the Future" – An Update on Research Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.
- National conference on perinatology organized by the department of obstetrics and gynecology, 6th Dec 2014.
- Organized a national conference on "Pediatric Oncology by Department of Father Muller College of Nursing in collaboration with Father Muller Oncology Center, 12th & 13th Dec 2014.
- Workshop, "Identifying learning and developmental disorders in school children organized by Department of Paediatrics, Father Muller Medical College on 11th August, 2014.
- Workshop on "Academia Sensitization Training in Intellectual Property Rights 'Training-the Trainer Workshop' organized by Visvesvaraya Trade Promotion Centre, Govt. Of Karnataka, Bangalore and St Aloysius College - Autonomous, Mangalore on 11th August, 2014.
- CNE Programme on "Application of Nursing Care Plan at Clinical Setting" organized by Department of Medical Surgical Nursing, Father Muller College of Nursing on 17th July 2014.

POSTER PRESENTATION:

- Presented a concept poster in international conference on "Power of the Past – Force for the Future" – An Update on Research Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.

WILMA.S.NORONHA - LECTURER / ANS

CONFERENCE: ORGANIZED/ATTENDED

Participated in International Conference , "Power of the Past – Force for the Future" – An Update on Research organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.

- Attended a National conference on perinatology organized by the department of obstetrics and gynecology, 6th Dec 2014.
- Organized a Conference on "Pediatric Oncology" - Department of Pediatric Nursing, Father Muller College of Nursing in collaboration with Father Muller Oncology Centre, 12th&13th Dec 2014

WORKSHOP: ATTENDED

- Workshop, On "Identifying Learning And Developmental Disorders In School Children Organized By The Department Of Paediatrics, On 9th August 2014.
- Workshop on "Academia Sensitization Training in Intellectual Property Rights 'Training-the Trainer Workshop' organized by Visvesvaraya Trade Promotion Centre, Govt. Of Karnataka, Bangalore and St Aloysius College - Autonomous, Mangalore on 11th August, 2014.
- CNE Programme on " Application of Nursing Care Plan at Clinical Setting" organized by Department of Medical Surgical Nursing, Father Muller College of Nursing on 17th July 2014.
- workshop on training programme on tuberculosis under "The global fund to fight AIDS , tuberculosis and malaria (GFATM) ROUND -7 Organized By INDIAN NURSING COUNCIL, conducted at ST JOHN'S COLLEGE OF NURSING BANGALORE From 19-02-15 TO 21-02 -15
- Seminar On "SAFE MOTHERHOOD: MAKE IT HAPPEN" organized by Department Of Obstetrics And Gynaecological Nursing, Father Muller College of Nursing on 7th march 2015.
- workshop on "Autism Spectrum Disorder", organized by Yenepoya Nursing College Deralkatte Mangaluru, on 23rd April 2015.

POSTER PRESENTATION:

- Presented a poster in the International Conference , "Power of the Past – Force for the Future" – An Update on Research organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.

MS BRINCY LOYOLLA D'SOUZA - LECTURER

ACHIEVEMENT:

- Won The First Place For Concept Poster Presentation In International Conference On "Power Of The Past – Force For The Future" – An Update On Research Organized By Department Of Community Health Nursing In Collaboration With Alumni Association, Father Muller College Of Nursing On 13th June 2014.

CONFERENCE: ORGANIZED/ATTENDED (TOGETHER)

- Attended international conference on "Power of the Past – Force for the Future" – An Update on Research Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.
- National conference on perinatology organized by the department of obstetrics and gynecology, 6th Dec 2014.
- Organized a national conference on "Pediatric Oncology by Department of Father Muller College of Nursing in collaboration with Father Muller Oncology Center, 12th& 13th Dec 2014.
- Workshop, "Identifying learning and developmental disorders in school children organized by Department of Paediatrics, Father Muller Medical College on 11th August, 2014.
- Workshop on "Academia Sensitization Training in Intellectual Property Rights 'Training-the Trainer Workshop' organized by Visvesvaraya Trade Promotion Centre, Govt. Of Karnataka, Bangalore and St Aloysius College - Autonomous, Mangalore on 11th August, 2014.
- CNE Programme on " Application of Nursing Care Plan at Clinical Setting" organized by Department of Medical Surgical Nursing, Father Muller College of Nursing on 17th July 2014.

POSTER PRESENTATION:

- Presented a concept poster in international conference on "Power of the Past – Force for the Future" – An Update on Research Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.

MRS PRIYA JANIFER FERNANDES - LECTURER

ACHIEVEMENT:

- Won The First Place For Poster Presentation In International Conference On "Power Of The Past – Force For The Future" – An Update On Research Organized By Department Of Community Health Nursing In Collaboration With Alumni Association, Father Muller College Of Nursing On 13th June 2014.

CONFERENCE: ORGANIZED/ATTENDED

- Attended CNE on Tool validation conducted by Father Muller College of Nursing on 11th march 2014.
- CNE on CVP monitoring conducted by Department of Medical Surgical Nursing, Father Muller College of nursing on 19th august 2014.
- International conference on "Power of the Past – Force for the Future" – An Update on Research Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.
- National conference on perinatology organized by the department of obstetrics and gynecology, 6th Dec 2014.
- Organized a national conference on "Pediatric Oncology by Department of Father Muller College of Nursing in collaboration with Father Muller Oncology Center, 12th& 13th Dec 2014.
- workshop on teacher effectiveness on 18th February 2015 organized by IQAC Father Muller college of nursing
- panel discussion on rights and benefits of employees on 28thfeb 2015 organized by alumnae association father Muller college of nursing
- Seminar on safe motherhood-make it happen on 7th march 2015 organized by OBG department FMCON.

POSTER PRESENTATION:

- Presented a poster in international conference on "Power of the Past – Force for the Future" – An Update on Research Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.

EXTENSION ACTIVITY:

- Organized TV program on autism: April 2, 2014.
- News- paper article on drug abuse : June 16th 2014
- News- paper article on measles : march 16th 2015

MS JOHN NEETA PRIYANKA EBNEZAR - LECTURER / ANS

PUBLICATION:

- "Effectiveness of Medical play on the reduction of fear in children aged 4-8 years undergoing hospital procedure in selected hospitals at Mangalore" which will be published in The International Journal of Nursing Education, a double blind peer reviewed indexed international journal (PRINT ISSN: 0974-9349 & ISSN- 0974-9357) Volume 6, Number 2, July – December, 2014.
- Published an article titled, "Managing Childhood Cataract" in Health Action under Health Accessories For All (HAFA), July 2014 - Registration No. is H/SD/165/2003, RNI No.44961/88 under Health Accessories for all (HAFA)

CONFERENCE: ORGANIZED/ATTENDED

- Participated in International Conference , "Power of the Past – Force for the Future" – An Update on Research organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.
- National Conference – Nurse Leader as Architects Leading the future of Nursing Practice organized by the Department of Nursing Administration, Father Muller College of Nursing, on Mangalore 31st Oct 2014
- Organised a Conference on "Pediatric Oncology" - Department of Pediatric Nursing, Father Muller College of Nursing in collaboration with Father Muller Oncology Centre, 12th&13th Dec 2014

POSTER PRESENTATION:

- Presented a concept poster in the National Conference – Nurse Leader as Architects Leading the future of Nursing Practice organized by the Department of Nursing Administration, Father Muller College of Nursing, on Mangalore 31st Oct 2014

EXTENSION ACTIVITY:

- Organized an extension activity - Collage competition on the topic "Every Child Deserves a Chance" in observance of International Mother's Day on 2nd May 2014.
- Organized an extension activity on observance of National Pollution Control Day-Awareness programme on Occupational Hazards in Biomedical Waste Disposal on 2nd Dec 2014.

SR JANET - LECTURER

PAPER PRESENTED:

- Presented paper at the National conference on " Effectiveness of child to child approach among school children regarding personal hygiene in a selected school at Mangalore " Organized by Athena College of Nursing, Mangalore.

NATIONAL/ INTERNATIONAL CONFERENCES ATTENDED:

- Organized conference on "Pediatric Oncology" - Department of Pediatric Nursing, Father Muller College of Nursing in collaboration with Father Muller Oncology Centre, 12th&13th Dec 2014
- Participated in International Conference , "Power of the Past – Force for the Future" – An Update on Research organised by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.
- Workshop on : "Safe Infusion therapy", held at Father Muller Medical College Hospital organized by B. Braun Medical India Pvt. Ltd on 30th January 2014
- Workshop on : Application of Biostatistics In Nursing Research", held at Father Muller College of Nursing on 1st March 2014 organized by Alumni Association, Father Muller College of Nursing.
- CNE on Tool validation, 11th march 2014 Organized by Father Muller College of Nursing
- Silver lining in nursing 15th march 2014 Father Muller College of Nursing
- world breast feeding week on theme: Breastfeeding a winning goal for life August 1st to 7th
- Faculty Development Programme on " Nursing Care Plan Application in Clinical settings" organized by the Department of Medical Surgical, Father Muller College of Nursing on July 9th, 2014.
- National Conference of "Pediatric Oncology "organized by Father Muller College of Nursing, Department of Child Health Nursing ,Mangalore, 12- 13th December 2015

FACILITIES:

Department library with adequate books
Departmental classroom for post graduates students
Department lab with all the articles, models and charts
Computers for the staff academic Work

4. MENTAL HEALTH NURSING

FACULTY MEMBERS:

1. Ms Agnes E J, Professor & HOD
2. Ms Chanu Bhattacharya, Professor
3. Ms Binsha Pappachen , Asst Prof
4. Sr Nikhila, Asst Prof
5. Ms Shine, Lecturer
6. Mr Rajeeve Mathew, Lecturer
7. Mr Shiju R, Lecturer
8. Ms Lejo mol, Lecturer
9. Mr Ovine, Lecturer & Infection Control Nurse
10. Mr Rudresh, Lecturer & ANS
11. Mr Valerian Pinto, Lecturer & ANS

Departmental Activities

1. International day against Drug Abuse and Illicit Trafficking was celebrated on June 30th in Milagres Pre-University College, on the theme "A Message Of Hope: Drug Use Disorders Are Preventable And Treatable" and a psychodrama was conducted along with health education for the students and staff of the college
2. Organized half day workshop on Spiritually Augmented Cognitive Behavior Therapy for faculty from Manipal University, Manipal, Nitte University, and Father Muller College of Nursing on 22nd September 2014 at Syndicate Hall of Father Muller College of Nursing
3. As a part of the Alzheimer's day, the department conducted a talk on "Dementia: Can we reduce the risk?" by Dr Raghavendra BS (Department of Neurology, FMMC) for the

- faculty and students from various departments of Father Muller Medical College Hospital, Father Muller College of Nursing and Father Muller School of Nursing on September 23rd of the year 2014 in Rajath bhavan
4. Observed World Mental Health Day and organized a talk on the theme "Living with Schizophrenia." by Dr. Denzil A Pinto, Professor, Department of Psychiatry, FMMC for patients and caregivers on Oct 10th, 2014 in Father Muller Mental Health Centre. Mr. Jayaprakash Gowda was honored on this occasion for his constant support and guidance in conducting the public awareness programmes through Psychodramas in various educational institutions in Mangalore.
 5. Christmas programme was conducted for the patients and their family members in the General Psychiatric Ward of Father Muller Mental Health Centre on 18th December 2014 from 3pm to 4pm.
 6. Organized a health education on 'Mental Health and Mental Illness' for women at Anganwadi, Badakabailu on 17.01.15
 7. Apart from the regular classes on Mental Health Nursing and Nursing Research for M Sc Nursing, B Sc Nursing and P B B Sc Nursing students, the departmental faculty also conducted classes on Scientific Enquiry on Audiology and Speech Language Pathology for Semester VI BASLP students
 8. Participated in the activities of the Satellite clinic at Katipalla along with the team of psychiatrists every first Monday of the month
 9. The departmental faculty are conducting International multicentre randomized clinical trial on the "Outcomes using the spiritually augmented cognitive behavior therapy for a cohort of patients with demoralization and depression" (2012-15)
 10. Research Department: The Research Classes and Research related activities of the college of nursing are planned and implemented for PG and UG students.

Staff achievements

1. Prof. Chanu Bhattacharya

- Presented a paper on "Childhood mental disorders and managements" in the National Conference in Psychiatric Nursing PSYCON 2014, Indiram College of Nursing, Trichirapalli, & Athma Hospital, Tamil Nadu in Collaboration on 30th April 2014
- Received the certificate of appreciation and consider as a faculty by Tamilnadu State Nursing Council
- Published a paper on Work Book writing: how it promotes Reflective Thinking in Clinical Nursing Education :A student perspective in the proceedings of 18th National Conference of Nursing Research Society of India (NRSI)14-16th November,2014
- Attended a National conference on "Qualitative Research" on 21st and 22nd November 2014 in SP Fort College of Nursing Trivandrum

2. Ms Agnes E J

- Presented a paper on Innovative Teaching Strategies in Nursing in the National Conference on Outcome Based Education on 16/1/15 and 17/1/15 organized by Dept of Humanities, social Sciences and Management, NITK Surathkal.
- Delivered a talk on " A message of hope: Drug use disorders can be treated and prevented" the theme of International day against drug abuse and Illicit drug trafficking on June 26th 2014 to the Pre-University students of Yenepoya PU college, which was organized by Laxmi Memorial College of Nursing, Mangalore

Completed the research project "Illness representations and coping styles in caregivers for individuals with schizophrenia spectrum disorders in India and Switzerland" by August 2014

3. Ms Binsha Pappachen

- Published "Knowledge and attitude regarding immunization among mothers of under five children with a view to prepare an informational booklet" in Proceedings of National conference at SP FORT College of Nursing, Trivandrum, Kerala.
- Attended a National conference on "Qualitative Research" on 21st and 22nd November 2014 in SP Fort college of nursing Trivandrum

4. Sr Nikhila

- Participated in Training the trainer workshop on "Intellectual property rights" held at St Aloysius college, Mangalore on August 11th 2014 which was supported by Dept of Biotechnology, Govt of India under Star College Scheme
- Participated and presented a paper in the 15th International Nursing Ethics Conference organized by St John's College of Nursing, Bangalore on 2nd and 3rd September 2014

4. Rajeeve Mathew

- Participated in Training the trainer workshop on "Intellectual property rights" held at St Aloysius college, Mangalore on August 11th 2014 which was supported by Dept of Biotechnology, Govt of India under Star College Scheme

Other conferences and workshops attended by the faculty

1. International conference on 'Power of the past-Force for the future, an update on research' on 13th June 2014 organized by FMCON
2. Workshop on 'Identifying learning and developmental disorders in school children' organized by FMMC on 9th August 2014
3. CME by Karnataka Chapter of Research Society for the study of Diabetes in India from 6th to 7th Sept 2014 organized by FMMC
4. National conference on "Nurse Leader as Architects: Leading the future of nursing practice" organized by FMCON on 30th October 2014
5. National conference on Pediatric Oncology on 12th & 13th December 2014 organized by FMCON
6. National CME on Psychopharminar-2015 on 14/01/15 organized by Dept of Pharmacology, FMMC; Dept of Psychiatry, K S Hegde Medical Academy, Mangalore; UNESCO Chair Bioethics & World Psychiatric Association in Decennial Memorial Hall, FMCI
7. Panel discussion organized by Alumni association, FMCON on "Rights and benefits of employees held on 28/02/15
8. Seminar on "Safe Motherhood :make it happen" held on 07/03/15 organized by Dept of OBG Nursing, FMCON

Facilities

The department is well equipped with all the facilities required for the theory and practical classes on Mental Health Nursing and Nursing Research for B Sc Nursing, P B B Sc Nursing and M Sc Nursing students

5. COMMUNITY HEALTH NURSING DEPARTMENT

FACULTY MEMBERS

Faculty	Designation
Dr. Leena .K.C	Professor & HOD(completed PhD-RGUHS)
Mrs. Irene Alvares	Professor
Ms Kathreena. M. U	Professor
Mrs. Shiji P.J	Assistant Professor
Mrs. Jasmin S Vas	-do- Principal (School of Nursing)
Ms. Shwetha MN	Lecturers
Mrs. Florine Veigas	Lecturers
Mr. Shajan Xaviour	Lecturers
Ms. Sonia KL Sequera	Lecturers (completed diploma in counseling- Roshni Nilaya)
Ms. Lidwin Marina Lobo	Assistant Lecturer

STAFF ACHIEVEMENTS

DETAILS OF FACULTY ATTENDING CONFERENCES/ WORK SHOPS/ CNE/ SEMINAR

Mrs Leena KC, HOD & Professor

1. Attended a panel discussion on employee rights and responsibilities organised by alumni association on 28February 2015
2. workshop on 'Teacher Effectiveness' conducted by IQAC of FMCON on 18th February 2015
3. Participated in the preconference workshop by Dr Kader Parahoo on systematic review in healthcare as a part of international conference on evidence informed practice: An approach to health care reform held on 23 January 2015
4. The international conference on Evidence informed practice :An approach to healthcare reform held on 24 and 25 January 2015
5. Session on IQAC and equal opportunity by Dr Malini Hebbar on 16th January 2015 at FMCON
6. Presented a paper titled Evaluation of facilities at selected sub centers of DK district as per Indian Public Health standards during the international conference on Evidence informed practice :An approach to healthcare reform held on 24 and 25 January 2015
7. National Conference on " Nurse Leader As Architects: Leading the Future of Nursing Practice" on 30th October 2014
8. CME programme conducted by Karnataka Chapter of Research Society for the Study of Diabetes in India on 6th & 7th September 2014
9. continuing nursing education programme on "Application of Nursing care plan at clinical setting" organized by medical and surgical nursing department- 17th July 2014
10. International Conference on "Power of the past-Force for the future- An update on Research": on 13th June 2014 at Father Muller College of nursing, Mangalore.
11. Was a resource person (moderator of panel discussion on sharing experiences of conducting qualitative research) during the International Conference on "Power of the past-Force for the future- An update on Research": on 13th June 2014 at Father Muller College of nursing, Mangalore.
12. Was the moderator of the panel discussion on the nurses day theme-2014 held on May 12th 2014 at Father Muller College of Nursing

Irene T R Alvares, Professor

1. Participated in SDP on the topic "Application of Nursing Care Plan at Clinical Setting" on 19th July at FMCON
2. Organized & Participated in International Conference on the topic "Power of the Past-Force for the Future" – An Update on Research on 13th June 2014 at FMCON Training the Trainer
3. Workshop on the Topic "Academia Sensitization Training in Intellectual Property Rights at St Aloysius College, Mangalore, on 11th August 2014
4. National Conference on "Nurse Leader As Architects: Leading the Future of Nursing Practice" on 30th October 2014
5. National Conference on "Pediatric Oncology" held on 12th & 13th December 2014 organized by Dept of Pediatric Nursing & Father Muller Oncology Centre
6. workshop on 'Teacher Effectiveness' conducted by IQAC of FMCON on 18th February 2015

Sr Kathreena M U (Sr Deepa), Professor

1. Participated in Workshop on the Topic "Academia Sensitization Training in Intellectual Property Rights at St Aloysius College, Mangalore, on 11th August 2014
2. Attended a National Conference on "Pediatric Oncology" held on 12th & 13th December 2014 organized by Dept of Pediatric Nursing & Father Muller Oncology Centre
3. Workshop on 'Teacher Effectiveness' conducted by IQAC of FMCON on 18th February 2015

Jasmine Sarita Vas, Assistant Professor

1. Organized & Participated in International Conference on the topic "Power of the Past-Force for the Future" – An Update on Research on 13th June 2014 at FMCON Training the Trainer
2. CNE on 'Career Planning in Nursing' organized by Laxmi Memorial College of Nursing on 30th June 2014
3. National Conference on "Nurse Leader As Architects: Leading the Future of Nursing Practice" on 30th October 2014
4. National Conference on "Pediatric Oncology" held on 12th & 13th December 2014 organized by Dept of Pediatric Nursing & Father Muller Oncology Centre
5. workshop on 'Teacher Effectiveness' conducted by IQAC of FMCON on 18th February 2015
6. National Seminar on 'Understanding the Elderly and Upholding their Dignity' held on 6th march 2015 conducted by Dr M V Shetty College of Social Work, Mangalore.

Mrs. Shiji PJ, Asst Professor

1. Organized an International Conference on "Power of the past-Force for the future- An update on Research": on 13th June 2014 at Father Muller College of nursing, Mangalore.
2. National Conference on "Nurses "A Force for change a vital resource for quality health care" held on 29th & 30th May 2014 at Vydehi Institute of Nursing Sciences and Research Centre, Bangalore.
3. Organizing secretary of the National Nursing Conference on "Nurse Leader As Architects: Leading The Future Of Nursing Practice" organized at Father Muller College of Nursing on 30th October 2014.
4. Continuing nursing education programme on "Application of Nursing care plan at clinical setting" organized by medical and surgical nursing department- 17th July 2014.
5. Academia Sensitization Training In Intellectual Property Rights "Training -The – Trainer Workshop on 11th August 2014 , organized at St.Aloysius College , Mangalore.

6. awareness programme on "Occupational Hazards In Biomedical Waste Disposal Observance Of National Pollution Control Day on 2 nd December 2014, organized by department of child health and nursing administration department of Father Muller College of nursing, Mangalore.
7. Paper at National Conference on "Nurses "A Force for change a vital resource for quality health care" held on 29th &30th May 2014 at Vydehi Institute of Nursing Sciences and Research Centre, Bangalore.

Ms. Shwetha M N, Lecturer

1. Organized a International Conference on "Power of the past-Force for the future" on 13th June 2014 at Father Muller College of nursing, Mangalore.
2. CNE Programme organized by the Dept of Medical Surgical Nursing on "Application of nursing care plan at clinical setting on 17th July 2014 at Father Muller College of nursing, Mangalore.
3. Participated Academia sensitization Training in Intellectual Property Rights 'Training- The- Trainer' Workshop held at St. Aloysius College, Mangalore on 11/ 08/ 2014.
4. CNE Programme organized by the Dept of Medical Surgical Nursing on "Principles of CVP Monitoring and Artifacts" on 19th August 2014 at Father Muller College of nursing, Mangalore.
5. CNE titled "Medicine Update _ 2015, Mangalore" held on 1st February, 2015 at Fr Muller Medical College, Mangalore.
6. CNE Programme organized by the Dept of Medical Surgical Nursing on "Guidelines: Presentation for Journal Club" on 10th February 2015 at Father Muller College of nursing, Mangalore.
7. Panel discussion organized by Alumni Association on Rights and Benefits of Employees on 28th February 2015 at Father Muller College of nursing, Mangalore.
8. Workshop on 'Teacher Effectiveness' held on 18th February 2015 at Father Muller College of nursing, Mangalore
9. Panel discussion for Kannada Yuvavani Programme on "Mosquito borne disease and its prevention" Radio programme broadcasted on 3rd June 2014

Mr. Shajan Xaviour, Lecturer

1. Organized a International Conference on "Power of the past-Force for the future" on 13th June 2014 at Father Muller College of nursing, Mangalore.
2. Attended Psycho-Pharminar organized by UNESCO chair of Bio Ethics Father Muller Medical College
3. Participated in CNE Programme organized by the Dept of Medical Surgical Nursing on "Application of nursing care plan at clinical setting on 17th July 2014 at Father Muller College of nursing, Mangalore.
4. Academia sensitization Training in Intellectual Property Rights 'Training- The- Trainer' Workshop held at St. Aloysius College, Mangalore on 11/ 08/ 2014.
5. CNE Programme organized by the Dept of Medical Surgical Nursing on "Principles of CVP Monitoring and Artifacts" on 19th August 2014 at Father Muller College of nursing, Mangalore.
6. CNE Programme organized by the Dept of Medical Surgical Nursing on "Guidelines: Presentation for Journal Club" on 10th February 2015 at Father Muller College of nursing, Mangalore.
7. Panel discussion organized by Alumni Association on Rights and Benefits of Employees on 28th February 2015 at Father Muller College of nursing, Mangalore.
8. Workshop on 'Teacher Effectiveness' held on 18th February 2015 at Father Muller College of nursing, Mangalore.
9. Activities as a NSS coordinator of FMCON (Health expo, special Lecture on Women and law, Swach Bharath Andolon and Special camp)

by IT
Ms. Florine Veigas, Lecturer

1. Organized a International Conference on 'Power of the past-Force for the future' on 13th June 2014 at Father Muller College of nursing, Mangalore.
2. Participated in CNE Programme organized by the Dept of Medical Surgical Nursing on 'Application of nursing care plan at clinical setting on 17th July 2014 at Father Muller College of nursing, Mangalore.
3. Academia sensitization Training in Intellectual Property Rights 'Training- The- Trainer' Workshop held at St. Aloysius College, Mangalore on 11/ 08/ 2014.
4. CNE Programme organized by the Dept of Medical Surgical Nursing on 'Principles of CVP Monitoring and Artifacts' on 19th August 2014 at Father Muller College of nursing, Mangalore.
5. TOT on Tuberculosis from 19-21st Jan 2015 at St. John
6. CNE Programme organized by the Dept of Medical Surgical Nursing on 'Guidelines: Presentation for Journal Club' on 10th February 2015 at Father Muller College of nursing, Mangalore.
7. Panel discussion organized by Alumni Association on Rights of Employees on 28th February 2015 at Father Muller College of nursing, Mangalore.
8. workshop on 'Teacher Effectiveness' held on 18th February 2015 at Father Muller College of nursing, Mangalore.
9. seminar on the topic "Safe motherhood: Make it happen" on 07-03-2015
10. Radio talk in Kannada Yuvavani Programme on "H1N1" broadcasted on 18/03/2015

Ms. Sonia Karen Liz Sequera, Lecturer

1. Organized International conference on "power of the past-force for the future"-An update on research on 13th June 2014 at Father Muller College of nursing, Mangalore
2. Attended Conference on "Nurse Leader as Architects: Leading the future of Nursing Practice" on 30th October, 2014 at, FMCI, Mangalore
3. Participated in CNE Programme organized by the Dept of Medical Surgical Nursing on 'Principles of CVP Monitoring and Artifacts' on 19th August 2014 at Father Muller College of nursing, Mangalore.
4. CNE Programme organized by the Dept of Medical Surgical Nursing on 'Guidelines: Presentation for Journal Club' on 10th February 2015 at Father Muller College of nursing, Mangalore.
5. Panel discussion organized by Alumni Association on Rights and Benefits of Employees on 28th February 2015 at Father Muller College of nursing, Mangalore.
6. workshop on 'Teacher Effectiveness' held on 18th February 2015 at Father Muller College of nursing, Mangalore.
7. Was the moderator for the panel discussion conducted on the topic MOSQUITO BORNE DISEASES & ITS PREVENTION, at ALL INDIA RADIO PROGRAMME, broadcasted on 3-06-2014
8. Talk on "Breast feeding & its importance" for the residents of Badagabellur (Bantwal Taluk) on 2-08-2014 from 11am to 12.15 pm on the occasion of world breast feeding week-2014 conducted by community health nursing department in collaboration with community medicine, FMMC.
9. Resource person for the topic "soft skills" for the Medical records department, accounts department, front desk, social workers, staffs from outpatient department, clerical staffs and staffs from billing section of Father Muller charitable hospital ,on 20-11-2014.
10. Successfully completed Post Graduation Diploma in counseling and sevrved excellent and has been awarded grade A++.

Ms. Lidwin Marina Lobo

1. Organized a International Conference on 'Power of the past-Force for the future' on 13th June 2014 at Father Muller College of nursing, Mangalore.
2. national conference on the topic "Nurse Leader as architects: leading the future of nursing practice" on 30-10-2014

3. national conference on the topic "Quality education: moving towards excellence" on 19th & 20th February 2015 in Athena College of Nursing, Mangalore
4. CNE Programme organized by the Dept of Medical Surgical Nursing on "Application of nursing care plan at clinical setting on 17th July 2014 at Father Muller College of nursing, Mangalore.
5. Academia sensitization Training in Intellectual Property Rights 'Training- The- Trainer' Workshop held at St. Aloysius College, Mangalore on 11/ 08/ 2014.
6. CNE Programme organized by the Dept of Medical Surgical Nursing on "Principles of CVP Monitoring and Artifacts" on 19th August 2014 at Father Muller College of nursing, Mangalore.
7. Staff development programme on the topic "IQAC and Equal Opportunity" on 16 -01- 2015
8. CNE Programme organized by the Dept of Medical Surgical Nursing on "Guidelines: Presentation for Journal Club" on 10th February 2015 at Father Muller College of nursing, Mangalore.
9. Panel discussion organized by Alumni Association on Rights and Benefits of Employees on 28th February 2015 at Father Muller College of nursing, Mangalore.
10. Attended a workshop on 'Teacher Effectiveness' held on 18th February 2015 at Father Muller College of nursing, Mangalore.
11. As a resource person gave health talk on the topic "Importance of breast feeding" on the occasion of 'World Breast Feeding Week 2014' on 02-08-2014 at Badagabellur (Bantwal taluk)
12. NSS work as a coordinator(Swachh Bharat Mission, NSS special camp)

PUBLICATIONS –RESEARCH

Dr Leena KC

1. Effectiveness of child to child approach to health education on worm infestation for primary school children .Nitte university journal of health sciences, NUJHS, 4(1) ISSN- 2249-7110
2. Client satisfaction with services rendered by female health workers in selected PHCs of DK district, Karnataka. Muller journal of medical sciences and research, MJMSR, 5(1),ISSN 0975-9727
3. Self medication practices of Nursing students of selected colleges of nursing, Mangalore. Rajiv Gandhi Journal of Nursing Sciences , RJNS ,ISSN 2231-6051
4. Knowledge of common neonatal problems among mothers of newborn admitted for safe confinement. Journal of family medicine and primary care, July-Sept14,3(3), ISSN 2249-4863
5. Non communicable disease (NCDs) control activities by female health workers and availability of related facilities at selected sub centres of DK district, Karnataka, India International journal of health sciences and research, IJSRP,4(3),march 2014 ISSN 2249-9571
6. Knowledge of hand hygiene and its self reported practice among nursing students during clinical experience at a teaching hospital in Mangalore. Journal of patient safety and infection control, June 2014, ISSN: 2214-207X

Ms Shiji P J

1. A Study To Assess The Knowledge Of Adults Regarding Global Warming In A Selected Community At Mangalore.International Journal Of Scientific Research [ISSN NO-2277-8179], Impact Factor- 1.8651, Volume 03, Issue 05, May 2014 Page No 71-71

Publication-Non Research

2. An article is published in Health Action on Drug abuse- An Overview, July 2014 issue.

19th presented a poster on "Power of the past-Force for the future- An update on Research" in the International Conference on 13th June 2014 at Father Muller College of nursing, Mangalore.

MS. Sonia Karen Liz Sequera, Lecturer

1. A study to assess the knowledge and self reported practice towards ART among the individuals with HIV at Dakshina Kannada; Mangalore, Muller journal of medical sciences and research, Volume 6, Issue 1, Jan-Jun 2015
- Non Scientific Paper Publication
2. Case report on consanguineous marriage, published in International Journal of science and research (IJNR), Volume 4, Issue 3, March 2015.
 3. Published an article on the topic -SUBSTANCE ABUSE- A national health problem, in HEALTH ACTION, JULY 2014.
 4. Published an article on the topic -global action plan for prevention and control of NCD 2013-2020, in HEALTH ACTION, SEPTEMBER 2014.
 5. Presented a poster on "Power of the past-Force for the future- An update on Research" in the International Conference on 13th June 2014 at Father Muller College of nursing, Mangalore

Mrs. Florine Veigas, Lecturer

1. Presented a poster on "Power of the past-Force for the future- An update on Research" in the International Conference on 13th June 2014 at Father Muller College of nursing, Mangalore.

Ms. Shwetha M N, Lecturer

1. Presented a poster on "Power of the past-Force for the future- An update on Research" in the International Conference on 13th June 2014 at Father Muller College of nursing, Mangalore.
2. Written and published articles on Malaria, 12th five year plan and substance abuse in Health Action

DEPARTMENTAL ACTIVITIES

Activity	Number
International conference	1
Coordination of research project (Swiz collaboration)	1
Seminars (for Switzerland students)	11
Mass health education (arthritis, diabetes, malaria, environmental sanitation etc)	5
Radio programmes (staff and students)-HIV/AIDS, malaria, H1N1	3
Group health education	35
Health camp	2
Visits/field trips	55
Nutritional program (demonstrations) for various age groups & conditions	1
Survey report presentation	3
Participation in national health programmes	3
Panel discussion	6
Symposiums	5
Microteaching	22
Christmas programme-in old age home	2
PG researches at hand as guide/co-guide	5
UG research projects at hand	11

FACILITIES

- Departmental library - Number of reference books (168), term papers (58) thesis/projects(45)
- Community lab with well equipments, audio visual aids, laptops (2), staffrooms, library and classrooms for PGs
- New facility/equipment added- One Laptop
- Computers for the academic work of the staff.

6. NURSING FOUNDATION

FACULTY MEMBERS

Sl no	Name	Qualification	Designation	Area of specialization
1	Sr.Deepa Peter	M.Sc(N)	Asst.Professor/HOD	Paediatrics
2	Mrs.Maria Lasrado	M.Sc(N)	Asst.Professor	Paediatric Nursing
3	Mrs.Shine Thomas	M.Sc(N)	Lecturer	Psychiatric nursing
4	Mrs.Shwetha Rashmi	M.Sc(N)	Lecturer	Medical surgical nursing
5	Mrs Manoj	MSc(N)	Lecturer	Paediatric nursing
6	Ms Brincy	MSc(N)	Lecturer	Paediatric nursing
7	Mrs.Sunitha Merlin	P B B.Sc(N)	Asst. Lecturer	
8	Ms. Frenita Reena D'Souza	B.Sc(N)	Clinical instructor	
9	Ms.Delcy Selma Fernandes	B.Sc(N)	Clinical Instructor	

ACTIVITIES OF THE DEPARTMENT

Curricular

- Teaching and training the students of school and college of nursing, Allied Health Sciences & BPT students.
- Methods of teaching includes lecture cum discussion, demonstration of procedures, power point presentations, role plays, group discussion, debates, OSCE/OSPE, video clips etc
- Arranging classes in co-ordination with physiotherapy dept
- Organizing guest lectures.
- Periodic feedback and evaluations are obtained from the students.
- Cumulative records are maintained for each student.
- Slow learners are identified and remedial measures like tutorials, re-test, assignments are conducted to improve their internal assessment marks.
- Unit tests are also conducted time to time.
- Two sessional exams for internal assessments and one model exam is conducted prior to the university examinations.

1. Highlights of the extension activities of the department

DATE	BATCH	ACTIVITY	VENUE
21/5/2014 To 5/6/2014	1 st BSc(N)	Mass health education (balanced diet, worm infestation, care in diarrhoea, prevention of malaria, personal hygiene, smoking and its effects)	Medical-surgical wards
23/6/2014 To 24/6/2014	1 st BSc(N)	Nutrition day celebration: exhibition & group health education	Nutrition lab & wards

5/7/2014	1 st PBBSc(N)	Therapeutic diet preparation	Nutrition lab
3/12/2014	Faculty	School health programme On HIV/AIDS	Capitanio high school, Mangalore
22/1/2015	Faculty/ 1 st BSc students	National girl child awareness rally & street play	From Pumpwell to Mack mall Kankanady
11/2/2015	1 st BSc students/ faculty	World day of the sick	Hospital wards

2. Activities conducted for the students

SL. NO	DATE	ACTIVITY	VENUE
1.	1/4/2014	SVEEP campaign(participated)	T.M.A. Pai hall, Mangalore
2.	10/5/2014	Panel discussion on nurses efforts for change a vital resource for health	Academy hall
3.	17/9/14-19/9/14	Orientation Programme	Rajath Bhavan
4.	15/11/2014	Freshers day	Academy hall
5.	29/10/2014	Guest lecture on novice nurse a leader a way to profession by prof.T S Ravi Kumar	AV Aid hall
6.	19/12/2014	Lamp lighting & oath taking ceremony	Academy hall

Other activities include

- Monthly departmental meetings
- Departmental research on the topic "A comparative study to assess the patient's and healthcare personnel's perception of privacy" (completed)

Results of the student's performance in Nursing Foundations

The result for the academic year 2014- 15 of GNM, B.Sc Nursing and P.B B.Sc Nursing students as follows:

SI No	BATCH	SUBJECT	PERCENTAGE
1	GNM	Fundamentals of nursing	92.8%
2	1 st year B Sc nursing	Nursing Foundation	98%
		Nutrition	97%
3	PBBSc Nursing	Nutrition	100%

ACHIEVEMENTS OF THE STAFF

BRIGIT A P (Sr Deepa Peter)

- ❖ 13/06/2014: Participated in an international conference on "Power of the past-Force for the Future -An update on research" organized by Dept of Community Health Nursing in collaboration with Alumni Association in Father Muller College Of Nursing Mangalore
- ❖ 17/07/2014 :Participated in the CNE on Application of nursing care plan at clinical setting in Father Muller College Of Nursing Mangalore

- ❖ 2/08/2014: Organized world Breast Feeding week celebration in Nirmala Hospital Ullal
- ❖ 6/08/2014: Organized world Breast Feeding week celebration in the Father Muller Medical College, Mangalore
- ❖ 9/9/2014 : Participated in the workshop on identifying learning and developmental disorders in children, organized by department of pediatrics in Father Muller Medical College, Mangalore
- ❖ 11/09/2014: Participated in the workshop on Academia sensitization Training in intellectual property "Training the trainer", organized by St Aloysius college, Mangalore
- ❖ 19/09/2014: Participated in the CNE on 'Principles of central Venous pressure Monitoring and artifacts', organized by department of Medical surgical nursing of Father Muller College of Nursing, Mangalore
- ❖ 6/12/2014 A Regional conference in perinatology with National Neonatology forum-Karnataka chapter conducted by Dept of Obstetrics and Gynaecology, Father Muller Medical College
- ❖ 12/12/2014 -13/12/2014 Organized a National conference on Pediatric oncology in Father Muller College of Nursing, Mangalore
- ❖ 16/01/2015 : Participated A staff development programme on " IQAC and equal opportunity" organized by IQAC of Father Muller College of Nursing, Mangalore
- ❖ 10/02/2015 Attended a CNE programme on "Guidelines- Presentation for journal club" Organized by Research dept of FMCON
- ❖ 19/02/ 2015 Attended a workshop on "Teaching effectiveness" organized by IQAC of Father Muller College of Nursing, Mangalore
- ❖ 28th February 2015 : Attended a panel discussion on "Rights and responsibilities of employees" on organized by a Alumni Association of FMCON
- ❖ 26/03/2015 :BLS training conducted by American Heart association in FMMCH

Poster presentation

- Presented a poster in international conference on "Power of the Past – Force for the Future" – An Update on Research Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.

MRS MARIA ROSHINI LASARDO

- 13/06/2014 : Participated in an international conference on "Power of the past-Force for the Future – An update on research" organized by Dept of Community Health Nursing in collaboration with Alumni Association in Father Muller College Of Nursing Mangalore
- 17/07/2014 : Participated in the CNE on Application of nursing care plan at clinical setting in Father Muller College Of Nursing Mangalore
- 2/08/2014 : Organized world Breast Feeding week celebration
- 6/08/201 Organized world Breast Feeding week celebration in the Father Muller Medical College, Mangalore
- 9/9/2014: Participated in the workshp on identifying learning and developmental disorders in children, organized by department of pediatrics in Father Muller Medical College, Mangalore
- 19/09/2014: Participated in the CNE on 'Principles of central Venous pressure Monitoring and artifacts', organized by department of Medical surgical nursing of Father Muller College of Nursing, Mangalore
- 6/12/2014 A Regional conference in perinatology with National Neonatology forum-Karnataka chapter conducted by Dept of Obstetrics and Gynaecology, Father Muller Medical College
- 12/12/2014 -13/12/2014 Organized a National conference on Peadiartric oncology in Father Muller College of Nursing, Mangalore

- 16/01/2015 Participated A staff development programme on " IQAC and equal opportunity" organized by IQAC of Father Muller College of Nursing , Mangalore
- 10/02/2015 Attended a CNE programme on "Guidelines- Presentation for journal club" organized by Research dept of FMCON
- 19/02/ 2015 Attended a workshop on "Teaching effectiveness" organized by IQAC of Father Muller College of Nursing , Mangalore
- 28/02/2015 : Attended a panel discussion on "Rights and responsibilities of employees" on organized by a Alumni Association of FMCON

MRS SHINE THOMAS

- Attended International Conference" Power of the Past – Force for the Future" – An Update on Research Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing on 13th June 2014.
- Attended Workshop on Application of Biostatistics In Nursing Research 1st March 2014 Organized by Father Muller College of Nursing
- Attended Workshop on Perinatology , 6th December 2014 Organized by Father Muller medical college
- Attended a CNE on Tool validation, 11th march 2014 Organized by Father Muller College of Nursing.
- Organized a Conference Silver lining in nursing 15th march 2014 Father Muller College of Nursing
- Poster presented –in the International Conference, "Power of the Past – Force for the Future" – An Update on Research 13th June 2014 Organized by Department of Community Health Nursing in collaboration with Alumni Association, Father Muller College of Nursing
- 16/01/2015 Participated A staff development programme on " IQAC and equal opportunity" organized by IQAC of Father Muller College of Nursing , Mangalore
- 10/02/2015 Attended a CNE programme on "Guidelines- Presentation for journal club" Organized by Research dept of FMCON
- 19/02/ 2015 Attended a workshop on "Teaching effectiveness" organized by IQAC of Father Muller College of Nursing , Mangalore
- 28th February 2015 Attended a panel discussion on "Rights and responsibilities of employees" on organized by a Alumni Association of FMCON.

MRS. SHWETHA RASHMI M S

- 17/07/2014 Participated in the CNE on Application of nursing care plan at clinical setting in Father Muller College Of Nursing Mangalore
- 19/09/2014: Participated in the CNE on 'Principles of central Venous pressure Monitoring and artifacts' ,organized by department of Medical surgical nursing of Father Muller College of Nursing , Mangalore
- 6/12/2014 A Regional conference in perinatology with National Neonatology forum- Karnataka chapter conducted by Dept of Obstetrics and Gynaecology ,Father Muller Medical College
- 16/01/2015 Participated A staff development programme on " IQAC and equal opportunity" organized by IQAC of Father Muller College of Nursing , Mangalore
- 10/02/2015 Attended a CNE programme on "Guidelines- Presentation for journal club" organized by Research dept of FMCON
- 19/02/ 2015 Attended a workshop on "Teaching effectiveness" organized by IQAC of Father Muller College of Nursing , Mangalore
- 28/02/2015 : Attended a panel discussion on "Rights and responsibilities of employees" on organized by a Alumni Association of FMCON

MRS SUNITHA MERLYN

- 12/05/2014 organized panel discussion on "Nurses: A Force for Change - A Vital Resource for Health" by dept of nursing foundation, Fr Muller College of Nursing.
- 13/06/2014 Participated in an international conference on "Power of the past-Force for the Future -An update on research" organized by Dept of Community Health Nursing in collaboration with Alumni Association in Father Muller College Of Nursing Mangalore
- 17/07/2014 Participated in the CNE on Application of nursing care plan at clinical setting in Father Muller College Of Nursing Mangalore
- 3/12/2014 organized School Health Programme on "HIV/AIDS" for high school students at Capitanio Hihgschool, kankanady. Conducted by dept of nursing foundation, Fr Muller College of Nursing.
- 6/12/2014 A Regional conference in perinatology with National Neonatology forum-Karnataka chapter conducted by Dept of Obstetrics and Gynecology ,Father Muller Medical College
- 12/12/2014 -13/12/2014 participated in a National conference on Pediatrics oncology in Father Muller College of Nursing, Mangalore
- 22/1/2015 organized and participated in "National Girl Child Day Awareness Rally" conducted by dept of nursing foundation, Fr Muller College of Nursing.
- 19/02/ 2015 Attended a workshop on "Teaching effectiveness" organized by IQAC of Father Muller College of Nursing , Mangalore

MISS FRENITA REENA D'SOUZA

- ❖ 13/06/2014: Participated in an international conference on "Power of the past-Force for the Future -An update on research" organized by Dept of Community Health Nursing in collaboration with Alumni Association in Father Muller College Of Nursing Mangalore
- ❖ 17/07/2014 :Participated in the CNE on Application of nursing care plan at clinical setting in Father Muller College Of Nursing Mangalore
- ❖ 19/09/2014: Participated in the CNE on 'Principles of central Venous pressure Monitoring and artifacts' ,organized by department of Medical surgical nursing of Father Muller College of Nursing , Mangalore
- ❖ 12/12/2014 -13/12/2014 Organised a National conference on Pediatric oncology in Father Muller College of Nursing , Mangalore
- ❖ 16/01/2015 : Participated A staff development programme on " IQAC and equal opportunity" organized by IQAC of Father Muller College of Nursing , Mangalore
- ❖ 10/02/2015 Attended a CNE programme on "Guidelines- Presentation for journal club" Organized by Research dept of FMCON
- ❖ 19/02/ 2015 Attended a workshop on "Teaching effectiveness" organized by IQAC of Father Muller College of Nursing , Mangalore
- ❖ 28th February 2015 : Attended a panel discussion on "Rights and responsibilities of employees" on organized by a Alumni Association of FMCON

MS DELCY SELMA FERNANDES

- ❖ Attended International conference "Power of the past-Force for the future"- An update on Research organized by Department of Community Health Nursing in collaboration with Alumni association, Father Muller College of Nursing on 13th June 2014.
- ❖ Organized world breast feeding week on the theme: Breastfeeding a winning goal for life August 1st to 7th 2014
- ❖ Attended a CNE programme on "Principles of central venous pressure monitoring and articles" on 19th august 2014.
- ❖ Organized National Conference on "Paediatric Oncology" in collaboration with Father Muller Oncology center 12th and 13th December 2014.
- ❖ 19/02/ 2015 Attended a workshop on "Teaching effectiveness" organized by IQAC of Father Muller College of Nursing , Mangalore

- ❖ 28th February 2015 : Attended a panel discussion on "Rights and responsibilities of employees" on organized by a Alumni Association of FMCON

FACILITIES AVAILABLE IN THE DEPARTMENT

1. Departmental Library:

The departmental library consists of 103 books of Nursing Foundation, 35 books of Nutrition and 53 reference books on various subjects are available and it is utilized by both staff and students.

2. Nursing Foundations Laboratory

The laboratory is well equipped with six manikins and manikins of various body parts. The nursing procedures are demonstrated in the laboratory and the students get their preliminary training here before they are being sent to the hospital wards. (the articles enclosed)

3. Nutrition Lab .It is equipped with necessary articles for the preparation of various food items.

EVENTS AND ACTIVITIES OF THE COLLEGE OF NURSING:

Swiss visit: A two member's team headed by Prof Madelein Baumann, RN, M Sc; head of International Affairs visited Father Muller College of nursing. The delegation is in follow up with the MOU signed between the Haute Ecole de la Santé La Source Lausanne, Switzerland University of Applied Sciences Western Switzerland and Father Muller college of Nursing in 2012. It is aimed at student exchange programme in the area of community health nursing.

Accordingly a team of 4 students and a staff Visited from 10.06. 2014. to 27. 06. 2014. The objective of their visit was to conduct a Research project. Prof. Hank Verloo, the staff helped the students to initiate the project and guided them in the process. He returned on 15th June. The other four students continued with their research study till 27th June. They presented the findings of the study on 26th to our faculty. They were happy and overjoyed for the achievement of the objectives and could complete the research project on time.

This occasion was utilized to organize one day International conference on "Power of the past – Force for the Future, An update on Research" at the Decennial Memorial hall on 13th June 2014. The scientific sessions were:-

- Conceptualizing research: An overview
- Validation/ Standardization of an instrument
- Research grant writing and publication
- Systematic review and Meta-Analysis of Quantitative Research in Nursing
- Conducting qualitative research-
- Sharing experience of researchers"- A panel Discussion
- Analysis of qualitative Data.

There were 200 delegates for the conference.

National Conference: The staff and 2nd year M.Sc. Nursing student organized National conference on the theme "Nurse Leader as Architects: Leading the future of nursing practice" on 30th Oct.2014. Prof. T.S. Ravikumar, CMC Vellore was the chief gust.

The sessions were: -

1. Transforming Nursing Leadership through Education
2. Nursing Excels through Strategic Empowerment
3. Futuristic Nursing : Practicing to potential
4. Delegation, Dilemmas, Standards & practices in nursing

NATIONAL GIRL CHILD DAY AWARENESS RALLY:

Department of Nursing Foundation has organized an awareness rally at 8.45 am from Father Muller gate at pump well to Mak Mall, Kankanady on National Girl Child Day, 22nd January 2015. The students of 1st year B Sc Nursing, GNM and faculty participated in the rally. On reaching at Mak Mall premises they put up a street play to create awareness on this occasion. The chief guest, Ms Judith Maschrens, Ex Mayor, Mangalore Corporation highlighted the importance of observing this day and addressed the public regarding the population ratio of girl child and its issues, female feticide, importance of girl child.

Honouring of Dr Leena K C : Prof. Leena K C HOD Community Health Nursing Department was honored by the College of Nursing for the award of Doctor of Philosophy (Ph. D) in Community Health Nursing for the Title of the Thesis "Development of Community Health Nursing Practice Standards (CHNPS) for Female Health Workers (ANMS) in Primary Health Centers of Dakshina Kannada" at RGUHS in the 17th Convocation held on the 25th March 2015. The Principal and Faculty of College of Nursing, the Principal and Faculty of School of Nursing and CNO were present for the ceremony.

Inauguration of B.Sc, PBB.Sc. and M.Sc nursing courses for the year 2014: The 28th Batch of B.Sc, 27th Batch post Basic B.Sc.and 23rd Batch M.Sc Nursing courses were Inaugurated on 16th September at 10am in the Decennial memorial hall. Programme was organized by the 2nd M.Sc nursing students. Dr. Sr. M. Clare AC was the chief guest. Followed by orientation programme was organized for the entire fresher's from 17th to 19th of September, 2014

Teacher's day Celebrated: - On 04-09- 2014 teachers' day was celebrated by the students. All the teachers were felicitated and honored. The M.Sc nursing students prepared a short documentary in praise of their teachers.

Annual sports meet:

- The annual sport meet was organized on 3rd December 2014, in the Stadium. All students participated in a colorful march past and various sports activities. Winners were awarded with medals and certificates. Overall best performers and highest scores Championship was won by the IV year B. Sc nursing students.
- In the Inter-zonal Volley ball tournament organized by RGUHS, Our Students were the runners up.
- Student participated in the RGUHS Athletic Meet 2014-15 held at Alvas, Moodbidri from 4th-6th Dec 2014.

They secured, -2nd place in 4* 400 meters relay, and 3rd place in 4* 100 meters relay. Students participated in RGUHS Mysore Zone Athletic Meet organized by College of Dental Science, Davangere. From 13th to 15th November 2014 and Inter collegiate Athletic meet 2014 was held at SDM college of Dental science and hospital Dharward from 29-10-2014 to 31-10-2014.

They won

Gold medal	-	4
Silver	-	6
Bronze	-	9

Indian Council for Medical Research (ICMR)

The ICMR has sanctioned 3 Research projects to the College of Nursing. The team from the centre had visited to evaluate the progress of the project. They were happy to see the work done by the staff with regard to the Research. The 3 project are

1. "Awareness of insurance schemes among Rural Population of Dakshina Kannada District"
2. "A study to assess the prevalence, knowledge & attitude of adolescents on non smoking tobacco use in a selected degree college at Dakshina Kannada district, Karnataka, India"
3. "Impact of supervisory support training program (SSTP) for health assistants in enhancing performance in PHCs for Dakshina Kannada District, of Karnataka.

STUDENTS NURSES Association DAY 2015:

The International Nurses Day was Celebrated by the students as "student Nurses Association Day" on 9th May 2015 in commemoration of the Birthday of Florene Nightingale the founder of Modern Nursing. Father Muller School and College of Nursing organized "**Aurora-2015**" a Cultural fest, from 7th May, 2014. to 9th May 2015. The three-day cultural extravaganza **Aurora** signifies "Ensnaring Thy Senses". The Programme was inaugurated by Pro Victorea the vice principal by unfolding the theme. In her Inaugural speech she said that the goal of this international Nurses week is a tribute to the caring and healing ministry in the service of humanity and to make public aware why such respect and admiration is indeed well deserved for nurses. They serve the humanity from womb to tomb. Nurses are the important workforce in the health care industry. Advising the students she said, "Let there be healthy competition, good participative spirit, encouragement, appreciation and respect for one another. " She concluded by wishing that this event may promote leadership and good relationship among one another. Aurora 2015 was a three-day cultural extravaganza where the students got an opportunity to display their talents and competitive spirit.

Panel Discussion on the Theme: "Nurses a Force for change, Care effective, cost effective" was organized by the staff of College of Nursing followed by the **valedictory** function of the Nurses day. Prizes were distributed to all the winners. Overall trophy was won by the 2nd year B. Sc nursing students. The programme was ended at 12.30noon with lunch get-together.

The general body meeting was held and the new office bears were selected. Annual report of student nurses' Association was presented by the secretary of SNA. The cultural program was followed by delicious lunch get-together.

The office Bearers of SNA are as follows:

SNA Staff Advisors	-	Pramila D' Souza	-	Lecturer
Vice President	-	Akhilamol Babu	-	IV B. Sc (N)
Secretary	-	Ms. Jevita Viona D Souza	-	III B. Sc (N)
Joint Secretary	-	Ms. Bimalu Benny	-	III B. Sc (N)
Programme Coordinator-		Ms. Sherin Chinnu Mathew	-	IV B. Sc (N)
Treasurer	-	Ms. Da Costa Zuricka,	-	II B. Sc (N)

Lamp Lighting and oath taking ceremony: The Lamp Lighting and Oath Taking Ceremony of students of 57th batch of GNM, Father Muller School of Nursing and 28th batch of B Sc Nursing, Father Muller College of Nursing was held on 19th December 2014 in the Academy Hall. Prof. Alice Daniel, Principal, Malik Deenar College of Nursing, Kasargod was the

chief guest of the ceremony. The ceremony was followed Christmas programme conducted by II year B Sc Nursing students.

Spiritual activities in the campus: The spiritual activities within the hostel and chapel give every student and faculty the opportunity for their spiritual growth.

- The annual retreat makes the students conscious of their ethical and moral responsibilities.
- Jesus youth prayer group organize prayer meeting every Wednesday in which our students actively participate
- Divine Horizon-Spiritual activity group of the campus organize prayer meeting every month.
- Altar servers conduct regular meetings and get spiritual instructions by the priests.
- Students get training to conduct Mass liturgy, Holy hour on Friday and daily rosary in the hostel.

PARENT-TEACHER - STUDENT MEETING:

Regular PTS meetings were held during the year 2014. About 65% of the parents were present. The main point discussed during these meeting were

1. Hostel rules and regulations
2. Use and Abuse of Mobile by the students in the Hostel
3. Abuse of the facilities provided for study e.g. Internet, Library, Night study and Reading room.
4. Poor academic performance and absenteeism by the students for theory and Practical's
5. Friendship / Dress code
6. Participation in the spiritual activities in the campus & outside as per their religion and the permission by the parents for the same.

All the parents actively participated in the meetings. Some expressed their concern of their children involving in unhealthy friendship. It was well planned by the student support & progress committee. A short documentary of the student's activities was presented to the parents, followed by open discussion and clarification of queries and singing of the progress report of the student's by the parents. At 12.30pm lunch was served to all the parents.

1. **Institution day cum Graduation ceremony- 2015:** Nursing graduates were: - B. Sc - 100, PBB Sc - 37, and M. Sc - 35 were graduated. Overall Excellence Award was conferred on - Ms. Henita Joshna. Best Dissertation Award was won by Ms. Anju Mary M. Sc. Nursing. University Ranks holders were honoured. They are UG - Ms. Annie Careen Khongwir - 3rd Rank. PG - Feona Francis-7th rank.

Inspection

- On 29th April 2015, LIC inspection by RGUHS was conducted for the continuation of affiliation of all courses
- Our college is a recognized center for university examination and for paper evaluation.

Staff picnic

A day of picnic was organized for the faculty to Murdeshwer on 26th April 2014. All participated in the same and it strengthened understanding, love, cooperation and enthusiasm among the staff to work better for the Institution.

National Service Scheme (NSS)

NSS programmes Coordinator - Mr Shajan Xaviour - Lecturer.

NSS unit of Father Muller College of nursing conducted the following programmes during the year.

- 1 Organized Health exhibition during mega health camp at Father Muller Hospital Thumbay for General public about the "Safety health practices and Environmental sanitation" on 14-05-2014

- Jayanthi day all NSS students
2. "Swatch Bharat Mission" on Oct. 2nd 2014 Gandhi participated in "Swatch Bharat Abhiyan" from 8am-1pm. The campaign was started by Prime Minister with a view to create awareness on cleanliness among people in and around we live in.
 3. Organized Swatch Bharath Andolon on 1/11/2014 along with Dioceses of Mangalore and Father Muller Charitable Institutions with motto "My Garbage Is My Responsibility"
 4. On the occasion of "Anti - Leprosy day 30th January the 2nd year B. Sc Nursing student along with department of community health nursing and NSS unit conducted school health programme and health education on Leprosy and its prevention at Capitano higher primary school, Mangalore.
 5. PARTICIPATION IN HALF MARATHON: The NSS unit of Father Muller College of Nursing, had participated in half Marathon on 22.02.15 which was organized by Dakshina Kannada Athletic Association (DKAA) with a view to create an awareness among the youth about sports and fitness and to stress on the need to channelize their energy in right direction. The half marathon had nearly 20,000 participants of all ages of men and women and boys and girls. The route passed through Lady Hill, Mannagudda, Car Street, Navabharat Circle, PVS, MG Road and back to Mangala stadium.
 6. NSS Special Camping: The theme of the NSS Special Camping "STAY HEALTHY & LIVE HEALTHY"

Day 1

23.04.2015(Thursday)

Inauguration - President of the function - Rev. Fr. Patrick Rodrigues - Director Father Muller Charitable Institution.

Day 2

24. 04. 2015(Friday)

Morning - Home visit and screening for health problems at Amemar, Mangalore, In association with Father Muller Medical College.

Afternoon - Class on Leadership training skill development by Mr. Gilbert Nelson Martis, Senior Nurse Practice Educator, University of Nottingham. United Kingdom

Day 3

25.04.2015(Saturday)

Morning - Mass Health education Programme at Baikampady, Mangalore

Afternoon - Blood Donation, Organ Donation & Legal aspects by Dr. Leena KC, Father Muller College of Nursing.

Day 4

26.04.2015(Sunday)

Observational visit to Pilikula Biological Park at Vamanjoor, Mangalore

Day 5

27.04.2015 (Monday)

Morning - Home visit and screen for screen for health problems at Baikampady, Mangalore

Afternoon - Session on Interactive communication skill development by Rev. Fr Richard D' Souza, Director, Canara Communications, Mangalore.

Day 6

28.04.2015 (Tuesday)

Morning - Sharmadan and Give a message on "save environment" at Baikampdy, Mangalore,

Afternoon - Session on "Environmental Safety & Laws" by Mrs Jyothi Pinto, HR Manager, Father Muller Charitable Institution.

Day 7

29.04.2015 (Wednesday)

Morning - Home visit and screen for screen for health problems at Baikampady, Mangalore

Afternoon – Session on "Moral Values in Life" by Rev Sr. Winnifred D' Souza,
Principal Father College of Nursing.

Day 8

30.04.2015(Thursday)

Morning – Anganwadi Health Assessment & Nutritional diet Preparation at
Pachanady, Managalore.

Afternoon – Valedictory Function & Report Presentation.

Christmas Celebration:

The faculty and non-teaching staff of Father Muller School and College of Nursing celebrated Christmas on 22.12.14 in Rajath Bhavan, Father Muller College of Nursing. A carol singing competition was conducted in the morning in which five groups participated. Games, gift exchange with Christmas friends, cake cutting, carol singing and Christmas message by Sr. Winnifred D'Souza, Principal was in the afternoon.


NABH

1. Orientation for NABH was held on 20-09 2014 in the syndicate hall for all the staff of SON and CON from 3-4.30pm. Sr. Aileen-CNO & Mr. Valerian ANS was the recourse persons.
2. All the Teaching staff participated in the Training programme organized by the Hospital NABH Core-Committee in two batches i.e. on 5th and 9th July 2014 in the Hospital conference hall, on the following topics:
 - Consent, Verbal Orders, Care of Vulnerable patients, Transfer in & Transfer out Policy.
 - Bio-Medical Waste Management, Hand Hygiene & related issues.

During the process of NABH all the staffs were in the clinicals doing the following

- Maintaining all the Register as per the requirement of the NABH guidelines
- Guiding the staff Nurses for updates in HIS
- Conducting, supervising and teaching the Hand Wash Techniques
- Conducting Audit for HIC
- Preparing and arranging all the files for NABH in nursing suptd. Office
- Regular attending meeting, classes which were arranged in preparation for NABH
- Supervision of the patient care and helping in maintaining standards of patient care

Conclusion: I am grateful to God for all the blessing received during the year. I thank the management for the timely help, guidance and constant support as well as encouragement at every step of our venture. I wish to thank the teaching and non-teaching staffs who are striving constantly to achieve the motto of the college "Search, Share, and Care.


Sr Winnifred D'souza, M.Sc. (N)
Principal
Father Muller College of Nursing
Father Muller Charitable Institutions
Kankanady, Mangalore-575 002

FATHER MULLER COLLEGE OF NURSING



ANNUAL REPORT

From: April 2015 to March 2016

DEPARTMENTS

- Medical Surgical Nursing
- OBG Nursing
- Paediatric Nursing
- Psychiatric Nursing
- Community Health Nursing
- Nursing Foundation

INTRODUCTION: Father Muller College of Nursing is an "Edifice of Enlightenment and Empathy" has earned a brand name as one of the Top Class Nursing College in the Country. About 2500 under graduate and 750 Post graduates have successfully walked out from the portals of College of nursing holding the banner high and are ambassadors of our college in different countries. We have achieved much in the field of nursing education, service and research.

The National Assessment and Accreditation council (NAAC) has accredited our college with 'A' grade in the year 2014. It is the first nursing college under RGUHS Bangaluru to be accredited. The staff and students have been inspired and guided through the years by the motto "Search, Share and Care" were nurses search for knowledge, share their knowledge and care the sick with the updated Knowledge.

Our students excel in sports, curricular and co-curricular activities. Our Alumnae are sought after by every Medical Institutions in India and abroad for their excellence discipline and devotion in the nursing profession.

College has an excellent, efficient and highly motivated faculty who plan meticulously all the curricular and co-curricular activities for the students.

STATISTICS:

The Courses offered are:

Basic B. Sc nursing degree course

Annual intake 100 students

I Year	-	100
II Year	-	97
III Year	-	99
IV Year	-	97

AUGUST/SEPTEMBER 2015 RGUHS UNIVERSITY EXAMINATION RESULTS

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
I year	97	77	14	47	16	79%
II Year	95	77	-	40	37	81%
III Year	92	90	23	66	1	98%
IV Year	76	76	15	59	2	100%

Rank:

Ms Nancy Divya D Silva-5th Rank

1st Basic B.Sc Nursing

Annual intake 60 Students

I Year - 41

II Year - 41

AUGUST-SEPTEMBER-2015 RGUHS UNIVERSITY EXAMINATION RESULTS

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
I year	41	34	5	25	4	83%
II Year	34	34	15	18	1	100%

Ranks:

Ms Bless Mathew 5th

Ms Jasmy Jose 6th

Ms Babitha Paulose 7th

M Sc. (Post Graduate) NURSING COURSE

Annual intake 40 Students

1. Medical-surgical nursing 8 seats
2. Obstetric and Gynecological Nursing 8 seats
3. Community Health Nursing 8 seats
4. Psychiatric Nursing 8 seats
5. Pediatric Nursing 8 seats

Post Graduate students present position

I Year - 21

II Year - 18

AUGUST-SEPTEMBER-2015 RGUHS UNIVERSITY EXAMINATION RESULTS

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
I year	18	10	2	8	0	56%
II Year	25	24	15	9	0	96%

Ranks

Ms. Julia A Kuriakose 4th

Ms.Honey George 5th

Ms Chinju Varghese 7th

FACILITIES:

State of-the-art nursing college campus, spacious, well equipped ICT enabled classrooms with all advanced audio-visual aids, supportive learning environment, career-oriented disciplines, have made the college of nursing an “ edifice of enlightenment and empathy” and earned a brand name as one of the best nursing college in the country.

Specialty demonstration rooms:

- Anatomy & physiology lab (medical college)
- Community Health Nursing Lab,
- Fundamentals of Nursing and Medical-Surgical Nursing combined Lab.
- Nutrition Lab,
- OBG Lab, and
- Child Health Lab

The Labs are well equipped to develop nursing skills of students.

It is in the 1250 bed Father Muller Medical College Hospital that the students get hands on training in different medical, surgical and specialty units under the direct supervision and guidance of the clinical instructors. Students are exposed to **SKILL LAB** and get training for various nursing care procedures in the skill lab.

Separate section in the central library for UG and PG students. Abundance of books and journals are available to quench the thirst of knowledge. Reading room with seating capacity of 250 students

Continuing Nursing Education Programmes: Regular conferences, workshops, seminars and guest lectures are organized for different batches of students to enhance the knowledge of the student nurses. Staff organized conferences and workshops in their respective specialty. It is mandatory for the staff to attend conferences and workshop organized within the campus and outside colleges.

During the year the college of nursing organized

- International Seminar - 1
- National Conference - 2
- State level Conference - 5 (5 specialty Departments)
- Workshops - 3
- CNE Programmes - 6
- Guest Lectures - 6 and
- **Guest Lectures for students** - 4

Advanced training: The students are given opportunity to expose themselves to different health care settings by organizing visits to other hospitals in India. A national administrative visit for UG & PG helps the students to sharpen their administrative abilities.

The faculty of college of nursing has contributed as resource persons in different National and International conferences, workshops and continuing nursing education programmes. They have also participated in various conferences as well as presented and published papers.

DEPARTMENTS IN THE COLLEGE OF NURSING

MEDICAL SURGICAL NURSING DEPARTMENT

FACULTY MEMBERS

1. Ms. Bridget D Silva - Assoc. Professor & HOD & Duty. NS
2. Mrs. Victoria D' Almeida - Professor & Vice Principal & Clinical Coordinator
3. Ms. Sonia D'Souza - Asst. Professor & ANS
4. Mrs. Preethi Fernandes - Asst. Professor & ANS
5. Sr Susamma Varghese - Lecturer & ward Supervisor
6. Ms Divya Kumari - Lecturer & ward Supervisor
7. Mrs Jacintha Valder - Lecturer & ward Supervisor
8. Zenia Hezel D'Souza - Lecturer & ward Supervisor
9. Ms Neethu Ann Koshy - Lecturer & ward Supervisor

Ms. Bridget D Silva (HOD)

Achievements

- Internal quality assurance member, NITTE University, Mangalore.
- Won the 1st prize for Poster presentation on "Nurse Leader as an Architects: leading the future of Nursing practice' at National conference organized by Father Muller College of Nursing on 30th October 2014.

- Assoc. Editor, Father Muller Journal of Medical Sciences from 2011 to date.
- Question paper setter & examiner to Kerala University, Manipal & Yenepoya, NTR University and AIIMS

Publications

1. Presented a paper on *"distress related to tracheal suctioning among patients admitted in Critical care units in a selected hospital at Mangalore, Karnataka"* at a 19th national Conference of NRSI (NRSICON15) at Father Muller College of Nursing, on 29th to 31st September 2015.
2. A study on *pain management practices among staff nurses* in a selected hospital, Mangalore, International journal of scientific research, ISSN NO.2277-8179, volume 4, issue 6, June 2015.
3. A study to assess the effectiveness of structured teaching program on knowledge regarding dialysis disequilibrium syndrome(DDS) among staff nurses, in selected Hospital, Mangalore, Indian journal of research. ISSN No:2250-1991(IF:3.4163) volume 4 issue 6 June -2015

Prof. Victoria D Almeida

Achievements

- INC Inspection team member
- University question paper setter
- Member of board of studies – Yenepoya Nursing college, Deralakatte, Mangalore
- Moderator for a scientific session "nature and design of mixed method research" in 19th Annual national conference of NRSI.

Publications

- Effectiveness of PTP on knowledge regarding dialysis disequilibrium syndrome among the staff nurses. PARIPEX – Indian Journal of Research
- Effectiveness of skill training programme for caregivers of the bedridden patients. PARIPEX – Indian Journal of Research

Paper presentation

"Perception of daily stress among the hypertensive and normotensive patients" in NRSI conference.

Ms. Preethi Fernandes - Asst Professor

Ms. Preethi Fernandes - Asst Professor

Publications

- Effectiveness of individual education intervention regarding therapeutic regimen on attitude and compliance among patients with end stage renal disease in a selected hospital in Mangalore published in International Journal of Nursing Education, volume 5, Jan- Jun 2013 page no- 157.
- Self reported practice regarding home care management among patient undergoing hemodialysis in PARIPEX- Indian Journal of Research, Volume IV, Issue : VI, June – 2015

Ms. Susamma Varughese (Sr.Judy SIC) - Lecturer

Publications

- Effectiveness of Planned Teaching Programme on selected side effects of insulin therapy for diabetic clients in diabetic clinics of Mangalore. NURSES OF INDIA.March2016;vol.No.17 issue 3

Divya Kumari - Lecturer

Mrs Jacintha Valder - Lecturer

Achievements: Second prize in poster presentation

Research: Self reported practice of foot care among diabetes patients

Zenia Hezel D Souza - Lecturer

Publications

Paper presentation in National Conference at Laxmi college of Nursing 2015
Research article publication in Paripex-2015

Neethu Ann Koshy - Lecturer

Publications

Paper Presentation at National Conference held at Laxmi College of Nursing 2015

DEPARTMENTAL ACTIVITIES (2015-16)

Journal club:

1. 18.09.2015 : Journal article presentation on "cuff pressure of et tubes after changes in Body position in critically ill patients treated with mechanical ventilation"
2. 23.02.2016 : Journal article presentation on "Effect of Whole Body Massage on the Process and physiological outcome of Trauma ICU patients. A double Blind randomized clinical trial"
3. 23.02.2016 : Journal article presentation on "grounded theory on peer to peer Accountability"

CNE programmes for the staff of Father Muller Hospital Thambay

1. Communication skills
2. Intravenous infusion/Blood transfusion
3. Assisting for ET intubation Mechanical Ventilation
4. Suctioning- Oral, ET, Tracheotomy
5. Management of Subcutaneous injection
6. Discussion of specific sampling techniques
7. Gastric lavage/Gavage
8. ABG collection and interpretation
9. Cardiac monitoring

Radio Programme

1. 14.5.2015 Health talk on Obesity
2. 02.11.2015 On AIDS
3. 17.12.2015 On diabetes Mellitus
4. 23.02.2016 On Dementia
5. 09.02.2016 On Renal Failure
6. 04.02.2016 Risk factors of oral and stomach cancer and its prevention

FACILITIES

- Fundamentals of nursing lab with equipments for advanced nursing procedures like :
 - Crash Cart
 - Defibrillator
 - Cardiac monitor
 - IV arm
 - Infusion pump
- Departmental Library includes
 - Books: 120
 - CD ROMs: 10
 - Modules: 15
 - Term Papers: 13
 - Dissertation: 107

OBSTETRICS AND GYNECOLOGICAL NURSING

Objective:

1. Develop methods to monitor and evaluate the midwifery skills of the faculty and students.
2. Demonstrate competency in maternity skills which promotes quality care to the women and child.
3. Demonstrate ethical conduct in practice and research
4. Communicate effectively with diverse audiences, especially low-income families with limited access to quality health services.

Faculty Details

	Qualification	Designation
1. Dr. Savitha Pramilda Cutinho	M.Sc(N), Ph.D.	HOD and Professor &NS
2. Sr Aileen Mathias	M.Sc Nursing	CNO and Professor
3. Mrs Darryl MS Aranha	M.Sc Nursing	Asst Professor & ANS
4. Mrs Alphilin Jose	M.Sc Nursing	Lecturer &Ward Supervisor
5. Mrs Pramila D'Souza	M.Sc Nursing	Lecturer &Ward Supervisor
6. Mrs Shoba Xaviour	M.Sc Nursing	Lecturer &Ward Supervisor
7. Ms Precilla Loriena D'Silva	M.Sc Nursing	Lecturer &Ward Supervisor
8. Mrs Reena Wilma Frank	M.Sc Nursing	Lecturer &Ward Supervisor

Staff Achievements:

1. Precilla D'Silva

Best poster award on 'Diabetes Awareness' organized on 14th November 2015 World Diabetes Day.

2. Dr. Savitha Pramilda Cutinho

Awarded Ph. D in Nursing on 27/02/2016 by the Yenepoya University on the title 'Effect of yoga on maternal and foetal outcome among the antenatal women'

3. Dr. Savitha Pramilda Cutinho and Ms. Shobha Xavior

Best scientific poster award secured first place on 'Effect of music therapy on labour among the antenatal women' during the 19th Annual NRSI conference held in the month of November 2015.

4. Ms. Darryl Aranha and Alphilin Jose

Best poster award secured third place on 'Effect of Cold application on Breast Engorgement' during the 19th Annual NRSI conference held in the month of November 2015.

5. Ms. Pramila D'Souza

Best scientific paper presenter award on 'perception of students on academic assignments' 19th Annual NRSI conference held in the month of November 2015.

Activities of the Department

1. International Day of Midwives: 5 May 2015 Midwives: for a better tomorrow

Midwifery day was celebrated by the faculty and students of OBG Nursing department. The activities aimed to improve maternal and infant health and students conducted games for the postnatal women who were given awards for breastfeeding and maintaining weight of their newborns.

2. Health Camp at St. Dominic church Ashoknagar on 18/7/2015

A health camp was organized in St. Dominic Church, Ashok Nagar, Mangalore by OBG Nursing and OBG department of FMMCH in collaboration with Catholic Sabha. The students educated the community via role play and faculty health educated them on Gynecological problems. The program ended with session on yoga. Around 70 women and men participated in the program.

3. St. Jerald Feast Celebration 16/10/2015

St. Jerald feast was celebrated in the 'H' ward in collaboration with postnatal ward in charge and staff and OBG department of the FMMCH. The faculty and students actively participated in the program along with the postnatal women and their family members.

4. Extension activity: Health talk on Menopause and Fibroid Uterus 16/8/2015 at Our Lady of Pompei Parish Urwa (Sunday)

Shree Sangatan of the church invited the OBG nursing and OBG department to conduct a health talk on 'Women's Health'. Mrs. Savitha Pramilda Cutinho, Ms. Precilla D'Silva, Dr. Prema D'Cunha and Dr. Alveera disseminated the information on various aspects of women's health. Around 60 women benefitted from the sessions.

5. **Breast Feeding Week 1-7th August 2015.** The world breast feeding day was inaugurated at the antenatal-postnatal 'H' ward of FMMCH on 1st August at 9am. Dr. Wilma, Professor, father Muller Homeopathy Medical college Hospital, was the chief guest. A video on Amritha Bindu was screened to the mothers. Poster competition was held. A series of programmes were held from 1st to 7th August which includes poster display, quiz for the postnatal mothers, periodic health talks in the wards and OBG OPD, distribution of pamphlets for the working mothers on 'Tips to continue Breastfeeding', CNE for the staff nurses, health talks at PHC, Jeppu and Community Health Centre, Bantwal. Participated in the program organized by the Women and child development Society Bantawal and delivered a health talk on breastfeeding and enacted a role play by the students.
6. **Health Talk on 'Arogya and Suchithva' at Capithaneo teachers Training Centre organized by District Education and Training Association, Kodialbile.**
Sr. Aileen was invited as a resource person for the topic 'Arogya and Suchithva' on 18/8/2015 at 2-3pm.
7. **Health Camp at St. Sebastein Church, Permannur on 16/8/2015 (Sunday)**
The Catholic Sabha of the church had invited to conduct the health camp for the women. The OBG Nursing faculty and students along with OBG department of FM MCH organized the camp. The students enacted a role play on 'fibroid Uterus' and 'Menopause' followed by which the faculty deliberated an informative talk on same topics and obstetricians clarified the women's doubt. The program continued with the health checkups of the women.
Total 62 women had health checkups done out of 120 present for the program.
8. **Observation of World AIDS Day on 1/12/2015**
The students and faculty of the department organized a Awareness program on HIV and AIDS at Nirmala Health Centre, Ullal. Total 120 women benefitted from the program.
9. **National Folic Acid Awareness Week on 14 and 15 January 2015**
National folic acid awareness week was commemorated by the OBG Nursing Department. The staff of the department given health talks on 'Importance of folic acid in pregnancy' in public address system in English, Kannada and Malayalam.
10. **Pregnancy Awareness Week on 13th February 2016**
The department observed the day by delivering a health talk on 'Healthy Mothers: Healthy Babies' in the Out Patient Department of Father Muller Hospital Thumbay at 10am. The beneficiaries were around 50 antenatal women.
11. **National Conference and Observation of International Women's Day on 8th March 2016 'Make Pregnancy Safer'**
The department organized a conference and observed the international women's day on March 8th 2016. During the inaugural Mrs. Malathi K, Junior Health assistant of Surathkal PHC was honoured for her services towards maternal health in rural communities of Dakshina Kannada. A day conference had five plenary sessions, workshop and scientific paper presentation and concept poster presentation on internal women's day theme 'Pledge for Parity'. Total 175 delegates and 200 students benefitted from the conference.
12. **Extension Activity at Holy Family Church, Brahmavar on 6/03/2016**
The Shree Sangatan of the church observed International Women's day. On this occasion they had invited the OBG department of FMMCH and OBG Nursing department to deliver the health talks on 'Women's Hygiene, food habits and sickness'. Dr. Joylene, Dr. Savitha Pramilda Cutinho and Ms.

Dr. Precilla D'Silva deliberated a healthy interactive sessions in Konkani. Around 75 women had participated in the program.

Publications:

The faculty of the department have presented the papers in various different conferences and participated in the poster competitions. They had updated their knowledge by attending various conferences, workshops and seminars

1. Knowledge regarding risk factors of cervical cancer and VIA among the health personnel
Simi Antoany, Darryl Monica Serafine Aranha, Savitha Pramilda Cutinho, Indian Journal of Research
2. Prevention of perineal trauma by perineal massage among multigravid women
Tintu Thomas, Savitha Pramilda Cutinh, Indian Journal of Research
3. Vaginal dryness, related problems and coping strategies of menopause women
Mercy PF, Aileen Mathais, Indian Journal of Research
4. Effect of LI4 ice massage on labour pain among primigravid Women, Surabhi Susan, Savitha Pramilda Cutinho, Indian Journal of Research
5. Video conference, Jovissa Lobo, Precilla DSilva Health Action
6. Nano Medicine, Julie Sara James, Precilla D'Silva, Health Action
7. Food Irradiation, Bashisha Manar, Precilla DSilva, Health Action
8. Effectiveness of Semi-fowlers position on maternal parameters and foetal heart rate among primigravid women during second stage of labour. Alphilin Jose, Sr. Aileen Mathais. International Journal of Health Sciences and Research
9. Effect of use of Birthing Ball on the first and second stage of labour outcome among primigravidae. Iona D'Costa, Savitha Pramilda Cutinho. International Journal of Nursing Education
10. Knowledge, attitude and practice of married women on the use of contraceptives.
Darryl Monica Serafine Aranha, International Journal of Health Sciences and Research
11. Effect of antenatal Yoga on postnatal depressive symptoms among the primipara women of a selected hospital, Dr Savitha Pramilda Cutinho International Journal of Nursing Education
12. Effectiveness of PTP on childbirth preparation regarding childbirth practice during labour among primigravid women. Precilla D'Silva, Sr Aileen Mathias. Muller Journal of Medical Sciences and Research
13. A descriptive study on knowledg of registered nurses regarding hospital protocol on biomedical waste and spillage management and needle stick injury in a selected hospital. Pramila D'Souza, Savitha Pramilda Cutinho. Nitte University Journal of Health Sciences
14. Effectiveness of aromatherapy on reducing anxiety among pregnant mothers (under review)
Shobha P Xaviour. Paripex Indian Journal of Research.

Other Activities:

1. Two of the faculty are trained in the Simulation Skill training
2. One of the faculty rendering service in the Diabetic Clinic
3. One of the faculty in Quality department.

PEDIATRIC NURSING DEPARTMENT

Faculty in the Department

1. Rev Sr Winnifred D' Souza ,Professor/principal
2. Ms Seema S Chavan , HOD / Assistant Professor & ANS
3. Mr. Manoj P S , Lecturer & Ward Supervisor
4. Mrs. Sandra Saldhana, Lecturer & Ward Supervisor
5. Mrs. Priya Janifer Fernandes, Lecturer & Ward Supervisor

6. Mrs. Wilma Shalini Noronha, Lecturer & Ward Supervisor
7. Ms. Brincy D Souza, Lecturer & Infection Control Course
8. Mrs. Neeta Priyanka John, Lecturer & Ward Supervisor
9. Sr. Janet D' Souza, Lecturer & OPD Supervisor

Staff Achievement

1. Rev Sr Winnifred D' Souza is appointed as BOS for PG by RGUHS.

Research publications

1. Co authored the research study on the topic "Effectiveness of Music on Behavioral and physiological Response of Preterm Neonates in the Selected Neonatal Intensive Care Units of Mangalore" in International Journal of Science and Research (IJSR) April 2015.

Conferences / workshops attended

- 1) Pre-Conference Workshop on Systematic Review in Healthcare on 23rd Jan 2015 at Manipal College of Nursing Manipal.
- 2) International Conference on Evidence Informed Practice: An Approach to Healthcare Reform held on 24 & 25 Jan 2015 at Manipal College of Nursing Manipal.
- 3) National Level Principal's Meet 2015 held on 4th & 5th 2015 at Smt. Radhikabai Meghe Memorial College of Nursing, Sawangi Wardha, Maharashtra.

Resource persons & presentations of paper/ poster

1. Moderator for the session "Communication of Research Finding" during 19th Annual Conference of NRSI at FMCON on 29th -31st Oct.2015

Ms Seema S Chavan (HOD)

ICMR and RGUHS Projects (ongoing)

1. Principal investigator of ICMR project titled - A study to assess the Prevalence, knowledge and attitude of adolescents (16-18yrs) on the smokeless Tobacco in Dakshina Kannada district.
2. Principal investigator on a research project funded by RGUHS on "quality of life & lived experience of mothers and their felt needs of children diagnosed with cancer in a selected hospital in Mangalore."

Departmental research projects (ongoing)

1. Principal investigator on a departmental research project on "A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore"
2. Principal investigator on an interdepartmental research project on "Prevalence of obesity and measurement of the blood pressure, body mass index and self reported problems among obese children in selected schools at Mangalore."

Research publications

1. A study to assess the oral health status & self reported oral health practices in school going children in selected schools in Mangalore Global Journal For Research Analysis Impact factor 3.1218) ISSN:2277- 8160 , Volume 4 , Issue 4 ,April 2015
2. A study to assess the utilization of electronic games & associated behavioral problems among adolescents in selected schools in Mangalore" Global Journal For Research Analysis Impact factor 3.1218) ISSN:2277- 8160 , Volume 4 , Issue 4 ,April 2015
3. A study to assess the psychosocial problems in children (6-16yrs) with selected skin diseases in selected OPD in Mangalore" Global Journal For Research Analysis Impact factor 3.1218 ISSN:2277- 8160 , Volume 4 , Issue 5, May 2015

4. A study to assess the knowledge on foreign boy aspiration among mothers of under five children in selected rural community in Mangalore” Global Journal For Research Analysis Impact factor 3.1218 ISSN:2277- 8160 , Volume 4 , Issue 5, May 2015
5. A study to assess the knowledge of parents regarding national immunization in a selected hospital in Mangalore” RGUHS journal of nursing sciences , ISSN:2231- 6051 Volume 5 Issue 1, June 2015
6. “A study to assess the prevalence and knowledge of substance abuse among adolescents in selected college of Mangalore , Proceedings of NRSI National Conference on Pathway to quality improvement in health care , October 2015
7. “A descriptive study to assess the knowledge level of parents regarding management of temper tantrum in toddlers in a selected institution at Mangalore” Accepted in RGUHS journal of nursing sciences, Publication in process.

Conferences / workshops attended

1. Attended a regional Workshop on Autism in Yenepoya College of Nursing ,April 2015
2. Attended a Workshop on Systematic Review & Meta Analysis in KLE university institute of nursing sciences , Belgaum, 4th & 5th May 2015
3. Attended an international conference on 63rd Indian academy of pediatrics ,55th Asia pacific congress of pediatrics 5th Asia pacific congress of pediatric nursing in Hyderabad international convention center, 21 to 24th January 2016
4. Attended National workshop on emerging research culture :A pathway to evidence informed health care in Nitte Usha institute of nursing sciences, 18th and 19th February 2016

Conferences / workshops organized

1. Guest lecture on Pediatric oncology in Father Muller College of Nursing,28th October 2015
2. Seminar on Pediatric Nephrology in Father Muller College of Nursing, 16th April 2016

Resource persons & presentations of paper/ poster

1. Panel discussion - A force for change – Care effective & Cost effective Father Muller college of Nursing 9th May 2015
2. Moderated a session in national conference NRSICON’15 :A pathway to quality improvement in health care Father Muller college of Nursing, 29th October 2015
3. A study to assess the Prevalence, knowledge and attitude of adolescents (16-18yrs) on the smokeless Tobacco in Dakshina Kannada district.- **Pilot study report** Presented a paper in international conference on 63rd Indian academy of pediatrics ,55th Asia pacific congress of pediatrics 5th Asia pacific congress of pediatric nursing Hyderabad international convention center 21st to 24th January 2016
4. Problems and problem solving strategy of mothers of children with cancer in selected hospitals at Mangalore –**A Pilot study report** Presented a paper in National workshop on emerging research culture :A pathway to evidence informed health care. Nitte usha Institute of Nursing Sciences , Mangalore 18th 19th February 2016

Mr. Manoj P S - Lecturer

Departmental Research Projects - ongoing

A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore.

Publication

Published a research study on "To assess the knowledge of parents regarding Childhood Specific Learning Disabilities visiting a selected hospital at Mangalore." International Journal of Health Sciences and Research, Vol.5; Issue: 12; December 2015, ISSN: 2249-9571. Indexed. Impact factor: 3.2

Conferences, workshops, seminars, faculty development programmes and in-service education organized

1. NRSICON'15- 19th Annual National Conference – Nursing Research: A pathway to quality improvement in Health Care, Father Muller College of Nursing on 29th – 31st Oct 2015.
2. Organized a guest lecture on "Pediatric Oncology", Dept of Child Health Nursing, FMCON on 28th Oct 2015

Conferences, workshops, seminars, faculty development programmes and in-service education attended

1. Attended faculty development programmes on – Vancouver Style organized by the Research, Consultancy and Extension Committee, Father Muller College of Nursing on 6th February 2016
2. CME on Hansen's Disease and its challenges in the 21st Century, Dept of Dermatology, Venereology and leprosy, Father Muller Medical College, Mangalore on 1st August 2015

Extension Activities Organized

- Breast Feeding Week Celebration 2015, Father Muller College of Nursing
- Children Day Celebration 2015, at Prashanth Nivas Juppo.

Mrs. Sandra Saldhana - Lecturer

Research Projects ongoing

- Effectiveness of SBAR technique in clinical communication among nurses

Research publications

1. Stress and coping among parents of children having thalassemia Indexed International journal of science and research, Vol.4; Issue: 7; July 2015, ISSN: 2319-7064, Impact Factor: 4.43 2015

Conferences /workshop attended

1. Basic assessment of the EBP Integration in Daily practice' staff development committee, FMCON,16.06.2015
2. Evidence informed practice through teaching Department of Nursing Education, FMCON,18.06.2015
3. Hansen's disease 'The IADVL, Karnataka and SIG Leprosy IADVL along with Department of Dermatology, Venereology and Leprosy FMMC1.08.2015
4. 'Neurodevelopment paediatrics' FMMC 11.08.2015
5. Developments in medical technologies FMMC, 5.06.2015

Conference / workshop organized

Organized guest lecture on Pediatric oncology in Father Muller College of Nursing, 28th October 2015.

Poster /Paper presentation

1. Poster presentation on Research Climate Research, Consultancy and Extension committee, FMCON6.05.2015

Extension activity

1. Breast feeding week (Outreach centres) 1-7.08.2015

Mrs. Priya Janifer Fernandes – Lecturer

Research Projects ongoing

1. Study to assess the incidence of malnutrition among children aged 6 months to 2 years and attitude of mothers related to weaning among those who are attending the selected well baby clinics at Mangalore.

Publication

1. Managing protein energy malnutrition , Health action September 2015

Presentations

1. Nurse educators job satisfaction NRSI , 29,30,31st October

Conferences /FDP/CNE Seminar/ Guest Lecture/Panel Discussion/Symposium Attended

1. A faculty development programme was attended on 16-06-2015 at father Muller College of nursing, topic “Basic assessment of the EBP integration in daily practice of nurses “
2. Update on practical aspects of diabetes management , 11th and 12th November 2015
3. A national level seminar was attended on 05-06-2015, topic” Developments in medical technologies” organized by Father Muller Medical College
4. A Panel discussion was attended on 09-05-2015 , topic “nurse –A force for change care effective and cost effective” organized by Father Muller College Of Nursing , Department Of Nursing Foundation
5. Participated in the FDP on Vancouver style organized by research consultancy and extension committee in Fr Muller College of Nursing. 06/02/2016

Mrs. Wilma Shalini Noronha- Lecturer

Departmental Research Projects ongoing:

1. Incidence of malnutrition among children aged 6-59 months and attitude of mothers related to weaning among those who are attending the selected paediatric opds at mangalore as a co-investigator

Publications

1. Effectiveness of music on behavioural and physiological responses of preterm neonates in the selected neonatal intensive care units of Mangalore, International journal of science and research , ISSN No: 2319-7064 volume 4 Issue4, April2015, Impact factor 4.438
2. Knowledge and self reported practices among mothers of under five children regarding diarrheal management Indian journal of research , ISSN No2250-1991, Volume4, issue4, April 2015

Presentations

1. Postnatal mother’s knowledge regarding management of preterm neonates: view to plan health education at nrsicon’15, 29th October -31st 2015.
2. Poster presentation at National Seminar on developments in medical technologies – ethical, philosophical and religious implications with the title Care Vs Justice

Conferences /Work shop/ Guest Lecture Organized

1. Organized a guest lecture on Pediatric oncology on 28th November 2015
2. A Regional workshop on 10-10- 2015 on the topic career advancements.

Conferences /Work shop/ Guest Lecture FDP/CNE Attended

1. A state level workshop attended on the topic “Rising medical litigation –possible solutions” at SDM law college Mangalore on 5th December 2015
2. A national level seminar was attended on 05-06-2015, topic” Developments in medical technologies” organized by Father Muller Medical College

3. A Panel discussion was attended on 09-05-2015 , topic "nurse –A force for change care effective and cost effective" organized by Father Muller College Of Nursing , Department Of Nursing Foundation
4. A faculty development programme was attended on 16-06-2015 at father Muller College of nursing, topic "Basic assessment of the EBP integration in daily practice of nurses "
5. A state level CNE was attended on 1st August 2015 "Hansens Disease and its challenges in the 21st century "organised by department dermatology

Extension Activities Organized

- Breast Feeding Week Celebration 2015
- Children Day Celebration 2015
- A radio programme on world breast feeding week at akashvani mangalore on 05-08-2015

Ms. Brincy D Souza - Lecturer

Research Publications:

1. Legal and ethical rights of mentally ill published in Indexed: International journal of Health sciences and research, Vol.5; Issue: 10; October 2015.
2. Knowledge and self reported practices on diarrhoea in under five children published in Indexed: Indian journal of research, Vol.4; Issue: 4; April 2015
3. Effectiveness of magnesium sulphate crystal fomentation versus glycerin magnesium sulphate paste application on phlebitis published in Nitte University Journal of Health Sciences, vol.6, issue.1, March 2016
4. Conference proceedings: scientific paper: Prevalence of Pre- Menstrual Symptoms among adolescent girls at NRSICON 2015- Quality Improvement : Pathway to health care October 2015

Departmental project:

Effectiveness of SBAR technique in clinical communication among nurses Interdepartmental project: Patient satisfaction and preferences towards non-verbal communication on health professionals

Paper /poster Presentations

1. **Concept paper:** Research Climate organized by Research, Consultancy and Extension committee, FMCON on 6.05.2015
2. **Scientific Poster:** Client satisfaction towards non-verbal communication' at NRSICON 2015- Quality Improvement : Pathway to health care on 29.10.2015
3. **Scientific paper:** Prevalence of Pre-menstrual Syndrome among adolescent girls at NRSICON 2015- Quality Improvement : Pathway to health care on 29.10.2015

Conferences /Work shop/ Guest Lecture /CNE attended

1. presentation for Journal Club organized by Department of Medical Surgical Nursing, FMCON on 10.02.2015
2. Basic assessment of the EBP Integration in Daily practice' organized by staff development committee, FMCON on 16.06.2015
3. Medicine Update-2015 organized by Department of General Medicine, FMMC on 1.02.2015
4. Hansen's disease' organized by The IADVL, Karnataka and SIG Leprosy IADVL along with Department of Dermatology, Venereology and Leprosy FMMC on 1.08.2015
5. Neurodevelopment paediatrics organized by Department of Paediatrics, FMMC on 11.08.2015
6. Safe motherhood: make it happen' organized by Department of OBG Nursing on 7.03.2015
7. IQAC and equal opportunity organized by IQAC, FMCON on 16.01.2015

- reach activity:**
1. Breast feeding week 1.08.2015 to 7.08.2015
 2. Children's day at Prashanth Nivas Juppu
 3. World polio day on 24th October 2015.
 4. Radio talk on Breast feeding.

Mrs. Neeta Priyanka John - Lecturer

Departmental Research Projects ongoing

- "A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore",
- Effectiveness of SBAR technique in clinical communication among nurses.

Publication

1. Research study on "To assess the knowledge of parents regarding Childhood Specific Learning Disabilities visiting a selected hospital at Mangalore." International Journal of Health Sciences and Research, Vol.5; Issue: 12; December 2015, ISSN: 2249-9571. Indexed. Impact factor: 3.2

Conferences, workshops, seminars, faculty development programmes and in-service education attended

1. Faculty development on the topic Vancouver Style on 6th February 2016
2. CME on Hansen's Disease and its challenges in the 21st Century, Dept of Dermatology, Venereology and leprosy, on 1st August 2015

Sr. Janet D' Souza - Lecturer

Publication

Effectiveness of child to child approach for health education regarding personal hygiene among school children of a selected primary school at Mangalore , RGUHS journal of nursing sciences in June 2015 , ISSN:2231- 6051, Volume 5 , Issue 1

Facilities

Departmental Library

- Text Books-120
- Term paper-4
- Self instructional Module -9
- Monograph-32

Pediatric Laboratory

- CPR Manikin -2
- Flash cards -5
- Flip Charts -92
- Models-5
- Charts-22
- CD-10

MENTAL HEALTH NURSING DEPARTMENT

Faculty of the department

1. Prof. Agnes E J, HOD & NS
2. Prof. Chanu Bhattacharya & NS
3. Ms Binsha Pappachen , Asst Prof & ANS
4. Mr Shajan Xaviour, Lecturer & Ward Supervisor
5. Mr Rajeeve Mathew, Lecturer & Ward Supervisor

6. Mr Shiju R, Lecturer & Ward Supervisor
7. Ms Lejo mol, Lecturer & Ward Supervisor
8. Ms Loma Pinto, Lecturer & Ward Supervisor
9. Ms Jipsa Philip, Lecturer & Ward Supervisor
10. Mr Ovine, Lecturer & Infection Control Nurse
11. Mr Rudresh, Lecturer & ANS
12. Mr Valerian Sudeep Pinto, Lecturer & Infection Control Nurse

Departmental Activities

1. Organized a talk on World Alzheimer's Day 2015 theme 'Remember Me' by Dr Supriya Hegde, Professor, Department of Psychiatry for the undergraduates and Post graduate nursing students from the Fr Muller College and School of Nursing in Rajath Bhavan on the 9th of October 2015 at 10.45 - 12pm.
2. Observed World Mental Health Day on 10th October 2015. A talk on the theme 'Dignity in Mental Health' by Prof. Chanu Bhattacharya was organized for students in Silver Jubilee Hall on 10th October from 11.30 am to 12.30 pm. The theme related talks were delivered for the staff nurses of psychiatric wards of Father Muller Mental Health Centre by Prof. Agnes E J, HOD; Ms Binsha Pappachen, Asst Professor and Mr Rajeeve Mathew, Lecturer on 12th October at various timings. Mr Shiju R and Mr Sudeep Valerian Pinto, Lecturers conducted theme related psychoeducation for the caregivers of patients of Father Muller Mental Health Centre on 12th October from 3-4pm
3. Conducted a Christmas programme for the patients and their family members in General Psychiatric Ward, Father Muller Mental Health Centre, on 15th December 2015 from 3pm to 4pm
4. Conducted a Christmas programme for Children Living with HIV/AIDS at Snehasadan, Kaikamba, a St Camillus Care Home on 12th December 2015 from 2pm to 5pm. During the programme a talk on 'Balanced Diet' was also given for the children. The faculty and students donated Rs 10,000/- for the home
5. Organized Psychopharminar-2016, the 3rd National seminar with Department of Pharmacology, Father Muller Medical College; Department of Psychiatry, K S Hegde Medical Academy and South India Unit, International Network UNESCO Chair Bioethics(Haifa) in association with World Psychiatric Association on 17th January 2016 at 8:15 am in Conference Hall, Father Muller Medical College Hospital.
6. Conducted an awareness programme on 'Mental Illnesses in the Kodambodi Anganwadi of Surathkal area on 30.1.16.
7. Compiled 'Manual of Psychiatric Nursing Care Plans' and provided a copy of the same to General Psychiatric Ward, Family Psychiatric Ward and Vailankanni Ward in March 2016
8. Participated in the activities of the Satellite clinic at Katipalla along with the team of psychiatrists every first Monday of the month
9. Completed departmental project on ' Knowledge on Ethical and Legal Responsibilities in the field of Psychiatric Nursing among staff nurses' on September 2015 by Sr Nikhila SD and Ms Shine Thomas, the faculty resigned from department in 2015

Staff achievements

1. Prof. Agnes E J - HOD
 - Published a research paper on 'Psychosocial problems experienced by spouses of patients with psychiatric disorders' in International Journal of Psychiatric Nursing 2016; 2(1):24-30[Co-author]
 - Published a research paper on 'Self esteem and quality of life of male nurses' in International Journal of Psychiatric Nursing 2016; 2(1):98-103[Co-author]

Chaired the session on 'Regulatory psychopharmacological clinical trials- The role of research nurse' in the national seminar 'Psychopharminar 2016' conducted on 17/01/16 in conference hall, FMMCH

- Member of editorial board of 'International journal of Nursing Science Practice and Research' from Jan 2016
- Published a research paper on 'Effectiveness of an Educational Programme on the Knowledge of Primary School Teachers Regarding Selected Childhood Psychological Problems' in International Journal of Pediatric Nursing 2015; 1(2): 26-32 [Co-author]
- Published a research paper on 'Knowledge and Attitude of Caregivers of Patients with Affective Disorders' in International journal of Nursing Science Practice and Research 2015; 1(2): 23-27[Co-author]
- Convenor for the NRSICON'15 conducted in Father Muller College Of Nursing from 29th to 31st October 2015
- Presented Research poster on "Empathy among nursing students" in " NRSICON'15 conducted in Father Muller College Of Nursing from 29th to 31st October 2015
- Moderator for the session on 'Critical appraisal of research - what and what not to be done' in the NRSICON'15 on A pathway to quality improvement in health conducted by FMCON from 29th to 31st October 2015

2. Prof.Chanu Bhattacharya

- Organizing Secretary of NRSICON'15, 19th Annual National Conference organized by Father Muller College of Nursing.
- Elected as Chief Editor of NRSI Journal on 2015 30th October.
- Reviewer Panel of two high indexed Nursing Journals:
 - a. Nurse Education Today: www.journals.elsevier.com
 - b. Clinical Nursing Research: cnr.sagepub.com
- Participated in the Workshop entitled "Systematic Reviews in Research" organized by KLEU's Institute of Nursing Sciences, Belgavi, Karnataka as a delegate on 4th and 5th May 2015
- Participated in CME "Current Regulatory Requirements for members of Institutional Ethics Committee" held in 19th & 20th May 2015 at DM Hall FMMC conducted by CDSA, THISTI & Dept of Biotechnology Ministry of science & technology, Govt of India
- Attended " National Seminar on Developments in Medical Technologies-Ethical, Philosophical and religious Implications held on 5th June 2015 in the Conference Hall Father Muller Medical College Hospital Mangalore and presented a paper Titled "Spirituality Utilized as a curing agent in Health Care Researches Question on Researchers on practice and ability to use
- Moderator for the Session: "Proposal Writing for Research Grant" , 19th Annual National Conference of NRSI Held from 29-31 Oct 2015 at Father Muller College of Nursing, Mangalore.
- Resource Person (FDP) for "Vancouver Style" a Faculty Development Program held in 6th February 2016 at FMCON, Mangalore
- Published a research paper on 'Knowledge on Supervision, Attitude Towards Supervisory Responsibilities and Factors Affecting Supervision in the Community among Health Assistant Females/Lady Health Visitors (LHV) in Dakshina Kannada District, Karnataka' in International Journal of Nursing Education, Vol7(3)2015 May :36-39[Co-author]
- Published a research paper on ' Assess the attitude of staff nurses in provided information to the client related to legal and ethical rights in psychiatric setting in a selected hospital in Mangalore' in Int J Health Sci Res. 2015;5(10)206-210[Co-author]

- Published a research paper on 'Effect of Psychoeducation program on antipsychotic drug compliance' in IOSR journal of Nursing and health sciences, Vol5(1) ;Jan-Feb 2016: 53-60[Co-author]
- Published a research paper on 'Music effect on distress relatives waiting outside ICUs', in Int J Health Sci Res, 2016;6(4): 298-305[Co-author]
- Published a research paper on Child sadness perceived by self, diabetic and non-diabetic parents in a selected Community setting in IOSR journal of nursing and health sciences. 2016 Mar-Apr;5(2)ver.5:1-6. [Co-author]
- Published a research paper on Effect of Non pharmacological intervention on sleep quality improvement of Institutionalized elders in IJSR;5(4):1008-13[Co-author]

3. Ms Binsha Pappachen, Asst Professor

- Enrolled for Ph.D Nursing in NITTE University, Mangalore in August 2015
- Panelist for a Panel discussion on 'Nurses: A force for change: care effective, Cost effective' held on 9th May 2015 at Father Muller College of Nursing.
- Published 'Knowledge and attitude on oral hygiene among upper primary school children' in RGUHS Journal of nursing sciences . June 2015/vol5/issue 1
- Attended a one day training workshop on 'Autism spectrum disorder' in Yenopoya College of nursing on 23rd April 2015-07-16.
- Organized a workshop on 'Career advancements' by Alumni Association of Father Muller College of Nursing on 10th October 2015
- Attended a workshop on 'systematic review and meta analysis' at NUINS, Nitte University, Deralakatte on 3rd and 4th December 2015..
- Attended a workshop on 'systematic reviews' at Manipal College of nursing, MAHE, Manipal on 16th and 17th December 2015.
- Attended a national workshop on 'emerging research culture: a pathway to evidence informed health care' organized by NUINS, Nitte University, Mangalore on 18th and 19th February 2016.

4. Mr Shajan Xaviour, Lecturer

- Organized NSS special camp for 7 days from 23 April to 30 April 2015.
- Organized world health day awareness programme on 9/April/2016 from Pump well gate to FMCI main gate through Kankanady bypass.

5. Rajeeve Mathew, Lecturer

- Presented a paper on ' Early warning signs and home care management of mental illness among care givers' in 19th annual national conference of NRSI held from 29th to 31st October 2015 at father Muller College of nursing.
- Gave a radio talk on "Autism awareness" on 17/March/2016 at Akashvani Mangalore.

6. Mr Shiju R, Lecturer

- Presented a poster titled "Level of Empathy among Nursing students" in 19th Annual National Conference of NRSI held from 29th -31st October 2015 at Father Muller College of Nursing, Mangalore
- Participated and presented a paper titled "Bill of rights: Legal and ethical challenges in today's mental health care professionals" in the National Seminar "Developments in Medical Technologies- Ethical, Philosophical and Religious Implications" held on 5TH June 2015 at Father Muller Medical College, Mangalore

2-60[Co-
bic drugs

- Participated in the CME on "Alcohol Use Disorders- Interface and Interventions" held at KMC hospital, Attavar, Mangalore on 20th June 2015
- Participated in a one day training workshop on "Autism spectrum disorders" held on 23rd April 2015 at Yenepoya Nursing College, Derlakette, Mangalore

7. Ms Lejomol Abraham, Lecturer

- Presented a research paper on 'Factors associated with burnout among staff nurses' in NRSI conference 2015

8. Rudresh B R, Lecturer & ANS

- Participated in the workshop on 'Safe infusion therapy' held at Father Muller Hospital on 26th February 2016.
- Presented poster titled "Quality of life in the catheterized patients" in the 19th annual conference of NRSI held from 29th - 31st October 2015 at FMCON
- Attended the national conference on 'Disaster management and trauma counseling' organized by the Catholic Health Association of India on 10th -12th Jan 2016
- Given talk on world mental health day in Snehalaya psycho social rehabilitation Manjeshwar, which was organized by the Laxmi memorial college of nursing on 10th oct 2015
- Published a research paper on 'Effect of Non Pharmacological Intervention on Sleep Quality Improvement of Institutionalized Elders' in International Journal of Science and Research (IJSR) Volume 5 Issue 4, April 2016 [Author]

9. Ovine Loyster D'Souza, Lecturer & Infection Control Nurse

- Presented a paper "A prospective study on hand hygiene on health care workers" at 19th annual National Conference of Nursing Research Society of India, held on 29-10-2015.
- Presented a poster "Knowledge and attitude of students on side effects of chemotherapy" at 19th annual National Conference of Nursing Research Society of India, held on 29-10-2015.
- Resource person on Infection control practices at Nitte Medical College Hospital, Nitte University, Karnataka, India on NOV, 2015.
- Panelist at the Panel discussion held on international nurses day celebration "Nurses a force for change; care effective, cost effective" on 30-04-2015 at FMMCH.

10. Mr Valerian Sudeep Pinto, Lecturer & Infection Control Nurse

- Guest speaker on 'Mental and Sexual Hygiene' for 1st year and 2nd year students of Mahesh pre-university college at Mangalore
- Guest speaker on 'First Aid and Home Nursing' conducted by Rachana Information Development Entrepreneur (Self Employment COPD) at CODP hall, Mangalore

11. Loma Marjorie Pinto

- Presented a paper on 'Child Sadness Perceived by Self, Diabetic And Non-Diabetic Parents In A Selected Community Setting' at 19th annual National Conference of Nursing Research Society of India on 31-10-2015.
- Published a research paper on 'Child sadness perceived by self, diabetic and non-diabetic parents in a selected Community setting' in IOSR journal of nursing and health sciences.2016 Mar-Apr;5(2)ver.5:1-6. [Author]

Other conferences and workshops attended/organized by the faculty of department,

Prof. Agnes, Prof. Chanu, Mr Rajeeve, Ms Jipsa - Participated in a one day workshop on "Rising Medical Litigation - Possible solutions" organized by SDM Law College, Mangalore and National Law School of India University on 05/12/15

- **Prof. Agnes, Mr Shajan, Mr Rajeeve & Mr Rudresh** - Attended an Update on practical aspects of diabetes management organized by Dept of Endocrinology and Nursing Services Department on 12/11/15 in Father Muller Medical College Hospital
- Organized 19th Annual National Conference of NRSI "NRSICON'15" on Nursing Research : A pathway to quality improvement in health care held from 29th to 31st October 2015 in Father Muller College Of Nursing [All the faculty were the members in the organizing committees of FMCON]
- **Prof. Chanu, Ms Binsha & Mr Shiju**- Participated in a one day training workshop on "Autism spectrum disorders" held on 23rd April 2015 at Yenepoya Nursing College, Derlakette, Mangalore
- **Prof. Agnes & Prof. Chanu** - Attended CME on Preventive geriatrics- Opportunities and challenges conducted by Dept of Community Medicine on 06/06/2015 in FMMC

COMMUNITY HEALTH NURSING/NURSING EDUCATION

FACULTY IN THE DEPARTMENT

Dr. Leena .K.C	-	Professor, & HOD
Mrs. Irene Alvares	-	Professor, & NS
Sr Kathreena. M. U	-	Professor, & NS
Mrs. Shiji P.J	-	Assistant Professor & ANS
Mrs. Jasmine S Vas	-	Assistant Professor, Principal SON
Ms. Sonia KL Sequera	-	Lecturer& Ward Supervisor
Mrs.Anita D'costa	-	Lecturer & Ward Supervisor
Ms. Laura Carvalho	-	Asst lecturer& Ward Supervisor

STAFF ACHIEVEMENTS

Dr Leena K C, Professor, & HOD

Recognized as guide for PhD from RGUHS, to NITTE, Yenepoya universities

- 1) Diabetes awareness programme- update on practical aspects of diabetes management on 11th November 2015 organized by the department of endocrinology and nursing service department.
- 2) CNE conducted by staff development committee of FMCON on the research conducted by Dr. Henk verloo Professor, university of applied sciences, Lausanne, Switzerland on 16th June 2015.
- 3) Organized and participated and was a resource person for CNE conducted by nursing education dept at FMCON on 18th June 2015 on the topic Evidenced informed practice through teaching.
- 4) Participated at 19th annual national conference of nursing research society of India on the topic nursing research a pathway to quality improvement in health care on 29th-31st October 2015 at FMCON, Mangalore
- 5) Attended a panel discussion on Rights and benefits of employees organized by Alumni association, FMCON, Mangalore.

Mrs. Irene Alvares - Professor

- 1) Participated in the national seminar Developments in medical technologies- ethical, physiological and religious implications held on 5th June 2015 FMMCH Mangalore.
- 2) Attended a workshop on Rising medical litigation- possible solutions organized by SDMLC, Mangalore on 5th December 2015

Attended a Diabetes awareness programme- update on practical aspects of diabetes management on 11th November 2015 organized by the department of endocrinology and nursing service department.

Sr Kathreena MU (Sr Deepa) - Professor

- 1) Organized and participated and was a resource person for CNE conducted by nursing education dept at FMCON on 18th June 2015 On the topic Evidenced informed practice through teaching.
- 2) Participated and moderated a session and presented paper at 19th annual national conference of nursing research society of India on the topic nursing research: A pathway to quality improvement in health cares on 29th-31st October 2015 FMCON, Mangalore.

Mrs. Jasmine S Vas - Asst Professor

- 1) Was a panelist for a panel discussion on Nurses: A force for change: care effective, cost effective held on 9th may 2015 at academy hall, FMCI
- 2) Resource person for the in service education programme on the topic Reproductive child health- motherhood the fulfillment of women's life conducted at sahyadri college of nursing on 5th June 2015
- 3) Participated and presented a paper at 19th annual national conference of nursing research society of India on the topic nursing research a pathway to quality improvement in health care on 29th-31st October 2015 at FMCON.
- 4) Participated and was a resource person for CNE conducted by nursing education dept at FMCON on 18th June 2015 on the topic Evidenced informed practice through teaching.
- 5) Attended a regional workshop on E-STAT with SPSS (hands on experience in data analysis) on 10th July 2015.
- 6) Participated in the training programme on TB under The global fund to fund AIDS, TB and Malaria conducted at St John's college of nursing, Bangalore from 25th to 27th may 2015

Mrs Shiji PJ - Asst Professor

- 1) Participated and presented a paper at 19th annual national conference of nursing research society of India on the topic nursing research a pathway to quality improvement in health care on 29th-31st October 2015 at FMCON,
- 2) Organized, participated in a workshop on Career Advancements held on 10th October.
- 3) Attended a CNE conducted by staff development committee of FMCON on the research conducted by Dr. Henk Verloo Professor, university of applied sciences, Lausanne, Switzerland on 16th June 2015.
- 4) Attended a workshop on Systematic review and Meta analysis held on 3rd and 4th December 2015 at KS Hegde hospital Mangalore.

Ms. Sonia Sequera - Lecturer

- 1) Organized and participated and was a resource person for CNE conducted by nursing education dept at FMCON on 18th June 2015 On the topic Evidenced informed practice through teaching.
- 2) Participated and presented a paper at 19th annual national conference of nursing research society of India on the topic nursing research a pathway to quality improvement in health care on 29th-31st October 2015 at FMCON, Mangalore
- 3) Attended a CNE conducted by staff development committee of FMCON on the research conducted by Dr. Henk Verloo Professor, university of applied sciences, Lausanne, Switzerland on 16th June 2015.
- 4) Attended a seminar on Safe motherhood: make it happen held on 7th march 2015 at the decennial memorial hall, FMCI.
- 5) Attended a panel discussion on Rights and benefits of employees organized by Alumni association, FMCON, Mangalore.

Mrs. Anitha - Lecturer

1. Attended workshop on 1st January 2015 on "effective implementation of tobacco control laws" at Yenepoya University Campus, Derlakatte, Mangaluru.
2. Organised and attended workshop on OSCE/OSPE On 14th March, Yenepoya nursing college, Derlakatte, Mangaluru.
3. Attended one day training workshop on autism spectrum disorder on 23rd April at Yenepoya nursing college, Derlakatte, Mangaluru.
4. Completed post basic certificate course in palliative care nursing August 2015 from Yenepoya nursing college and mediacion, Germany

Ms. Laura - Asst Lecturer

- 1) Attended a CNE conducted by staff development committee of FMCON on the research conducted by Dr. Henk verloo Professor, university of applied sciences, Lausanne, Switzerland on 16th june 2015.
- 2) Participated in CNE conducted by nursing education dept at FMCON on 18th June 2015 on the topic Evidenced informed practice through teaching.

RESEARCH PUBLICATIONS

1	Dr Leena KC	Knowledge on supervision, attitude towards supervisory responsibilities and factors affecting supervision in the community among health assistant females/ lady health visitors(LHV) in dakshina kannada district, karnataka
2	Mrs. Irene Alvares	Knowledge and self reported practice of people living with HIV with regard to ART in Mangalore, India
3	Sr. Katharena MU	A study to assess the attitude towards nursing profession among the nursing Students in the selected college at Mangalore.
4	Mrs.Shiji PJ	Perceived stress and coping strategies among the married staff nurses working in ward setting of selected hospitals in Mangalore.
6	Ms. Sonia Sequera	<ol style="list-style-type: none"> 1) A study to assess the attitude towards nursing profession among the nursing Students in the selected college at Mangalore. 2) Perceived stress and coping strategies among the married staff nurses working in ward setting of selected hospitals in Mangalore,India 3) Knowledge and self reported practice of people living with HIV with regard to ART in Mangalore, India

DEPARTMENTAL ACTIVITIES

Activity	Number
conference conducted	1
Coordination of research project (Swiz collaboration)	1
Seminars (for swizerland students)	6
Mass health education (malaria, environmental sanitation, dengue fever, physiological changes in adolescence, importance of personal hygiene to	5

prevent various communicable diseases etc)	
Radio programmes(staff and students)- youth day	1
Group health education	12
Participation in Health camp	5
Visits/field trips	55
Nutritional program(demonstrations) for various age groups & conditions	1
Survey report presentation	3
Participation in national health programmes	3
Panel discussion	6
Symposiums	5
Microteaching	22
OSPE session	1

NURSING FOUNDATION DEPARTMENT
FACULTY IN THE DEPARTMENT

SI No	Name	Qualification	Designation	Area Of Specialization
1.	Sr. Deepa Peter	M.Sc(N)	Asst. Professor	Child Health Nursing
2.	Mrs.Shwetha Rashmi	M.Sc(N)	Lecturer	Medical Surgical Nursing
3.	Mrs.Suneetha Merlin Fernandes	PBBsc(N)	Asst. Lecturer cum Clinical instructor	
4.	Mrs. Diana D'lima	PB Bsc(N)	Asst. Lecturer cum Clinical instructor	
5.	Mrs. Viola D'Souza	PB BSc(N)	Asst. Lecturer cum Clinical instructor	
6.	Mrs. Chithravathi	B.Sc(N)	Asst. Lecturer cum Clinical instructor	
7.	Ms. Philomena Crasta	B.Sc(N)	Asst. Lecturer cum Clinical instructor	
8.	MS.Shanti Shaurn Pereira	PBB.Sc(N)	Clinical instructor	
9.	Ms.shruthi .K. L	PBB.Sc(N)	Clinical Instructor	

ACHIEVEMENTS OF THE STAFF

1. BRIGIT A P (Sr Deepa Peter)

9/5/2015 organized and participated in panel discussion on "Nurse – A Force for change ; care effective and cost effective" conducted by Dept of Nursing Foundation, Fr Muller College of Nursing.

5/6/2015 participated in National seminar "Developments in Medical Technologies- Ethical, Philosophical and Religious Implications" conducted by Fr Muller Medical College.

16/6/2015 participated in CNE programme on the topic "Basic Assessment of the EBP integration in daily practice of nurses: An observational study in Switzerland" organized by Staff Development Committee.

18/6/2015 participated in CNE programme on the topic "Evidenced Informed Practice through Teaching" organized by Nursing Education Department in collaboration with 2nd PBBSc Nursing.

11/08/2015 Participated in colloquium on neurodevelopment pediatrics in Father Muller medical college, Mangalore

7/09/2015 Organized National Nutrition week program in collaboration with Medical surgical Nursing department in FMMCH, Mangalore
28/10/2015 - organized a guest lecture on Pediatric oncology
29/10/2015 to 31/10/2015 Organized 19th Annual national conference of NRSI in Fr Muller College of Nursing.
13/11/2015 to 14/11/2015 Organized Children's day celebration on stop violence against children in FMMCH, Mangalore
06/02/2016 Participated in the FDP on Vancouver style organized by research consultancy and extension committee in Fr Muller College of Nursing.

Publication

- Effectiveness on information booklet on knowledge regarding milestone development of infants among the prim gravid women in a selected hospital in Mangalore published in Paripex ISSN Vol:4/issue:6/June 2015
- Effectiveness of Planned Teaching programme on knowledge and skill of Kangaroo mother care for low birth weight babies among nursing personnel published in RGUHS J Nursing sciences, June 2015/vol5/issue1
- A descriptive study on knowledge of school children regarding prevention of dental caries . published in Muller Journal of Medical sciences and research 2016:7:32-4

Poster Presentation

- Presented a poster on Research climate in Father Muller college of Nursing organized by the Research ,consultancy and extension committee on 6/05/2015
- Presented a poster on 'Ethical issues in patient safety research' in National seminar on "Developments in Medical Technologies- Ethical, Philosophical and Religious Implications" conducted by Fr Muller Medical College on 5/6/2015 -
- Presented a poster on PTP on knowledge regarding harmful effects of Junk food among students in 19th Annual national conference of NRSI at Fr Muller College of Nursing on 29th to 31st October 2015

2. MRS SWETHA RASHMI

9/5/2015 organized and participated in panel discussion on "Nurse – A Force for change ; care effective and cost effective" conducted by Dept of Nursing Foundation, Fr Muller College of Nursing.

5/6/2015 participated in National seminar "Developments in Medical Technologies- Ethical, Philosophical and Religious Implications" conducted by Fr Muller Medical College.

16/6/2015 participated in CNE programme on the topic "Basic Assessment of the EBP integration in daily practice of nurses: An observational study in Switzerland" organized by Staff Development Committee. Fr Muller College of Nursing

18/6/2015 participated in CNE programme on the topic "Evidenced Informed Practice through Teaching" organized by Nursing Education Department in collaboration with 2nd PBBSc Nursing at Fr Muller College of Nursing.

7/09/2015 Organized National Nutrition week program in collaboration with Medical surgical Nursing department in FMMCH , Mangalore

29/10/2015 to 31/10/2015 Organized 19th Annual national conference of NRSI in Fr Muller College of Nursing.

24 /11/2015 Essentials of simulation in Father Muller medical college hospital

25/11/2015 Essentials of METI man workshop on simulation skill in Father Muller medical college hospital

06/02/2016 Participated in the FDP on Vancouver style organized by research consultancy and extension committee in Fr Muller College of Nursing.

Research Paper/Poster presentation

- Poster presentation on research climate in may 2015
- Poster presentation at a Annual National conference NRSICON 2015 in October 2015
- Presented and won 1st prize in poster presentation in National nutrition week 2015 at father Muller College of nursing organized by the department of medical surgical nursing.

Paper publication

Scientific paper published in the international journal of scientific research "a study on pain management practices among the staff nurses.'

3. MRS. SUNEETHA MERLIN FERNANDES

- 9/5/2015 organized and participated in panel discussion on "Nurse - A Force for change; care effective and cost effective" conducted by Dept of Nursing Foundation, Fr Muller College of Nursing.
- 5/5/2015 participated in National seminar "Developments in Medical Technologies- Ethical, Philosophical and Religious Implications" conducted by Fr Muller Medical College.
- 16/6/2015 participated in CNE programme on the topic "Basic Assessment of the EBP integration in daily practice of nurses: An observational study in Switzerland" organized by Staff Development Committee. Fr Muller College of Nursing
- 18/6/2015 participated in CNE programme on the topic "Evidenced Informed Practice through Teaching" organized by Nursing Education Department in collaboration with 2nd PBBsc Nursing. Fr Muller College of Nursing.
- 7/6/2015 organized nutritional week in collaboration with med-surgical nursing dept and dietetic department at Father Muller Medical College Hospital.
- 6/2/2016 participated in CNE programme on "Vancouver Style", organized by research consultancy and Extension committee.

4. MRS VIOLA DSOUZA

- Participated in the panel discussion organized by nursing foundation department on the topic: Nurse-a force for change; Care effective and cost effective on 9th May 2015 at Father Muller College of Nursing, Mangalore.
- Participated in the CNE Programme organized by the staff development committee on the topic: Basic Assessment of the EBP Integration in Daily practice of nurses; an observational study in Switzerland on 16th June 2015 at Father Muller College of Nursing, Mangalore.
- Participated in the National Seminar 'Developments in Medical Technologies -Ethical, Philosophical and Religious Implications, held on 5th June 2015 in the Conference hall, Father Muller Medical College, Mangalore.
- Organized one week National Nutrition week program in collaboration with Fundamentals of nursing department, MSN, and Dietary department at Father Muller Medical College Hospital, Mangalore.
- Organized and Participated in 19th Annual National Conference of NRSI held from 29th to 31st October 2015 at father Muller College of nursing, Mangalore.
- Organized Health education programme on Food Hygiene in Jeppu Urban health centre along with PBBSc nursing students
- Organized Health education programme on Diet in children in Infant Mary's school Jeppu along with PB.B.Sc nursing students

5. MRS CHITHRAVATHI

- Participated in the panel discussion organized by nursing foundation department on the topic: Nurse-a force for change; Care effective and cost effective on 9th May 2015 at Father Muller College of Nursing, Mangalore.
- Participated in the CNE Programme organized by the staff development committee on the topic: Basic Assessment of the EBP Integration in Daily practice of nurses; an observational study in Switzerland on 16th June 2015 at Father Muller College of Nursing, Mangalore.
- Participated in the National Seminar 'Developments in Medical Technologies –Ethical, Philosophical and Religious Implications, held on 5th June 2015 in the Conference hall, Father Muller Medical College, Mangalore.
- Participated in the CNE programme held on 18th June 2015 at Father Muller College of Nursing.
- Organized one week National Nutrition week program in collaboration with Fundamentals of nursing department, MSN, and Dietary department at Father Muller Medical College Hospital, Mangalore.
- Organized and Participated in 19th Annual National Conference of NRSI held from 29th to 31st October 2015 at father Muller College of nursing, Mangalore.

6. MS. PHILOMENA CRASTA

- Organized NSS spécial camp on 23 – 30th April in Father Muller College Of Nursing
- Organized panel discussion on the topic: Nurse-a force for change; Care effective and cost effective on 9th May 2015 at Father Muller College of Nursing, Mangalore.
- Participated in the CNE Programme organized by the staff development committee on the topic: Basic Assessment of the EBP Integration in Daily practice of nurses; an observational study in Switzerland on 16th June 2015 at Father Muller College of Nursing, Mangalore.
- Participated in the National Seminar 'Developments in Medical Technologies –Ethical, Philosophical and Religious Implications, held on 5th June 2015 in the Conference hall, Father Muller Medical College, Mangalore.
- Participated in the CNE programme held on 18th June 2015 at Father Muller College of Nursing.
- Organized one week National Nutrition week program in collaboration with Fundamentals of nursing department, MSN, and Dietary department at Father Muller Medical College Hospital, Mangalore.
- Organized and Participated in 19th Annual National Conference of NRSI held from 29th to 31st October 2015 at Father Muller College of Nursing, Mangalore.
- CME on "Hansen's disease and its challenges in the 21st century"

7. MRS SHANTHI SHAURN

- Organized And Participated In 19th Annual National Conference Of NRSI held From 29th To 31st October 2015 At Father Muller College Of Nursing, Mangalore
- CME On "Hansen's Disease And Its Challenges In The 21st Century"

ACTIVITIES OF THE DEPARTMENT

1. Education

- Teaching and training the students of school and college of nursing, i.e.1st year GNM – Fundamentals of nursing
1st year B.Sc (N) students - Nursing Foundation and Nutrition subjects.
1st year PBBSc (N) – Nutrition
- Organizes classes for AHS & BPT students on 'Health Care' and 'Basic Nursing'

- Methods of teaching includes lecture cum discussion ,demonstration of procedures, power point presentations ,role plays , group discussion , debate, OSCE/OSPE , video clips etc
- Arranging classes in co-ordination with physiotherapy dept and dietary department.
- Training the students in the Nursing Foundation Lab on various procedures.
- Cumulative records are maintained for each student.
- Periodic feedback and evaluations are obtained from the students.
- Slow learners are identified and remedial measures like tutorials re-test, assignments are conducted to improve their internal assessment marks.
- Unit tests are also conducted time to time.
- Two sessional exams and model exam is conducted for calculating the internal assessment.

2. Clinical supervision

- ❖ Students are posted in 13 wards of Medical , surgical and oncology wards
- ❖ Demonstration of procedures in the clinical and assisting the students in providing quality patient care.
- ❖ Supervision of return demonstration of procedures and conducting viva to complete their cumulative record requirement.
- ❖ Correction of care plan and case study
- ❖ Organizing health education in the wards

3. Departmental research

Sl.no	Title	Principal investigator	Co investigator	Year of completion
1	A Comparitive study on perception of patients privacy by the patients and health care providers in a selected hospital at Mangalore	Sr Deepa Peter	Mrs Shine Thomas	2015
2.	Effectiveness of Diaphragmatic Breathing on Pre-Examination stress among the nursing students in a selected college , mangalore	Mrs Shwetha	Sr Deepa Peter Mrs Diana	2015-16

Out reach programme

- **National Nutrition week celebration** : In collaboration with Medical surgical nursing department and dietary department we organized various activities like free BMI check up in the medicine OPD of FMMCH, health talk on balanced diet in the Infant Mary's school Jeppu , on September 1st to 7th 2015.
- **World AIDS day celebration** : The staff of the department in co-ordination with ICTC centre organized an awareness programme on HIV/AIDS in Mahesh PU college ,Mangalore on 1st December 2015
- **National safety day** : The Nursing Foundation Staff along with 1st year BSc nursing students have celebrated National safety day on 4th March in St Joseph's primary School ,Kankanady.
- **Nutrition programme**: Along with first year PBBSc nursing students we have organized a group health education on food hygiene on 25-2-2016 at urban health center Jeppu for mothers.
- **School health education** was organized on 04/03/2016 on importance of healthy diet among children in Infant Mary's school, Jeppu

Conference organized by the department

Panel discussion was organized on the topic: Nurse-a force for change; Care effective and cost effective on 9th May 2015 at Father Muller College of Nursing, Mangalore

Other activities conducted by the department include

- Orientation programme for staff and students
- Lamp lighting ceremony
- Monthly departmental meetings
- Journal club presentation

FACILITIES AVAILABLE IN THE DEPARTMENT

1. Departmental Library:

The departmental library consists of 107 books of Nursing Foundation, 39 books of Nutrition and 66 reference books on various subjects are available and it is utilized by both staff and students.

2. Nursing Foundations Laboratory

The laboratory is well equipped with six manikins and manikins of various body parts. The nursing procedures are demonstrated in the laboratory and the students get their preliminary training here before they are being sent to the hospital wards.

3. Nutrition Laboratory

It is equipped with necessary articles for the preparation of various food items. It is utilized by GNM, PBBSc and BSc nursing students.

EVENTS AND ACTIVITIES IN THE COLLEGE

Swiss Visit: - The second team of four students from Switzerland arrived on 7th June 2015.

Ms Wieland Emily – Medical student

Ms Blandine Mooser – Nursing student

Mr. Benoit Pierroz – Medical student

Mr. Kevin Morisod – Nursing student

The objectives of their visit were to conduct a Research project. Our faculty from Community Health Nursing Department helped them to initiate the project and guided them the process. Prof. Hank Verloo arrived on 14th June 2015. The college utilized this opportunity to organize an International Seminar on the theme “**Evidence Informed Practice through teaching**”.

The topics were

- Introduction to Evidence Based Teaching
- Steps of Evidence Based Teaching & Practice
- Implementation of EBNP: Sharing Experience
- Discussion of Case Scenario
- Quality Improvement through Evidence Based Teaching & Practice: Role of Academicians.

Prof Henk Verloo returned on 20th June. The other four students continued with their research study till 27th June. They presented the study findings on 26th to our faculty. They were happy and overjoyed for the achievement of the objectives and could complete the researched project on time.

Visit of Taiwan students: A team of 4 students and one staff visited our college from 24th Aug 2015 to 5th Sept 2015. They were UG students. The objectives of their visit were to make comparative study of Nursing education programme and Health care delivery system in India and patient care in the hospital in all areas of specialty. During this period they also visited St. Joseph’s Leprosy Hospital, De-Addition centre, and Rehabilitation unit.

Student Nurses Association (SNA) Activities

Student nurses association is an active body which plans and implements various programmes during the year.
SNA office bearers for the year 2015 - 2016.

- Ms Nikitta Ella Kurian - Vice President 4th year
- Ms Jasmine Noronha - Programme Coordinator 4th year
- Ms. Denita H. D Sa - Secretary 3rd year
- Ms. Hazel D Souza - Jt. Secretary 3rd year
- Ms. Elizabeth Sunny - Treasurer 2nd year

The SNA organized sports and quiz competition on 30th Jan 2016 as part of monthly SNA activity for UG students. There were 6 groups. The winners were:

- First prize - II years
- Second prize - III years
- Third prize - I years.

Annual Athletic Meet: Meteoros '16, the force unleashed!

The SNA Annual Athletic Meet "Meteoros'16 - The force unleashed kicked off from 11th January 2016 with the Throw ball match, followed by many more events all through the week to 16th January 2016.

The finale of Annual Athletic Meet was organized on 16th January 2016 at 8:30am in Father Muller Stadium. The meet was opened officially by the chief guest Mr Vincent Prakash Carlo, Gold Medalist, Power lifting championship, Common wealth Games and Fr Patrick Rodrigues, Director, Father Muller Charitable Institutions. The athletic meet commenced with the March past of different batches, along with the Father Muller College of Nursing Band, which attracted the viewer's eyes. The students as well as the faculty of Father Muller School and College of Nursing participated enthusiastically in the entire athletic event.

The Valedictory program was held at 4pm and Rev. Fr Ajith Menezes, Assistant Administrator, Father Muller Medical College Hospital was the Chief Guest. The winners of various athletic events and games were awarded with medals and certificates. The Overall Championship was won by the 'Andromeda' group. The Individual Championship was shared by Ms Zuricka Da'Costa, III year B. Sc (N) and Ms Rachna, IV year B. Sc (N). The programme came to an end by 4:30pm

RGUHS MYSORE ZONAL THROW BALL & TENNIKOIT TOURNAMENT

The RGUHS Mysore Zonal Throw Ball & Tennikoit Inter Collegiate Tournament was organized by Alva's College of Physiotherapy at Swaraj Maidan, Moodbidri on 12th February 2016. A total of 12 Throw Ball teams and 8 Tennikoit teams participated in this event. Our College of Nursing teams won the Runners up in the both Throw Ball and Tennikoit.

Students participated RGUHS Inter-Zonal Throw Ball & Tennikoit Tournament at Belagavi Institute of Medical Sciences at Belagavi on 18th February 2016. The teams won the Runners up in the both the events.

STUDENTS NURSES ASSOCIATION DAY 2015:

The International Nurses Day was Celebrated by the students as "student Nurses Association Day" on 9th May 2015 in commemoration of the Birthday of Florence Nightingale the founder of Modern Nursing. Father Muller School and College of Nursing organized "Aurora-2015" a Cultural fest, from 7th May, 2014 to 9th May 2015. The three-day cultural extravaganza **Aurora** signifies "Ensnaring Thy Senses". The Programme was inaugurated by Prof. Victorea the vice principal by unfolding the theme. In her Inaugural

speech she said that the goal of this international Nurses week is a tribute to the caring and healing ministry in the service of humanity and to make public aware why such respect and admiration is indeed well deserved for nurses. They serve the humanity from womb to tomb. Nurses are the important workforce in the health care industry. Advising the students she said, "Let there be healthy competition, good participative spirit, encouragement, appreciation and respect for one another." She concluded by wishing that this event may promote leadership and good relationship among one another. Aurora 2015 was a three-day cultural extravaganza where the students got an opportunity to display their talents and competitive spirit.

Panel Discussion on the Theme: "Nurses a Force for change, Care effective, cost effective" was organized by the staff of College of Nursing followed by the **valedictory** function of the Nurses day. Prizes were distributed to all the winners. Overall trophy was won by the 2nd year B. Sc nursing students. The programme was ended at 12.30noon with lunch get-together.

Fresher day-2015: The entire Fresher's of 2015, came together in the academic hall and celebrated the Fresher's Day on 14th Nov at 2pm to 5pm in the academic hall. The SNA took the leadership to organize. The Fresher's gave cultural programme for their seniors. It was a great platform for the fresher's to exhibit their talents in coordination with the fellow mates. .

World Health Day 2016, Stay Super: Beat Diabetes

The SNA in association with NSS organized World Health Day campaign on "**Stay Super: Beat Diabetes**" on 9th of April 2016. The mass rally was organized to create awareness among general public on how to beat diabetes. Students held the placards reading clinical manifestations of diabetes, to be active, eating healthy, check if there is doubt, and to follow medical advice. Students created awareness on Diabetes through public health talk in Kannada and Tulu language on facts, need for awareness, clinical manifestations, eating healthy by adding vegetables, and fruits on daily diet and need for timely treatment to prevent complications. The talk also highlighted the economic burden related to the disease and need for change in the life style.

The Inaugural was held at 7.30 am in the Father Muller Charitable Institution ground. The President of the function Rev. Fr Richard Coelho, Administrator, FMMCH formally Inaugurated and addressed the gathering. About 300 students as well as the faculty of Father Muller College of Nursing participated enthusiastically in the entire event.

The Lamp Lighting and Oath Taking Ceremony

Lamp lighting and oath taking ceremony was organized by the Father Muller College and School of Nursing for the 58th batch of GNM and 29th batch of B Sc nursing students on 18th December 2015 in the Academy Hall. Dr Julian Saldanha, RMO, Wenlock District Hospital, Mangalore was the Chief guest and Rev. Fr Patrick Rodrigues, Director, FMCI was the President of the ceremony. A short Christmas programme was given by 2nd year BSc Nursing students towards the end of the ceremony.

Fare well programme

2nd year M.Sc Nursing (Out- going) batch organized thanks giving and 1st year M.Sc Nursing students organized Farewell programme in the Rajath Bhavan at 3.pm on 11th 2015. All staff and students of post-graduates were present. A memento was offered to all the outgoing PG.

College Band: Band is unique to Father Muller College of Nursing. . Even though only 40 could join Band troop, many more students are very enthusiastic to participate. Their performance during Institution day cum Graduation ceremony gives festive mood to the programme. Student's practice twice a week regularly from 5- 6pm. College Band was appreciated by all.

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Activities of the Equal Opportunity Cell

1. Inauguration of Equal opportunity Cell: - The Equal Opportunity Cell sponsored by UGC under plan XI - merged Scheme with the goal to provide equal opportunity in education and employment through diversity and inclusion. The IQAC of College of Nursing incepted the thought and chalked down the plan under the guidance of the Dr. Malini Hebbar, IQAC Coordinator St. Agnes Degree College, Mangalore. The EOC cell was inaugurated on 3rd June 2015 in the Rajath Bhavan of Father Muller college of Nursing at 3.30pm. Mrs. Wilma Noronha, EOC Coordinator welcomed the chief guest, and the audience. Dr. Padmaja UdayKumar, Professor and HOD Pharmacology, FMMC was the chief guest. She unveiled the name of the cell and inaugurated by lighting the lamp along with other dignitaries. Followed by the message on importance of the cell for the beneficiaries and complimented as a good start and step taken by the college. Mrs. Savitha Pramilda Cutinho, IQAC Coordinator, introduced the members of the EOC cell and oriented the audience regarding its aim, function and activities. Ms. Shwetha M N, Asst Coordinator EOC cell delivered vote of thanks.
2. EOC organized a training programme on 'IQAC and Equal Opportunity' for the faculty. Dr.Malini Hebbar IQAC co-ordinator, St.Agnes Degree College was the resource person for the session
3. Talk on Career Opportunities in the field of Nursing was organized for all final year students. Mr. Parameshwar, Deputy Manager of INSCOL Academy was the resource person.
4. Organized one day programme for the final year students on the topic Personality development on 23rd June 2015. The recourse person was Mr. Dheerendra Jain, NSS Programme officer Alvas college of Nursing

NSS UNIT ACTIVITIES

NSS unit of Father Muller College of nursing has organized many health education programmes, health talks and special lecture during the academic year 2015-16

1. **PARTICIPATION IN HALF MARATHON:** The NSS unit of Father Muller College of Nursing, had participated in half Marathon on 22.02.15 which was organized by Dakshina Kannada Athletic Association (DKAA) with a view to create an awareness among the youth about sports and fitness and to stress on the need to channelize their energy in right direction. The half marathon had nearly 20,000 participants of all ages of men and women and boyes and girls. The route passed through Lady Hill, Mannagudda, Car Street, Navabharat Circle, PVS, and MG Road and back to Mangala stadium.
2. **PREVENTION OF CHILD LABOUR:** NSS volunteers along with Bala Karmika Yojana Sangha, Government of Karnataka participated in JATHA and stage programme at Urwa store Mangalore on 12/06/2015. The main motto of this programme was to give awareness about the consequences of child labor, the rights of children & rights for education. Dr Sharanappa Superintendent of police was a chief guest of the function. Smt Uma MG senior district Judge, Mr A.B Ibrahim District officer and President Child welfare committee, Mangalore were present on the occasion. The programme started at 9 am from Urwa store till the Office of Bala Karmika Yojana Sangha and ended at 1 pm followed by Lunch.
3. **VANAMAHOTSAVA - 2015:-** The Innovative and Best Practices Committee and NSS organized Vanamahotsava, the festival of trees plating in Father Muller College of Nursing on 31st July 2015 at 2.00 pm. The faculty of both the Father Muller College and School of Nursing participated actively under the guidance of Fr Ajith, Assistant Administrator, FMMCH and the gardening team of the Institution. Saplings of fruit yielding trees were planted around the college campus.

4. **NSS SPECIAL CAMP:** NSS unit organized a week long NSS special camp at Baikampady, Mangalore from 23/04/2015 to 30/04/2015. The camp was inaugurated by Rev. Fr Patrick Rodrigues, Director. Rev. Sr Winnifred D'Souza, Principal, and Mr Shajan Xaviour, NSS Programme officer were present. Fifty NSS volunteers were trained under the guidance of Mr Shajan, Ms. Lidwin Marina and Mrs Viola D'Souza, the faculty of Father Muller College of Nursing. The camp organized various programmes and activities from morning till late evening. The volunteers started their day with exercise and Yoga followed by door to door health surveys and referral services. They conducted mass health education on malaria and conducted shramadan. Volunteers attended the interactive cum informative sessions by experts around the city. The sessions included leadership training skill development by Mr Gilbert Nelson Martis, Senior Nurse Practice Educator in United Kingdom; Blood donation, organ donation and its legal aspects by Dr Leena KC, Professor, Father Muller College of Nursing; Interactive communication skill development by Rev. Fr Richard D'Souza, Director, Canara Communications, Mangalore; Environmental Safety and Laws by Mrs Jyothi Pinto, HR Manager, Father Muller Charitable Institutions and Moral Values in Life by Rev. Sr. Winnifred D'Souza. After the daylong activities the volunteers participated in individual skill development programmes.

5. **WORLD HEALTH DAY**

NSS unit along with SNA organized a Walkathon on 9/04/2016 as a part of World health day celebration. The rally was formally inaugurated by Rev Fr Richard Coelho, Administrator, FMMCH. Theme of this year World health day is "Beat diabetes". The procession began at 7.30 am from Pumpwell gate through Kankanady by pass to FMCI Main gate. The group has given awareness on the need of prevention rather than medicine. The group has dispersed after the breakfast at 9.30 am.

Honouring of Dr Savitha Pramilda Cuthinho: HOD of OBG Nursing Department was honored by the College of Nursing faculty for the award of Doctor of Philosophy (Ph. D) on 10.03 2016.

REPORT OF ACTIVITIES BY THE ALUMNI ASSOCIATION

1. 10th October 2015: A workshop on Career Opportunities in Nursing was organized in collaboration with the Career Guidance Cell for the outgoing students of the Undergraduate programme and the students of the postgraduate programme. A team from Tech2people spoke on the board and wide opportunities for nurses in the country and around the world and also provided tips to prepare an effective curriculum vitae and to face the interview.
2. 11th December 2015: The executive of the Alumni Association along with the students of Father Muller College of Nursing organised a Christmas programme for the mentally challenged at the Manasa Rehabilitation Centre at Pamboor, Udupi.
3. Panel discussion on "Rights and benefits of employee" was organized by Alumni Association of Father Muller College of Nursing on 28th Oct 2015. About 20 Alumni and staff of the college participated.

POSTER COMPETITION ON "RESEARCH CLIMATE IN FATHER MULLER COLLEGE OF NURSING"

The Research committee of Father Muller College of Nursing organized a poster competition for the faculty on the title 'Research Climate in Father Muller College of Nursing' on 6th May 2015.

The aim of the competition was to create awareness on the resources available for research. The entire faculty from School and College of Nursing actively participated in the event. The concept explored various aspects of research culture such as research hierarchy, stakeholders, funding and available human resources. The concept also described institutional and personal factors contributing to research.

Patrick,
NRS

Eighteen participants participated and the concepts were judged by Professor Dr Shiv Shankar, Dept of Biochemistry and Vice Chair Person of Ethical Committee of FMMCH and Dr Beena Anthony, Professor, Department of Microbiology and recognized PhD guide, Mangalore University.

ANTI RAGGING/DISCIPLINE COMMITTEE

1. The anti ragging committee of the college of nursing organized a workshop on PERSEPCTIVE OF COLLEGE LIFE for all students in two batches on 2nd and 2^{9th} Aug 2015. The resource person was Mrs. Jyothi Pinto HRM of FMCI. It was very informative and well appreciative by the students.
2. A discipline committee was formed comprising of SNA representatives of each batch, anti ragging committee members and mess committee members. The staff includes, class coordinators of each batch, Hostel wardens and Sr. Deepa the coordinator of the committee. The meeting was held on 28th Aug at 10.30 am in the syndicate hall.

TEACHER'S DAY CELEBRATION: On 05-09- 2015 teachers' day was celebrated by the staff. It was a unique programme. Since all our students were on study leave, teachers felicitated each other. They had prepared a short documentary of varies activities of the teachers. A few games were organized and gave prizes. The programme ended with refreshment.

COURSE INAUGURATION: - The course inauguration of 29th batch of B Sc, 28th batch of PBBsc and 24th batch of M.Sc Nursing Program was held on 19th September 2015 at 10 am in The Rajath Bhavan, Father Muller College of Nursing. The inauguration programme began with a prayer song. The chief guest Sr. Supriya A.C, principal, St. Agnes College, Mangalore inaugurated the course by lighting the lamp.

ADMINISTRATION VISITS: During the academic year 16UG and 8 PG student and staff of varies college visited our college as a part of their administration tour. It gives us an impression that our college is ideal and best.

NURSING RESEARCH SOCIETY OF INDIA (NRSI)

Nursing Research Society of India (NRSI) is a professional body established in 1987 for the promotion of nursing research in India. NRSI has made remarkable progress in the past 3 decades under the leadership of various nurse leaders. The objectives of NRSI are to support the development of nursing research activities, provide evidence based nursing care, provide a platform to nurse scientists to exchange views on nursing research and disseminate research findings for utilization in the field of health care. This has been materialized through the cooperative and collective participation of its members in organizing regular conference, research activities and publishing the journal of NRSI.

The 19th Annual National Conference of Nursing Research Society of India (NRSI) **NRSICON'15:** was organized on 29th to 31st Oct 2015. The theme of the conference was - Nursing Research: A Pathway to Quality Improvement in Health Care. The chief guest for the Inaugural Programme was Dr. G Venkatesh-Director- Advance Research Cell RGUHS Bangalore and Dr. Bontha V. Babu Scientist Health Systems Research Division, ICMR, New Delhi was the guest of honour, Dr Usha Ukande, NRSI president, Prof Amarjeeth Kaur Sandhu, Secretary, NRSI did the formal inauguration by lighting the lamp. The chief guest, guest of honor and NRSI president gave the message regarding the various aspects of research and its influence on quality improvement in health care NRSI book " Preventive strategies of Non Communicable disease" and conference souvenir were released during inauguration. Presidential address was given by Rev Fr Patrick Rodrigues, Director FMCI. The sessions were as follows:

1. Concept of research culture in teaching institution and hospital
2. Critical appraisal of research
3. Interactive session on communication of Research Finding
4. Proposal writing for research grants
5. Panel discussion on Role of professional organizations in promoting research Culture

6. Scientific paper/poster presentation
7. Nature and design of mixed method of nursing research
8. Steps in conducting mixed method of nursing research
9. Contemporary application of mixed methods of research
10. General body meeting and election
11. Systematic Review
12. Scientific paper Presentation
13. Concept of quality improvement in health care system
14. Measuring nursing quality care
15. Cost of quality care
16. Quality improvement in health care-Application for clinical practice.

About 200 delegates from all over India and a few from abroad were present. The executive of NRSI appreciated the organizational skills of our faculty. The delegates of the conference appreciated the topics and the recourse persons. It was a successful conference.

YOUTH RED CROSS CELL

The Youth Red Cross Cell was inaugurated on 05/11/2015 in the Rajath Bhavan of Father Muller College of Nursing on 10th Aug 2015. Mr Santhosh Peter D'souza, Advocate and Legal Consultant, District Convenor of Youth Red Cross Cell, Dakshin Kannada (DT), was the chief guest. Mr. Santhosh Peter D'souza oriented the nursing students regarding Youth Red Cross Cell, its aim, functions and activities. Mr Dayananda Shetty, Managing Committee Member of Indian Red Cross Society, Dakshin Kannada (DT) also addressed the audience. The activities of the YRC and NSS are combined.

CHILDREN'S DAY CELEBRATION 2015

A two day celebration was organized by Department of Pediatrics and Pediatric Nursing as a part of *Children's Day 2015* at Prashanth Nivas, Jeppu and Pediatric Ward, Father Muller Medical College Hospital on 13th and 14th November 2015. Drawing competition, fancy dress and fun games were the main attractions of the celebration, and ended by appreciating the participants with prizes and takeaway gifts.

OBSERVANCE OF WORLD DIABETES DAY

On the occasion of "World Diabetes Day", Diabetes Awareness programme was conducted on 14.11.2015 and 17.11.2015 in Father Muller Medical College Hospital under the guidance of Dr Sudeep, Endocrinologist and faculty of Department of Medical Surgical Nursing. The students of II BSc Nursing students performed a role play and conducted a group health education for creating awareness on Diabetes Mellitus.

CHRISTMAS CELEBRATION IN SNEHASADAN WITH SNEHA KIDS

Christmas is a Feast of love and sharing. The students chose to celebrate it at Snehasadan, Kaikamba, a St Camillus Care Home for the Children Living with HIV/AIDS on 12th December 2015 from 2pm to 5pm. During the programme a talk on 'Balanced Diet' was given for the children. They also organized such celebrations at

- Psychiatric Ward, Father Muller Mental Health Centre, on 15th December 2015
- De-addiction center and
- Prashanth Nivas Juppu.

They gave meaningful message through Christmas play, conducted games, prize distribution and Kuswar for all gathered.

SPIRITUAL ACTIVITIES:

- Annual retreat for the students
- Jesus youth prayer group organize prayer meeting in which our students actively participate every week
- Altar servers group
- Divine horizon-spiritual animation group plans all Spiritual Activities that takes place in the campus
- Students get training to conduct Mass liturgy, Holy Hour on Friday and daily Rosary in the Hostels.

Students pray Daily Rosary on public addressing system which helps the patient to pray at 6.45pm at the FMMCH.

INTERNAL QUALITY ASSURANCE CELL (IQAC) REPORT

The IQAC of the college commenced in the year 2012 during the NAAC process. The department was established on 14/10/2013. Thereafter its aim was in consistent with the NAAC objectives. The IQAC of the college formulated its own by-laws for the college level for the smooth functioning. The IQAC committee was formed in the year 2012, thereafter on their completion of two years it reformed in 2015. The AQAQR follows the academic year from September to August.

Internal Quality Assurance Cell

Chair person:

Sr. Winnifred D'Souza - Principal, FMCON

Senior Administrative Officers:

Rev. Fr Richard Coelho - Administrator, FMMCH

Rev. Fr Rudolph Ravi D'Sa - Administrator, FMMC

Management Members:

Dr. B Sanjeev Rai - Chief of Medical Services

Sr. Aileen Mathias - Chief Nursing Officer

Teachers:

Prof. Chanu Bhattacharya - HOD, Nursing Research

Mrs. Victoria D'Almeida - Vice Principal, FMCON & HOD Advance Nursing

Prof. Agnes E J - HOD, Psychiatry Nursing

Prof. Irene Alvares - HOD, Nursing Education

Prof. Leena K C - HOD, Community Health Nursing

Mrs. Bridget D'Silva - HOD, Medical Surgical Nursing.

Ms. Seema S Chavan - HOD, Pediatric Nursing Dept.

Mrs. Shiji P J - HOD, Nursing Administration

Sr. Deepa Peter - HOD, Fundamentals of Nursing

Nominees from Local Society:

Dr. Malini Hebbar - IQAC Coordinator St. Agnes Degree College

Dr. Denis Fernandes - IQAC Coordinator St. Aloysius College

Alumnae:

Dr. Asha P Shetty - Principal, Yenepoya College of Nursing

Students :

- Ms. Leonza D'Rozario -II B.Sc Nursing

- Ms. Jincy P.K -III B.Sc Nursing

- Ms. Fiona Vas -IV B.Sc Nursing

- Ms. Marita -II PB B.Sc Nursing

- Ms. Frenita D Souza -I M.Sc Nursing
- Ms. Ashamol Thomas -II M.Sc Nursing

Stakeholder :

Dr. Namratha S

Dr. Janet Dotty Lobo

IQAC Coordinator:

Prof. Savitha Pramilda Cutinho

IQAC Secretary:

Ms. Preethi Fernandes

- Prof. of Hospital Administration
- Librarian, FMCI

- HOD, OBG Nursing

- Asst. Professor

The IQAC core committee was formed. The members are Heads of the departments, IQAC Chair person and Coordinator with one secretary. The core committee meets first week of the month with the academic and clinical agenda. The most of the major decision related to the quality of the institution are discussed and problems are resolved.

IQAC Model was developed and displayed on the IQAC Board.

The objectives and action plans are chalked out in the beginning of the academic year.

- The IQAC Activities of the year 2014-15 are shown below.
- *Enhancement and Sustenance of Internal Quality Assurance System*

For the faculty

- ' Role of IQAC in quality enhancement in nursing education and clinical practice'
- ICT'A strategy for quality sustenance in teaching learning process'

For the students

- Students participation in quality assurance
- Promotion and sharing of best practices among student and faculty in the institution
- NABH orientation for Students and faculty
- A seminar on *EOC: Equal Opportunity Cell Development*
- A workshop on *teacher effectiveness for the teaching*
- Soft Skill training for the teaching and non teaching staff
- Series of lecture on scientific publication
- Occupational hazards in Biomedical waste disposal
- Orientation to mentoring programme 24.09.2014
- Faculty trained in the Basic Life Support.
- IQAC model for the committees of the College was developed.
- IQAC meeting conducted twice in the year and action plan was presented in the IQAC meeting.
- The IQAC core committee consisting of the teachers, chairperson and the IQAC coordinator meet every first week of the month.
- Enhance the quality circle from four to eight and four cells were established.
 - Equal opportunity cell
 - Red Cross Cell
 - Staff Development Programme Cell and
 - Academic integrity
- Steps taken to formulate quality policy.
- Integrated GOI guidelines in teaching learning process.
- Evaluation of departmental activities and action plans through internal departmental audits and HOD meetings.

Introduction of online feedback through MIS.

Feedback from the students, teacher effectiveness and stakeholders.

- A step taken to receive grants from UGC for the faculty training.
- To conduct extra extension programme in the rural community and outreach programmes are enhanced via radio programme and health awareness programmes in the community.
- Created Research Climate in the Institution.
- Students and faculty were trained through seminar.
- Reading material on IQAC was given to the graduate and post graduate students and their knowledge on IQAC of the College was evaluated through a test consisting of 10 questions.
- IQAC quality related programmes planned for the year.
- Display of research projects grants from the RGUHS.
- Display of faculty publications statistics in the mid academic year and end of the academic year.
- Display of all the day to day activities of the IQAC and the reports of the meeting and quality circle meeting are displayed on IQAC notice board and student notice board (required information only).
- Two Internal audits and one external audit was conducted.
- Strategies developed to reduce paper use.

Plan of Action by IQAC 2014-2015

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year *

Plan of Action	Achievements
1. Course orientation for B. Sc (N), PB B. Sc (N) and M. Sc (N) on 16 th September 2014.	Course inauguration was held on 16 th September 2014 followed by orientation for three days from 17 th - 18 th September 2014.
2. To introduce two new add on courses.	'Hospital Infection Control' add on course syllabi prepared and introduced for the academic year 2014 - 15.
3. Observation of health days and celebration of national days as per the action plan developed by the departments for the year 2014-15.	<p>The six departments of the college celebrated the health days like:</p> <ul style="list-style-type: none"> • International mother's day on 02.05.2014 • International Thalassemia day on 02.05.2014 • Child Labour Day on 02.05.2014 (Poster competition in the topic: no to child labour in domestic work) • World breast feeding week August 1st - 7th 2014 • World Alzheimer's Day 23.09.2014 • World immunization day 10.11.2014 • World aids day on 01.12.2014 • National girl child day on 22.01.2015 • Pregnancy awareness week 10 - 16th February 2015 • World day of the sick on 11.02.2015 • World cancer week observed on 03.03.2015 • International women's day on 08.03.2015

- World down syndrome day on 21.03.2015
- World child hood autism day on 24.04.2015
- Midwifery Day on 05.05.2015
- Day against drug abuse and illicit trafficking on 30.06.2015

The four added quality circles are Curriculum Circle, Evaluation Circle, mentor mentee Circle, Grievance redressal Circle, Extension Activity Circle, Alumnae Circle, Research Circle, Sports Circle

Reduction of paper use:

- 2013-14 A4 size paper use 428 Bundles (2,14,000 papers)
- 2014-15 A4 size paper use 380 Bundles (1,90,000 papers)
- Total Number of paper saved Xerox and print is 24,000 Papers
- Reports, departmental communications and documents are sent through emails
- College magazine CD is provided to the students and faculty instead of Hard copy
- Display of sessional question paper in the LCD and noting down in the answer book in the place of hard copy
- Recycling of the papers

- International Conference on 'Power of the past force for the future and update on research' 13th June 2014
- National Conference on 'Padiatric Oncology' on 12th & 13th December 2014
- Seminar on ' safe motherhood: make it happen' on 7th March 2015

- Seminar on equal opportunity cell was organized
- EOC cell was inaugurated on 3rd June 2015
- Staff Development programme cell is established and organized various programmes for the Teaching and Non teaching faculty and departments have organized CNEs for the faculty.

Curriculum and evaluation committee has developed manual feedback forms on

- Students feedback of the subject/course.
- Students feedback of the clinical experience.
- Students feedback of the programme (yearly).
- Students feedback of the overall programme (outgoing batches).
- Students feedback of teachers.

4. Enhancement of quality circles from **four to eight**.

5. Contribution to environmental awareness

- Reduction of paper usage
- Green Audit
- Walkathon on Bio-Eco friendly

6. Workshop/ conferences/seminars planned by the various departments.

- Workshops - 2
- Seminar - 1
- Conferences - 6
 - International - 1
 - National - 5

7. Steps to initiate 'Cells' on Equal Opportunity Red Cross, SDP (Staff Development Programme) and Academic Integrity.

8. To revise edit and develop manual feedback forms and initiate online feedback system.

9. Organization of NAAC Sponsored State level seminar on 'Enhancement and sustenance of internal quality assurance system'.

10. Lamp lighting Ceremony of novice B.Sc nursing and GNM students.

11. Inter departmental collaboration in teaching.

12. Formulation of Quality Policy for Academic Excellence.

13. Faculty deliberation on current trends in Midwifery and practice by international Midwife.

14. To organize radio programmes for the community and poster competition for the students by community and medical surgical nursing department.

- Students feedback of non-teaching staff.
- Staff feedback of administrative/non-teaching staff.
- Teacher evaluation (peer).
- Parental satisfaction feedback form.
- Guide/co guide evaluation by students.
- Alumni feedback form.
- Faculty evaluation format (annual/periodic) by HOD
- Community feedback.
- Patient feedback.
- Introduction of 360° online feedback is on process through MIS.
- Proposal was prepared and sent to UGC, did not received the funds for the current year suggested to propose for the following year 2016.

IQAC organized seminar on 'Enhancement and sustenance of internal quality assurance system' for the faculty and students in a smaller scale on 16.05.2015.

Lamp lighting and oath taking ceremony of 28th batch of B.Sc (N) and 57th Batch of GNM (N) was held on 19th December 2014.

Inter departmental teaching collaboration is taken place in the following departments

- The Child Health Nursing department and OBG Nursing department.
- Community Health Nursing and Medical Surgical Nursing.
- Foundation of Nursing and Community Health Nursing, Child Health Nursing, Medical Surgical Nursing.

Quality policies were formulated roughly by the core committee members. The final draft of the policies is on process.

Seminar on current trends in midwifery was held 13.01.2015 by the clinical midwife manager - 1 of National Maternity hospital Dublin, Ireland.

Radio Program on

- Epilepsy on 18.11.2014.
- Stomach and oral cancer on 04.02.2015.
- H1N1(Akashvani, Mangalore in Kannada) on March.
- HIV on 03.01.2015 (All India radio Station).
- Report programme on mosquito borne diseases and its prevention 03.06.2015.
- Hypertension on 12.05.2015.
- Awareness on Dengue fever was given to the public

<p>15. Integrate current GOI guidelines in teaching learning process.</p> <p>16. Series of lectures on scientific publications for the faculty.</p> <p>17. Panel discussion on 'Nursing Consultancy' with nursing experts.</p> <p>18. To conduct minimum of two extension programmes in the rural community by each department of the college.</p> <p>19. Internal first Audit in the month of February 2015.</p> <p>20. Internal Second Audit in the month of July 2015.</p>	<p>through hospital public address system on 7th and 8th July 2015.</p> <p>Curriculum committee SBA module in the I year M.Sc Nursing.</p> <p>Nutrition programme in the I year.</p> <ul style="list-style-type: none"> • Research proposal writing for the grants from the funding agencies on 22nd and 24th June 2015. • Case report writing in the publications on 26th June 2015. <p>Experts from the nursing fields discussed on improvement of nursing consultancy in the nursing profession.</p> <p>Rural extension programme were organized</p> <ul style="list-style-type: none"> • Nutrition programme at Pachanady by Fundamentals of Nursing department on 30th April 2015. • Katipalla satellite clinic by psychiatric department first Wednesday of every month. • Awareness programme on 'Mental Health and mental illness at Badakabailu anganawady on 17th January 2015. • Nutrition programme at Thumbay by Fundamentals of Nursing including Nutrition department on 5th May 2015 • Women's Health at Nirmala Social Health Center, Ullal by Medical Surgical Nursing department on 22nd August 2014. <p>Internal first audit was done in the month of January (Criteria wise) and March (Departmental) 2015.</p> <ul style="list-style-type: none"> • Internal second Audit was done in the month of July 2015. • External audit was done in the month of July 2015 by the IQAC coordinator, St. Aloysius College, Mangalore.
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THE IQAC GOALS for 2015-16

1. To constantly strive towards maintenance of excellence in nursing education & practice.
2. To develop and maintain research culture within the institution.
3. To increase the scope of consultancy among the faculty.

The action plan is pen down along with the objectives. The budget for the year was prepared based on the action plan and quality related activities. The Objectives and Action plan of the year are displayed in the website and quality programmes are uploaded in the website too. 'STAY UNITED WORK UNITED'

CARMEL HOSTEL

Warden : Mrs. Benedicta Castelino
Assistant Warden : Ms. Alphonsa Frederick

Carmel Hostel, a Part of the college of Nursing, provides a home for all to study and work. It runs smoothly under the able guidance and attention of the Principal, Sr. Winnifred D' Souza, the chief Warden.

A residential Warden assisted by assistant Warden and floor Wardens- Ms. Sonia, Ms. Prasanna, Ms. Jenevi Sanctis, Ms. Neethu, Ms Laura and Ms. Shruthi , one on each floor attend to the immediate needs and discipline of the students. All the Wardens meet and discuss the growth, needs and progress of the students as the need arises.

"Nursing is a profession but becomes a mission when God intervenes between profession and person".

Students are motivated to make the best use of the spiritual programmes in the campus such as daily mass in the morning and common Rosary at night. They are encouraged to become members of the Altar Servers at hospital chapel and St. Joseph chapel. "Prayer is the world's greatest wireless connection". Believing this, students are encouraged to visit the Blessed Sacrament and attend weekly prayer services.

Ample opportunities are provided to become members and experience the love of Jesus through weekly Jesus Youth programmes and Divine Horizon.

The Non-Christian Students are free to practice their own religion and permitted to go to their sacred place of worship.

The students participate in various art and cultural competitions. They also participate in cultural and sports competitions organized by other institutions and bring credit to the College and the hostel through their performances.

MESS:

The hostel Mess is being taken up by the contractors that was running under the dividing and sharing system. A fix amount is being charged to each student. There is a Mess committee comprising of student representatives from each of the batches along with the wardens, Principals of FMCON and FMSON. The Mess President, Secretary and the representative meet as and when the need arises to plan out the routine menu and modify the existing one. In the Carmel 'C' Hostel where sisters are accommodated mess facility is outsourced to caterers last year.

'Cleanliness is next to godliness'.

In order to inculcate clean habits and live in a healthy surroundings a committee has been formed named 'Swach Carmel'. The core group members supervise the cleaning and duty rotation. The needed equipment is supplied by Asst. administrator, Rev Fr. Ajith Menezes of FMMCH.

Hostel Day & Celebration:

The hostilities celebrate all the major National and Religious festivals.

The feast of 'Our Lady of Mount Carmel' the patron of the Hostel was celebrated on 16th July 2015. The day started with a solemn Eucharistic Celebration in the morning and ended with the blessing of the hostel rooms. Other feasts like Onam, Deepavali, and Christmas are celebrated by the Hostelites.

FATHER MULLER COLLEGE OF NURSING



ANNUAL REPORT

From: April 2016 to March 2017

INTRODUCTION: Father Muller College of Nursing is an **“Edifice of Enlightenment and Empathy”** has earned a brand name as one of the Top Class Nursing College in the Country. About 2600 under graduate and 690 Post graduates have successfully walked out from the portals of College of nursing holding the banner high and are ambassadors of our college in different countries. We have achieved much in the field of nursing education, service and research.

The National Assessment and Accreditation council (NAAC) has accredited our college with ‘A’ grade in the year 2014. It is the first nursing college under RGUHS Bangaluru to be accredited. The staff and students have been inspired and guided through the years by the motto **“Search, Share and Care”** where nurses search for knowledge, share their knowledge and care for the sick with the updated Knowledge.

Our students excel in sports, curricular and co-curricular activities. Our Alumnae are sought after by every Medical Institutions in India and abroad for their excellence discipline and devotion in the nursing profession.

College has an excellent, efficient and highly motivated faculty who plan meticulously all the curricular and co-curricular activities for the students.

STATISTICS:

The Courses offered are:

Basic B. Sc Nursing degree course

Annual intake 100 students

I Year	-	100
II Year	-	100
III Year	-	96
IV Year	-	97

Post Basic B.Sc Nursing

Annual intake 60 Students

I Year - 23

II Year - 39

M Sc. (Post Graduate) Nursing Course

Annual intake 40 Students

1. Medical-surgical nursing	8 seats
2. Obstetric and Gynecological Nursing	8 seats
3. Community Health Nursing	8 seats
4. Psychiatric Nursing	8 seats
5. Pediatric Nursing	8 seats

Post Graduate students present position

I Year - 07

II Year - 21

AUGUST/SEPTEMBER 2016 RGUHS UNIVERSITY EXAMINATION RESULTS

B Sc(N)

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
I year	100	90	11	65	14	90
II Year	95	83	-	40	43	87.36
III Year	94	89	12	72	5	95
IV Year	94	93	22	69	2	98.93

PB BSc(N)

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
I year	39	36	-	36	-	92.30
II Year	39	39	16	23	-	100 %

Ranks:

Renita Josline Fernandes - 5th Rank

Aljomol Sebastian - 6th Rank

Lydia Pais - 8th Rank

Melbin Jose - 9th Rank

M Sc(N)

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
I year	21	16	10	6	-	76%
II Year	18	18	12	6	-	100

FACILITIES:

State of-the-art nursing college campus, spacious, well equipped ICT enabled classrooms with all advanced audio-visual aids, supportive learning environment, career-oriented disciplines, have made the college of nursing an "edifice of enlightenment and empathy" and earned a brand name as one of the best nursing college in the country.

Specialty demonstration rooms:

- Anatomy & physiology lab (Medical College)
- Community Health Nursing Lab
- Fundamentals of Nursing and Medical-Surgical Nursing combined Lab
- Nutrition Lab
- OBG Lab
- Child Health Lab

The Labs are well equipped to develop nursing skills of students.

It is in the 1250 bed Father Muller Medical College Hospital that the students get hands on training in different medical, surgical and specialty units under the direct supervision and guidance of the clinical instructors. Students are exposed to Father Muller Simulation and Skill Center and get training for various advance nursing care procedures in the skill center.

In the **Central Library** a separate section is marked out for UG and PG students. Abundance of books and journals are available to quench the thirst of knowledge. Reading room has the seating capacity for 250 students

Continuing Nursing Education Programmes: Regular conferences, workshops, seminars and guest lectures are organized for different batches of students to enhance the knowledge of the student nurses. Staff have organized conferences and workshops in their respective specialty. It is mandatory for the staff to attend conferences and workshops organized within the campus and out of the campus.

During the year the college of nursing has organized

- | | |
|-------------------------------|-----------------------------|
| • International Seminar | 1 |
| • National Conference | 2 |
| • State level Conference | 5 (5 specialty Departments) |
| • Workshops | 3 |
| • CNE Programmes | 8 |
| • Guest Lectures | 10 and |
| • Guest Lectures for students | 5 |

Advanced training: The students are given opportunity to expose themselves to different health care settings by organizing visits to other hospitals in India. A national administrative visit for UG & PG students helps them to sharpen their administrative abilities.

The members of the faculty of college have contributed as resource persons in different National and International conferences, workshops and continuing nursing education programmes. They have also participated in various conferences as well as presented and published papers.

DEPARTMENTS

MEDICAL SURGICAL NURSING

Faculty Members

1. Mrs. Victoria D' Almeida	-	Professor & Vice Principal
2. Ms. Bridget D Silva	-	Assoc. Professor & HOD
3. Ms. Sonia D'Souza	-	Asst. Professor
4. Mrs Preethi Fernandes	-	Asst. Professor
5. Sr Susamma Varghese	-	Lecturer
6. Mrs Jacintha Valder	-	Lecturer
7. Mrs. Jubee Joseph	-	Lecturer
8. Ms Indu K	-	Lecturer

ACHIEVEMENTS OF STAFF

1. Mrs Bridget D'Silva (HOD), Associate Professor, Teaching experience: 12.6 yrs

Achievements

- INC inspector
- UNESCO Bioethics South East Asia Region Member 2012-to date.
- Assoc. Editor, Father Muller Journal of Medical Sciences from 2011 to date.
- Question paper setter & examiner to Kerala, Manipal, Yenepoya, NTR University and AIIMS

Research guided

1. Risk of osteoporosis among men in selected areas of Mangalore 2016-17
2. Student nurses opportunity to perform advanced nursing procedure in clinical practice area in a selected hospital at Mangalore 2016-17
3. Student nurses knowledge and attitude on utilization of clinical assignment as a learning tool in a selected college at Mangalore 2016-17

3. Mrs. Sonia Dsouza, Assistant Professor

Achievements

1. Attended NAAC sponsored two days seminar on quality sustenance and quality enhancement measures in health science institutions, organised by IQAC of Yenepoya University on 29th & 30th March 2017.
2. Attended a seminar on pediatric diabetes mellitus & diabetes ketoacidosis organised by department of pediatric nursing, FMCON on 11th March 2017.
3. Attended a International Seminar on research methodology: simplified on 21st June 2016.

4. Mrs. Preethi Fernandes , Assistant Professor

Research Projects under Guidance

1. Exploratory study on factors contributing to obesity among women in selected hospital at Mangalore.
2. A study on frequency of high risk pregnancy among the women with a view to develop protocol on high risk management in a selected hospital at Mangalore.
3. A Study on psychological impact of diabetes among patients with Type 2 Diabetes Mellitus.
4. A study on dietary practices among postnatal mothers in a selected setting at Mangalore

Seminars / Conferences attended

1. Attended Diabetes Educator Training Programme conducted by Christian Medical College Vellore from 20th June 2016 to 30th June 2016.
2. Contributed as Steward towards achieving th Guinness Worl Record for "The Most Participants in Hand Sanitizing Relay" held at Marena Sports Complex, Manipal University, Manipal on 15 October 2016
3. Attended the workshop on systematic reviews and meta-analysis at Manipal College of Nursing, Manipal on 1& 2 February, 2017.

Publication

1. A study on occurrence of gastrointestinal disturbances related to cancer therapy among patients with cancer in a selected hospital at Mangalore in PARIPEX- Indian Journal of Research, Volume 05, Issue :11, November - 2016

5. Sr. Judy SIC (Susamma Varughese)

Research Carried out

1. Effectiveness of Planned Teaching Program on selected side effects of insulin therapy for diabetic clients in diabetic clinics of Mangalore
2. Knowledge and Perspective on CPR among staff nurses in a selected hospital of Mangalore

Research Project Guided

1. An exploratory study to assess the risk of osteoporosis and quality of life among men in Mangalore(PG)
2. A quasi experimental study on effectiveness of individualized diet plan on nutritional status of critically ill patients in a selected hospital, Mangalore.(PG)
3. Study on knowledge regarding Benign Prostatic Hypertrophy among adults in selected settings.(UG)
4. Study on knowledge regarding complication of diabetes mellitus among diabetic patients in selected settings.(UG)

Research Project Guiding

1. A study on genitourinary health problems and health seeking behavior among women in a selected setting of Mangaluru.(PG)
2. A study on parents' attitude and barrier in receiving Speech Therapy and Hearing Rehabilitation by children in a selected hospital in Mangaluru (PG)
3. A study on functional ability of bladder among menopausal women in selected setting of Mangalore with a view to prepare informational booklet.(UG)

Publication

1. Published scientific paper on '**side-effects of insulin therapy**'(15-03-2016)
2. An exploratory study to assess the risk of osteoporosis and quality of life among men in Mangalore(6-11-2016)
3. A quasi experimental study on effectiveness of individualized diet plan on nutritional status of critically ill patients in a selected hospital, Mangalore. (6-11-2016)
4. Scientific paper presentation on "**Risk for osteoporosis and quality of life among men**" at National conference on Advanced clinical nursing roles organized by Alumni association FMCON on 23rd July 2016
5. Scientific paper presentation on "Study on **Knowledge regarding Benign Prostatic Hypertrophy among Adults** in Selected Settings." National conference on updates on managing psychiatric emergencies ; PSYCON 17 on 28-02-2017

Others

1. Developed an add on course syllabus "**Infection control and Bio Medical Waste Management** for nursing students of Father Muller College Of Nursing, Mangalore.
2. Developed a add on course syllabus on "**Bioethics**" for nursing students of Father Muller College Of Nursing, Mangalore.
3. Joined for PhD in nursing at Nitte University, Deralakatte.
4. Trained in skill lab-CAE health care "essentials of simulation and of METI man".

5. Trained in skill lab-CAE health care on **Essentials of Ultrasound (Cardiac Simulation).**
6. Trained in skill lab-CAE health care on **Essentials of Endoscopy and Ultrasound (ObGyn& Abdomen)**

6. **Mrs Jacintha Valder**, Lecturer & Assistant Nursing Superintendent

Research Carried out

- Self-Instructional Module on knowledge regarding selected Oncologic Emergencies among staff nurses" in a selected hospital Bangalore.

Research Project Guiding

1. A Knowledge regarding the handling of sharps among health care personnel.
2. A correlational study between sleep deprivation and academic coping strategies adopted by the nursing students.

7. **Ms.Indu.NK**, Lecturer & Assistant Nursing Superintendent

Research Carried out

- Occurrence of Urinary Tract Infection and its contributing factors among catheterized subjects in a selected hospital at Mangalore

Research Project Guiding

- A Study on initiation of Diet and its related Taboos among Postnatal Mothers in a selected hospital."
- A study on the perception of teachers and senior nurses about physical assessment practices of nursing students in a selected hospital(Father Muller medical hospital, Mangalore)

Conferences/Workshop/ CNE/FDP attended on:

- Attended the CME on structural heart disease held on Jan 2016 at K.S Hegde Medical Academy

8. **Ms. JUBEE JOSEPH**, Lecturer & Assistant Nursing Superintendent

Research Carried out

1. A study on effect of aloe vera juice on glucose level among diabetics in a selected old age home, Managalore

Research Project Guiding

1. Emotional and social loneliness among patients with ADS with or without psychotic symptoms in Father Muller De-Addiction center Mangalore.

2. A study to compare the clinical signs of physiological jaundice with transcutaneous bilirubin among neonates in a selected hospital at Mangalore

Conferences/Workshop/ CNE/FDP attended on:

- Attended the CME on structural heart disease held on Jan 2016 at K.S Hegde Medical Academy
- Attended a national workshop on Emerging Research culture: A pathway to evidenced informed health care on 18th and 19th February 2016 at A.B Shetty Memorial institute of Dental sciences, Deralakatte, Mangalore
- Attended CNE on diabetes at Father muller hospital in 2017
- Attended national conference on 'save a woman,save a family 'at, Father Muller college in 2017.

DEPARTMENTAL ACTIVITIES (2016-17)

S.NO.	Date	Activities
Journal Club:		
1.	18/09/16	Journal article presentation on "cuff pressure of et tubes after changes in body position in critically ill patients treated with mechanical ventilation"
2.	23/02/16	Journal article presentation on "Effect of Whole Body Massage on the Process and Physiological Outcome of Trauma ICU Patients: A Double-Blind Randomized Clinical Trial"
3.	23/02/16	Journal article presentation on "grounded theory on peer to peer accountability"

CNE:

1. Patient safety
2. Sleep awareness
3. Healthy aging among women
4. Depression awareness
5. Musculoskeletal health
6. Patient safety

Extension activities:

1. 02/12/2016 Healthy aging
2. 17/11/2016 Sleep awareness
3. 11/02/2016 Self medication
4. 23/02/2016 Common cancers among women
5. 15/03/2016 Depression among women

Radio Programme:		
1.	10/03/16	Renal failure
2.	24/03/16	Tuberculosis
3.	9/2/17	Prevention of H1N1
4.	4/2/17	Risk factors of oral and stomach cancer and its prevention

FACILITIES

- Fundamentals of nursing lab with equipments for advanced nursing procedures like :
 - Crash Cart
 - Defibrillator
 - Cardiac monitor
 - IV arm
 - Infusion pump
- Library facilities includes
 - Books: 120
 - CD ROMs: 10
 - Modules: 15
 - Term Papers:13
 - Dissertation: 107

UNIVERSITY RESULTS: 2016-17 (Medical Surgical Nursing)

Batch	Number of students appeared		Number of student passed		Distinction		I class		II class		Failed	
	F	%	F	%	F	%	F	%	F	%	F	%
II BSc Nursing	95	100	83	87	1	1	60	63	10	11	12	13
III BSc Nursing	92	100	90	98	32	35	57	62	1	1	2	2
I PBBS Nursing	41	100	39	95	6	15	30	73	3	7	2	5
I MSc	6	100	5	83	1	16.6	4	66.6	-	-	01	16.6
II MSc	6	100	6	100	3	50	3	50	-	-	-	-

OBSTETRICS AND GYNECOLOGICAL NURSING

Objectives:

1. Develop methods to monitor and evaluate the midwifery skills of the faculty and students.
2. Demonstrate competency in maternity skills which promotes quality care to the women and child.
3. Demonstrate ethical conduct in practice and research
4. Communicate effectively with diverse audiences, especially low-income families with limited access to quality health services.

Faculty Details

Sl No	Name	Qualification	Designation
1.	Dr. Savitha Pramilda Cutinho	M.Sc(N), Ph.D.	HOD and Professor
2.	Mrs Darryl MS Aranha	M.Sc Nursing	Asst Professor
3.	Mrs Pramila D'Souza	M.Sc Nursing	Lecturer
4.	Mrs Shoba Xaviour	M.Sc Nursing	Lecturer
5.	Ms Precilla Loriena D'Silva	M.Sc Nursing	Lecturer
6.	Mrs Reena Wilma Frank	M.Sc Nursing	Lecturer
7.	Ms. Valantha Mendonca	MSc. Nursing	Lecturer

Staff Achievements:

OBG Nursing Department was awarded as 'Best Report Award' by Breastfeeding Promotion Network of India (BPNI) in 2016

1. Precilla D'Silva

Best poster award on 'Diabetes Awareness' organized on 14th November 2015 World Diabetes Day.

2. Dr. Savitha Pramilda Cutinho

The Postgraduate students guided by her received 'Best Paper Award' in National conference and Workshop in 2016

Activities of the Department

Action plan was drawn in the beginning of the academic year

The skill update plan for the faculty was chalked out in the beginning of the academic year

1. International Day of Midwives: 5 May 2016

Women and Newborns: The Heart of Midwifery

Midwifery day was celebrated and the activities aimed to reduce complications and improve maternal and infant health. The plenary session was organized on 'Nurses role in Obstetrical Emergencies' for the midwives and postgraduate students.

2. Breast Feeding Week - 1-7th August 2016:

The inauguration of a weeklong activities was done by Dr. Naveen Chandra, Taluk Officer as Chief guest. The variety of extension programs and activities were held at rural and urban regions of Dakshina Kannada District. The faculty of the OBG Department actively planned and implemented the activities along with the OBG department of Medical College Hospital. The department was awarded as 'Best Celebration' by BPNI with certificate and memento.

3. St. Jerald Feast - 17th October 2016

St. Jerald feast was celebrated in the Conference hall of the hospital in collaboration with postnatal ward incharge and staff and OBG department of the FMMCH. The management, faculty and students actively participated in the program along with the postnatal women and their family members. A short drama was played by the College of Nursing students on St. Jerald Majela helping a expectant mother distressed with labour pain.

4. National Nutritional Day - 3rd September 2016

National Nutritional Day was celebrated at Smaja Kalyna Mantap Bantwal under the leadership of Women and Child development Society of Bantwal Taluk. The faculty of OBG nursing department educated the 100 women on 'antenatal diet'.

5. Street Play on HIV in Pregnancy - 1st December 2016

The students staged a street play at Farangipete junction on 01-12-2016 at 3pm. The play was on treatment modalities of HIV in pregnancy and in neonates.

6. Cancer Week Program - 8th February 2016

During the cervical cancer week, student and faculty organized a street play at Kankanady bustand on 08/02/2017. The OBG department of Medical college hospital and College of nursing worked out the program in collaboration. A good number of viewers admired the play. The students and faculty participated in the guest lecture on 'screening of gynecological cancers' on 09/02/2017.

7. National workshop on 'Save a Mother Save a Family: A Bold step for Change'

A workshop was organized along with the observation of International Women's day on March 8th 2017. Total 160 delegates were present for the workshop.

8. Womens Day Program:

Boliyar angawadi, Thumbe had invited faculty of OBG Nursing for a guest lecture on the women's day theme 'Be Bold for Change'. Ms Reena Frank and Dr Savitha

Pramilda Cutinho accepted the invitation and deliberated the sessions. The beneficiaries were women with underfive children and staff of Anganawadi.

9. Pregnancy Awareness Week on 12-18th February 2017

A Health awareness program was conducted at Nirmala Health Centre, Ullal on 5th April 2017. Students enacted the role play on 'Antenatal Care'. Around 100 women participated and benefited from the program.

10. World Health Day 2017

Kolambe Anganawadi at Thumbe had celebrated the World Health Day 2017. The faculty of OBG Nursing was invited to deliberate a message on 'Depression Lets' talk'. Ms Pramilda DSouza was the speaker on the theme. She also highlighted on the management of postnatal depression. The beneficiaries were women with children, ASHA workers and staff of Anganawadi.

11. The faculty participated in the health camp organized by OBG department of FMMCH on 27/04/2017 at Nirmala Health Centre Ullal. Ms Precilla DSilva delivered a health talk on 'Well Woman'. Total 70 women benefited from the talk and 110 from the health camp.

Publications:

The faculty of the department have presented the papers in various different conferences and participated in the poster competitions. They had updated their knowledge by attending various conferences, workshops and seminar.

1. Darryl Aranha, Valerian Sudeep Pinto - Knowledge of Needle stick injury among house keeping staff. International Journal Health Sciences and Research. May 2016
2. Precilla DSilva. Jasmine Lobo, Akhila Mol Babu - Case report: Intra-hepatic Cholestasis of pregnancy. Nitte University Journal of Health Sciences. June 2016.
3. Darryl Aranha, Alphilin Jose - Effectiveness of cold application with manual expression of breast engorgement among postnatal mothers. Journal of Nursing Research Society of India. June 2016.
4. Pramila Dsouza, Darry Aranha - Prevent Adolescent Pregnancy. Rajiv Gandhi University of Health Sciences Journal of Nursing Sciences. June 2016.
5. Babitha P, Chanu Bhattachary, Precilla DSilva - Knowledge of nurses on evidence based practice. International Journal of Health Sciences and Research. June-September 2016.
6. Balary T, Alphilin Jose - Maternity Clinical Skills of undergraduate Nursing students using DOPS. Indian Journal of Applied Research. Nov 2016.
7. Preethilatha M, Savitha P Cutinho - Impact of Perineal Trauma on Sexual Function among postpartum mothers. Indian Journal Applied Research. Nov 2016.

8. Tika K, Angeline M, Deepa C, Savitha P Cutinho - Effect of back massage on Lactation among postnatal mothers. Indian Journal of Applied Research.
9. Deepthi , Savitha P Cutinho - Impact of breastfeeding on perineal and cramping pain. Indian Journal of Applied Research. Nov 2016.
10. Roseline M.T, Savitha P Cutinho, Darryl A - Effect of Emotional Freedom Technique reduces anxiety among women undergoing surgery. Energy Psychology. May 2017.

Other Activities:

1. Two of the faculty are trained in the Simulation Skill training
2. One of the faculty rendering service as Deputy Chief Nursing Officer
3. One of the faculty member in Quality department
4. One of the faculty member is IQAC Coordinator.
5. Two of the faculty are reviewer of the scientific journals
6. One of the faculty is BOS of OBG Nursing at Yenepoya University

Result:

B.Sc. Nursing 4th yr 100%

PPBSC Nursing 100%

M.Sc. Nursing 1st yr 100

M.Sc. Nursing 2nd yr 100

PEDIATRIC NURSING

I. Faculty in Department

1. Rev Sr Winnifred D' Souza ,Professor / Principal
2. Ms Seema S Chavan , HOD / Assistant Professor
3. Mr Manoj P S , Lecturer
4. Mrs Sandra Saldhana, Lecturer
5. Mrs Priya Janifer Fernandes, Lecturer
6. Mrs Wilma Shalini Noronha, Lecturer
7. Mrs Neeta Priyanka John, Lecturer
8. Sr Janet D' Souza, Lecturer
9. Mrs Benita David, Lecturer

II. Staff Achievement

Ms Seema Chavan won **second place for paper presentation** in (PEDICON 17) national conference on 54th Indian academy of pediatrics held at Bangalore from

18th -22nd January 2017 for : A study to assess the prevalence, knowledge and attitude of adolescents (16-18yrs) on the smokeless tobacco in Dakshina Kannada district.- ICMR funded project

III. Activities (Research, Outreach programs , Conferences)

1. Ms Seema S Chavan (HOD / Assistant Professor)

Research Projects (UG) ongoing

1. Knowledge of road traffic regulation safety among university students with a view to give leaflet on road traffic regulation safety
2. Perceived skills of ICT among nursing students with a view to give hands on skills on ICT in a selected college, Mangalore

Research Projects (PG) ongoing

1. Lived experience & quality of life of primary care givers of autistic children with a view to prepare a leaflet on care of autistic children in a selected autistic centres in Mangalore
2. Lived experience & quality of life of primary care givers of thalessemia children in a selected autistic centres in Mangalore

Funded Research Projects (Faculty) ongoing

1. Principal investigator of ICMR project titled -A study to assess the Prevalence, knowledge and attitude of adolescents (16-18yrs) on the smokeless Tobacco in Dakshina Kannada district.
2. Principal investigator on a research project funded by RGUHS on “quality of life & lived experience of mothers and their felt needs of children diagnosed with cancer in a selected hospital in Mangalore.”

Research Projects (Faculty) ongoing

1. Principal investigator on a departmental research project on “A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore”
2. Principal investigator on an interdepartmental research project on “Prevalence of obesity and measurement of the blood pressure, body mass index and self reported problems among obese children in selected schools at Mangalore.”

Research publications

1. A study to assess knowledge of Basic Life Support among school children (13-15yrs) in a selected school in Mangalore , Conference proceeding (e Souvenir) July 2016

2. A Study to find the Prevalence, Knowledge and Attitude on non smoking tobacco use in adolescents of selected colleges at Dakshina Kannada District, Karnataka, India” – Pilot study report , International journal of scientific research ,Volume 5, Issue 9 , September 2016
3. A study on Problem and problem solving strategy of mothers of children with cancer in selected hospitals at Mangalore – Pilot study report , Global Journal For Research Analysis, Volume 5, Issue 9, September 2016

Conferences / workshops attended

1. Attended International seminar on research methodology on 21st June 2016 in Father Muller College of Nursing
2. Attended Regional level seminar on “complementary therapy: integrated approach for holistic health” organised by department of medical surgical nursing on 29th June 2016 at Father Muller College Of Nursing.
3. Attended south regional conference on capacity building for nurse researchers on 25th July 2016 in St Xavier’s catholic college of nursing , Nagercoil
4. Attended an international conference on Pediatric Bioethics – a cross cultural perspective on 5th & 6th November 2016 in St Johns National academy of health sciences.
5. Attended an international conference on 54th Annual Indian academy of pediatrics on 18th -22nd Jan 2017 in Gayatri vihar , Palace grounds , Bangalore
6. Attended national conference on psychiatric emergencies on 28th February 2017 in Father Muller College of Nursing.

Conferences / workshops organised

1. Organized **workshop on** Self defence against sexual harassment against women on 29th June 2016
2. Organized **national conference** on Advanced Clinical Nursing roles on 23rd July 2016
3. Organized **workshop on** Self esteem and self empowerment on 19th November 2016

Resource persons & presentations of paper/ poster

1. Presented a poster on A study to assess the knowledge of school children (13-15yrs) on basic life support in a selected school , Mangalore in National conference on Advanced Clinical Nursing roles on 23rd July 2016
2. Presented a concept poster on Approaches to research : A pathway to guide for research inquiry in south regional conference on capacity building for nurse researcher on 25th July 2016
3. Resource person for a session on “breastfeeding a key to sustainable development & counselling on breastfeeding for pregnant and lactating

- mothers " State level symposium by ministry of women and child development , food & nutrition board , Mangalore on 4th August 2016
4. Resource person for a session on " soft skills for nurses" Seminar on neonatal care on 9th October 2016 in Ocean pearl , Mangalore
 5. Resource person for a session on " soft skills for nurses" Regional seminar on 16th November 2016 in Father Muller Medical Hospital
 6. Presented a paper on A study to assess the Prevalence, knowledge and attitude of adolescents (16-18yrs) on the smokeless Tobacco in Dakshina Kannada district.- Final study report in international conference on 54th Indian academy of pediatrics on 18th to 22nd January 2017 in Gayatri vihar , Palace grounds , Bangalore
 7. Presented a e poster on Lived experience & quality of life of primary care givers of autistic children with a view to prepare a leaflet on care of autistic children in a selected autistic centres in Mangalore in international conference on 54th Indian academy of pediatrics on 18th to 22nd January 2017 in Gayatri vihar , Palace grounds , Bangalore
 8. Presented a e poster on Problem & problem solving strategy of mothers of children with cancer in a selected hospital Mangalore in international conference on 54th Indian academy of pediatrics on 18th to 22nd January 2017 in Gayatri vihar , Palace grounds , Bangalore

2 . Mr Manoj P S

Research Projects (UG) ongoing:

1. Attitude of nurses towards the use of physical restraints on patients in a selected hospital , Mangalore
2. Knowledge about hazards of ragging among undergraduate nursing students

Research Projects (PG) on going:

1. A study on parents attitude and barrier in receiving Speech Therapy and Hearing Rehabilitation by children in a selected hospital at Mangaluru
2. Appraisal of caregiving among spouses of patients with psychotic illness

Research publications:

1. A study on occurrence of gastrointestinal disturbances related to cancer therapy among patients with cancer in selected hospital at Mangalore

Conferences / workshops attended:

1. National conference on updates on managing psychiatric emergencies 28.02.2017
2. National conference on advanced clinical roles 23 July 2016
3. Research methodology: simplified 21 June 2016

3. Mrs Sandra Jyothi Saldhana

Research Projects (UG) ongoing:

1. A study to compare the clinical signs of physiological jaundice with transcutaneous bilirubin among neonates in a selected hospital, Mangalore
2. A study to assess attitude and self reported practice on reverse mentoring among nursing teachers.

Research Projects (Faculty) ongoing

1. Effectiveness of Situation Background Assessment Recommendation (SBAR) technique to improve clinical communication among nursing students of a selected Nursing College, Mangalore.

Research publications

1. Knowledge of mothers on effect of passive smoking in children in a selected hospital, Mangalore, Asian Journal of Nursing Education and Research

Conferences / workshops attended

1. International seminar on 'Research methodology', 21.06.2016
2. CNE on Career Development in Nursing 'An another step forward', 10.06.2016
3. Regional Seminar on 'Complementary therapy: Integrated approach for Holistic Health', 29.06.2016

4. Mrs Priya Janifer Fernandes

Research Projects (UG) ongoing:

1. A study on knowledge on food safety among women in selected setting at Mangalore.
2. A study on attitude and practice regarding carbonated drinks among students of a selected college students at Mangalore.

Research Projects (PG) ongoing

1. A study on knowledge ,attitude and demand of labour pain relief techniques among women in a selected hospital , Mangalore

Research Projects (Faculty) ongoing:

1. A study to assess the incidence of malnutrition among children aged 6 months to 24 months and attitude of mothers related to weaning in a selected hospital at Mangalore

Research publications:

1. Knowledge of mothers on effect of passive smoking.

Conferences / workshops attended:

1. Attended Regional level seminar on "complementary therapy: integrated approach for holistic health" organised by Department Of Medical Surgical Nursing on 29th June 2016 at Father Muller College Of Nursing.
2. Attended seminar on Research methodology: simplified organised by Department Of Community Health Nursing held on 21st June 2016 at Father Muller College Of Nursing.
3. Attended CME on "THE ART OF SAFE PRACTICE" Organised by department of Father Muller Medical College Mangaluru on 25th June 2016.
4. Attended symposium on Breast Feeding-a key to sustainable development organized by Father Muller Medical College on 04/08/2016.

Extension Activities Organised

1. Organised Health Talk on Autism at V4 Channel, Mangalore on 02/04/2017

5. Mrs Wilma Shalini Noronha

Research Projects (UG) ongoing:

1. A study to assess the knowledge and attitude of the antenatal women on antenatal diet
2. A study to assess the perceived stress and coping strategy among the nursing students at Mangaluru .

Research Projects (PG) ongoing

1. Effectiveness of baby massage on physiological jaundice among neonates with phototherapy in a selected hospital , Mangaluru
2. Breakfast eating habits and nutritional status of primary school children at selected primary schools in Mangaluru.

Research Projects (Faculty) ongoing:

1. A study to assess the incidence of malnutrition among children aged 6 months to 24 months and attitude of mothers related to weaning among the mothers

Research publications :

1. Impact Of Perineal Trauma On Sexual Function Among Postpartum Mothers published in Indian Journal Of Applied Research

Conferences / workshops attended:

1. National conference on Paradigms Of Educational Research -Status And Challenges on 22nd and 23rd February 2017 organised by St. Ann's College Of Education , Mangaluru .
2. 'Save a mother , Save a Family : A Bold Step for a Change' organised by Department Of Obstetrics And Gynaecological Nursing held on 8th March 2017 at Father Muller College Of Nursing Mangaluru

3. Attended Regional level seminar on "complementary therapy: integrated approach for holistic health" organised by Department Of Medical Surgical Nursing on 29th June 2016 at Father Muller College Of Nursing.
4. Attended seminar on Research methodology: simplified organised by Department Of Community Health Nursing held on 21st June 2016 at Father Muller College Of Nursing.
5. Attended CME on "THE ART OF SAFE PRACTICE" Organised by department of Father Muller Medical College Mangaluru on 25th June 2016.
6. Attended seminar on paediatric nephrology organised by Department Of Community Health Nursing held on 21st June 2016 at Father Muller College Of Nursing

Conferences / Workshops organised

1. Alumni association of Father Muller College Of Nursing in collaboration with department of nursing administration organised national conference On Advanced Clinical Nursing Roles on 23rd July 2017.

Resource persons & presentations of paper/ poster

1. Poster presented on the topic knowledge of school going children (13-15yrs) regarding basic life support in a selected school Mangalore at national conference on advanced clinical nursing roles organised by Alumni association of Father Muller College Of Nursing in collaboration with Department Of Nursing Administration organised national conference On Advanced Clinical Nursing Roles on 23rd July 2017.
2. Scientific paper presented on the title "a study to assess the risk factors of stress during pregnancy among antenatal women in selected hospital at Mangalore. At national workshop on 'Save a mother, Save a Family: A Bold Step for a Change' organised by Department Of Obstetrics And Gynaecological Nursing held on 8th March 2017 at Father Muller College Of Nursing Mangaluru .

Extension Activities Organised

1. Organised a radio program at All India Radio Akashvani Mangaluru on theme malaria and its prevention.

6. Ms. John Neeta Priyanka Ebnezar

Research Projects (UG) ongoing

1. A study on knowledge and attitude of parents regarding child rights visiting a selected hospital at Mangalore.
2. A study on preference of elective C Section or normal vaginal delivery and factors influencing among antenatal mothers.

Research projects (faculty) ongoing

1. Effectiveness of SBAR technique in clinical communication among nurses. (Principal Investigator: Ms. Sandra J Saldanha, Co Investigator Ms. John Neeta Priyanka Ebnezar, Ms Brincy L D'Souza
2. A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore. Principal Investigator: Ms. Seema Chavan, Co investigators: Mr Manoj, Ms. John Neeta Priyanka Ebnezar, Mrs Anita

Conferences/workshops attended:

1. FDP –“Publication Ethics” organised by IQAC, Father Muller College of Nursing on 23rd April 2016
2. CNE – Advanced Wound Care organised by 365 Medical India on 20th January 2017.
3. Workshop – Oral Care for Mechanically Ventilated Patients on 17th March 2017 organised by Smiths Medical.

Research persons & presentations of paper/poster

1. Resource Person on the topic “Code Pink Protocol” – Induction Programme on 3rd March 2017.

Extension Activities Organised

1. Organised an extension activity – World Immunization Week on 25th April 2017, Jeppu UHC (Health Talk)

7. Ms Arokia Benita D

Conferences / workshops attended

1. National Workshop on Save a Mother, Save a Family: A bold step for change, held on 8th March 2017

Extension Activities Organised –

1. World Cancer Day celebration- Cancer Awareness programme for women at Father Muller Hospital, Thumbay on 27.02.2017

IV. Statistics

UNIVERSITY RESULTS (2016)- Paediatrics

1ST Yr PB B.Sc (N)

Total numbers of students appeared for examination	Distinction		First class		Second class		Failures	
	Frequency	%	Frequency	%	Frequency	%	Frequency	%
39	17	43.5	22	56.4	0	0	0	0

III yr B Sc (N)

Total numbers of students appeared for examination	Distinction		First class		Second class		Failures	
	Frequency	%	Frequency	%	f	%	Frequency	%
94	12	12.8%	71	73.5%	5	5.3%	2	2.1%

I yr M Sc (N)

no of students appeared for exam	Distinction		First class		Second class		Failures	
	f	%	f	%	f	%	f	%
4	2	50	1	20	0	0	1	25

II yr M Sc(N)

no of students appeared for exam	Distinction		First class		Second class		Failures	
	f	%	f	%	f	%	f	%
1	1	100	0	0	0	0	0	0

Conference /Seminar/Symposium/Workshops/FDPs Organized by department

1. Organized regional seminar of pediatric nephrology on 16th April 2016
2. Organized guest lecture on Bone marrow transplantation on 14th May 2016
3. Organised a seminar on paediatric diabetes mellitus and diabetes Ketoacidosis on 11th march 2017 at Father Muller College Of Nursing.

No of Conference /Seminar/Symposium/Workshops/FDPs Participated/Organized by department faculty = 3

No of department faculty as Resource persons / Chairing the session = 4

Total No of Poster presented by department faculty = 5

Total No of Scientific Paper Presented by department faculty = 2

Total Publications of department by department faculty = 7

Extension Activities Organised by Department - 2

1. Community outreach Program on World Breastfeeding Day, 1st - 7th August 2016
2. Children's Day 2015 12th November 2016

V. Facilities

Learning resource in Clinical

- Examination cubicles -5
- CGC-1
- Rehabilitation clinic-1
- Immunization room-1
- Case demonstration room-1
- Well equipped PICU /NICU

Learning resources

- Text Books-124
- Journal-2
- Term paper-4
- Informational Booklet-9
- Self instructional Module -9
- Monograph-32
- Central Library - Text Books-411
- Central Library - Journal- 4
- E journal- 10
- Pediatric Laboratory CPR Manikin -2
- Simulation laboratory-1
- Flash cards -5
- Flip Charts -92
- Models-5
- Charts-22
- CD-10

Department research activities

	Ongoing	Completed	Total
Projects - UG	12	12	24
PG Dissertation	7	12	19
Any other			
1. ICMR	1		
2. Department	3		
3. Inter department	1	1	
4. RGUHS	1		
Total	25	25	43

MENTAL HEALTH NURSING

Faculty of the department

1. Prof. Agnes E J, HOD & NS
2. Prof. Chanu Bhattacharya & NS (retired)
3. Ms Binsha Pappachen , Asst Prof & DNS
4. Mr Shajan Xaviour, Lecturer & Ward Supervisor
5. Mr Rajeeve Mathew, Lecturer & Ward Supervisor
6. Mr Shiju R, Lecturer & Ward Supervisor
7. Ms Lejo mol, Lecturer & Ward Supervisor
8. Ms Loma Pinto, Lecturer & Ward Supervisor (resigned)
9. Ms Jipsa Philip, Lecturer& Ward Supervisor (resigned)
10. Mr Ovine, Lecturer & Infection Control Nurse
11. Mr Valerian Sudeep Pinto, Lecturer & Infection Control Nurse(resigned)
12. Ms Saritha Pereira (ANS)

Departmental Activities

1. In observance of World Autism Awareness Day a **radio talk on 'Let Us Know about Autism'** by Mr Rajeev Mathew, Lecturer was broadcasted by Akashavani Mangalore FM (100.3 MHz) on 3rd of April 2016 at 9.30am.
2. **Organized an awareness programme on Substance abuse** on 04.07.16 in Milagres PU college for the students in observance of International day against Drug abuse and Illicit drug trafficking.
3. **Organized a talk on the World Mental Health Day 2016 theme ' Psychological First Aid- Preserving Dignity in Human Response'** by Dr Aruna Yadiyal, Assoc. Professor, Department of Psychiatry, FMMC in Rajath Bhavan on 15th of October 2016 from 11.30 – 12.30pm for Undergraduate and Post graduate nursing students and Staff nurses.
4. **Conducted a Christmas programme** for the patients and their family members in General Psychiatric Ward, Father Muller Mental Health Centre, on 14th December 2016 from 3pm to 4pm
5. **PSYCON'17, the National Conference was organized** on 28th February 2017 in Decennial Memorial Conference Hall, Father Muller Charitable Institutions. The theme of the conference was 'Updates on Managing Psychiatric Emergencies'.
6. **Conducted an awareness programme on Mental illness** for the students of Govt Higher Primary School, Mullarkad on 17/03/2017

7. Participated in the activities of the **Satellite clinic at Katipalla** along with the team of psychiatrists every first Monday of the month
8. **Initiated the preliminary work for the psychoeducation clinic** for the caregivers of patients with schizophrenia and Bipolar disorder in Father Muller Mental Health Centre

Staff achievements

1. Prof. Agnes E J

1. Published an original research article 'Expressed Emotion of Staff Nurses as Perceived by Patients in a View to Prepare a Self Instructional Guide in a Selected Psychiatric Hospital, Mangalore' in International Journal of Psychiatric Nursing 2017 Jan - June; 3(1): 1-6 (as co-author)
2. Published an original research article 'Effect of Mindfulness Meditation on the quality of life of Alcoholics in a selected De-addiction centre, Karnataka' in The Nursing Journal of India September-October 2016, CVII (5), 234-39(as co-author)
3. Published an original research article 'Mental Health Literacy of Adults in Urban and Rural Areas of Mangalore' in. Delhi Psychiatry Journal 2016; 19:(2), 328-33(as co-author)
4. Published an original research article 'Perceptions of schizophrenia and coping styles in caregivers: comparison between India and Switzerland' in Journal of Psychiatric and Mental Health Nursing, 2016, 23, 585-594(as co-author)
5. Published an original research article 'Effectiveness of Positive Family Interactions Module on Expressed Emotion of the Caregivers and Relapse of Patients with schizophrenia in a Psychiatric Inpatient Facility : A pilot study report' in International journal of Nursing Science Practice and Research 2016; 2(2): 11-18(as author)
6. Published an original research article 'Attitude of adults towards mentally ill', International Journal of Psychiatric Nursing 2016; 2(2): 1-5 (as author)
7. Member of editorial board of 'International journal of Nursing Science Practice and Research' from Jan 2016
8. Organizing chairperson for the national conference Psycon'2017 on the theme "Updates in managing psychiatric emergencies" conducted on 28th Feb 2017 in Decennial Memorial Hall, FMCI
9. Reviewer for the of Journal of Nursing Research Society of India
10. Contributed a Chapter 'Innovative teaching strategies in Nursing' in the book '*Outcome Based Education: Towards a Pedagogic Shift*' (published by Authors press , New Delhi, 2016, Editors: Dhishna Pannikot and Bijuna C Mohan Bijuna C Mohan ISBN-13: 978-9352073214

11. Resource person for the seminar on "Personality development" held on 30th September 2016 in FMCON
12. Resource person for the session " Time management" on 20th September 2016 conducted for the freshers (Academic year 2016-17) in FMCON
13. Attended a workshop on End note conducted by Central library, FMCI on 27th August 2016

2. **Prof.Chanu Bhattacharya**

1. Published an original research article ' Knowledge of nurses on evidence based practice' in International journal of nursing education and research. July-September 2016. Vol. 4; Issue 3. Page No-307-310
2. Published an original research article 'Based on the shortcomings in selected areas of hospital information system (HIS) among hospital staff useful in preparation of a leaflet related tips and strategies for its reduction' in International journal of health sciences and research. December 2016. Vol. 6; Issue 12, Page No-165-172
3. Published an original research article 'Awareness of medical emergencies occur in patients among psychiatric care area nurses to prevent unnecessary delay and save a life' in international journal of science and research. November 2016. Vol.5. Issue 11 Page No-133-137
4. Participated in a workshop on Systematic review held at Manipal college of nursing on 29th and 30th November 2016
5. Resource person of the continuing nursing education held on 7th December 2016 in Yenepoya college of nursing on the topic Challenges in psychiatric assessment and management
6. Participated as a resource person on NRSICON 2016 on the theme interdisciplinary research collaboration: a key strategy for high quality patient care from 21st to 23rd October 2016 at Pal college of nursing and medical sciences, Uttarakhand
7. Was a resource person on the national conference on updates of management of psychiatric emergencies on 28th February 2017 at Father Muller College of Nursing Mangalore
8. Participated in national conference on advanced clinical nursing roles, held on 23rd July 2016 at Father Muller College of Nursing Mangalore
9. Chief Editor of NRSI Journal on 2015 30th October.
10. Reviewer in the Panel of two Nursing Journals:
 - a. Nurse Education Today: www.journals.elsevier.com
 - b. Clinical Nursing Research: cnr.sagepub.com

3. Ms Binsha Pappachen, Asst Professor

1. Published an original research article 'Knowledge of mothers regarding prevention of child abuse' in *Innovational Journal of Nursing and Health sciences* Vol 3 (1), 2017. Pp: 420-423
2. Published an original research article 'A protocol for a systematic review on Psycho-social Interventions for Psychological Distress and Quality of Life among women with Breast cancer' in *IOSR Journal of Nursing and Health Sciences (IOSR-JNHS)* Vol 6: Issue 1, Ver VI (Jan-Feb. 2017), PP65-71.
3. Organizer for the National conference on "Advanced clinical nursing roles" on 23rd July 2016 at Father Muller College of Nursing.
4. Organizer for the workshop on the theme "self- esteem and self- empowerment" on 19th November 2016 at Father Muller College of Nursing.
5. Organizer for the talk on 'Healthy parenting skills' for Parents of students by Sr Agnes Frank.
6. Organizing secretary for 'PSYCON 17' on 28th February 2017 on the theme "Updates on managing psychiatric emergencies conducted by Dept. of Mental Health Nursing
7. Attended and presented a poster on Nursing Research Society of India South Regional Conference 2016 on "Capacity building for Nurse Researcher" on 25th July 2016 at St. Xavier's Catholic College of Nursing, Nagarcoil, Tamilnadu
8. Attended a national workshop on "Research and statistics made incredibly easy" organized by Bharathi Vidyapeeth College of nursing Pune from 5th to 10th December 2016.
9. Attended a workshop on Research Methodology organized by RGUHS on 15th March 2017.
10. Reviewer for the of Journal of Nursing Research Society of India

4. Mr Shajan Xaviour, Lecturer

1. Published a research paper on "management of medical emergencies in psychiatry" in international journal of science and research on 8 November 2016, Vol:5 issue 11, page no:133-137.
2. Presented pilot study report on "quality of follow up services after hospitalization among schizophrenia patients in PSYCON'17 conducted on 28th February 2017

5. Rajeeve Mathew, Lecturer

1. Published a research paper on Pattern of Alcohol Use and Associated High Risk Behaviours among Alcohol Dependent Individuals in a selected De-Addiction Centre at Mangalore in *International Journal of Health Sciences and Research (IJHSR)*, Vol. 6; Issue: 12 (December 2016) P. 173-179

6. Mr Shiju R, Lecturer

1. Presented a paper on "Impact of social media among nursing students" in a National conference on Advanced clinical nursing roles held on 23/06/16 at FMCON
2. Participated as an observer in hand washing at Manipal Kasturba Hospital on 15/10/16 on occasion for achieving Guinness World Record.
3. Delivered talks during the induction programme for staff nurses held on 23/10/16 at FMMCH

7. Ms Lejomol Abraham, Lecturer

1. Delivered a talk for the 1st year GNM students on the topic stress management and personality development on 17-09-2016
2. Participated and presented a scientific paper in a national conference on advanced clinical nursing roles, organized on 23rd July 2016 on the topic 'Attitude of nursing students towards critically ill or dying patients'

8. Ovine Loyster D'Souza, Lecturer, ANS & Infection Control Nurse

1. Participated as a steward observer in hand washing at Manipal Kasturba Hospital on 15/10/16 on occasion for achieving Guinness World Record.
2. Conducted induction training programmes and annual training programmes for staff nurses, nursing aids, homeopathy students, Infection control nurses on Infection control practices.
3. Conducted training programmes for Nurses on Infection control practices at Father Muller Hospital, Thumbae
4. Attended a workshop on VAP prevention in Indian settings: a workshops for paramedics on 17 March, 2017 at Father Muller Medical College, Mangalore.
5. Underwent a Advanced Cardiac life support training programme on 22 March 2017 certified by American Heart Foundation conducted at Father Muller Medical College Hospital
6. Organised and attended a CME on Dialysis demystified on 9 April, 2017 at Father Muller Medical College Hospital.

9. Saritha Pereira

1. Participated in poster competition, organized by department of psychiatry, on world Alzheimer's day 2016.
2. Panelist for nurses week celebration 2016, conducted for staff nurses, held in FMMCH.
3. Participated in in-service education programme on safe infusion practice held in FMCH.
4. Participated in wound care training programme, held in FMMCH.

5. Participated in workshop on "oral care for Mechanically Ventilated Patients"
On 17-03-2017, held in FMCH.

10 Ms Jipsa Philip

- Participated in the awareness program on Self defense on sexual harassment organized by IQAC & Anti-sexual harassment cell, FMCON on 29.6.16

Other conferences and workshops attended/organized by the faculty of department, Mangalore

1. **Prof. Agnes, Ms Binsha, Mr Shajan, Mr Rajeeve, Ms Lejo** - Attended a seminar on 'Pediatric diabetes mellitus and diabetic ketoacidosis' at Father Muller College of Nursing on 11th March 2017.
2. **Prof. Agnes, Ms Binsha, Mr Shajan, Mr Rajeeve** -Attended a CME on 'Obsessive compulsive disorder update' Muller Psycon 2017 organized by Dept. of Psychiatry, Father Muller Medical College on 5th March 2017.
3. **Prof. Agnes, Mr Shajan, Mr Rajeeve, Mr Shiju, Ms Lejo, Ms Jipsa** - Attended Regional Seminar on Complementary therapy: Integrated approach for holistic health on 29th June 2016 conducted by Dept of MSN, FMCON
4. **Prof. Agnes, Mr Rajeev, Mr Shiju, Ms Lejo-** Attended CME on The Art of Safe Practice: Malpractice and medical liability in a litigious world conducted by Medical Education Unit, FMCC on 25th June 2016
5. **Prof. Agnes, Mr Shajan, Mr Rajeev, Mr Shiju, Ms Lejo, Ms Jipsa** - Attended international seminar on Research methodology: Simplified conducted by Dept of CHN, FMCON on 21st June 2016
6. **Prof. Agnes, Ms Jipsa-** Attended a CNE on " An another step forward" on 10.6.2016 conducted by Dept of Nursing Education
7. **Prof. Agnes, Mr Shajan, Mr Rajeev, Mr Shiju, Ms Jipsa-** Attended a seminar on Innovative Learning Strategies organized by IQAC, FMCON on 21/05/2016
8. **Prof. Agnes, Ms Jipsa-** Attended FDP on Publication ethics organized by IQAC on 23.4.16
9. **Mr Shajan, Mr Rajeeve,** -Attended a seminar on Paediatric nephrology held on 16/04/16 ,organised by Dept.of Paediatric nursing ,FMCON

COMMUNITY HEALTH NURSING/NURSING EDUCATION

I) FACULTY NAME LIST

Faculty	Designation
Dr. Leena .K.C	Professor & HOD
Mrs. Irene Alvares	Professor
Mrs. Shiji P.J	Assistant Professor
Mrs. Jasmine S Vas	-do-
Ms. Sonia K L Sequera	Lecturer
Mrs. Priya Sweety Pereira	-do-
Ms. Deepika NC	-do-

II) STAFF ACHIEVEMENTS-CONFERENCES/ WORK SHOPS/ CNE/ SEMINAR(include full 2016 and 2017 March)

Dr Leena K C , Professor & HOD

1. Recognised as guide for PhD from RGUHS, NITTE, Yenepoya universities
2. Participated in national conference on 'advanced clinical nursing roles' and presented 2 scientific papers on 23rd July 2016
3. Chaired a session for paper and poster presentation for the national conference on 'Health Care Innovations: Through Advanced Nursing Research and Practice' on 29th and 30th June 2016
4. Attended regional seminar 'complimentary therapy: integrated approach for holistic health' on 29th June 2016
5. Organised international seminar on 'research methodology simplified' on 21st June 2016
6. Organised a CNE 'Another Step Forward' (a career development program) on 10/6/16
7. Moderated a panel discussion on 'Role of Gender Parity in Nursing' organised by SNC on 5th March 2016
8. Was a judge for poster competition for national conference on make pregnancy safer on 8th March 2016
9. Judge for poster/collage 'Go Green in Health Care' on 23/01/2016
10. Guest lecture on the topic 'Food, Nutrition & Health' for B. Sc students of St. Agnes College organized by Department of Zoology on 15th September 2016.
11. Participated in the workshop on "systematic reviews" organised by Manipal college of nursing, Manipal on 29th and 30th November, 2016

Mrs. Irene Alvares

1. Attended Continuing Nursing Education Programme on "An Another Step Forward" Career Development in Nursing on 10/6 2016 at FMCON

2. Attended International Seminar on Research Methodology Simplified (an Interactive session) on 21st June 2016
3. Participated in the NRSI South Regional Conference held on 25/7/2016 at St Xaviers Catholic College of Nursing, Chunkankadai Kanyakumari
4. Organized & attended at the National Conference on Advanced Clinical Roles held on 23rd July 2016
5. Attended regional Seminar on "Complimentary Therapy: Integrated Approach for Holistic Health" held on 29th June at FMCI

Mrs. Jasmine S Vas

1. Participated in a regional seminar on 30th July 2016 on creating & sustaining a positive work environment at Dr M V Shetty College of Nursing, Mangalore
2. Participated in SDP on the topic " Tool Validation: Reliability & Validity of the Questionnaire" on 11th March at FMCON
3. Participated in International Conference HPSN India 2016 held on 3rd and 4th December at Father Muller Charitable Institutions and Yenepoya University, Mangalore.
4. Delivered a Radio Talk in mother language on social responsibility of citizens All India Radio Prasar Bharati was broadcasted on 20-01-2017 at 6.15pm
5. Guided students to present variety programme in mother language on lifestyle modification which was broadcasted on 20-12-2016 at 10.30 am.

Mrs Shiji PJ

1. Attended and presented paper during National workshop on 'emerging research culture: A pathway to evidence informed health care' on 18th and 19th February 2016 at A.B. Shetty Memorial Institute of dental sciences, Mangaluru.
2. Moderated a panel discussion on 'Role of Gender Parity in Nursing' organised by Students Nurses Council on 5th March 2016
3. Attended short term course on "research methodology and biostatistics" held from 15th to 21st June 2016
4. Participated in National conference on 'advanced clinical nursing roles' and presented 2 scientific papers on 23rd July 2016.

Ms. Sonia Sequera

1. Organised a CNE programme on 'An another Step Forward' (career development in nursing) on 10/6/16 at Rajath Bhavan at Father Muller College of Nursing, Mangaluru.
2. Attended regional seminar on 'Complimentary therapy: integrated approach for holistic health' on 29th June 2016 at Father Muller College of Nursing, Mangaluru.
3. **Organized** International Seminar on 21st June 2016- Research Methodologies, Simplified, an interactive session"-**Was the organizing secretary.**
4. **Organized,** CNE on 10th June 2106- "**Career Advancements and Opportunities"**

5. **Participated & won first place in the poster competition on the theme- Remember Me** Organised by Department of Psychiatry, Father Muller Medical college Hospital
6. Resource person in the month of September 2016, for All India Radio Programme on the topic **"First Aid Measures"**
7. Attended national workshop on Save a mother, save a family: A bold step for a change: held on 8th March 2017 at Father Muller College of Nursing, Mangaluru.

Mrs Priya Sweety Pereira

1. Attended National workshop on Save a mother, Save a family: A bold step for a change: held on 8th March 2017 at Father Muller College of Nursing, Mangaluru.

Ms Deepika NC

1. Attended National workshop on Save a mother, Save a family: A bold step for a change: held on 8th March 2017 at Father Muller College of Nursing, Mangaluru.
2. Attended seminar on Paediatric Diabetes Mellitus and Diabetic Ketoacidosis held on 11th March 2017 at Father Muller College of Nursing, Mangaluru.

RESEARCH PUBLICATIONS

1	Dr Leena KC	<p>1) Patient rights: a study on patient knowledge and nurses practice in a multispecialty teaching hospital Third author: e ISSN 2454-9916,2(10),Oct 2016 Author: Mrs Sonia E D Souza Co-author: Dr Gulam Jeelani Qadiri Dr Leena K C</p> <p>2) Pattern of alcohol use and associated high risk behaviours among Alcohol dependent individuals in a selected De-Addiction centre at Mangalore Author :Ms Minnu Joy Co- Author: Dr Leena K C Mr Rajeeve Mathew</p>
2	Mrs.Shiji PJ	<p>Perceived stress and coping strategies among the married staff nurses working in ward setting of selected hospitals in Mangalore, India .Muller Journal of Medical Sciences and Research Vol 7 Issue 1 Jan - Jun 2016. Author: Ms Benji Bijoy Co-author: Mrs Chanu Bhattacharya Mrs Shiji P J</p>
3	Ms. Sonia Sequera	<p>Perceived stress and coping strategies among the married staff nurses working in ward setting of selected hospitals in Mangalore, India .Muller Journal of Medical Sciences and Research Vol 7 Issue 1 Jan - Jun 2016</p>

		Author : Simi Co-author : Mrs Shiji P J Ms Sonia Karen Liz Sequera
4	Mrs Priya Sweety Pereira	Published regular research paper on "Effectiveness of Planned Teaching Programme on Knowledge and Attitude regarding filariasis among Adults in selected Rural Areas, Mangalore" in American International Journal of Rersearch in Humanities, Arts and Social Sciences [AIJRHASS].Vol 15, issue 2, June-August, 2016. Author: Mrs Priya Sweety Pereira

III) DEPARTMENTAL ACTIVITIES

Activity	Number	Beneficiaries
conference	-	-
Coordination of research project (Swiz collaboration)	-	-
Seminars (for Switzerland students)	1	45
Mass health education (malaria, environmental sanitation, dengue fever, physiological changes in adolescence, importance of personal hygiene to prevent various communicable diseases etc)	4	700
Radio programmes(staff and students)-	2	ALL INDIA RADIO LISTNERS
Group health education	12	60
Participation in Health camp	5	1735
Visits/field trips	8	-
Nutritional program(demonstrations) for various age groups & conditions	6	60
Survey report presentation	3	139
Participation in national health programmes	2	10
Panel discussion	12	100
Seminars	39	100
Class presentations	144	
Staff as resource person for health awareness programme	3	100
Christmas programme-in old age home	1	300
PG researches at hand as guide/coguide	4	-
UG research projects at hand	11	-

**IV) STATISTICS(RESULTS OF SUBJECT CHN-2015-16)
II YEAR PB B Sc (N)**

	PB B Sc		II BSc		IV BSc	
	f	%	f	%	f	%
NO OF STUDENTS	39		102		94	
DISTINCTION	37	95	3	2.94	18	19
Ist CLASS	2	5	61	59.80	74	79
Pass class	-	-	30	29.41	-	-
Fail	-	-	8	7.8	2	2

NURSING FOUNDATION AND NUTRITION

Faculty of the department

1. Sr. Deepa Peter, HOD & DNS
2. Mrs Shwetha Rashmi , Lecturer &ANS
3. Mrs. Viola D'Souza, Asst lecturer & Ward Supervisor
4. Mrs Shanthi Shaurn Pereira , Asst Lecturer & Ward Supervisor
5. Mrs Diana Cutinha , Asst. Lecturer & Ward Supervisor
6. Ms Jancy , Asst lecturer- Resigned
7. Ms Josmy Asst Lecturer – Resigned

Departmental Activities

1. Organized a **radio talk on World health day 2016 on the theme 'beat diabetes '** on 4th April 2016
2. Observed **World Environment Day on 4th June 2016** : A radio talk was given on the topic.
3. **Conducted a health awareness programme** on save water and Balanced diet in **Pachanady village ,Vamanjoor ,** on13th July 2016
4. Celebrated **National Nutrition week in collaboration with Dietary department** at Father Muller hospital on 1st to 3rd September 2016 . During the programme free BMI check up was done .
5. Organized **course inauguration** programme of BSc , PBBSc, MSc Nursing course on 16th September 2016
6. Organized **a radio talk on Immunization on 10th November 2016**
7. Celebrated **Children's Day on 14th November** at Ashreya , Bijai along with poor children.
8. Conducted a **School health awareness programme** on HIV/AIDS at St Gerosa High school , Mangalore .

9. Organized **Lamp lighting ceremony** on 15th December 2016 for the First year GNM and B Sc nursing students.
10. Conducted health awareness programme on **National leprosy day** on leprosy at Stella Mary's Higher primary school .Beer, Thokkottu on 9th February 2017
11. Conducted a health awareness programme along with 1st year PBB Sc Nursing students on **Preservation of Food** at Nirmala hospital , Ullal , on 15th March 2017
12. Conducted a health awareness programme on **National safety day** on Road safety at Guardian Angel Higher Primary school at Angalore , on 16th March 2017

Staff achievements

1. Sr Deepa Peter

- Published a research paper on "A descriptive study on knowledge of school children regarding prevention of dental caries ' in Muller Journal of Medical sciences and research 2016:7:32-4
- Published a research paper on 'To identify the prevalence and risk factors associated with self injurious behavior among adolescents of selected colleges' in Global Journal for research analysis - an international Journal ISSN No 2277-8160 / vol 5 / issue 9/September 2016 impact factor 3.62, IC value 70.36
- A study to assess the effectiveness of agility exercise on activities of daily living among young old adults at selected old age homes mangalore published in Paripex ISSN Vol:5/issue:10/October 2016, I F 5.215
- Resource person for the orientation programme conducted for the BSc nursing and GNM programme at Laxmi college of Nursing.
- Organized a seminar on Pediatric nephrology in Father Muller College of nursing on 16/04/2016
- Organized a guest lecture on bone marrow transplantation in Father muller college of nursing 14/05/2016
- Participated in the CME on The Art of safe practice organized by Fr Muller Medical College on 25/06/2016
- Participated in the World Breast Feeding week 2016 celebration
- **13/02/2017-28/02/2017** attended a **short term course** on **Geriatric Health care and Research** organized by Manipal college of Nursing , Manipal as a part of ICMR -DHR funded project.
- Organized a seminar on Pediatric Diabetes Mellitus and Diabetes Ketoacidosis in Father Muller college of Nursing on 11/03/ 2017

2. Mrs Shwetha Rashmi

- Published in the PARIPEX-Indian Journal of Research "Study to assess the effectiveness of Agility Exercise on activities of daily Living among young old adults at selected old age homes Mangalore
- Resource faculty for Hospital orderly training program from 17th may to 8th June 2016 at Father Muller Simulation and Skill Centre, Father Muller Charitable Institution Mangalore.
- Conducted Induction Program for staff Nurses on Essential Nursing Assessment on 16th November 2016
- Participated in the workshop on integrating teaching through Health Care Simulation conducted by Father Muller Simulation and Skill Center in July 2016
- Participated in international conference HPSN India 2016 organised FMCI on 3/12/16
- Organized a seminar on Pediatric Diabetes Mellitus and Diabetes Ketoacidosis in Father Muller college of Nursing on 11/03/2017
- Training Program on essentials of Endoscopy and Ultrasound simulation conducted by Father Muller Simulation and Skill Center in March 2016

3. Mrs Viola D'Souza

- 25/06/2016 Participated in the CME on The Art of safe practice organized by Fr Muller Medical College
- Organized radio programme on immunization in Community Radio Sarang 107.8 FM on November 10th
- Organised school health Education in schools.
- Participated in the regional conference on "New dawns in health care" on 16/02/2017 at K Pandyarajath ballal Nursing Institute ,Ullal, Mangalore

4. Mrs Shanthi Sharun Pierera

- Participated in the national workshop on "Save a Mother, Save A Family ;A bold step for a change". On 8th march 2017
- Contributed towards achieving the Guinness world record for "the most participant in Hand sanitizing relay" held on 15/10/2016 at Manipal university
- Participated in PSYCON 2017 on Father Muller college of Nursing on 28/02/2017

5. Mrs Diana Preema Cutinho

- Organized radio programme on immunization in Community Radio Sarang 107.8 FM on November 10th 2016

- Participated in international conference HPSN India 2016 organized FMCI on 03/12/16
- Participated in the Sports and won prizes for running race, relay and short put conducted at Father Muller college of nursing
- Organised PSYCON 2017 on Father Muller college of Nursing on 28/02/2017

Other conferences and workshops attended/organized by the faculty of department, Mangalore

- **Sr Deepa Peter, Mrs Shwetha Rashmi, Ms Shanthi sharun , Mrs Viola** Participated in the CNE on career development in Nursing organized by Nursing Education department in Fr Muller College of Nursing on 10/06/2016
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Mrs Viola and Mrs Shanthi sharun** Participated in the international seminar on Research Methodology: simplified (interactive session)organized by community Health Nursing department in Fr Muller College of Nursing on 21/06/2016
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Ms Shanthi sharun , and Mrs Viola** Participated in the Regional seminar on complementary therapy , integrated approach to Holistic health organized by Medical surgical Nursing department in Fr Muller College of Nursing on 29/06/2016 .
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Mrs Shanthi sharun , and Mrs Viola** Participated in seminar on Advanced Nursing Roles organized by Alumina in association with Administration dept in Fr Muller College of Nursing on 23/07/2016

EVENTS AND ACTIVITIES IN THE COLLEGE

World Health Day 2016, Stay Super: Beat Diabetes

The SNA in association with NSS organized World Health Day campaign on **“Stay Super: Beat Diabetes”** on 9th of April 2016. The mass rally was organized to create awareness among general public on how to beat diabetes. Students held the placards reading clinical manifestations of diabetes, to be active, eating healthy, check if there is doubt, and to follow medical advice. Students created awareness on Diabetes through public talk in Kannada and Tulu language on facts, need for awareness, clinical manifestations, eating healthy by adding colorful vegetables, and fruits on daily diet and need for timely treatment to prevent complications. The talk also highlighted the economic burden related to the disease and need for change in the life style.

The Inaugural was held at 7.30 am in the Father Muller Charitable Institution ground. The President of the function Rev. Fr Richard Coelho, Administrator, FMMCH formally inaugurated and addressed the gathering. The rally was through the Pump well gate, Kankanady bypass road and health talk was held in the Kankanady Circle. About 300 students as well as the faculty of Father Muller College of Nursing participated enthusiastically in the entire event. The entire rally was led by the Father Muller College of Nursing Band troop.

Staff Development programme on Publication Ethics: The Research committee and IQAC organized a Staff Development Program on 'Publication Ethics' at Father Muller College of Nursing on 23-04-2016 at 10am. Dr Anice George was the resource person of the day. She shared her expertise on Authorship, Duplicate Submission, Plagiarism and Salami slicing. Further she briefed on functions of Institutional Review Committee and Institutional Ethical Committee. The program ended at 11.15am. The session was very informative that benefited faculty and post graduate students.

Focus Group Discussion on Nursing Consultancy: IQAC conducted **Focus group discussion on 'Nursing Consultancy'** with the Nursing Professors on 23.04.2016 at 11.30am at Father Muller college of Nursing. Sr Winnifred welcomed the focus group members and defined the Nursing Consultancy to the group. Dr Namratha S explained the term 'consultancy' and illustrated its application in nursing profession thereafter moderated the group discussion. There was vibrant question answering session between the experts about an hour which evolved clarity and objectivity on the concept pertaining to Nursing Consultancy. The expert suggested the strategies to promote and publish the competence as consultant via institutional web links, social media (Research Gate/ LinkedIn) and reference networking by the professionals. The analysis of the focus group discussion was done by Dr Savitha and Dr Namratha S. The following conclusions were drawn on:

What is considered as nursing consultancy?

- PhD scholar tool validation with face to face interactions and correction
- Reviewer of journal articles
- NAAC auditor
- Invitation from National/ International colleges/Universities/ Hospitals/ Association/ Decision making bodies to share their expertise of the specific field.
- GFATM master trainers/ ACLS/BCLS trainers

What is not considered as nursing consultancy?

- Post graduate Tool validation
- Question paper setting
- Inspectors
- Guest Lectures/ resource person

The 21 Nursing Professors of 13 different colleges of Dakshina Kannada and Udupi district actively participated in the focus group discussion and contributed their best to draw the conclusion.

Seminar on innovative Learning Strategies': A seminar was organized by IQAC on 'Innovative Learning Strategies' on 21.05.2016. The resource person was Dr Flosy C.R. D'Souza, Associate Professor, St Ann's College of Education. The session began with key message to focus on the learning strategies than the teaching strategies, which includes innovative active learning methods at different level that is individual, pair and group. The total number of beneficiaries was 27 faculty and 08 PG students.

CNE program on the theme "An another Step Forward": The 2nd year PBBSc students organized CNE program on 10th June on the theme "An Another Step Forward" - Career Development in Nursing. It was attended by staff nurses, 4th year B.Sc and 3rd year Diploma students.

Workshop at RGUHS: 5 staff participated in the workshop organized at RGUHS scheduled from 7th to 9th June 2016. It was an important workshop. Only a few members of the affiliated colleges were selected by the University.

Objectives of the workshop

- To make student assessment practice more objective and transparent
- To transform the academic ecosystem and create innovative and practicable academic Practices.
- To prepare QP Blue Print, Question Bank and QP Bank with Answer Key.

Swiss Visit: The third batch of Four students from Switzerland (2 medical & 2 nursing) was on 12th June 2016. Prof. Henk Verloo - faculty arrived on 18th June 2016. It was an exchange programme to conduct research.

International Seminar on the topic "Research Methodology - Simplified" (An Interactive Session) was organized by the Department of Community Health Nursing on 21st June 2016.

The session were on Research Methodology

- Dr Judith Noronha - Manipal CON
- Interactive Session - Dr Henk Verloo - University of Applied Science La source, Lausanne, Switzerland

International Yoga Day was celebrated by the college of nursing on 21st June 2016. The practice of Yoga exercises were taught to the student by Mr. Kushalappa Gowda N, Yoga Therapist from Avishkar Yoga center, Bejai, Mangalore. He explained the various benefits of early rising and practicing yoga in maintaining fitness and good health. Yoga

is the scientific way of living healthy life. All students actively participated in 2 batches' in the programme .

Self- Defense Techniques against Sexual Harassment: was organized for all the students on June 29th 2016 in the Academy hall. The 'Self-defense Techniques' were demonstrated by Mr Karthik Kateel, Martial Artist assisted by his mother Shobhalatha Kateel.

Cultural Fest: The SNA organized cultural fest on 25th June 2016. The students of all batches actively participated in the fest. The college annual Magazine "Muller Spring" was released by the Director.

Seminar on 'Self Directed learning': IQAC organized a seminar on 'Self Directed Learning' for all students on 02-07-2016 in the Academy hall. Prof Sharmila L. Mascarenhas Asst Prof of St Ann's College was the resource person. She oriented the students on the process of self directed learning along with the few strategies to be followed as a preparation for the university exam.

Seminar on 'Self Directed Learning': IQAC organized computer seminar on 'Self Directed Learning' for non- teaching staff on 16th July 2016. Mr. Jagadish IT Manager was the resource person.

Personality Development": The Catholic Association of South Kanara (CASK) organized "Personality Development" sessions on 22nd & 23rd July for all IV year students in the Rajath Bhavan of the college of nursing.

National Conference on Advanced clinical Nursing Roles: Alumni Association in Collaboration with Department of Nursing Administration organized National Conference on Advanced clinical Nursing Roles on 23rd July 2016. The topics were:

- Advanced nursing practice – implementation in Indian scenario
- Strategies to promote advanced nursing practice in India.
- Health care quality – Present day challenge for nurses

It was well appreciated by all the participants of the conference.

WORLD BREAST FEEDING WEEK (1st to 7th August, 2016)

The World Breast Feeding week was inaugurated at the Hospital Conference Hall of Father Muller Medical College Hospital, Mangaluru on 1st August 2016 at 10 am. Rev Fr Ajith Menezes, Assistant Administrator of Hospital was the chief guest and Dr Naveen Chandra, Taluk Health Officer; Mangaluru was the guest of honor. The theme 'Breast feeding: a key to sustainable development' was unfolded by Dr Naveen Chandra and he enlightened the audience on the importance of breast feeding and focused on the

activities of the government in promoting mother and child health. A poster competition was organized on the occasion and best poster was awarded. Rev Fr Ajith Menezes, chief guest congratulated the organizers for observing the week and promoting the practice of natural nourishment through breast feeding. He appreciated the mothers and encouraged them to continue in selflessly giving themselves in sharing their lives in the upbringing of their families.

On 2nd August 2016, a health play on the Importance of Breastfeeding was staged by the OBG Nursing post graduate students of the College of Nursing at the Anganwadi of Community Health Centre, Bantwal along with the Women and Child Development Society of Bantwal Taluk. Various areas of the theme were also depicted in the play and it was well appreciated by the organizers and the audience. The programme ended with refreshment.

A periodic health talk on "Breastfeeding" was aired on the public address system of the hospital throughout the week for the benefit of the patients and their relatives by the faculty and students of OBG Nursing Department.

BREAST FEEDING AWARENESS RALLY 2016: The NSS unit of Father Muller Medical College & Father Muller Nursing College organized a rally on 2nd August to create awareness among the People on breastfeeding and its importance. The rally was set open by Dr J P Alva Dean Father Muller Medical College and Rev Sister Winnifred Principal, Father Muller College of Nursing. About 160 participants took part in the rally. The rally began at 10.30 am from Father Muller Campus and marched towards urban health training center Jeppu. Pamphlets on awareness and importance of Breastfeeding were distributed to the public on the way. The students took part in the rally with great enthusiasm. The rally ended by 12.30 noon

On occasion of 'Breast feeding week' the staff of Community Health Nursing department in coordination with NSS team from Father Muller College of Nursing had organized a training programme in District Training Centre, Surathkal for the Anganwadi and ASHA (Accredited Social Health Activist) workers on 02. 08.2016.

A short film "Amrita Bindu" (based on the topic Breast Feeding and its various aspects) was telecasted to the audience followed by training programme conducted by Dr. Leena KC, Professor & HOD; Mrs. Shiji PJ, Asst. Professor, community Health Nursing department. The total beneficiaries were about 32.

On 3rd August, a quiz on Breastfeeding was conducted by the faculty and students of OBG Nursing Department, for the mothers of the maternity wards. The mothers enthusiastically participated in the quiz competition. Prizes were awarded to those mothers who scored highest points in the quiz.

The video on 'Amritha Bindhu' was displayed at the OBG Outpatient Department by the faculty and students of OBG Nursing Department for all the expectant women and nursing mothers and this display continued for the rest of the week.

On 4th August, a health play was organized in the Urban Health Centre, Jeppu. About 20 mothers benefitted from this. The students enacted a play and educated the women visiting the health centre on breastfeeding and its benefits, methods of breastfeeding, expression of breast milk and storage, benefits of breastfeeding over bottle feeding, breast complications due to poor breastfeeding practices, features of healthy breastfeed baby, contraindications of breastfeeding and drugs prohibited during breastfeeding. Doctors from Medical College clarified the doubts of the mothers and motivated the mothers to continue breastfeeding until the child is two years old. Followed by the health play, video on breastfeeding (Amritha Bindu) was played.

On 4th a State level symposium was organized on the theme: '**Breast Feeding: A Key To Sustainable Development**' in collaboration with the Department of Pediatrics, FMHC, Ministry of Women and Child Development, Food and nutrition board, Mangaluru in the Knowledge centre Hall, FMHC. The chief guest was Dr. Nataraj, Department of Women and Child Development, Government of India, he inaugurated the symposium and delivered key note address. Dr. JP Alva was the presiding officer, Dr. Pavan Hegde, HOD, Department of Paediatrics, FMHC and Mr. Shivdarshan Tripathi, Demonstration officer, Mangaluru were present for the symposium. The speakers for the day were dr. Srithe Paul, Assistant professor, dr. Mario J Bukelo, senior resident, dr. Shreedhara Avabratha K, professor, Department of Paediatrics, FMHC and Ms. Seema S Chavan, HOD, Department of Paediatric Nursing, FMCON. The topics dealt were: Correct norms on infant and young child feeding, role of complementary feeding, IMS act and Breast Feeding: A Key to Sustainable Development. The audience included the medical officers and health workers of different parts in and around Mangaluru.

On 5th August 2015, a health play on Importance of Breastfeeding was staged by the OBG Nursing post graduate students of the College of Nursing at the Obstetrics and Gynaecology OPD for all mothers.

On 5th August the Department of Paediatrics and on "Amritha Bindhu" Paediatric nursing also organized the video display for the postnatal mothers of Paediatric wards in the PICU classroom. The program was co-ordinated by the postgraduate students of the Department of Child health nursing along with the faculty. A total of 24 mother participated in the programme.

On 6th August the faculty and students of the Departments of Paediatrics and Paediatric nursing organized a health talk and the video display on "Amritha Bindhu" in

Kannada and Malayalam for the target people at Nirmal health center Ullal. The guest for the program was Dr. Lenita D'Souza, Medical Office, Nirmala Health center, Ullal who spoke to audience on the importance of feeding and encouraged the same. Dr. Zohara Parveen, PG Resident, Department of Paediatrics, FMHC highlighted the theme '**Breast Feeding: A Key To Sustainable Development**' and answered various question asked by the audience. On 6th August Health talk was staged by the students and faculty of OBG Nursing Department of the College of Nursing at the maternity ward for all mothers and their caretakers.

Women Empowerment: The IQAC and Equal opportunity Cell organized session on Women Empowerment on 18th Aug 2016. All out going B.Sc, PB.BSc and M.Sc Nursing students were the participants. Sr.Agnicia Frank, from Betheny convent was the resource person.

RGUHS Inter Collegiate Chess Tournament: Student participated in Mysore Zonal Inter Collegiate Chess Tournament organized by Father Muller Medical college on 18th and 19th August 2016. College of nursing team was runners up in the Tournament.

Guest Lecture: Innovative and Best Practices Cell in collaboration with Staff Development Cell organized a Guest Lecture on: "**Rethinking How Students Learn, Why they matter, what they are, How we get there**" on 03.09.2016.

Onam on 14th Sept: Staff and students celebrated festival of Onam the State festival of Kerala. Different entertainment events were organized the students.

Teachers day celebration: On 05-09- 2016 teachers' day was celebrated by the staff. It was a unique programme. All teachers felicitated each other since all our students were on university exam. They had prepared a short documentary of varies activities of the teachers. A few games were organized and prizes were distributed. The programme ended with refreshments.

Farewell programme to Sr Aileen: To express the gratitude for the dedication and sincere service to the FMCON the faculty had organized a befitting farewell programme to Rev. Sr. Aileen on 25th August 2016 in the Sydicate hall at 4pm. The programme ended at 5pm.

Course Inauguration 2016-17: Course Inauguration of 30th batch of B Sc, 29th batch of PB Bsc and 25thbatch of M.Sc Nursing Program was held on 16th September 2016 at 10 am in the Decennial hall. The chief guest Sr. Dr. Jaswina A.C, Principal, St. Agnes College, Mangalore inaugurated the course by lighting the lamp.

Global Hand washing Day: On the occasion of Global Hand washing Day, 20 staff from college, school and nursing service department participated in Hand Sanitizing Relay to create a new Record under Limca Book of Records. It was organized by Kasturba Hospital, Manipal.

World Bio-Ethics Day : On the occasion of World Bio-Ethics Day on 19th October 2016, the students participated in Essay, Poster, Debate and Street play Competition on the theme "Human Dignity & Human Rights". They won the following prizes:

- 1st prize in Poster
- 1st prize in Essay writing
- 2nd prize in Debate and
- 2nd prize in street play Competition.

The students participated in panel Discussion on the topic "Preserving Human rights in Health Care" and the talk on 'Human Rights' by Dr Ravindranath Shanubhogue.

Personality Development Programme: The Catholic Association of South Kanara (CASK) conducted Personality Development Programme for IV year B Sc Nursing students at Father Muller College of Nursing on 22nd and 23rd July 2016. Mrs Patsy Lobo, Coordinator, CASK Personality Development Programme and Senior Co-ordinator, Training & School Relationships, The Teacher Foundation, Bangalore conducted the sessions on Empathy, Mindfulness and the Nine Critical skills the nurses need to acquire, along with her team members from CASK.

NSS Special Camp

National Service Scheme organized special camp on the theme "**ECO FRIENDLY**" from 28-09-2016 to 04-10-16.

The NSS special camp was inaugurated on 28/09/2016 at 3pm. Mr Shajan xaviour NSS Programme officer welcomed the guest & the gathering. Fr. Rudolph Ravi D'sa, Administrator Father Muller Medical College (FMMC) and chief guest of the function delivered a motivational speech and his life experiences of NSS special camp. The inauguration ended with vote of thanks by Ms Steffy Noronha representative of NSS unit. Programme was followed by the refreshment.

29/09/2016

School health programme at Ammunje , Mangalore.

- Ammunje is a rural area of Mangalore, where there is no medical treatment facility nearby. The School health education started at 9.30 am the group has given a message that "prevention is better than cure" on communicable diseases. The NSS group educated school children about the signs and symptoms of various communicable diseases, diagnosis, and treatment and prevention regimen of all the diseases
- A seminar on Leadership training skill development by Mr Gilbert Nelson Martis, Senior Nurse Practice Educator, University of North Hampton, United Kingdom

- The session on leadership training in nursing. He discussed on various aspects of leadership and skill development . The session was very informative and active. The session was followed by the Individual Skill development programmes and refreshment.

30/09/2016

Home visit and screening of health problems at Amemar , Mangalore, in association with Father Muller Medical College(FMMC)

- NSS volunteers visited house to house and assessed vital signs, blood pressure and blood glucose level of vulnerable people and major cases are referred to father Muller medical college.
- A session on "Personality development" by Prof Agnes Elizabeth Jose, Professor & HOD, Mental Health Nursing, highlighted different ways to improve personality.

01/10/2016:

Alcoholism and drug addiction awareness rally from Balmatta ground to police ground

The rally started at 10 am from balmatta circle. The procession was in association with link de addiction centre, Mangalore. Mr J.R Lobo ,member of legislative assembly formally inaugurated the procession. The rally proceeded through Jyothi circle, Hampankatta to police ground.

Session on professional Etiquette by Rev Sr Winnifred D'Souza, Principal , Father Muller College of Nursing. She discussed about various aspects of professional etiquette and moral values of life.

02/10/2016

Anganwadi health assessment programme

Anganwadi health assessment included under 5 assessment, weight and height (BMI) assessment. The group also gave a health education on importance of balanced diet.

03/10/2016

Shramadan and Health Talk on Clean environment.

Session on "Right to Information act"(RTI) by-Mrs Jyothi Pinto, HR Manager, Father Muller Charitable Institutions

04/10/2016

Observational visit to Pilikula Biological Park helped the volunteers to see and understand various animals, reptiles and birds, also its common name & biological names.

aledictory function

Mr Shajan Xaviour NSS Programme Officer presented the report of whole activities. Rev Sr Winnifred D'Souza Principal, Father Muller College of Nursing addressed the gathering. Over all the NSS Special Camp was a great success.

ALUMNI NEWS

JOY OF CHRISTMAS 2015: The executives of the Alumni Association along with the students of Father Muller College of Nursing organized a Christmas programme for the mentally challenged at the Manasa Rehabilitation Centre at Pamboor, Udupi on Decemebr 11th 2015.

ALUMNI MEET AT THE UNIVERSITY:

The alumni from the first batch to the latest had a chance to meet and catch up with updates of their Alma Mater at a workshop organised by the Rajiv Gandhi University of Health Sciences, Bengaluru from 7th to 9th June 2016.

NATIONAL CONFERENCE ON ADVANCED CLINICAL NURSING ROLES:

A national conference was organised by the Alumni Association of Father Muller College of Nursing in collaboration with Department of Nursing Administration and second year post graduate nursing students on 23rd July 2016. The conference was graced by eminent nursing personnel, Col Binu Sharma, Capt Sandhya Shankar and Capt Ajitha PS.

WORKSHOP OF SELF ESTEEM AND SELF EMPOWERMENT

A workshop on Self Esteem and Self Empowerment was organized by the Alumni Association of Father Muller College of Nursing for the fresher's of the various nursing courses. During the session, the animator Sr Agnes Frank B S threw light on various aspects of enhancing one's self esteem. She also provided hints on self awareness and gave insights on self empowerment. The workshop was filled with activities, self assessments and was made more interesting by showing videos.

"Excellence in Management Award to Mangalorean Nurse Deepa in USA": Exceptional leadership abilities, compassion, commitment, and a unique focus on patients are some of the common skills demonstrated by Ms Deepa Varghese who this year received the health system's Nursing excellence award at USA.

She completed her M.Sc Nursing in Psychiatric Speciality from a Father Muller College of Nursing in the 1998-2001

Anti -Ragging Awareness Programme: Anti-Ragging Committee of Father Muller College of Nursing had organised an Anti-Ragging Awareness programme on 09.11.2016 which promoted the theme 'Zero Tolerance to Ragging in Father Muller College of Nursing' through a poster competition, followed by a cultural competition which focused on the theme 'Join Hands to Create A Healthy Atmosphere '(ragging free campus).

Inter Collegiate Tournament: The RGUHS Mysore Zonal Throw Ball & Tennikoit Inter Collegiate Tournament was organized by SDM College of Naturopathy and Yogic Sciences at Ujire on 13th and 14th December 2016. A total of 13 Throw Ball and 6 Tennikoit teams participated in this event. Our Throw Ball & Tennikoit teams were the Runners up in this tournament.

Lamp Lighting and Oath Taking Ceremony

The Lamp Lighting and Oath Taking Ceremony of 59th Batch of GNM and 30th Batch of B Sc Nursing students began with a solemn Eucharistic celebration on 16th December 2016 at 6.15 am in St Joseph's Chapel. It was followed by a programme in the Academy hall at 11am. The chief guest, Dr Elsa Sanatombi Devi, Professor, Manipal College of Nursing, Rev Fr Patrick Rodrigues, Director, Father Muller Charitable Institutions, Rev Sr Winnifred D'Souza, Principal, Father Muller College of Nursing, Mrs Jasmine Sarita Vas, Principal, Father Muller School of Nursing, Sr Janet D'Souza, CNO, Father Muller Medical College Hospital, inaugurated the program by lighting the lamp.

The dignitaries lighted the lamp of the students as a part of lamp lighting followed by oath taking by the students. The chief guest addressed the budding Nightingales and their parents. Rev. Fr Patrick Rodrigues, Director, FMCI delivered the presidential address in which he focused on the importance of inculcating qualities to care for patients with respect, compassion and contribute towards raising the nursing standards. Prof. Victoria D Almeida proposed the vote of thanks.

Staff Christmas Celebration:

The Staff Development Cell organized a Christmas programme for the faculty of both college and school of nursing on 19th December, 2016 in Rajath Bhavan. The faculty delivered message of Christmas through carol songs and dance. The joy of season was celebrated by cutting the cake by Principal who also spoke on the significance of Christmas. Games were organized and winners were awarded.

Annual Sport Meet "ECLAIRAGE- 2K17- Go for it"

The SNA Annual Athletic Meet "Eclairage 2k17, Go for It" was organized from 5th to 13th January 2017. The intergroup/ batch sports events commenced with chess held on 5th January 2017 and was followed by many more events on each day for a week.

The inaugural function of the Annual Athletic Meet "Eclairage 2k17- Go for it" was organized on 13th January 2017 at 8:30 am at Father Muller Stadium. Mrs Ramya Rodrigues presided over the function. The programme began with the march past of different batches. Father Muller College of Nursing Band lead by Ms Sheryl Veigas (I year BSc Nursing) was an added attraction to the march past.

The students as well as the faculty of School and College of Nursing participated enthusiastically in the entire athletic event.

The valedictory program was held on the same day at 4 pm and the Chief Guest was Rev Fr. Rudolph Ravi D'Sa, Administrator Father Muller Medical College.

The winners of various athletic events and games were awarded with medals and certificates. The overall championship was won by the 'Cosmos' group. The individual championship was bagged by Ms Ramya (I year BSc Nursing). The programme came to an end by 4.30pm

Annual retreat: All students of school and college of nursing participated in annual retreat organized in the campus for the Nursing students on 14th & 15th Jan 2017. A Half day session was conducted for Non-Christian students.

National Youth Convention 2017: All students participated in Peace Rally on the occasion of National Youth Convention 2017 held 22nd Jan 2017.

Can survive Campaign "Run for a cause" Marathon was one of the activities of Can survive Campaign. All students participated in it. Ms. Ramya 1st B.Sc. won the 3rd place.

Orientation program: The Equal Opportunity Cell members organized an orientation program for the I MSc , I PBBS and I BSc(N) students on 11th February 2017 at 4 pm in Rajath Bhavan. The objectives and functioning of the Cell was briefed by Mrs Shoba P Xavier, Secretary of the Cell. Mrs Wilma Noronha, Chairperson conveyed the students about various scholarship the students can avail especially in terms of minority groups. Feedback was taken by the Cell members.

MEGA HEALTH CAMP, KALLADKA: The 'Mega health camp' was held on 26-02-2017 at Meenakshi Kalamandir, Janatha colony road, Kalladka organised by Father Muller's Medical College Hospital in collaboration with Shree Poornananda Seva Pratistan and Vijaya Rural Development Foundation Mangalore. Four students from Community Health Nursing specialty, Father Muller College Of Nursing participated in the activities of the camp by registering the names and dispensing the medicines for the benefits and family members who attended the camp. The health camp commenced at 9.00am. There were 203 beneficiaries.

World Water Day 2017: The Youth Red Cross Unit of Father Muller College of Nursing organized a talk at V4 Channel in observance of World Water Day 2017. The Talk was based on this year theme "Water and Wastewater". The program was recorded on 16th March 2017 and was telecasted on Friday 24th March 2017 and 26th March 2017. The program was coordinated by Mr Rajeev Mathew, Program Officer, Youth Red Cross Unit.

College Band: Band is unique to Father Muller College of Nursing. Even though only 45 could join Band troop, many more students are very enthusiastic to participate. Their performance during Institution day and Graduation ceremony gives festive mood to the programme. Student's practice twice a week regularly from 5- 6pm. College Band was appreciated by all.

IQAC 2016-17

IQAC system is a step towards excellence. The IQAC of Father Muller College of Nursing believes in quality maintenance, sustenance and enhancement as prescribed by the NAAC. It states the objectives every year to bridge the gap and identify the key aspects which need improvement. A feedback from stake holders promotes in planning the quality sustenance activities in teaching learning, evaluation and research. It ensures continuous improvement in all units and aspects of the College.

Internal Quality Assurance Cell 2016-17

Chair person:

Sr. Winnifred D'Souza - Principal, FMCON

Senior Administrative Officers:

Rev. Fr Richard Coelho - Administrator, FMMCH

Rev. Fr Rudolph Ravi D'Sa - Administrator, FMFC

Management Members:

Dr. B Sanjeev Rai - Chief of Medical Services

Sr. Janet D Souza - Chief Nursing Officer

Teachers:

Prof. Chanu Bhattacharya - HOD, Nursing Research

Mrs. Victoria D'Almeida - Vice Principal, FMCON & HOD Advance Nursing

Prof. Agnes E J - HOD, Psychiatry Nursing

Prof. Irene Alvares - HOD, Nursing Education

Prof. Leena K C - HOD, Community Health Nursing

Mrs. Bridget D'Silva - HOD, Medical Surgical Nursing.

Ms. Seema S Chavan - HOD, Pediatric Nursing Dept.

Mrs. Shiji P J - HOD, Nursing Administration

Sr. Deepa Peter - HOD, Fundamentals of Nursing

Nominees from Local Society:

Dr. Malini Hebbar
Dr. Denis Fernandes

Alumnae:

Dr. Asha P Shetty

Students :

- IQAC Coordinator St. Agnes Degree College
- IQAC Coordinator St. Aloysius College
- Principal, Yenepoya College of Nursing
- Ms. Andrea D Souza --II B.Sc Nursing
- Ms. Leonza D'Rozario -III B.Sc Nursing
- Ms. Jincy P.K -IV B.Sc Nursing
- Ms. Fernandes Jadriya Jeycilla - I PB.B. Sc Nursing
- Ms. Badaphira Rapthap - II PB.B.SC Nursing
- Ms. Rizma Bezami Fernandes - I M. Sc Nursing
- Ms. Frenita D Souza -II M.Sc Nursing

Stakeholder :

Dr. Namratha S

Dr. Janet Dotty Lobo

IQAC Coordinator:

Prof. Savitha Pramilda Cutinho - HOD, OBG Nursing

IQAC Secretary:

Ms. Preethi Fernandes - Asst. Professor

Objectives:

1. To undertake training program for the faculty and students as per the last NAAC recommendation.
2. To motivate the faculty and students to undertake qualitative Research projects.
3. To act as a change agent in quality education.
4. To integrate collaborative and individual learning in teaching learning process.
5. To improve the areas identified in key aspects of the Seven Criteria.

Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year.

Plan of Action & Achievements:

1. Course orientation for UG and PG students.- Course inauguration was held on 19th September 2015.
2. Observation of health days and celebration of national days as per the action plan developed by the departments for the year 2015-16.

The six departments of the college observed the following health days:

- Nutrition Week celebration from 01.09.2015 - 07.09.2015.

- World Alzheimer's day on 09.10.2015.
 - Mental Health week celebration from 10.10.2015 - 12.10.2015.
 - World Diabetes day on 17.11.2015.
 - World Health day on 01.12.2015.
 - World AIDS day on 02.12.2015.
 - National folic acid awareness week on 14.01.2016 - 15.01.2016.
 - Pregnancy awareness week on from 12-18th February 2016.
 - International Women's day on 08.03.2016.
 - Safe Motherhood day on 16.04.2016.
 - Immunization week on 23.04.2016.
 - World Malaria day on 25.04.2016.
 - Midwifery day on 05.05.2016.
 - Yoga day on 21.06.2016.
 - World Earth Day on 07.07.2016 (Rural Programme).
 - Breast feeding week on 01.08.2016 - 07.08.2016.
3. Workshop/ conferences/seminars planned by the various departments.
- i. Seminar - 1
 - ii. Conferences -
 - a. International - 1
 - b. National - 1
 - 19th NRSI annual conference on 'A pathway to quality improvement' by College of Nursing on 28th, 29th & 30th October 2015.
 - National Seminar on 'psychophaminar-2016' on 17th January 2016.
 - National conference on 'make pregnancy safer' by OBG nursing department on 8th March 2016.
 - Seminar on 'Peadiatric Nephrology' by Peadiatric nursing department on 16th April 2016.
 - International seminar on 'Research Methodology simplified' by Community Health Department on 21st June 2016.
 - Seminar on 'Complimentary Therapy: Integrated Approach for Holistic Health' on 29th June 2016.
 - National conference on 'Advance Clinical Nursing Roles' on 23rd July 2016.
4. Development of guidelines/standard operating procedure - SOP's are written and is in the process of editing.
5. First Internal Audit - First Internal Departmental Audit was conducted on 10.05.2016 and Criterion Audit was conducted from 14.04.2016 - 16.04.2016.
6. Enhancement of outreach programmes in the rural community :
- Women's Health and Obesity on 04.09.2015 by Medical Surgical Nursing at Bantwal.

- Christmas celebration in Snehasadan Kaikamba on 12.12.2015. beneficiaries are children living with HIV/ AIDS.
- 'Management of epilepsy' on 13.01.2016 at Surathkal.
- Lung Cancer on 19.01.2016 at Surathkal.
- Prevention of aids on 19.01.2016 at Surathkal.
- Cancer on 27.01.2016 at Surathkal.
- 'Diabetes Mellitus' on 28.01.2016 at Surathkal.
- Old age problem and its prevention on 28.01.2016 at Surathkal.
- Awareness programme on 'Mental Illness' on 30th January 2016 by Mental Health Nursing department at Kodambodi Anganwadi, Surathkal.
- Personal Hygiene, Menstrual Hygiene and Physiological Changes in Adolescence on 03.02.2016 at Surathkal.
- Prevention of kidney diseases on 03.03.2016 at Farangipete.
- Women's health hygiene food habits and sickness on 06.03.2016 at Holy Family church, Bramhavar.
- Measles on 07.03.2016 at Farangipete.
- Women empowerment on 07.03.2016 at Farangipete.
- Role of Nutrition in Health on 09.03.2016 at Farangipete.
- Under five nutrition on 09.03.2016 at Farangipete.
- The importance of personal hygiene to prevent various communicable diseases on 10.03.2016 at Farangipete.
- Blood donation on 14.03.2016 at Farangipete.
- Injury Awareness on 15.03.2016 at Farangipete.
- Street play on child marriage, illegal abortion high risk pregnancy and Swachh Bharath on Ambedkar Jayanthi in collaboration with PUDU Grama Panchayath at Farangipete on 16.04.2016.
- Street play on close the immunization gap in collaboration with PUDU Grama Panchayath at Farangipete on 23.04.2016.
- Asthma and its Management on 26.04.2016 at Baikampady.
- A health camp was conducted at Vamadapadavu on 08.05.2016 by community health nursing department.
- A health camp was conducted at Nelyadi on 08.05.2016 by community health nursing department.
- World Diabetes Health Day on 25.05.2016 at Baikampady.
- Osteoarthritis and importance of calcium on 06.06.2016.
- Oral Health on 07.06.2016 at Baikampady.
- Prevention of child labour at Baikampady at 07.06.2016.
- Malaria and mosquito control measures 07.06.2016.

- Malnutrition among under five children on breast self examination at Baikampady 13.06.2016.
- Sources of water, utilization of water and rain water harvesting on 07.07.2016 At Pachanady Village.

Health Education to the rural community:

7. Enhancement of research activities :
 - NRSI Conference on Research on October 2015.
 - Publication Ethics on April 2016.
 - Display of RGUHS and ICMR call for research projects.
 - International conference on 'Research Methodology' on 21st June 2016.
 - Display of RGUHS circular on publication compendium of research articles published in national and international journal by faculty.
8. Grouping the students into houses for sports & SNA activities - UG students were grouped into five different houses such as COSMOS, EQUINOX, ANDRAOMEDA, CALDERA and CALLISTO for extra and co curricular activities.
9. Optimizing and integration of modern methods of teaching & Learning:
 - Modular Teaching, inter disciplinary teaching
 - Project work
 - Diet charts
10. Community education programmes radio talk, TV programmes:
 - Radio talk on 'Variety Programme' on 12.01.2016 by Community Health Nursing Department.
 - Radio talk on 'H1N1 and its prevention' on 30.01.2016 by Medical Surgical Nursing Department.
 - Radio talk on 'Risk factors of cancer and its prevention' on 04.02.2016 by Medical Surgical Nursing Department.
 - Radio talk on 'Tuberculosis' on 24.03.2016 by Medical Surgical Nursing department.
 - Radio talk on 'Let us know about Autism' on 03.04.2016 by Mental Health Nursing Department.
 - Radio talk on 'Beat Diabetes' on 6th April 2016.
 - Radio talk on 'World Malaria day and its prevention' on 21.04.2016 by Paediatric Nursing Department.
 - Radio talk on 'Life style modification for a healthy living' on 12.05.2016 by Medical Surgical Nursing Department.
 - Radio talk on 'World Environment Day' on 04th June 2016 by Nursing Foundation Department.
11. Sustenance and maintenance of quality of the Institution - Quality related programmes were conducted during the academic year.

12. NRP Training Programme - NRP centre Delhi was contacted and the programme will be implemented in the following year.
13. Second Internal Audit - Departmental and criteria Audit was conducted from 28.07.2016 – 01.08.2016.
14. External Audit - External audit was conducted on 12.08.2016 by IQAC coordinator from School of Social Work, Roshini Nilaya and St Ann's College of Education.

Workshop/Seminars organized by the IQAC:

1. Awareness programme on Anti sexual harassment committee on 28th September 2015.
2. Establishment of Youth Red Cross Cell on 5th November 2015.
3. Staff development programme on 'Publication Ethics' on 24th April 2016.
4. Focus group discussion on 24th April 2016.
5. Seminar on '*Enhancement and Sustenance of Internal Quality Assurance System*'

For the faculty

- Seminar on 'Innovative Teaching Learning Methods' on 21st May 2016.

For the students

- Seminar on 'Self Directed Learning' on 2nd July 2016.

For Non Teaching Staff

- Workshop on Computer Skill Training on 14th July 2016.

6. Workshop on 'Self Defence against Sexual Harassment' by Karthik Kateel, Swaraksha for women for UG, PG and Faculty of the Institution on 29th June 2016.
7. Seminar on 'Women Empowerment' on 18th August 2016.
8. Seminar on 'Cyber Ethics' on December 15th 2015.

Significant Activities and contributions made by IQAC :

- IQAC meeting conducted twice in the year and action plan was presented in the IQAC meeting.
- The IQAC core committee consisting of the teachers, chairperson and the IQAC coordinator meet every first week of the month.
- Standard Operating procedures were developed for the Institution.
- IQAC action plan and objectives were developed.
- The Eight feedback form were modified and uploaded for online evaluation through Management Information System (MIS).
- External experts were invited to give an update and future suggestions for the enhancement of IQAC functioning.
- Two faculties were attended the IQAC sponsored quality related National seminar at St Agnes Degree College, Mangaluru.

- The guidelines were made to streamline the RGUHS evaluation system and suggestions were drafted to the university.
- Revision of remedial measures for the students (Slow learners).
- Initiatives taken to draft suggestions to Indian Nursing Council regarding Nurse Practitioner Course.
- Notified to conduct rural extension programme which was part of the action plan for the academic year 2015-16.
- Quality related programmes planned and implemented for the students, faculty and non-teaching separately.
- Initiatives were taken to retention and recruitment of the faculty.
- Steps were taken towards increment of the salary of the faculty.
- Initiatives were taken in the evaluation system.
- Suggestions were given to the university regarding the dissertation evaluation system, including marks entry in the marks card.
- Evaluation of departmental activities and action plan through internal departmental audit and minutes of meeting.
- Students and faculty were trained through seminar and workshop.
- Students understanding was assessed pre seminar on 'Self Directed Learning'.
- Display of research projects grants from RGUHS and ICME in the faculty notice board.
- Display of all the activities of IQAC reports in the student and IQAC notice board.
- Internal and External audit were scheduled and conducted.
- Display of news paper publication **The Hindu** on NAAC new ranking system from 1st July 2016.
- Display of News paper cutting on 'NAAC new ranking System' from July 1st 2016 and 'NAAC accreditation gets tougher'.

The objectives, action plan and budget are planned in the beginning of the academic year and displayed in the college website. The activities are carried out as per the action plan drawn. The AQAR was mailed to NAAC in the month of 30th August 2016, thereafter uploaded in the college website.

CARMEL HOSTEL

Warden: Mrs. Benedicta Castelino

Carmel Hostel, a Part of the college of Nursing, provides a home for all to study and work. It runs smoothly under the guidance and attention of the Principal,

A residential Warden assisted by assistant Warden and floor Wardens- Ms. Sonia, Ms. Prasanna, Ms. Jenevi Sanctis and Ms. Saritha, on each floor attend to the immediate

needs and discipline of the students. All the Wardens meet and discuss the growth, needs and progress of the students as the need arises.

“Nursing is a profession but becomes a mission when God intervenes between profession and person”.

Students are motivated to make the best use of the spiritual programmes in the campus such as daily mass in the morning and common Rosary at night. They are encouraged to become members of the Altar Servers at hospital chapel and St. Joseph chapel. “Prayer is the world’s greatest wireless connection”. Believing this, students are encouraged to visit the Blessed Sacrament and attend weekly prayer services.

Ample opportunities are provided to become members and experience the love of Jesus through weekly Jesus Youth programmes and Divine Horizon.

The Non-Christian Students are free to practice their own religion and permitted to go to their sacred place of worship.

The students participate in various art and cultural competitions. They also participate in cultural and sports competitions organized by other institutions and bring credit to the College and the hostel through their performances.

MESS:

The hostel Mess is being taken up by the contractors that was running under the dividing and sharing system. A fix amount is being charged to each student. There is a Mess committee comprising of student representatives from each of the batches along with the wardens, Principals of FMCON and FMSON. The Mess President, Secretary and the representative meet as and when the need arises to plan out the routine menu and modify the existing one. In the Carmel ‘C’ Hostel where sisters are accommodated mess facility is outsourced to caterers last year.

‘Cleanliness is next to godliness’.

In order to inculcate clean habits and live in a healthy surroundings a committee has been formed named ‘Swachh Carmel’. The core group members supervise the cleaning and duty rotation. The needed equipment is supplied by Asst. administrator, Rev Fr. Ajith Menezes of FMMCH.

Hostel Day & Celebration:

The hostilities celebrate all the major National and Religious festivals.

The feast of ‘Our Lady of Mount Carmel’ the patron of the Hostel was celebrated on 16th July 2016. The day started with a solemn Eucharistic Celebration in the morning and ended with the blessing of the hostel rooms. Other feasts like Onam, Deepavali, and Christmas are celebrated by the Hostelites.

FATHER MULLER COLLEGE OF NURSING



ANNUAL REPORT

From: April 2017 to March 2018

INTRODUCTION: Father Muller College of Nursing is an "Edifice of Enlightenment and Empathy" has earned a brand name as one of the Top Class Nursing College in the Country. About 2600 under graduate and 690 Post graduates have successfully walked out from the portals of College of nursing holding the banner high and are ambassadors of our college in different countries. We have achieved much in the field of nursing education, service and research.

The National Assessment and Accreditation council (NAAC) has accredited our college with 'A' grade in the year 2014. It is the first nursing college under RGUHS Bangaluru to be accredited. The staff and students have been inspired and guided through the years by the motto "**Search, Share and Care**" where nurses search for knowledge, share their knowledge and care for the sick with the updated Knowledge.

Our students excel in sports, curricular and co-curricular activities. Our Alumnae are sought after by every Medical Institutions in India and abroad for their excellence discipline and devotion in the nursing profession.

College has an excellent, efficient and highly motivated faculty who plan meticulously all the curricular and co-curricular activities for the students.

STATISTICS:

The Courses offered are:

Basic B. Sc Nursing degree course

Annual intake 100 students

I Year	-	100
II Year	-	98
III Year	-	100
IV Year	-	97

Post Basic B.Sc Nursing

Annual intake 60 Students

I Year	-	30
II Year	-	23

M Sc. (Post Graduate) Nursing Course

Annual intake 40 Students

1. Medical-surgical nursing	8 seats
2. Obstetric and Gynecological Nursing	8 seats
3. Community Health Nursing	8 seats
4. Psychiatric Nursing	8 seats
5. Pediatric Nursing	8 seats

Post Graduate students present position

I Year	-	04
II Year	-	07

AUGUST/SEPTEMBER 2017 RGUHS UNIVERSITY EXAMINATION RESULTS

Name of the course	Year	No of students appeared	No of students passed	No. of Distinction	I Class	II Class	%
B. Sc (N)	IV	93	85	10	58	17	91.39
	III	97	92	25	63	04	95
	II	100	93	02	66	25	93
	I	98	79	09	55	15	81
PBB. Sc(N)	II	39	39	02	36	01	100
	I	23	23	-	20	03	100
M. Sc (N)	II	20	19	12	7	-	95
	I	7	6	1	5	-	86

Ranks: in II year P B B. Sc (N)

Sneha Reesha Andrade - 5th Rank

Ancita Alita Mendonca - 7th Rank

FACILITIES:

State of-the-art nursing college campus, spacious, well equipped ICT enabled classrooms with all advanced audio-visual aids, supportive learning environment, career-oriented disciplines, have made the college of nursing an “ edifice of enlightenment and empathy” and earned a brand name as one of the best nursing college in the country.

Specialty demonstration rooms:

- Anatomy & physiology lab (Medical College)
- Community Health Nursing Lab
- Fundamentals of Nursing and Medical-Surgical Nursing combined Lab
- Nutrition Lab
- OBG Lab - (Obstetric and Gynecological Nursing)
- Child Health Lab

The Labs are well equipped to develop nursing skills of students.

It is in the 1250 bed Father Muller Medical College Hospital that the students get hands on training in different medical, surgical and specialty units under the direct supervision and guidance of the clinical instructors. Students are exposed to Father Muller Simulation and Skill Center and get training for various advance nursing care procedures in the skill center.

In the **Central Library** a separate section is marked out for UG and PG students. Abundance of books and journals are available to quench the thirst of knowledge. Reading room has the seating capacity for 250 students

Continuing Nursing Education Programmes: Regular conferences, workshops, seminars and guest lectures are organized for different batches of students to enhance their knowledge. Staff have organized conferences and workshops in their respective specialty. It is mandatory for the staff to attend conferences and workshops organized within the campus and out of the campus.

During the year the college of nursing has organized

- International Seminar **1**
- **National Conference** **2**
- **State level Conference** **5 (5 specialty Departments)**
- **Workshops** **3**
- **CNE Programmes** **8**
- **Guest Lectures** **10 and**
- **Guest Lectures for students** **5**

Advanced training: The students are given opportunity to expose themselves to different health care settings by organizing visits to other hospitals in India. A national administrative visit for UG & PG students helps them to sharpen their administrative abilities.

Departments of the College

There are 6 major departments and 4 sub departments

1. Medical Surgical Nursing
2. Community Health Nursing
3. Obstetric and Gynecological Nursing
4. Child Health Nursing
5. Mental Health Nursing
6. Nursing Foundation

Sub Departments are

1. Advance Nursing Practice
2. Nursing Education
3. Nursing Research
4. Nursing Administration

The faculty for sub departments are drawn for the main departments. Hence all faculty work for 2 departments.

The members of the faculty of college have contributed as resource persons in different National and International conferences, workshops and continuing nursing education programmes. They have also participated in various conferences as well as presented and published papers. The departmental reports have highlighted their achievements & publications.

CARMEL HOSTEL

Warden : Mrs. Benedicta Castelino

Carmel Hostel, a Part of the college of Nursing, provides a home for all the students of the college to study and work. It runs smoothly under the guidance and attention of the Principal,

A residential Warden assisted by an assistant Warden and floor Wardens- on each floor attend to the immediate needs and discipline of the students. All the Wardens meet and discuss the growth, needs and progress of the students as the need arises.

Students are motivated to make the best use of the spiritual programmes in the campus such as daily mass in the morning and common Rosary at night. At 06:15 am students conduct the liturgy and the singing taking turns regularly – They also conduct adoration on Friday as per the turns allotted. They are encouraged to become team members of the Altar Servers. “Prayer is the world’s greatest wireless connection”. Believing this, students are encouraged to visit the Blessed Sacrament and attend all spiritual activities of the campus.

Opportunities are provided for students to become members and experience the love of Jesus through weekly Jesus Youth meetings.

The Non-Christian Students are free to practice their own religion and are permitted to go to their sacred place of worship.

The students participate in various art and cultural competitions. They also participate in cultural and sports competitions organized by other institutions and bring credit to the College and the hostel through their performances.

MESS:

The hostel Mess is run on contract basic with dividing and sharing system. A fixed amount is being charged as mess fees to each student. There is a Mess committee comprising of student representatives from each of the batches along with the wardens, Principals of FMCON and FMSON. The Mess President, Secretary and the representative meet as and when the need arises to plan out the routine menu and modify the existing one. In the Carmel ‘C’ Hostel where sisters are accommodated mess facility is outsourced to caterers.

In order to inculcate clean habits and live in a healthy surroundings a committee has been formed named ‘Swach Carmel’. The core group members supervise the cleaning and duty rotation. The needed equipment is supplied by Rev Fr. Ajith Menezes, Administrator FMCC

Hostel Day & Celebration:

The hostilities celebrate all the major National and Religious festivals which foster family spirit and to getherness. The feast of ‘Our Lady of Mount Carmel’ the patron of the Hostel was **celebrated on 16th July 2017**. The day started with a solemn Eucharistic Celebration in the morning and ended with the blessing of the hostel rooms. Other feasts like Onam, Deepavali, and Christmas are celebrated by the Hostelites.

DEPARTMENTAL REPORTS

MEDICAL SURGICAL NURSING DEPARTMENT

Name	Qualification	Designation	Years of Experience
Mrs. Victoria D' Almeida	M. Sc (N)	Professor, HOD & Vice Principal	16 years
Ms. Sonia D'Souza	M. Sc (N)	Asso. Professor	9 years
Mrs. Preethi Fernandes	M. Sc (N)	Asst. Professor	8 years
Sr Susamma Varghese	M. Sc (N)	Lecturer	8 years
Mrs. Shwetha Rashmi	M. Sc (N)	Lecturer	8 years
Mrs Jacintha Valder	M. Sc (N)	Lecturer	3 years
Mrs.Jubee Joseph	M. Sc (N)	Lecturer	2 years
Ms.Indu N	M. Sc (N)	Lecturer	2 years
Mr Abin K	M. Sc (N)	Lecturer	1 years
Sr.Nancy P. Mathias	M. Sc (N)	Lecturer	3 months

ACHIEVEMENTS OF STAFF

PROF VICTORIA D'ALMEIDA:

- INC Inspector
- University question paper setter
- Member of board of studies – Yenepoya Nursing college, Deralakatte, Mangalore
- Moderator for a scientific session “nature and design of mixed method research” in 19th Annual national conference of NRSI.
- Resource person for a Continuing Nursing Education on Pain Scales & nurses Role in Pain Management organized by Nursing Service Department of FMCON
- Chairperson for scientific session for the National Conference On “critical Care Nursing” organized by Alumni Association of FMCON

Research Guidance:

- Effectiveness of task- oriented training on activities of daily living among the patients with stroke in a selected setting at Mangalore
- Effectiveness of Benson’s Relaxation Technique on anxiety and fatigue among patients undergoing Dialysis
- Adherence and barriers to antihypertensive therapy among the patients with hypertension

Attitude towards care of elderly among the students of selected nursing college
Mangalore

Research carried out:

- A study to assess the diabetes- related distress among patients with type -2 diabetic mellitus in a selected hospital at Mangaluru.

Publications

- Effect of A Continuous Care Model (CCM) On Sleep Quality Among Patients With Type 2 Diabetes Mellitus In A Selected Hospital At Mangaluru
Indian Journal of Research volume 7 issue 11 November 2017. IF : 4.894

Seminars /Conferences/Workshops attended

Attended workshop on “Research Update on Sample Size” organized by IQAC of Father Muller College of Nursing

Delegate for a panel discussion on “Attracting and Retaining Nursing Workforce” organized by the Community Health Nursing Department of FMCON

Organized National Conference on “HIC: Sharing Knowledge Inducing Change” at FMCON

Attended a training program on “Communication and Soft Skills” organized by the Alumni Association of FMCON

Delegate for a workshop on ABCDR Research Methodology & SPSS Workshop- 2017 organized by K.S. Hegde Medical Academy(Nitte University)

Delegate for the National Conference On “critical Care Nursing” organized by Alumni Association of FMCON

Organized a workshop on Retrieval of e-Resources organized by FMCON

- Delegate for a workshop on “Effective Teacher-Student Relationship” organized by FMCON
- Attended a workshop on “Innovative teaching learning and evaluation” organized by Father Muller college of nursing.

MRS SONIA D'SOUZA

Research Guided:

- Effectiveness of task oriented training on selected activities of daily living among stroke patients in a selected setting at Mangalore
- Effectiveness of cryotherapy on pain among patients undergoing orthopaedic surgeries
- Knowledge and practice on life style modification on prevention of CAD among adults in a selected hospital at Mangalore

Publications

- Effect of cold needle injection technique versus routine injection technique on the level of pain and discomfort among adults in a selected hospital. Indian Journal of Research volume 7 issue 11 November 2017
A Study to Identify the Abnormal Eating Behaviours among Adolescents In Selected Colleges at Mangaluru. Paripex – Indian journal of research Volume-6, Issue-10 October-2017

- **Seminars /conferences/workshop attended**

Delegate for the workshop on 'HEALTH IN DIABETES-EVERY WOMENS RIGHT' organized by dept of medicine FMMC on November 14th 2017

Attended workshop on "Research Update on Sample Size" organized by IQAC of Father Muller College of Nursing

Organized National Conference on "HIC: Sharing Knowledge Inducing Change" at FMCON

Attended a training program on "Communication and Soft Skills" organized by the Alumni Association of FMCON

Delegate for a workshop on ABCDR Research Methodology & SPSS Workshop- 2017 organized by K.S. Hegde Medical Academy (Nitte University)

Delegate for a workshop on "Effective Teacher-Student Relationship" organized by FMCON

Undergone training on CPR on 29 May 2017, organized by father Muller simulation and skill centre

Others: Resource Person for the nursing induction program on nursing assessments forms and documentation on 22nd November 2017

Paper presentation

- on the topic Effect of Cold Needle Injection technique versus routine injection technique on the level of pain and discomfort among adults in a Selected Hospital Mangaluru at father Muller college of nursing Mangalore, June 2017

Awards / Achievements:

- Won Best paper presentation on the topic Effect of Cold Needle Injection technique versus routine injection technique on the level of pain and discomfort among adults in a Selected Hospital Mangaluru at father Muller college of nursing Mangalore, June 2017

PREETHI FERNANDES

Research Guided:

1. Effectiveness of Benson's Relaxation Technique on anxiety and fatigue among patients undergoing Dialysis
2. Study on factors associated with medication administration error in a selected hospital at Mangalore.
3. A study on assertive behaviour and self-esteem among nursing students in a selected college at Mangalore
4. Patients Satisfaction with Diabetes Care in a selected hospital at Mangaluru

Publications:

Exploratory Study on Factors Contributing to Obesity among Women in a selected setting at Mangaluru. Paripex - Indian journal of research *volume 7 issue 11* November 2017

Papers Presented

1. Presented a paper on "Factors contributing to Obesity among Women" in the National conference on 'HIC: Sharing Knowledge Inducing Change' held in Father Muller College of Nursing Mangaluru on 16th June 2017.

2. Presented a paper on "Hand Hygiene Practices among Health care Personnel" in the National conference on 'HIC: Sharing Knowledge Inducing Change' held in Father Muller College of Nursing Mangaluru on 16th June 2017.

Poster Presented

1. Presented a poster on "Hospital Infection Control" in the National conference on 'HIC: Sharing Knowledge Inducing Change' held in Father Muller College of Nursing Mangaluru on 16th June 2017.

Resource person

1. Health awareness program as a part of World Health Day 2017 on "Hypertension and Diabetes mellitus" on 7th April 2017 at Kolambe Anganwadi, Ammemar , Bantwal.
2. CNE on 'Nurses role in Diabetes Management' on 18th November 2017 at Father Muller Medical College Hospital, Mangalore

Seminars/Conferences /workshops Organized

1. National conference on 'HIC: Sharing Knowledge Inducing Change' held in Father Muller College of Nursing Mangaluru on 16th June 2017.
2. Organized a workshop on Retrieval of e-Resources organized by FMCON
3. Organized FDP on SPSS

Seminars /conferences/workshop attended

1. Attended Guest Lecture on "Thalassemia' Conducted by Department of Pediatric Nursing, Father Muller College of Nursing Mangalore on 28 April 2017.
2. Undergone CPR training at Father Muller Simulation and Skill Centre on 29th May 2017.
3. Attended FDP on 'Research Update on Sample size' organized by Father Muller College of Nursing held on 10th June 2017.
4. Attended panel discussion on 'attraction and retention of nursing' organized by community health nursing Father Muller College of Nursing held on 10th June 2017.
5. Delegate for a workshop on "Effective Teacher-Student Relationship" organized by FMCON
6. Attended a workshop on "Innovative teaching learning and evaluation" organized by IQAC of FMCON

SUSAMMA VARUGHESE (SR.JUDY SIC)

Research Guided:

- Effectiveness of cryotherapy on pain among patients undergoing orthopedic surgeries
- A study on quality of sleep among hospitalized patients in a selected hospital of Mangalore.
- Qualitative exploration of the coping strategies adopted by the cancer patients in a selected hospital at Mangaluru
- Psychosocial impact of overactive bladder symptoms among type2 diabetes patients in a selected hospital at Mangaluru

Seminars /conferences/workshop attended:

- Workshop on Qualitative Research Methods and Analysis from 15th–17th May 2017 followed by a 1 day Workshop on Guide to Journal Publications on 18th May 2017.at SCARF (Schizophrenia Research Foundation) R-7A North Main, Anna Nagar West (Extn.), Chennai- 600 101, Tamil Nadu, India.
- National Conference on "Envisioning-Creating Future" conducted by Department of Administration and Management of FMCON, Mangalore held on 03-06-2017
- Panel Discussion on Attracting and retaining nursing workforce conducted by Department of Community health Nursing of FMCON, Mangalore held on 14 th June 2017
- International Colloquium on Patient Advocacy: Role if the Nurse in Ensuring Ethically Sensitive Practice Organized by Yenepoya Nursing College , Mangaluru on 14 th November 2017
- Attended 31st Annual Conference of Urological Association of Kerala on 25 th and 26 th November 2017
- Participated in National conference on Critical Care Nursing held on 19 th and 20 th of January 2018 organized by Alumini Association of Father Muller College of Nursing.
- International conference USIMCON INDIA 2018 attended on 16, 17, and 18 th February 2018 organized by Father Muller Simulation and skill centre
- Workshop attended on retrieval of e-Resources conducted by Father Muller college of nursing on 23-02-2018
- Orientation/training programme on Policies and SOP of Ethics committee attended on 9 th March 2018 organized by FMMCIEC ,Mangalore
- Workshop attended on Innovative teaching learning and evaluation organized by Father Muller college of nursing on 04th and 05 th -April-2018
- Seminar attended on Effective teacher student relationship organized Father Muller college of nursing on 06-04-2018
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Publications

1. A study on parents' attitude and barrier in receiving Speech Therapy and hearing rehabilitation by children in a selected Hospital at Mangaluru. Paripex - Indian journal of research *volume 7 issue 11 November 2017*
2. A study on genitourinary health problems and health Seeking behaviour among women in a selected setting of Mangaluru Paripex - Indian journal of research *volume 7 issue 11 November 2017*

3. A study on Functional ability of bladder among menopausal women in selected setting of Mangaluru with a view to prepare an informational booklet.
International Journal of Scientific Research Volume-7 | Issue-1 January-2018
4. Knowledge and perspective on CPR among Staff Nurses- IOSR Journal of Nursing and Health Science (IOSR-JNHS);;Volume 7, Issue 1 :15-02-2018

Scientific paper presentation:

1. Scientific paper Presentation on A study on "Co-morbidity, precipitating and associated factors of Nocturia among adults" at National conference on Critical Care Nursing held on 19 th and 20 the of 2018 organized by Alumini Association of Father Muller College of Nursing.

Poster Presentation:

1. Poster Presentation on "Hospital infection control" at "National Conference on Sharing Knowledge Inducing Change" organized by Medical Surgical Department of FMCON, Mangalore held on 16 th June 2017
2. Poster Presentation on "Knowledge regarding complications of diabetes mellitus among diabetic patients" at National conference on Critical Care Nursing held on 19 th and 20 the of 2018 organized by Alumini Association of Father Muller College of Nursing .

Resource Person:

Resource Person for the Seminar conducted by New Mangala College of Nursing, Mangaluru, on Revamping prospects in Nursing Legit and ward management held on 20-02-2018

Others:

1. Faculty at Father Muller Simulation and Skill centre
2. PhD Scholar at Nitte University
3. Organizer of the "National Conference on Sharing Knowledge Inducing Change" organized by Medical Surgical Department of FMCON, Mangalore held on 16 th June 2017

MRS. SHWETHA RASHMI

Research Guided:

1. Knowledge and practice regarding selfie and its addiction in selected colleges at Mangalore
2. Study on knowledge and attitude on restraining violent mentally ill clients in selected college of Mangalore

Research Conducted:

1. A study to assess the diabetes- related distress among patients with type -2 diabetic mellitus in a selected hospital at Mangaluru.
2. Effectiveness of diaphragmatic breathing on test anxiety among 1st BSc nursing students in selected college Mangalore
3. Study to assess the level of anxiety of 1st B.Sc. nursing students before the clinical postings in selected college Mangalore

Publications:

1. Scientific paper in IJAR journal on “effect of spiritual songs on the emotional and spiritual wellbeing of clients diagnosed with cancer (will be published January 8th 2018
2. Ms Mercy Zonunsiami, Ms Darryl Monica Serafine Aranha, Mrs.Shwetha Rashmi M S.International Journal of Health Sciences and Research (IJHSR)A Study on the .Attitude of Gender Preference and Female Feticide among Women in Selected Settings at Mangaluru. P. 104-113

• Seminars /conferences/workshop attended

- Attended a workshop on “Innovative teaching learning and evaluation” organized by Father Muller college of nursing.
- Presented and won best poster in National conference HIC: Sharing knowledge inducing change. On 16 June 2017
- Regional Seminar on Paediatric Diabetes Mellitus and Diabetes Ketoacidosis conducted by department of Paediatric Nursing ,March 2017
- Training Program on essentials of Endoscopy and Ultrasound simulation Father Muller Skill and Simulation Centre March 2017
- Cardiopulmonary resuscitation training FMSSC May 2017
- Research update on sample size FMCON June 2017
- SPSS workshop on 22.12.2017
- International health conference on human ultrasound simulation FMSSC16th-18th Feb 2018
- Orientation program on policies and SOP of ethics committee and informed consent process FMMCIEC, FMMCH9th March 2018
- Innovative teaching learning and evaluation techniques FMCON4th &5th April2018

- Seminar on student teacher relationship conducted by SDP committee, April 6th 2018.

Resource person

- Resource faculty in workshop on Clinical skills basic on 9th May 2017 for medical students.
- Resource faculty in training program for staff nurses at Simulation and Skill Center July 2017

Others:

1. Faculty at Father Muller Simulation and Skill center

MRS JACINTHA VALDER

Seminars/Conferences/ Workshops Attended:

- Attended a workshop on SPSS at FMCON on 22/12/17.
- Attended a guest lecture on bioethics at FMCON on 18/1/18.
- Attended a national conference on critical care nursing held on 19th & 20th January 2018.
- Organized National Conference on "HIC: Sharing Knowledge Inducing Change" at FMCON
- Attended a training program on "Communication and Soft Skills" organized by the Alumni Association of FMCON

MRS. JUBEE JOSEPH

Research Guided (ongoing):

A Study on Patient Satisfaction on Hospital Service System in a Selected Hospital at Mangaluru.

A Study on Patient Satisfaction with Diabetes Care in a selected hospital at Mangaluru

Research conducted (Ongoing): A study on patient satisfaction with diabetes care in a selected hospital at Mangaluru.

Research Paper Presentation: Effect of aloe vera juice on blood glucose level among Diabetics.

Seminars/Conferences/ Workshops Attended:

- Attended a workshop on wound care by Smith & Nephew held on 19/05/17 at Father Muller Medical College Hospital
- Attended a training on CPR on 29/05/17 at Father Muller Simulation & Skill Center, FMCI, and Mangalore.

- Organized a national conference on HIC: sharing knowledge and inducing change held on 16th June 2017 at FMCI
- Conducted a seminar on communication and soft skills held on 8th July 2017 at FMCON
- Attended a national conference on Informatics at AJIMS conference hall on 31/07/17.
- Attended a workshop on ECG interpretation basics held at simulation center FMCI on 8/8/17.
- Attended a workshop on SPSS at FMCON on 22/12/17.
- Attended a guest lecture on bioethics at FMCON on 18/1/18.
- Attended a national conference on critical care nursing held on 19th & 20th January 2018.
- Attended a workshop on retrieval of E resources at FMCON on 23/2/18.
- Attended a workshop on innovative teaching practices at FMCON on 4th & 5th April 2018
- Attended a session on effective teacher student relationship at FMCON on 6/4/18.

MS. INDU N.K

Research guided: A study on student satisfaction towards academic support and facilities in a selected college of Mangalore

Research conducted:

Patients Satisfaction with Diabetes Care in a selected hospital at Mangaluru

Research Paper Presented: Occurrence of UTI and its contributing factors in a selected hospital at Mangaluru.

Seminars/Conferences/ Workshops Attended:

- Attended a training on CPR on 29/05/17 at Father Muller Simulation & Skill Center, FMCI, and Mangalore.
- Organized a national conference on HIC: sharing knowledge and inducing change held on 16th June 2017 at FMCI
- Conducted a seminar on communication and soft skills held on 8th July 2017 at FMCON
- Attended a national conference on Informatics at AJIMS conference hall on 31/07/17.
- Attended a workshop on SPSS at FMCON on 22/12/17.
- Attended a national conference on critical care nursing held on 19th & 20th January 2018.

MR.ABIN KURIAKOSE

Research Guided:

- A study on study habits of B.Sc nursing students in selected college at Mangalore

Seminars /conferences/workshop attended:

- Workshop attended on SPSS conducted by Father Muller college of nursing on 22-12-2017
- Attended a Guest lecture on paediatric bioethics conducted by Father Muller college of nursing on 18-01-2018
- Participated in National conference on Critical Care Nursing held organized by Alumini Association of Father Muller College of Nursing.
- Attended a workshop on Retrieval of e-Resources conducted by Father Muller college of nursing on 23-02-2018
- Attended orientation/training programme on Policies and SOP of Ethics committee organized by FMMCIEC ,Mangalore
- Workshop attended on Innovative teaching learning and evaluation organized by Father Muller college of nursing on 04th and 05th -April-2018

SR.NANCY PRIYA MATHIAS

Research (ongoing): A study to assess the diabetes- related distress among patients with type -2 diabetic mellitus in a selected hospital at Mangaluru.

Publications: Study to assess the effectiveness of spiritual songs on spiritual and emotional well-being of clients diagnosed with cancer. Indian journal of applied research. Volume 8(1) January 2018

Seminars /conferences/workshop attended:

- Workshop attended on SPSS conducted by Father Muller College of nursing on 28-03-2018
- Attended a Guest lecture on paediatric bioethics conducted by Father Muller College of nursing on 18-01-2018
- Participated in National conference on Critical Care Nursing held organized by Alumini Association of Father Muller College of Nursing.

- Attended a workshop on Retrieval of e-Resources conducted by Father Muller College of nursing on 23-02-2018
- Attended orientation/training programme on Policies and SOP of Ethics committee organized by FMMCIEC, Mangalore
- Workshop attended on Innovative teaching learning and evaluation organized by Father Muller college of nursing on 04th and 05th -April-2018
- Attended CME on 4th march on trauma care organized by Father Muller medical college hospital Mangaluru

DEPARTMENTAL ACTIVITIES (2017 -18)

JOURNAL CLUB

Sl.NO	Date	Activities
1.	02-01-2018	Journal article presentation on "midterm results of correction of Tetralogy of Fallot with absent pulmonary valve"
2.	21-02-2018	Journal article presentation on "Effect of wet cupping on serum lipid profile levels of hyperlipidemia patients and correlation with some metal ions"
3.	28-02-2018	Journal article presentation on "does HbA1c level have clinical implications in diabetic patients undergoing coronary artery bypass grafting - a systematic review and met analysis".
4.	29-03-2018	A qualitative study of patient's perspective about hypertension.

EXTENSION ACTIVITIES:

1.	7.4.2017	Health talk on hypertension & Diabetes mellitus
2.	10.5.2017	Health talk on tuberculosis
3.	22.5.2017	Health talk on Gastric ulcer
4.	24.5.2017	Health talk on Diarrhoeal awareness
5.	25.5.2017	Health talk on oesophageal cancer
6.	1.6.2017	"Donate life awareness"
7.	13.6.2017	Health talk on stroke management
8.	11.7.2017	Health talk on oral carcinoma

9.	17.7.2017	Health talk on Prevention of obesity
10.	11/12/2017	Health talk on eye injury prevention
11.	19/12/2017	Health talk on AIDS
12.	11/01/2018	Health talk on H1N1
13.	24/01/2018	Health talk on myocardial infarction
14.	24/02/2018	Health talk on stroke awareness
15.	09/03/2018	Health talk on kidney and women's health
16.	10/03/2018	Health talk on colorectal cancer
17.	20/03/2018	Health talk on Dengue fever
18.	19/04/2018	Health talk on Hypertension

RADIO PROGRAMME

1.	25/4/2017	Malaria
2.	09/12/2017	HIV AIDS-'My Health ,My Right'
3.	9/2/18	Prevention of H1N1
4.	1/03/18	Renal problems
5.	24/03/2018	Tuberculosis: 'Wanted :leaders for TB free world'

OTHERS

Participation in the health camps: Cardiovascular and diabetes risk assessment

Date	Place of health camp
10.9.2017	St. Rita's School Vittal
22.10.2017	Neerchal, Kasaragod
21/01/2018	Loretto
18/03/2018	Puttur

FACILITIES

- **Fundamentals of nursing lab with equipment's for advanced nursing procedures like :**
 - Crash Cart
 - Defibrillator
 - Cardiac monitor
 - IV arm
 - Infusion pump
- **Basic and advance clinical facilities available in the hospital**
- **Father Muller simulation Lab and skill centre**
- **Library facilities includes**
 - Books: 167
 - CD ROMs: 10
 - Modules: 15
 - Term Papers:13
 - Dissertation: 124

UNIVERSITY RESULTS

Batch	Number of students appeared		Number of student passed		Distinction		I class		II class		Failed	
	f	%	f	%	f	%	F	%	F	%	F	%
II BSc Nursing	103	96.2	96	93	2	2	71	69	25	24	7	7
III BSc Nursing	97	99	95	98	25	26	66	68	4	6	2	2
I PBBSc Nursing	23	100	23	100	-	-	20	87	3	13	-	-
I MSc	1	100	1	100	1	100	-	-	-	-	-	-
II MSc	5	100	5	100	4	80	1	20	-	-	-	-

COMMUNITY HEALTH NURSING

OBJECTIVES:

Students coming under community health nursing umbrella will be steered to:

- Accept community as it is.
- Foster commitment in action.
- Undertake evidence-based research work.
- Acquire & practice new knowledge.
- Transform society into a healthier one.

Faculty Details

Name	Qualification	Designation	Years of experience
Irene Alvares	M. Sc Nursing	HOD/ Professor	16years 3months
Sr Jacintha D Souza	M. Phil Nursing	Principal/Professor	24 years
Dr Devina E Rodrigues	Ph.D (Nursing)	Professor	14yrs 6months
Shiji P J	M. Sc Nursing	Associate Professor	9yrs 4 months
Jasmine S Vas	M. Sc Nursing	Assistant Professor	8 years 3months
Sonia K L Sequera	M. Sc Nursing	Assistant Professor	4 years 6 months
Priya S Pereira	M. Sc Nursing	Lecturer	2yrs 2months
Deepika N C	M. Sc Nursing	Lecturer	1yr 2months
Hezil Sequera	M. Sc Nursing	Lecturer	3 years 2months

Activities of the Department:

1. Organized a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14th June 2017 in FMCON, Mangaluru.
2. Organized a Guest Lecture on 24th March 2018 "Trends in Management of Tuberculosis". The resource person was Dr Sudhir Prabhu Asst. Professor from Community Medicine Department, Father Muller Medical College
3. Faculty have regularly participated in the Health Camps 10 (General & Specialty) conducted by Father Muller Medical College Hospital
4. Innovative learning approach, a Mansoon Game as a reflection towards community life for the students of second B.Sc nursing was conducted by Dr Devina Rodrigues and the staff of Community Health Nursing Department on 5-12-2017 between 1.30pm to 3.30pm.
5. Organized "Quiz competition" for IInd year B Sc Nursing students on Family Planning
6. Organized a practical session "Concept Mapping" for IInd year B Sc Nursing students
7. Conducted Radio/TV programmes
8. Observation of National Health Days-Conducted Health education Programmes

Sl No	Topic/ Significance of Day	Conducted on	Area
1	World epilepsy day	24 th November 2017	Kadambodi area under Surathkal PHC
2	World lung cancer day	24 th November 2017	Kadambodi area under Surathkal PHC
3	World immunization day	24 th November 2017	Kadambodi area under Surathkal PHC
4	Balanced diet	28 th November 2017	Badriya Nagar, Surathkal
5	First Aid	23 rd November 2017	Badriya Nagar, Surathkal
6	Environmental Sanitation and Pollution Prevention	30-11-2017	Holy Family Kannada Medium School
7	Environmental Sanitation	24-4-2018	Meenakaliya, Baikampady
8	Head Injury	26-03-2018	Meenakaliya, Baikampady
9	Prevention of Tuberculosis	27-03-2018	Meenakaliya, Baikampady
10	Personal Hygiene & Environmental Sanitation	10-03-2018	Dakshina Kannada Zilla Panchayat Higher Primary School
11	Cervical Cancer	23-04-2018	Meenakaliya, Baikampady
12	Measles	24-04-2018	Meenakaliya, Baikampady
13	Water conservation Methods	26-04-2018	Meenakaliya, Baikampady
14	Women & Kidney Diseases	26-03-2018	Meenakaliya, Baikampady

9. Joy of Christmas was celebrated with a message to the inmates of Prashanth Nivas on 01 -12- 2017 at Prashanth Nivas Jeppu, it's a home for Elderly, destitute, mentally disabled of all ages. The Programme commenced with a prayer song, Christmas skit, mime. Games were conducted and winners were awarded with prizes. Finally sweets were distributed to all. The programme commenced at 10 am and ended at 12pm

Faculty participation in conferences/ Symposium/Seminars

Sr. Jacintha D'Souza, Professor, PPRINCIPAL, FMCON

1. Organized and attended a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14th June 2017 in FMCON, Mangaluru.
2. Attended research update on sample size at Syndicate hall, FMCON on 10th June 2017.
3. Attended National workshop on Envisioning - Creating the future on 3rd June 21, 2017 in FMCON, Mangaluru

4. Attended International Conference on Global Challenges in Health care at Manipal College of Nursing on 16th & 17th February 2018
5. Attended a National Conference on Critical Care Nursing conducted by Alumni Association of FMCON on 19th & 20th January 2018

Chair person/ Resource person

1. Chaired a scientific session during National Conference on Critical Care Nursing conducted by Alumni Association of FMCON on 19th & 20th January 2018
2. Resource person for CNE on Communication & IPR in health care on 27th January 2018 @ FMCI
3. Chaired a session during International Conference on Global Challenges in Health care at Manipal College of Nursing on 16th & 17th February 2018
4. Attended a meeting as an expert on Promulgation of Emergency Nursing in South East Asia Region (SEAR) organized by AIIMS in collaboration with WHO on 3rd April 2018
5. Guest speaker for state level conference on 04-11-2017 on the theme "2020 vision for the future of nursing education – Dual role: taking it forward."

Paper Presentation:

1. End of life issues: Death National Bioethics Conference 21st & 22nd November 2017 Father Muller Medical College With Support OF IISR

Mrs. Irene T R Alvares, Professor, HOD

1. Attended workshop on capacity building of ethics committees for clinical research in India conducted by Kasturba Medical College, Mangaluru on 10th & 11th April 2017
2. Organized and participated in the Health Awareness Programme conducted on 7th May 2017 at Sri Ramashrama Primary School, Konchady, Mangaluru.
3. Attended session on "Research update on Sample Size" conducted by FMCON on 10th June 2017
4. Organized and attended a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14th June 2017 in FMCON, Mangaluru.
5. Attended National workshop on Envisioning – Creating the future on 3rd June 21, 2017 in FMCON, Mangaluru
6. Organized and participated in the training programme by Alumni Association of FMCON, Mangaluru on 8th July 2017
7. Organized and attended Joy of Christmas Celebrations 2017 for the employees at Father Muller Charitable Institutions, Mangaluru on 9th December 2017
8. Attended workshop on " SPSS" conducted by FMCON, Mangaluru on 22nd December 2017
9. Organized, chaired a session and Participated in National Conference on Critical Care Nursing on 19th & 20th January 2018 by Alumni Association of FMCON
10. Attended workshop on Retrieval of E-Resources on 23rd February 2018 conducted by Research Dept of FMCON
11. Attended / presented a paper during State Level Workshop on the topic " Press for Progress: Safe Invitro to Healthy Invivo" 8th March 2018

12. Participated in the workshop on “ Innovative Teaching Learning and Evaluation Techniques” organized by IQAC of FMCON on 4th &5th April 2018
13. Participated in session on “Effective Teacher Student Relationship” organized by IQAC of FMCON on 6th April 2018
14. Attended seminar on “Pediatric Hypo & Hyperthyroidism” conducted by Pediatric Nursing, FMCON on 19th April , 2018

Paper Presentation:

A study to assess the knowledge regarding health practices of women during pregnancy in a selected hospital at Mangaluru, FMCON on 8th March 2018

Chair person/ Resource person

1. Chaired a session during National Conference on Critical Care Nursing conducted by Alumni Association of FMCON on 19th & 20th January 2018

Dr Devina E Rodrigues, Professor

1. Attended PAEDIATRIC BIOETHICS workshop on 18-1-2018
2. Effective teacher student relationship 6-4-2018
3. Policies &SOP ethics committee, at FMMCIEC 6th to 9th mar 2018

RESOURCE PERSON:

1. Innovative learning approach, a Mansoon Game as a reflection towards community life at Kanachur College Of Nursing Sciences, Mangalore on 10-3-2018
2. Conducted Workshop on SPSS for faculty of FMCON on 22nd December 2017 & 28th March 2018

PAPER PRESENTED:

1. Professional Quality Of Life Among Nurses During National Conference On Critical Care Nursing ,FMCON on 20-1-2018

EXAMINER PRE Ph.D - YENEOYA UNIVERSITY (17-4-2018)

Mrs. Shiji PJ, Associate Professor

1. Published original research article on “Based on the Shortcomings in Selected Areas of Hospital Information System [HIS] among Hospital Staff Useful in Preparation of a Leaflet Related Tips and Strategies for its Reduction in International Journal of Health Sciences and Research (IJHSR).
2. Organizing chairperson for National workshop on Envisioning – Creating the future on 3rd June 21, 2017 in FMCON, Mangaluru.
3. Attended a International Conference on Global Challenges in Health care at Manipal College of Nursing on 16th & 17th February 2018
4. Attended a workshop on “Innovative Teaching Learning and Evaluation Techniques” on 4th and 5th conducted by IQAC FMCON
5. Attended a session on “Effective teacher student relationship” on 6th April 2018

Paper Presentation:

Quality of life of the wives of alcoholics in the International Conference on Global Challenges in Health care held on 16th & 17th February 2018

Mrs Jasmine S Vas, Asst Professor

1. Participated in International Conference HPSN India 2016 held on 3rd and 4th December at Father Muller Charitable Institutions and Yenepoya University, Mangalore.
2. Delivered a Radio Talk in Konkani All India Radio Prasar Bharati was broadcasted on 20-01-2017 at 6.15pm
3. Guided students to present variety programme in Konkani on lifestyle modification which was broadcasted on 20-12-2016 at 10.30 am.
4. Attended research update on sample size at Syndicate hall, FMCON on 10th June 2017.
5. Organized and attended a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14th June 2017 in FMCON, Mangaluru.
6. Attended a workshop on "Innovative Teaching Learning and Evaluation Techniques" on 4th and 5th conducted by IQAC FMCON
7. Attended a session on "Effective teacher student relationship" on 6th April 2018

Ms. Sonia Karen Sequera, Asst Professor

1. Attended National workshop on Qualitative Research Methods and Analysis from 15th May to 17th May 2017 in Chennai.
2. Attended National workshop on Guide to Journal Publications on 18th May 2017 in Chennai.
3. Attended National workshop on Envisioning - Creating the future on 3rd June 21, 2017 in FMCON, Mangaluru.
4. Attended research update on sample size at Syndicate hall, FMCON on 10th June 2017.
5. Organized and attended a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14th June 2017 in FMCON, Mangaluru.
6. Attended a International Conference on Global Challenges in Health care at Manipal College of Nursing on 16th & 17th February 2018
7. Presented a poster/ paper presentation on Client satisfaction and preferences towards non verbal communication at a selected therapeutic Setting, Mangaluru.

Mrs. Priya Sweety Pereira, Lecturer

1. Attended National workshop on Envisioning - Creating the future on 3rd June 21, 2017 in FMCON, Mangaluru.
2. Attended research update on sample size at Syndicate hall, FMCON on 10th June 2017.
3. Organized and attended a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14th June 2017 in FMCON, Mangaluru.
4. Attended SPSS workshop on 22nd December 2017 for 8 hours at syndicate hall, FMCON.
5. Attended workshop on retrieval of e-resources on 23rd February 2018 for two hours at syndicate hall, FMCON.
6. Attended State level workshop on "Press for Progress: Safe Invitro to Healthy Invivo" on 8th March 2018 at FMCON, Mangaluru.

7. Co-resource person for "Innovative Learning approach, A Monsoon game as a reflection towards Community Life" on 10th March 2018 for B.Sc Nursing students at Kanachur College of Nursing Sciences, Mangaluru.
8. Resource person for the session on "Stress Management" conducted by IQAC, FMCON for the non - teaching staff on 16th March 2018 from 10.30am to 12pm.
9. Attended a workshop on "Innovative Teaching Learning and Evaluation Techniques" on 4th and 5th conducted by IQAC FMCON
10. Attended a session on "Effective teacher student relationship" on 6th April 2018
11. Attended a seminar on Pediatric hypo and hyperthyroidism on 19th April 2018 organized by department of Pediatric Nursing

Mrs. Deepika NC, Lecturer

1. Attended research update on sample size at Syndicate hall, FMCON on 10th June 2017.
2. Organized and attended a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14th June 2017 in FMCON, Mangaluru.
3. Attended State Level Workshop on the topic " Press for Progress: Safe Invitro to Healthy Invivo" 8th March 2018
4. Participated in the workshop on " Innovative Teaching Learning and Evaluation Techniques" organized by IQAC of FMCON on 4th & 5th April 2018
5. Participated in session on "Effective Teacher Student Relationship" organized by IQAC of FMCON on 6th April 2018
6. Attended workshop on " SPSS" conducted by FMCON, Mangaluru on 28nd March 2018.
7. Attended workshop on Retrieval of E-Resources on 23rd February 2018 at FMCON
8. Attended training programme on communication & Soft Skills on 8th July 2017 organized by Alumni Association of FMCON
9. Attended guest lecture on Thalassemia on 28th April 2017 organized by Dept of Peadiatric Nursing FMCON
10. Was a Resourse person for a TV Programme to mark the event "World Water Day" on March 22nd 2018.

Mrs Hezil Asha Sequeira, Lecturer

1. Attended workshop on " SPSS" conducted by FMCON, Mangaluru on 22nd December 2017.
2. Organized and attended workshop on Retrieval of E-Resources on 23rd February 2018 at FMCON.
3. Attended State Level Workshop on the topic " Press for Progress: Safe Invitro to Healthy Invivo" 8th March 2018
4. Participated in the workshop on " Innovative Teaching Learning and Evaluation Techniques" organized by IQAC of FMCON on 4th & 5th April 2018
5. Participated in session on "Effective Teacher Student Relationship" organized by IQAC of FMCON on 6th April 2018
6. Attended Seminar on "Pediatric Hypo & Hyperthyroidism" conducted by Pediatric Nursing, FMCON on 19th April , 2018

Department Research Projects (Faculty) ongoing

1. Comparison of self-confidence and academic performance in community health nursing practical among two groups of second B.Sc. nursing students of a selected institute in Mangalore

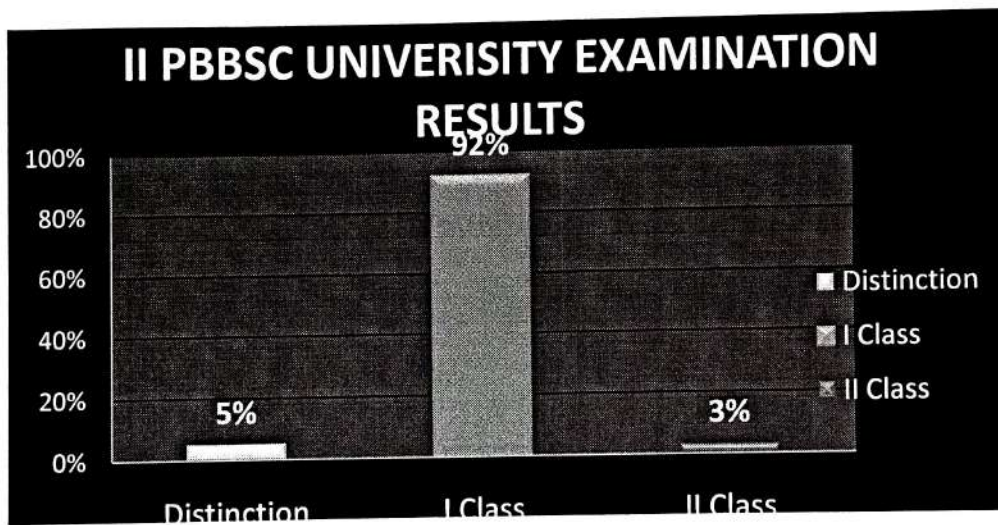
RGUHS Results of Final Exams held in the month of September 2017

COMMUNITY HEALTH NURSING

II PBB.Sc NURSING (2016-17)

N=40

Title of the program	Total No of students appeared	Division				
		Distinction %	1 Class	II Class	III Class	Pass %
II PBBSc (N)	40	(2)5%	(37)92%	(1)3%	Nil	100

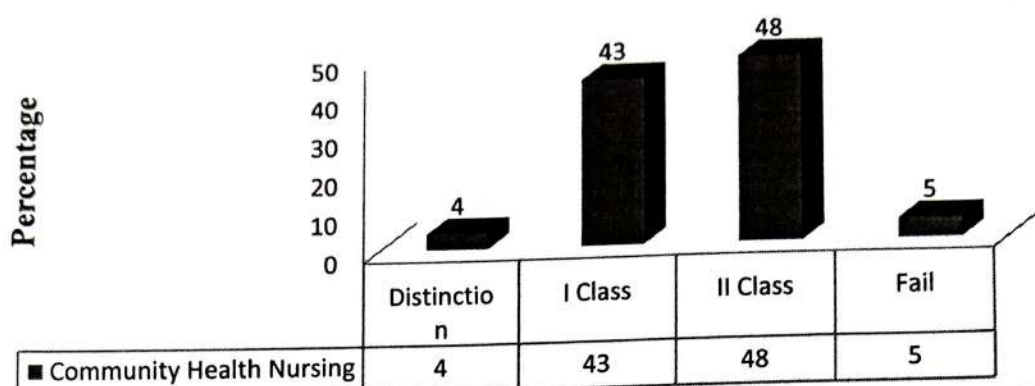


COMMUNITY HEALTH NURSING - II B. Sc NURSING (2016-17)

N= 101

	NO OF STUDENTS	PERCENTAGE (%)
Distinction	4	4
I class	43	43
II class	48	48
Fail	6	5

II BSc Community Health Nursing Results 2016-17

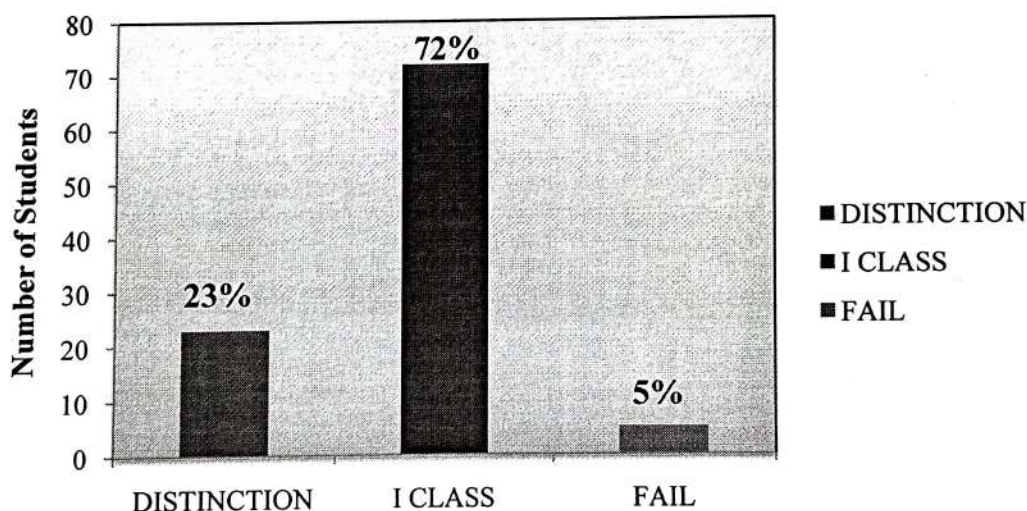


COMMUNITY HEALTH NURSING - IV B.Sc NURSING (2016-17)

N=96

	No of students	Percentage (%)
Distinction	22	23
I class	69	72
II class	-	-
Fail	5	5

IV BSC COMMUNITY HEALTH NURSING RESULTS (2016-17)



Facilities available:

- The HOD & Staff rooms also are well furnished.
- The department is well equipped with important amenities like AV Aids which are essential teaching.
- The library is spacious and filled with both old and new edition books.
- Well furnished Community Health Nursing Departmental lab and wide area for clinical practice

Learning Resources

Sl No	Books	Total Books
1	Text Books	122
2	Reference Books	98
3	Term Papers	60
4	Project Books	44
5	Survey Reports	28
6	Health Action	32
7	Aarogyavani	7
8	Mullerspring	5
9	Souvenir	9
10	Project Books (Electricity & Malaria)	2

OBSTETRICS AND GYNECOLOGICAL NURSING

Objective:

1. Develop methods to monitor and evaluate the midwifery skills of the faculty and students.
2. Demonstrate competency in maternity skills which promotes quality care to the women and child.
3. Demonstrate ethical conduct in practice and research
4. Communicate effectively with diverse audiences, especially low-income families with limited access to quality health services.

Faculty Details

Sl No	Name	Qualification	Designation
1.	Mrs. Pramila D'Souza	M.Sc(N).	HOD and Assistant Professor
2.	Mrs Darryl Aranha	M.Sc Nursing	Associate Professor /Deputy CNO
3.	Mrs Shoba Xavier	M.Sc Nursing	Assistant Professor
4.	Ms Precilla Loriena D'Silva	M.Sc Nursing	Lecturer
5.	Mrs Reena Wilma Frank	M.Sc Nursing	Lecturer
6.	Anusha Fiola	M.Sc Nursing	Lecturer /HIC
7.	Nijisha Sharli	M.Sc Nursing	Lecturer
8.	Joyce L D'Souza	M.Sc Nursing	Lecturer
9.	Mrs. Ramyashree	M.Sc Nursing	Lecturer

Activities of the Department

- Action plan was drawn in the beginning of the academic year
- The skill update plan for the faculty was chalked out in the beginning of the academic year

1. Pregnancy Awareness Week on 12-18th February 2017

A Health awareness program was conducted at Nirmala Health Centre, Ullal on 5th April 2017. Students enacted the role play on 'Antenatal Care'. Around 100 women participated and benefited from the program.

2. World Health Day 2017

The faculty of OBG Nursing was invited to deliberate a message on 'Depression Lets talk' to observe the world health Day on April 2017. in Kolambe Anganawadi at Thumbbe'. Ms Pramilda DSouza spoke on the theme. She also highlighted on the management of postnatal depression. The beneficiaries were women with children, ASHA workers and staff of Anganawadi.

3. Health camp

The faculty of OBG nursing department participated in the **health camp** organized by OBG department of FMMCH on 27/04/2017 at Nirmala Health Centre Ullal. Ms Precilla DSilva delivered a health talk on 'Well Woman'. Total 70 women benefited from the talk and 110 from the health camp.

4. International Midwifery day

As an observance of international Midwifery day, a health talk on "Postnatal guidelines" on 11.05.2017 was conducted at the District Hospital , Bantwal. Ms. Precilla provided updated information during this session were: newborn care, importance of breast feeding and its techniques, importance of partner and family support, self perineal care and puerperal infections. The whole programme was carried out in the local language. Around 100 women of different age group were benefited.

5. Health Camp

The Department of Obstetrics And Gynecological Nursing, FMCON and the OBG Department of FMMCH in collaboration with Conceptta Hospital and Rotary Club, Kinnigoli, organized a health talk on "Well Woman" on 20.05.2017 followed by health checkup. Ms Precilla D'Silva and the students of BSc. Nursing delivered a health talk on Menopause and the information on available schemes for antenatal mothers along with the students of BSc. Nursing.

6. World Breast Feeding week

The World Breast Feeding week("Sustaining Breast Feeding together") was Celebrated in the first week of August 2017.This Programme was organized by the OBG, Community health & Paediatric departments of Father Muller College of Nursing & Father Muller Medical College. A health talks, Quizrelated to breastfeeding and a short film telcast in Kannada "Amirtha Bindu"(video on Breast Feeding) were the various activities carried out through out week at maternity unit & outpatient department of Father Muller Medical College Hospital, Rural Health Centre .

7. Feast of St Gerard Majella

The feast of St Gerard Majella the Patron saint of pregnant women and postnatal mothers was celebrated by the department of Obstetrics and Gynecological Nursing along with the nursing service department on 16.10.2017 in the hospital Conference Hall. Dr Gayathri R. was the Chief Guest. The antenatal & postnatal mothers were present.

8. World AIDS Day 2017

The World AIDS Day 2017 was observed on 4-12-2017 by Obstetrics and Gynecological Nursing in collaboration with Pudu Gram Panchayath at Farangipete Market. The IV year nursing students staged street play on Swatch Bharath, Drug addiction and AIDS by highlighting the theme 'Right to health'.

9. Folic acid Day

The folic acid day was observed on 12th January 2018 at 3pm. The department of Obstetrics & Gynecological Nursing in collaboration with School of nursing gave health awareness on The importance of Folic Acid to the women in the antenatal and postnatal ward of FMMCH.

10.Pregnancy Awareness Week

As an observance of Pregnancy Awareness Week, the Department of Obstetrics and gynecological Nursing along with the students of PBBSc nursing organized health awareness programme on 'Antenatal Care' at Urban Health Centre, Jeppu on 22.02.2018. A total of 30 -40 pregnant mothers were benefited with this programme.

11. World Cancer Day

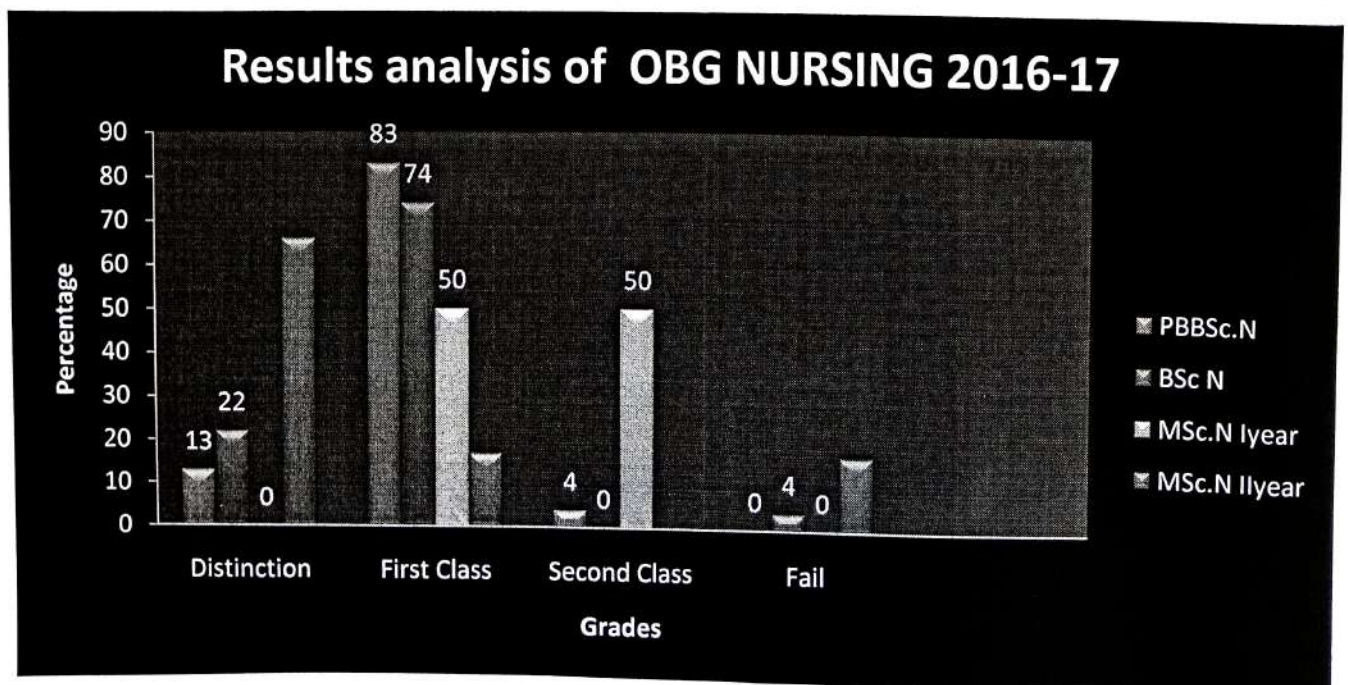
World Cancer Awareness week was observed on 07-02-2018 at K.S.R.T.C. bus stand, Mangaluru. The information regarding prevalence, various types, causes, management and prevention of Cancer was staged through a street play. A large number of public were benefited with this programme.

12. International Women's Day

The Department of Obstetrics and Gynecological Nursing organized a State level Workshop on "Press for Progress: Safe In Vitro to Healthy In Vivo" on 8th March 2018. Dr. Judith Noronha, was the Chief Guest. Mrs. Vedavathi, Lady Health Visitor was honored for her achievements and contributions towards women in the society. A book "From a Mother, to a Mother: A Post Pregnancy Support Guide" was released. The sessions were Fertility Preservation in Women, Pregnant Mothers and Unborn Bill of Rights', 'Unsafe Abortions', Debate on "Patient safety in Obstetrics", and workshops on PPH Drill, Interventions of High risk Pregnancy, Pharmacology in Obstetrics and newborn resuscitation. There were a total of 159 participants consisting of staff nurses, teaching faculty and undergraduate and post graduate students of Colleges and Schools of nursing from Mysore, Honnavar, Mandya, Manipal and Mangalore. The workshop is credited by Karnataka Nursing Council with 8hrs.

Results:

Batch	Distinction (%)	First Class (%)	Second Class (%)	Fail (%)	Total
PBBSc.N	13	83	4	0	100
BSc N	22	74	0	4	100
MSc.N Iyear	0	50	50	0	100
MSc.N Ilyear	66	17	0	17	100



Facilities:

- **Departmental Library (till date)**

Sl.no	Items	Count
1.	Textbook	108
2.	Dictionaries	16
3.	Question paper files	
4.	General Textbooks & journals OBG related	20
5.	Modules	12
6.	Term papers	28
7.	Manuals	9
8.	Project	01
9.	Monograms	08
10.	Record books	13
11.	Thesis / Dissertations	33
Total		248

Other Activities:

1. Mrs. Shoba and Mrs Reena Frank are trainers for Simulation Skill Lab
2. Ms. Darryl rendering service as Deputy Chief Nursing Officer
3. Ms. Darryl is the reviewer of the Muller scientific journal.
4. Mrs. Reena and Mrs. Pramila are the members of Scientific Review Board of the Yenepoya CON.

Awards:

1. Bester Poster Award is received by Precilla D'Silva & Shoba Xavier State Level Conference "QualitasFiducia" organized by the Laxmi Memorial College of Nursing at Mangaluru on June 2017.

Poster presentation

2. Client satisfaction and preferences towards non-verbal communication among health care providers presented in the international conference held January 2018.- Precilla D Silva

Funded Research Projects (Faculty) ongoing

1. A correlation study between dietary pattern and polycystic ovarian disease among women in a selected hospital at Mangalore. (RGUHS funds).

Publications:

1. Ms Darryl Monica SerafineAranha. A Comparative Study On Knowledge And Attitude Regarding Teenage Pregnancy Among P\Re Degree Students In Selected College Of Mangaluru. INDIAN JOURNAL OF APPLIED RESEARCH .2017:Volume-7(11). | ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96.

A Study On The Knowledge, Attitude And Demand Of Labour Pain Relief Techniques Among Antenatal Women In A Selected Hospital At Mangaluru With A View To Prepare A Concept Map.International Journal of Health Sciences and Research :2017:Vol. 7(11)

A Study On The Attitude Of Gender Preference And Female Feticide Among Women In Selected Settings At Mangaluru. International Journal of Health Sciences and Research .2017;Vol. 7(11).

2. Dr. Savitha PramildaCutinho. A Study On Frequency Of High Risk Pregnancy Among The Women With A View To Develop a Protocol On Nursing Management Of High Risk Pregnancy In Selected Hospital at Mangaluru. INDIAN JOURNAL OF APPLIED RESEARCH .2017:Volume-7(11). ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

Study On Knowledge And Practice On Maternal Bed sharing Among Mothers In A Selected Hospital at Mangaluru. INDIAN JOURNAL OF APPLIED RESEARCH.2017; Volume-7(11) ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

Effectiveness Of Music Therapy On Labour Pain During First Stage Of Labour Among The Intranatal Women In A Selected Hospital, Mangaluru. INDIAN JOURNAL OF APPLIED RESEARCH.2017; Volume-7(11).ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

A Study On Perception Of Nursing Support During Labour Among The Postnatal Women Of Selected Hospital at Mangaluru. INDIAN JOURNAL OF APPLIED RESEARCH.2017;Volume-7(11). ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

3. Ms. Precilla D'Silva .Astudy to assess the Knoweldge of registered nurses regarding bioethics in selcted settings Mangalore.Manipal Journal of Nursing and health Sciences.July 2017,vol.3(2).50-54.

PEDIATRIC NURSING

I. Faculty in Department

Name	Qualification	Designation	Years of experience
Ms Seema S Chavan	M Sc (N)	HOD / Associate Professor	9 years
Mrs Priya Janifer Fernandes	M Sc (N)	Assistant Professor	7 years
Mrs Wilma Shalini Noronha	M Sc (N)	Assistant Professor	7 years
Sr Janet D' Souza	M Sc (N)	Assistant Professor	5 years
Mr Manoj P S	M Sc (N)	Lecturer	8 years
Mrs Sandra Saldhana	M Sc (N)	Lecturer	7 years
Mrs Neeta Priyanka John	M Sc (N)	Lecturer	6 years
Mrs Arokia Benita David	M Sc (N)	Lecturer	3 years

II. Staff Achievement

1) Ms Seema Chavan

- Won the **best thesis award** on April 8th 2017 for a study on Problems and problem solving strategy of mothers of children with cancer in selected hospitals at Mangalore authored by Sr Rincymol Thomas & Guided by Ms Seema Chavan
- Won best paper award** titled "Quality of life , lived experiences and mothers felt need of children diagnosed with cancer in a selected hospital mangalore -a pilot study report" under Dr B Shanthran Baliga National level oral paper presentation at Mangalore PEDICON and MR Shenoy oration -2018 ; annual state level conference by INDIAN ACADEMY OF PEDIATRICS , DK branch held on 24th and 25th march 2018 , Yenepoya medical college, Mangalore.
- Won the **best thesis award** on March 13th 2018 for a study on Lived experience & quality of life of primary care givers of autistic children with a view to give a teaching program on care of autistic children in a selected autistic centres in Mangalore authored by Ms Frenita D'souza & Guided by Ms Seema Chavan

III. Activities (Research, Outreach programs , Conferences)

1. Ms Seema S Chavan (HOD / Associate Professor)

Research Projects (UG) ongoing

A study on knowledge regarding ill-effect of high healed footwear among females in a selected institution , Mangalore

Research Projects (PG) ongoing

Lived experience & quality of life of primary care givers of thalessemia children in a selected autistic centres in Mangalore

Funded Research Projects (Faculty) ongoing

Principal investigator on a research project funded by RGUHS on "quality of life & lived experience of mothers and their felt needs of children diagnosed with cancer in a selected hospital in Mangalore."

Non funded Research Projects (Faculty) ongoing

1. Principal investigator on a departmental research project on "A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore"
2. Principal investigator on an interinstitutional research project on "Prevalence of obesity and measurement of the blood pressure, body mass index and self reported problems among obese children in selected schools at Mangalore."

Conferences / workshops attended

1. Attended BLS training in Father Muller simulation and skill centre on 29th May 2017
2. Attended national conference on envisioning - creating the future in Father Muller College of Nursing on 3rd June 2017
3. Attended PALS training in Father Muller simulation and skill centre on 5th June 2017
4. Attended CNE on sample size calculation in Father Muller College of Nursing on 10th June 2017
5. Attended policies and SOP of ethics committee and informed consent process conducted by FMMCIEC on 6th and 9th March 2018.
6. Attended Mangalore PEDICON and MR Shenoy oration -2018 ; annual state level conference by INDIAN ACADEMY OF PEDIATRICS , DK branch in Yenepoya medical college on 24th & 25th March 2018

Conferences / workshops organised

1. Organized guest lecture on Thalassemia on 28th April 2017
2. Organized CNE on SPSS on 22nd December 2017
3. Organized guest lecture on Pediatric Bioethics on 18th January 2018
4. Organised a National conference on Critical care nursing on 19th & 20th January 2018

Resource persons & presentations of paper/ poster

1. Chairperson for National conference on critical care nursing at FMCON held on 19th and 20th Jan 2018.
2. Presented a paper in National conference on Critical care nursing titled Impact of mobile phone usage on life of academic nursing on 19th & 20th January 2018 in father muller college of nursing
3. Presented a paper National level oral paper presentation at Mangalore PEDICON and MR Shenoy oration -2018 ; annual state level conference by INDIAN ACADEMY OF PEDIATRICS , DK branch titled "Quality of life , lived experiences and mothers felt need of children diagnosed with cancer in a selected hospital mangalore -a pilot study report" in Yenepoya medical college on 24th & 25th March 2018

Extension Activities Organised

1. Community outreach Program on World Breastfeeding Day, 1st - 7th August 2017
2. Children's Day 14th November 2017

2 . Mrs Priya Janifer Fernandes

Activities :

Research Projects (PG) ongoing

Lived Experiences and Quality of life of caregivers of children with Thalassemia in selected hospitals at Mangalore

Research Projects (UG) ongoing

1. A study on mother's knowledge on lead poisoning in selected hospital at Mangalore.
2. A study on knowledge and beliefs about teething among mothers in selected hospital at Mangalore.
3. A study on Occurrence of malnutrition among children and attitude on weaning among mothers in selected hospital at Mangalore

Conferences attended:

1. Attended national conference on envisioning on 3rd July 2017 organised by Department of nursing administration of FMCON.
2. Attended national conference on critical care nursing on 19th and 20th January 2018 organized by Alumni Association of FMCON.

Extension Activities Organised

1. Community outreach Program on World Breastfeeding Day, 1st – 7th August 2017
2. Children's Day 2015 12th November 2017
3. Organized a TV program on Autism in observation of "World Autism Day"

3. Mrs Wilma Shalini Noronha

Research Projects (UG) ongoing

A Study on Knowledge And Practice Of Neonatal Hypothermia Among Postnatal Mothers In Selected Hospital Mangaluru.

Activities (Research, Outreach programs , Conferences)

Conferences / workshops organized

Organized National conference on critical care nursing held on 19 and 20th January, Father Muller College of nursing, Mangaluru

Resource persons & presentations of paper/ poster

Chairperson for National conference on critical care nursing at FMCON held on 19th and 20th Jan 2018.

Poster Presentations

1. A study to assess the risk factors of stress during pregnancy among antenatal women in a selected hospital at Mangaluru. 8th march 2017 National Workshop
2. A study on vaccine related knowledge among antenatal women in selected setting to prepare an informational booklet. 19 and 20th January, National conference on critical care nursing Father Muller college of nursing, Mangaluru.

Research publications

1. Breakfast eating habits and nutritional status of primary school children at the selected primary school in Mangaluru .Indian Journal of Applied Research. October -2017

2. Effectiveness of baby Massage on physiological jaundice in selected hospital Mangaluru. Indian Journal of Applied Research. October -2017

Conferences / workshops attended

1. Attended SPSS workshop held on 22.12.2017 Father Muller college of nursing , Mangaluru
2. Attended Retrieval of E – Resources held on 23rd February 2018, Father Muller college of nursing , Mangaluru
3. Attended Innovative teaching learning and evolution techniques held on 4th and 5th April 2018, Father Muller college of nursing , Mangaluru

CNE Organized and Attended

1. Organized Guest Lecture On Pediatric Bioethics Held On 18.01.2018 By Department Of Child Health Nursing Of Father Muller College Of Nursing, Mangaluru.
2. Attended policies and SOP of ethics committee and informed consent process conducted by FMMCIEC on 6th and 9th March 2018.

Extension Activities Organised

1. Community outreach Program on World Breastfeeding Day, 1st – 7th August 2017
2. Children's Day 14th November 2017

4. Sr Janet D' Souza

Conferences / workshops attended

1. Attended C.M.E on Nursing Etiquettes at Father Muller Medical College Hospital held on March 2017.
2. Attended conference on Dialysis Demystified 2017 at FMMCH held on 9th April 2017.
3. Attended CME on AML - Past, Present and Future at FMMCH held on 10th April 2017.
4. Attended workshop on wound care FMMCH held on 19th May 2017.
5. Attended workshop on Neonatal Care CPR at Father Muller Simulation Centre on 2nd June 2017.
6. Attended National conference on Envisioning creating the future at FMCON on June 3rd 2017.
7. Attended workshop on Paediatric CPR at Father Muller Simulation Centre on 5th June 2017.
8. Attended panel discussion on Attracting and Retaining nursing work force at FMMCH on June 14th 2017.
9. Attended national conference on Hic; sharing knowledge inducing change held on 16th June 2017 at FMMCH.
10. Attended workshop on Fire and Safety Emergency Service held on 11th and 12th September 2017.
11. Attended seminar on Quality: the Ladder for Success at KMC Hospital on 16th September 2017.
12. Attended conference on National Health Convention at Catholic Health Association of India at Kochi, Kerala held on 23rd and 24th September 2017.
13. Attended seminar on Ethical Concerns from the beginning of life to the end of life at FMMCH held on 26th October 2017.
14. Attended Guest lecture on Gender Sensitization at FMMCH held on 28th October 2017.
15. Participated on national conference on 2020 vision for the future of Nursing education at Trained nurses association of India at Bangalore on 3rd November 2017.
16. Attended Seminar on Mental health challenges changing measures, changing perspectives at FMMCH on 11th November 2017.

17. Attended workshop on Health in Diabetes woman's right at FMMCH on 14th November 2017.
18. Attended conference on National Bioethics at FMMCH on 21st and 22nd November 2017.
19. Attended National Conference on Critical care Nursing at FMCON held on 19th and 20th Jan 2018.
20. Attended guest lecture on Do harm -error. Team work and give health care at FMCON held on 1st Feb 2018.
21. Attended training programme on RNTCP Technical & Operational Guidelines 2016 at FMMCH held on 20th Feb 2018.
22. Attended Guest lecture on Paralytic Hand in Hansen's Disease at FMCON held on 31st Feb 2018.
23. Attended conference on International Global challenges in Health care at Manipal college of Nursing on 16th and 17th Feb 2018.
24. Attended CME on Continuing Surgical Education -2018 held on 25th Feb 2018 in FMMCH.
25. Attended workshop on Trauma Care at FMCH held on 4th March 2018.
26. Attended CME on Trauma Management and Critical Care at FMMCH held on 4th Feb 1018.

CNE Organized and Attended

1. Organized induction/orientation program to all newly joined staff in every month for 3 days till date, at FMMCH.
2. Organised CME on paediatric Bioethics at FMCON held on 18th Jan 2018.

Resource person & presentations of paper/ poster

1. Chairperson for National conference on critical care nursing at FMCON held on 19th and 20th Jan 2018.
2. Judge for the scientific paper on International Global challenges in Health care at Manipal college of Nursing held on 16th and 17th Feb 2018.
3. Resource person for Induction/Orientation program to all newly joined staffs in every month for 3 days till date, at FMMCH.

5. Mr Manoj P S

Research Projects (UG) ongoing

1. "A study on the knowledge of prospective parents towards cord blood banking at selected Hospital at Mangaluru".
2. "A study on the knowledge of prospective parents towards cord blood banking at selected Hospital at Mangaluru".

Conferences/workshops attended:

1. Workshop - 'Innovative Teaching Learning and Evaluation Techniques' on 4th and 5th April 2018
2. CNE - 'Effective teacher student relationship' on 06th April, 2018
3. Workshop on SPSS held on 28th March, 2018
4. National conference on 'critical care nursing' on 19th and 20th January, 2018
5. Panel discussion on 'Attracting and retaining nursing task force' on 14th June, 2017
6. CNE- 'Research update on sample size calculation' on 10th June, 2017
7. National conference on 'Envisioning, creating the future' on 3rd June, 2017

1. Guest lecture on 'Pediatric Bioethics', 18th January, 2018 organised by Department of Child Health Nursing.
2. Guest lecture on 'Thalassemia', 28th April, 2017 organised by Department of Child Health Nursing.

Extension Activities Organised

3. Community outreach Program on World Breastfeeding Day, 1st – 7th August 2017
4. Children's Day 14th November 2017

6. Mrs Sandra Saldhana

Research Projects (UG) ongoing

Risk assessment and preventive strategies for Deep Vein Thrombosis among patients admitted in Intensive Care Units (2017-18)

Research Projects (PG) ongoing

A study on knowledge and self reported practice regarding prevention of Sudden Infant Death Syndrome (SIDS) among postnatal mothers attending postnatal services with a view to develop an informational pamphlets in a selected hospital, Mangalore (2017- 18)

Research projects (faculty) ongoing

1. Effectiveness of SBAR technique in clinical communication among nurses. (Principal Investigator: Ms. Sandra J Saldanha, Co Investigator Ms. John Neeta Priyanka Ebnezar)

Conferences/workshops attended:

1. Workshop – 'Innovative Teaching Learning and Evaluation Techniques' on 4th and 5th April 2018
2. CNE – 'Effective teacher student relationship' on 06th April, 2018
3. Workshop on SPSS held on 28th March, 2018
4. National conference on 'critical care nursing' on 19th and 20th January, 2018
5. Panel discussion on 'Attracting and retaining nursing task force' on 14th June, 2017
6. CNE- 'Research update on sample size calculation' on 10th June, 2017
7. National conference on 'Envisioning, creating the future' on 3rd June, 2017

Research persons & presentations of paper/poster:

Poster presented on 'knowledge regarding complications of diabetes mellitus among diabetic patients' at National conference on critical care nursing on 19th and 20th January, 2018

Conferences/workshops organized:

1. Organised workshop on 'Retrieval of e – Resources', 23rd February 2018
2. Guest lecture on 'Pediatric Bioethics', 18th January, 2018 organised by Department of Child Health Nursing.
3. Guest lecture on 'Thalassemia', 28th April, 2017 organised by Department of Child Health Nursing.

Extension Activities Organised

1. Community outreach Program on World Breastfeeding Day, 1st – 7th August 2017
2. Children's Day 2015 12th November 2017

7. Ms. John Neeta Priyanka Ebnezar
Research Projects (UG) ongoing

A study on knowledge of fathers on neonatal care in a selected hospital at Mangaluru.(2017-18)

Research Projects (PG) ongoing

A study on knowledge and self reported practice regarding prevention of Sudden Infant Death Syndrome (SIDS) among postnatal mothers attending postnatal services with a view to develop an informational pamphlets in a selected hospital, Mangalore(2017- 18)

Research projects (faculty) ongoing

1. Effectiveness of SBAR technique in clinical communication among nurses. (Principal Investigator: Ms. Sandra J Saldanha, Co Investigator Ms. John Neeta Priyanka Ebnezar
2. A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore. Principal Investigator: Ms. Seema Chavan, Co investigators: Mr Manoj, Ms. John Neeta Priyanka Ebnezar, Mrs Anita

Conferences/workshops attended:

1. Workshop on SPSS held on 22.12.2017 at Father Muller College of Nursing , Mangaluru
2. Retrieval of e - Resources held on 23rd February 2018, Father Muller College of Nursing , Mangaluru

Conferences/workshops organized:

1. Workshop – Innovative Teaching Learning and Evaluation Techniques on 4th and 5th April 2018 organised by IQAC
2. A Talk on ‘Stress Management ‘on 16th March 2018 organised by IQAC.

Extension Activities Organised

1. Community outreach Program on World Breastfeeding Day,1st – 7th August 2017
2. Children’s Day 2015 12th November 2017

8. Ms Arokia Benita D

Research Projects (UG) ongoing

A study on the self- reported practice of insulin administration among patients with diabetes mellitus in a selected Hospital Mangalore.

Paper Presentation:

Effectiveness of Planned teaching programme on knowledge and attitude regarding corporal punishment on children among school teachers at selected schools in Bangalore on 20th January 2018 National Conference on Critical Care Nursing.

Conferences/workshops attended:

1. Retrieval of e - Resources held on 23rd February 2018, Father Muller College of Nursing, Mangaluru
2. Workshop on SPSS held on 28.03.2018 at Father Muller College of Nursing, Mangaluru
3. Workshop on IMNCI organised by the -District Health and family welfare department, Wenlock District Hospital, Mangalore on 23.03.2018
4. National conference on Envisioning and creating the future on 3rd June 2017
5. National Conference on critical care nursing on 19th and 20th January 2018

Extension Activities Organised

1. Community outreach Program on World Breastfeeding Day, 1st - 7th August 2017
2. Children's Day 14th November 2017

IV. Statistics**1ST YR Pbbsc (N) - UNIVERSITY RESULTS Batch (2016)**

Total numbers of students appeared for examination	Distinction		First class		Second class		Failures	
	Frequency	%	Frequency	%	Frequency	%	Frequency	%
23								
	6	23.09%	16	69.57%	1	4.35%	0	0

IIIyr BSc (N) - UNIVERSITY RESULTS Batch (2016)

Total numbers of students appeared for examination	Distinction		First class		Second class		Failures	
	Frequency	%	Frequency	%	f	%	Frequency	%
98								
	25	25.5%	63	64.3%	4	4.1%	6	6.1%

I yr MSc (N) UNIVERSITY RESULTS Batch (2016)

No of students appeared for exam	Distinction		First class		Second class		Failures	
	f	%	f	%	f	%	f	%
1	1	100	0	00	0	0	0	0

II yr MSc(N) UNIVERSITY RESULTS Batch (2016)

no of students appeared for exam	Distinction		First class		Second class		Failures	
	f	%	f	%	f	%	f	%
4	2	50	2	50	0	0	0	0

Conference /Seminar/Symposium/Workshops/FDPs Organized by department :

1. Organized guest lecture on Thalassemia on 28th April 2017
2. Organized guest lecture on Pediatric Bioethics on 18th January 2018

No of Conference /Seminar/Symposium/Workshops/FDPs Participated/
Organized by department faculty = 2

No of department faculty as Resource persons / Chairing the session = 5

Total No of Poster presented by department faculty = 3

Total No of Scientific Paper Presented by department faculty = 4

Total Publications of department by department faculty = 2

Extension Activities Organised by Department - 2

1. Community outreach Program on World Breastfeeding Day, 1st - 7th August 2016
2. Children's Day 2015 12th November 2016
3. Organized a TV program on Autism in observation of "World Autism Day

V. Facilities

Learning resource in Clinical

- Examination cubicles -5
- CGC-1
- Rehabilitation clinic-1
- Immunization room-1
- Case demonstration room-1
- Well equipped PICU /NICU

Learning resources

- Text Books-124
- Journal-2
- Term paper-4
- Informational Booklet-9
- Self instructional Module -9
- Monograph-32
- Central Library - Text Books-413
- Central Library - Journal- 4
- E journal- 10
- Pediatric Laboratory CPR Manikin -2
- Simulation laboratory-1
- Flash cards -5
- Flip Charts -92
- Models-5
- Charts-22
- CD-10

Department research activities

	Ongoing	Completed	Total
Projects - UG	10	12	22
PG Dissertation	2	5	7
Any other			
1. ICMR		1	
2. Department	3	1	
3. Inter department	1		
4. RGUHS	1		
Total	17	19	29

MENTAL HEALTH NURSING

Faculty of the department

Name	Qualification	Designation	Years of Experience
Prof. Agnes E J	M Sc (N)	HOD& NS	17 years
Ms Binsha Pappachan C	M Sc (N)	Associate Prof&NQC	9 years
Mr Shajan Xaviour	M Sc (N)	Asst Prof & NQC	8 years
Mr Rajeeve Mathew	M Sc (N)	Asst Prof & NQC	7 years
Ms Lejomol	M Sc (N)	Lecturer&NQC	6 years
Mrs Diana Preema Cutinha	M Sc (N)	Lecturer & NQC	1 year

Mrs Lavina Rodrigues	M Sc (N)	Lecturer & NQC	3 years
Mrs Joyce Fernandes	M Sc (N)	Lecturer & NQC	2 years
Ms Sabeena MTP	M Sc (N)	Lecturer & NQC	3 months
Ms Saritha Pereira	M Sc (N)	(ANS)	2 years
Mr Jithin PC	M Sc (N)	(ANS)	1 year

Departmental Activities

12. Department of Mental Health Nursing, FMCON observed the world No Tobacco Day on May 31st 2017 and 1st June 2017. A quiz competition for the staff nurses of Father Muller Mental Health Centre and students of Father Muller College of Nursing was conducted and winners were awarded. As a part of the day 3rd year BSc Nursing displayed the posters in OPD on the theme Tobacco: A threat to development. A health talk was organized for the patients and family members of Father Muller Mental Health Centre on the theme in Kannada and Malayalam.
13. Department of MHN, FMCON observed the International Day against Drug Abuse and Illicit Trafficking on June 20th 2017 through School Health Program, which was conducted for the high school children of Padua High school on the theme "Listen First". A health talk on Gender Education was given separately for both boys and girls.
14. The Department of Mental Health Nursing along with III BSc Nursing students organized a Christmas programme for the patients in General Psychiatry ward on 19th December 2017 at 3:00pm.
15. Department of Mental Health Nursing, Father Muller College of nursing observed the World Mental Health Day on 14th October 2017 in Rajath Bhavan, FMCON at 10.30 am. As a part of the day a guest lecture was organized on the theme "Mental Health in Work Place". Mrs Mamtha Bhandary, Counsellor, K.S.Hegde Medical Academy was the resource person.
16. Participated in the activities of the Satellite clinic at Katipalla along with the team of psychiatrists every first Monday of the month

Staff achievements

1 Prof. Agnes E J

1. Published an original research article 'Quality of life of Breast cancer survivors who had undergone mastectomy' in International journal of Oncological Nursing 2018; 4(1): 1-6 (as co- author)
2. Member of editorial board of International journal of Nursing Science Practice and Research from Jan 2016
3. Reviewer for the Journal of Nursing Research Society of India from July 2016
4. Attended and chaired the session 'Community Based Rehabilitation' by Dr P V Bhandary in the CME on 'Mental Health Challenges: Changing measures, changing perspectives' conducted by Dept of Community Medicine, FMCC on 11th Nov 2017
5. Resource person for the course orientation programme for nursing students on the topic "Time management and study habits" held on 20/09/2017 in FMCON
6. Attended and presented a research paper 'Attitude of nursing students towards the end of life care' in the national conference on HIC: Sharing knowledge

- inducing change conducted by Dept of Medical surgical nursing, FMCON on 16th June 2017
7. Resource person for the Open Forum Interface on 'Academic Issues Versus Quality Enhancement' conducted by FMCON on 16.05.17
 8. Organized and participated in a workshop on 'Innovative teaching, learning and evaluation techniques' conducted by IQAC on 4.04.2018 & 05.04.2018
 9. Attended a guest lecture on 'Effective teacher student relationship' conducted by SDP of FMCON on 06.04.2018
 10. Attended a workshop on 'SPSS' conducted by Research committee of FMCON on 28.3.2018
 11. Attended a workshop on 'Retrieval of e-resources' conducted by Research committee of FMCON on 23.2.2018
 12. Attended a pre-conference workshop of Dermazone South & Cuticon Karnataka 2017 on 'How to publish' conducted at FMMC on 21/10/2017
 13. Attended a guest lecture on 'Developing competitive research proposals' organized by Research Coordination committee of FMCI on 7th October 2017
 14. Attended a guest lecture on 'Research directions for future' organized by Research Coordination committee of FMCI on 16th September 2017
 15. Attended the national conference on 'Informatics' conducted by Laxmi CON on 31st July 2017 (KNC Credit hrs: 8)
 16. Attended a training programme on 'Communication and soft skills' conducted by Alumni association of FMCON on 8th July 2017
 17. Attended a panel discussion on 'Attracting and retaining nursing workforce' conducted by Dept of Community health nursing, FMCON on 14th June 2017
 18. Organized and attended the national conference on 'Envisioning: Creating the future' conducted by Dept of Nursing Administration, FMCON on 3rd June 2017 (TNAI- KSB Credit hrs: 6)
 19. Attended a guest lecture on 'Thalassemia' conducted by Dept of Pediatric Nursing, FMCON on 28th April 2017

2 Ms Binsha Pappachan C, Associate Professor

1. Published an original research article on Appraisal of care giving among spouses of patients with psychotic illness. Paripex-Indian Journal of Research Vol-6/Issue-10/ October 2017 Page 76-77.(ISSN-2250-1991, IF:5.761, IC Value:79.96)
2. Presented a scientific paper on "Appraisal of care giving among spouses of patients with psychotic illness." In a National level conference 'HIC: Sharing knowledge and inducing change at Father Muller College of Nursing, Mangaluru on 16th June 2017.
3. Presented a scientific paper on "a systematic review on the quality of life among breast cancer patients" at the national conference on critical care at father Muller College of Nursing on 19th & 20th January 2018
4. Attended a regional conference on 'Depression Let's Talk' organized by A.J.Institute of Medical Sciences in collaboration with Laxmi Memorial College of nursing on 5th April 2017.
5. Attended a national conference on "envisioning, creating the future" at Father Muller College of Nursing on 3rd June 2017
6. Attended a workshop on Research Update on sample size at Father Muller College of Nursing on 10/06/2017
7. Attended a national conference on HIC: Sharing knowledge inducing change, at Father Muller College of Nursing on 16th June 2017 with 6 credit hours from TNAI-KSB

8. Attended an International Colloquium on Ethics in Nursing at Yenepoya college of Nursing, Deralakatte on 14th November 2017
9. Organized and attended a National level conference on "Critical care Nursing" on 19th & 20th January 2018
10. Attended a workshop on Retrieval of e-resources at Father Muller College of Nursing on 23/02/2018
11. Attended a workshop on Innovative teaching learning and evaluation techniques at Father Muller College of Nursing on 4th & 5th April 2018
12. Attended a workshop on Effective teacher student relationship at Father Muller College of Nursing on 06/04/2018

3 Mr Shajan Xaviour, Asst Professor

1. Published a research paper on quality of follow up services after hospitalization for schizophrenia clients from selected hospitals at Mangaluru. Published in Indian Journal of Applied Research. Volume -7, issue-11, November 2017. ISSN-2249-555X, IF 4.89, IC value 79.96
2. Attended SPSS workshop held on 22.12.2017 at syndicate hall organized by Father Muller College of Nursing
3. Attended workshop on 'Retrieval of E-Resources held on 23.02.2018 organized by Father Muller College of Nursing.
4. Attended a workshop on 4 and 5 th April 2018 on Innovative teaching learning and evaluation organized by IQAC and SDP cell of Father Muller College of Nursing.
5. Organised and attended a workshop on effective teacher student relationship on 6/April /2018 organised by SDP Father Muller College of nursing.
6. Attended a seminar on paediatric thyroid disorders and its management organized by child health nursing department of Father Muller College of Nursing on 19 April 2018.

4 Rajeeve Mathew, Asst Professor

1. Published a research paper on a study to identify the abnormal eating behaviors among adolescents in selected colleges at Mangaluru. Vol.6, Issue - 10, October -2017, P.517-519 ,IF: 5.761 (Paripex-Indian Journal of Research)
2. Published a research paper on the knowledge regarding the handling of sharps among health care personal in selected hospital, Mangalore (IJHSR, Vol.8, Issue 5, May 2018)
3. Published a research paper on Knowledge on Early Warning signs and management of mental illness among care givers of people with mental illness in a selected hospital at Mangaluru. (Asian Journal of Nursing Education and Research)
4. Presented a scientific paper on the knowledge regarding the handling of sharps among health care personal in selected hospital, Mangalore in a National Conference on 19th January 2018, Mangalore
5. Presented a scientific paper on Quality of life of caregivers of patients with psychiatric disorders in National Conference on 03/06/2017, Mangalore
6. Presented a scientific paper on Abnormal eating Behaviours among adolescents in a National Conference on 16/06/2017, Mangalore
7. Scientific poster presented on Hospital Informatics in a National conference on 31ST July 2017, Mangalore
8. Resource Person for the Course orientation programme and delivered a talk on the topic Stress management, held on 19.09.2017

9. Resource person for the World No Tobacco Day Programme organized by Dept.of Mental health nursing, FMCON on 01/06/2017
10. Resource person for the stress management programme organized by Laxmi memorial institute of nursing sciences on 05/09/201

5 Ms Lejomol Abraham, Lecturer

1. Published a research paper on study on functional ability of bladder among menopausal women in a selected setting of Mangaluru. International Journal of scientific research. Volume 7, Issue 1, January 2018. IF 4.176
2. Done a scientific paper presentation on student nurses opportunity to perform advanced nursing procedure in clinical practice area in a national conference on informatics (Engaging, Enabling, & empowering in digital health) organised by Laxmi Memorial College of nursing, Mangaluru
3. Organised a national conference on envisioning Creating the future on June 3rd 2017 in Father Muller College of Nursing
4. Organised a one day workshop on retrieval of e-resources on 23rd February 2018 in Father Muller College of Nursing
5. Attended A regional conference on Depression Let's Talk on 5th April 2017 Organised by Laxmi Memorial College of Nursing Mangaluru
6. Attended A national conference on envisioning Creating the future on June 3rd 2017 in Father Muller College of Nursing
7. Attended National conference on sharing knowledge inducing change on 16th June 2017 in Father Muller College of Nursing
8. Attended A workshop on communication and soft skill training on 8th July 2017 in Father Muller College of Nursing
9. Attended A national conference on informatics (Engaging, Enabling, & empowering in digital health) organised by Laxmi Memorial College of nursing, Mangaluru
10. Attended A national conference on critical care nursing on 19th and 20th January 2018 at Father Muller College of Nursing
11. Attended A one day workshop on retrieval of e-resources on 23rd February 2018 in Father Muller College of Nursing

6. Mrs.Diana Preema Cutinha, Lecturer

1. Published a research paper on Quality of life of the breast cancer survivors who have undergone mastectomy in selected hospital Mangalore. International Journal of Oncological Nursing January (2018); 4 (1):1-6
2. Participated CME program organized by the Indian Psychiatric Society On Clinical Advances in Therapeutic Psychiatry on 15th and 16th July 2017.
3. Participated workshop on research update on samples on 10.06.2017 by the FMCON.
4. Attended National conference organized by the Department of medical surgical Nursing on 16th July 2017 on the topic of "HIC sharing knowledge inducing change".
5. Participated in CME Program organized by the Department of community medicine on "mental health challenges changing measures, changing perspectives on 11.11.2017.
6. Attended Guest Lecture conducted by the Pediatric Nursing Department on Paediatric bioethics on 18.01.2018.
7. Participated National Conference on Critical Care Nursing held on 19th and 20th January organized by the Alumni association of FMCON
8. Attended SPSS workshop conducted by the FMCON on 22.12.2017

9. Resource person for the World No Tobacco Day Programme organized by Dept.of Mental health nursing,FMCON on 01/06/2017
10. Resource person for the stress management programme organized by Laxmi memorial institute of nursing sciences on 05/09/201

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7. Participated National Conference on Critical Care Nursing held on 19th and 20th January organized by the Alumni association of FMCON
8. Attended SPSS workshop conducted by the FMCON on 22.12.2017

9. Participated workshop on retrieval of e-resources on 23.2.2018 Organized by the FMCON

7. Mrs Lavina Rodrigues, Lecturer, Lecturer

1. Published a research paper on A descriptive study to assess the knowledge regarding Autism Spectrum Disorder among the teachers of selected primary schools at Mangaluru with a view to develop an information booklet. Asian J. Nur.Edu.and Research. Oct-Dec 2017; 7(4): 491-494.
2. Attended a CME on 'Mental health challenges, changing measures, changing perspectives' held on 11.11.2017 organised by Department of Community Medicine, FMCI
3. Attended 'SPSS workshop' held on 22.12.2017 at syndicate hall organised by Father Muller College of Nursing
4. Attended a national conference on 'Critical care nursing' held on 19.01.2018 and 20.01.2018 organised by Alumni association at Father Muller College of Nursing
5. Attended a workshop on 'Retrieval of E-Resources' held on 23.02.2018 organised by Father Muller College of Nursing
6. Attended a workshop on ' Research methodology' held on 23.03.2018 organised by Rajiv Gandhi University of Health Sciences, Bangalore

8. Mrs Joyce Fernandes, Lecturer

1. Published a research paper on Relationship between Blood Glucose Level and Depressive Symptoms among Antenatal Woman in Selected Hospitals at Mangalore" International journal of nursing education, 2017: 9(3):95-98
2. Attended CME on Mental health challenges changing measures, changing perspectives held on 11/11/2017 at Father Muller Medical College
3. Attended Workshop on SPSS held on 22/12/2017 at Father Muller College of Nursing
4. Attended National Conference on Critical Care nursing held on 19/01/2018 and 20/01/2018 at Father Muller College of nursing
5. Attended Workshop on Innovative Teaching Learning and Evaluation Techniques held on 04/04/2018 and 05/04/2018 at Father Muller College of Nursing

9. Mrs Sabeena MTP, Lecturer

1. Attended National conference on critical care nursing held on 19th and 20th January, 2018 at Father Muller College of nursing
2. Attended Guest lecturer on paediatric bioethics held on 18/01/2018 at Father Muller college of nursing
3. Attended Training program on policies and sop of ethics committee and informed consent process held on 6th and 9th march, 2018 by FMCI
4. Attended Workshop on SPSS held on 22/12/2017 at Father Muller College of Nursing
5. Attended Workshop on Innovative Teaching Learning and Evaluation Techniques held on 04/04/2018 and 05/04/2018 at Father Muller College of Nursing
6. Attended Workshop on retrieval of e resources held on 23/02/18 by Father Muller College of Nursing
7. Attended Seminar on paediatric hypo and hyperthyrodism held on 19/04/2018 organized by paediatric department.

10. Mrs Saritha Pereira, ANS

1. Conducted training programmes for hospital aid staffs.
2. Conducted orientation programme for visiting college students.
3. Involved in staff evaluation programme for staff nurses.
4. Attended one day regional conference on "Depression Let's Talk" on 5th April 2017, in A J Institute of Medical Sciences.
5. Participated in "Wound Care Workshop" on 19.05.2017 at FMMCH.
6. Resource person/organiser/Panelist for the Panel discussion on Avoice to lead- Achieving the SDG's on 3rd,4th and 9th May 2017 at FMMCH.
7. Resource person for the School Health Program organized by Department of mental Health Nursing, FMCON, held on 20.06.2017 on Gender Education.
8. Attended National Conference on HIC: Sharing Knowledge Inducing Change held on 16th June 2017 at FMCI.
9. Attended training Program on "Communication and Soft Skills" held on 8th July 2017 at FMMCH.
10. Attended PG CME on Clinical Advances in Therapeutic psychiatry, held on 15th and 16th July 2017 at FMMC.
11. Resource person for the Induction Program on Nurses assessment of patients held on 29th August 2017 at FMMCH.
12. Participated as a delegate for the Seminar on Quality: The Ladder for Success held on 16th September 2017 at TMA Pai Convention centre, Mangalore.
13. Participated in the workshop Health in Diabetes- Every Woman's Right, held on 14th November 2017 at FMMCH.
14. Conducted Induction program on NABH Protocols held on 21.09.2017 at FMMCH.
15. Conducted Induction program on medicine Administration held on 25.10.2017 at FMMCH.
16. Participated in the CME on Mental Health Challenges Changing Measures, Changing Perspectives held on 11.11.2017 at FMMCH.
17. Participated on Regional Conference on Pastoral care in Nursing from 23rd to 26th November 2017 at St. John's Medical College Hospital, Bangalore.
18. Conducted Nursing Induction Program on Injection Administration and Infusions held on 16th Jan 2018 at FMMCH
19. Conducted Nursing Induction Program on Vulnerable patients and Restraints held on 17th Jan 2018 at FMMCH.
20. Participated in National Conference on Critical Care Nursing held on 19th and 20th Jan 2018 at FMMCH.
21. Conducted Nursing Induction Program on Narcotic Policy held on 22nd Feb 2018 at FMMCH.
22. Conducted Nursing Induction Program on Admission and Discharge Procedure held on 21st March 2018 at FMMCH.
23. Conducted Nursing Induction Program on nursing Assessment forms and Documentation held on 23rd March 2018 at FMMCH.

11. Mr Jithin PC, ANS

1. Attended National conference on critical care nursing held on 19th and 20th January, 2018 at Father Muller College of nursing.
2. Attended CME on Mental health challenges changing measures, changing perspectives held on 11/11/2017 at Father Muller Medical College.
3. Resource person for the Induction programme for nurses on topic vital signs on 25-08-2017 at FMMCH.
4. Resource person for the Induction programme for nurses on topic, restraints and vulnerable patients on 22-02-2018 at FMMCH.
5. Resource person for the induction programme for nurses on topic input output chart.
6. Resource person for the induction programme for nurses on topic catherization.
7. Resource person for the induction programme for nurses on topic, hot and cold application on 22-03-2018 at FMMCH.
8. Resource person for the. Induction programme for nurses on topic, admission and discharge procedure.

Facilities

- Father Muller Mental Health Center (General psychiatry, family psychiatry and De-addiction wards) with 178 beds for the clinical learning of the UG & PG students
- Departmental library with 137 books

University examination results 2016-17

Pass percentage of students in RGUHS examination			
Program name	Number of students appeared	Number of students passed	Pass (%)
II M.Sc (N)	5	5	100
I M.Sc (N)	3	3	100
II P.B.BSc	40	39	97.5
III B.Sc	98	92	93.87

NURSING FOUNDATION AND NUTRITION

Faculty of the department

Name	Qualification	Designation	Years of Experience
Sr. Deepa Peter	M Sc (N)	HOD & DNS	8 years
Mrs Shwetha Rashmi	M Sc (N)	Lecturer & Ward Supervisor	8 years
Mrs. Viola D'Souza	B Sc (N)	Asst lecturer & clinical instructor	4 years
Mrs Shanthi Shaurn Pereira	B Sc (N)	Asst Lecturer & clinical instructor	3 years
Mrs Asha Varghese	B Sc (N)	Asst Lecturer & clinical instructor	1 years

Departmental Activities

1. Organized a **health education programme on world malaria day** on 22nd April 2017
2. Observed **International yoga day** on 23rd May 2017
3. Observed **Anti tobacco Day on 31st May 2017** : A radio talk was given on the topic.
4. Celebrated **National Nutrition week in collaboration with Dietary department** at Father Muller hospital on 1st to 3rd September 2017.
5. Organized **course inauguration** programme of BSc , PBBSc, MSc Nursing course on 16th September 2017
6. Organized a **radio talk on Immunization on 10th November 2017**
7. Celebrated **Children's Day on 18th November 2017 in Pachanady village ,Vamanjoor**
8. Organized **Lamp lighting ceremony on 21st December 2017** for the First year GNM and BSc nursing students.
9. Celebrated **National youth Day on 20th January 2018** in PU college Belmatta.
10. Observed **World Cancer Day on 19.02.2018** at Ave Maria Palliative Care Unit Vamanjoor
11. Organized a radio talk on **world water day** on March 27th 2018

Departmental Research (on going)

A study on anxiety among the nursing students during the initial clinical experience .in a selected college at Mangaluru

Staff achievements

1. Sr Deepa Peter

Research Publications

- A study to assess the Knowledge of registered nurses regarding bioethics at selected settings, mangaluru, Manipal Journal of Nursing and health sciences July 2017 Volume 3 issue 2
- Breakfast eating habits and nutritional status of primary school children at the selected primary schools in mangaluru PARIPEX ISSN2250-1991/ October 2017 IF -5.761, IC value 79.96
- Effect of a continuous care model on sleep quality in patients with type 2 diabetes mellitus in a selected hospital at mangalore Indian Journal Of Applied Research ISSN No:2249-555x/ November 2017 IC VALUE:79.96/Impact factor 4.894

Paper presentation and other achievements

- Presented a paper on attitude of Nursing students on spirituality and spiritual care practice in selected colleges at Mangalore in National conference on Critical care Nursing organized by Alumni association in Fr Muller College of Nursing on 20/01/2018
- Resource person for open forum interface on academic issues vs quality enhancement at FMCON on 16/05/2017
- Participated in the poster competition on 'Envisioning –creating the future' national conference organized by the administration dept in collaboration with 2nd year MSc Nursing students at Fr Muller College of Nursing on 3/06/2017
- Organized a guest lecture on power of positive thinking on 15th July 2017
- Participated in the world breast feeding week celebration .2017
- Resource person for the orientation Programme on 'self discipline'
- Participated in SPSS workshop 22.12.2017
- Participated in a National conference on Critical care Nursing organized by Alumni association in Fr Muller College of Nursing on 19/01/2018 - 20/01/2018

- Participated at the state level workshop on press For progress : safe invitro to healthy invivo organized by dept of OBG Nursing , Fr Muller college of nursing on 8/03/2018
- Participated in the workshop on research methodology conducted by the Rajiv Gandhi university of Health sciences, Bangalore on 23/03/2018

2. Mrs Shwetha Rashmi

Research Publications

- Nancy Priya, Shwetha Rashmi MS. Effect of spiritual songs on the well being of clients diagnosed with cancer in selected hospital Mangaluru. Indian Journal of applied research.2018
- Ms Mercy Zonunsiami, Ms Darryl Monica Serafine Aranha, Mrs.Shwetha Rashmi M S. A Study on the .Attitude of Gender Preference and Female Feticide among Women in Selected Settings at Mangaluru. International Journal of Health Sciences and Research (IJHSR)P. 104-113

Awards

Won first prize on poster competition conducted at the National conference on HIC at Fr Muller college of Nursing

Other achievements

- Organized a guest lecture on power of positive thinking on 15th July 2017
- Resource person for Induction skill Training programme for nurses on 30th August 2017 Father Muller Simulation and Skill Centre.
- Participated in SPSS workshop 22.12.2017
- Participated in the International health conference on human ultrasound simulation 16th-18th Feb 2018 in Father Muller Simulation and Skill Centre

3. Mrs Viola D'Souza

- Resource person for open forum interface on academic issues vs quality enhancement at FMCON on 16/05/2017
- Organized radio programme on smoking and its ill effects on anti-tobacco day on 31/05/2017

- Participated a talk on Health and forgiveness on 28/08/2017
- Participated in a National conference on Critical care Nursing organized by Alumni association in Fr Muller College of Nursing on 19/01/2018 - 20/01/2018
- Participated in SPSS workshop

4. Mrs Shanthi Sharun Pierera

- Participated in a National conference on Critical care Nursing organized by Alumni association in Fr Muller College of Nursing on 19/01/2018 - 20/01/2018
- Participated a talk on Health and forgiveness on 28/08/2017

5. Mrs Asha Varghese

- Organized a guest lecture on power of positive thinking on 15th July 2017
- Participated a talk on Health and forgiveness on 28/08/2017

Other conferences and workshops attended/organized by the faculty of department :

- **Sr Deepa Peter, Mrs Shwetha Rashmi, Mrs Viola, Mrs Shanthi sharun and Mrs Asha Varghese** attended CPR training conducted by Father Muller simulation and skill centre on 29/5/2017
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Mrs Viola, Mrs Shanthi sharun and Mrs Asha Varghese:** Participated in the talk on Research update on sample size June 2017
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Mrs Viola, Mrs Shanthi sharun and Mrs Asha Varghese** :organised National nutrition week celebration on 6th September 2017
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Mrs Viola, Mrs Shanthi sharun and Mrs Asha Varghese** attended a guest lecture on stress management in work place on 14/10/2017

- **Sr Deepa Peter, Mrs Shwetha Rashmi, Ms Shanthi sharun , Mrs Viola and Mrs Asha** organised a seminar on policies and protocol of NABH standards on 04/01/2018
- **Mrs Shwetha Rashmi, Mrs Viola, Mrs Shanthi sharun and Mrs Asha Varghese** Attended a guest lecture on pediatric bioethics by the faculty of pediatric Nursing on 18/01/2018
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Mrs Shanthi sharun , and Mrs Viola** Participated a workshop on Retrival of e-Resources organized by the research dept of FMCON on 23/02/2018
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Mrs Shanthi sharun , and Mrs Viola** participated in the orientation on policies and SOP OF Ethics committee and informed consent process “ conducted by FMMCIEC on 9/03/2018
- **Sr Deepa Peter, Mrs Shwetha Rashmi, Ms Shanthi sharun and Mrs Viola** participated in the workshop on innovative teaching learning and evaluation techniques conducted by IQAC of FMCON on 4/04/2018 to 5/04/2018
- **Sr Deepa Peter, Mrs Shwetha Rashmi, and Mrs Viola** participated in the seminar on Effective teacher student relationship conducted by FMCON on 6/04/2018

UNIVERSITY RESULTS:

YEAR	BATCH	SUBJECTS	PASS %
2016-17	I PBBS	Nutrition	100
	I BSc nursing	Nursing foundation	100
		Nutrition	95%

FACILITIES AVAILABLE IN THE DEPARTMENT

- **Departmental Library:**

The departmental library consists of 121 books of Nursing Foundation, 44 books of nutrition and 98 reference books are available and it is utilized by both staff and students.

- **Nursing Foundation Laboratory :**

It is well equipped with all the needed articles to demonstrate procedures and the students develop their initial skills before they are sent to the clinical.

- **Nutrition lab :** It is equipped adequately with all the equipments like cooking gas cylinder, refrigerator and utensils etc

REPORTS OF SUB-DEPARTMENTS

ADVANCED NURSING PRACTICE

Sl.No	Faculty	Qualification	Designation	Years of Experience
1	Mrs. Sonia Dsouza	M Sc (N)	Associate professor &HOD	8 years
2	Ms. Sonia Sequeira	M Sc (N)	Assistant professor	4 years
3	Mr. Manoj	M Sc (N)	Lecturer	7 years
4	Mrs. Neetha priyanka	M Sc (N)	Lecturer	6 years
5	Ms. Precilla Dsilva	M Sc (N)	Lecturer	4 years
6	Mrs. Jubee	M Sc (N)	Lecturer	1 year
7	Mrs. Hazil Sequeira	M Sc (N)	Lecturer	3 years

ACHIEVEMENTS OF STAFF - are listed in the main department University results

Batch	Number of students appeared		Number of student passed		Distinction		I class		II class		Failed	
	f	%	f	%	f	%	F	%	F	%	F	%
I MSc ANP	7	100	7	100	1	10	6	90	-	-	-	-
Ist PPBSC Nsg Foundation	23	100	23	100	5	22	15	65	3	13		

FACILITIES

- **Fundamentals of nursing lab with equipment's for advanced nursing procedures like :**
 - Cardiac monitor
 - IV arm
 - Infusion pump
 - Crash Cart
 - Defibrillator
- **Basic and advance clinical facilities available in the hospital**
- **Father Muller simulation Lab and skill centre**
- The books provided to dept of advance nursing practice are handed over to the departmental library of nursing foundations.

NURSING EDUCATION

Philosophy:

We believe that it is education that moulds the personality of individual learners and that a strong foundation of theory, opportunities for guided practice of teaching and ongoing mentorship of teacher helps to make every student nurse grow into a mature professional nurse who can handle teaching and learning better in their practice areas.

Objectives:

- To motivate learner for engaging in lifelong learning
- To make every learner an excellent teacher in classroom and practice areas
- To provide opportunities for the practice of the teaching skills of learners
- To enable every learner to effectively use the media in teaching
- To familiarize every learner to use different teaching learning strategies
- To sensitize the learners about the role of a teacher in classroom and clinical practice
- To promote research activities in matters concerning teaching and learning

Faculty Details

Sl No	Name	Qualification	Designation
1.	Ms Binsha Pappachan C	M.Sc Nursing (Ph. D Scholar)	HOD and Associate Professor
2.	Prof. Irene Alvaris	M.Sc Nursing	Professor
3.	Mr Shajan Xaviour	M.Sc Nursing	Assistant Professor
4.	Mrs Wilma Noronha	M.Sc Nursing	Assistant Professor
5.	Mrs Sandra Saldanha	M.Sc Nursing	Lecturer
6.	Sr Judy	M.Sc Nursing (Ph. D Scholar)	Lecturer
7.	Ms Indhu N	M.Sc Nursing	Lecturer
8.	Mrs Ramyashree	M.Sc Nursing	Lecturer
9.	Mrs. Joyce Laveena	M.Sc Nursing	Lecturer

Departmental Activities:

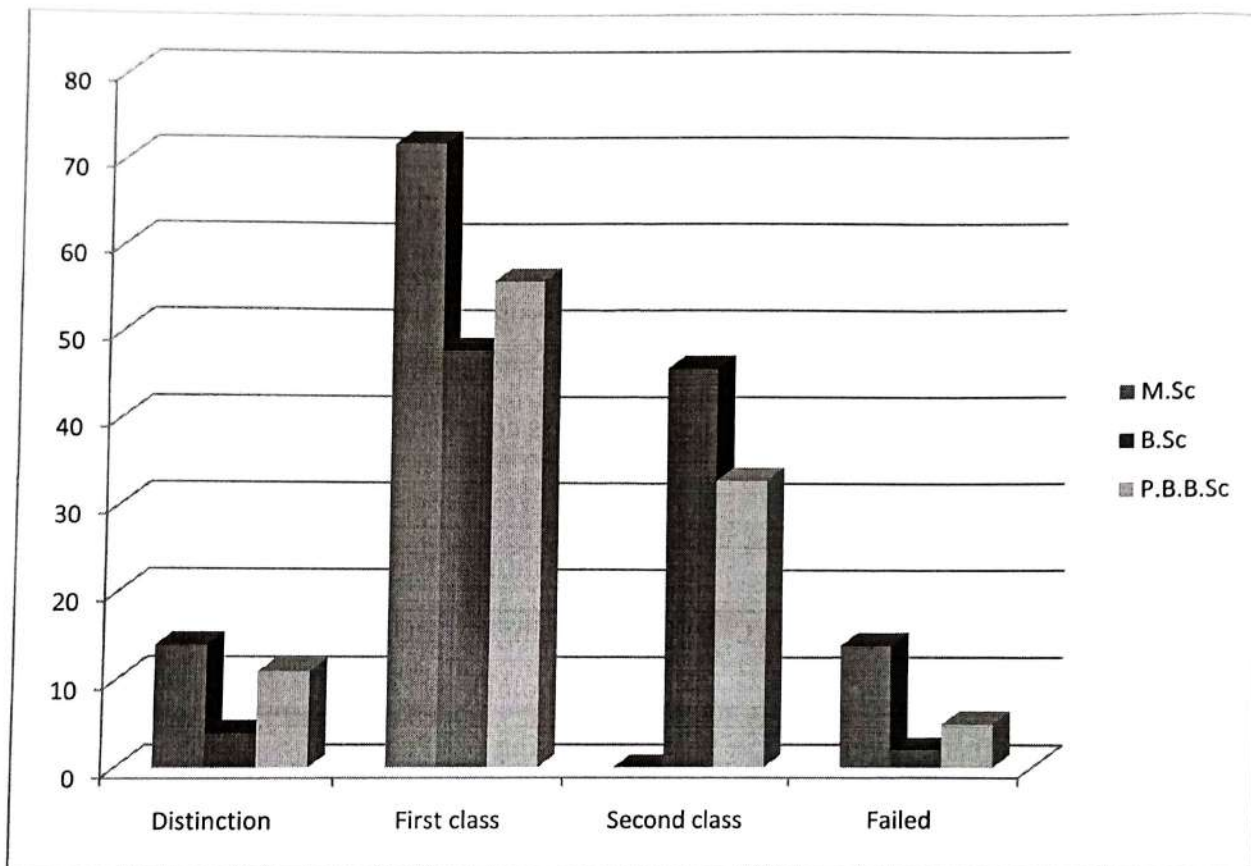
- Department of Nursing education along with First Year M.Sc Nursing students organized OSCE for I Year B.Sc Nursing students on first week of August 2017. 100 I Year B.Sc Nursing students were the beneficiaries.

Facilities:

- Departmental Library

Sl.no	Items	Count
1.	Textbook	88
2.	Question paper files	3

Results:



Graph representing the results of nursing education subject across all the courses

Staff achievements are mentioned in the main department

NURSING RESEARCH DEPARTMENT

Name of the teachers :

Dr. (Prof) Devina E Rodrigues ,HoD

Mrs. Victoria D Almeida , Professor

Ms. Seema Chavan, Asso.Professor

Ms Preethi Fernades ,Asst.Professor

Mrs Priya Fernandes Asst. Professor

Ms. Shobha Xavier, Asst Professor

ACTIVITIES:

A. Organised programs :

- a. Quiz: The department of research conducted a quiz competition for the final year B.Sc and P.B.B.Sc students on research and statistics jointly with research consultancy & ext activity committee on 14-8-2017 in FMCON. The quiz master was Dr Leena KC. The quiz had five rounds .The first prize was bagged by the students of forth BSc.
- b. On 21 Dec 2017 the department of research jointly with research consultancy & extension activity & staff development committee conducted a workshop on SPSS :hands on practical for 34 teaching faculty. The intention of this workshop was to develop skills on organizing data on SPSS sheet as well as to analyse the data by using descriptive and inferential statistics. The resource person was Dr Devina E Rodriues, HOD of the research department.
- c. The workshop on Retrieving of e resources was organized by the department of research jointly with research consultancy & extension activity committee as well as with the central library of FMCI on 23-2-2018 in FMCON. The morning session was conducted by Mr Vikram, representative from Proquest and afternoon session was by Jgate , Mr Srinivasa conducted the session, Both the session had hands on practical. It is attended by 60 teachers of FMCON.
- d. The second session of the Workshop on SPSS: hands on practical was conducted in FMCON for the teaching faculty on 28-3-2018. The 15 teachers and a PG student attended this program The resource person Dr Devina E Rodriuges, HoD of Nursing research department . This workshop was jointly conducted with Staff development committee and research consultancy & extension activity committee.The teachers attended this program appreciated the sessions and requested to conduct such programs in the future too.

B. Research: Work- life balance and potential contributing factors for work life imbalance among various categories of health personnel of a selected institute in Mangalore. (Ongoing , sent for IRC)

Statistics: Results of RGUHS examination in Nursing Research & Statistics:

Batch	Appeared	Pass	%	distinction	First class	second class	Fail
I yr M.Sc	7	6	85.7	1	5	-	1
IV B.Sc	96	94	97.9	3	69	22	2

Facilities:

Description	Existing	New additions (2017-2018)	Balance
Text books Research&	54	7	61

Statistics			
Dissertation PG	769	21	790
Dissertation UG	143	34	177

5. Staff achievements: It will be mentioned in the respective main depts.

NURSING ADMINISTRATION

The department of Nursing Administration headed by Mrs.Shiji P.J Associate professor along with 8 faculty members from various department.

Staff:

1. Mrs.Shiji.P.J- HOD
2. Prof.Agnes.E.J
3. Mrs.Pramila
4. Mrs.Lejomol
5. Mr.Rajiv
6. Ms.Arokia Benita
7. Ms.Deepika .N.C
8. Ms.Joyce Fernandes
9. Ms.Sabeena MTP

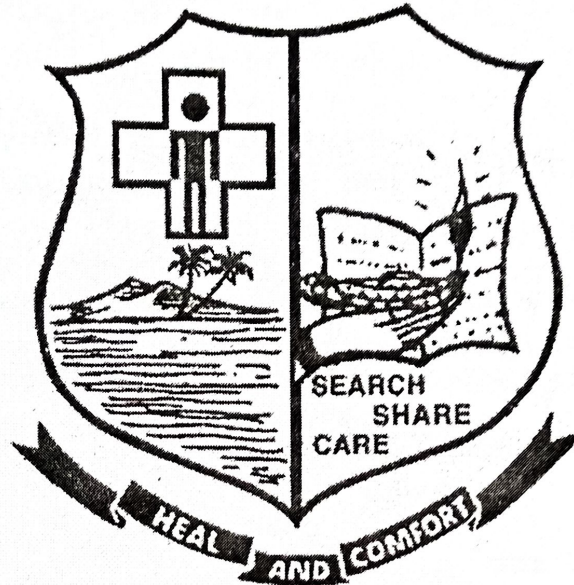
The department is guiding the students of MSc ,PBBSsc & BSc nursing both theory and practical The department has accomplished with a department library with 57 books.

Activities of the department:

Following activities are carried out by the department every year

- Orientation to the external college visit minimum 20 colleges visit every year
- Organizing External administration visit to Delhi both PG and UG students
- Providing opportunity to the students to attend one Nursing Administration conference organized by the external colleges
- Organizing **National conference** every year. This year a conference on **Envisioning-creating the future** was organized **on June 3rd 2017**

FATHER MULLER COLLEGE OF NURSING



ANNUAL REPORT

From: April 2018 to March 2019

INTRODUCTION: Father Muller College of Nursing is an "Edifice of Enlightenment and Empathy" has earned a brand name as one of the Top Class Nursing College in the Country. About 2600 under graduate and 690 Post graduates have successfully walked out from the portals of College of nursing holding the banner high and are ambassadors of our college in different countries. We have achieved much in the field of nursing education, service and research.

The National Assessment and Accreditation council (NAAC) has accredited our college with 'A' grade in the year 2014. It is the first nursing college under RGUHS Bangaluru to be accredited. The staff and students have been inspired and guided through the years by the motto "Search, Share and Care" where nurses search for knowledge, share their knowledge and care for the sick with the updated Knowledge.

Our students excel in sports, curricular and co-curricular activities. Our Alumnae are sought after by every Medical Institutions in India and abroad for their excellence discipline and devotion in the nursing profession.

College has an excellent, efficient and highly motivated faculty who plan meticulously all the curricular and co-curricular activities for the students.

STATISTICS:

The Courses offered are:

Basic B. Sc Nursing degree course

Annual intake 100 students

I Year	-	100
II Year	-	98
III Year	-	98
IV Year	-	100

Post Basic B.Sc Nursing

Annual intake 60 Students

I Year	-	21
II Year	-	30

M Sc. (Post Graduate) Nursing Course

Annual intake 40 Students

1. Medical-surgical nursing	8 seats
2. Obstetric and Gynecological Nursing	8 seats
3. Community Health Nursing	8 seats
4. Psychiatric Nursing	8 seats
5. Pediatric Nursing	8 seats

Post Graduate students present position

I Year	-	05
II Year	-	04

AUGUST/SEPTEMBER 2017 RGUHS UNIVERSITY EXAMINATION RESULTS

Name of the course	Year	No of students appeared	No of students passed	No. of Distinction	I Class	II Class	%
B. Sc (N)	IV	93	91	12	75	04	97.84
	III	100	95	10	80	05	95
	II	98	92	-	42	50	93.87
	I	97	77	07	51	19	79.38
PBB. Sc(N)	II	29	21	01	15	19	79.38
	I	23	23	-	11	12	100
M. Sc (N)	II	4	4	3	1	-	100
	I	7	7	5	2	-	100

FACILITIES:

State-of-the-art nursing college campus, spacious, well equipped ICT enabled classrooms with all advanced audio-visual aids, exam/conference hall, supportive learning environment, career-oriented discipline, have made the college of nursing an “ edifice of enlightenment and empathy” and earned a brand name as one of the best nursing college in the country.

Specialty demonstration rooms:

- Anatomy & physiology lab (Medical College)
- Community Health Nursing Lab
- Fundamentals of Nursing and Medical-Surgical Nursing combined Lab
- Nutrition Lab
- OBG Lab – (Obstetric and Gynecological Nursing)
- Child Health Lab

The Labs are well equipped to develop nursing skills of students.

It is in the 1250 bed Father Muller Medical College Hospital that the students get hands on training in different medical, surgical and specialty units under the direct supervision and guidance of the clinical instructors. Students are exposed to Father Muller Simulation and Skill Center and get training for various advance nursing care procedures in the skill center. Indoor stadium and Gym is an added an facility. The convention centre also is made use for the programmes of the college.

In the **Central Library** a separate section is marked out for UG and PG students. Abundance of books and journals are available to quench the thirst of knowledge. Reading room has the seating capacity for 250 students

Departments of the College

There are 6 major departments and 4 sub departments

1. Medical Surgical Nursing
2. Community Health Nursing
3. Obstetric and Gynecological Nursing
4. Child Health Nursing
5. Mental Health Nursing
6. Nursing Foundation

Sub Departments are

1. Advance Nursing Practice
2. Nursing Education
3. Nursing Research
4. Nursing Administration

The faculty for sub departments are drawn for the main departments. Hence all faculty work for 2 departments.

Faculty in each Department

Medical Surgical Nursing

Name	Qualification	Designation
Mrs. Victoria D' Almeida	M. Sc (N)	Professor, HOD & Vice Principal
Ms. Sonia D'Souza	M. Sc (N)	Asso. Professor
Mrs. Preethi Fernandes	M. Sc (N)	Asso. Professor
Sr Susamma Varghese	M. Sc (N)	Asst professor
Mrs. Shwetha Rashmi	M. Sc (N)	Lecturer
Mrs Jacintha Valder	M. Sc (N)	Lecturer
Mrs. Jubee Joseph	M. Sc (N)	Lecturer
Mr Abin K	M. Sc (N)	Lecturer
Sr.Nancy P. Mathias	M. Sc (N)	Lecturer
Denitha T	M Sc (N)	Lecturer

Community Health Nursing

Name	Qualification	Designation
Irene Alvares	M. Sc Nursing	HOD/ Professor
Sr Jacintha D Souza	M. Phil Nursing	Principal/Professor
Dr Devina E Rodrigues	Ph.D (Nursing)	Professor
Shiji P J	M. Sc Nursing	Associate Professor
Jasmine S Vas	M. Sc Nursing	Assistant Professor
Sonia K L Sequera	M. Sc Nursing	Assistant Professor
Priya S Pereira	M. Sc Nursing	Lecturer
Deepika N C	M. Sc Nursing	Lecturer
Hezil Sequera	M. Sc Nursing	Lecturer
Preema Reshma Pinto	B Sc Nursing	Asst Lecturer

Obstetric and Gynecological Nursing

Name	Qualification	Designation
Mrs. Pramila D'Souza	M.Sc(N).	HOD and Assistant Professor
Mrs Darryl Aranha	M.Sc Nursing	Associate Professor /Deputy CNO
Mrs Shoba Xavier	M.Sc Nursing	Assistant Professor
Ms Precilla Loriena D'Silva	M.Sc Nursing	Lecturer
Mrs Reena Wilma Frank	M.Sc Nursing	Lecturer
Anusha Fiola	M.Sc Nursing	Lecturer /HIC
Nijisha Sharli	M.Sc Nursing	Lecturer
Joyce L D'Souza	M.Sc Nursing	Lecturer
Mrs. Ramyashree	M.Sc Nursing	Lecturer

Child Health Nursing

Name	Qualification	Designation
Ms Seema S Chavan	M Sc (N)	HOD / Associate Professor
Mrs <u>Priya</u> Janifer Fernandes	M Sc (N)	Assistant Professor
Mrs <u>Wilma</u> Shalini Noronha	M Sc (N)	Assistant Professor
Sr Janet D' Souza	M Sc (N)	Assistant Professor
Mr <u>Manoj</u> P S	M Sc (N)	Lecturer
Mrs Sandra Saldhana	M Sc (N)	Lecturer
Mrs Arokia Benita David	M Sc (N)	Lecturer

Mental Health Nursing		
Name	Qualification	Designation
Prof. Agnes E J	M Sc (N)	HOD& NS
Ms Binsha Pappachan C	M Sc (N)	Associate Prof&NQC
Mr Shajan Xaviour	M Sc (N)	Asst Prof & NQC
Mr Rajeeve Mathew	M Sc (N)	Asst Prof & NQC
Mrs Diana Preema Cutinha	M Sc (N)	Lecturer & NQC
Mrs Lavina Rodrigues	M Sc (N)	Lecturer & NQC
Mrs Joyce Fernandes	M Sc (N)	Lecturer & NQC
Ms Sabeena MTP	M Sc (N)	Lecturer & NQC
Mr Jithin PC	M Sc (N)	(ANS)

Nursing Foundation

Name	Qualification	Designation
Sr. Deepa Peter	M Sc (N)	HOD & DNS
Mrs Shwetha Rashmi	M Sc (N)	Lecturer & Ward Supervisor
Mrs. Viola D'Souza	B Sc (N)	Asst lecturer & clinical instructor
Mrs Asha Varghese	B Sc (N)	Asst Lecturer & clinical instructor
Ms Rinu Susan Varghese	B Sc (N)	Asst Lecturer
Ms Suneetha Merlin Fernandes	M Sc (N)	Lecturer

ACHIEVEMENTS OF STAFF

Faculty in news:

We congratulate Dr Agnes E.J who has been awarded Ph.D from National consortium for Ph D in Nursing of Indian Nursing Council, New Delhi & RGUHS, Bangalore on: 25th October 2018 for defending the thesis on "Effectiveness of Positive Family Interactions Module on the Expressed Emotion of the Caregivers and Relapse of the Patients with Schizophrenia: A Prospective Study in a Selected Psychiatric Inpatient Facility, Mangalore.

She also has 3 publications for the year 2018

At present 07 faculty are Ph.d scholars under different universities

Dept of Psychiatric nursing:

- Binsha Pappachan C, Associate Professor has 02 paper presentations and 01 poster presentation . She was also a resource person for 2 conferences.
- Rajeeve Mathew, Asst Professor has 3 publications and 01 paper presentation
- Lejomol Abraham, Lecturer – 01 publication
- Lavina Rodrigues, Lecturer – 01 paper and 02 poster presentations

Laveena also received the best poster award for the poster on – Human resource- the work force management at a national workshop

- Diana Preema Cutinha, Lecturer – 01 publication
- Joyce Fernandes, Lecturer – 01 paper presentation and 3 poster presentations.
- Sabeena MTP, Lecturer - Paper presentation I

Total: publications 08, paper / poster presentations 12. Award : 1

Pediatric department:

- Seema S Chavan Asso. Prof - has published 1 paper, presented a paper and 3 posters in national conferences
- Priya Fernandes has published 2 papers, presented 3 papers and 1 poster
- Wilma shalini has published 1 paper, presented 2 papers and a poster
- Sandra has published a paper, and presented a paper and a poster
- Manoj has published a paper and Arokia Benita has presented a paper

Total publications: 06, paper/ poster presentations: 14

Medical surgical nursing department:

- Prof Victoria and Preethi fernandes presented a poster
- Susamma varhese (sr judy) has 3 publications, 2 paper presentations and was a resource person
- Sr Nancy priya mathias published 1 paper and was resource person for 2 seminars
- Jubee joseph published a paper and presented a paper
- Denitha, Abin and Preethi presented a paper each

Total Publications 5, paper /poster presentations 10 and resource persons 2

Community Health Nursing:

- Dr Devina has been recognized as Ph.D guide under RGUHS in January 2019. She has published 3 papers, presented 2 papers, resource person for 3 conferences and KNC observer for a regional conference
- Sonia sequeira published a paper, presented a paper, resource person for a seminar

- Prof Irene Alvares – published a paper and presented a paper
- Ppriya sweety – presented a paper, resource person for a seminar
- Shiji P.j presented 2 papers
- asmine vas – publication 1, presented 2 papers, resource person for a seminar and was awarded for the best scientific paper at state level conference
- Deepika N.C presented a paper

Total: publications : 5, oral and poster presentations 11, resource person: 14, awards : 1

Dept of Obstetrics and Gynecological nursing:

- Precilla D silva – published 4 papers, and 1 presented a poster
- Reena Frank published 2 papers and is a scientific review board member of yepoya university
- Pramila D Souza presented a poster and scientific review board member of yepoya university

Total: publications 6, oral/poster presentations - 2.

Dept of Nursing Foundation:

- Sr Deepa Peter – publication 1, Paper presentations-2, resource person – 1
- Shwetha Rashmi – publications-2

Activities of the college

Workshop on Innovative Teaching Learning and Evaluation Techniques on April 4th and 5th. Prof. Ciraj A.M., Deputy Director, Manipal Centre for Professional and Personal Development and Professor of Microbiology at Manipal University and Dr Anand R, Professor, Department of Pulmonary Medicine, KMC Hospital, Mangalore were the resource persons for the sessions.

Interactive session on Effective Student Teacher Relationship was on April 6th. Rev. Fr Dionysius Vaz, Rector of St Aloysius College Institutions was the resource person.

Organized a “**Nutrition, Health and Fitness Expo-2K18**” on 5th May at FMCI campus, opposite to Out-Patient Department with the theme “**Go Further with Food**”. The chief guest Mrs.Sanjana M.Shenoy, Consultant Dietician, Nutri Health inaugurated the programme by a traditional opening of ‘Palm Jaggery,’ which symbolizes goodness and auspicious beginning and is highly valued due to medicinal properties and nutritive value. There were 22stalls and 6 college participated in the competition.

Seminar on Ethical and Legal Aspects in Psychiatry 26th May

In order to help students learn better English, **The English Club** was inaugurated on 25th May.

Service Learning - a innovative practice in teaching students was conducted on 09th June. Dr Flosy C.R. D'Souza, Professor, from St Ann's College of Education, Mangalore was the resource person.

Guest Lecture on Health Care Systems in Switzerland as organized on 18th June. The lecture was delivered by Prof Blaise Claude Guinchard, University of Applied Sciences and Arts, Western Switzerland

Guest Lecture on the topic "**Mentoring Skills**" was delivered on 15th June by Rev Fr Dionysius Vaz, Rector, St. Aloysius College Institutions.

Guest Lecture on Emotional Intelligence on 7th July. Mrs Rosa Nimmy Mathew, Asst Professor in Counselling, School of Social work, Roshni Nilaya, Mangalore was the resource person.

In-Service Education on the topic "self awareness and enhancement of self esteem" on 6th July. Rev Fr Clifford Fernandes, Prof. at St Joseph seminary was the resource person.

Guest Lecture on 'Curriculum Design and Enrichment' on 09 August. Mr Abhay Nirgude, Professor and H.O.D of Community Medicine, Yenepoya Medical College, Mangalore was the resource person

Guest Lecture on the topic - Today's preparation, Tomorrow's success - an insight on preparation of exams for students, on 13th August. Mr Ashwin L Shetty, Administrator of Vidya Rashmi group of Institutions, Savanoor was the resource person

Guest Lecture on Improving Professional Ethics and Social Responsibilities on 23rd August. Mrs Vidya Vinutha D'Souza, Assistant Professor, St Aloysius College, Mangaluru was the resource person.

Awareness programme **on anti-ragging** on the theme "nurture life-say no to ragging", on 8th December

Father Muller School and College of Nursing holds **lamp lighting and oath taking** ceremony on December 19. It is a significant moment in the life of the freshers who choose to be nurses. Chief Guest was Prof. Lakshmidevi N, Principal Global College of Nursing Bengaluru and Dean of Nursing, Rajiv Gandhi University of Health Sciences, Bengaluru. Rev Fr Richard A. Coelho presided over the function

Workshop on PubMed database on 20th December The resource person for the session was Dr K. Shivananda Bhat, Chief Librarian, Manipal University who highlighted all the informational resources and gave hands-on training regarding PubMed database.

Special events and days

On “**World No Tobacco day**” A STREET PLAY was conducted on 25th May at Suratkal on the topic “Public awareness on tobacco usage”

On “**World Blood Donors Day**” - Inter Collegiate Seminar Competition on the theme “Be there for someone else-Give Blood, Share Life” was conducted on 15th June. The Programme was organized by the Blood Bank in Association with Youth Red Cross Unit, FMHC. Ms Beulah T P and Ms Jasmine James, Youth Red Cross Members, IIIrd BSc Nursing students, Father Muller College of Nursing had Secured 2nd and 3rd Prize respectively.

BREASTFEEDING WEEK was celebrated from 1st to 7th August along with father muller medical college departments of pediatric and OBG. Activities were conducted by the department at urban health centre jeppu, community, schools and hospital wards.

Father Muller College of Nursing organized a befitting farewell programme '**ALOHA 2K18**' for the Outgoing **BSC 2014-18, PBBSC and MSC 2016-18 batch of students on 30th August and wished them well**

On **World Alzheimer's Day** a health talk on “**Alzheimer's disease & its prevention**” was conducted for the inmates of St Ann's Old age home, Angelore on 17th September

On 11th Sep, The **Course Inauguration** of 32nd batch of B Sc Nursing, 31th batch of PBBSc nursing and 27th batch of MSc Nursing was held. Mr Srikanth B pullari, registrar, Karnataka Nursing council was the honorable chief guest.

Father Muller School and College of Nursing holds Freshers' day Programme on 16 November themed “Novato Fiesta 2K18” giving an opportunity for the freshers' to unfold their talents

A school health programme on the **World Mental Health Day** theme “Young People and Mental Health in the Changing World” at Capitanio Composite Pre-University College, Kankanady on 10th December

Street play for **public awareness on HIV/aids** on 11th December near Surathkal Bus stand on world AID day celebration

Christmas Celebration at FMCON- "*NOEL ESTELLA*" and at General Psychiatry ward by Psychiatric Nursing Department

NATIONAL YOUTH DAY -2019 Was celebrated in collaboration with Lions club Kinnigoli as an extension activity for the students of St Lawrence Indian School, Kinnigoli, on January 7, 2019. Lion Dony Leo Menezes, President, Lions club-Kinnigoli was the chief guest. Rev Fr Anil D'Sa National coordinator of youth ministry under CCBI was the resource person for the programme.

The department of OBG nursing observed **folic acid day** on 10th January 2019 at Surathkal PHC. Education on Anemia during pregnancy, antenatal advices, preventive measures and importance of iron and folic acid for pregnant women. Antenatal, postnatal mothers, LHV and staff nurses of PHC witnessed the programme.

A **guest lecture** was organized on the topic '**Art of Patience**' on 02nd February 2019. The resource person was Ms. Evelyn Benis, Professor and HOD Roshni Nilaya School of Social Work, Mangaluru.

A **guest lecture on Health care communication** on 20th February 2019

Parent Teacher Student meeting was organized on 19th December 2018 and 11th Feb 2019. Motivational talk was organized and Mr Eugene D'Cunha the Resource person enlightened the students on the topic "difficulties in studies". Parents were briefed about the study and progress of their wards and progress cards were shown to them

OPEN FORUM INTERFACE - was organized by the student welfare committee on 31st january 2019. Interface, the Academic Forum, is the medium through which students share, discuss, and debate their ideas and concepts with the teachers. The faculty and the student representatives from each batch of UG and PG courses were the participants of the forum. The students were given the opportunity to discuss various academic and clinical issues.

Extension activity in the community

25-30 extensions activities were conducted in the community, school and primary health centres in the form of street plays, health educations, awareness programmes, nutrition demonstrations and school health programmes on various aspects of health and hygiene to promote health and prevent illness.

Radio talks and telecast

10 radio talks and programmes were given by the staff and students on various special health days of the year

NSS

Ms Jasmin J and Ms Swathy, students of IIIrd Year BSc Nursing represented from Rajiv Gandhi university, Bangalore for **National integration camp organized by Government of Karnataka for all India NSS** volunteers from 24th - 30th March 2018 at Mangalore university campus, Hampankatta.

Organized an **awareness programme** on 19th May on environmental pollution through street play at Thokottu bus station. Unit has given awareness of air pollution, water pollution, soil pollution, noise pollution.

Participated in **walkathon on "World Day Against Child Labour"** and to "bring awareness on Organ Donation" organised by the District administration, Zilla Panchayat, District Legal Services Authority, Labour Department, Child Helpline and Bar Association and Indian Medical Association, respectively

NSS unit of Father Muller College of Nursing Participated in Vanamaotsava along with Father Muller Charitable Institutions on 7th July. Programme ended up with planting various saplings in the campus by the different department staff and students.

NSS unit conducted 7 days special camp for volunteers from 19th to 25 January 2019. The special camp was inaugurated by Rev Fr Ajith Menezes, Administrator, Father muller medical college. The camp lead by Mr Shajan Xavier, asst professor and NSS programme officer, Mrs Arokia Benita and Mrs Hezil Asha. The unit has conducted various health surveys in the community, street plays, health educations and school health programmes. NSS volunteers also attended various motivational and informational sessions from experts in the same field.

4 Career Guidance Sessions were organized for the outgoing students of the college

Ignite 2K19 Annual Athletic Meet of Father Muller School and College of Nursing was held on 12 January 2019 at Father Muller Stadium. Ms Venizeia Annie Carlo, National sub-junior power lifter was the chief guest and inaugurated the athletic meet open by hoisting the flag and releasing the balloons.

Father Muller College of Nursing students participated and won prize in the **RGUHS Mysore Zonal Men's And Women Throwball and Tennikoit(women)** tournament 2018-19, held on 24th January 2019 organized by Father Muller Medical College, Women Throw ball and Tennikoit team of our college was the **Runner up** in this tournament.

Geethanjali –our students had participated in various competitions held at Geethanjali by Mangalore Musical and cultural association and bagged several individual and group prizes as well **second runner up rolling shield** on 17th Nov.

Student Nurses Association induction programme was conducted on 10th Dec and the new office bearers took the oath.

Administrative Tour: students of our college had an opportunity for an administrative tour to Delhi where they visited national institutes, hospitals, colleges and places too.

Other events

MOUs: college has established MOUs with university of applied sciences of western Switzerland, Yenepoya university- Mangaluru for Ph.D programme, Swami Vivekananda Yoga Anusandhana Samsthana- Bengaluru, Indian cancer society- Bengaluru, and St Aloysius college, mangaluru.

Visitors

- Ms Madeleine Baumann, project assistant of international affairs university of applied sciences of western Switzerland visited us on 7th to 9th January
- A group of Medical and nursing students from School of nursing sciences – Switzerland visit us every year and undertake a research project under the guidance of our faculty.
- An inspector from MHRD had visited college of nursing, for the Swatch Bharath ranking in the month of September. Ours was the only Nursing college which had applied for Swatch Bharath ranking.

Administrative visit of other college students: Father Muller college of nursing has been visited by a number of students and faculty from other colleges not only from Karnataka but from other states too. From January 2018 to Feb 2019, 20 colleges from almost 10 states have visited us.

Health camps : For the year 2018 faculty and students have participated in 35 health camps and clinics.

Conclusion

As I conclude this brief report of the activities of the college of nursing, we want to sincerely thank God Almighty for His continuous grace upon us, blessings through Rev Fr Augustus Muller and in a very special way Rev Fr Richard Aloysius Coelho,

our Director who always has a listening ear to me and all priests in the Management who take best decisions for the good of the college. each and everyone who help us to go forward with confidence. Foreseeing to do better I conclude. Thanks again
