Soft skill development

FATHER MULLER COLLEGE OF NURSING

Department of Nursing Education

Report of CNE

"An Other Step Forward"

(CAREER DEVELOPMENT IN NURSING)

We the Staff of Nursing Education Department and 2nd year PBBSc(Nsg) of 27th batch and career guidance cell of Father Muller College Of Nursing, as a part of our practical requirement ,conducted In-service Educational programme on 10.06.2016. The program began with the registration of delegates at 8:30am

First session was on "Soft skills and Communication" by Dr.Anil K, Associate Professor, Department of Psychiatry, Yenepoya University began at 9am.

After the session the floor was open for discussion.



Inaugural Function was started at 10am, with Dr. Anil K being the chief guest and Rev. Fr. Richard Coelho, the Administrator of Father Muller Medical College Hospital, being the President. The program began with a prayer song. Mrs Irene Alvares HOD, Dept of Nursing Education welcomed the gathering followed by chief guest who lit the lamp of the inaugural function.



Chief guest Dr. Anil K addressed the gathering with his inspiring thoughts. The Inaugural programme came to an end with vote of thanks by Miss Edna D'Souza, the student organizing secretary followed by the institutional anthem.

10:40am, the delegates dispersed for a tea break.



At 11am session on the topic 'Preparation of effective curriculum vitae and Tips to face an interview' was taken by Mr. Arun S Nath, Managing Director of Tech 2 people Health care and Education Pvt Ltd. The session was very Educative and Informative. The input of this session was very dynamic. After the session the floor was open for discussion.



Followed by the session was the sumptuous Lunch break. Then we had a short quiz conducted by Ms Pavitra and Mr Bobins which gave a spark to all the lazy brains after heavy lunch.



Post lunch sessions were 'Career opportunities in India and abroad' which started at 1.30pm till 3.30pm by Mr. Arun S Nath.

Overall the entire day sessions were filled with informative enriching our lives both professionally and personally.



Valedictory programme started at 3.30pm, Mrs Jasmine Sarita Vas organizing staff secretary welcomed the gathering. Dr. Savitha Pramilda Cutinho HOD of dept of OBG nursing was the Chief Guest and Rev Sr. Winnifred D'Souza, Principal FMCON was President. Dr. Savita Pramilda Cutinho gave inspiring speech, followed by distribution of certificates to all the delegates. Rev Sr. Winnifred D'Souza, Principal FMCON presided over the programme and addressed the gathering; Followed by this was feedback from two delegates. The Valedictory Program came to an end with vote of thanks by Mr Shivaling, 2nd year PBBSc student followed by National Anthem.



Delegates dispersed for tea at 4:30pm. Total 246 delegates were registered in this CNE.

Signature of organizing Secretary

Signature of HOD

Signature of Principal



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 **ALUMNI ASSOCIATION**



A workshop on Self Esteem and Self Empowerment was organised by the Alumni Association of Father Muller College of Nursing for the freshers of the various nursing courses on 19th November 2016 at conference Hall of FMCI. During the session, the animator Sr Agnes Frank B S threw light on various aspects of enhancing one's self esteem. She also provided hints on self awareness and gave insights on self empowerment. The workshop was filled with activities, self assessments and made more interesting with videos. This programme was benefitted by 180 students 20 alumni. It was well appreciated by the participants.



Secretary



President

ALUMNI ASSECTATION Fr. Muller's College of Am.g Kankanady, Mangaicro 2

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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 ALUMNI ASSOCIATION



Alumni Association of Father Muller College of Nursing In collaboration with 2nd year PBBSc Nursing students organized a training program on communication and Soft skill on 8th July 2017 at 2-4pm in the Decennial Memorial Hall. Rev Fr Richard Coelho, Director, Father Muller Charitable Institutions, Inaugurated the training program. Dr Judy Pinto, Former vice Principal and Counsellor at St Aloysius College Mangalore was the resource person. During the session Dr Judy Pinto highlighted on the importance of communication which is very essential while taking care of patient for the health professionals in their carrier.

A total of 320 employees of FMCI benefitted from this training program, the beneficiaries are the staff nurses, ward secretaries, clerks from various departments, social workers and doctors were present for the training session. The programme came to an end at 4pm.









Sary President

FATHER MULLER COLLEGE OF NURSING Alumni Association

Organizing training programme on "COMMUNICATION AND SOFT SKILLS"

Participants List: dear participants kindly provide details in registration desk

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FATHER MULLER COLLEGE OF NURSING

(Accredited by NAAC with 'A' Grade)

Guidance and Counseling, Mentor- Mentee and Grievance Committee Organized

Guest Lecture on 'ART OF PATIENCE' on 02-02-2019 at Rajath Bhavan

A guest lecture was organized on the topic 'Art of Patience' for the nursing students of Ist Bsc, Ist PBBSc, Ist GNM on 02.02.2019, from 9.00 am to 10.30 am at Rajath Bhavan of Father Muller College of Nursing. The resource person was Ms. Evelyn Benis, Professor and HOD Roshni Nilaya School of Social Work, Mangaluru. The programme was organized by guidance and counseling, mentor-mentee, and grievance committees of Father Muller College of Nursing. Around 210 Students and also the teaching faculty witnessed this session







Signature of Guidance and Counseling committee chairperson & Novonta (WILMA.S. NORONHA)

Signature of Mentor- Mentee committee chairperson & (PRIYA. j. FERNANDES)

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Signature of Grievance Committee chairperson

(SONIA D'SOUZA)

Principal

Date: 04-02-2019 Mangaluru

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Father Muller College of Nursing Guidance and counseling, mentor -mentee, and Grievance committee organizes Guest Lecture on Art of Patience

Date: 02-02-2019 Batch: BSc IST YEAR Venue: RAJATH BHAVAN

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Father Muller College of Nursing Guidance and counseling, mentor -mentee, and Grievance committee organizes Guest Lecture on Art of Patience

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Father Muller College of Nursing Guidance and counseling, mentor -mentee, and Grievance committee organizes Guest Lecture on Art of Patience

Date: 02-02-2019 Batch: Ist YEAR PBBSc Venue: RAJATH BHAVAN

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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION REPORT ON ORIENTATION PROGRAMME 2014-15

The department of nursing foundation had organized orientation programme for the students of B.Sc nursing batch 2014-15 on 17th, 18th and 19th of September respectively. This programme was organized for the students to provide basic knowledge about nursing, to teach about professional etiquette, to enhance self and to orient the students to the college and new campus. The resource persons were selected according to the topics, so that the session will be made interesting for the students. The orientation programme was planned as follows;

DATE	TIME	ACTIVITY	RESOURCE PERSON
17-09-201 3	8:30 -10am	College Profile	Sr Winnifred D Souza
	10:30-11:30am	Enhancing of Self	Mr Mithun Vijay
	11:30-12:30pm	Professional Etiquette	Mrs. Bridget DSilva
	1:30-2:30pm	Healthy Relationship	Mr Darol Moras
	2:30-3:30pm	Participatory Exercise/bank	
	3:30-4:30pm	Image of Nursing	Sr Loradana Korah

18-09-2011 ₁	8:30 -9.00am	Participatory Exercise	
	09:00-10:00am	Time management	Mr Mithun Vijay
	10:30-11:30am	Participatory Exercise/library	
	11:30-12:30pm	Solving Menstrual problems	Mrs Alphilin
	1:30-2:30pm	Importance of Values in Life	Sr Loradana Korah
	2:30-3:30pm	Institution anthem & hymns	Sr Deepa Peter
	3:30-4:30pm	Self Discipline	Sr Nikhila

19-09-2014	8:30 -9am	Participatory Exercise	
	9:00 -10am	Spiritual Activities in the Campus	Fr Anthoney Sudil

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1 <mark>0:30-11:30am</mark>	Healthy use of Mass media	Mr Mithun Vijay
11:30-12:30pm	Participatory Exercise	
1:30-3:30pm	Campus Orientation	
3:30-4:30pm	Evaluation	

Ice breaking session like spot games and activities were conducted for the students to involve themselves and exhibit their talents. In total this orientation programme helped the students to know each other and improve their personality and professional etiquette.













COORDINATOR

A Dp HOD

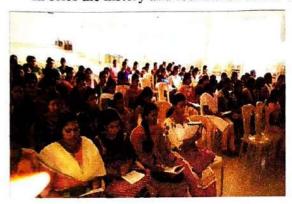
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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION

1ST YR BSC NURSING 2015-2016 BATCH ORIENTATION PROGRAMME FROM 21-09-2015 TO 23-09-2015

An Orientation programme of 3days was organized for the students of 1st yr BSc nursing batch 2015-2016. Various topics were included to begin with college profile. It was taken by Principal. Sr. Winnifred DSouza. She explained the basic rules and regulation to be followed by the students. In brief the history and foundation of our college also was explained



Topic on self enhancement was taken by Fr Ajith:

Fr Ajith explained the responsibility towards self and also surrounding and the students can be better in the society in all aspects. The topic was very effective to the students.

Healthy relationship and counseling was taken by Ms Sonia Sequeria importance of having a good relationship was thought to the students especially to each other and the people around how students need to know the person, whether the relationship is a good or unhealthy. Then she said about the counseling aspects and facilities regarding the same in our college and contact details also were given.

Image of nursing: Mrs Victoria D'Almeida in which she said about the student being optimistic, positive professional towards nursing. Difference between old time nursing and present time was

explained to the student .growth towards the profession was explained.

Importance of values in life: Sr.Lordana Korah

The students were told about being holistic person, having total personality development student were shown some of the PowerPoint depicting the value of life so as to make them understand that without taking difficulties in life nothing is possible.



Menstrual hygiene and solving menstrual problems: Ms Precilla took the topic and gave them the complete information about menstruation and the hygienic care during menstruation student had some doubts which were cleared.





Time management and managing emotions and mind settings was taken by Mr. Dheerendra jain. Many participatory exercises were conducted in which student took active part and learnt about the topic even few video was played follow the leader.

Spiritual activities in the campus: Fr Felix Monteiro gave complete explanation about the activities in our campus and told the students importance of prayer in life and how students will grow up in prayer.





Professional etiquette: Ms Bridget DSilva dealt in details the professional behavior the student were given the basics steps to be followed in clinical and how they need to be during the duty hrs especially with patients and co workers.

Self Discipline: Sr Nikila

The topic explained how the students need to maintain discipline in college and their own life .so students need to know the importance of discipline in life.





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION Student attendance – Orientation program 2015-16

SL no	Student name	Signature
1.	Ms. Agaya S P	anex-
2.	Aishwariya P	desur
3.	Ms. Aleena Joy	10 Coeneytister
4.	Ms. Aleesha Tom	Place
5.	Ms. Alisha Babu	Steelia
6,	Ms. Alliena Tessa Tomy	Alexe
7.	Ms. Alphonsa - Mr. Joseph	elb.
8.	Ms. Alphonsa J - Mr. Jose	Make
9.	Ms. Alphonsa Tomy	(Algunty
10.	Ms. Alphy Shaju	
11.	Ms. Amitha Sebastian	Amotors
12.	Ms. Andrea D'Souza	
13.	Ms. Anees Philip	Anus
14.	Ms. Angel George	
15.	Ms. Anisha D'Souza	Atro
16.	Ms. Anitta Mariya Binu	mite.
17.	Ms. Anjaly John	Anjele,
18.	Ms. Anjana Anto	Augunallie
19.	Ms. Anjana Sabu	
20.	Ms. Anju Sara Idiculla	dignat
21.	Ms. Annmary Kunjumon	
22.	Ms. Anns Maria Benny	Aus
23.	Ms. Anuja George	Oney
24.	Ms. Anusha Roseline A	J. Ginglin
25.	Ms. Armin Rose Sabu	are the
26.	Ms. Asha Biju	a disk
27.	Ms. Ashel Christal Pinto	(Million
28.	Ms. Ashly Francis	Ashly
29.	Ms. Ashly James	Ashur Asalame
30.	Ms. Ashly Treesa Xavier	Dearland
31.	Ms. Astha Kurian	Oka:
32.	Ms. Aswini Mathew	1 Junius
33.	Ms. Beulah T P	boulan
34.	Ms. Bijaly Susan Mathew	godina
35.	Ms. Brigit George	The state of the s
36.	Ms. Celeste Peter	1111
37.	Ms. Chinju Rose Jose	China.
38.	Ms. Christina Varghese	Moder

39.	Ms. Cristeena Saju	autung
40.	Ms. Delna John	()
41.	Ms. Diya Jose	(1) (1) (1) (1) (1) (1)
42.	Ms. Dona Tom	Sept.
43.	Ms. Doney Raj	Donat
44.	Ms. Ebitta Joseph	*
45.	Ms. Elsa Salu Siby	3
46.	Ms. Eva M Kharlyngdoh	Ailus
47.	Ms. Femia Cyvil	temidyal
48.	Ms. Gina Thomas	Twallene
49.	Ms. Jasmin James	- William
50.	Ms. Jesty Joy	Jew
51.	Ms. Jislin Mathew	Jam
52.	Ms. Jolsina James	odeine.
53.	Ms. Josmy Maria Johnson	DOSMA
54.	Ms. Julie Sebastian	1
55.	Ms. Krupa Shaji	V
56.	Ms. Mahima B	Malys.
57.	Ms. Mary Thomas	Mars
58.	Ms. Meenu Francis	And I
59.	Ms. Meethu R	The state of the s
60.	Ms. Minju Johnson	Minte
61.	Ms. Nidhila Charly	Colore
62.	Ms. Nigiya George	iligaya.
63.	Ms. Nimiya Tiserent	0.0
64.	Ms. Nimmy Jose T	Not
65.	Ms. Reenu E Koshy	dus
66.	Ms. Reshma Andrade	Reline
67.	Ms. Rinu K Reji	SWEAT
68.	Ms. Rony Mol Roji	Rous
69.	Ms. Roopa Maria D'Souza	Coul
70.	Ms. Roshni Raju	
71.	Ms. Smitha D'Souza	Shape
72.	Ms. Steny Punnuse	SM.
73.	Ms. Sweeta Priya D'Souza	Cood
74.	Ms. Teena CThomas	Jean
75.	Ms. Theresa Tomy	Anesday
76.	Ms. Tiana Susan	Ball
77.	Ms. Toji Joseph	W
78.	Ms. Vismaya Raju	Duta
79.	Ms. Zeena D D'Souza	Tiester:







FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION

REPORT ON ORIENTATION PROGRAME OF 2016-17 BATCH

The department of Nursing Foundation had its pride in welcoming the new batch of Basic B Sc, PB B Sc and M Sc nursing. The program was inaugurated on 16.9.2016. In order to make the students adapt to the new course and to develop them to be competitive as they are stepping into the professional course a well planned orientation program was organized for the students under the leadership of Sr Deepa Peter, HOD department of nursing foundation

The three days program was extended from 17.9.2016-20.9.2016 at Rajath Bhavan .80 students of Basic BSc, 20 post BSc nursing and 5 students from MSc nursing course participated in the program.





Day 1: On 17.9.16 the program was commenced through a prayer service by Sr Deepa Peter HOD department of nursing foundation. Students were also given information about the college and its routines. Sister conducted some Participatory exercises. Students were enthusiastic in all the activities.

At 10.30am Ms Zurika and Ms Petricia, students of 3rd BSc nursing trained the freshers with prayer songs and institutional anthem. At 11.30 am the faculty of nursing foundation department was introduced to the students following which the students were divided into groups and teachers were allotted to give campus orientation. Students were given a complete orientation of the campus.

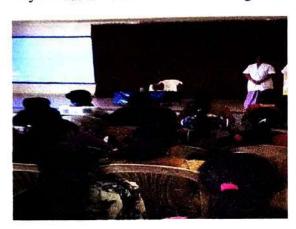
Day 2: 19.9.16



The day started with the prayer. At 8.30 am Ms Shwetha Rashmi, coordinator of 1st year B Sc conducted participatory exercise. At 9am the college profile was explained to the students by Sr Winnifed D Souza, Principal of the college.

At 10.30am Fr Sylvester Vincent the Administrator of homeopathic pharmaceutical production, was invited

as speaker to enlighten students on 'enhancing of self'. Father emphasized on various contents of self esteem, respecting and admiring one self, self motivation etc. students were highly motivated by the audio visual videos. Following this talk students were given some participatory exercises.





The afternoon session at 1.30pm was dealt by Prof Victoria D Almeida, Vice Principal of the college. Nursing is a profession. To uphold the professional standards the nurses should learn the etiquettes which they are suppose to follow in every walks of their career. This informative and useful talk was given by Madam Victoria. Students realized the importance of it and expressed their opinion as to how can they have behave to be a professional.

Spirituality is the core principle of our college. The spirituality and spiritual mind is important in our profession. This topic was enlightened to students by Fr Felix Montero and Fr George. The session gave a new knowledge to students about how to make you spiritually strong and the ample facilities that are available for the same. The program came to end by a vote of thanks by the student representative





Day 3: 20.9.16

The third day (at 8.30 am) of orientation program gave a new outlook about nursing to the students. This was enlightened by the CNO, father Muller Medical College Sr Janet. Sr expressed that nursing is not merely patient care but has advanced roles to be played and nurses can excel in various areas.





At 9.30 am an interactive session on sportsmanship was conducted by Mr Shiju lecturer mental health nursing department.

Time management is the key for success in our profession. in our busy life a systematic planning and management of time can make a reach our goal. This practical information was given by Prof Agnes EJ, HOD department of mental health nursing. Students realized the importance of time and how can it be managed in their life by not wasting time and avoiding procrastination.





At 11.30 am Mrs Sheela, and the Assistant manager Mr Madhur of syndicate bank FMCI branch gave clear information about bank accounts ,transactions and its procedure and awareness on fraudulence . The talk ended at 12.30pm

Post lunch at 1.30 pm Mrs Shobha Xaviour, lecturer Department of OBG nursing explained the importance of menstrual hygiene and managing menstrual problems was dealt by. The session was informative one.

Communication is very essential for a successful profession. The effective means of

communication with the fellow colleagues, patients communication disciplinary and emphasized by the resource person, Fr George, the spiritual director of the institution.

The session came to an end at 4pm. The coordinator thanked all the speakers at the end of each session. Following these students had presented their talents by exhibiting short program



on stage. The novice had a fun filled entertainment and performing different program with enthusiasm on stage . The feedback forms were distributed for evaluation of program. The orientation program concluded by 4.30pm.

The orientation program was very affective in refreshing students mind and formed the basis for a good beginning of the professional course. The students well appreciated the program and expressed their gratitude.

Coordinator

for Principal





FATHER MULLER COLLEGE OF NURSING A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION

Student attendance - Orientation program 2016-17

SL no	Student name	Signature
1.	Albeena Binu	+ Landing
2.	Aleena Anil	Alexander
3.	Alphonsa Mathew	alonenac.
4.	Amala Sibichan	Made
5.	Amitha K Joy	A STATE OF THE STA
6.	Amy Mol Joy	A .
7.	Anita Elza Shibu	-Addis
8.	Anju C Thomas	. Asset
9.	Anju Sebastian	
10.	Ann Mary Sabu	The state of the s
11.	Anugraha Amal Johnson	Mah
12.	Archana A B	Average
13.	Archana S Philip	Asi cont
14.	Arsha Maria Reji	Amina
15.	Ashika Thomas	Ashika
16.	Benna Kurian	1005X
17.	Bensy Benny	Row
18.	Binsha P A	133
19.	Bismin Sebastian	Bremen
20.	Blessymariya Binu	TOO TO
21.	Caroline Maria Saldanha	Q
22.	Cheryl Charles Viegas	Charles
23.	Chinnu Anish	those
24.	Chitra C Nair	Clare
25.	Christy Johns	classing
26.	Christy Mathew	chally.
27.	Dani Joseph Painumpara	Davi.
28.	Darsana S Wilson	Ril
29.	Dayna Maria Joseph	
30.	Dona Sebastian	(malle
31.	D' Souza Dilon Preemal	E SOLL
32.	Eami Joseph	Omi
33.	Gesha Sara Geevarughese	Pagala
34.	Jency S	dina
35.	Jeny Justin	(1) Mester
36.	Joselin Thresiamma James	Jan
37.	Julee George	Deen
38.	Litty Thomas	Color Chap
39.	Littymol John	Letter 4
40.	Lolita Dsouza	

41.	Maria Reshma Pinto	deikma
42.	Marsha Abraham	dola
43.	Mereena Thomas	conal
44.	Milu Mariya Joseph	Miles
45.	Minu Sibi	Share
46.	Namitha Roslin Babu	
47.	Nimisha Elizabeth Saji	Hall.
48.	Nimisha Mathew	Dimier
49.	Nimitha Antony	Nith
50.	Nimitha Saju	NASK.
51.	Nimya Varghese	and
52.	Pooja Mathew	1007
53.	Praveena Sunny	() Bus
54.	Preema C F	Perus
55.	Quency John D Souza	5-1
56.	Ranimol Jose	Ramme!
57.	Rebeca Susan Prince	Selseen
58.	Reenu Annie Rajan	Joines
59.	Reshma Manoj	100
60.	Rodrigues Natasha Simon	XX.
61.	Roni Simon	I made
62.	Sandra Sebastian	andra
63.	Sherin Ann Thomas	Cherry
64.	Sherinmol V S	Munu
65.	Sheryl Reshal Fernandes	Strange
66.	Shilpa Antony	
67.	Shilpa Jose	
68.	Shilpa Tom	This is
69.	Shinu Saju	Shurat
70.	Silja Joseph	No.
71.	Sinu Alizabath Joseph	- West
72.	Smija S Pillai	Service Control
73.	Sneha V	(1000)
74.	Sona Shaji	Roll
75.	Stephy John Teena Mary P A	OLD (
76.	Tharase Sunny	The lot
77.	Varsha Jacob	Vande
78. 79.	Venus Treesa K Philip	Teru
80.	Vinoliya Joylin Carlo	Midwa

COORDINATOR





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION

REPORT ON ORIENTATION PROGRAME OF 2017-18 BATCH

The department of Nursing Foundation had its pride in welcoming the new batch of Basic B Sc, PB B Sc and M Sc nursing. The program was inaugurated on 16.9.2017. In order to make the students adapt to the new course and to develop them to be competitive as they are stepping into the professional course a well planned orientation program was organized for the students under the leadership of Sr Deepa Peter, HOD department of nursing foundation.

The three days program was extended from 18.9.2017-20.9.2016 at Rajath Bavan .79 students of BSc, 20 Post BSc nursing and 3 students from MSc nursing course participated in the program.

Day 1: 18.9.17

The program commenced through a short prayer lead by the Coordinator Mrs. Shwetha Rashmi and the Post Basic student. The faculty of Nursing Foundation department was introduced to the students and were informed about the college and its routines. An ice breaking session was conducted.

10.30am Importance of values in life Sr Dhanya Devasia:

Sr Dhanya Devasia, Principal Athena College of Nursing was the guest Speaker. Sr Jacintha DSouza, Principal father Muller college of Nursing introduced the guest Speaker. Sr Dhanya spoke on the values and its importance in life. She emphasized on how the students can build up values in life, what are the ways to develop it, the importance of one's values in life, especially in Nursing Profession.



Campus orientation: At 11.30 am

The students were divided into groups and were given campus orientation.

2pm: Personal and Professional etiquettes by Ms Daryl Aranha

Personal and Professional etiquette is very important in Nursing. An elaborate talk on the etiquettes professionals should follow and what should be the role of students in this was dealt by Ms Daryl Aranha, Deputy CNO, and FMMCH. Madam had displayed various informative videos and involved students in various activities.

Day 2: 19.9.17

The day started with the prayer. At 8.30 am lead by Sr Deepa peter HOD, Dept of Nursing foundation.

Spirituality in the campus by Fr Felix

Spirituality is the core principle of our college. The spirituality and spiritual mind is important in nursing profession. This topic was enlightened to students by Fr Felix Montero and. The session gave a spiritual insight to the students. They got oriented to the spiritual activities in the campus.

Enhancing of self By Mrs Jasmine Saritha Vas

Developing self esteem, positive thinking, ways of enhancing self, recognizing the positive and negatives within self were the aspects dealt by Mrs. Jasmine Saritha Vas, Principal Father Muller School of Nursing. Students were made to get involved in various activities leasing to developing one self. The session was innovative one.

Participatory Exercises: Sr deepa Peter conducted various participatory exercises.

2.00-3.3.30 Stress Management by Mr Rajeev Mathew

Stress is a part of everybody's life in the present world. But the most important thing to be followed is to overcome stress through various measures. Mr. Rajiv Mathew demonstrated various relaxation techniques to overcome stress. He also spoke on impact of mobile and its ill effects on youth.



3.30-4.30: Talent hunts

The faculty of nursing foundation department could witness various talents among the students which students planned in a short period of time. Each group of students exhibited their talents in group, which a complete entertainment to all.





FATHER MULLER COLLEGE OF NURSING

NAAC 'A' GRADE ACCREDITED

DEPARTMENT OF NURSING FOUNDATION

REPORT ON ORIENTATON PROGRAMME OF 2015-19 BATCH

"A PARENT IS A TEACHER AT HOME AND A TEACHER IS A PARENT IN SCHOOL AND THE CHILD IS THE CENTRE OF OUR UNIVERSE"

The Department of Nursing Foundation organized an orientation programme for the freshers. The course inauguration was on 11.09.2018. In order to make the students adapt to the new course and to develop them to be competitive as they are stepping in to the professional course, a well planned orientation programme was organized for the students under the leadership of Sr. Deepa Peter, HOD, Department of Nursing Foundation.

The orientation programme for B.Sc/P.B.BSc/M.S.c Nursing Batch 2018-19 was scheduled from 12-09-2018 to 15-09-2018 for three days at Rajath Bhavan. 79 students of B.Sc(N), 19 students of P.B.B.Sc(N) and 5 students of M.Sc(N) attended the programme.

DAY - 1: 12.09.2018

The first day of orientation started with ice breaking session at 8.30am conducted by Sr. Deepa Peter. Students were encouraged to participate in various activities like games, self introduction and so on. Sr. Jacintha D'Souza, Principal, FMCON has explained the college profile to the freshers. And the group was dispersed for college break.





The programme continued at 10.30am.

Moral values reflect an individual's character and spirituality. They help in building good relationships in personal and professional lives. They can help in eradicating problems like dishonesty, violence, cheating, jealousy from one's life. A session on 'IMPORTANCE OF VALUES IN ONE'S LIFE' was taken by Fr. Rockwin, . Sr. Nancy Priya introduced the resource person and Sr. Deepa handed over the certificate after the session.







At 11.30am, student teachers introduction was done by Ms. Rinu Susan Varghese. The re were total 8 staffs present including the HOD, Department of Nursing Foundation and the biodata of each lecturers were briefed.





The students had gone for lunch break at 12.30pm.

The programme continued at 1.30pm after the break.

Being able to strike a balance between your professional and personal lives can help you become more productive and less likely to burnout. In view of problems faced by students in personal and professional life, Mrs. Sharon Carol D'Cunha, Assistant Professor, Sridevi Institute of Technology had taken a session on 'ADJUSTMENT TO PERSONAL AND PROFESSONAL LIFE'. Mrs. Viola D'Souza, assistant lecturer introduced the resource person and Mrs. Asha Varghese, asst: lecturer handed over the certificate after the session.





Soon the session, the students were divided in to 5 groups and were taken for campus orientation under supervision of Sr. Deepa, Sr. Nancy, Mr. Abin, Mrs. Viola and Ms. Rinu from 3pm - 4.30pm.

Then the group was dispersed for the day.

DAY - 2: 14.09.2018

The day was started with prayer song and then attendance was taken.

Media plays a very important role and has influence in virtually every aspects of our lives. It is considered as the best source to know about the happenings of world. Media has the power to influence our thoughts which is sometimes negative and sometimes positive. Influence of media on students are rapidly increasing nowadays. Taking this in to consideration Mr. Manu Mathew, Marketing Executive, FMCI has taken a session on 'IMPACT OF MASS MEDIA ON YOUTH'. Mr. Abin Kuriakose, lecturer introduced the resource person and Mrs. Shwetha Rashmi, lecturer handed over the certificate after the session



Spiritual health is an important component of our well-being and an integral aspect of the holistic health philosophy. Spiritual people are gracious, optimistic, compassionate, and self-actualized. Another talk on 'SPIRITUAL ACTIVITIES IN THE CAMPUS' was taken by Fr. George soon after the coffee break at 10.30am.

Self discipline means self control. It gives you the magic power to stick to your decisions and follow them through, without changing your mind which is required for achieving goals. Another class was taken by Sr. Deepa on the topic 'SELF DISCIPLINE'.







The students had gone for lunch break at 12.30pm.

The afternoon sesson started at 1.30pm.

Etiquette is merely a set of guidelines for politeness and good manners, the kindness with

which we should always treat each other. A talk on 'PERSONAL AND PROFESSONAL ETIQUETTE' by Sr. Nancy Priya, lecturer, FMCON.

Communication skills are the most important soft skills for a nurse. The abilty to



communicate through the spoken and written word is a necessity in nearly every industry and in every workplace. A talk on 'COMMUNICATION AND SOFT SKILLS' was given by Mrs. Jasmine Sarita Vas, Principal, FMSON. Mrs. Shwetha Rashmi, lecturer, FMCON introduced the resource person. The talk continued till 4pm.







The last segment of the day was participatory exercise from 4pm to 4.30pm conducted by Ms. Rinu and Mrs. Asha, Asststant lecturers. The students were active throughout the session with variety games and singing group songs.





At 4.30pm, the group was dispersed for the day.

DAY - 3: 15.09.2018

The third day of orientation programme began with the session at 8.30 am.

Self enhancement is a type of motivation that works to make people feel good about themselves and to maintain self-esteem. It involves a preference for positive over negative self-views. Dr. Devina Rodrigues, professor, FMCON had taken a session on the topic 'ENHANCING OF SELF/SELF EMPOWERMENT'. Mrs. Lavina, lecturer, FMCON introduced the resource person.

The students were given break after the session.

Ms. Rinu, Asst: lecturer, FMCON taught the students institutional anthem and five hymns and the students sang well.

The students were gone at 12.30pm for lunch break.

The afternoon session started at 1.30pm.

Everyone experiences stress at one point or another in their daily lives. Knowing how to effectively manage one's stress will help improve their health and mood, along with boosting their immune system. A talk on 'STRESS MANAGEMENT' was taken by Prof. Agnes EJ, FMCON. Ms. Rinu, assistant lecturer introduced the resource person and the certificate was given by Mrs. Shwetha Rashmi, lecturer after the session.







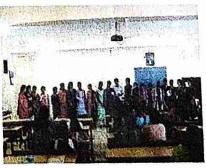
At last but not the least, the most awaited moment by students. The Talent Hunt. It was conducted by Mrs. Shwetha Rashmi, lecturer and accompanied by Mr. Abin and Mrs. Viola, lecturers. All the students participated actively and has shown various skills on dancing, singing, drawing and many more.











The programme came to an end with vote of thanks by the class coordinator.

Coordinator

HOD HOD



Principal

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42 TESITA ELSA THOMAS	15		3	4	6	8	10			13	-				19	24	24	27	
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6	ALLENA TIMMY	1	- 2-	13				10_1	REST REST		13	15	1	19	3	1 23				- 4	1
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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) NAAC 'A' Grade

NAAC 'A' Grade Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

I PBBSc NURSING (2014-15) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 17/09/2014 -19/09/2014

SI No:		
1.	AJIMOL THOMAS (SR. SNEHA ROSE)	
2.	ALJOMOL SEBASTIAN	
3.	ANJU THOMAS	
4.	ANNA RONAMAI (SR)	
5.	BOBINS MARTIN G	
6.	BONNIE BELLA PYNGROPE	
7.	CHINJUMOL THOMAS	
8.	DAINA D SOUZA	
9.	DIANA OLIVIA SALDANHA	
10.		
11.	GEENA GEORGE	
12.	HELEN VEENA ALVARES (SR)	
13.		
14.		
15.	LAPYNSHAI KHARSHYNDON	
16.	LYDIA D SOUZA	
17.	LYDIA PAIS	
18.	MARITA SHARAL PINTO	
19.	MARY DOLERES KHARKONGOR	
20.	MELBIN JOSE	
21.		
22.	NEENA JOSHY V	
23.	NIMMIYA TOM	
24.	NISCHITHA ROMA VAZ	
25.	PAVITRA FRANCIS FERNANDES	
26.	PREETHI SHALET CORREA	
27.	PRERNA KHATI	
28.	RAINA JOSE	
29.	REETHU VARGHESE	
30.	RENITA JOSLINE FERNANDES	
31.	RESHMA D SOUZA	
32.	ROSEMARY JOHN	
33.	SHALINI SUPRITHA MABEN	
34.	SHARILANG KHRIAM	
35.	SHEFFY ASSI	
36.	SHILPA JOSEPH	
37.	SHINUMOL JOSEPH	
38.	SHIVALING SHIVAPUTRA SALAGARE	
	SONA ANTO	
39.	TINTU THOMAS	
40.	VAIANA KHONGSHEI	

Accredited by A' Grade



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I PBBSc NURSING (2015-16) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 21/09/2015 -23/09/2015

SI No.	NAMES
1	AGNES SANGEETHA NORONHA (SR)
2	ANCILLA SHALINI MARTIS
3	ANCITA ALITA MENDONCA
4	ANCYMOL VARGHESE (SR)
5	ANITHA JOSEPH (SR)
6	ANJALY THOMAS
7	ANTONY DON HERTIS
8	BADAPHITA RAPTHAP
9	BALARISHISHA MYLLIEM
10	BARISHA P PYNROPE
11	CHINCHU JOSEPH
12	DINAH DUNE P
13	EVITA LENNY D SOUZA
14	GINCY ELIZABETH DANIEL
15	HENCILLA SONIA MENEZES
16	IBANYLLA SYMPLI
17	INDU EKKA(SR)
18	JENIFER MERLINE PINTO
19	JENOVENA MARSHIANBAI
20	JUSTIMOL K J(SR)
21	LAWANDAHUM RAPTAP
22	LIJIYA MATHEW
23	MALLIKA
24	MERIN MARIAM VARGHESE
25	MERLIN SUNNY (SR)
26	PRINCY MANISH LOBO(DS)
27	REEMA SHALET D COSTA
28	REENA JYOTHI MONTEIRO
29	RELINA JOELINE FERNANDES
30	REMAIN PHAWA
31	RISHAI BARE
32	ROSHNI RENITA D SOUZA
33	SHAHANAZ A
34	SHALET VILMA CORDA
35	SHIJI T L(SR)
36	SINI SIBY
37	SNEHA REESHA ANDRADE
	SOLLY THOMAS
	SONY PHILIP
	VANISHA SILVIA MENDONCA

Shoba
Class coordinator





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I PBBSc NURSING (2016-17) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 17/09/2016 -20/09/2016

Sl. No	Name of the Students
1.	ASWATHI BABU
2.	BINCY JOSE
3.	BINDHU PP
4.	ELVEERA CUTINHA
5.	FERNANDES JADRIYA JEYCILLA
6.	HARIT PHILIP
7.	JEENA JOSEPH
8.	JESTEENA JOSE
9.	JHANCY JOSEPH
10.	JOYNER PRIYANKA PAIS
11.	JYOTHI VARGHESE
12.	JYOTSNA JOSE
13.	LINCY KURIEN
14.	M V JANCY
15.	NISHAMOL JOSEPH
16.	PRIYA FIOLA PINTO
17.	ROSMY SAVY
18.	SARIKA A V
19.	SHAINY ANGADIYATH
20.	SHERIN JOSE
21.	SHINI MATHEW
22.	SIJIMOL K J
23.	VINITA SHAROL PINTO

Class coordinator





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I PBBSc NURSING (2017-18) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 18/09/2017 -20/09/2017

Sl. No	Name of the Students	
1.	Mrs Agnes Varghese	
2.	Mr Anil M C	
3,	Mş Aşhihrii Eloni	
4.	Ms Athira Babu	
5.	Sr Dhanya Yacob	
6.	Ms Doniay Joshy	
7.	Ms Faria Clena	
8.	Ms Flavia Sequeira	
9.	Ms Flyzil DSouza	
10.	Ms Gini Jose	
11.	Sr Jincy V V	
12.	Sr Lisha Lonappan	
13.	Sr Mary Madhavi	
14.	Ms Ngawang Tsephel	
15.	Ms Priya Sushma	
16.	Sr Ramulamma	
17.	Sr Resmi P O	
18.	Ms Rosalynda M	
19.	Mr Santhosh M	
20.	Ms Shiny Mathew	
21.	Mr Shreekanth	
22.	Sr Simi Ance	
23.	Sr Simi P P	
24.	Mrs Sujatha DSouza	
25.	Ms Vanitha DSouza	
26.	Sr Vanitha M	-
27.	Ms Sreeshma	
28.	Ms Tenzing Dolkar	
29.	Mrs Sony John	
30.	Ms Wilma D Almeida	1-1
	Ms Wilma D Almeida Class coordina	stor hovo





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION Student attendance – Orientation program 2015-16

SL no	Student name	Signature
1.	Ms. Agaya S P	anex-
2.	Aishwariya P	desur
3.	Ms. Aleena Joy	10 Coeneytister
4.	Ms. Aleesha Tom	Place
5.	Ms. Alisha Babu	Steelia
6,	Ms. Alliena Tessa Tomy	Alexe
7.	Ms. Alphonsa - Mr. Joseph	elb.
8.	Ms. Alphonsa J - Mr. Jose	Make
9.	Ms. Alphonsa Tomy	(Algunty
10.	Ms. Alphy Shaju	
11.	Ms. Amitha Sebastian	Amotors
12.	Ms. Andrea D'Souza	
13.	Ms. Anees Philip	Anus
14.	Ms. Angel George	
15.	Ms. Anisha D'Souza	Atro
16.	Ms. Anitta Mariya Binu	mite.
17.	Ms. Anjaly John	Anjele,
18.	Ms. Anjana Anto	Augunallie
19.	Ms. Anjana Sabu	
20.	Ms. Anju Sara Idiculla	dignat
21.	Ms. Annmary Kunjumon	
22.	Ms. Anns Maria Benny	Aws
23.	Ms. Anuja George	Ony
24.	Ms. Anusha Roseline A	1 Company
25.	Ms. Armin Rose Sabu	are the
26.	Ms. Asha Biju	
27.	Ms. Ashel Christal Pinto	(Marine)
28.	Ms. Ashly Francis	Ashly
29.	Ms. Ashly James	Ashur Asalame
30.	Ms. Ashly Treesa Xavier	Hearland
31.	Ms. Astha Kurian	Office .
32.	Ms. Aswini Mathew	· Wille
33.	Ms. Beulah T P	boulan
34.	Ms. Bijaly Susan Mathew	godina
35.	Ms. Brigit George	The state of the s
36.	Ms. Celeste Peter	1111
37.	Ms. Chinju Rose Jose	China.
38.	Ms. Christina Varghese	Moder

39.	Ms. Cristeena Saju	autung
40.	Ms. Delna John	()
41.	Ms. Diya Jose	(1) (1) (1) (1) (1) (1)
42.	Ms. Dona Tom	Start.
43.	Ms. Doney Raj	Donat
44.	Ms. Ebitta Joseph	*
45.	Ms. Elsa Salu Siby	8
46.	Ms. Eva M Kharlyngdoh	Ailus
47.	Ms. Femia Cyvil	Jeni dyse
48.	Ms. Gina Thomas	huallana
49.	Ms. Jasmin James	The land
50.	Ms. Jesty Joy	Jerry
51.	Ms. Jislin Mathew	Jatin
52.	Ms. Jolsina James	deine
53.	Ms. Josmy Maria Johnson	Joshy
54.	Ms. Julie Sebastian	1
55.	Ms. Krupa Shaji	V.
56.	Ms. Mahima B	Maluse.
57.	Ms. Mary Thomas	along,
58.	Ms. Meenu Francis	And a
59.	Ms. Meethu R	1
60.	Ms. Minju Johnson	Minju
61.	Ms. Nidhila Charly	N'about
62.	Ms. Nigiya George	iligay.
63.	Ms. Nimiya Tiserent	\mathcal{C}_{0}
64.	Ms. Nimmy Jose T	Mark
65.	Ms. Reenu E Koshy	dus
66.	Ms. Reshma Andrade	Relina
67.	Ms. Rinu K Reji	Shirt .
68.	Ms. Rony Mol Roji	Rous
69.	Ms. Roopa Maria D'Souza	Coul
70.	Ms. Roshni Raju	
71.	Ms. Smitha D'Souza	Shap
72.	Ms. Steny Punnuse	SM.
73.	Ms. Sweeta Priya D'Souza	Book
74.	Ms. Teena CThomas	Jesny
75.	Ms. Theresa Tomy	Averday
76.	Ms. Tiana Susan	Par
77.	Ms. Toji Joseph	W
78.	Ms. Vismaya Raju	Duta
79.	Ms. Zeena D D'Souza	Teele :





2. Language and communication development

Language & commerciates

FATHER MULLER COLLEGE OF NURSING STUDENT SUPPORT AND PROGRESSION COMMITTEE

INAUGURAL REPORT OF ENGLISH CLUB

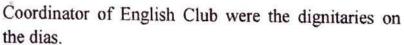
The Student Support and Progression Committee of College of Nursing incepted the thought of having an English Club and chalked down the plan under the guidance of Mrs Rajina Dinesh, Soft Skills Trainer at St Aloysius College and Laxmi Group of Institutions, Mangalore. The main objective of the club is to improve the skills in English and to develop self confidence in public speaking among the students. The English Club was inaugurated on 25/5/2018 in the Rajath Bhavan of Father Muller College of Nursing at 3.45 pm. Rev Fr Richard A

Coelho, Director, Father Muller Charitable Institutions, Rev Sr Jacintha DSouza, Principal,



Father Muller
College of Nursing
Mrs Rajina
Dinesh, English

teacher and Mrs Shoba P Xavier,the



Rev Sr Jacintha DSouza welcomed the gathereing.Mrs Rajina Dinesh in her short message congratulated the

Principal and the entire team of faculty and students of Father Muller College of Nursing as it's the only nursing college in the city having an English club. Rev Fr Richard A Coelho in his presidential address stressed the importance of English language in our day today life and advised the students to take the best opportunity of all these activities undertaken in the college. Mrs Shoba P Xavier, the coordinator of English Club delivered the vote of thanks. Ms Eami Jose and Ms Dilon Preemal DSouza, II BSc Nursing students were the comperes of the

programme.



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FATHER MULLER COLLEG OF NURSING ACTIVITIES OF ENGLISH CLUB

The English club was inaugurated on 25/5/2018. After the commencement, on every second and fourth Saturdays of the month from 3.30-4.30 the members joined together under the guidance of Mrs Rajina Dinesh, English teacher, Father Muller College of Nursing and organized various activities. All the sessions started with a warm up game conducted by the students. Various activities which enables the English skill and to develop self confidence in public speaking was done by madam Rejina. Speaking on a topic, role play, narrating the meaning of vocabulary were few among the activities.









Prepared by Shoba Pagies.



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FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)
NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru

REPORT OF ACTIVITIES OF ENGLISH CLUB 2018-19

The English club was inaugurated on 25/5/2018. The Club had its activities on every second and fourth Saturdays from 3.30-4.30. The Club was lead by Mrs Regina Dinesh. Through this Club the students had a fun filled education platform to improve their language capability. All the sessions started with a warm up game conducted by the students. All the activities of Club focuses on improving the English language skill of the students also enables the students self confidence in public speaking.



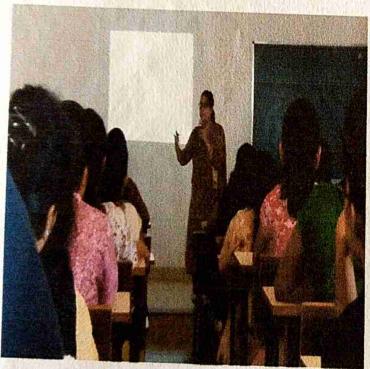


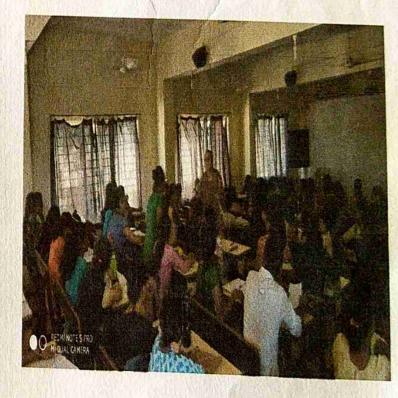
English Club In-charge

Principal

Father Muller College of Nursing Department of Nursing Foundation Report of guest lecture on Health care communication

The department of nursing foundation held a guest lecture on Health care communication on 20th February 2019 for the students of 1st B Sc nursing. Dr Lulu Sherif, Associate Professor in Anesthesiology & Academic in charge of simulation centre, FMCI was been invited as the resource person. The importance of communication in nursing and practical ways to have a healthy communication among the health team members for patient safety was emphasized in the session. Students had an enriching knowledge about the communication issues in hospital and the way to deal with it. The speaker was felicitated by Sr Deepa Peter, HOD department of Nursing foundation.





Coordinator



for Principal

3. Yoga and wellness



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION Report on yoga workshop 2016

As a part of International Yoga Day celebration, Nursing Foundation Department has organized yoga workship on 24th June 2016 at 3.30 pm at Rajath Bhavan. Mr. Kushalappa Gowda N. (M.Sc in yogic science) was a resource person who motivated them to perform different Yogasanas with its advantages for the 1st year B.Sc nursing students.

Students were demonstrated various postures and they performed under supervision. The program extended for 2 hours. The resource person was felicitated by the HOD, Sr Deepa Peter and the vote of thanks was delivered by Mrs Merlin Fernandes.







Coordinator



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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION Student Attendance - Yoga program 2016

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COORDINATOR





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION Report on Yoga workshop 2017

As a part of International Yoga Day celebration, Father Muller college of Nursing has organized yoga on 23 rd May 2017 at 3.30 pm at Rajath Bhavan, Father Muller College of nursing. The programme was conducted by Avishkar Yoga centre, Bejai, Mangalore. Mr Kushalappa Gowda N, Yoga Therapist, teachers and first year BSc Nursing students were present for the programme. Mr Kushalappa explained and demonstrated different types of pranayamas.

He explained various benefits of early rising and practicing yoga in maintaining fitness and good health and how it helps us in their day to day life. It keeps the physician away and helps various parts of the body to perform their functions smoothly in proper coordination. It strengthens the immune system and does internal cleansing of blood, body parts, body systems, organs, veins & arteries





The students of 1st year BSc nursing actively participated and learnt, few of the PRANAYAMAS were practiced by all the students. The Program came to an end with vote of thanks at 5pm.

Coordinator

According by According by According to NAAC with

Principal



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION Student Attendance - Yoga program 2017

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COORDINATOR





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

DEPARTMENT OF NURSING FOUNDATION Report on Nutrition day: BON APPETITE 2017

The 1st year BSc nursing students celebrated Nutrition Day on July 18th 2017 at 2.30pm in Rajath Bhavan with the theme "BON APPETITE" which means Enjoy Your Meal. The

students were divided into 10 groups and were given a topics like balanced diet, liquid diet, methods of

cooking, renal diet, desert corner, diet in anemia, diet in fever, weaning diet, DASH diet, diabetic diet. The nutrition

day was evaluated by three evaluators like Ms Sandys, the

dietician of FMCI, Mrs Irene Alvares, Professor, Community Health Nursing Department & Mrs Sharon Pais, Lecturer, FMSON.

The programme was concluded at 4.30pm.



COORDINATOR

HOD

PRINCIPAL











FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION

Student Attendance - Nutrition day, Bon Appetite 2017

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FATHER MULLER COLLEGE OF NURSING

Kankanady - Mangalore 575002

NSS REPORT ON INTERNATIONAL YOGA DAY 17 - 18

NSS unit of Father Muller College of Nursing Participated in The International Yoga Day on 21st June 2018 organized by Father Muller Charitable Institutions. The program began at 10 am with a Prayer song, about 50 NSS volunteers along with students from other discipline participated in the program. Over all 600 students participated in the program. Hon'ble Minister for urban development and housing Shri U T Khader inaugurated the International Yoga Day celebration.



Director of FMCI Rev. Fr Richard Coelho, Administrators - Fr Rudolph Ravi D'Sa, Fr Roshan Crasta, Fr Ajith Menezes Sr Jacintha D'Souza, Principal college of Nursing Mrs Jasmine Saritha Vas, were the dignitaries on the dais.

Honourable minister U T Khader was Felicitated on the occasion. Sr Jacintha D'Souza rendered the vote of thanks and Dr Deepa Rebello, Associate Professor, Father Muller Homoeopathic Medical College compered the programme.

After the Inaugural there was a 45min Yoga session taken by Dr Sunitha D'Souza, yoga instructor, Father Muller Homoeopathic Medical College.

NSS PROGRAMME OFFICER

Accusance and Construction

PRINCIPAL



FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)

Kankanady, Mangalore-575002

Student Support and Progression Committee

Report on Nutrition, Health and Fitness Expo-2k18

NAAC/CON/SSPC - 05/2018

Student Support and Progression Committee in collaboration with SNA, Father Muller College of Nursing organized "Nutrition, Health and Fitness Expo-2K18" on 5° May 2018 at 9.30am in FMCI campus, opposite to Out-Patient Department with the theme "Go Further with Food".



The Inaugural programme began with a prayer song lead by III year B.Sc Nursing students. Rev Sr Jacintha D'Souza Principal College of Nursing welcomed the gathering. The chief guest Mrs.Sanjana M.Shenoy, Consultant Dietician, Nutri Health inaugurated the programme by a traditional

opening of 'palm

Jaggery,' which symbolizes goodness and auspicious beginning and is highly valued due to medicinal properties and nutritive value and the event was presided by Rev.Fr.Richard A. Coelho Director,FMCI The chief guest was introduced by Rev Sr Deepa Peter convener Nutrition Health Fitness Expo 2018. The chief guest addressed the



gathering and emphasized to plan the diet according to the individual needs and try to consume locally available foods. The vote of thanks was proposed by Mrs. Shiji P.J convener Nutrition, Health Fitness Expo 2018. The inaugural programme ended at around 10.30 am

The stalls were evaluated by Mrs Sanjana M Shenoy, Consultant Dietician, Nutri Health, Dr.Rashmi Rasquinha ENT Surgeon/Dietician, Dr Devina Rodrigues Professor Community Health Nursing, FMCON and Prof. Agnes E.J. Department of Mental Health Nursing, FMCON.

There were overall 9 groups who participated in the competition from various colleges from Mangaluru The stall no 10 and 13 was placed by our sponsors Mr. Prashanth Hedge and Mr

Jithesh and team. I" year B.Sc and P.B.B.Sc nursing students presented on various nutrition related topics from stall no 15 to Stall No 22 as the part of the Nutrition Day.





The prize distribution and valedictory function

was initiated at around 2pm. The prizes were announced by Rev Sr Deepa Peter convener Nutrition health and Fitness Expo 2018 and the prizes were handed over by Prof .Victoria D'Almeida Vice Principal Father Müller College of Nursing and the certificates for the Participate was handed over by Mrs Shiji .P.J Convenor Nutrition Health Expo 2018. The total beneficiaries benefited by the nutrition health and fitness expo were 720 members The stalls of the nutrition Health expo was closed by 3.30 pm

Recorded By- Mrs Joyce Fernandes

Signature of the Convenors

Sr Deepa Peter A. &

Mrs.Shiji P.J

Signature of the Principal

Sr .Jacintha D'Souza



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) NAAC 'A' Grade

NAAC 'A' Grade Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

I PBBSc NURSING (2014-15) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 17/09/2014 -19/09/2014

SI No:	Name of the student	
1.	AJIMOL THOMAS (SR. SNEHA ROSE)	
2.	ALJOMOL SEBASTIAN	
3.	ANJU THOMAS	
4.	ANNA RONAMAI (SR)	
5.	BOBINS MARTIN G	
6.	BONNIE BELLA PYNGROPE	
7.	CHINJUMOL THOMAS	
8.	DAINA D SOUZA	
9.	DIANA OLIVIA SALDANHA	
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	MINI MATHEW (SR)	
22.		
23.		
24.	NISCHITHA ROMA VAZ	
25.	PAVITRA FRANCIS FERNANDES	
26.	PREETHI SHALET CORREA	
27.	PRERNA KHATI	
28.	RAINA JOSE	
29.	REETHU VARGHESE	
30.	RENITA JOSLINE FERNANDES	
31.	RESHMA D SOUZA	
32.	ROSEMARY JOHN	
33.	SHALINI SUPRITHA MABEN	
34.	SHARILANG KHRIAM	
35.	SHEFFY ASSI	
36.	SHILPA JOSEPH	
37.	SHINUMOL JOSEPH	
38.	SHIVALING SHIVAPUTRA SALAGARE	
	SONA ANTO	
39.	TINTU THOMAS	
40.	VAIANA KHONGSHEI	

Accredited by A Grade



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) NAAC 'A' Grade

NAAC 'A' Grade Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

I PBBSc NURSING (2015-16) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 21/09/2015 -23/09/2015

SI No.	NAMES
1	AGNES SANGEETHA NORONHA (SR)
2	ANCILLA SHALINI MARTIS
3	ANCITA ALITA MENDONCA
4	ANCYMOL VARGHESE (SR)
5	ANITHA JOSEPH (SR)
6	ANJALY THOMAS
7	ANTONY DON HERTIS
8	BADAPHITA RAPTHAP
9	BALARISHISHA MYLLIEM
10	BARISHA P PYNROPE
11	CHINCHU JOSEPH
12	DINAH DUNE P
13	EVITA LENNY D SOUZA
14	GINCY ELIZABETH DANIEL
15	HENCILLA SONIA MENEZES
16	IBANYLLA SYMPLI
17	INDU EKKA(SR)
18	JENIFER MERLINE PINTO
19	JENOVENA MARSHIANBAI
20	JUSTIMOL K J(SR)
21	LAWANDAHUM RAPTAP
22	LIJIYA MATHEW
23	MALLIKA
24	MERIN MARIAM VARGHESE
25	MERLIN SUNNY (SR)
26	PRINCY MANISH LOBO(DS)
27	REEMA SHALET D COSTA
28	REENA JYOTHI MONTEIRO
29	RELINA JOELINE FERNANDES
30	REMAIN PHAWA
31	RISHAI BARE
32	ROSHNI RENITA D SOUZA
33	SHAHANAZ A
	SHALET VILMA CORDA
35	SHIJI T L(SR)
36	SINI SIBY
37	SNEHA REESHA ANDRADE
	SOLLY THOMAS
	SONY PHILIP
40	VANISHA SILVIA MENDONCA

Shoba
Class coordinator





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) NAAC 'A' Grade Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

I PBBSc NURSING (2016-17) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 17/09/2016 -20/09/2016

Sl. No	o Name of the Students	
1.	ASWATHI BABU	
2.	BINCY JOSE	
3.	BINDHU PP	
4.	ELVEERA CUTINHA	
5.	FERNANDES JADRIYA JEYCILLA	
6.	HARIT PHILIP	
7.	JEENA JOSEPH	
8.	JESTEENA JOSE	
9.	JHANCY JOSEPH	
10.	JOYNER PRIYANKA PAIS	
11.	JYOTHI VARGHESE	
12.	JYOTSNA JOSE	
13.	LINCY KURIEN	
14.	M V JANCY	
15.	NISHAMOL JOSEPH	
16.	PRIYA FIOLA PINTO	
17.	ROSMY SAVY	
18.	SARIKA A V	
19.	SHAINY ANGADIYATH	
20.	SHERIN JOSE	
21.	SHINI MATHEW	
22.	SIJIMOL K J	
23.	VINITA SHAROL PINTO	

Class coordinator





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) NAAC 'A' Grade Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

I PBBSc NURSING (2017-18) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 18/09/2017 -20/09/2017

Sl. No Name of the Students		
1.	Mrs Agnes Varghese	
2.	Mr Anil M C	
3,	Mş Aşhihrii Eloni	
4.	Ms Athira Babu	
5.	Sr Dhanya Yacob	
6.	Ms Doniay Joshy	
7.	Ms Faria Clena	
8.	Ms Flavia Sequeira	
9.	Ms Flyzil DSouza	
10.	Ms Gini Jose	
11.	Sr Jincy V V	
12.	Sr Lisha Lonappan	
13.	Sr Mary Madhavi	
14.	Ms Ngawang Tsephel	
15.	Ms Priya Sushma	
16.	Sr Ramulamma	
17.	Sr Resmi P O	
18.	Ms Rosalynda M	
19.	Mr Santhosh M	
20.	Ms Shiny Mathew	
21.	Mr Shreekanth	
22.	Sr Simi Ance	
23.	Sr Simi P P	
24.	24. Mrs Sujatha DSouza	
25.	Ms Vanitha DSouza	
26.	Sr Vanitha M	
27.		
28.	Ms Tenzing Dolkar	
29.	Mrs Sony John	
30.	Ms Wilma D Almeida	

Class coordinator





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) NAAC 'A' Grade Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

I PBBSc NURSING(2013-14) ATTENDANCE OF ORIENTAION PROGRAMME HELD ON 20/09/2013 -22/09/2013

Sl No:	Name of the student
1.	ANGEL THOMAS
2.	ANN MARY THOMAS
3.	ANU TOMY
4.	BABITHA PAULOSE
5.	BINUMOL JOSEPH
6.	BLESSY MATHEW
7.	CHINCHU GEORGE
8.	CHRISTI TOM
9.	DEEPTHI GLADSY D SOUZA
10.	DONNA MARIAM JOSHUA THACHAYIL
11.	ELINA RAI
12.	FERNANDES PRINCY
13.	GISHA JOSEPH (SR)
14.	
	JASSY JOB (SR)
	JENIFER QUADRAS
	JESSY K V (SR)
	JUJI JOSE (SR)
	KM AGNES VALERIA TOPNO
2022	LAUVRA S CARVALHO
	LITTY MATHEW
	MANI T C (SR)
	MUKTA AURELIA TIRKEY
-	NATASHA GLANY MERLYN MATHIAS
-	NISHA D SOUZA
	NISHA V J (SR)
	PARIMALA D
	SARITHA THOMAS
	SEVERINE SUARES
30.	SHEMA MATHEW
	SHIJI GEORGE(SR)
32.	SHRUTHI K L
33.	THERESA BESRA (SR)
34.	VARSHA GEORGE
35.	VEDOVICE VELVEOOD
33,	TEROTION AND AUTO(OR)
	Class coordinat





FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)
NAAC 'A' Grade
Report on yoga workshop 2019

Father Muller Charitable Institutions (FMCI) observed International Yoga Day here at Father Muller indoor stadium on Friday, June 21. Addressing the gathering, former corporator Naveen D'Souza said, "Yoga is an integral part of Indian culture and we have recently started celebrating International Yoga Day. However, practicing Yoga is not just limited for today. Yoga should become a part of our daily routine." FMCI director Fr Richard Coelho said, "Research has proved that Yoga keeps a person fit. Yoga means concentration that brings serenity and keeps our soul vibrant." Yoga instructor Dr Havyashree demonstrated yoga to the students. More than 400 students participated in the workshop.





Program Coordinator Mrs Shiji PJ



Principal Sr Jacintha DSouza

FATHER MULLER COLLEGE OF NURSING DEPARTMENT OF NURSING FOUNDATION AND NUTRITION Report on Nutrition Day "ISHRANA-2019"

The students of 1st year BSc Nursing (2018-19) batch organized Nutrition Day on 20th August 2019 at 2.30pm in Rajath Bhavan at Father Muller College of Nursing with the theme "ISHRANA- Eat A Rainbow". The Students were divided into 13 groups, and they were allotted with various topics to prepare food like Medicinal value of foods, 10 minutes easy breakfast, Desserts, Winter special, Slimming diet, Fruit punch, Preservation of food, Atkins diet and Ketogenic diet.



A formal programme was inaugurated through lighting the lamp by the Principal Rev Sr Jacintha Dsouza, Vice Principal Dr Devina Rodrigues, HOD Sr Deepa Peter and Subject Coordinator Mrs Viola D'Souza followed by revealing the meaning of the theme "Eat A Rainbow". Rev Sr. Jacintha D'Souza Principal addressed the students and faculty and motivated them to eat the rainbow with different varieties of foods to maintain good health.

Students presented their preparation and the group performance was evaluated by Mrs. Benita, Lecturer, Child Health Nursing FMCON and Mrs Sandys, Dietician, FMCI. Varieties of foods were displayed by the students and relished by all. The programme was concluded at 4.30pm.

COORDINATOR

HOD

PRINCIPAL

4. Analytical skill development

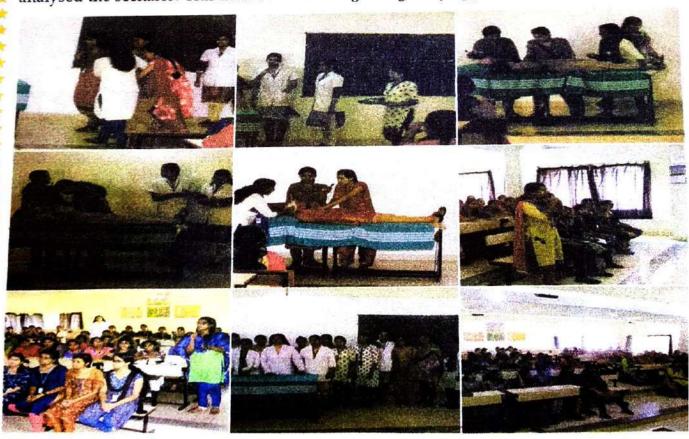
Father Muller College of nursing

Department of medical surgical nursing

Scenario based learning

February 2018

A Scenario based learning was conducted on 24-02-2018 for II BSc Nursing students on Topic "Myocardial Infarction" by Sr.Judy SIC, Lecturer, and department of Medical Surgical Nursing. "Scenario-based learning is a methodology which aims to promote deep learning and awareness by involving participants in realistic critical incidents where they are forced to consider a wide range of factors, make decisions and reflect on the outcomes and what they have learned from this". A scenario on Myocardial infarction was created by Sr.Judy and asked the students to solve the problems. The students worked their own way through this problem, which they are expected to solve. In this learners applied their prior experience, subject knowledge, critical thinking, and problem solving skills in a risk-free and "close-to real-world" environment. This allowed them to acquire the necessary skills needed to deal Myocardial Infarction at work. At the end a debriefing session was conducted along with the medical surgical nursing faculty, where students critically analysed the scenario. This method of learning was greatly appreciated by the students.



Signature of the Co-ordinator





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Department of Medical Surgical Nursing Date: 24/02/2018

II YEAR BASIC B.SC NURSING -Scenario Based Learning

Sl No	Name of the Student	Reg No	Signature
1.	AlbeenaBinu	16N3386	405
2.	Aleena Anil	16N3387	and the same of th
3.	Alphonsa Mathew	16N3388	A WORK
4.	AmalaSibichan	16N3389	Source .
5.	Amitha K Joy	16N3390	el e
6.	Amy Mol Joy	16N3391	-dritale.
7.	Anita ElzaShibu	16N3392	Walt The state of
8.	Anjali Koshy	16N3393	- There
9.	Anju C Thomas	16N3394	10.00
10.	Anju Sebastian	16N3395	
11.	Ann Mary Sabu	16N3396	A Parties
12.	AnugrahaAmal Johnson	16N3397	Mar Mar
13.	Anupama Mathew	16N3398	Auto
14.	Archana A B	16N3399	Addis
15.	Archana S Philip	16N3400	Agration
16.	Arsha Maria Reji	16N3401	1000
17.	Ashika Thomas	16N3402	- House
18.	Benna Kurian	16N3404	
19.	Bensy Benny	16N3405	2799
20.	Binsha P A	16N3406	() ()
21.	Bismin Sebastian	16N3407	4
22.	BlessymariyaBinu	16N3408	The sent of
23.	Caroline Maria Saldanha	16N3409	Captura
24.	Cheryl Charles Viegas	16N3410	dat
25.	Chinnu Anish	16N3411	Trind
26.	Chitra C Nair	16N3412	Miller
27.	Christy Johns	16N3413	
28.	Christy Mathew	16N3414	Clark

29.	Dani Joseph Painumpara	16N3415	01
30.	Darsana S Wilson	16N3416	and
31.	Dayna Maria Joseph	16N3417	Telep.
32.	Dona Sebastian	16N3418	Contract of the contract of th
33.	D' Souza DilonPreemal	16N3419	Dily.
34.	Eami Joseph	16N3420	Em
35.	Gesha Sara Geevarughese	16N3421	Justa
36.	Jasica Lima Suvaris	16N3422	Jaston
37.	Jency S	16N3423	prod
38.	JeneviaJyothi D Souza	16N3424	Tenerie
39.	Jeny Justin	16N3425	Vangues
40.	Joselin Thresiamma James	16N3426	an
41.	Josna J Machado	16N3427	Topac
42.	Julee George	16N3428	Julie.
43.	Lavita Pinto	16N3430	Saide
44.	Liriya D Souza	16N3431	- RESIDENCE OF THE PROPERTY OF
45.	Litty Thomas	16N3432	Okylone
46.	Littymol John	16N3433	
47.	Lolita Dsouza	16N3434	Herris .
48.	Loycee Lolita Mascarenhas	16N3435	Leyou
49.	Maria JyothiMascarenhas	16N3436	moria.
50.	Maria Reshma Pinto	16N3437	Peshma
51.	Marsha Abraham	16N3438	orghe
52.	Mereena Thomas	16N3439	Munt
53.	Merin Melanie D Mello	16N3440	Mine
54.	MiluMariya Joseph	16N3441	Miling
55.	MinuSibi	16N3442	Charles
56.	NamithaRoslinBabu	16N3443	Addition
57.	Naveen BasavarajGhodageri	16N3444	Naver-
58.	Nimisha Elizabeth Saji	16N3445	Mon
59.	Nimisha Mathew	16N3446	Dimistr
60.	Nimitha Antony	16N3447	Vinden
61.	NimithaSaju	16N3448	Wath
62.	Nimya Varghese	16N3449	dul
63.	Patricia Adlline D Souza	16N3450	Blow
64.	Pooja Mathew	16N3451	P0619 -
65.	Praveena Sunny	16N3452	Kranana
66.	Preema C F	16N3453	Preemon
67.	Quency John D Souza	16N3454	Del
68.	Rakshitha	16N3455	Blable
69.	Ramya	16N3456	Questo

70.	Ranimol Jose	1,6N3457	O des
71.	Rebeca Susan Prince	16N3458	Valge
72.	ReemaMendonca	16N3459	lung
73.	ReenaLynett Saldanha	16N3460	deard
74.	Reenu Annie Rajan	16N3461	Turk to the same of the same o
75.	Reshma Manoj	16N3462	No.
76.	Rodrigues Natasha Simon	16N3463	V
77.	Roni Simon	16N3464	Tonal -
78.	Roshni Cynthia Pereira	16N3465	Kork
79.	Roshni D Souza	16N3466	Candra
80.	Sandra Sebastian	16N3467	Landie
81.	Sherin Ann Thomas	16N3468	Sler
82.	Sherinmol V S	16N3469	(Januar)
83.	Sheryl Reshal Fernandes	16N3470	Type
84.	Shilpa Antony	16N3471	this
85.	Shilpa Jose	16N3472	These
86.	Shilpa Tom	16N3473	Sustain.
87.	ShinuSaju	16N3474	Shile
88.	Silja Joseph	16N3475	500
89.	SinuAlizabath Joseph	16N3476	Since
90.	Smija S Pillai	16N3477	Script
91.	Sneha V	16N3478	Sure!
92.	SonaShaji	16N3479	Sono
93.	Stephy John	16N3480	Stepho
94.	Teena Mary P A	16N3481	- RICH
95.	Tharase Sunny	16N3482	Though
96.	Varsha Jacob	16N3483	Cheshy
97.	Venus Treesa K Philip	16N3484	Ve
98.	VinoliyaJoylin Carlo	16N3485	Your



FATHER MULLER COLLEGE OF NURSING MEDICAL SURGICAL NURSING 3RD YEAR BSC NURSING 2016-2017

The Medical surgical nursing department organized concept map & model presentation by 3rd year BSc(N) students on 3/08/2017 in the 3rd year class room at 2.30 to 4.30pm. Prof. Victoria D' Almedia vice principal, FMCON and Prof. Savitha Cutinho, HOD of OBG department were evaluated the presentations. Sr.Jacintha, Principal, FMCON visited and also appreciated the students for their active participation and hard work.



SUBJECT COORDINATOR



HOB ALBINA

Father Muller College of nursing

Department of medical surgical nursing

Concept Map Preparation

February 2018

The concept map preparation and presentation was organized on 27-02-2018 for II BSc Nursing students on Topic "Pericarditis" by Sr. Judy SIC, Lecturer, and department of Medical Surgical Nursing. The aims of this innovative teaching method were to develop learner autonomy and independence by putting responsibility for the learning path in the hands of students. This emphasized the learner's critical role in constructing meaning from new information and prior experience. Students actively participated in the preparation and presentation



Signature of the Co-ordinator





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Department of Medical Surgical Nursing Date: 27/02/2018

II YEAR BASIC B.SC NURSING -Concept Map Presentation

SI No	Name of the Student	Reg No	Signature
1.	AlbeenaBinu	16N3386	AUX Fig.
2.	Aleena Anil	16N3387	Alvanta
3.	Alphonsa Mathew	16N3388	Moreta
4.	AmalaSibichan	16N3389	al ala
5.	Amitha K Joy	16N3390	DATE:
6.	Amy Mol Joy	16N3391	101
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8.	Anjali Koshy	16N3393	anicoline.
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10.	Anju Sebastian	16N3395	
11.	Ann Mary Sabu	16N3396	Attack
12.	AnugrahaAmal Johnson	16N3397	mark that
13.	Anupama Mathew	16N3398	Akut
14.	Archana A B	16N3399	Action
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17.	Ashika Thomas	16N3402	Mika
18.	Benna Kurian	16N3404	The state of the s
19.	Bensy Benny	16N3405	Donat.
20.	Binsha P A	16N3406	500
21.	Bismin Sebastian	16N3407	Barry
22.	BlessymariyaBinu	16N3408	TREAM
23.	Caroline Maria Saldanha	16N3409	Carolina
4.	Cheryl Charles Viegas	16N3410	ant.
5.	Chinnu Anish	16N3411	Charle !
6.	Chitra C Nair	16N3412	draw
7.	Christy Johns	16N3413	A 8834
8.	Christy Mathew	16N3414	Made

29.	Dani Joseph Painumpara	16N3415	Dav
30.	Darsana S Wilson	16N3416	(Diel
31.	Dayna Maria Joseph	16N3417	Per Co-
32.	Dona Sebastian	16N3418	Quality
33.	D' Souza DilonPreemal	16N3419	Dilea
34.	Eami Joseph	16N3420	Eggi
35.	Gesha Sara Geevarughese	16N3421	beste
36.	Jasica Lima Suvaris	16N3422	Justica
37.	Jency S	16N3423	Tenot
38.	JeneviaJyothi D Souza	16N3424	Senevia
39.	Jeny Justin	16N3425	(white
40.	Joselin Thresiamma James	16N3426	
41.	Josna J Machado	16N3427	Toda
42.	Julee George	16N3428	Jules
43.	Lavita Pinto	16N3430	lander
44.	Liriya D Souza	16N3431	CASTON
45.	Litty Thomas	16N3432	To asso
46.	Littymol John	16N3433	My
47.	Lolita Dsouza	16N3434	A STATE OF THE STA
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49.	Maria JyothiMascarenhas	16N3436	Maria
50.	Maria Reshma Pinto	16N3437	Desina
51.	Marsha Abraham	16N3438	cooke
52.	Mereena Thomas	16N3439	Vermi
53.	Merin Melanie D Mello	16N3440	Norie
54.	MiluMariya Joseph	16N3441	mile.
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58.	Nimisha Elizabeth Saji	16N3445	
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60.	Nimisha Mathew	16N3447	Nimita.
	Nimitha Antony	16N3448	the
61.	NimithaSaju	16N3449	do A
62.	Nimya Varghese	16N3450	(Marie)
63.	Patricia Adlline D Souza	16N3451	1000
64.	Pooja Mathew		Poejo:
65.	Praveena Sunny	16N3452	Rose
66.	Preema C F	16N3453	Decema,
67.	Quency John D Souza	16N3454	
68.	Rakshitha	16N3455	Phila
69.	Ramya	16N3456	Rounds

70.	Ranimol Jose	16N3457	Jamos
71.	Rebeca Susan Prince	16N3458	Reduce
72.	ReemaMendonca	16N3459	Kung
73.	ReenaLynett Saldanha	16N3460	Jese .
74.	Reenu Annie Rajan	16N3461	A sure
75.	Reshma Manoj	16N3462	The state of the s
76.	Rodrigues Natasha Simon	16N3463	XX
77.	Roni Simon	16N3464	2005
78.	Roshni Cynthia Pereira	16N3465	Poshi
79.	Roshni D Souza	16N3466	(CO)
80.	Sandra Sebastian	16N3467	Sandra
81.	Sherin Ann Thomas	16N3468	a sper
82.	Sherinmol V S	16N3469	Church
83.	Sheryl Reshal Fernandes	16N3470	(Carly)
84.	Shilpa Antony	16N3471	Sverge
85.	Shilpa Jose	16N3472	E See
86.	Shilpa Tom	16N3473	This is
87.	ShinuSaju	16N3474	Shyl
88.	Silja Joseph	16N3475	30
89.	SinuAlizabath Joseph	16N3476	A STORES
90.	Smija S Pillai	16N3477	Smile
91.	Sneha V	16N3478	Salso
92.	SonaShaji	16N3479	Gones
93.	Stephy John	16N3480	Eliphy ()
94.	Teena Mary P A	16N3481	Jens
95.	Tharase Sunny	16N3482	harast
96.	Varsha Jacob	16N3483	(achif
97.	Venus Treesa K Philip	16N3484	Ver
98.	VinoliyaJoylin Carlo	16N3485	Winolifet.

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FATHER MULLER COLLEGE OF NURSING, MANGALORE DEPARTMENT OF MEDICAL SURGICAL NURSING 2018

A REPORT ON CONCEPT MAP PRESENTATION

B.Sc nursing students on various medical conditions on 20.07.2018 at 11.30pm-12.30pm in II Year BSc Classroom, FMCON. Students presented the topic by using concept map. Prof Victoria D'Almeida, HOD Medical Surgical Nursing and Mrs Sandra J Saldanha, Lecturer of Child Health

D'Almeida, HOD Medical Surgical Nursing and Mrs Sandra J Saldanha, Lecturer of Child Health Nursing were evaluated the presentations. Presentation was benefited by various batches of students.







Signature of HOD



Signature of Subject Coordinator



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Department of Medical Surgical Nursing

Date: 20/07/2018

II YEAR BASIC B.SC NURSING -Concept Map Presentation

SI No	Name of the Student	Reg No	Signature
1.	AlbeenaBinu	16N3386	Arating
2.	Aleena Anil	16N3387	Home
3.	Alphonsa Mathew	16N3388	Wholes,
4.	AmalaSibichan	16N3389	The state of the s
5.	Amitha K Joy	16N3390	maithe
6.	Amy Mol Joy	16N3391	
7.	Anita ElzaShibu	16N3392	Anialika
8.	Anjali Koshy	16N3393	Airala
9.	Anju C Thomas	16N3394	Single.
10.	Anju Sebastian	16N3395	-80
11.	Ann Mary Sabu	16N3396	2 Marie
12.	AnugrahaAmal Johnson	16N3397	Lugeel
13.	Anupama Mathew	16N3398	Aug Mal
14.	Archana A B	16N3399	-Action
15.	Archana S Philip	16N3400	1 A line
16.	Arsha Maria Reji	16N3401	ture
17.	Ashika Thomas	16N3402	Ashika
18.	Benna Kurian	16N3404	and the same of th
9.	Bensy Benny	16N3405	Fort
20.	Binsha P A	16N3406	1300
1.	Bismin Sebastian	16N3407	Pagmin
2.	BlessymariyaBinu	16N3408	Delignet 2
3.	Caroline Maria Saldanha	16N3409	Carolina
4.	Cheryl Charles Viegas	16N3410	Chart.
5.	Chinnu Anish	16N3411	760
6.	Chitra C Nair	16N3412	Mila
7.	Christy Johns	16N3413	Market
8.	Christy Mathew	16N3414	chestra

29.	Dam joseph i amampara	16N3415	Dal
30.	Darsana S Wilson	16N3416	Phil
31.	Dayna Maria Joseph	16N3417	West of the second
32.	Dona Sebastian	16N3418	Quite
33.	D' Souza DilonPreemal	16N3419	Then
34.	Eami Joseph	16N3420	Com
35.	Gesha Sara Geevarughese	16N3421	Gers
36.	Jasica Lima Suvaris	16N3422	Juin .
37.	Jency S	16N3423	Janey 15
38.	JeneviaJyothi D Souza	16N3424	Jenevia
39.	Jeny Justin	16N3425	Junistra .
40.	Joselin Thresiamma James	16N3426	18
41.	Josna J Machado	16N3427	Mari
42.	Julee George	16N3428	Jules
43.	Lavita Pinto	16N3430	Lauris a
44.	Liriya D Souza	16N3431	254
45.	Litty Thomas	16N3432	- Land
46.	Littymol John	16N3433	1984
47.	Lolita Dsouza	16N3434	1
48.	Loycee Lolita Mascarenhas	16N3435	Loyer
49.	Maria JyothiMascarenhas	16N3436	Mais
50.	Maria Reshma Pinto	16N3437	Deshine
51.	Marsha Abraham	16N3438	Ordna.
52.	Mereena Thomas	16N3439	Meletra
53.	Merin Melanie D Mello	16N3440	Hurin
54.	MiluMariya Joseph	16N3441	mera
55.	MinuSibi	16N3442	Tour
56.	NamithaRoslinBabu	16N3443	
57.	Naveen BasavarajGhodageri	16N3444	Mera:
58.	Nimisha Elizabeth Saji	16N3445	Val
59.	Nimisha Mathew	16N3446	17
60.	Nimitha Antony		dimen.
61.	NimithaSaju	16N3447	Mally.
62.	Nimya Varghese	16N3448	a Vinda
63.	Patricia Adlline D Souza	16N3449	and
64.		16N3450	Retain S.
65.	Providence Company	16N3451	Pooja.
66.	Praveena Sunny	16N3452	(Bevers)
No amount	Preema C F	16N3453	Preema.
67.	Quency John D Souza	16N3454	0
68.	Rakshitha	16N3455	0-10-10-10
69.	Ramya	16N3456	Rakelilla

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70.	Ranimol Jose	16N3457	Boring.
71.	Rebeca Susan Prince	16N3458	Robert
72.	ReemaMendonca	16N3459	Rus.
73.	ReenaLynett Saldanha	16N3460	Quer 7
74.	Reenu Annie Rajan	16N3461	Sur
75.	Reshma Manoj	16N3462	- Kathani
76.	Rodrigues Natasha Simon	16N3463	27
77.	Roni Simon	16N3464	Que
78.	Roshni Cynthia Pereira	16N3465	Rose
79.	Roshni D Souza	16N3466	6 .90
80.	Sandra Sebastian	16N3467	Senda
81.	Sherin Ann Thomas	16N3468	Sur
82.	Sherinmol V S	16N3469	Marine
83.	Sheryl Reshal Fernandes	16N3470	(May
84.	Shilpa Antony	16N3471	Things
85.	Shilpa Jose	16N3472	la Colin
86.	Shilpa Tom	16N3473	Sugar.
87.	ShinuSaju	16N3474	3him-
88.	Silja Joseph	16N3475	1800
89.	SinuAlizabath Joseph	16N3476	Some -
90.	Smija S Pillai	16N3477	Sing
91.	Sneha V	16N3478	Shelve
92.	SonaShaji	16N3479	Love
93.	Stephy John	16N3480	Stoppy
94.	Teena Mary P A	16N3481	Jeme
95.	Tharase Sunny	16N3482	Lasar
96.	Varsha Jacob	16N3483	Varity
97.	Venus Treesa K Philip	16N3484	Tert
98.	VinoliyaJoylin Carlo	16N3485	Varaliya.





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Father Muller College of nursing

Department of medical surgical nursing

Cooperative learning for Advance learners

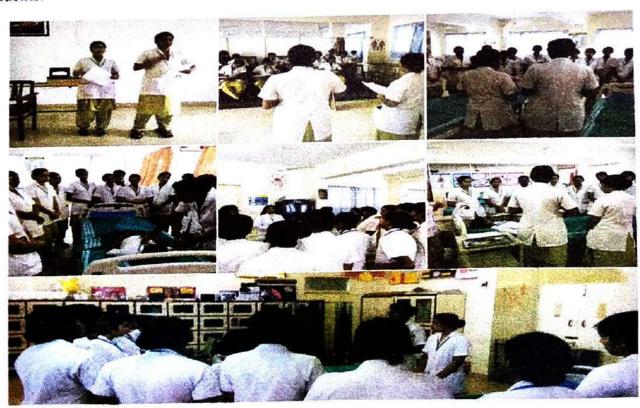
August 2018

The overall performance of the students was evaluated through various assessments such as sessional examinations, assignments and presentations. We have identified 27 students as slow learners and 14 students as advance learners. To improve the performance of slow learners the open book examination is planned and informed to the students. Furthermore, in order to motivate the advance learners cooperative learning is planned and divided the 14 students into 7 groups and topics were given

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In cooperative learning students work in group to complete the task collectively towards academic goals. Students learning cooperatively can capitalize on one another's resource and skill. Furthermore, the teacher's role changes from giving information to facilitating students learning.

The advance learners divided into 7 groups and each group consist of two members. The topics were given on physical examination on various body system which is already been taught in the class. Groups are assigned to teach the slow learners. Teachers were assigned to facilitate this task and evaluate them. The cooperative learning was conducted for the advance learners of II BSc nursing students from 13th to 17th August 2018 in their class room. This method of learning was greatly appreciated by the students.



Signature of the Co-ordinator

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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions)

Kankanady, Mangalore-575002

Department of Medical Surgical Nursing Date: 13/08/2018 to 17/08/2018

II YEAR BASIC B.SC NURSING -Cooperative learning

Sl No	Name of the Student	Reg No	Signature
1.	AlbeenaBinu	16N3386	Austra
2.	Aleena Anil	16N3387	Hatter
3.	Alphonsa Mathew	16N3388	Aldhones
4.	AmalaSibichan	16N3389	() () () () () ()
5.	Amitha K Joy	16N3390	A Works
6.	Amy Mol Joy	16N3391	Hunge
7.	Anita ElzaShibu	16N3392	Junat
8.	Anjali Koshy	16N3393	-
9.	Anju C Thomas	16N3394	100 M
10.	Anju Sebastian	16N3395	
11.	Ann Mary Sabu	16N3396	That we will be a second
12.	AnugrahaAmal Johnson	16N3397	American
13.	Anupama Mathew	16N3398	Angua Chang
14.	Archana A B	16N3399	Asset
15.	Archana S Philip	16N3400	Antion
16.	Arsha Maria Reji	16N3401	A Constant
17.	Ashika Thomas	16N3402	Mile
18.	Benna Kurian	16N3404	Atlan.
19.	Bensy Benny	16N3405	O STORY
20.	Binsha P A	16N3406	000
21.	Bismin Sebastian	16N3407	Burney
22.	BlessymariyaBinu	16N3408	The same
23.	Caroline Maria Saldanha	16N3409	Cardina
24.	Cheryl Charles Viegas	16N3410	dit.
25.	Chinnu Anish	16N3411	Char
26.	Chitra C Nair	16N3412	Chilles
27.	Christy Johns	16N3413	Cherry-
28.	Christy Mathew	16N3414	chier-

	In the Local Dainumpara	16N3415	Jan
29.	Dani Joseph Painumpara	16N3416	Dii
30.	Darsana S Wilson	16N3417	- Company
31.	Dayna Maria Joseph	16N3418	Basile
32.	Dona Sebastian	16N3419	Dika
33.	D' Souza DilonPreemal	16N3420	Earl
34.	Eami Joseph	16N3421	Oroshe
35.	Gesha Sara Geevarughese	16N3422	Javes
36.	Jasica Lima Suvaris	16N3423	Jeneu
37.	Jency S	16N3424	Timivio
38.	JeneviaJyothi D Souza		() (Justie
39.	Jeny Justin	16N3425	80.
40.	Joselin Thresiamma James	16N3426	
41.	Josna J Machado	16N3427	lu lu
42.	Julee George	16N3428	1000
43.	Lavita Pinto	16N3430	0.00
44.	Liriya D Souza	16N3431	700
45.	Litty Thomas	16N3432	- Constant
46.	Littymol John	16N3433	10.01
47.	Lolita Dsouza	16N3434	lalla
48.	Loycee Lolita Mascarenhas	16N3435	Loza
49.	Maria JyothiMascarenhas	16N3436	Main Color
50.	Maria Reshma Pinto	16N3437	Perha
51.	Marsha Abraham	16N3438	Meters
52.	Mereena Thomas	16N3439	
53.	Merin Melanie D Mello	16N3440	Meruz
54.	MiluMariya Joseph	16N3441	Hely
55.	MinuSibi	16N3442	- Comment
56.	NamithaRoslinBabu	16N3443	Agul
57.	Naveen BasavarajGhodageri	16N3444) week
58.	Nimisha Elizabeth Saji	16N3445	1 took
59.	Nimisha Mathew	16N3446	Nimala
60.	Nimitha Antony	16N3447	
61.	NimithaSaju	16N3448	eV. The
62.	Nimya Varghese	16N3449	drail-
63.	Patricia Adlline D Souza	16N3450	Whit
64.	Pooja Mathew	16N3451	Pooje:
65.	Praveena Sunny	16N3452	Travers
66.	Preema C F	16N3453	Priema.
67.	Quency John D Souza	16N3454	
68.	Rakshitha	16N3455	Rabelilli
69.	Ramya	16N3456	Remarks

70.	Ranimol Jose	16N3457	Range
71.	Rebeca Susan Prince	16N3458	Dabela.
72.	ReemaMendonca	16N3459	Durg
73.	ReenaLynett Saldanha	16N3460	Recha
74.	Reenu Annie Rajan	16N3461	Regul
75.	Reshma Manoj	16N3462	Chare:
76.	Rodrigues Natasha Simon	16N3463	No.
77.	Roni Simon	16N3464	(Lat
78.	Roshni Cynthia Pereira	16N3465	Rothi
79.	Roshni D Souza	16N3466	Design .
80.	Sandra Sebastian	16N3467	Sanda
81.	Sherin Ann Thomas	16N3468	O Gar
82.	Sherinmol V S	16N3469	Minn
83.	Sheryl Reshal Fernandes	16N3470	W.
84.	Shilpa Antony	16N3471	[White
85.	Shilpa Jose	16N3472	and the
86.	Shilpa Tom	16N3473	ALLE C
87.	ShinuSaju	16N3474	Chiving
88.	Silja Joseph	16N3475	O DO
89.	SinuAlizabath Joseph	16N3476	Smelly
90.	Smija S Pillai	16N3477	Smit-
91.	Sneha V	16N3478	Ruhe
92.	SonaShaji	16N3479	Love.
93.	Stephy John	16N3480	Stephen
94.	Teena Mary P A	16N3481	agenda
95.	Tharase Sunny	16N3482	Traise
96.	Varsha Jacob	16N3483	(and
97.	Venus Treesa K Philip	16N3484	yet -
98.	VinoliyaJoylin Carlo	16N3485	Winotif !







FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

DEPARTMENT OF NURSING FOUNDATION AND NUTRITION

1ST YEAR BSC NURSING (2017-18 BATCH)

NUTRITION

GROUPS FOR CO-OPERATIVE LEARNING-

Group no.	Register no	Group	Topics	Date of submission
1.	Mrs Shwetha Rashmi	51-60	Carbohydrates	10/02/2018
2.	Ms Shanthi Sharun	61-70	Proteins	24/02/2018
3.	Sr Glany	71-80	Fat	10/02/2018
4.	Mrs Viola D'Souza	81-90	Vitamins	10/02/2018
5.	Mrs Viola D'Souza	91-100	Minerals	22/05/2018
6.	Sr Deepa Peter	41-50	Caloric requirement	22/05/2018
7.	Mrs Asha Varghese	31-40	PEM	24/05/2018
8.	Sr Deepa Peter	21-30	Fluid and Electrolyte Management	22/05/2018
9.	Mrs Shwetha Rashmi	11-20	DASH diet	24/05/2018
10.	Ms Shanthi Sharun	1-10	Diabetic diet	24/05/2018

The students were divided into 10 groups and the instructions were given how to go about it. All the students actively participated in it. They used their creativity and different methodology like role play, quiz, action song in imparting knowledge to their batch mates. It was really a good learning experience for the students.













Principal



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION Student attendance - COOPERATIVE LEARN 2017-18

SL no	Student name	Signature
1.	Agin Elizabeth N T	stopin 1
2.	Aleena Mary Sebastian	1
3.	Aleena Sunny	ano
4.	Alida K Tom	State
5.	Alphonse Mathew	1 Done
6.	Amal Agnes George	
7.	Amala Babu	Amale.
8.	Ancilla Alisha Pais	THE.
9.	Ancita Coelho	Agelie
10.	Angel Maria George	A.
11.	Angel Sunny	Gudel
12.	Anila Treesa Kurian	1900
13.	Anjali Mariyam Saji	Plate
14.	Anjitha Joseph	ضار
15.	Anju Abraham	Philippe .
16.	Ann Maria Jojo	P
17.	Ann Mary Korah	Don
18.	Anvita	And .
19.	Arathy Krishna P R	Arbito.
20.	Ashly Babu	distry.
21.	Ashly Paul	Kart
22.	Ashwitha Pasanha	AU
23.	CandiceFarias	care
24.	Carol Pinto	Steart
25.	Christina Janice D Souza	200
26.	Christy Raju	Churt
27.	Clarissa D Souza	claring
28.	Dauphinroi Dkhar	
29.	Deeshma Veigas K	in the second second
30.	Delma D Souza	Delnie
31.	Elizabeth Sebastian	E 13300
32.	Elsy Loid	5 Days
33.	Flona Shelma Lobo	16000
34.	Giya Raju	Care
35.	Glinivia Reesha Crasta	Recenal
36.	Jane Rodrigues	Jane
37.	Jelmol Johny	Elul_
38.	Jiss Merin Ajith	duis
39.	Joylin Elvina Sequeira	Doy
40.	Joylin Jasmine D Souza	Joylan

41.	Kewal Sahi	A 31
42.	Lenisha Lobo	Landa
43.	Linta Sabu	Men.
44.	Liya Leenus	
45.	Magi Mariya Joy	Mag
46.	Maneesha P Reji	D
47.	Mariya C S	Maryes
48.	Mariya John	(Note)
49.	Megha K Alosia	T N
50.	Melita Joyce Pereira	muita.
51.	Mereena Thomas	Weter
52.	Minnu Babu	W.J
	Neethu Maria K	Neether.
53.	Negha Devassy	Del .
54.	Nikita Toppo	
55.	Nimisha K A	Walking.
56.	Priyal D Silva	Palus
57.	R Shraddha	18
58.	Ranjana Lakra	V
59.	Renisha R Luvis	1
60.	Reshma Roy	The same
61.	Riya Treesa Saji	Quest o
62.	Riyana Lizal D Souza	Riyanas
63.	Rohan Lobo	117
64.	Rose Mary Joseph	Rose
65.	Ryan David	Rogers
66. 67.	S Grace Daniel	Sleandail
68.	Sandra C Saji	Carren
69.	Sandra Maria Vas	T A
70.	Shefali Nehal Pinto	(Beary,
71.	Sona Francis	onare
72.	Sonisha Jane Fernandes	Tacaha
73.	Sreya Thomas	di nego
74.	Sushmitha	Suspe
75.	TaniaSherit Mascarenh	as Torrior
76.	Taniya Biju	1
77.	Teena Sharleen Pashan	Ail
78.	Twinkle Thomas	to Elve to
79.	Vineetha Roshni Baret	to kulcity
80.	Welcita Ianya Ferrao	Mucy

COORDINATOR

Father Muller College of nursing

Department of medical surgical nursing

Cooperative learning for Advance learners

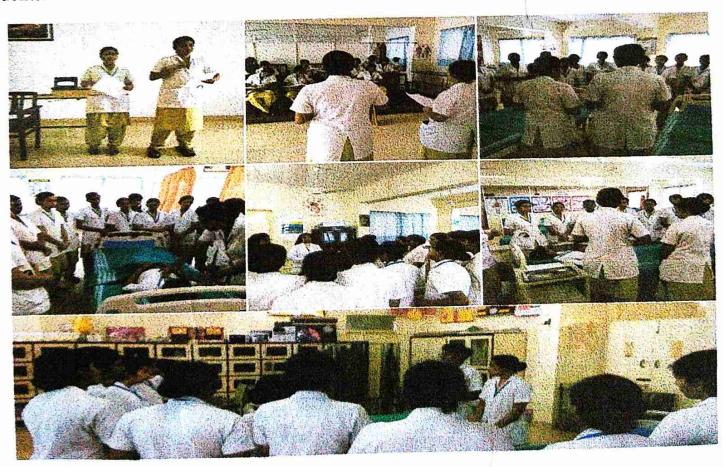
August 2018

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In cooperative learning students work in group to complete the task collectively towards academic goals. Students learning cooperatively can capitalize on one another's resource and skill. Furthermore, the teacher's role changes from giving information to facilitating students learning.

The advance learners divided into 7 groups and each group consist of two members. The topics were given on physical examination on various body system which is already been taught in the class. Groups are assigned to teach the slow learners. Teachers were assigned to facilitate this task and evaluate them. The cooperative learning was conducted for the advance learners of II BSc nursing students from 13th to 17th August 2018 in their class room. This method of learning was greatly appreciated by the students.



Signature of the Co-ordinator

MULITA COLLEGE



FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)
Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

Department of Medical Surgical Nursing

Cooperative Learning for Advance learners

The Department of Medical Surgical Nursing organised a Cooperative Learning by the advance learners of II Year BSc Nursing on 23rd August 2019 at 1.30 pm to 4.30 pm. The advance learners were selected based on their overall academic performance and given various topics on physical examination of body system. Groups were assigned to teach the entire class of II Year BSc Nursing students. The learners were divided into 5 sections comprised of 20 students each which was dealt by 5 groups of advance learners (2 each in one group) through a demonstration method. Each session was explained well by the student teachers and return demonstration was done randomly. Sr Judy and Ms Jubee Joseph, Faculty of Dept of Medical Surgical Nursing were assigned to facilitate this task and evaluate them. This method of learning was greatly appreciated by the students.













OSIO4 [2019 Signature of the Co-ordinator

Father Muller College of nursing

Department of medical surgical nursing

Cooperative learning for Advance learners

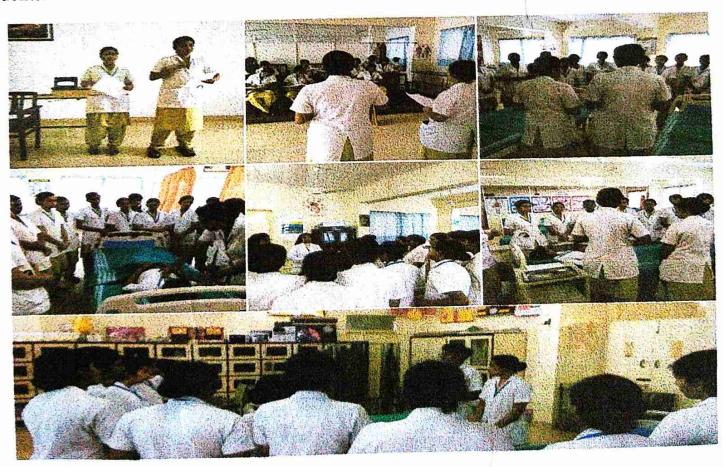
August 2018

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Signature of the Co-ordinator

MULITA COLLEGE



FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Inoritations)

N.A.EC 'A' Coade

Additated to Rajio Canditi University of Beatth Sciences, Karmataka, Bongalor

Department of Medical Surgical Nursing

A REPORT ON CONCEPT MAP PRESENTATION

The Department of Medical Surgical Nursing organized a Concept map presentation by II year B.Sc oursing students on various medical disorders on 21.08.2009 at 2.30pm-4.00pm in II Year B.Sc Classroom of FMCON. Students explained about each disease condition in detail by using concept map. Mrs. Victoria D Almeida, HOD, Medical Surgical Nursing, Mrs Sonia Disoura, Assoc. Professor and Mrs Preedu Fernandes, Assoc. Professor were evaluated the presentations. The gathering composed of the faculty of Department of Medical Surgical Nursing and students of II Year of BSc Nursing.



Signature of HOD

Signature of Subject Coordinator



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

DEPARTMENT OF NURSING FOUNDATION AND NUTRITION

1ST YEAR BSC NURSING (2017-18 BATCH)

NUTRITION

GROUPS FOR CO-OPERATIVE LEARNING-

Group no.	Register no	Group	Topics	Date of submission
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3.	Sr Glany	71-80	Fat	10/02/2018
4.	Mrs Viola D'Souza	81-90	Vitamins	10/02/2018
5.	Mrs Viola D'Souza	91-100	Minerals	22/05/2018
6.	Sr Deepa Peter	41-50	Caloric requirement	22/05/2018
7.	Mrs Asha Varghese	31-40	PEM	24/05/2018
8.	Sr Deepa Peter	21-30	Fluid and Electrolyte Management	22/05/2018
9.	Mrs Shwetha Rashmi	11-20	DASH diet	24/05/2018
0.	Ms Shanthi Sharun	1-10	Diabetic diet	24/05/2018

The students were divided into 10 groups and the instructions were given how to go about it. All the students actively participated in it. They used their creativity and different methodology like role play, quiz, action song in imparting knowledge to their batch mates. It was really a good learning experience for the students.



5. Human value development



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Report on seminar on values for Youth

The congregation of sisters of charity gathered all the youth studying in nursing colleges of Mangalore on 2nd December 2017 from 2pm to 5 pm. The ultimate aim of this programme was to build up values in our youth and to encourage them to make choices based on Christian values. Rev Fr Victor Vijay Lobo, the Director of Sandesha was the resource person. About 220 nursing students of Father Muller School and College of Nursing and 180 students of Athena Institute of health sciences participated. Inauguration of the

seminar was done by lighting the Indian lamp by the superiors . Sr. Dhanya Devasia and Sr. Deepa Peter the organizers. After the

prayer service,



students were welcomed and enlightened by the motivating and loving words of Sr. Jacintha D'Souza. The resource person



Fr. Victor Vijay Lobo, enlightened on how the social network functions and how easily we can communicate and enter into relationship but how difficult to get out of it when we enter into problems. He also stressed that we often go out with the desire to enter into friendship and relationship but there is only one true friend, whom we can rely that is Jesus.



Co-ordinator



1000	TOPIC : VALUES FOR 1	HOUTH	
	DATE: 2-12-2017		
-1	RESOURCE PERSON : REV	FR Vijey: Mach	ado
_	NAME	· U	31690
1	ALBEENA BINU	(413)	Man
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(A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

GUEST LECTURE ON HEALTH AND FORGIVENESS

A session on Health and Forgiveness was held on 28th August 2017 in Rajath Bhavan at 2pm. The resource Person was Rev.Fr Clifferd, professor of St.Joseph's seminary Jeppu, Mangalore. The session began with prayer song by 3rd year Bsc (N) students.





Rev. Fr Clifferd introduced the topic by quoting the words of Mahatma Gandhi "forgiveness is the attribute of the strong". He emphasised on anger and its management and explained with few examples how anger affects the people in various ways. He taught us that, though forgiveness is hard ,it brings peace to one's mind and helps to prevent the physiological problems. Moreover anger and unforgiveness give rise to headaches, gastritis, disturbed sleep and alters the physiologic activities..





To conclude, this was really a valuable session to us and we learnt that being healthy doesn't mean eating well and working out but which includes having a healthy mind, free from pessimistic thoughts and being spiritually strong .Fr Clifferd made us not only to laugh with his light hearted jokes but also he taught each one of us how important it is to forgive and how it correlates with health. Spirituality makes a human being healthy and helps to lead a meaningful life. The programme was organised by SNA . A total of 200 students benefitted from the programme

Co-ordinator





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

TALK ON "BE A CHANGE"

Young people from all over Karnataka from the East and West, Indians and Italians

gathered together in the portals of Capitanio Educational Institutions for a day of International Youth convention called by Sisters of Charity of Mangalore Province on 12/08/2018. The Mega Youth with the motto "Be The Change" began with refreshment, prayer and sing songs.

A talk by Mr Joel Concesso, testimony by Jesus Youth Mr Anand John, the Holy Eucharist by



Fr Ivan D'Souza and Fr Fabio all were based on the theme. Youth were urged to bring about change in oneself, in others and in the society. Lots of sing songs, variety of activities, presentation of the documentary on the charitable works of "Sisters of Charity" were presented to the youth. This was followed by cultural event by the youth themselves. Before the conclusion Sr Matilda Monterio, the Provincial Superior delivered a message to go the



world with the light of the Word, presenting the Bible as a memento to the youth.

20 students from our college participated in this programme. The day turned out to be memorable and enriching one.



G. D. Coordinator

FATHER MULLER COLLEGE OF NURSING CURRICULUM COMMITTEE

The Curriculum Committee of Father Muller College of Nursing organized a guest lecture on "Improving professional ethics and social responsibilities" on 23rd August 2018 at 11 am for the students of outgoing batches;IV BSc and II PBBSc.Mrs Vidya Vinutha D'Souza, Assistant Professor, St Aloysius College,Manguluru was the resource person. She emphasized on the various aspects of professional ethics which includes time sense, honesty, handling of relationships, accountability and so on. She also stressed the importance of social responsibility in a persons life. The program concluded at 12.15pm.









Chairperson



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

STUDENT SUPPORT AND PROGRESSION COMMITTEE

PRO-LIFE TRAINING PROGRAM -REPORT

The Student Support And Progression committee of FMCON organized a prolife training program on 16th March 2019 for the staff and students of Father Muller College of Nursing in preparation for the prolife day which was held on April 6th. The Jesus youth prolife ministry members Mr.Paul and Mr. Dino were the resource persons for the day. 10 staff and 20 students of the college of nursing along with the core team members of JY Mangaluru benefitted by this program. It was held in the silver jubilee hall of FMCI from 10.00 am to 4.30 pm.



Co-ordinator





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Student Support and Progression Committee

Report on Prolife Day-2019

NAAC/CON/SSPC - 05/2018

Student Support and Progression Committee in collaboration with Jesus youth Mangaluru organized "Prolife day" on 6th April 2019 between 9.00am and 4pm in Academy hall ,FMCI, & Rajath bhayan ,FMCON with the theme "Life –Gift of God".

The inaugural programme began with the prayer song lead by IV year B.Sc (N) students. Rev Sr Deepa Peter, Committee Chairperson extended a cordial welcome to the gathering then Mr Jobin John introduced the chief guest to the gathering



The Chief Guest Dr Finto Francis, Consultant in Obstetrics & Gynaecology, Mariam Theresa Hospital, Kerala along with all the dignitaries inaugurated the event by lamp lighting

The Chief Guest Dr Finto Francis, Consultant in Obstetrics & Gynaecology, Mariam Theresa Hospital, Kerala delivered the key note address and. Rev Fr Richard Aloysius Coelho, Director FMCI delivered the presidential address Later as a token of appreciation Rev Fr Richard Coelho handed for a momento to Dr Finto Francis. Then Ms Shilpa Jacob, Coordinator of Jesus Youth proposed the vote of thanks. After the formal programme Students of Father Muller College of Nursing performed a mime related to Abortion. Then Dr Finto Francis gave a talk on Life-gift of God. The talk concluded with queries from the audience. Then Ms Shilpa coordinator Jesus youth conducted the online quiz. All the students and staffs participated enthusiastically. All the winners of the competition and the online quiz were awarded with prizes. As a token of gratitude and appreciation Rev Sr Deepa Peter handed over a certificate to Dr Finto Francis and Dr. Agnes EJ handed over the memento to Fr Nelson & Mr Jobin John the Judges of the competition



Simultaneously at around 10am Rev Fr Richard A Coelho inaugurated the exhibition by cutting the ribbon at Rajath Bhavan. After inauguration the dignitaries visited the various stalls and appreciated the hard work of the organizers and the student volunteer's.

In the afternoon session all the students and the staff members visited various stalls. The programme was winded up around 4pm.All the students and faculty

members gave a positive feedback about the programme The total beneficiaries were around 600 students and 100 faculty members.

Recorded By- Mrs Joyce Fernandes

Signature of the Convenor Sr Deepa Peter

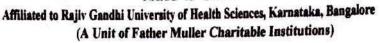
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6. Personality and professional development



NAAC 'A' Grade





Department of Child Health Nursing
Report on National conference on Pediatric Oncology-(12/12/2014 &13/12/2014)

Department of Pediatric Nursing in collaboration with Father Muller Oncology Centre organized a two days National Conference on 'Pediatric Oncology' on 12th, 13th December, 2014 at Decennial memorial hall FMMCH, Mangalore.

The conference was inaugurated by lighting the lamp and unveiling the theme on "Giving Hope, Help, Life" by Dr. Vidyasagar, Professor, Department of Radiotherapy and Oncology, KMC, Manipal and the dignitaries Rev Fr. Patrick Rodrigues, Director, FMCI, Rev Sr. Winnifred D'Souza, Principal, FMCON and Organizing Chairperson, Dr. Dinesh Shet, Associate Professor, Department of Medical Oncology, FMMCH, Ms. Seema Chavan, Assistant Professor, Father Muller College Of Nursing and Organizing Secretary. 248 beneficiaries benefitted from the conference.









Organizing secretary

Ms. Seema Chavan

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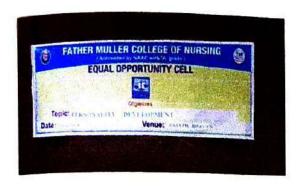
Principal

Sr Winnifred D Souza



NAAC 'A' Grade
Affiliated to Rajiv Gandhi University of health Sciences, Karnataka,
Bangalore
(A Unit if Father Muller Charitable Institutions)

The Equal Opportunity Cell of Father Muller College of Nursing organized a session on "Personality Development" at Rajath Bhavan on 23rd June 2015.





Mr Dheerendra Jain, Assistant Professor and NSS Programme Officer of Alva's College of Nursing was the resource person of the day





Equal Opportunity Cell, Secretary Mrs. Shobha Xaviour lecturer OBG department introduced resource person and Rev. Sr Winniefred D'souza welcomed the resource person by offering the flower bouquet.

Mr. Dherrendra Jain the resource person spoke the importance of personality development with interactive session and how we can apply in life in solving the problems. The students of IV BSc Nursing and II PBBSc Nursing participated for the session.







Students expressed that it was good and benefitted for them in handling the situation.

The programme was concluded at 4:00 pm with proposing vote of thanks by Ms. Praseena member of the cell and a memento was to the resource person as a token of love and appreciation by EOC Coordinator.

Mrs Wilma Shalini Noronha

Coordinator

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30/06/15

BSC (N) Students 2014 Batch (28th Batch)

1. Ms. Aishwarya T S

2. Ms. Aleena Suresh

3. Ms. Alphonse K Toms (Sr. Annet)

4. Ms. Aneena Reji 5. Ms. Aneesha KV

6. Ms. Angela Sebastian

7. Ms. Ani Jose

8. Ms. Anina Saji

9. Ms. Anit Shaju 10.Ms. Anjali Jose

11.Ms. Anjana Babu

12.Ms. Anjumol Antony

13.Ms. Ann Mary Paul 14.Ms. Anni Philip

15.Ms. Ansa Thomas

16.Ms. Anu Maria George

17.Ms. Arya Antony 18.Ms. Ashi Abraham

19.Ms. Ashlin Jeniciya D'Almeida

20.Ms. Barikynti Shadap 21.Ms. Bibimol Abraham

22.Ms. Biby Benney

23.Ms. Bilcy Joseph 24.Ms. Bismi Thomas

25.Ms. Caroline D'Souza

26.Ms. Charitha Clavia Lewis

27.Ms. Chelsa George 28.MS. Chinchu Antony 29.Ms. Chrisna Abraham

30.Ms. Cilla Reji

31.Ms. Crystal Rincia D'Souza

32.Ms. Deepa Rose Mathew

³³.Ms. Diniya Sebastian ³⁴.Ms. Diya James

³⁵.Ms. Dona Sebastian

³⁶.Ms. Elizabeth Sunny

37.Ms. Elsu Abraham ^{38.Ms.} Fiona Sis Wilson

³⁹.Ms. Francilla Soniya D'Souza

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⁴¹.Ms. Glory Mariam Mathew

⁴².Ms. Harsha Thomas ⁴³.Ms. Jasmine Mathew

44.Ms. Jayapradha

45.Ms. Jayarani Joseph

⁴⁶.Ms. Jillu Mathew 47.Ms. Jincy Chacko

48.Ms. Jinumol Kurian

49.Ms. Jis Maria Jose

50.Ms. Jismi Joseph 51.Ms. Jismy Maria T Devasia

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52.Ms. Josline Melita Crasta

53.Ms. Josmy Andrews

54.Ms. Josna Joseph 55.Ms. Josna Mary Jose

56.Ms. Joyline Sandria Pinto

57.Ms. Kavya Jose

58.Ms. Leonza Mariolla D'Rozario

59.Ms. Lidiya Justin

60.Ms. Linta Mariyam Jose

61.Ms. Linta Vincent

62.Ms. Lisha Maria D'Souza

63.Ms. Liya Sunny 64.Ms. Liyamol Siby 65.Ms. Mariya Joseph

66.Ms. Melany Nathasha Lewis

67.Ms. Meper Panja 68.Ms. Mereena Reji

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75.Ms. Priyanka Elizabeth Mathew 76.Ms. Raina Rose Johnson

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79.Ms. Roopa

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91.Ms. Stephy Elezabeth John

92.Ms. Sumi Mathai 93.Ms. Sushma Cutinho 94.Ms. Tiara Carol Pinto

95.Ms. Vencilla Monthu Rodrigues

96.Ms. Vrinda

97.Ms. Wilsha Ujwalita D'Silva

B.Sc (N) 2013 batch: (27th)

- Ms. Acquila Rincy D Souza 1.
- Ms. Adriel Benita Quadros 2.
- Ms. Airin Alex 3.
- Ms. Airin Ann Joy 4.
- Ms. Aiswarya Roy 5.
- Ms. Akhila Thomas 6.
- Ms. Aleena Raju 7.
- Ms. Alma John 8.
- Ms. Alphons John 9.
- Ms. Alphy Thomas 10.
- Ms. Amalu George 11.
- MS. Aneena Jose 12.
- Ms. Angel Maria Salim 13.
- 14. Ms. Anina Sunny
- 15. Ms. Anita Sonam
- Ms. Anitte James 16.
- Ms. Anju Maria Siby 17.
- Ms. Ann Mariya Peter 18.
- Ms. Anna James 19.
- 20. Ms. Ansa P Joy
- Ms. Anu Varghese 21.
- Ms. Anumol Chacko 22.
- Ms. Ashly Joseph 23.
- Ms. Ashly Susan Baby 24.
- Ms. Ashy Sojan 25.
- Ms. Bisa Naduparambil 26.
- Ms. Carol Experanza Martis 27.
- 28. Ms. Christy Delly
- Ms. Cincy Varghese 29.
- Ms. Cynthia Sabu 30.
- Ms. Da Costa Zuricka Precilla 31.
- Ms. Della Jose 32.
- Ms. Delna Kurian 33.
- Ms. Denita Hezil D' Sa 34.
- Ms. Derina Benny 35.
- Ms. Divya Devachen 36.
- Ms. Divya Mathew 37.
- Ms. Divya Sebastian 38.
- Ms. Dona Jojo 39.
- 40. Ms. Donamol Johny
- 41. Ms. Elizabeth Tom
- 42. Ms. Gipitha G K
- Ms. Gloria Lorraine Fernandes 43.
- Ms. Grace Kuriakose 44.
- 45. Ms. Harshitha
- 46. Ms. Hazel Viola D'Souza
- 47. Ms. Jemy Joy
- 48. Ms. Jesna Thomas
- 49. Ms. Jilmary James
- 50. Ms. Jilumol A J

- 51. Ms. Jincy P K
- 52. Ms. Jinu Jackson (Sr. Tresa Jackson)
- 53. Ms. Jisty Benny
- 54. Ms. Joshitha Jose
- 55. Ms. Kesiya Mathai
- 56. Ms. Linta Lalan
- 57. Ms. Maria Sunny
- 58. Ms. Mariya Simon
- 59. Ms. Meenu K M
- 60. Ms. Melita Laviya Pinto
- 61. Ms. Merin Elsa Varghese
- 62. Ms. Mevis Maria Rego
- 63. Ms. Mintu Varghese
- 64. Ms. Miranda Sabu
- 65. Ms. Namitha T J
- 66. Ms. Neenu Shajan
- 67. Ms. Neethumol Thomas
- 68. Ms. Nimmi K Prakash
- 69. Ms. Novisha Neema Monteiro (DSTD) Kasnatak
- 70. Ms. Patricia Rashmi D'Souza
- 71. Ms. Preethi Reshma Noronha
- 72. Ms. Priya Thomas
- 73. Ms. Rashmi A
- 74. Ms. Reena D'Silva C J
- 75. Ms. Rose Mary Jojo
- 76. Ms. Sandra Johny
- 77. Ms. Sanetra Locita D'Costa
- 78. Ms. Sen Emerald Hanock
- 79. MS. Sharon K S
- 80. Ms. Sherin Stephen
- 81. Ms. Shilpa Koshy
- 82. Ms. Shimi R S
- 83. Ms. Shiny Joyce Rodrigues
- 84. Ms. Shruthi Moolya
- 85. Ms. Silviya Fernandes
- 86. Ms. Sneha Alin Joseph
- 87. Ms. Sneha Elizabeth Raju
- 88. Ms. Sneha Francis
- 89. Ms. Stephy Binny
- 90. Ms. Surbhi Sotra
- 91. Ms. Sushmitha D'Souza
- 92. Ms. Sweedal Bricy Serrao
- 93. Ms. Teena Mol Syriac
- 94. Ms. Telma Avila Concessao
- 95. Ms. Tobina Tomy
- 96. Ms. Treesa Thomas
- 97. Ms. Vanitha Vegas
- 98. Ms. Vidya Bangera
- 99. Ms. Vini Varghese
- 100. Ms. Wandashisha Siangshai

- 58. Ms. Lincy K V
- 59. Ms. Linu Philip
- 60. Ms. Liya Eliza Baby
- 61. Ms. Liya Mathew
- 62. Ms. Liza Cliona Pereira
- 63. Ms. Lovymol K John
- 64. Ms. Meena James
- 65. Ms. Meenu John
- 66. Ms. Meenumol Sabu
- 67. Ms. Mickymol Varghese
- 68. Ms. Namitha Grace
- 69. Ms. Nayana Shaii
- 70. Ms. Neenu Joseph
- 71. Ms. Neenu Verghese
- 72. Ms. Nikeetta Aleyamma Kurian
- 73. Ms. Noronha Kimberly Robert
- 74. Ms. Pinto Riya Dian Ronald
- 75. Ms. Rachana Colaco
- 76. Ms. Rachana K
- 77. Ms. Renisha Priya Mascarenhas
- 78. Ms. Ribcy Annie Monachan
- 79. Ms. Rincy S Ponnan
- 80. Ms. Rose Maria Xavier
- 81. Ms. Rose Mary Philip
- 82. Ms. Roshni Ivy D Souza
- 83. Ms. Roweena Fernandes
- 84. Ms. Sagna P S
- 85. Ms. Sharon Mathew
- 86. Ms. Sharon Zacharias
- 87. Ms. Shilpa T Augustine
- 88. Ms. Shincy Susan Sleebu
- 89. Ms. Shiny Mendonca
- 90. Ms. Shiny Sophia Stany Rodrigues
- 91. Ms. Silby Joseph
- 92. Ms. Sony Simon
- 93. Ms. Sony T Saji
- 94. Ms. Soumya M Thomas
- 95. Ms. Stephy Joy
- 96. Ms. Sushmitha D'Souza
- 97. Ms. Sylvia Priscilla Noronha
- 98. Ms. Uma
- 99. Ms. Victoria Rufina Rodrigues
- 100. Ms. Wilsha Anita D'Souza



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INNOVATIVE LEARNING STRATEGIES

QAC conducted organized a seminar on 'Innovative Learning Strategies' on 21.05,2016 at 10 am in the Syndicate hall of Father Muller College of Nursing. Dr Savitha welcomed and introduced the resource person Dr Flosy C.R. D'Souza Associate Professor St Ann's College of Education. The session began with key message to focus on the learning strategies than the teaching strategies. It consisted of an active learning strategy which includes innovative learning methods at different level that is individual, pair and group. She illustrated on cooperative learning strategies with an explanation on differentiating between cooperative learning and collaborative learning.





The session ended at 12.35 pm.

Signature of the Secretary

Signature of the doordinator Signature of the chairperson

Date: 25.05.2016

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Seminar on 'Self Directed Learning' for students

organized a seminar on 'Self Directed Learning' for the undergraduate and Post graduate of the College on 02.07.2016 at 02.15pm in the Academy Hall. Mrs. Sharmila L Assistant Professor of St. Ann's College of Education, Mangaluru was the resource for the seminar. In her session she oriented the students on the process of self directed along with the few strategies to be followed as a preparation for the university exams. willustrated the application of SDL in the nursing clinical practice. Total beneficiaries were 300 and 11 Teaching Staff. The two hours session ended at 04.15pm.







mature of the Coordinator e: 04.07.2016

Signature of the chairperso

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Personality Development Programme

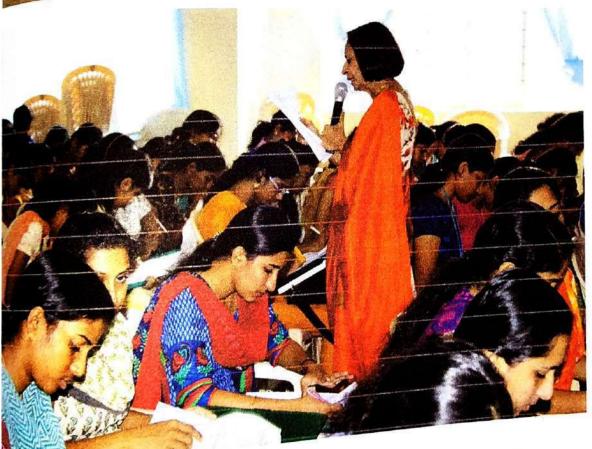
The Catholic Association of South Kanara (CASK) conducted Personality Development Programme for IV year B Sc Nursing students at Father Muller College of Nursing on 22/7/16 and 23/7/16. Mrs Patsy Lobo, Coordinator, CASK Personality Development Programme and Senior Co-ordinator, Training & School Relationships, The Teacher Foundation, Bangalore conducted the sessions on Empathy, Mindfulness and the Nine Critical skills, the nurses need to acquire along with her team members from CASK.











Agrid 3/8/16. Chariperon SSPC



Affiliated to Rajiv Gandhi University of health Sciences, Karnataka, Bangalore (A Unit of Father Muller Charitable Institutions)

IQAC Seminar Report

one day seminar was organized by the IQAC of Father Muller College of nursing on one 001 Father Muller College of nursing on 16,05,2015 for the faculty and students on the Theme 'Enhancement and Sustenance of 16.05.20 | Quality Assurance System'. The Seminar for the faculty started at 9.00am on the popic 'Role of IQAC in quality enhancement of nursing education and clinical practice' by penis Fernandes IQAC Coordinator, St. Aloysius College, Mangaluru. The IQAC ordinator introduced and welcomes the resource person with the floral bouquet. The faculty of the College and School of Nursing actively participated in the seminar with the good discussion regarding the functioning of the IQAC. Dr. Denis explained in detail with examples, the faculty participation in designing the curriculum, teaching learning process, research, consultancy, student support system and innovation & best practices. He elaborated on day today functioning of IQAC in their College. He briefed on the second topic of the day, ICT: A strategy for quality sustenance in teaching learning process. The seminar ended at 12.15pm with vote of thanks and handing over the memento to the resource person.







The seminar for the students began at 2.00pm at Academy hall. Dr. Malini Hebbar was resource person for the topics 'Student participation in quality assurance' and 'promotion and sharing of best practices among the student and faculty in the Institution'. The students completed the 10 questions related to IQAC before the commencement of the talk. The IQAC coordinator Mrs. Savitha Pramilda Cutinho introduced the Resource Person and welcomed her with a floral bouquet. Dr. Malini Hebbar conducted interactive session with brain storming games and puzzles. She described and motivated the students regarding their role as a whole and not as a part, the social responsibility, their involvement in the best practices and quality assurance system. The seminar ended at 4.00pm with vote of thanks and handing over the memento.







IQAC Coordinator

for IQAC Chair person/ Principal

Date: 18.05.2015

Seminar Topic -> student participation in quality assurance					
Risource person: Der. Malini Hebbag. & promotion & straining of best practices among the studenty					
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FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions) NAAC 'A' Grade Affiliated to Rajiv Gandhi University of health Sciences, Karnataka, Bangalore

Report of Seminar on 'Role of the students in Quality Assurance"

IQAC of the college had organized the seminar for the students of all UG and PG Programs $_{01}$ 01.06.2017 in the Rajath Bhavan. The seminar was on the theme "Role of the students in Quality Assurance" deliberated by Sr. Claire, Principal, and St. Ann's College of Education. She explained to the students their role as a stakeholder of the college and their voice and active participation in the maintenance of the quality. She familiarized them to the acronyms and few new concepts that are involved in the IQAC. The teachers were also the participants of the seminar.

The seminar ended at 11.40a.m.







IQAC Chairperson

05.06.2017

TOPIC : STUDENT PARTICIPATION IN QUALITY ASSURANCE DATE : 01.06.2017 RESOURCE PERSON : SR.CLAIRE, PRINCIPAL, ST. ANN'S COLLEGE, Student Name (1st Ya BSE) Simo Volita D'Gouza 1 Julee Greonge 2 Reena Amnie Rajan Let BER One has 4 4) 5) Ranimol Jose () Shind Saju Nimitha ontony 7) Venoleya Joylen Carlo " Ruma Mindonca Ashmetha Aleva Coth Nathasha Rodelgu Ashika Thomas Anita alsa Shibu n) Dransana S Wilson Sherin mol Vis 3 Mercena Thomas Amala Sibichan Nomya Vargher Dilow Deouza. Kesiyamol Sabu Edni Joseph 20 earoline maria saldanha 16 Minu Sibi 22 Mero Melanie D'mello 23 Patricia hallène Docusa an. Roshni Cynthia Percina! Jenevia Jyothi D'souza " Liseya D'soura Pooja Mathew 29 Laldarka «
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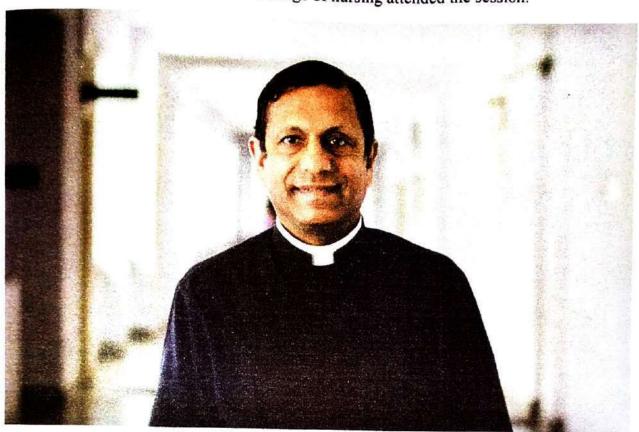
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FATHER MULLER COLLEGE OF NURSING

TALK ON BIOETHICS

A session on principles of Bio ethics was held on 26th October 2017 in Decennial Hall at 1.30 pm to 2.30 pm. The resource person was Rev.Fr. Stephen Fernandes. Sr. Jacintha D'Souza, Principal FMCON welcomed and introduced the resource person. All the batches of students from school and college of nursing attended the session.



The talk began with Nursing ethics, human rights and dignity, non discrimination among the patients. Then he emphasized on the principles of Bio ethics like solidarity, autonomy, etc and explained the various aspects of principles and their application in day to day life in hospital environment.

At the end of session he clarified the doubts of all the students regarding euthanasia, organ donation and discrimination in treatment facility for rich and poor in the hospital set up. Then he arranged the platform for the students to come up with various questions and there was a discussion on that. Students and faculty were excited to discuss on various topics.

The session adjourned at 3:45 pm with vote of thanks by Sr. Jacintha D' Souza.

Signature of principal

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TOPIC: Principles of Bioethics

DATE: 26/10/14

RESOURCE PERSON: Rev. PR Stephen Fernandes

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FATHER MULLER COLLEGE OF NURSING, MANGALURU DEPARTMENT OF COMMUNITY HEALTH NURSING

The department of Community Health Nursing of Father Muller College of Nursing organized a Guest Lecture on Trends in management of Tuberculosis at Rajath Bavan on 24th March 2018. Dr Sudhir Prabhu, Associate Professor, Department of Community Medicine of Father Muller Medical College was the Guest Speaker. This session was conducted as a part of World Tuberculosis day which is celebrated on 24th March every year.



There were 243 delegates including teachers & students.

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FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)

Kankanady, Mangalore-575002

Department of Mental Health Nursing (2017-18)

Report on Seminar - Ethical and Legal Aspects in Psychiatry



Department of Mental Health Nursing, Father Muller College of Nursing has organized a one day seminar on "Ethical and legal aspects in psychiatry" on 26th May 2018 at the Knowledge Centre Hall, Father Muller Charitable Institutions.

The first session 'Ethical dilemmas and mental health care' started at 9am by Dr Safeekh A T, HOD, Dept of Psychiatry, FMMC followed by the

inaugural at 10am. Dr Anil Kakunje, HOD, Dept.of Psychiatry, Yenepoya Medical College, Deralakatte was the chief guest and gave a keynote address about the seminar theme. Rev. Fr Richard Aloysius Coelho, Director, FMCI delivered the presidential address.

Second session was by Dr Hareesh Gouda, Associate Professor, Dept of Forensic Medicine,

FMMC, on the topic 'Preventing legal issues in psychiatric clinical practice' at 11am. Dr



Rameela Shekhar, Dean, PG Department, Roshni Nilaya, Mangaluru started her session at 12 pm on the topic 'Ethical and legal considerations in vulnerable populations in psychiatry'. Followed by her session, there was a lunch break at 1pm.

Post lunch session began at 2pm by Dr PV Bhandary, Director, Dr AV Baliga Group of Institutions, Udupi on an 'Overview on 'Mental

health care act 2017'. The last session of the day was taken by Dr Thereza Mathias, Professor and HOD, Dept of Mental Health Nursing, Laxmi Memorial College of Nursing, Mangaluru on 'Ethical and legal aspects in psychiatric nursing practice'. After the sessions the feedback about the seminar was given by the KNC observer, Mrs Janet Miranda, HOD, Dept of OBG Nursing, Yenepoya College of Nursing, Deralakatte, Mangaluru. The seminar came to an end by 4.30pm. The UG and PG students and faculty of different colleges were benefitted by the seminar

Signature of the HOD Prof.Agnor E J



Signature of the Principal Sr. Jacintha D'Souza

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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Guest lecture -Needle stick injury and biomedical waste management

The Hospital infection control team of Father Medical College hospital had organized a guest lecture on needle stick injury and biomedical waste management on 5.6.2018 at 2.30 pm in Rajath bhavan of college of nursing. Ms Frenita DSouza and Ms Anusha Fernandes from the HIC department were the resource faculty for the same. Students were given important information about the needle stick injury, its management in the clinical setting. They were also updated with the biomedical waste management and the medical hand washing technique. Students of all the batches participated in the program. The program was concluded through distribution of memento to the resource faculty and vote of thanks





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FATHER MULLER MEDICAL CULLEGE HUSTIAL

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FATHER MULLER MEDICAL COLLEGE HOSPITAL

TOPIC

Training Programme / CME / Workshop: NEEDLE STICK INJURY & BMO Resource Person: Me FRENITA REGNA! D'BOUZA.

Date: 5/06/2018.
Venue: RAJATH BHAVAN, FMCON

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SI. No.	Name of the Participant	Designation	Dept/Ward	Signature
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6.	Porijanha Mullich	Student	GNM Latura	Par
4.	Jayashnee Dm	Student	II year	Bra.
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16.	Shwetha D'Louza	Student	IndGNM	(36)
17.	Aini M.B	Student	II nd Grum	ME
18.	melita Quadras	student	Ind GNM	Helilos.
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11. Mrs JASMINE SARITA VAS	PRINCIPAL	FMGON	Fan
12. Ms. BENSY BENNY	Ind yr. Bsc (N) She	A	Ber
13. MS. LITTY THOMAS	andy Bsch)s	of FMCON.	- Reflection
14. Mr. Dona Sebastian	Indy BSCW)S		Quelles
15. Ms. Reshma Maroj	2ndy 18.4(0)		Jaha.
16. Venus Treesa . K. Philip	IIndys. B. Scc NDS	# Imeor	Jenney.
17. Stely Nooronha	14th BSc (N)Sh	r ELUCON	BUS
18. Soosya George	N*BS (N) Student	ENCON	Que .
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5	Anisha Cutimba	Ist year Com	FMSON	(Fair)
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FATHER MULLER COLLEGE OF NURSING CAREER GUIDANCE CELL REPORT ON OPEN HOUSE - Paths to become a Global Nurse

Career Guidance Cell organized a session for the outgoing BSc (N) students on 3rd November, 2018 between 2.30-3.30pm. Mr. Anil Mohan, Ms. Helma and Ms. Diana; team from Medcity International Academy gave overall information on the topic 'Paths to become a Global Nurse'. In regard to this they explained the process and requirements to fulfill towards working or studying in abroad countries. The beneficiaries were 85 IV BSc (N) students who were appreciative of the details provided and thanked them.



SSPC Chairperson

Principal

FATHER MULLER COLLEGE OF NURSING CAREER GUIDANCE CELL REPORT ON OPEN HOUSE – Employment in UK

As a part of promoting awareness towards opportunities available at UK, a session was organized for the outgoing BSc (N) and GNM students on 31st October, 2018 between 1.30-3.00pm. Mr. Gilbert Nelson Martis, CEO and Director of Health skills training Ltd. UK highlighted on the process and requirements to fulfill towards UK employment. The beneficiaries were 96 IV BSc (N) students who clarified all their doubts.



Committee Chairperson

SSPC Chairperson

Michael triple

Principal

FATHER MULLER COLLEGE OF NURSING CAREER GUIDANCE CE**LL**

Career Guidance, Scholarships and International Education

Career Guidance Cell organized an open house for the 3rd and 4th year BSc Nursing and 1rd and 2rd year PBBSc Nursing students regarding 'Career planning, abroad studies and ways to obtain scholarships for International education' by The Chopras, Mangalore at 3.30pm on 20th November, 2018. There were a total of 180 students who enquired all the details towards education and benefits thereafter. The students appreciated Student support and progression committee for providing opportunities for their professional growth.





Salidauha Committee Chairperson Sandra Saldanha

SSPC Chairperson Sr. Deepa Peter

Principal Sr. Jacintha D'Souza



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Batch/ Signature Names SL-No. Designation TV B 8c (N) Gleneto A Glenita Fornande IV BSc (N) Lugar Anju Sara Idiculta 72 1 B. 8c(N) Christe Greele Santhanayor .13 (Body IV B.SC (N) Roema Clara Candoza 74 IV BSC (N) tation' 75: Caroline Trusha IN BSC. (M) - Soi CMITHA DS002A 40 Maouza TV Bse (N) MELONEY DOUZA TU BSC(P) Sate. JasminJ Maja Mayolla Deena D'Souza IV BSC(N) Duja, Diga Fose IV BSC (N) 80 Delina John Delia 12 Bsc(N) 81 ANISHA DSOUZA TV BSC(N) Rishma Andradi TV BSLCN) Vinible Preema D'Souza IV 350 (V) Leena Demitra D'esouza IV BSC (N) Andrea D'Souza (V BreCN) Vinita D'Soy ~ Wo Sauge IV BSCCN) 83. Berlin Elisaka Lobo IV BSeCV) 89. Glen Seema D Sousa TV B.Sc (N) 90 Swathi I B. Sc(N) Anusha Roseline A Amenala 91 IV B.Sc (N) al fed Albel Phristal printo 92 IV Busc (N) Anns Maroia Borroy 93 IV BEC(N) 94 nomas N B.SC(N) Elsa Saler Siloy 95 1801 IV B-50 (N) 96. Ebitter Joseph \$. 1 8.5c (N) Total - 96

OPEN HOUSE - PATHS TO BECOME A GLOBAL NURSE Date: 3/11/18 Venne: IV BSc Classroom Se-No. Names ! Batch/ Signature Designation Dona Sebastian Jone IV BSC(N) Jours ! Nidhila Chaely 2) N BSC(N) Delna 3) Anmacy 4) AND NBSC (N) Alphonia Toseph ALA IN BSC (M) Alphy Shazu NBSC (N) Bigaly 14 BEC(N) 7) Symphy Rinu 8) N Boch) Reenu - 1 -9) IV they ear BSCH (Box) Kva 10) Jana . Femia 4) Way Bsc(N) Gina IV hyr Bsc (N) Anita. 13) Antho 14) Nimbya Tisement Nunga. Ivth gr Be(N) 15) Alisha Babru othsha 16) Diga IV your BSC(N) 17) Calsteena Sajn. Chaistana Vargers. THYY Be (N) 18) Beula Tella. 19) Ashly Treesa 20) Dony Ray 21) IV 98 BSC(N) Josmy maisa IVON yn BIC(H) Astha kuisan Bridgit Amothe TV 42 B Sc(N) aloneston Aleena Alphonsa Jereph 1 vth ye Below Aleesha Tom 25) Celesty 29) Willy B. Sc(N) Aishwaya 80) Anisho Dsouga IV HA BSC 31) Reshma Anchade. inth Bse Dafni TV BSC IV BSE Benlin & Lolo TV BSC Ancilla Pinto

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36	Jagnin, J	T BSC(b)	JE
37	MAYOLLA DEENA D'SOUZA	TE BEC (N)	Neova
38	ROSELLE SANCYIS	I BSC (N)	poselle
39	MELONEY DOUZA	IV Bse (W)	Mesonge
40.	MB SMITHA DSOUZA	IV BSC-CN)	Smith
4l.,	M8. SWATHS	IN BSc.CM)	Swoothi
42	Maria Elizabeth	IV Bsc (N)	ALSO.
43.	Jeena Checha Thomas	IN Boc (N)	Jeens.
44.	Gina Thomas	W BIL (W)	Grathoma
45.	Mulia Lobo	IN B-SE CA)	anto
- 4 6.	Melody Seema D'souza	IV Bsc (N)	Tilos
47.	Sharlin Menezer.	IV BSC (N)	Shashi
48	Minju Johnson	W BSc (N)	Miny
. 49	Agraya 8.p	IV BSC (N)	Againe
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51	Meethu Raju	N BSc (W)	Meeta
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123		IVth BSC (N)	Belia	2.71
124	Alphy Shaju	14th BSC (N)	Ship	Jul
125	Dona Tom	IV th BSC(N)	-	1,1
126	Astha Kurlan	IVth BSC (N)	OH	191
127	Ancella Pinto	with BSC (N)	Ancillato	11
12.8	Armêm Rose Saly	INTHBSCIN	900,	101
129	Manu Francia	IV" BS(N)	Veenu .	Pei
13.0	Talsena James	IV# BS(N)	Yoleine	el 81
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132	Migica Elizabeth	IVM BSc (N)	Mae ya	
133	Jeena Checha	1vm Bsc (N)	Felig.	(,
234	Aleesha Tom	rum BSC (D)	det in	3-1
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136	Agaya · S. P. Giisele Santimayo.	IN B sc(n)	Gird.	ut.
13f	Glenita Formandes	IV B Sc (N)	Glenitz .	10
138	Reema Clana Candoza	IV B.SC(N)	Quelz.	J. I
139	Benlin lobo	IN BISC (V)	Quelia	
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141	Anjana Saby	11		
142	Ashy Francis		July	
143	Asha Biju	COLLEGIA	Asha.	
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134		4	No. 1
175	Togshone A- Kosha	20	Kobo
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24.	Roshni Perusa	Indyr BSC(N)	Park.
25.	Venus Treessa & Philip	1 7	1 Comb
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28.	Glesha Sava Greevary		Prabe
29.	Blessy Maria Bine	34 yr. B.S. (N)	- Went
30.	Shilpa Jose	32d yr. B. Sc (W)	Margar
31	Sandra Sebastian		Sonde
32.	Shexin Am Thomas	grd yn Bre (N)	Lung
33.	Natasha R	3rd, Gr BSC (N)	The same of the sa
34.	Litty Thomas	Mad year BSC(N)	I love
35.	Namitha Rostin Babu	3 year BSCN	Namilha
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38.	Teena Mary	Ind /a Bsc(N)	Janes.
39.	Stephy John	III Id yz BSc CND	AT.
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41.	Shelpa Actory	Wrdyn Bec (NI)	Righ .
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44.	Bricha V.	THE YA BSE(N) THE YA BSE(N) THE YA BSE(N)	and -
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FATHER MULLER COLLEGE OF NURSING



NAAC 'A' Grade Affiliated to Rajiv Gandhi University of health Sciences, Karnataka, Bangalore (A Unit of Father Muller Charitable Institutions)

Internal Quality Assurance Cell

Guest Lecture on 'Quality improvement of the Institution- Role of students'

The Internal Quality Assurance Cell of Father Muller College of Nursing conducted a guest lecture on Quality improvement of the Institution- Role of students' on 22nd February 2019 in Academy Hall at 03.00 pm for the students. Dr. Hareesh Gouda Associate Professor, Dept of Forensic Medicine and IQAC Secretary, Fr Muller Medical College, Mangalore was the resource person. Dr Hareesh elaborated on the meaning of quality education, the stakeholders of an Institution and the role and responsibilities of students in the quality enhancement and sustenance of an Institution. The program concluded at 04.00 pm with the vote of thanks by Mrs Jubee Joseph. The students from all programs (No.396) were benefitted from the session.



Section 6

IQAC etordinator

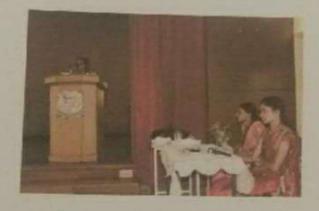


FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Women cell Committee (2018-19)

Report on .. 16:03-2019

The Women cell of Father Muller college of Nursing organised a session on the topic "Social media and its ill effects on women" at 2.00 pm in the academy hall on 16th March 2019. Rev. Fr Richard DSouza, Director of Canara Communication centre was the resource person. He dealt with the facts and scenarios where women have been cheated or put to a difficult situation. The impact of Media and its ill effects on the present generations was highlighted. The students of college and school of nursing participated in this session.









COMMITTEE CHAIRPERSON

PRINCIPAL

Father Muller College of Nurs Kenkanady, Mangaluru-575



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Department of Mental Health Nursing (2018-19)

Report on Seminar - "Recent Updates on Autism and ADHD"



Department of Mental Health Nursing, FMCON organized a seminar on the "Recent Updates on Autism and ADHD" on 24th June 2019 in Rajath Bhavan, FMCON at 10.30 am. Dr.Ravichandra Karkal, Associate Professor, Department of Psychiatry, Yenepoya Medical

College was the resource person. The event was initiated by a prayer song lead by III year B.Sc (N) students. Mr Rajeeve Mathew, Assistant Professor, Department of Mental Health Nursing welcomed the gathering. Then the resource person, Dr Ravichandra illustrated in detail the history, disease process, psychosocial,



pharmacological and nursing interventions for children diagnosed with autism or ADHD. The event concluded with a vote of thanks by Mrs Sabeena MTP, Lecturer, and Department of Mental Health Nursing. The beneficiaries were 124 students and 23 faculty members

Organizing Secretaty Mrs Joyce fernandes Organizing chairperson / Dr Agnes E J

Principal Sr Jacintha D'Souza



FATHER MULLER COLLEGE OF NURSING

(A Unit of Father Muller Charitable Institutions)

NAAC 'A' Geade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

MENTAL HEALTH NURSING DEPARTMENT

Seminar on 'Recent updates on Autism & ADHD'

Students' attendance sheet

Sl.No.	Name of the Student	Programme (B Se/ P B B Se /MSe)	Signature
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4.	Jasica loma Suracis	TT BSCCN)	* Augustian Company
5.	Roshni D'souza	TI BSC(N)	Louis
6.	Reena Galdanha	TT BSC(N)	Rya
7.	Joslan Marchado	II BSC(N)	Jest.
8.	Eani Toseph	II BSC (M)	gri-
9	Marsha Abraham	III. BSE (N)	crops.
10.	Hasia Rushma Proto	TIT BSC (N)	Pales
11.	Latty Mol John	TIT BSF (N)	(A)
12.	Provecna Sunny	III B.Sc (N)	Preside.
13.	Me Mariya Joseph	TH BSC CN)	Manager
14.	Otora Bliggi	TI BSC CW)	Sore
15.	Nimyo Varghere	III BSC (N)	And
16.	Pooja Mathew	UT BSC (N)	Bis
17	Minu Sibi	III BSC (N)	Min
18.	Metto Milanie Dinillo	TIL BSC (N)	Meriz
19.	Mercena Thomas	III BSCLN)	Alwarde
20.	Larya Dsouza	TI 9 SCCN	Later

LNo.	Name of the Student	Programme (B Sc/ P B B Sc /MSc)	Signature
21.	Jenevia Jyoth D'sour	THY rayea. BUC(N)	Janerio
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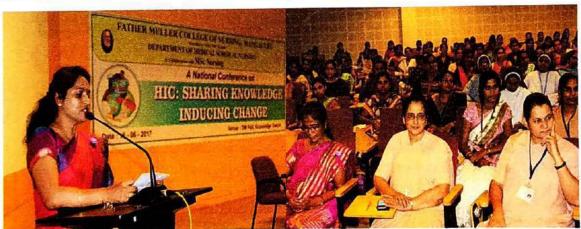
7.Employability and skill training

FATHER MULLER COLLEGE OF NURSING DEPARTMENT OF MEDICAL SURGICAL NURSING REPORT OF

NATIONAL CONFERENCE ON 'HIC: SHARING KNOWEDGE INDUCING CHANGE'-

The Department of Medical Surgical Nursing organized a National conference on 'HIC: Sharing Knowedge Inducing Change. The program began at 9.00 am by invoking God's blessings by a prayer song the Mrs. Bridget D'silva, HOD, Medical Surgical Nursing & the Organizing Chairperson welcomed the audience. This was followed by unvailing the theme by Prof. Rev. Sr. Jacintha D'souza, Principal, Father Muller College of Nursing.





The sessions for the day were as follows: The first session was dealt by .Dr. Shrikala Baliga Professor ,Dept of Microbiology, KMC, Mangalore, on Overview on Hospital infection control: Gaps in theory & practice. from 09: 15 to 10:00am. This was followed by a tea break at 10:00 to 10:30am.the second session started at 10:30 to 11:00am on Hand Hygiene: use & abuse call for safety dealt by Dr. Shrikala Baliga Professor,Dept of Microbiology, KMC, Mangalore, the third session was on Role of Pre and probiotics in care of infection and Newer Antibiotics dealt by Dr. Padmaja Udayakumar, Vice Dean & HOD of Pharmacology, FMMCH at 11:00am -12:00pm and from 12:00 to 12:45pm the topic dealt was on Myths & Fallacies of Infection & Drug therapy by Dr. Prashant Y.M associate professor ,Dept of Medicine ,Father Muller Medical College Hospital Mangalore. The group dispersed for lunch.



The post lunch session began at 01:45pm. The topics dealt were issues and models of infection control measures by Mrs. Sariga J. Therasa, Associate Professor, Pushpagiri College of Nursing, Thiruvalla, kerala. From 2.30pm to 03:15pm Dr. Muralidhar Varma Associate Professor KMC, Manipal dealt with the topic on occupational exposure & protocols, and last session was on Surveillance and Role of health professionals in infection Control Measures lead by Dr. Champa. H, Associate Professor, Dept of Microbiology, DMWIMS, Kerala. This was followed by the closing ceremony at 4.00 pm.



A feedback was given by the Delegate. TNAI- KSB Mrs. Umarani J spoke on overall conference and gave feedback on overall conferece, followed by presenting a certificate to the Observer by Mrs. Bridget D'silva, HOD, Medical Surgical Nursing & the Organizing Chairperson At 04:20pm the certificates of participation were distributed to the delegates by Prof. Rev. Sr. Jacintha D'souza, Principal, Father Muller College of Nursing and gave a message to the audience. The winners of the Scientific Paper and Poster Presentation are awarded by TNAI- KSB Mrs. Umarani J . The first prize for the Scientific Paper won by Ms. Persara Rymbai and best poster won by Mrs. Shwetha Rashmi & Mrs. Diana followed by honoring the judges by Mrs. Bridget D'silva, Organizing Chairperson. Vote of thanks was given by Mrs. Sonia Dsouza, Organising Secretary. The workshop ended with the National Anthem. The delegate's dispersed after a cup of tea and refreshments at 5:00pm. The whole of the programe was took place in decennial hall knowledge center FMCI Mangaluru. Total 307 delegates participated from different institutions.

Secretary



Summind

(A Unit of Father Muller Charitable Institutions)

NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

YOUTH RED CROSS CELL

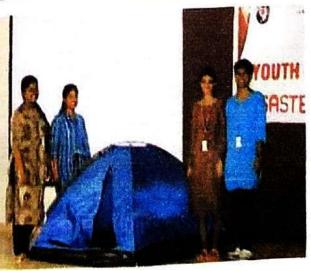
DISASTER MANAGEMENT TRAINING PROGRAMME

The Youth Red Cross Unit of Father Muller College of Nursing organized a "Disaster Management – Hands on Skill Training Program" for Red Cross Members on 8 th May 2017, at 9am to 1 pm in Rajath Bhavan, FMCON in observance of World Red Cross and Red Crescent Day 2017 with the theme "Everywhere for Every People".

The Resource Persons were Mr Santhosh Peter Dsouza (B.A. (L) LL.B, Advocate and Legal Consultant and District Convenor of Youth Red Cross Cell D.K) and Mr Nithin, Assistant Trainer for Disaster Management Training Program. The main focus was on Disaster management plan through which communities reduces vulnerability to hazards and cope with disasters, since disaster management does not avert or eliminate the threats; instead, it focuses on creating plans to decrease the effect of disasters. The program was coordinated by Mr Rajeev Mathew-in charge, Youth Red Cross Unit, Father Muller college of Nursing.







Programme Co-ordinator



Principal



(A Unit of Father Muller Charitable Institutions)
NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

YOUTH RED CROSS CELL

DISASTER MANAGEMENT -HANDS ON SKILL TRAINING PROGRAMME

SINO	NAME OF STUDENTS PARTICIPATED
1.	Ms. Agaya S P
2.	Ms. Aishwariya Philip
3.	Ms. Aleena Joy
4.	Ms. Aleesha Tom
5.	Ms. Alisha Babu
6.	Ms. Alliena Tessa Tomy
7.	Ms.Alphonsa Joseph - Mr. Joseph
8.	Ms. Alphonsa Joseph - Mr. Jose
9.	Ms. AlphonsaTomy
10.	Ms. Alphy Shaju
11.	Ms. Amitha Sebastian
12.	Ms. Ancilla Pinto
13.	Ms. Andrea D'Souza
14.	Ms. Anees Philip
15.	Ms. Angel George
16.	Ms. Anisha D'Souza
17.	Ms. AnittaMariyaBinu
18.	Ms. Anjaly John
19.	Ms. AnjanaAnto
20.	Ms. AnjanaSabu
21.	Ms. Anju Sara Idiculla
22.	Ms. AnnmaryKunjumon
23.	Ms. Anns Maria Benny
24.	Ms. Anuja George
25.	Ms. AnushaRoseline A
26.	Ms. Armin Rose Sabu
27.	Ms. AshaBiju
28.	Ms. AshelChristal Pinto
29.	Ms. Ashly Francis
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32.	Ms. AsthaKurian
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34.	Ms. Aswini Mathew
	Ms. BenlinElvisha Lobo
35.	Ms. Beulah T P
36.	Ms. Bijaly Susan Mathew
37.	Ms. Brigit George
38.	Ms. Caroline Trisha Kotian
39.	Ms. Celeste Peter
40.	Ms. Chinju Rose Jose
41.	Ms. Christina Varghese
42.	Ms. Cristeena Saju
43.	Ms. Delna John
14.	Ms. Diya Jose
45.	Ms. Dona Tom

Programme Co-ordinator



(A Unit of Father Muller Charitable Institutions)

Affiliated to Rajiv Gandhi University of health Sciences, Karnataka, Bangalore

Report of Value added programme on 'Power of Positive Thinking'

IQAC of the College had organized the value added programme for the students of Ist, and IIIrd year B. Sc (N) on 15.07.2017 at 03.00pm in the Rajath Bhavan. The programme began with a prayer song by the Ist year B. Sc (N) students. Sr. Deepa Peter welcomed and introduced the resource person Rev. Fr. Maxim D Souza, St. Joseph's Seminary. The programme was on the theme 'Power of Positive Thinking'. He stressed on power of positive thinking and explained how to develop positive attitude in one's life in order to be successful. Rev. Sr Jacintha D Souza, Principal, Father Muller College of Nursing presided over the programme.









The programme ended at 04.30pm.

Signature of the Secretary Mrs Preethi Fernandes

Signature of the chairperson Sr Jacintha D Souza

Date: 19.07.2017

	TOPIC: POWER OF POSITIVE THINK	
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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 NURSING FOUNDATION DEPARTMENT

TALK ON NABH STANDARDS- POLICIES AND PROTOCOLS

A session on NABH standards—Policies and protocols in Nursing was held on 4 th January 2018 in Rajath Bhavan at 9 am to 10 am. The resource person was Mrs. Prinita Pinto. The first year students of both B.Sc and GNM and the faculty from Nursing Foundation were there for the session.





The session was started by explaining the meaning of accreditation, their benefits to patient, family and employee. The importance of accreditation to improve the quality of care, satisfaction and continous improvement. There are 10 chapters in the policies and protocols of NABH, which includes 105 standards and 683 objectives. The chapters were discussed briefly. The organisational structure of HIC was also explained. Emergency hospital codes, 74 quality indicators and 18 committees were described in brief. She explained about the various services rendered by our hospital.

The topic of International safety goals, policy for patient transfer, initial assessment policy and triage of patient was explained. There were lecture on blood transfusion, vulnerable patients, restraint and pain assessment policies. Session was informative and 100 BSc and 60 GNM students benefitted from this programme.

The session adjourned at 10 am with vote of thanks by Mrs. Shwetha Rashmi.

HOD



Signature of principal



FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 DEPARTMENT OF NURSING FOUNDATION Guest lecture on NABH standards, policies and protocols

Student attendance

		Signature
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31.	Clarissa D Souza	(Valle)
32.	Dauphinroi Dkhar	
33.	Deekshitha M	
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36.	Delma D Souza	Deline
37.	Elizabeth Sebastian	6/13
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58.	Megha K Alosia	
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COORDINATOR

(A Unit of Father Muller Charitable Institutions)
NAAC 'A' Grade
Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

YOUTH RED CROSS CELL

JUNGLE AND REAL LIFE SURVIVAL TRAINING PROGRAM

The Youth Red Cross Cell of Father Muller College of Nursing organized a "Jungle and Real life Survival - Hands on Skill Training Program" for Red Cross Members on 14 th April 2018, from 7.30am to 5pm in Kinnigoli, Mangaluru in association with Disaster Management, Sub-committee, Indian Red Cross Society, DK. The Resource Persons were Mr Santhosh Peter Dsouza (B.A. (L) LL.B., Advocate and Legal Consultant and District Convenor of Youth Red Cross Cell D.K.) and Mr Nithin, Assistant Trainer for Disaster Management Training Program. The Jungle and Real Life Survival program is one such program which prepares the individual to withstand not only the rigours of the jungle but also to combat man made calamities and natural disasters. The program was coordinated by Mr Rajeev Mathew-in charge, Youth Red Cross Unit, Father Muller college of Nursing.





Programme Co-ordinator



Principal



(A Unit of Father Muller Charitable Institutions)

NAAC 'A' Grade

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

YOUTH RED CROSS CELL

JUNGLE AND REAL LIFE SURVIVAL - HANDS ON SKILL TRAINING PROGRAM

SINO	NAME OF THE STUDENTS PARTICIPATED
1.	Ms. Aishwarya T S
2.	Ms. Aleena Suresh
3.	Ms. Alphonse K Toms (Sr. Annet)
4.	Ms. Aneena Reji
5.	Ms. Aneesha K V
6.	Ms. Angela Sebastian
7.	Ms. Ani Jose
8.	Ms. AninaSaji
9.	Ms. AnitShaju
10.	Ms. Anjali Jose
11.	Ms. AnjanaBabu
12.	Ms. Anjumol Antony
13.	Ms. Ann Mary Paul
14.	Ms. Anni Philip
15.	Ms. Ansa Thomas
16.	Ms. Anu Maria George
17.	Ms. Arya Antony
18.	Ms. Ashi Abraham
19.	Ms. AshlinJeniciyaD'Almeida
20.	Ms. BarikyntiShadap
21.	Ms. Bibimol Abraham
22.	Ms. BibyBenney
23.	Ms. Bilcy Joseph
24.	Ms. Bismi Thomas
25.	Ms. Caroline D'Souza
26.	Ms. CharithaClavia Lewis
27.	Ms. Chelsa George
28.	MS. Chinchu Antony
29.	Ms. Chrisna Abraham
30.	Ms. CillaReji
31.	Ms. Crystal Rincia D'Souza
32.	Ms. Deepa Rose Mathew
33.	Ms. Diniya Sebastian
34.	Ms. Diya James
35.	Ms. Dona Sebastian
<i>JJ</i> .	1710. Dona Secustral

Programme Co-ordinator

FATHER MULLER COLLEGE OF NURSING DEPARTMENT OF MEDICAL SURGICAL NURSING

3RD YEAR BSC (2016-2017)

SKILL LAB REPORT

The department of Medical Surgical Nursing organised a skill training programme for 3rd year BSc nursing students at father Muller Skill lab& Simulation Centre on 23/05/17, 24/05/17, 31/05/17and 1/06/17 respectively.97 Students were divided into 4 groups and each 25 students were distributed equally to 3 skill stations where IV cannulation, Foley's urinary catheterization and NG Tube insertion Procedures were demonstrated by staff & re demonstrated by each student.



SUBJECT COORDINATOR



FATHER MULLER SIMULATION AND SKILL CENTRE

Date

Training Course

Targeted Learners

: DAlos/18 : Cothelforisation : Ond yn BSC(N) Students : 2 00 pm to 3:30 pm : At Mas Reena Sorank

Session Time

Instructor

SI.No.	Name of the Learners	Signature -
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FATHER MULLER SIMULATION AND SKILL CENTRE

Date

: 30-05-2017

Training Course

: crash cart

Session Time:

Instructors

: Dr. Leilu Sherif & Mus. Thana Machado

Learners

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	<u>SI.</u>	Name of the Learners	Mobile No.	Email ID'	Signature
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FATHER MULLER SIMULATION AND SKILL CENTRE

Date

31-05-2017

Training Course

Basic Skill Training (IV, Foleys cathetrization, Ryles Tube Insertion)

Targeted Learners

III BSC Nursing FMCON

Session Time

10.00 to 12.30pm

Instructor

Indu Nk, Sr. Judy

Jacintha Valder, Sonia D'souza , SHWETHA RASHMI

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Name and Signature of the Educator:



FATHER MULLER SIMULATION AND SKILLS CENTRE

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'A' Grade

FATHER MULLER SIMULATION AND SKILL CENTRE

Date 01-06-2017 **Training Course**

Basic Skill Training (IV, Foleys cathetrization, Ryles Tube Insertion) Targeted Learners

III BSC Nursing FMCON **Session Time** 01.30 to 4.00pm

Instructor Indu Nk, Sr. Judy :

Jacintha Valder, Sonia D'souza

<u>SI.</u>	Name of the Learners	Mobile No.	Email ID	Signature
	Caroline D'Soux.	9945278365	casolined souzu 36@ gmail.com	Cour
2	Alishwarya. T. 3	8147148546	alshutth@ quail.com	Thooth
3	Angela Sebastian	9742722401	angela 123 maliya @gmail.com	
1	Anjumal Astony		agundantony 630 gmail. com	» A
5	Elizabeth Sung	9483772089	elizberhaunny 96 @ gmail. Com	go sob
5	Floo Mary Paul	8548094864	anning pauljesus @ gmail : com	Ann Marc
7	ALPHONSE KTONS (SR. ANNET)	8951993308	annet abs Comode mail: come	Skhoose.
3	Ashin Iniciya D'Almid		annet sabs @ grade mail. come	ALL'S
9	Allana Baki	9483767526	a njana bafu 17 @ gmail. com	Anjanu ,
10	anali Jose	9483185439		Shipile
11	Awina Beiji	9986207933	arreers 2008 a grail com	Oneena
12	Anit Shaju	9480927951	anitshaju1997 og gmail. com	Cetal.
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19	ANEESHA KIV	8495045770	anushampay at gmail-com	Anugh
20		9496006848	anecraregizois@girail com.	This
21	ANEENA REIT	8495031958	biby benney @ gmall. Com	18 ·
22	BIBY BENNEY	9964674563	bilyjosephala gorail con	mily
	BILLY JOSEPH	8301857117	actical transform 20 0 gmail com	300
23	ASHI ABRAHAM	9620830766	bi bi molabraham95@ gmail. com	(C.C.
24	BISINGLABRAHAM	9620321153	elsuabraham out Ogmail com	Endley
25	ELSU ABRAHAM	9620831543	liva sunny 97 @ grail com	(Try)
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Name and Signature of the Educator: In Judy.



FATHER MULLER SIMULATION AND SKILL CENTRE

Date

01-06-2017

Training Course

Basic skill Training

Targeted Learners

III BSC Nursing FMCON

Session Time

01.30 to 4.00pm

Instructor

Indu NK, Sr. Judy

SI.No.	Name of the Learners	Signature
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3	ANI JOSE	acheron
4	ALEENA SURESH	of the s
5	ANJALI JOSE	dinjula
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7	BISMI THOMAS	Sandie
8	ARYA ANTONY	Andrea CO. I
9	ANSA THOMAS	Deub
10	ANEESHA K.V ANEENA REJI	4.)
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12	BIBY BENNEY	Onity
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27	Caroline D' souza.	
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Name and Signature of the Educator:

FATHER MULLER COLLEGE OF NURSING MEDICAL SURGICAL NURSING DEPARTMENT 1ST ST YEAR PC BSc. NURSING 2016-2017

2.6.2017

The Department of medical surgical nursing organized two days simulation training for the Istyear PBBSc.Nursing students on 15/11/2016 and 30/5/2017 at Father Muller Simulation Center on the Topic Basic Life Support for Adult & pediatric and Crash cart Trolly. Dr.Rithesh, Dr.LuluSharif and Mrs.Thara were the Resouce person for the day.Sr.Judy SIC Asst.Professor and Mrs.Jacintha Valder, Lecturer coordinated the programme.The students actively participated in Skill Training.



Programme Co-ordinator

FATHER MULLER SIMULATION AND SKILLS CENTRE

Date

: 15-11-2016

Training Course

: CPR

Session Time

: 9-11

Educator

: Dr. Rithesh Joseph D'Cunha

Targeted Learners: PPBSC

<u>SI.</u>	Name of the Learners	Reg no	Cianatura
1	Shini Walker	<u>neg no</u>	<u>Signature</u>
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FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002

Department of Mental Health Nursing (2018-19)

Report on Mental Health Nursing Simulation

Simulation based learning was conducted for II year PBBSc Nursing students on 08.05.2019 at Father Muller Simulation Centre. Mrs. Joyce Fernandes, Lecturer, Mental Health Nursing Department and Mrs Sabcena MTP Lecturer, Mental Health Nursing Department conducted the session on Nursing Management of patient with attempted suicide and De-escalation of aggressive patient. A total 28 students had worked together in teams under specified time constraints. The first scenario was Management of a patient with attempted suicide was conducted on patient simulator (Hybrid) and the second scenario was the de-escalation of patient was conducted on real patient simulator. The students were assigned to group A: performers and group B: observers and group C: were the audience. Assigned teams collected key history and done the physical findings, established a working plan, administered treatment and nursing interventions were carried out. Followed by the simulation exercise, the debriefing session was conducted for 30-minutes in a classroom. At the end of the session, students gave positive feedback about the simulated activity.



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Mrs Sabeena MTP Lecturer



Dr Agnes III
HOD

Rov Sr Jacintha Dsouza Principal





FATHER MULLER COLLEGE OF NURSING (A Unit of Father Muller Charitable Institutions) Kankanady, Mangalore-575002 Department of Medical Surgical Nursing

Report On "Diabetic Foot Workshop"-March 2019

Department of Medical Surgical Nursing organized a workshop on "Diabetic Foot" on 30/03/19 at 02:30 PM in Rajath Bhavan for the students of MSc Nursing, II Year PBBSc Nursing, IV Year BSc Nursing and Faculty of College of Nursing. Dr Amit Jain, Assoc. Professor Dept of Surgery, Rajarajeshwari Medical College, and Bangalore was the resource person. He is also a Consultant and Head of Amit Jain's Institute of Diabetic Foot and Wound care, Brindhavvan Areion hospital Bangalore. Dr Amit explained on a topic 'Simplifying diabetic Foot for nurses through Amit Jain's system of practice-The new universal approach'. It was a fruitful session with lots of insights into the Diabetic Foot care. About127 Students and 24 Faculty were actively involved in the session. The session was concluded at 04.15 PM and the feedback was collected from the students.



TUBER JOSEPH CNE Coordinator LECTURER

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PLOF . VICTORIA D'ALMEIDA

Alumni Association of Father Muller College of Nursing
Report of the Workshop held on 'A Step ahead in Research organized
on 20th July 2019

The workshop commenced at 09:00am by invoking God's blessings and the workshop was inaugurated with lighting a lamp. The chief guest Dr. Sunil Moothedath, Professor & Head of the Department of Child Health Nursing, Amrita College of Nursing, Kochi, Kerala, Rev. Fr Richard Aloysius Coelho, Director, FMCI, Rev. Sr Jacintha D Souza, Principal, Father Muller College of Nursing, Dr. Devina Rodrigues, organizing chairperson of the workshop and President, Alumni Association, Father Muller College of Nursing, Sr. Deepa Peter organizing secretary were the dignitaries on the dais.

Dr. Devina Rodrigues, President, Alumni Association welcomed the gathering and introduced the Chief Guest while addressing the gathering the Chief Guest said that alumni are the brand ambassadors of the institution and each alumnae must realize that it is not just a mere nostalgia to get associated with their Alma-Mater, but it is much beyond that. It is important to expand the networking system of the alumni community and that is going to be a win and win for both the institution and the alumni.





In the presidential address Rev. Fr Richard Aloysius Coelho, Director FMCI, said Research is not new to the medical professionals. Man has thirst and desire to improve life and living. The new technology has led to new diagnostic methods in the hospitals, all is due to research. Research is ongoing and never ending process so the quest for research should never end. Director appreciated the faculty who have enrolled for PhD and wished good for the present workshop. The workshop had three sessions. Dr. Judith A Noronha, Associate Dean, Manipal College of Nursing, enlightened on Randomization, Allocation, concealment & binding. The second session was dealt with Dr. Shivashankara, A.R. Associate Professor Member Secretary of Institutional Ethics Committee, Father Muller Medical College Hospital, highlighted on Ethics in Research, the post lunch session was dealt on Standardization of Research Tools by Dr. Sucharitha Suresh, Assistant Professor Father Muller Medical College.









At the end of the program a feedback was given by the Delegate. KSNC appointed observer Mr Shivakumar, Professor department of Mental Health Nursing, Laxmi Memorial College of Nursing spoke on overall workshop sessions and gave feedback followed by presenting a certificate to the Observer by Prof.Lolita S.M. Joint Secretary Alumni Association. The delegates were awarded with certificates and the winners of the poster and paper presentation were awarded with prizes followed by honoring the judges by the Organizing Chairperson. The workshop ended with the college Anthem. Total 60 delegates participated from different institutions.

Sr. Deepa Peter Organizing Secretary Date:22/07/2019

President Alumni Association Principal FMCON

