

**Father Muller College of Nursing**  
**Institution Review Committee (FMCON)**

A committee has been formed by the IQAC of Father Muller College of Nursing in June 2016 and is called "*Institution Review Committee of Father Muller College of Nursing*".

**Members**

1. Ms Seema Chavan- Chairperson
2. Dr Devina Rodrigues
3. Prof. Victoria D'Almeida
4. Ms Binsha Papachan- Secretary
5. Mrs Pramila D'Souza

**Aim of the committee**

To streamline the conduct of research, thereby to maintain a high quality of research work done in Father Muller College of Nursing.

**Objectives**

1. To scrutinize the UG, PG, staff and departmental research projects before submitting for ethical clearance.
2. To check the completed projects before they are being presented or published
3. To maintain the research review register.

**The committee members**

The committee shall have an executive committee consisting of the following members:

- One chair person
- One Secretary
- Three members

**Authority under which IEC is constituted**

The IQAC of Father Muller College of Nursing in consultation with the Principal

**Membership requirements**

1. The duration of appointment is initially for a period of 2-3 years



2. At the end of 3 years, the committee is reconstituted, and the members will be replaced by the newly appointed members.
3. A member can tender resignation from the committee with proper reasons to do so.
4. All members should maintain absolute confidentiality of all discussions during the meeting.
5. Conflict of interest should be declared by members of the IRC.

#### **Quorum requirements**

The minimum of 3 members are required to compose a quorum. All decisions should be taken in meetings and not by circulation of project proposals.

#### **Standard Operating Procedures (SOP's) for Synopsis Review, Paper/Poster presentation, Publication and Departmental Projects.**

##### **Synopsis:**

1. The synopsis should be submitted in the prescribed application form to the IRC through email ([ircfmcon@fathermuller.in](mailto:ircfmcon@fathermuller.in)).
2. The synopsis will be reviewed by the two reviewers from IRC.
3. If any queries the clarification will be obtained from the investigator.
4. The final decision will be communicated by the chairperson through mail.
5. Each synopsis will be issued with IRC number following which the investigator will proceed for ethical clearance.

##### **Scientific Presentations (Oral/Poster)**

1. The presenter must submit the power point/poster presentation along with declaration and NOC format to the IRC mail one week prior to the actual presentation.
2. IRC chairperson will communicate the date of presentation to the presenter.
3. The decision on approval/modification will be communicated immediately after the presentation.

##### **Scientific Publications**

1. The author must submit the manuscript along with Publication review checklist and declaration form to the IRC mail.
2. The manuscript will be reviewed by the two reviewers from IRC.
3. Reviewers correction /modification will be mailed to the author
4. The author will adapt the modifications suggested and resend the manuscript to IRC mail.
5. The final decision will be communicated by the chairperson through mail.



### Department projects

1. The synopsis should be submitted in the prescribed application form to the IRC through email (ircfmcon@fathermuller.in).
2. The synopsis will be reviewed by the two reviewers from IRC.
3. If any queries the clarification will be obtained from the investigator.
4. The final decision will be communicated by the chairperson through mail.
5. Each synopsis will be issued with IRC number following which the investigator will proceed for ethical clearance.
6. After completion of the departmental project, the investigator must present the study power point to the IRC and departmental members.
7. The IRC will approve the completion of the study to IQAC.

### Record keeping and Archiving

1. Website updating with committee members profile
2. Copy of all study protocols with enclosed documents and reviewers corrections
3. Minutes of all meetings duly signed by the Chairperson.
4. Copy of all correspondence with members, researchers and other regulator bodies.
5. Documents of the approved projects.
6. All documents should be archived for prescribed period.
7. A register with all the details from the proposal submission date till the publication date should be maintained separately for student and faculty proposals.



**Seema S Chavan**

**Chairperson- IRC**



**Sr Jacintha DSouza**

Sr Jacintha D'Souza, M.Sc.(N), M.Phil.(N)  
**Principal**  
Father Muller College of Nursing  
Kankanady, Mangaluru-575002



# **IRC Review**

**2016-17**

**Father Muller College Of Nursing**  
**BSc(N) IV year 2016-17**  
**Research projects reviewed by IRC**  
**Date of review – December 2016 to January 2017**

SNo	Name of the Student	Guide 1	Guide2	IRC No	Group No	Problem statement
1.	Acquila Rincy D'Souza*	Prof Irene	Mrs Pramila	IRC/FMCON/2016 /BS01	1	Knowledge regarding health practices of women during pregnancy in a selected hospital in Mangalore
2.	Vini Varghese					
3.	Airin Alex					
4.	Airin Ann Joy					
5.	Preethi Reshma Noronha	Dr Leena KC	Ms Indu	IRC/FMCON/2016 /BS02	2	A study of perception of teachers and senior nurses about physical assessment practices of nursing students in a selected hospital (FMMCH)
6.	Treesa Thomas					
7.	Anina Sunny					
8.	Alma John					
9.	Vidya Bangera	Prof Victoria	Ms Valenta	IRC/FMCON/2016 /BS03	3	A study on knowledge regarding the management of primary hypertension among adults visiting OPDs of selected hospitals of Mangalore
10.	Alphons John					
11.	Alphy Thomas					
12.	Sweedal Bricy Serrao					
13.	Angel Maria Salim	Mrs Bridget	Mrs Priya Sweety	IRC/FMCON/2016 /BS04	4	A study on usage of Medical App on e-Health learning among general public at Mangalore
14.	Anita Sonam					
15.	Anitte James					
16.	Teena Mol Syriac Valliyarail					
17.	Anju Maria Siby	Dr Savitha	Mrs Jasmine	IRC/FMCON/2016 /BS05	5	A study on problems experienced by the mothers of NICU baby of selected hospital Mangaluru
18.	Rashmi A					
19.	Anna James					
20.	Divya Devachan*					
21.	Anu Varghese	Sr Deepa	Ms Precilla	IRC/FMCON/2016 /BS06	6	A study on breakfast skipping and its associated factors among nursing students in selected colleges at Mangaluru.
22.	Aiswarya Roy					
23.	Derina Benny*					
24.	Ashly Susan Baby					




25.	Da Costa Zuricka Precilla	Mrs Shiji	Mrs Pramila	IRC/FMCON/2016 /BS07	7	A study on knowledge and coping strategies of menopausal women attending selected OPDS of FMCC hospital, Mangaluru
26.	Dona Jojo					
27.	Carol Experanza Martis					
28.	Christy Delly					
29.	Cincy Varghese	Mrs Neeta	Sr Judy	IRC/FMCON/2016 /BS08	8	Knowledge and attitude on child rights among parents visiting Out Patient Department of a selected hospital.
30.	Cynthia Sabu					
31.	Ashy Sojan					
32.	Della Jose					
33.	Delna Kurian	Mr Shajan	Ms Sharan	IRC/FMCON/2016 /BS09	9	A study on the usage and barriers of personal protective equipments among nursing students in a selected college in Mangaluru.
34.	Denita Hezil D'Sa*					
35.	Jemy Joy					
36.	Ansa P Joy					
37.	Divya Mathew	Mrs Binsha	Mrs Priya Sweety	IRC/FMCON/2016 /BS10	10	A study on psychological distress among patients undergoing hemodialysis in a selected setting at Mangaluru.
38.	Divya Sebastian					
39.	Bisa Naduparambil					
40.	Donamol Johny					
41.	Sneha Francis	Mrs Shwetha	Mr Shajan	IRC/FMCON/2016 /BS11	11	Knowledge & Attitude on restraining violent mentally ill clients among nursing students in selected college Mangalore.
42.	Gipitha G K					
43.	Jilumol A J					
44.	Grace Kuriakose					
45.	Harshitha	Mrs Preethi	Mr Shiju	IRC/FMCON/2016 /BS12	12	A study on Psychological impact of Diabetes Among Patients with Type 2 Diabetes Mellitus
46.	Hazel Viola D'Souza					
47.	Gloria Lorraine Fernandes					
48.	Jesna Thomas					
49.	Jilmary James	Mrs Wilma	Mrs Shobha	IRC/FMCON/2016 /BS13	13	Knowledge and attitude regarding diet among antenatal women in a selected hospital of Mangalore in a view to prepare an informational
50.	Anumol Chacko					
51.	Jincy P K					
52.	Jinu Jackson					




						pamphlet on antenatal diet.
53.	Jisty Benny	Mr Manoj	Ms Precilla	IRC/FMCON/2016 /BS14	14	Knowledge about hazards of ragging among undergraduate nursing students
54.	Ashly Joseph					
55.	Miranda Sabu					
56.	Linta Lalan					
57.	Maria Sunny	Mrs Sandra	Ms Juby	IRC/FMCON/2016 /BS15	15	A study to compare the clinical signs of physiological jaundice with transcutaneous bilirubin among neonates in a selected hospital, Mangalore
58.	Mariya Simon					
59.	Rose Mary Jojo					
60.	Melita Laviya Pinto					
61.	Merin Elsa Varghese	Mrs Sonia D'Souza	Mrs Shobha	IRC/FMCON/2016 /BS16	16	A study on risk factors and knowledge on prevention of polycystic ovarian syndrome among women of reproductive age.
62.	Mevis Maria Rego					
63.	Mintu Varghese					
64.	Kesiya Mathai					
65.	Namitha T J	Prof Agnes	Mrs Wilma	IRC/FMCON/2016 /BS17	17	Stress and coping among nursing students
66.	Elizabeth Tom					
67.	Neethumol Thomas					
68.	Nimmi K Prakash					
69.	Patricia Rashmi D'Souza	Mr Rajeev	Mrs Jacintha	IRC/FMCON/2016 /BS18	18	Knowledge regarding the handling of sharps among health care personnel in a selected hospital, Mangaluru.
70.	Priya Thomas					
71.	Ann Mariya Peter					
72.	Joshitha Jose					
73.	Reena D'Silva C J	Mrs Lejomol	Mrs Priya Fernandes	IRC/FMCON/2016 /BS19	19	A study on attitude and practice regarding the consumption of carbonated drinks among students in selected colleges of Mangalore.
74.	Meenu K M					
75.	Sandra Johnny					
76.	Sanetra Locita Dcosta					
77.	Sharon K S	Ms Brincy	Ms Indu	IRC/FMCON/2016 /BS20	20	A study on initiation of diet and its related
78.	Sherin Stephen					



79.	Shilpa Koshy	Prof Irene	Mrs Neeta	IRC/FMCON/2016 /BS21	21	taboos among postnatal mothers in a selected hospital
80.	Silviya fernandes					
81.	Shimi R S					
82.	Shiny Joyce Rodrigues	Dr Leena KC	Mrs Sandra	IRC/FMCON/2016 /BS22	22	Preferences for caesarean section or normal delivery and influencing factors among antenatal mothers, in selected hospital, Mangaluru
83.	Shruthi Moolya					
84.	Sneha Alin Joseph					
85.	Sneha Elizabeth Raju	Prof Chanu	Mr Manoj	IRC/FMCON/2016 /BS23	23	Attitude and Self Reported Practice towards Reverse Mentoring among Nursing teachers.
86.	Telma Avila Concessao					
87.	Neenu Shajan					
88.	Surbhi Sotra	Prof Chanu	Mrs Reena	IRC/FMCON/2016 /BS24	24	A Correlational Study between sleep deprivation and academic coping strategy adopted by the nursing students.
89.	Sushmitha D'Souza					
90.	Amalu Geore					
91.	Aneena Jose					
92.	Sen Emerald Hanock	Dr Savitha	Ms Sonia Karen	IRC/FMCON/2016 /BS25	25	Body weight, eating habits and knowledge on key nutritional issues among the university students in a selected setting.
93.	Tobina Tomy					
94.	Akhila Thomas					
95.	Aleena Raju					
96.	Stephy Binny	Dr Savitha	Ms Sonia Karen	IRC/FMCON/2016 /BS25	25	Emergency services received by the patients with standard protocol of emergency room.
97.	Wandashisa Siangshai					
98.	Adriel Benita Quardos*					

  
IRC Chairperson

  
Principal  
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**Father Muller College of Nursing**

**PBBSc (N) II year 2016-17**

**Research projects reviewed by IRC**

**Date of review – December 2016 to January 2017**

SL. No	Name of the Students	Guide	Co-Guide	Problem statement	IRC No	Group No
1.	Ms Agnes Sangeetha Noronha Ms Ancilla Shalini Martis Ms Ancita Alita Mendonca Ms Ancy Mol Varghese	Mrs Priya Janifer Fernandes	Mrs Shwetha Rashmi M S	A Study on knowledge regarding food safety among women in a selected setting of Mangalore.	IRC/FMCON/2016/PB01	1
2.	Ms Anitha Joseph Ms Anjaly Thomas Mr Antony Don Hertis Ms Badaphira Rapthap	Sr Brigit A P (Sr Deepa Peter)	Mr Rajeeve Mathew	A comparative study on the recording of temperature by the clinical mercury thermometer and digital thermometer.	IRC/FMCON/2016/PB02	2
3.	Ms Barisha R Pyngrope Ms Sini Siby Ms Dinah Dune P Ms Erita Lopez D	Mrs Shiji P J	Ms Brincy Loyolla D Souza	Occurrence of low back pain and associated factors among Staff Nurses in selected setting in Mangalore	IRC/FMCON/2016/PB03	3



	Souza					
4.	Ms Gincy Elizabeth Daniel Ms Hencilla Sonia Menezes Ms Lijiya Mathew Ms Indu Ekka	Ms Susamma Varughese(Sr Judy)	Mrs Lejomol Abraham	"A Study on functional ability of bladder among menopausal women in selected settings of Mangalore with a view to prepare an informational booklet".	IRC/FMCON/2016/PB04	4
5.	Ms Jenifer Merline Pinto Ms Jenovena Marshiangbai Ms Ibanylla Sympli Ms Justi Mole K J	Mrs Binsh Pappachan C	Ms Jubee Joseph	Emotional and social loneliness among patients with Alcohol dependence syndrome without psychotic symptoms in selected setting at Mangalore.	IRC/FMCON/2016/PB05	5
6.	Ms Mallika Ms Merin Mariam Varghese Ms Shahanaz A Ms Ms Pricy Manisha Lobo	Mrs Sonia D Souza	Mr Shiju R	"A Study on knowledge of Pulmonary tuberculosis among selected vulnerable group in a selected hospital, Mangalore".	IRC/FMCON/2016/PB06	6



7.	Ms Reema Shalet D Costa Ms Rishai Bareh Ms Relina Joeline Fernandes Ms Remain Phawa	Ms Seema S Chavan	Ms Sonia Karen Liz Sequera	“Knowledge and self reported practices towards road safety regulations among university students in selected college in Mangalore”.	IRC/FMCON/2016/PB07	7
8.	Ms Roshni Renita D Souza Ms Merlin Sunny Ms Shalet Vilma Corda Ms Shiji T L	Mrs Bridget D Silva	Ms Velantha Mendonca	A Study on Millenial image of nurses among general public in selected urban area of Mangalore	IRC/FMCON/2016/PB08	8
9.	Ms Reena Jyothi Monteiro Ms Chinchu Joseph K J Ms Sneha Reesha Andrade Ms Sony Philip	Ms Seema S Chavan	Ms Sonia Karen Liz Sequera	Perceived skills on Information Communication Technology Literacy (ICT) among nursing students in a selected college with a view to impart hands on skills on Information Computer Technology	IRC/FMCON/2016/PB09	9



				(ICT)		
10.	Ms Solly Thomas Ms Vanisha Silvia Mendonsa Ms Balarishisha Mylliem	Prof Agnes E J	Mr. Manoj P S	Attitude of nurses towards the use of physical restraints on patients in a selected hospital, Mangaluru.	IRC/FMCON/2016/PB10	10



**IRC Chairperson**



**Principal**

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**Father Muller College of Nursing**  
**MSc(N) I year 2016-17**  
**Research projects reviewed by IRC**  
**Date of review – December 2016 to January 2017**

SL. No	Name of the Students	Guide	Co-Guide	Problem statement	IRC No
1.	Ms Neha Mathew	Ms Seema S Chavan	Mrs Priya Janifer Fernandes	A Study on lived experience and quality of life of primary caregivers of children with thalassemia in a selected hospital, Mangalore	IRC/FMCON/2016/MS01
2.	Ms Shiji Jacob	Ms Darryl Monica Serafine Aranha	Mrs Pramila D Souza	Effects of Maternal mental health on engagement in health practices during pregnancy	IRC/FMCON/2016/MS02
3.	Ms Suneetha Merlin Fernandes	Dr Savitha Pramilda Cutinho	Ms. Shoba P Xavier	Study on knowledge and attitude regarding contraception among the male population	IRC/FMCON/2016/MS03
4.	Ms Dini Davis	Mr. Shajan Xaviour	-	Effect of aerobic exercise on selected withdrawal symptoms of alcoholic dependent in selected de-addiction centre Mangalore	IRC/FMCON/2016/MS04
5.	Ms Lauvra S Carvalho	Mrs Binsha Pappachan C	Mr Rajeeve Mathew	A study on the alienation and sensation seeking behaviour among the patients with alcohol dependence syndrome in a selected setting at Mangalore	IRC/FMCON/2016/MS05
6.	Ms Mukta Aurelia Tirkey	Prof Agnes E J	Mr. Shiju R	Adherence to psychotropic drugs among patients with psychiatric disorders	IRC/FMCON/2016/MS06
7.	Ms Rizma Bezami Fernandes	Prof. Victoria D Almeida	Ms. Sonia D Souza	Effect of Task-Oriented training (TOT) on selected activities of daily living (ADL) among stroke patients in a selected setting in Mangaluru	IRC/FMCON/2016/MS07



**IRC Chairperson**





**Principal**

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**Father Muller College of Nursing**  
**Faculty Research projects reviewed by IRC**  
**2016-17**

Sno	Name of the Faculty	Date	IRC No	Problem statement	Review of
1	Mrs Shobha Xavier	24/6/2017	IRC/FMCON/2 017/FAC/01	Survey on compliance and utilization of antenatal care services among the childbearing women of a selected community in Dakshina Kannada.	Synopsis
2	Mrs Binsha Pappachan C	3/7/2017	IRC/FMCON/2 017/FAC/02	Effect of Psycho-social Intervention Package (PIP) on Psychological Distress and Quality of Life (QoL) among Women with Breast Cancer	Synopsis
3	Wilma .S. Noronha, Ms. Darryl M S Aranha	5/7/2017	IRC/FMCON/2 017/FAC/03	A Study to Assess the Risk Factors of Stress during Pregnancy among Antenatal Women in a Selected Hospital at Mangaluru	Manuscript



IRC Chairperson



Principal

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PRINCIPAL

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# **IRC Review**

**2017-18**

**Father Muller College of Nursing**

**BSc(N) IV year 2017-18**

**Research projects reviewed by IRC**

**Date of review – December 2017 to January 2018**

Sno	Name of the Student	Guide	IRC No	Group No	Problem statement
1.	Aishwarya TS	Prof Irene	IRC/FMCON/2017 /BS01	1	A study on the perception of nursing students towards add-on course in selected college at mangalore
2.	Aleena Suresh				
3.	Wilsha Ujwalita D Silva				
4.	Christy Delly				
5.	Aneena Reji				
6.	Alphonse K Toms(srannet)	Prof Victoria	IRC/FMCON/2017 /BS02	2	A Study on adherence and barriers to anti hypertensive regimen among patients with hypertension in a selected hospital mangaluru
7.	Aneesha K V				
8.	Angela Sebastian				
9.	Ani Jose				
10.	Roopa				
11.	Anit Shaju	Mrs Lavina	IRC/FMCON/2017 /BS03	3	A study to assess the knowledge and attitude of postnatal mothers towards human breast milk banking in a selected hospital at Mangaluru
12.	Anjali Jose				
13.	Anjana Babu				
14.	Ashi Abraham				
15.	Ashlin Jeniciya D Almeida				
16.	Anjumol Antony	Mrs Wilma	IRC/FMCON/2017 /BS04	4	A study to assess the knowledge and practice on newborn thermoregulation among postnatal mothers in selected hospital in mangaluru.
17.	Ann Mary paul				
18.	Anni Philip				
19.	Charitha Clavia Lewis				
20.	Barikynti Shadap				
21.	Ansa Thomas	Mrs Priya Sweety	IRC/FMCON/2017 /BS05	5	Knowledge and practice on breast self examination among women with a view to prepare informational leaflet
22.	Anu Maria George				
23.	Arya Antony				
24.	Caroline D Souza				
25.	Bilcy Joseph				
26.	Bibimol Abraham	Sr Deepa	IRC/FMCON/2017 /BS06	6	Knowledge of caregivers regarding hosp[ital acquired infections in a selected hospital in Mangalore with a view to prepare informational booklet
27.	Biby Benney				
28.	Josline Melita Crasta				
29.	Chelsa George				
30.	Chinchu Antony				
31.	Chrisna Abraham	Mrs Shiji	IRC/FMCON/2017	7	A study on knowledge on





32.	Cilla Reji		/BS07		hospital emergency codes among nursing students of selected colleges at Mangaluru
33.	Crystal Rincia D Souza				
34.	Deepa Rose Mathew				
35.	Diniya Sebastian				
36.	Diya James	Mrs Neeta	IRC/FMCON/2017 /BS08	8	A study on knowledge of fathers on neonatal care in a selected hospital at Mangaluru
37.	Dona Sebastian				
38.	Elizabeth Sunny				
39.	Sushma Cutinho				
40.	Lidiya Justin	Mr Shajan	IRC/FMCON/2017 /BS09	9	A study on level of stress among patients admitted in selected de-addiction centers Mangalore
41.	Elsu Abraham				
42.	Fiona Sis Wilson				
43.	Francilla Soniya D Souza				
44.	Jayarani Joseph				
45.	Jasmine Mathew	Mrs Binsha	IRC/FMCON/2017 /BS10	10	A study on attitude and usage of over the counter drugs among nursing students at selected nursing colleges, Mangaluru
46.	Giftyamol D Joseph				
47.	Lisha Maria D Souza				
48.	Jayapradha				
49.	Stefy Noronha	Mrs Shwetha	IRC/FMCON/2017 /BS11	11	A study on attitude and practice towards selfie and its addiction among nursing students in selected college , Mangalore
50.	Liyamol Siby				
51.	Glory Mariam Mathew				
52.	Jillu Mathew				
53.	Jincy Chacko				
54.	Linta Mariyam Jose	Mrs Preethi	IRC/FMCON/2017 /BS12	12	Study on factors associated with medication administration error in a selected hospital at Mangalore.
55.	Nikitha Nisha D Souza				
56.	Harsha Thomas				
57.	Jinumol Kurian				
58.	Jis Maria Jose	Mrs Wilma	IRC/FMCON/2017 /BS13	13	A descriptive study on knowledge of antenatal mothers on anemia in a selected hospital, Mangaluru - with a view to give a health education material.
59.	Prathima Neetha Castelino				
60.	Priyanka Elizabeth Mathew				
61.	Jismi Joseph				
62.	Sumi Mathai				
63.	Josmy Andrews	Mr Manoj	IRC/FMCON/2017 /BS14	14	Study on attitude , knowledge and willingness to donate organs among general public
64.	Roja Sam				
65.	Melany Nathasha Lewis				
66.	Josna Joseph				
67.	Josna Mary Jose	Mrs	IRC/FMCON/2017	15	Risk assessment and
68.	Joyline Sandria Pinto				
69.	Linta Vincent				
70.	Raina Rose Johnson				
71.	Mariya Joseph				



72.	Merlin Mary Cherian	Sandra	/BS15		preventive strategies for Deep Vein Thrombosis among patients admitted in Intensive Care Units.
73.	Pereira Abigail Salvation				
74.	Rose Mary Joseph				
75.	Shalu Sebastian				
76.	Mereena Reji	Mrs Sonia D'Souza	IRC/FMCON/2017 /BS16	16	A study to assess the knowledge and practice on life style modification to prevent coronary artery disease among adults in general population in a selected hospital Mangalore .
77.	Minu Sony				
78.	Merlin O F				
79.	Roshini Mariya Cyriac				
80.	Anina Saji				
81.	Reema Suzan D Costa	Prof Agnes	IRC/FMCON/2017 /BS17	17	Health and burden of the care givers of patients with psychiatric disorders.
82.	Rosmy Scaria				
83.	Selin Raju				
84.	Serah Abey				
85.	Snehamol Thomas				
86.	Shaleena Elisha D Souza	Mr Rajeev	IRC/FMCON/2017 /BS18	18	A caregivers Knowledge about early warning signs of suicide among people with mental illness.
87.	Soji S Saji				
88.	Meper Pangia				
89.	Vrinda				
90.	Leonza Mariolla D Rozario	Mrs Lejomol	IRC/FMCON/2017 /BS19	19	A comparative study on the mental well being of children using electronic gadgets and green space in a selected community
91.	Tiara Carol Pinto				
92.	Vencilla Monthu Rodrigues				
93.	Bismi Thomas				
94.	Soorya George	Mrs Reena	IRC/FMCON/2017 /BS20	20	Effectiveness of skill based Simulation training in insertion of indwelling urinary catheter among nursing students of a selected college at Mangalore.
95.	Liya Sunny				
96.	Stephy Elezabeth John				
97.	Jismy Maria T Devasia				

IRC Chairperson



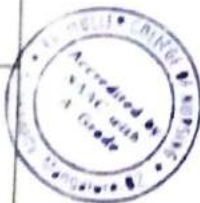


  
Principal

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**Father Muller College of Nursing**  
**BSc(N) III year 2017-18**  
**Research projects reviewed by IRC**  
**Date of review – December 2017 to January 2018**

Sl. No.	Name of the PI CO- Investigators	Guide	IRC No	PROBLEMSTATEMENT
1	Ms. Agaya S P Ms. Aishwariya Philip Ms. Aleena Joy Ms. Aleesha Tom Ms. Alisha Babu	Mrs Pramila	IRC/FMCON/2017/BS21	Knowledge regarding spacing methods among married women visiting Outpatient Department of a selected hospital at Mangaluru.
2	Ms. Alliena Tessa Tomy Ms. Alphonsa J- Mr. Joseph Ms. Alphonsa J - Mr. Jose Ms. Alphonsa Tomy Ms. Alphy Shaju	Mrs Arokia Benita	IRC/FMCON/2017/BS22	Self reported practice of insulin administration among patients with diabetes mellitus in a selected hospital at Mangaluru.
3	Ms. Amitha Sebastian Ms. Ancilla Pinto Ms. Andrea D'Souza Ms. Anees Philip Ms. Angel George	Ms Deepika NC	IRC/FMCON/2017/BS23	Comparative study on job satisfaction among nurses working in critical care units and general wards in a selected hospital ,Mangaluru
4	Ms. Anisha D'Souza Ms. Anitta Mariya Binu Ms. Anjaly John Ms. Anjana Anto Ms. Anjana Sabu	Mrs Joyce Fernandes	IRC/FMCON/2017/BS24	Knowledge on practice regarding physical restraining of patients among staff nurses in a selected hospital, Mangaluru
5	Ms. Anju Sara Idiculla Ms. Annmary Kunjumon Ms. Anns Maria Benny Ms. Anuja George Ms. Anusha Roseline A	Ms Sonia Karen	IRC/FMCON/2017/BS25	Nurses Knowledge on prevention of CAUTI in a selected hospital, Mangaluru.
6	Ms. Armin Rose Sabu Ms. Asha Biju Ms. Ashel Christal Pinto Ms. Ashly Francis Ms. Ashly James	Ms Precilla	IRC/FMCON/2017/BS26	Stress and stressors among the UG nursing students in a selected college at Mangaluru
7	Ms. Ashly Treesa Xavier Ms. Astha Kurian Ms. Aswini Mathew Ms. Benlin Elvisha Lobo Ms. Benlin Elvisha Lobo	Mrs Jubee	IRC/FMCON/2017/BS27	Patient satisfaction on hospital service system in a selected hospital, Mangaluru



8	Ms. Bijaly Susan Mathew Ms. Brigit George Ms. Caroline Trisha Kotian Ms. Celeste Peter Ms. Chinju Rose Jose	Mrs Hezil Asha	IRC/FMCON/2017/BS28	Knowledge on Government maternity benefit schemes among antenatal mothers at a selected hospital, Mangaluru
9	Ms. Christina Varghese Ms. Cristeena Saju Ms. Delna John Ms. Diya Jose Ms. Dona Tom	Sr Judy	IRC/FMCON/2017/BS29	Quality of sleep among hospitalized patients in a selected hospital of Mangalore
10	Ms. Doney Raj Ms. Dyafny Santhanez Ms. Ebitta Joseph Ms. Elsa Salu Siby Ms. Eva AM Kharlyngdoh	Mrs Diana	IRC/FMCON/2017/BS30	Quality of life of cancer patients undergoing chemotherapy in a selected hospital, Mangaluru
11	Ms. Femia Cyril Ms. Gina Thomas Ms. Gisele Santhmayor Ms. Glen Seema D Souza Ms. Glenita Fernandes	Mrs Preethi	IRC/FMCON/2017/BS31	Assertive behaviour and self esteem among nursing students in a selected college at Mangaluru
12	Ms. Jasmin J Ms. Jasmin James Ms. Jeasma Lolita D Mello Ms. Jesty Joy Ms. Jislin Mathew	Ms Joyce L D Souza	IRC/FMCON/2017/BS32	Effectiveness of PTP on knowledge regarding placental cord blood banking among III BSc nursing students in a selected college, Mangaluru.
13	Ms. Jolsina James Ms. Josmy Maria Johnson Ms. Julie Sebastian Ms. Krupa Shaji Ms. Mahima B	Mr Abin	IRC/FMCON/2017/BS33	Study habits of nursing students in a selected college at Mangaluru.
14	Ms. Maria Elizabeth Ms. Mary Thomas Ms. Mayolla Deena D Souza Ms. Meenu Francis Ms. Meethu Raju	Ms Nijisha	IRC/FMCON/2017/BS34	Knowledge of adolescents regarding health implications of body piercing in a selected college, Mangaluru.



15	Ms. Melita Lobo Ms. Melody Seema D Souza Ms. Meloney L Felicitus D Ms. Minju Johnson Ms. Namitha Dayi	Mrs Shwetha Rashmi	IRC/FMCON/2017/BS35	Attitude of nursing students towards simulation based learning in a selected college at Mangaluru.
16	Ms. Nidhila Charly Ms. Nigiya George Ms. Nimiya Tiserent Ms. Nimmy Jose T Ms. Reema Clara Cardoza	Ms Indhu	IRC/FMCON/2017/BS36	Satisfaction of student nurses towards academic support and facilities in a selected college of Mangalore
17	Ms. Reenu Elizabeth Koshy Ms. Reshma Andrade Ms. Rinu K Reji Ms. Rony Mol Roji Ms. Roopa Maria D'Souza	Prof Victoria	IRC/FMCON/2017/BS37	Attitude towards elderly care among nursing students in a selected college, Mangaluru.
18	Ms. Roselle Sanctis Ms. Roshni Raju Ms. Sharlin B Menezes Ms. Smitha D'Souza Ms. Steny Punnuse	Prof Irene	IRC/FMCON/2017/BS38	Knowledge on hypoglycemia among patients with Type II DM in a selected hospital at Mangaluru
19	Ms. Swathi Ms. Sweeta Priya D'Souza Ms. Teena Checha Thomas Ms. Theresa Tomy Ms. Tiana Susan	Dr Devina	IRC/FMCON/2017/BS39	Comparative study on perception regarding mentorship program between mentees and mentors in a selected college at Mangalore
20	Ms. Toji Joseph Ms. Vinilda Preema D Souza Ms. Vinita D Souza Ms. Vismaya Raju Ms. Zeena Demitra D'Souza	Mrs Shobha	IRC/FMCON/2017/BS40	Effectiveness of educational intervention regarding knowledge on osteoporosis among post menopausal women in a selected setting at Mangaluru.



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**Father Muller College of Nursing**  
**PBBSc(N) II year 2017-18**  
**Research projects reviewed by IRC**  
**Date of review – December 2017 to January 2018**

Sl.No	Name	Guide name	Study Title	IRC No	Group No
1.	Mrs Vinitha Sharol Pinto	Mrs Priya Fernandes	A Study on the knowledge and beliefs about teething among mothers in selected hospital at Mangalore.	IRC/FMCON/2017/PBBSC01	1
2.	Ms Jyothsna				
3.	Sr Bincy Jose				
4.	Ms Rosmy Savy				
5.	Sr Shini Mathew				
6.	Ms Ashwathy Babu	Mrs Jasmine Saritha vas	A study on contributing factors of migration to overseas among staff nurses working at selected hospital at Mangalore.	IRC/FMCON/2017/PBBSCS02	2
7.	Sr Bindu				
8.	Ms Elveera				
9.	Ms Harita Philip				
10.	Ms Jeena Joseph	Ms Seema Chavan	A study on knowledge regarding effects of using high heel foot wear among females	IRC/FMCON/2017/PBBSC03	3
11.	Ms Sarika AV				
12.	Sr Nishamol				
13.	Ms Jyothy Varghese				
14.	Sr Jhancy				
15.	Ms Priya Fiola	Mr Manoj PS	A study on knowledge of prospective parents towards cord blood banking at selected hospital at Mangalore.	IRC/FMCON/2017/PBBSC04	4
16.	Sr Sijimol				
17.	Ms Sherin Jose				
18.	Ms Josteena Jose				
19.	Ms Joyner Pais	Mrs Priya Fernandes	A study on knowledge of mothers on lead poisoning among children at selected hospital at Mangalore.	IRC/FMCON/2017/PBBSC05	5
20.	Sr MV Jhancy				
21.	Sr Shainy Angaiyath				
22.	Ms Fernandes Jadriya				
23.	Sr Lincy Kurien				

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**Father Muller College of Nursing**  
**MSc(N) I year 2017-18**  
**Research projects reviewed by IRC**  
**Date of review – December 2017 to January 2018**

SL. No	Name of the Students	Guide	Co-Guide	Problem statement	IRC NO:
1.	Ms. Nancy Divya D Silva	Ms. Sonia D Souza	Ms. Susamma Varughese	A study to asses the effectiveness of cryotherapy on pain among patients undergone orthopedic surgeries in a selected hospital at Mangalore	IRC/FMCON/2017/MS02
2.	Ms. Nikita Livia Marian D Souza	Ms. Victoria D Almeida	Ms. Preethi Fernandes	A study to assess the effectiveness of Benson's relaxation technique on anxiety and fatigue in patients undergoing haemodialysis	IRC/FMCON/2017/MS01
3.	Ms. Roseline K Antony	Ms. Sandra J Saldanha	Ms. John Neetha	A study to assess the knowledge and self reported practice regarding prevention of sudden infant death syndrome among postnatal mothers attending postnatal services in a selected hospital with the view to develop an information pamphlet	IRC/FMCON/2017/MS04
4.	Ms. N Anthonamma	Ms. Binsha Pappachan	Mr. Rajeeve Mathew	To assess the perceived social support and depression among women with cancer in a selected setting at Mangalore	IRC/FMCON/2017/MS03



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**Father Muller College of Nursing**

**Faculty Research projects reviewed by IRC**

**2017-18**

<b>Sno</b>	<b>Name of the Faculty</b>	<b>Date</b>	<b>IRC No</b>	<b>Problem statement</b>	<b>Review of</b>
1	Sr. Judy SIC & Mrs. Lejomol Abraham	1/9/2017	IRC/FMCON/2017/FAC/04	A study on functional ability of bladder among menopausal women in selected setting of Mangaluru with a view to prepare informational booklet	Manuscript
2	Susamma Varughese & Mrs. Bridget D'Silva	27/11/2017	IRC/FMCON/2017/FAC/05	Knowledge and Perspective on CPR among staff nurses	Manuscript
3	Susamma Varughese	9/1/2018	IRC/FMCON/2018/FAC/01	A study on Co-morbidity, Precipitating and associated factors of Nocturia among adults.	Oral paper presentation
4	Dr Devina Rodrigues	13/1/2018	IRC/FMCON/2018/FAC/02	Professional quality of life among nurses of a selected hospital in Mangaluru.	Oral paper presentation
5	Mr Rajeeve Mathew, Mrs Jacintha Valder	20/2/2018	IRC/FMCON/2018/FAC/03	A study on knowledge regarding the handling of sharps Among health care personnel in a selected hospital, Mangaluru	Manuscript
6	Sr. Nancy Priya Mathias	23/3/2018	IRC/FMCON/2018/Fac-08	Effectiveness of simulation based teaching on self-confidence & anxiety level in the performance of urinary catheterization among B.Sc. nursing students in a selected college of nursing at Mangaluru.	Synopsis
7	Dr Devina Rodrigues	18/4/2018	IRC/FMCON/2018/Fac-09	Comparative study on work- life balance and potential contributing factors for work	Synopsis





				life imbalance among various categories of health personnel of a selected institute in Mangalore.	
8	Ms Seema S Chavan	30/5/2018	IRC/FMCON/2018/FAC/06	An explorative study on factors affecting nursing student's academic failure	Manuscript
9	Dr Devina Rodrigues	21/6/2018	IRC/FMCON/2018/FAC/07	A study to assess the Professional Quality Life among Nurses of a selected institute in Mangaluru.	Manuscript



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# **IRC Review**

## **2018-19**

**Father Muller College Of Nursing**  
**III Year Basic B.Sc Nursing -2018-19**  
**Research projects reviewed by IRC**  
**Date of review – December 2018 to January 2019**

SNo	Name of the Student	Guide	IRC No		Group No
1.	Albeena Binu	Mrs Devina	IRC/FMCON/2018/BS01	A study on sleep pattern and predictors o sleep pattern disturbance among admitted patients	1
2.	Aleena Anil				
3.	Alphonsa Mathew				
4.	Amala Sibichan				
5.	Amitha K Joy				
6.	Amy Mol Joy	Ms Sonia Karen	IRC/FMCON/2018/BS02	Knowledge on prevention of UTI among antenatal women visiting a selected medical college with a view to prepare a pamphlet	2
7.	Anita Elza Shibu				
8.	Anjali Koshy				
9.	Anju C Thomas				
10.	Anju Sebastian	Ms Deepika NC	IRC/FMCON/2018/BS03	A study to assess the Knowledge on blood transfusion among the nurses working in the selected hospital at Mangaluru	3
11.	Ann Mary Sabu				
12.	Anugraha Amal Johnson				
13.	Anupama Mathew				
14.	Archana A B				
15.	Archana S Philip	Mrs Joyce Fernandes	IRC/FMCON/2018/BS04	A study to assess the relationship between head nurse leadership styles and staff nurses job satisfaction in a selected hospital at Mangaluru	4
16.	Arsha Maria Reji				
17.	Ashika Thomas				
18.	Benna Kurian				
19.	Bensy Benny	Ms Seema	IRC/FMCON/2018/BS05	A study on Knowledge regarding skin care and quality of life of cancer patients receiving radiation therapy	5
20.	Binsha P A				
21.	Bismin Sebastian				
22.	Blessymariya Binu				
23.	Caroline Maria Saldanha				



SNo	Name of the Student	Guide	IRC No	Group No
24.	Cheryl Charles Viegas	Ms Precilla	IRC/FMCON/2018/BS06	A correlation study on taste alteration and quality of life among cancer patients in a selected hospital at Mangaluru
25.	Chinnu Anish			
26.	Chitra C Nair			
27.	Christy Johns			
28.	Christy Mathew			
29.	Dani Joseph Painumpara			
30.	Darsana S Wilson	Mrs Jubee	IRC/FMCON/2018/BS07	Adherence to life style modification of the patients with coronary artery disease in a selected hospital at Mangaluru
31.	Dayna Maria Joseph			
32.	Dona Sebastian			
33.	D' Souza Dillon Preemal			
34.	Eami Joseph			
35.	Gesha Sara Geevarughese	Mrs Priya Sweety	IRC/FMCON/2018/BS08	Knowledge on adverse effects of obesity among adolescence in a selected college at Mangaluru
36.	Jasica Lima Suvaris			
37.	Jency S			
38.	Jenevia Jyothi D Souza			
39.	Jeny Justin	Sr Judy	IRC/FMCON/2018/BS09	Perceived self confidence after learning a selected procedure through simulation base learning by nursing students of a selected institute at Mangaluru
40.	Joselin Thresiamma James			
41.	Josna J Machado			
42.	Julee George			
43.	Kesiyamol Sabu			
44.	Lavita Pinto			
45.	Liriya D Souza	Mrs Ramyashree	IRC/FMCON/2018/BS10	A descriptive study on knowledge and practice of staff nurses towards nursing initial assessment in a selected hospital at Mangaluru
46.	Litty Thomas			
47.	Littymol John			
48.	Lolita Dsouza			
49.	Loycee Lolita Mascarenhas			
50.	Maria Jyothi Mascarenhas	Mrs Shobha	IRC/FMCON/2018/BS11	Study on knowledge on selected minor disorders of newborn among the postnatal
51.	Maria Reshma Pinto			
52.	Marsha Abraham			



SNo	Name of the Student	Guide	IRC No		Group No
53.	Mereena Thomas			mothers in a selected hospital at Mangaluru	
54.	Merin Melanie D Mello				
55.	Milu Mariya Joseph				
56.	Minu Sibi	Mrs Binsha	IRC/FMCON/2018/BS12	A study on codependency and depressive symptoms among patients with alcoholic disorders in a selected hospital at Mangaluru	12
57.	Namitha Roslin Babu				
58.	Naveen Basavaraj Ghodageri				
59.	Nimisha Elizabeth Saji				
60.	Nimisha Mathew	Mr Rajeev	IRC/FMCON/2018/BS13	A study on knowledge regarding human rights of mentally ill patients among students in a selected college at Mangaluru	13
61.	Nimitha Antony				
62.	Nimitha Saju				
63.	Nimya Varghese				
64.	Patricia Adlline D Souza				
65.	Pooja Mathew	Mr shajan	IRC/FMCON/2018/BS14	Major contributing factors for alcoholism among adults admitted in a selected de-addiction centre at Mangaluru	14
66.	Praveena Sunny				
67.	Preema C F				
68.	Quency John D Souza				
69.	Rakshitha	Mrs Shwetha Rashmi	IRC/FMCON/2018/BS15	A study on perception towards online academic feedback system among nursing students	15
70.	Ramya				
71.	Ranimol Jose				
72.	Rebeca Susan Prince				
73.	Reema Mendonca				
74.	Reena Lynett Saldanha	Mr Manoj	IRC/FMCON/2018/BS16	Knowledge of mothers regarding first aid management of domestic accidents among children in a selected setting at Mangaluru	16
75.	Reenu Annie Rajan				
76.	Reshma Manoj				
77.	Rodrigues Natasha Simon				
78.	Roni Simon				
79.	Roshni Cynthia Pereira				
80.	Roshni D Souza				



SNo	Name of the Student	Guide	IRC No		Group No
81.	Sandra Sebastian	Mrs Wilma	IRC/FMCON/2018/BS17	A study on knowledge and attitude regarding kangaroo mother care among the fathers in a selected hospital at Mangaluru	17
82.	Sherin Ann Thomas				
83.	Sherinmol V S				
84.	Sheryl Reshal Fernandes				
85.	Shilpa Antony				
86.	Shilpa Jose	Prof Irene	IRC/FMCON/2018/BS18	Burden an emotional stability of caregivers of patients suffering from cancer	18
87.	Shilpa Tom				
88.	Shinu Saju				
89.	Silja Joseph				
90.	Sinu Alizabeth Joseph				
91.	Smija S Pillai	Mrs Jacintha Valder	IRC/FMCON/2018/BS19	Study on pre-procedural anxiety level of the patients undergoing upper GI endoscopy in a selected hospital at Mangaluru	19
92.	Sneha V				
93.	Sona Shaji				
94.	Stephy John				
95.	Teena Mary P A				
96.	Tharase Sunny	Mrs Preethi	IRC/FMCON/2018/BS20	Correlational study on headache disability and quality of life of young adults in a selected college at Mangaluru	20
97.	Varsha Jacob				
98.	Venus Treesa K Philip				
99.	Vinoliya Joylin Carlo				



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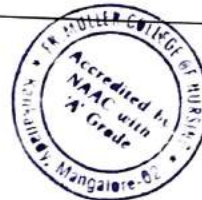



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**Father Muller College Of Nursing**  
**II Year P B B.Sc Nursing (2018-2019)**  
**Research projects reviewed by IRC**  
**Date of review – December 2018 to January 2019**

Group no	Student list	Guide list	Title of the study	IRC NO
1.	1. Tenzing Dolkar Bhutia(PI) 2. Flavia Sequeira 3. Mary Madhavi Palagiri 4. Anil MC 5. Gini Jose	Mrs Laveena Rodrigues	A study on stigmatized attitude towards mental illness among the caregivers of patients with psychiatric illness in a selected hospital at Mangaluru	IRC/FMCON/2018/PBBSC01
2.	1. Sony John(PI) 2. Ashihrii Eloni 3. Vanitha M 4. Athira Babu 5. Priya Sushma Dsouza	Mrs Reena Frank	Prevalence of pregnancy induced hypertension and its high risk factors among the antenatal women in selected hospital Mangaluru	IRC/FMCON/2018/PBBSC02
3.	1. Shreekanath s k(PI) 2. Ramulamma Kondeti 3. Faria Clena De Lourdes 4. Dhanya Yacob 5. Rosalynda M Khongwet	Mrs Shiji PJ	A study to assess the stress of the family members of alcoholics admitted in a de addiction ward in a selected hospital at mangaluru	IRC/FMCON/2018/PBBSC03
4.	1. Ngawang Tsephel Bhutia(PI) 2. Vanitha D'souza 3. Simi Ance Xavier 4. Flyzil D'souza	Mrs Priya Fernandes	A study on knowledge of mothers regarding behavioural problems in children in selected hospital at Mangaluru.	IRC/FMCON/2018/PBBSC04



	5. Sujatha D' souza			
5.	1. Santhosh M(PI) 2. Reshmi PO 3. Jincy VV 4. Doniya Joshy 5. Simi PP	Mrs Sandra Saldanha	A study on knowledge and utilization of optional vaccines among parents of under five children attending the OPD services of selected hospital mmnagaluru	IRC/FMCON/2018/PBBSC05
6.	1. Wilma d Almeida(PI) 2. Sreeshma CK 3. Lisha Lonappan 4. Shiny Mathew	Sr Deepa	Level of empathy among nursing students in a selected college at Mangaluru.	IRC/FMCON/2018/PBBSCS06



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**Father Muller College of Nursing**  
**MSc(N) I year 2018-19**  
**Research projects reviewed by IRC**  
**Date of review – December 2018 to January 2019**

SL. No	Name of the Students	Guide	Co-Guide	Problem statement	IRC NO:
1	Ann Joseph	Ms. Preethi Fernandes	Ms. Shwetha Rashmi	Effectiveness of foot reflexology on blood pressure among hypertensive patients in a selected hospital, mangaluru	IRC/FMCON/2018-19/MS01
2	Arti Ravi	Ms. Victoria D Almeida	Ms. Susamma Varughese	Effect of warm water foot bath on chemotherapy induced fatigue among patients with cancer in a selected hospital at mangaluru	IRC/FMCON/2018-19/MS02
3	Irene Thakuria	Ms. Sonia D Souza	Ms. Victoria D Almeida	Effect of warm water foot bath on chemotherapy induced fatigue among patients with cancer in a selected hospital at mangaluru	IRC/FMCON/2018-19/MS03
4	Sangeeta Crasta	Ms. Pramila D Souza	Ms. Reena W Frank	Effectiveness of awareness programme regarding breast feeding techniques on prevention of nipple soreness among primipara mothers in a selected hospital at mangaluru, karnataka	IRC/FMCON/2018-19/MS04
5	Velentina Senapati	Ms. Shoba P Xavier	Ms. Precilla D Silva	Effect of fetal movement count on prenatal attachment among primi and multigravida women in a selected hospital at mangaluru	IRC/FMCON/2018-19/MS05

  
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**Father Muller College of Nursing**

**Faculty Research projects reviewed by IRC**

**2018-19**

Sno	Name of the Faculty	Date	IRC No	Problem statement	Review of Synopsis
1.	Sonia Karen Liz Sequera	4/9/2018	IRC/FMCON/2018/FAC – 15	Lived experience of clients with Urinary Tract Infection (UTI) on Quality of Life (QOL), awareness, expressed habitual practices and effectiveness of SCAPS (Structured counseling and preventive strategies) on UTI among the women of reproductive age group	Review of Synopsis
2.	Mrs. Reena Frank	27/9/2018	IRC/FMCON/2018/FAC – 10	Body mass index and eating habits among the university students	Manuscript
3.	Ms. Sabeena M T P	4/10/2018	IRC/FMCON/2018/FAC-19	A study to assess the relationship between emotional intelligence (EI) and adjustment level of 1 st year B. Sc. nursing students of a selected nursing college at Mangalore.	Oral paper presentation
4.	Mrs Priya Janifer Fernandes	4/10/2018	IRC/FMCON/2018/FAC-20	“Occurrence of chemical allergy among the health care personnel and measures taken for its management in a selected hospital at Mangalore”	Oral paper presentation
5.	Mrs. Reena Frank	5/10/2018	IRC/FMCON/2018/FAC – 16	“Effectiveness of resistance and aerobic exercises on glycemic control and pregnancy outcome among women with gestational diabetes mellitus in selected hospitals, Mangaluru.”	Synopsis
6.	Mrs Priya Janifer Fernandes Mrs Wilma Shalini Noronha	6/10/2018	IRC/FMCON/2018/FAC – 11	A study on the prevalence of malnutrition among children aged 6 months to 2 years	Department study



				and attitude of mothers related to weaning among those who are attending the selected Hospitals at Mangalore.	
7.	Mrs. Joyce Fernandes	8/10/2019	IRC/FMCON/2018/FAC-21	Knowledge on practice regarding physical restraining of patients among staff nurses in selected hospital at Mangaluru.	Oral paper presentation
8.	Sandra Jyothi Saldanha	16/10/2019	IRC/FMCON/2018/FAC-17	A study to assess the effectiveness of Situation Background Assessment Recommendation (SBAR) technique to improve clinical communication among nursing students of a selected Nursing College, Mangalore.	Oral paper presentation
9.	Dr Agnes E J	22/10/2018	IRC/FMCON/2018/FAC - 12	Attitude of staff nurses towards the use of physical restraints on patients	Manuscript
10	Mrs Wilma Shalini Noronha	25/10/2018	IRC/FMCON/2018/FAC-18	A study on knowledge and Attitude regarding diet among Antenatal women in a selected Hospital of mangaluru in a view To prepare informational Pamphlet	Oral paper presentation
11	Mrs. Reena Frank	5/11/2018	IRC/FMCON/2018/FAC - 13	Effectiveness of skill based simulation training in insertion of indwelling urinary catheter	Manuscript
12	Sr Deepa Peter	7/11/2018	IRC/FMCON/2018/FAC-14	A comparative study on recording of temperature by the clinical mercury thermometer and the digital thermometer among student nurses in a selected nursing college at Mangalore	Oral paper presentation
13	Lavina Rodrigues	9/11/2018	IRC/FMCON/2018/FAC-27	Knowledge and attitude of postnatal mothers	Oral paper presentation



				towards human breast milk banking in a selected hospital at Mangaluru	
14	Mr Jithin PC	9/11/2018	IRC/FMCON/2018/FAC-22	Effect of Information Education Communication (IEC) on knowledge and attitude on adolescent mental health among adolescent boys.	Oral paper presentation
15	Ms Priya Sweety Pereira	9/11/2018	IRC/FMCON/2018/FAC-13	Knowledge and Practice on Breast Self Examination among Women in selected Hospital, Mangaluru in a view to prepare Informational Leaflet	Oral paper presentation
16	Mrs Shoba P Xavier Mrs Ramyashree S Ms Precilla D'Silva	15/11/2018	IRC/FMCON/2018/FAC-25	Hand washing knowledge and practices among school children in a selected government Higher primary school at Mangaluru: Pilot study	Synopsis
17	Mrs. Nijisha Sharli Mrs. Reena Wilma Frank Mrs. Pramila D'Souza	15/11/2018	IRC/FMCON/2018/FAC - 28	Knowledge and Attitude regarding HIV/AIDS among School children in selected Higher Primary school at Mangaluru: Pilot study	Synopsis
18	Mrs Binsha Pappachan C	21/11/2019	IRC/FMCON/2018/FAC-24	Effect of Psycho-social Intervention Package on Psychological distress and Quality of Life among women with Breast Cancer	Oral paper presentation
19	Ms Henita Menezes	22/11/2019	IRC/FMCON/2018/FAC-23	A case control study to identify the biopsychosocial risk factors to ID in children attending special schools	Oral paper presentation
20	Sr Deepa Peter Mrs Suneetha Merlin Mrs Shweta Rashmi	24/11/2018	IRC/FMCON/2018/FAC - 29	Study on knowledge and practice of body mechanics among the student nurses	Synopsis
21	Pramila D Souza	7/12/2018	IRC/FMCON/2018/FAC-26	Awareness of "Go Green Hospital Initiative" among healthcare	Oral paper presentation



				personnel in a selected hospital at Mangaluru with a view to prepare an informational leaflet.	
22	Prof. Victoria D Almeida	15/12/2018	IRC/FMCON/2018/FAC – 30	Adherence and Barriers to Adherence to Antihypertensive Regimen among Patients with Hypertension in a selected hospital at Mangaluru”	Manuscript
23	Ms. Precilla Loriena D’silva	18/12/2018	IRC/FMCON/2018/FAC – 31	A study to assess stress and stressors among undergraduate Nursing students in a selected college at mangaluru	Manuscript
24	Mr. Rajeev Mathew	26/12/2018	IRC/FMCON/2018/FAC – 32	A study on caregiver’s knowledge on early warning signs of suicide in mentally Ill patients in a selected hospital mangalore	Manuscript
25	Mrs Hezil Asha Sequera Mrs Priya Sweety Pereira Ms Sonia Karen Liz Sequera	27/12/2018	IRC/FMCON/2018/FAC – 33	Parents’ perception on mobile Phone usage among their children And knowledge on its hazards in Selected hospital, mangalore	Synopsis
26	Mrs Hezil Asha Sequera Mrs Priya Sweety Pereira Ms Sonia Karen Liz Sequera	27/12/2018	IRC/FMCON/2018/FAC – 34	Adolascents knowledge & self reported practice on Prevention of urinary tract infection (uti) residing in a Hostel of a selected nursing college, mangaluru	Dept study presentation
27	Mrs Ramyashree S Mrs Deepka Nc	28/12/2018	IRC/FMCON/2018/FAC – 35	A study to assess the knowledge And attitude of mothers Regarding prevention of child Sexual abuse in a selected Community at mangalore with a View to prepare an	Synopsis



				information Booklet	
28	Susamma Varughese(Sr.Judy Sic)	28/12/2018	Irc/Fmcon/2018/Fac-36	A Study On The Effectiveness Of Self Instructional Module On Management Of Nocturia Among Adults In Selected Settings Of Mangalore.	Synopsis
29	Mrs Irene Alvares Mrs Jasmine Sarita Vas Mrs Preema Reshma Pinto	31/12/2018	IRC/FMCON/2018/FAC-37	Effectiveness of video assisted learning programme on knowledge regarding Breast Self Examination (BSE) among first year nursing students	Synopsis
30	Mrs. Preethi Fernandes	31/12/2018	IRC/FMCON/2018/FAC – 38	Exploratory study on “Factors contributing to medication administration error among staff nurses in a selected hospital at Mangaluru.	Manuscript
31	Mrs Hezil Asha Sequera Mrs Priya Sweety Pereira Ms Sonia Karen Liz Sequera	31/12/2018	IRC/FMCON/2018/FAC-39	Adolascents knowledge & self reported practice on Prevention of urinary tract infection (uti) residing in a hostel of A selected nursing college, mangaluru	Synopsis
32	Mrs Binsha Pappachan C Mr Shajan Xaviour	1/1/2019	IRC/FMCON/2019/FAC-01	Quality of life among long term survivors of Breast Cancer	Synopsis
33	Prof. Victoria D Almeida	4/1/2019	IRC/FMCON/2019/FAC-03	Adherence and Barriers to Adherence to Antihypertensive Regimen among Patients with Hypertension in a selected hospital at Mangaluru”	Manuscript
34	Mrs. Priya Janifer Fernandes	10/1/2019	IRC/FMCON/2019/FAC-02	A study on effectiveness of blended training on quality of life of children with nephrotic syndrome in selected hospitals at Mangalore.	Synopsis
35	Mrs. Priya Janifer Fernandes	16/1/2019	IRC/FMCON/2019/FAC-04	Occurrence of Chemical Allergy among Health	Manuscript



				Care Personnel and Measures	
36	Mrs Denitha T	1/2/2019	IRC/FMCON/2018/FAC-40	A study to evaluate the effectiveness of acupressure on quality of sleep among elderly in selected old age home at Mangalore, Karnataka	Oral paper presentation
37	Ms Seema S Chavan	1/2/2019	IRC/FMCON/2018/FAC-41	Study Title: Quality of life of mothers and their felt needs of children diagnosed with cancer in a selected hospital in Mangaluru ORDER NO. RGU: Adv. Res: Proposal-N-334:2015-16.DATE:07-01-2016	Oral Paper presentataion
38	Mrs. Priya Janifer Fernandes	4/2/2019	IRC/FMCON/2017/PBBSC01	A Study On Knowledge And Beliefs About Teething Among Mothers In Selected	Oral Paper presentataion
39	Sonia Sequeira, Precilla D'Silva	9/2/2019	IRC/FMCON/2018/FAC-05	Client satisfaction and preferences towards nonverbal Communication(nvc) of health care providers in a therapeutic Setting, mangaluru	Manuscript
40	Deepika N C	12/2/2019	IRC/FMCON/2019/FAC-06	A study to assess the effectiveness of self instructional module (SIM) on knowledge regarding selected vaccine preventable diseases among mothers of infants in a selected rural community Mangaluru.	Oral Paper presentataion
41	Sr. Judy SIC (Susamma Varughese)	12/2/2019	IRC/FMCON/2019/FAC-07	Psychosocial impact of overactive bladder symptoms among adults in a selected hospital at Mangaluru.	Oral Paper presentataion
42	Mrs Wilma .S. Noronha	13/2/2019	IRC/FMCON/2017/BS04	A study on knowledge and attitude regarding neonatal jaundice among the postnatal mothers.in a view to	Oral paper presentation



				prepare informational pamphlet.	
43	Mrs Jubee Joseph	14/2/2019	IRC/FMCON/2017/BS2	Patient satisfaction on hospital service system	Oral Paper presentataion
44	Mrs Shiji P J	29/4/2019	IRC/FMCON/2019/FAC-08	Quality of life of wives of alocoholics: an interventional study	Poster presentation
45	Mrs Lavina Rodrigues	30/4/2019	IRC/FMCON/2019/FAC-09	Anxiety among the nursing students during the initial clinical experience in a selected college at Mangaluru	Poster presentation
46	Dr.Devina E Rodrigues Mrs Preethi Fernandes		IRC/FMCON/2019/FAC-10	Yoga versus outdoor sports on balance, stability, coordination and flexibility in healthy children of a school at Mangalore.	Synopsis
47	Reena Wilma Frank , Sandra Jyothi Saldanha	20/2/2019	IRC/FMCON/2019/FAC-11	“Effectiveness of Skill Based Simulation Training in Insertion of Indwelling Urinary Catheter”	Manuscript
48	Ms Seema S Chavan Sonia Sequeira	23/5/2019	IRC/FMCON/2019/FAC-12	A study on perceived skills on information communication technology literacy (ICT) among nursing students in selected college with a view to impart hands on skills on ICT	Manuscript
49	Seema S Chavan , Mr Charanraj K R	23/5/2019	IRC/FMCON/2019/FAC-13	Quality of life & lived experience of mothers and their felt needs of children diagnosed with cancer in a selected hospital in Mangaluru – Pilot Study Report	Manuscript
50	Mrs Binsha Pappachan C	27/5/2019	IRC/FMCON/2019/FAC-14	Psycho-social interventions for Psychological distress and Quality of life among women with Breast cancer – A systematic review and Meta-analysis	Manuscript





51	Ms Seema Chavan, Ms. Wilma Noronha,	29/5/2019	IRC/FMCON/2 019/FAC-15	A study on knowledge of school going children (13- 15yrs) regarding Basic Life Support in a selected school at Mangalore	Manuscript
52	Ms Seema Chavan	3/6/1029	IRC/FMCON/2 019/FAC-16	A study on knowledge and self reported practices towards road safety regulations among university students in selected college in Mangaluru	Manuscript
53	Mrs. Sandra Jyothi Saldanha	10/6/2019	IRC/FMCON/2 019/FAC-17	Risk assessment and preventive strategies for Deep Vein Thrombosis among patients admitted in Intensive Care Units.	Manuscript
54	Mrs. John Neeta Priyanka Ebnezar 2 , Mrs. Sandra Jyothi Saldanha	11/6/2019	IRC/FMCON/2 019/FAC-18	A study to assess the knowledge of fathers on newborn Care in a selected hospital	Manuscript
55	Mrs. Binsha Pappach an C	11/6/2019	IRC/FMCON/2 019/FAC-19	Attitude and Usage of Over the Counter Drugs among Nursing Students	Manuscript
56	Sr. Judy SIC (Susamma Varughese)	27/6/2019	IRC/FMCON/2 017/BS – 29	A study on quality of sleep among hospitalized patients	Oral paper presentation
57	Mrs. Priya Janifer Fernandes	29/6/2019	IRC/FMCON/2 017/PB – 01	A study on knowledge regarding food safety among women	Oral paper presentation
58	Mr Rajeeve Mathew Mrs Joyce Fernandes	3/7/2019	IRC/FMCON/2 019/FAC-20	Effectiveness of Planned teaching program on knowledge of college students on risk factors of suicide and its preventive strategies in selected colleges of Mangaluru- Pilot study Report	Oral paper presentation
59	Mr Abin Kuriakose	4/7/2019	IRC/FMCON/2 018/FAC-21	Effectiveness of informational booklet on knowledge regarding benign hyperplasia among adults male patients	Oral paper presentation
60	Ms. Deepika N C	4/7/19	IRC/FMCON/2 019/FAC-22	A comparative study on job satisfaction among nurses working in critical	Oral paper presentation



				& general units of selected hospital Mangalore.	
61	Mrs. Wilma S. Noronha Dr Agnes EJ	5/7/2019	IRC/FMCON/2018/BS-13	A cross sectional study on stress and coping Among nursing students in a selected college, Mangaluru	Oral paper presentation
62	Mrs Jasmine Sarita Vas	13/7/2019	IRC/FMCON/2018/FAC-23	A study to assess the Knowledge level of Mothers on immunization Of the child in selected Hospital at mangaluru	Oral paper presentation
63	Mrs Irene Alvares	15/7/2019	IRC/FMCON/2018/FAC-24	Knowledge on hypoglycemia among diabetes mellitus in selected hospital	Oral paper presentation
64	Sonia Karen Liz Sequera	16/7/2019	IRC/FMCON/2018/FAC-25	Nurses knowledge on prevention of catheter associated Urinary tract infection (cauti) in a selected hospital, Mangaluru	Oral paper presentation
65	Mr. Abin Kuriakose	16/7/2019	IRC/FMCON/2017/BS33	Study the study habits of bsc Nursing students in a selected College at mangaluru	Oral paper presentation
66	Ms. Susamma Varughese (Sr. Judy)	29/7/19	IRC/FMCON/2019/FAC-26	“Sleep deprivation detrimentally affects health, personal wellbeing and quality of life because it impairs functioning, hampers recovery from illness.	Oral paper presentation
67	Mrs. Binsha Pappachan C	2/8/2019	IRC/FMCON/2019/FAC-27	Attitude of antenatal mothers towards caesarean section delivery	Manuscript
68	Dr.Devina E Rodrigues	9/8/2019	IRC/FMCON/2019/FAC-28	Sleep quality and predictors of sleep disturbances among adult patients admitted in a selected hospital, Mangaluru.	Manuscript
69	Ms Precilla D Silva, Mrs Reena Frank,	20/8/2019	IRC/FMCON/2019/FAC-29	A co relational study between polycystic	Manuscript



	Ms Darryl Aranha,			ovarian symptoms Among adults in a selected setting at mangaluru	
70	Ms Precilla D'Silva	29/8/2019	IRC/FMCON/2 019/FAC-30	A correlational study on taste alterations (tas) and Quality of life(qol) among cancer patients in a Selected hospital at mangaluru	Manuscript
71	Mrs. Joyce Laveena Dsouza,	31/8/2019	IRC/FMCON/2 019/FAC-31	Effectiveness of plained teaching program on knowledge Regarding placenta cord banking among the 2 nd year b.sc. Nursing students in a selected college, mangaluru	Manuscript



**IRC Chairperson**



**Principal**

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