

# **ANNUAL REPORT**

From 01.04.2017 to 31.03.2018

# **Father Muller Charitable Institutions**

Fr Muller Road, Kankanady, Mangalore 575 002

# **ANNUAL REPORT**

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# **1. INTRODUCTION**

With great joy and pride, let me place before you the Annual Report of Father Muller Charitable Institutions for the year 2017-18. God has guided us at every step during this year, and we have experienced the Providence of our benevolent God. The heavenly blessings have resulted in the visible progress made by every Unit of the Institution.

Through this Annual Report, an effort is made to document the administrative performance, the academic achievements and also the magnitude of the service provided by the various Units of the Institution. At the outset, I would like to record with gratitude the guidance provided by the members of the General Body and of the Governing Board, the cooperation and commitment extended by all the Administrators and Executives of various Units and also the loyalty of the Staff and the goodwill of the student community.

#### **Rev. Fr Richard Aloysius Coelho**

Director, and Secretary of the Registered Society Father Muller Charitable Institutions

# 2. OBJECTIVES

Father Muller Charitable Institutions were founded by Rev. Fr Augustus Muller S.J. in the year 1880. This is a Religious Minority Institution, a Registered Society under the Societies' Registration Act XXI of 1860. The Society is established primarily for the following objectives:

- 1. To perform works of charity by caring for, healing and comforting the sick and disabled without distinction of caste, creed and community,
- 2. To promote education and research in the field of health care,
- 3. To conduct hospital and clinical research, and to evaluate and improve the quality of patient care, and
- 4. To provide for preventive health care by conducting community health service.

# 3. ADMINISTRATIVE STRUCTURES:

#### a) GENERAL BODY:

The Society is sponsored by the Catholic Diocese of Mangalore. The Bishop of Mangalore is the President of the Society. The General Body of the Society met on 19.10.2017 when besides consideration of the Annual Report on the affairs of the Society during the year 2016-2017, the members also considered and adopted the Statement of Accounts, the Income and Expenditure Account and the Auditor's Report for the year ended 31st March 2017.

#### **b) GOVERNING BOARD:**

The following are the members of the Governing Board :

President Most Rev. Dr Aloysius P. D'Souza, Bishop of Mangalore

Vice President	Rt Rev. Msgr Denis Prabhu, Vicar General, Diocese of Mangalore
Secretary	Rev. Fr Richard Aloysius Coelho, Director, FMCI
Members	Rev. Fr Rudolph Ravi D'Sa, Administrator, FMMCH
	Rev. Fr Vincent V. Saldanha, Administator, FMHMCH & HPD
	Rev. Fr Ajith Menezes, Administrator, FMMC
	Rev. Fr Roshan Crasta, Administrator, FMH, Thumbay
	Rev. Fr Sylvester Lobo, Assistant Administrator, FMHMCH & HPD
	Rev. Fr George Jeevan Sequeira, Assistant Administrator, FMMCH
Elected Members	Mr M.P. Noronha
	Mr John E. D'Silva
	Rev. Fr Dionysius Vas SJ
	Rev. Sr Mariette BS
	Prof. Aloysius H. Sequeira
	Mr Naveen D'Souza
	Dr Lavina Noronha
	Mr C.G. Pinto

#### **Governing Board Meetings:**

During the period under report, the Governing Board of Father Muller Charitable Institutions met on 05.04.2017, 28.07.2017 and 25.09.2017 to conduct the affairs of the Institutions.

#### c) MANAGING COMMITTEE:

The Managing Committee consisting of the Director, Administrators, Chief of Medical Services, Dean, Principals, Vice Principals, Medical Superintendent and Chief Nursing Officer meets everyday from Monday to Saturday to share, discuss and plan out various day-to-day activities for the smooth running of the Institutions and its effective administrative functioning. Keeping in mind the administrative decentralization, Father Muller Medical College and Father Muller Medical College Hospital have two meetings a week, Father Muller Homoeopathic Medical College and Hospital and Father Muller College of Nursing have one meeting a week each and Father Muller Hospital, Thumbay once a month in the Director's Office.

#### d) ADVISORY COMMITTEE OF F.M.C.I.:

Director Administrators Assistant Administrators Chaplains Superior, Sisters of Charity Chief of Medical Services Dean, Father Muller Medical College (FMMC) Vice Dean, FMMC Principal, Father Muller Homoeopathic Medical College (FMHMC) Vice Principal, FMHMC Principal, Father Muller College of Nursing Vice Principal, Father Muller College of Nursing Principal, Father Muller College of Speech and Hearing (BASLP) Principal, Father Muller School of Nursing Medical Superintendent, Father Muller Medical College Hospital (FMMCH) Medical Superintendent, Father Muller Homoeopathic Medical College Hospital (FMHMCH) Medical Superintendent, Father Muller Hospital, Thumbay Deputy Medical Superintendent, FMHMCH Chief Nursing Officer Coordinator, P.G. Studies, FMMC Coordinator, P.G. Studies, FMHMC Coordinator, P.G. Studies, FMCON PG Programme Advisor, FMHMC Course Coordinator, Master of Hospital Administration, FMMC Coordinator, U.G. Clinical Studies, FMMC Coordinator, U.G. Para Clinical Studies, FMMC Coordinator, U.G. Pre Clinical Studies, FMMC Course Coordinator, BPT and MPT, FMMC Course Coordinator, B.Sc. (MIT), FMMC Course Coordinator, B.Sc. and. M.Sc. (MLT), FMMC

Course Coordinator, B.Sc. (Radiotherapy), FMMC Interns Coordinator, FMMC Interns Coordinator, FMHMC Manager, Human Resource Department

### 4. TRANSFERS AND APPOINTMENTS

- 1. Rev. Fr Richard Coelho who was appointed In-charge Director took charge as Director of Father Muller Charitable Institutions on 22.05.2017 in the presence of Rt Rev. Msgr. Denis Moras Prabhu, the Vicar General of the Diocese of Mangalore. On the same day Rev. Fr Rudolph Ravi D'Sa was appointed Administrator of Father Muller Medical College Hospital and Rev. Fr Ajith Menezes as Administrator of Father Muller Medical College.
- 2. Rev. Fr George Jeevan Sequeira, Assistant Parish Priest of Bajpe Parish was appointed Assistant Administrator of Father Muller Medical College Hospital on 22.05.2017.

### 5. THE CHRONICLE

#### Requeim Mass for the soul of our late Director, Rev. Fr Patrick Rodrigues – April 24:

A requeim Mass for the soul of our late Director, Rev. Fr Patrick Rodrigues was offered on 24<sup>th</sup> April 2017 at 7.45 a.m. in St Joseph Chapel. The Bishop of Mangalore Most Rev. Dr Aloysius Paul D'Souza was the main celebrant.

#### Feast of St Joseph – Workers' Day – May 1:

The Feast of St Joseph, Patron of Workers, was celebrated with a solemn Holy Mass at 8.00 a.m. in St Joseph Chapel. **V. Rev. Fr J.B. Crasta**, Dean of Episcopal City Deanery was the Main Celebrant and also preached a meaningful homily. Lunch was served to all the staff and the employees.

#### Taking Charge Ceremony of the new Director and the Administrators – May 22<sup>nd</sup> :

A short prayer service followed by the "**Taking Charge Ceremony**" was organised on 22<sup>nd</sup> May 2017 in St Joseph Chapel at 4.00 p.m. in the presence of Rt Rev. Msgr. Denis Moras Prabhu, the Vicar General of Mangalore Diocese and Vice President of our Institutions who was present to officiate the installation ceremony as Bishop's Delegate. Rev. Fr Richard Coelho as Director of Father Muller Charitable Institutions, Rev. Fr Rudolph Ravi D'Sa as Administrator of Father Muller Medical College Hospital and Rev. Fr Ajith Menezes as Administrator of Father Muller Medical College.

#### Feast of St Joachim and St Anne, Patrons of F.M.C.I. – July 26:

The Feast of St Joachim and St Anne was observed with a concelebrated solemn high mass at 8.00 a.m. in St Joseph Chapel. **Rev. Fr Denis D'Sa,** Parish Priest, St Antony's Church, Kuntalnagar, Udupi was the main celebrant. A dinner was hosted in the evening to the members of the Governing Board, the Registered Society, the Managing Committee of FMCCS and the Advisory Committee of the Institutions.

#### Independence Day – August 15:

After a solemn Eucharistic celebration at 8.00 a.m. in St Joseph Chapel, the staff, faculty members, students and members of the Advisory Committee assembled in front of the Hospital for the Flag Hoisting Ceremony. Rev. Fr Richard Aloysius Coelho, Director, Father Muller Charitable Institutions, the Chief Guest, unfurled the national flag and gave a message on the occasion.

#### Feast of the Nativity of the Blessed Virgin Mary:

The Feast is kept up with traditional solemnity and gaiety as a family feast in Mangalore. Rice corn were blessed in front of the College of Nursing block at 7.30 a.m. and taken in a procession to St Joseph Chapel. A solemn festive High Mass was offered thereafter. The students as usual organized a 9 day novena earlier in honour of Mother Mary.

#### All Saints Day – November 1:

While 1<sup>st</sup> November is celebrated as all Saints Day, at FMCI, it was also observed as the 107<sup>th</sup> Death Anniversary of our beloved Founder, Rev. Fr Augustus Muller S.J.

### Inauguration of Nursing Aides Hostel and Female Nursing Orderly resting room - December 2<sup>nd</sup> :

Nursing Aides Hostel and Female Nursing Orderly resting room was inaugurated and blessed by the Director, Rev. Fr Richard Aloysius Coelho on 2<sup>nd</sup> December 2017.

#### Inauguration of Male Nurses Hostel - December 7<sup>th</sup> :

Male Nurses Hostel was inaugurated and blessed by the Chaplain, Rev. Fr Felix Monteiro on 7<sup>th</sup> December 2017 in the Old Vianney Home Block.

#### **Christmas Celebration: December 16:**

The annual Christmas program was organized by the Staff and Students of our various Educational Institutions for the benefit of the patients, their relatives, attenders and the public on 16<sup>th</sup> December 2017 in front of Asha Kiran Building.

#### Christmas – December 25:

Christmas was celebrated with traditional fervour and solemnity. Cribs were put up in every Ward. The Staff Nurses along with the nursing students and employees decorated the respective Wards and Departments with Christmas trees and stars. There was a festive look everywhere.

#### Christmas and New Year Get-together – January 2:

A Christmas and New Year dinner get-together was held on 2<sup>nd</sup> January 2018 in front of St Joseph Chapel for the doctors, faculty members, members of the Governing Board, Managing Committee of FMCCS and the Advisory Committee.

#### Blessing and laying of Foundation Stone for the new Overhead Water Tank – January 19<sup>th</sup> :

The Foundation Stone for the new Overhead Water Tank was blessed and laid on 19<sup>th</sup> January 2018 near the Vailankanni Ward by Most Rev. Dr Aloysius Paul D'Souza, the Bishop of Mangalore.

#### **Republic Day – January 26:**

A solemn Eucharistic celebration was held at 8.00 a.m. in St Joseph Chapel after which the staff, faculty members, students and members of the Advisory Committee gathered in the stadium for the Flag Hoisting Ceremony. **Dr Shivashankara A.R.**, Associate Professor, Department of Biochemistry, FMMC unfurled the National Flag and gave an inspiring message, asking the youth to develop the virtues of hard work and responsibility.

# Inauguration and Blessing of Father Muller Indoor Stadium, Gymnasium and Father Muller Multi Storeyed Parking Zone – March 13:

Father Muller Indoor Stadium, Gymnasium and Father Muller Multi Storeyed Parking Zone was inaugurated and blessed on 13<sup>th</sup> March 2018 at 9.30 a.m. Shri Pramod Madhwaraj, Hon'ble Minister for Fisheries, Sports and Youth Affairs, Government of Karnataka was the Chief Guest and Smt P.T. Usha, Former Indian Track and Field Athlete was the Guest of Honour. Most Rev. Dr Aloysius Paul D'Souza, the Bishop of Mangalore presided over the function.

#### **Institutions Day cum Graduation Ceremony, March 13:**

The Institutions Day cum Graduation Ceremony was held on 13<sup>th</sup> March 2018 in the Father Muller Stadium. Dr Vedprakash Mishra, Chancellor, Krishna Institute of Medical Sciences (Deemed to be University), Karad was the Chief Guest. Dr H. Veerabhadrappa, President, Karnataka Medical Council (KMC), Bengaluru was the Guest of Honour. The President Most Rev. Dr Aloysius Paul D'Souza, Bishop of Mangalore presided over the function. The following students took the oath of their respective profession and received their certificates:

- o 20<sup>th</sup> batch of Bachelor of Physiotherapy,
- 0 11<sup>th</sup> batch of Masters of Physiotherapy,
- o 20<sup>th</sup> batch of Masters in Hospital Administration,
- 21<sup>st</sup> batch of B.Sc. Radiography,
- o 20<sup>th</sup> batch of B.Sc. Medical Laboratory Technology,
- $\circ$  25<sup>th</sup> batch of M.D./M.S.,
- $\circ$  14<sup>th</sup> batch of M.B.B.S.,
- 0 24th batch of M.Sc. (Nursing),
- o 27<sup>th</sup> batch of Basic B.Sc.(Nursing),

- o 28<sup>th</sup> batch of Post Certificate B.Sc.(Nursing),
- o 57<sup>th</sup> batch of General Nursing and Midwifery,
- $\circ$  28<sup>th</sup> batch of BHMS and
- 17<sup>th</sup> batch of M.D.(Homoeopathy).

Awards and prizes were distributed to students who secured ranks and distinctions in their respective studies.

The Graduation Ceremony began with a solemn procession of the graduating students and the officiating dignitaries from Medical College to the venue at Father Muller Stadium. The Director, Rev. Fr Richard Aloysius Coelho, extended a cordial welcome and presented a brief annual report of the activities of the various educational units and the Hospital. Rev. Fr Rudolph Ravi D'Sa, Administrator, FMMC proposed the vote of thanks. Nearly 3,500 guests made up of graduates, their parents, faculty members and special invitees were served dinner and the students put up a cultural program.

As a part of Institution Day celebration, the staff (teaching and non-teaching) participated in the following competitions held in the campus:

- 1. Cricket
- 2. Kabadi
- 3. Throw Ball
- 4. Badminton Singles & Doubles
- 5. Volley Ball
- 6. Tug of War
- 7. Lucky Games
- 8. Housie Housie

### Founder's Day – March 13:

The177<sup>th</sup> Birthday of our beloved Founder Rev. Fr Augustus Muller SJ. was commemorated with love and gratitude. He spent himself in the service of the poor, the needy, the sick and the suffering. A solemn Mass was offered by the Bishop of Mangalore Most Rev. Dr Aloysius Paul D'Souza at 8.00 a.m. in St Joseph Chapel in honour of the Founder and also to thank God on behalf of all the graduates in view of the Institutions Day cum Graduation Ceremony.

#### Death Anniversary of our late Director, Rev. Fr Patrick Rodrigues – March 23:

A requeim Mass was offered on 23<sup>rd</sup> March 2018 at 7.45 a.m. in St Joseph Chapel to commemorate the death anniversary of our late Director, Rev. Fr Patrick Rodrigues. The Bishop of Mangalore Most Rev. Dr Aloysius Paul D'Souza was the main celebrant.

### **6. VISITORS**

- A seminar was conducted on 26<sup>th</sup> October 2017 on the Topic "Ethical Concerns from the beginning of life to the end of life" by **Rev. Dr Stephan Fernandes**, Professor of Moral Theology, Goregaon Seminary, Mumbai. All Staff and Students of our various Colleges were present.
- Msgr Renzo Pegoraro, Chancellor, Pro-Life Pontificial Academy of Rome, Italy visited our Institutions on 18.11.2017. He delivered a lecture on "Allocation of resources and ethics of care in the Hospitals today" – an ethical perspective.

# 7. PASTORAL CARE MINISTRY

The Institution aims at giving holistic care to all patients and provides a spiritual atmosphere to all who enter here. Keeping its motto 'Heal and Comfort' in the forefront, the spiritual and pastoral aspect of the healing ministry is given due importance. With the active involvement of all the priests on the campus, and cooperation from the Sisters of Charity, Helpers of Mount Rosary and the Hostel Wardens, the spiritual and pastoral care ministry is carried out effectively and ardently. The Pastoral Care Unit is headed by Rev. Fr Felix Monteiro and assisted by Rev. Fr Melwyn D'Souza and Rev. Fr George D'Souza, OFM, Cap.

The main objectives of the spiritual and pastoral ministry are :

- To look after the spiritual needs of the patients, the students and the staff.
- To encourage and motivate the staff and students to pass on the healing touch of Christ by their good example and prayerful life.

- To instill and promote the growth of spiritual and moral values among the students.
- To enliven Christian life on the campus in such a way that those who walk in may experience an atmosphere of peace and tranquility.

### **SPIRITUAL ACTIVITIES:**

- Eucharistic Service:
  - o 5.45 a.m. Mass in Hospital Chapel (Konkani)
  - 6.15 a.m. Mass in St Joseph Chapel (English)
  - 0 7.45 a.m. on week days and 8:00 a.m. on Sundays- Mass in St Joseph Chapel (English)
- Sacrament of Reconciliation: Every Thursday from 5.30 p.m. to 6.30 p.m. two Chaplains are available for Confessions.
- **Monthly Recollection:** On the third Sunday of every month, Recollection is held for Religious Sisters in the hospital Chapel from 9:30 a.m. to 12:00 p.m.
- Annual Retreat: The annual retreat was organized in two batches. On Thursday, 1<sup>st</sup> March 2018, the retreat was organized for all Christian students of Medical College and Allied Health Sciences. On Friday, 2<sup>nd</sup> March 2018, the retreat was organized for all Christian students of Nursing and BASLP colleges. Both days, the retreat was preached by Rev. Fr Anil Fernandes, SVD and his team from Divine Call Centre, Mulki. A half day retreat was conducted for the non-Christian students of Medical College and Allied Health Sciences on Thursday 1<sup>st</sup> March, 2018 from 9 a.m. to 1:00 p.m. in the Academy hall by Rockwin Pinto from St Joseph's Seminary, Jeppu and on Friday 2<sup>nd</sup> March, 2018 from 9 a.m. to 1:00 p.m. half day retreat was conducted for the non-Christian students of Nursing hall by Fr Maxim Misquith S.J. and his team from Fatima Retreat House, Jeppu.
- Liturgical Committee: This Spiritual Animation Group meets regularly to plan for the spiritual activities on the campus.
- Jesus Youth: The active Jesus Youth group on the campus where about 100 Catholic students meet every Wednesday from 8.00 to 9.00 p.m. for praise and worship.
- Altar Servers: Around 300 students are trained as Altar Servers and their service is available at every spiritual activity on the campus.
- Weekly Holy Hour: Every Friday from 8:00 to 9:00 p.m., Adoration is held in St Joseph Chapel.
- **Counseling Ministry:** One of the Chaplains is available during the designated hours to provide counseling to the needed students and staff.
- Other Spiritual Help:
  - Every day the Chaplains visit the patients in the Hospital to provide spiritual help.
  - The Sacrament of the Sick is given to the needed patients.
  - The Public Address System is used daily for morning prayers and evening rosary.
  - During the Lenten season, 'The Way of the Cross' is conducted.
  - In the month of October and May, FMCI Family Rosary devotion is conducted in St Joseph Chapel in turns by Christian students of different hostels.

# 8. ACCOUNTS AND ESTABLISHMENT DEPT.

#### Vision and Mission:

The vision of the Department is to have a transparent, efficient and proficient group of professionals. The Mission of the Department is to keep the accounts of the Institution up-to-date in a transparent and timebound manner as per the rules and regulations.

#### Goals and objective:

As quoted by Henry Ford, "Coming together is a beginning; keeping together is progress; working together is success," the Department believes in the objective of creating a collegial environment that fosters productivity through teamwork, ensuring financial stability, utilizing professional skills for effective functioning of the timely accounting and financial operations.

#### **Organization Chart:**

The Accounts Department is headed by Accounts Superintendent who is assisted by nine staff members. The Establishment Section is headed by Establishment Superintendent who is assisted by three staff members.

#### Key Functions of Accounts Section:

1. Centralized accounting for all the distinct units of FMCI.

- 2. Verification of all invoices submitted by vendors and claims submitted, in compliance with the policies of the Institution and in accordance with the systems and processes ensuring statutory compliance.
- 3. Cash payments (disbursements).
- 4. Statutory compliance.
- 5. Procurement management, systematic preparation and implementation of budgets.
- 6. Interim and annual financial statements.
- 7. Maintain, verify and update accounting journals, ledgers, other relevant financial records and regularly monitor transactions.
- 8. Documentation of books of accounts and systematic record keeping of all financial transactions.

### Key Functions of Establishment Section (Payroll Management):

- 1. Collect, compile and enter payroll data using appropriate software.
- 2. Review and verification of source documents, process payroll by established deadlines.
- 3. Issue statements of earnings and deductions, reconcile employee deductions.
- 4. Payments and filing returns of PF, TDS, ESI.
- 5. Update payroll records by recording changes including insurance coverage, welfare fund payments and salary increments, process records of new employees, terminations, transfers and promotions payments.
- 6. Prepare and print payroll reports of earnings, taxes, insurance, leave, PF, TDS, ESI and address employee's pay related concerns.
- 7. Documentation of comprehensive payroll records.
- 8. Statutory compliance with regulations and guidelines.

# 9. HUMAN RESOURCE DEPT

Employees are the pillars of an organization and human resource management is a vital part of the Institution. Committed to cultivating an outstanding service-oriented culture, the Management observes both strategic and comprehensive approaches to enable sustainable organizational performance vis-à-vis the Institution's vision. While the front-line departments focus largely on delivering services to the public, the Department of Human Resources' mandate is to provide internal services related to leadership development, talent management, employee compensation and classification, labour relations, welfare benefits administration and many other services essential to operate our state-of-the-art and multi-faceted Institutions.

Thus the Office of Human Resources provides services and support to the staff of FMCI augmenting the Institution's mission of building a talented and innovative work-force. The HR Manager along with the HR Officer, Clerical and ancillary Staff work as a team, liaising with the Management & all Units as well as Departments in order to fulfill the various goals of HR.

The various facets of the departmental working are listed as under:-

- Human Resource Manual:- The HR manual which was drawn up a few years back detailing policies and procedures in order to maintain standards and accreditation was updated this year. The manual contains SOP's and policies pertaining to all aspects of Human Resource Management; a reflection of the Institution deep underlying conviction for consistency and transparency.
- Human Resource Planning: Understanding the needs and dynamics of various departments of the Institution, strategic HR planning was initiated. Requisitions are forwarded by the Head of Department or Incharge of various departments if a staff resign or retires. Based on workload and the standards that need to be implemented, the human resource requirements are identified by analysis, planning, drawing up job specifications and descriptions.
- Talent Acquisition: The Department has been efficiently maintaining a data base for various posts and usually applicants from this data base are screened for interviews. However, if required advertisements are placed in News Papers. This year Ads. were placed on our website and also on 'naukari.com'. Employment Exchange was informed about the jobs vacant and 'Employ Me' & 'Placement Point' consultants were also contacted. After applications are screened, tests are held followed by panel interviews based on the recruitment policy that is drawn up. Once the recruitment formalities are complete, the selected candidates are informed orally or by correspondence to comply with the pre-joining formalities.

- Compliance of Recruitment Policies: Selected candidates are required to observe the recruitment policy of the Institution. The HR Department cross verifies certificates, testimonials & antecedent employment verification is sought for by the Department. It also organizes medical check- up as a pre-joining formality. During the year, 984 candidates were called for interviews, of which 855 attended the same and 640 were selected.
- Induction & Orientation: The Manager-HR organizes an Orientation programme for all the new entrants by making a presentation on the ethos and culture of the Institution. A briefing on Code of Conduct, Rules and Regulations of the Institution, facilities and benefits offered by the Institution is given to the staff. Induction duly helps the staff to acclimatize to their jobs and working environment also fostering the feeling of belongingness to the new organization.
- Performance Management: Staff performance management is a proactive system of managing employee performance for motivating the staff to achieve the desired performance and work results. Human Resource Department reviews the performance of the staff on a regular basis through performance appraisal. Appraisal of staff performance is done on a quarterly/ half-yearly/ yearly basis of the newly recruited employees in order to evaluate the performance, aptitude and professional acumen. This evaluation is done by In-charges, Departmental heads, Administrators and approved by the Director. Further orders are prepared based on the appraisals. The HRD sends these appraisal forms timely and assists the Appraisers if required, to assess the employee's performance in a more objective & systematic way. The yearly annual appraisal assessment for the non-teaching staff was also organized for over 1600 staff and duly documented by the HRD.
- Staffing Orders: One of the main functions of HRD is the preparation & issue of appointment orders, job description, probation, extension and confirmation orders. It also undertakes the study of matters concerned to increments, pay revision, promotions, transfer orders, etc. and prepares the same in conformity with the directions of the Management. The Department also takes care of matters such as resignation, retirement and termination including No Dues Clearance and settlement after discharge.
- Leave Administration: Attendance maintenance and an up-to- date Leave Record of all staff is another task of this department. Leave registers are updated and preserved where the details of the leave accrued and availed is recorded. A leave synopsis is also submitted to the Establishment section for the processing of salary every month. Biometric technique of recording attendance is also being observed. An Attendance Software has been introduced and installed for processing leave management in an effective and efficient manner.
- Statutory Obligations: Statutory obligations connected with remuneration such as enforcement of Payment of Wages, Minimum Wages, Variable Dearness Allowance etc are upgraded and complied with. HRD also assists the Management to comply with the various statutes related to the Labour department such as Employment Exchange Act, Maternity Benefit Act, Payment of Gratuity Act, Labour Welfare Fund Act etc.
- Staff Records: Preservation of personnel files and records is another major duty of the HRD. Matters connected to a staff's personal details, educational qualifications, past work experience, cumulative records, orders, disciplinary issues related records etc. are maintained in the Personnel file of each staff and these files are retained for ready reference & use. Presently the department maintains a collection of over 7000 personnel files of present as well as past employees of the Institutions.
- Human Relations: The department acts as a link between the Management and the employees ensuring good human relations in the Institution. It also helps the Management in handling the grievances of the employees. The Manager counsels and advises staff as and when required and as per the instructions of the Management. All disciplinary related issues are channeled through this department. Legal issues are also dealt with by this section.
- Training and Development: Training and Development is a subsystem of an Institution which emphasize on the improvement of the performance of staff. This has been inculcated with systematic approaches to improve employee skills, performance & change trends. Training calendar is prepared and training on various modules including training on occupational hazards, safety, patient care, resuscitation and other aspects are planned, organized and training records maintained in the HR department. The HR Manager conducts training on topics like Soft skills, Employee Rights & Responsibilities, patient rights and responsibilities etc.
- Accreditation: The department is continuing to upgrade work related to setting up of standards, records & in the implementation of compliances according to NABL, NABH and NAAC. The department is also actively involved in the preparation of agreements, manuals & policies required to be followed by these Accreditation Boards.

- Credentialing & Privileging: As part of NABH guidelines and standards, the HR Department is actively involved in the Credentialing and Privileging aspects of Nurses and Doctors. Credentialing and privileging processes have been prepared, assessed, aligned and documented as per rules.
- General administration: The department also provides support to the Management in the day-to-day administration of matters related to maintenance of attendance of Security, Duty Postings, Issue of identity cards, Health files, Issue of Dependent Folders to the eligible dependents of the staff, Employment Verification, staff substitute matters, assisting and guiding MHA students while on their postings in the department and all other tasks assigned by the Director/Administrators. This year a M.S.W student specializing in HR from Roshini Nilaya was permitted to pursue fieldwork practicum in the HR Department of our Institutions.

### 10. PROPERTY / ESTATE DEPARTMENT

#### Staff : 2

#### Activities carried out by the Department:

- **Estate/Property matters:** The Estate Department keeps the records up to date in the various Government Offices such as Village Panchayats, City Corporation, Taluk Office, Village Accountant Office, etc. A continued follow up of the works like procuring various documents such as sale deeds, RTCs, khata certificates, conversion orders, rent bonds and payment of self assessment tax, etc. is done through this Department. Some of the land owned by Father Muller Charitable Institutions is given out on annual lease and monthly rental basis. When the lease holders come forward to purchase owner's right, the Department deals with the request after approval is granted by the Governing Body.
- Survey of the land property, attending to the problems of moolgeni cases, chalgeni cases, land given on lease, preparing rent bond of the tenants and follow up of the collection of rent, purchase / sale of land, if any, registration and related works, etc. is also the work of the Department.

	acte property contea cy i amer maner en		
1.	Main Campus at Kankanady, Mangalore	Kankanady A & B Village	30.41 acres
2.	Deralakatte Campus	Kotekar Village	37.52 acres
3.	Navoor Bantwal Property	Navoor Village	15.82 acres
4.	Fr Muller Property	Jappinamogaru A Village	0.99 acres
5.	Attavar Property (Staff Quarters)	Attavar Village	3.20 acres
6.	Bejai Property (Muller Court)	Kodialbail Village	0.89 acres
7.	Mullakadu Property	Kavoor Village	17.29 acres
8.	Udupi Property	Chitrapady Village	10.00 acres
9.	Kulshekar property	Alape Village	12.00 acres
10.	Thumbe Hospital	Thumbe Village	02.92 acres

• Immoveable property owned by Father Muller Charitable Institutions:

- **Court Cases:** Court cases pertaining to the property, tenant problems as well as the consumer court are followed up and attended. Consultation with the advocates, appearance before the Court for evidence and representing the Institutions whenever necessary is the major work in the court cases. This is naturally a prolonged process which needs special attention and good rapport with advocates and the law enforcement authorities like the Police and Deputy Commissioner's office.
- Liaison Work: The Department also acts as a liaison between all the three Colleges on the one hand and RGUHS, CET, COMEDK, ISM, DME and KMC, etc. at Bangalore on the other.
- **Miscellaneous:** The Department also looks after the Institution's Boiler which supplies steam to the kitchen and the laundry. Periodical supervision is done and assistance given in inspecting the same by the Directorate of Factories and Boilers and records are maintained.
- **Other Activities:** Assisting and guiding M.H.A Students regarding property and other matters, supervision of staff quarters and other works assigned by the Director/Administrators is undertaken by the Department.

### **11. REHABILITATION UNIT**

The Rehabilitation Unit completes 53 fruitful years in the service of the physically challenged. Since its inception it has been working hard for the betterment of the physically challenged people. At present there are 7 trainees. Out of these, one is working at home and six come daily for work. During the year, one trainee has discontinued and one newly admitted.

The Unit imparts training in making of various types of handicrafts and sells them to pay the trainees and to help them to become self-dependent. During the year it received 64 orders and 58 were dispatched. The Unit received 54 orders from the Institution to the printing press and 49 were dispatched.

Sales:	The sales statement for the consecu	tive two years is as follows:
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	2016-2017 (Rs.)	2017-2018 (Rs.)
State	7,57,076.50	8,22,358.50
Inter state	5,73,619.00	5,11,500.00
Export	15,770.00	15,630.00
Cash	4,46,915.36	4,39,458.57
TOTAL	17,93,380.86	17,88,947.07

Orders: This year the Unit received a few large orders from different organizations:

- The Catholic Association of South Kanara (CASK), Mangalore placed an order for 200 file folders.
- As usual MESH from Delhi placed large orders for Gold painted cards, Canvas bags, Kora bags, cotton batik oblong shawls and other items.
- Roshini Nilaya College has placed an order for 120 file folders for a conference.
- Mangalore University (Department of English) has placed an order for 40 file folders for a conference.
- St. Mary's English Medium School, Kannarpady, Udupi has placed an order for 250 file folders for a Conference.
- India Shop, U.K placed an order for 600 gold painted cards.
- C.T.Philip, Chennai has placed an order for 750 Batik cards of different sizes and 100 gold painted wall hangings.
- We get orders for badges from different parishes and Colleges.

**Trainees Welfare:** Besides meeting their medical expenses, the Department also helps the trainees in their special needs. As usual Christmas was celebrated and the trainees received cash gift from the Institutions.

**Visitors:** Mrs Barbara Roeber as usual visited our Unit this year also and placed an order for some items. Students from different colleges visited our Unit.

**Staff :** There are nine staffs on roll and they are actively connected with the Unit and are rendering their full support and co-operation for the smooth functioning of the Unit. Sr Rosaline D'Souza was appointed as In-charge of the Unit on 26<sup>th</sup> October 2017. As per the transfer orders, Sr. Juliana Pereira, Incharge of the Unit resigned in the month of October. She worked in the Unit for 7 years. We had a small farewell function on 26<sup>th</sup> October 2017. The Unit thanks Sr. Juliana Pereira for her service to the Rehabilitation Unit. In the month of November 2017, Mr Allen Manoj D'Souza, Attender resigned and in his place Mr Dilip Lobo has joined in the month of December 2017.

- Sr Juliana Pereira attended a Conference conducted by MESH to meet CEO of TLM on 10<sup>th</sup> & 11<sup>th</sup> October 2017 at MESH, New Delhi.
- In order to update the skill of screen printing Sr Rosaline Dsouza, Incharge and Mr. Jeevan Giri Rodrigues went to Rehabilitation Training Unit, Hubli to learn Water based screen printing in the month of February.

# **12. ST JOSEPH LEPROSY HOSPITAL**

In the year 2018 St Joseph Leprosy Hospital completed 128 years of useful service to the cause of leprosy relief.

**Orientation:** Various Medical and nursing students, social workers, school and college students, who visit the hospital regularly, were given orientation and health education on leprosy and other skin diseases through slides and posters. Institutions whose students visited the Leprosy Hospital are KMC, Manipal; Alva's Health Centre, Moodbidri; Unity Health Complex, Mangalore; NITTE Institutions, Mangalore and Bangalore University. In all, 13 Nursing Colleges made study visits to our Leprosy Hospital. They were given health education and awareness on Leprosy by Mr Harish and Mr Suresh. 440 students benefited from this exposure visit.

# Anti Leprosy fortnight program from 30<sup>th</sup> January to 13<sup>th</sup> February 2018 :

### Observance of Anti Leprosy Day and Free Skin Camp on 03.02.2018

Sparsh Leprosy Awareness Campaign and Free Skin Camp was conducted on 03.02.2018 at Aided Stella Maris Higher Primary School, Kotekar. It was jointly conducted by St Joseph Leprosy Hospital, District Health and Family Welfare Society (Leprosy Division), IADVI – Karavali and Aided Stella Maris Higher Primary School, Kotekar. Dr Rathnakar, District Leprosy Officer inaugurated the free skin camp. Mr Rajesh Uchil, President of Someshwar Grama Panchayat gave message on the importance of cleanliness. More than 236 people benefitted from this camp. The banners and posters on leprosy were exhibited to the public. Nearly 400 people including students benefitted from this exhibition.

#### Special events and activities :

Mr Vijay Inbanathan from District Leprosy Unit visited the Leprosy Hospital and inspected the Grant-in-aid bills and Drug register Book on 19.05.2017, 26.07.2017, 27.10.2017 & 21.02.2018.

Representative of Novartis MDT Drug Co. visited the Leprosy Hospital on 25.02.2018.

At present there are 9 deformity cases in the project area. Once a week Mr Harish and Mr Suresh visit these patients and do the needful service such as water soaking, simple dressing, callosity removal, physiotherapy assessment, exercise, health education to patients and family members regarding prevention of disability. The year concluded with the visit of many students and local NGO's who spared their time to spend with our patients expressing their love and concern.

#### **Details of Free Care :**

Free Care given amounted to Rs.10,18,123.00 as on 31<sup>st</sup> March 2018.

**Inpatients:** Out of 30 beds, 4 are occupied by the destitutes. The rest are utilized for medical and other ailments, especially for ulcer care.

Year	2016-17	2017-18
Admissions	102	82

**Physiotherapy:** The full time Lepro-Physiotherapist is responsible for the routine physiotherapy procedures and exercises of the leprosy patients.

Year	2016-17	2017-18
Oil massage and exercise	641	570
Sensory and motor assessment	100	90
B.K. plaster application	21	7
Soap water soaks for dry feet and callosity removal	550	471

The Department Staff is responsible for the socio-economic assessment and counseling of patients, guiding them to respective doctors/surgeons/counters.

Year	2016-17	2017-18
Assessment for MCR footwear	263	238
Health talks for students and Stree-shakthi groups	20	23

**Footwear Department:** MCR. footwear is provided usually free of cost or at a subsidized rate to the leprosy patients. It is also provided at a nominal cost to patients referred to by general and orthopedic surgeons.

Year	2016-17	2017-18
New pair of chappals prepared	263	238

Old footwear repaired	650	609
Anterior foot drop spring	7	7
MCR insole	56	40
Metatarsal arch pad support	133	129
Metatarsal bar	113	113
Horse Shoes	13	19
Donat Nut	4	7
Thomas Heal	70	38

**Ulcer Care:** Most of the patients admitted are for ulcer care. Besides this, 12 patients were admitted for general problems. Patients from other states also come for treatment.

Year	2016-17	2017-18
Skin biopsy	21	20
Dressing (outpatient)	19	21

#### **Statistics:**

	M.B. (Multi Bacillary)	P.B. (Paucci Bacillary)
No. of Hansen Disease cases as on 01.04.2017	17	3
No. of new cases registered during the year	25	8
No. of relapse cases registered during the year	2	1
No. of cases discharged during the year	19	8
No. of cases on record at the end of the year	25	4

### 13. FATHER MULLER RESEARCH CENTRE

Staff : Dr D.V. Muralidhara - Chief Research Officer

#### **FMRC** Composition :

The main aim of the research center is to promote scientific research and related activities of the faculty members of the Father Muller Charitable Institutions. Currently, it holds an Advisory committee, Research Scientific Committee, Ethical Committee and a Publication Committee who work independently under the Director of FMCI. For day to day management, the Chief of Medical Services, the Chief Research Officer, a Statistician and a clerical staff are working in the Research center. The Chief Research Officer was appointed from 1<sup>st</sup> June 2017.

Furthermore, the Institutional Ethics Committee and the Research Committee regularly conduct monthly meetings on the  $2^{nd}$  and  $4^{th}$  week of every month for scrutiny of each research application from the staff, postgrad and undergraduate students.

The Research Center has a few basic facilities for research in Biochemistry, Microbiology and Genetics related studies. A few more requirements for Biochemistry from the Institutional research budget are requested in 2018. The Center also accommodates a clinical trial office and is managed by the individual faculty members who have obtained grants to conduct clinical trial research.

FMRC is also considering recruitment of research fellows and adjunct faculty to enhance independent and collaborative research. The matter has been discussed and the center will proceed carefully to achieve fruition of such recruitments.

#### Initiatives :

As a first step, based on the feedback of the faculty members, a good number of initiatives have been in place to provide incentives for research work carried out by the members of the faculty. This decision has been circulated to faculty members through the head of the respective institutions. Furthermore, a committee consisting of research coordinators from each department of Father Muller Medical College and representatives from other constituent colleges of FMCI was formulated to promote research, facilitate communication, coordination of research activities in their respective colleges and departments.

Following this, a monthly meeting was conducted since August 2017 to review the working of the center and discuss the issues relevant to research matters of all constituent colleges of FMCI. Subsequently, researchers from St John's Medical College, Bangalore, (Prof. Mario Vaz), Tata Memorial Hospital, Mumbai, (Prof. Manju Sengar), Baba Atomic Research center, Mumbai (Dr GD Jindal) and Dr Karunasagar, a Senior Research International Consultant were invited to FMCI to address the faculty on matters related to research to motivate them to take up research activities seriously. The topics of their lectures are as follows :

16.09.2017	:	Prof. Mario Vaz - What makes research proposals competitive?
11.11.2017	:	Prof. Manju Sengar - Clinical research – Why and How?
22.11.2017	:	Dr G.D. Jindal - Use of medical analyser for research
0 7.10.2017	:	Dr Karunasagar - Some thoughts on development of research at Fr Muller

#### Follow up :

Since then, the staff members have been constantly reminded of their role and responsibilities in research. Several active research staff have had useful discussions and are guided, helped in their applications and are also facilitated to establish collaborative work with other institutions. Few applications have been successfully made to Rajiv Gandhi University of Health Sciences and other agencies for external funding.

In addition, the faculty was encouraged to attend a workshop on 'How to publish' conducted during a conference organized by the Dermatology Department of the FMMC. FHMCH also conducted a two day workshop on the use of 'metabolic analyser' and analysis of data. The faculty members were encouraged to attend the same. Those who attended gave feedback that these programs were good and useful.

#### **Efforts on Collaboration :**

Efforts on fruitful research collaboration are being planned with Ghent, Kluven and Mastricht Universities (Belgium). A few correspondences has taken place in this regard with them. FMRC is also in touch with Yogic sciences research group in SVAYSA, Bangalore, CUK, Kerala SDM Dharmasthala and Mangalore University.

#### FMCI Grants for faculty and Student Research :

Applications for grant of research funds from FMCI were also invited in Jan 2018 and 55 applications have been received. These conceptual applications were screened by the FMRC. The applicants were asked to submit a detailed research proposal to the Research Scientific Committee for further actions. The decision on the award of the research fund will be finalized soon by the Research Advisory Committee. In addition to the researchers own area of interest, newer areas of research in these applications and also interdepartmental collaborations have been recognized in some of these projects.

#### Statistics :

Below here are given

- i) Monthly statistics of research applications that have obtained the Ethical committee clearance after Research Scientific Committee scrutiny and approval.
- ii) Quarterly report of FMRC from Jan 2018- March 2018
- iii) Research grants obtained by faculty members in 2017
- iv) FMCI Research grants awarded to Postgrad/UG students.

	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec	TOTAL	Remarks
Staff	4	10	1	2	3	4	8	17	6	6	5	10	76	4 Clin Trl
PG	42	18	5	6	7	15	3	18	6	30	11	19	181	
UG	1	56	1	7	3	1	-	-	1	8	3	7	88	

#### **RESEARCH PROJECTS – Jan – Dec. 2017**

#### **DETAILS OF FUNDS (Applied/Sanctioned) - 2017**

Department	Investigator	Grant amount	Agency	Month/Year	Remarks
Physiology	Dr Pauline	Rs.22,500	FMCI	July 2017	Approved
FMHMC&H	Dr Blany Lobo	Rs.2 Lakhs	RGUHS	August 2017	Approved

Com Med	Dr Sudhir Prabhu	Collab (AJIMS) 8.L	RGUHS Rs.7.7 L	October 2017	Mlt centric
	Dr SaurabKumar	Rs.1.8 Lakhs	State TB TF	October 2017	Approved
Cancer center	Dr Dinesh Shet	Rs.34.20 Lakhs	NCDRI (ICMR)	Dec. 2017	Approved
Pharmacology	Dr Padmaja	Rs.1.2 Lakhs	RNTCP	May 2017	Approved
Dermatology	Dr Ramesh Bhat	Rs.50,000	IADVL	April 2017	Approved
	Dr Rochelle	Rs.1.5 Lakhs		Feb. 2017	
Microbiology	Dr Beena Antony	Rs.60 Lakhs	VGST	Nov. 2017	Awaited
Total		Rs.49 lakhs			

#### FMCI RESEARCH GRANTS FOR UG, PG AND STAFF IN 2017 :

Post-graduate students	Rs.2,55,000.00
Under-graduate students	Rs. 48,927.00
Staff	Rs. 22,500.00
Total	Rs.3,26,427.00

#### Report of FMRC activities for January to March 2018 :

- 1. A meeting of the Research coordinators committee was called on the 10.01.2018. Twenty seven members attended the meeting.
- 2. A feedback on their departmental research activities between June-Dec 2017 was orally presented by the departmental coordinators who attended the meeting.
- 3. Research concept applications for grant of FMCI funds were called on 15.1.2018. Fifty five applications along with the budget requirement were received. This is in addition to the 14 staff proposals routinely received for conduct of research in FMCI. Out of these one applicant has applied for outside funding.
- 4. All the concept research grant applications were scrutinized by the FMRC for further considerations of granting the fund.
- 5. Three of grant applicants withdrew the application as they did not want to continue with the work due to some difficulties encountered by them.
- 6. A detailed research application with budgeting was invited to be submitted on Feb16th, 2018, after approval from IEC. Yet to receive the decision on some these applications.
- 7. Five UG students have applied for ICMR ST grant (each Rs.10,000).
- 8. CRO, FMRC and Head of the department of Yoga, Mangalore Univ had a discussion and invited their staff to work with FMCI for collaborative research.
- 9. Associate Prof Dr Subramanya Pailoor, an expert in Yoga sciences at the Central Univ of Kerala has agreed to collaborate with FMCI and is working as a co-investigator on a project with Dr Anita Lobo of FMHMCH in the area of infertility treatment along with Dr Prema D'Cunha of OBG dept FMMC. They have been advised to apply for funding to other agencies like AYUSH, ICMR to get new grants.
- 10. A new area of research has been initiated on the Role of Adipokines in Diabetes and Insulin resistance collaboration with OBG and Biochem dept FMMC. Adipokines is a hot area of current research even in the West and has plenty of scope to expand to other disciplines of medicine.
- 11. Further research in the area of Adipokines is discussed with Biochem dept to work with cardiology, endocrinology and cancer center in stages once the basic requirements are met with and the work is initiated. This area of research could be planned as 'niche' or 'thrust' area of research once FMRC expands its infrastructure and manpower.

#### **RESEARCH PROJECTS – January to March 2018 :**

	January	February	March	Total
Staff	7	5	2	14
PG	25	16	20	53
UG	27	38	21	86

# **14. FATHER MULLER MEDICAL COLLEGE**

Father Muller Medical College has over 1622 students studying in various Courses. Out of these 850 are Undergraduates, 248 are Postgraduate and 524 students are in Para Medical Courses.

#### **Results:**

Results were more than 80% pass in M.B.B.S. in all phases. Postgraduate Degree/Diploma results were 90% and Allied Health Sciences results were above 80%. The Final year MHA, MSc. MLT course students have secured 100% result in the University examinations held in October 2017.

#### **Important Events:**

• The following Increased Postgraduate seats were recognized by Medical Council of India.

	0	0	0
0	M.Ch. Urology	-	1 seat
0	Medicine	-	8 to 11 seats
0	Paediatrics	-	4 to 7 seats
0	Anaesthesiology	-	4 to 6 seats
0	Orthopaedics	-	5 to 7 seats

- MCI granted renewal of Recognition for 2 PG seats in Biochemistry.
- The Graduation day of Father Muller Medical College was held on 01.04.2017 at the Father Muller Convention Centre.
- The inauguration of the Post Graduate courses for the year 2017-2018 was held on 20<sup>th</sup> June 2017, MBBS Course on 1<sup>st</sup>September 2017 and Allied Health Science Courses – MHA, M.Sc. MLT, MPT, BPT, B.Sc. MLT, B.Sc. MIT and B.Sc. RT was held on 12<sup>th</sup> September 2017.
- The fourth edition of Muller Model United Nations was held on 18<sup>th</sup> and 19<sup>th</sup> August 2017.
- The renovated Eye Bank and a new Ophthalmology OT was inaugurated on 2<sup>nd</sup> September 2017. Rev. Fr Richard Coelho, Director, FMCI blessed the new Eye Bank.
- The Mullerpulse 2017 Annual Magazine of FMMC was released on 16<sup>th</sup> October 2017. •
- On 31st October 2017, Students Council organized "Flaunt Your Haunt" Fund Raising event with the funds raised to the tune of Rs.34,000/- for the cause of Dialysis.
- The Blessing and Inauguration of the Digital Evaluation Room of Father Muller Medical College was held • on 2<sup>nd</sup> November 2017.
- The investiture of the student council for the year 2017-2018 was held on 4<sup>th</sup> November 2017 the Decennial • Memorial Hall.
- The Department of Orthopaedics celebrated Silver Jubilee in view of completion of 25 years of starting PG • course. A CME and Alumni Meet was organized by the Department on 11<sup>th</sup> November 2017.
- Teachers day and Onam feast was celebrated on 5<sup>th</sup> September 2017.
- Stduent Development committe organized World Environment day, USMLE Workshop, World AIDS day, Yoga Day during the year.

#### **STUDENTS IN NEWS:**

- 1. Ph.D degree in Microbiology was awarded to Mrs Sherin Justin and Mr Ramanath K. (Ph.D scholars) by RGUHS.
- 2. Following MBBS students participated and won prizes in the "INVICTUS 2017" Annual Intercollegiate Cultural Fest organized by Kasthurba Medical College, Mangalore from 26.04.2017 to 30.04.2017.
  - a. Ms Shrishari N. Shetty Mono Acting - First
  - b. Mr V. Allen Poetry Writing (English) - First
    - Classical Solo Dancing Second
  - c. Ms Mayuri G. Bhat d. Mr Rouvin Alexander D'Souza Eastern Solo Dancing - Third
  - e. Mr Jerome Joseph & Group Eastern Vocals Group - Second
- 2. Dr Vimala C. Colaco, Post graduate Resident, got Best Free Paper Award for the research paper on "Role of Fibreoptic Bronchoscopy in the Evaluation of Haemoptysis" presented at "KAPICON-2017" held at Mysuru from 19<sup>th</sup> to 21<sup>st</sup> May 2017 under the guidance of Dr Don Mascarenhas, Pulmonologist, FMMC.
- 3. Dr Suvarna won first prize and Dr Mandeep Bhukar won second prize in Quiz competition during Karavali Dermatology Society Meeting held at A. J. Institute of Medical Sciences, Mangalore on 18<sup>th</sup> June 2017.
- Mr Sandeep Rao Kordcal, Student of MBBS 2015 Batch secured first place for Oral Presentation 4. titled "Burkholderia Pseudomallei causing sepsis in a late preterm neonate" at the "EQUINOX 2017" -National Undergraduate Conference held at Sri Ramachandra Medical College and Research Institute, Chennai from  $5^{th}$  to  $7^{th}$  July 2017.
- 5. Dr Blessy and Dr Sadia, 2<sup>nd</sup> year PGs attended Fellowship program offered by KKR ENT Hospital & Research Institute, Chennai and also first place in poster presentation Neurosyphilis masquerading as psychosis : A case report in IPS KC- FMMC on15<sup>th</sup> & 16<sup>th</sup> July 2017.

- 6. Dr Sharol L. Fernandes secured first place in oral paper presentation 'Prevalence of deliberate self harm in Medical College course' in IPS KC- FMMC on15<sup>th</sup> & 16<sup>th</sup> July 2017.
- 7. Dr Myfanwy D'Souza presented award for the paper titled "Efficacy of intralesional MMR vaccine in the treatment of common warts" during National Symposium on Clinical Dermatology 2017 to be held at NIMHANS Convention centre, Bangaluru on 5<sup>th</sup> & 6<sup>th</sup> August 2017.
- 8. Dr Aaron C. Lobo, Dr Shani Constin, PG Residents have secured second place in the Zonal Indian Rheumatological Association at Mangalore in August 2017.
- 9. Dr Shilpa, 2<sup>nd</sup> year PG attended Fellowship program offered by KKR ENT Hospital & Research Institute, Chennai from 15.09.2017 to 30.09.2017.
- 10. Dr Kristel Liza Wilson, Post graduate Resident got BEST FREE PAPER AWARD for research paper on "Are we over diagnosing tuberculosis?" at "KAPICON- 2017" held at Mysuru from 19<sup>th</sup> to 21<sup>st</sup> May 2017 under the guidance of Dr Don Mascarenhas, Pulmonologist, FMMC.
- 11. Dr Nisha secured 1<sup>st</sup> prize for oral presentation in the National anaerobic conference "Exploring the less explored" on 9<sup>th</sup> September 2017 at KMC, Manipal.
- 12. Dr Deepthi S. is awarded as winner in Zonal Round South Zone of Torrent Young Scholar Award in the 13<sup>th</sup> Annual National Conference of Indian Association for Geriatric Mental Health held on 15<sup>th</sup> & 16<sup>th</sup> September 2017 at Chandigarh. She has been awarded the Post Graduate Fellowship during the event.
- 13. Mr Sandeep Rao Kordcal and Ms Roshan Mariam Manu, Students of MBBS 2015 Batch, have secured 1<sup>st</sup> place in Crime Scene Investigation competition conducted by the Department of Forensic Medicine, KMC, Manipal on 21<sup>st</sup> September 2017.
- 14. Mr Sandeep Rao Kordcal, Mr Anil D'Souza and Mr Ganesh Bhandary, Students of MBBS 2015 Batch have secured first Place in the State level Microbiology quiz competition organized by the Department of Microbiology, S.S. Institute of Medical Sciences and Research Centre, Davangere on 23<sup>rd</sup> September 2017.
- 15. Dr Vimala, PG Resident won second prize in poster presentation at 'YUVA KSOGA 2017' state conference.
- 16. Dr Jyotsna Coelho, PG Resident won second prize in poster presentation at 'POAICON 2017' state conference at Hubli.
- 17. Dr Sharol L. Fernandes secured H.S. Subramanyam Memorial Award for the Best PG Paper at KANCIPS 2017 on 'Association of alcohol use with medical legal cases'.
- 18. Ms. P. Sowkanthika, Student of MBBS 2014 Batch secured first place in the Medical Hackathon held on 9<sup>th</sup> March 2018 as part of International Quiz for Medical Undergraduates held from 7<sup>th</sup> to 10<sup>th</sup> March 2018 at KMC, Manipal.
- 19. Dr Sandhya Rao Kordcal, Mr Sandeep Rao Kordcal, Mr Anil D'Souza and Mr Utsav J Karia, MBBS Students have secured second place in the International Quiz for Medical Undergraduates held from 7<sup>th</sup> to 10<sup>th</sup> March 2018 at KMC, Manipal.
- 20. Mr Sandeep Rao Kordcal, Student of MBBS 2015 Batch participated in "TRINITY 2018", an International Students Medical Conference held from 15<sup>th</sup> to 17<sup>th</sup> February 2018 organised by Lokmanya Tilak Medical College and General Hospital, Sion, Mumbai in affiliation with Maharashtra University of Health Sciences, Nashik and secured first place in Neuroxia The online Pre-clinical Quiz.
- Mr Sandeep Rao Kordcal and Mr Anil D'Souza, Students of MBBS 2015 Batch have secured second place in the South Zone Intercollegiate Microbiology Quiz competetion organized by Melaka Manipal Medical College, Manipal on 24<sup>th</sup> February 2018.

#### **STAFF IN NEWS:**

- Dr Ramesh Bhat M., Professor of Dermatology took over as the National President of Indian Association of Dermatologists, Venereologists and Leprologists (IADVL) during the recently held 46<sup>th</sup> National Conference DERMACON at Kochi, Kerala.
- Dr Lulu Sherif Mahmood, Associate Professor of Anaesthesiogy has passed the CHSE (Certified Healthcare Simulation Educator) Certification Examination and now she is the Globally recognized CERTIFIED HEALTHCARE SIMULATION EDUCATOR, certified by the International Society of Simulation in Healthcare (SSH).
- Dr Nandakishore B., Professor of Dermatology was awarded 'Dakshina Kannada Zilla Kannada Rajyotsava Prashasti' for the year 2017 for his service in the medical field.
- Dr Aruna G., Associate Professor of Psychiatry received Dr S.S. Jayaram Award for publishing articles/book in English and Kannada for the enhancement of public awareness and educating public in the field of mental health, for the year 2016-17 during KANCIPS -2017 held at Hampi in September 2017. She is also been nominated by the Executive Council of Indian Psychiatric Society as the Convener, Women and Mental Health Speciality Section. This is in recognition for her special expertise and experience in the field of Psychiatry and Medical Education.
- Dr Sweta D'Cunha, Professor and HOD of Department of Hospital Administration has been awarded Ph.D in Management Studies for thesis on "Evaluation of Service Quality and its Effect on Patient Satisfaction &

Behavioral Intentions : A Study of Public & Private Hospitals in Dakshina Kannada District" under Reva University in July 2017.

- Dr Sucharita Suresh, Assistant Professor, Department of Hospital Administration has completed Ph.D in "Antecedents and consequences of work life balance among female doctors" under Reva University, Bangalore.
- Dr Padmaja Udaykumar authored three Text books namely Pharmacology for Physiotherapy students, 3<sup>rd</sup> edition, Pharmacology for dental and allied health sciences, 4<sup>th</sup> edition and "Medical Pharmacology" Fifth edition 2017.
- Dr Mellonie P. pursued Fellowship in Oncopathology in Adyar Cancer Institute, Chennai (July 2016 to July 2017).
- Dr Nagesh K.R. has been nominated as "Representative of Mangalore University for Criminology" for the year 2016-18 to the School of Social work, Roshni Nilaya, Mangalore. He is also been nominated as Expert Member of the Board of Studies in Forensic Medicine & Toxicology at BLDE University and Yenepoya University. H e has edited the practical record book for UG students approved by Karnataka Medico-legal Society.
- Dr Uday Kumar has been appointed as Head of "Brain death certification committee" of Fr Muller Medical College Hospital, Mangalore by the Department of Health & Family Welfare, Mangalore.
- Dr Leo Francis Tauro, Professor & HOD of Surgery was nominated as a Research Advisor, Mangalore Institute of Oncology with effect from January 2017 and was also nominated as an external member Board of Studies, Department of Surgery, Yenepoya University, Deralakatte from January 2017 to December 2019 for a period of 3 years.
- Dr Prema was awarded with "Active Bioethics Member' for the South India unit of UNESCO chair in Bioethics (Haifa).
- Dr Vidyashri was awarded 1<sup>st</sup> prize in Thyroid updated Quiz competition at I.M.A. Hall.
- Dr Ashwin Kamath completed his 3 months training in Arthroscopy and Sports Injury at Baby Memorial Hospital, Calicut from June to August 2017.
- Dr Shailaja is Pursuing fellowship in medical education (FAIMER) and also authoring evidence based medicine COCHRANE systematic review.
- Dr Berton Craig Monteiro completed fellowship in PDCC (Cross sectional Imaging).
- Mr Sudeep M.J. Pias was honoured with "Scroll of Honour" in appreciation and recognition of valuable contribution and total dedication towards the promotion of speciality of Physiotherapy Profession.
- Dr Karen Prajwal Castelino, Assistant Professor of Forensic Medicine has secured Second place for her Poster Presentation titled "Physical Child Abuse detection in emergency room – a case report" in the staff category during Forensic Medicon 2018 - 39<sup>th</sup> Annual National Conference organized by the Indian Academy of Forensic Medicine held at JIPMER, Pondicherry from 1<sup>st</sup> to 3<sup>rd</sup> February 2018.

#### **RESEARCH PROJECTS:**

- 13 MBBS students have successfully completed their STS Projects during the year 2016 and 7 MBBS students have selected for STS ICMR Research Project Award for the year 2017.
- 46 MBBS students of our Medical College have submitted their project proposals for STS ICMR Research Project Award 2018.

# **DEPARTMENTS:**

### 14.01. DEPT OF ANAESTHESIOLOGY

#### Faculty:

· <b>J</b> •		
Dr Radhesh Hegde	-	Professor & HOD
Dr Sudhir K. Hegde	-	Professor
Dr Mahabala T.H.	-	Professor
Dr Prithi Jain	-	Associate Professor
Dr Gurumurthy T.	-	Associate Professor
Dr Kishan Shetty	-	Associate Professor
Dr Lulu Sherif Mahmood	-	Associate Professor
Dr Shailaja S.	-	Associate Professor
Dr Karl Sa Rebiero Nicholas	-	Assistant Professor
Dr Harshavardhan K.	-	Assistant Professor
Dr P. S. Balakrishna	-	Assistant Professor

Dr Hilda Shanthini S.	-	Assistant Professor
Dr Vishma K.	-	Senior Resident
Dr Rithesh Joseph D'cunha	-	Senior Resident
Dr George Jacob Malayil	-	Senior Resident
Dr Antony Eapen	-	Senior Resident
Dr Rashmi Mohanna Menon	-	Senior Resident
Dr Nichelle Mrinali Saldanha	-	Senior Resident
Dr Manjula Sudhakar Rao	-	Senior Resident
Dr Ananth Srikrishna	-	Senior Resident
Dr Gaurav Kumar	-	Senior Resident

#### Staff achievements :

Dr Lulu Sherif Mahmood has passed CHSE (Certified Healthcare Simulation Educator certification examination she is the Globally recognized CERTIFIED HEALTHCARE SIMULATION EDUCATOR, certified by the international Society of Simulation in Healthcare (SSH).

#### C. M.E'S/WORKSHOP ATTENDED :

#### Dr Radhesh Hegde

- External Examiner for the modal exam in Yenepoya Medical College on 3<sup>rd</sup> and 4<sup>th</sup> April 2017.
- CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017.
- Attended CEOT 2018 ON 24<sup>th</sup> & 25<sup>th</sup> February 2018 at KSHEMA.
- Attended CME on Perioperative coagulopathy at AJIMS & RC on 18<sup>th</sup> March 2018

#### **Publication** :

- Comparison between Betamethasone Gel, Lidocaine Jelly and Lubricating Jelly Applied Over Endotracheal Tube to Reduce Post Operative Sore Throat, Cough and Hoarseness of Voice"- Randomised Prospective Study. International Journal of Science and Research. Volume 6 | Issue 5 | May 2017 | 1435-1439
- ◆ -Fetal effects of phenylephrine and ephedrine during spinal Anaesthesia for caesarean section. International journal of science research, Volume-6| Issue- 5|May 2017| 119-121
- Does Preoperative Intravenous Carbohydrate Improve Post-Operative Well Being in Laparoscopic Surgeries?. International Journal of Science and Research (IJSR). Volume 6 |Issue 4| April 2017 |888-891
- ✤ A Comparative Study of Intravenous Paracetamol and Ketorolac for Postoperative Analgesia Following Laproscopic Cholecystectomy. International Journal of Science and Research (IJSR). Volume 6 Issue 8, August 2017:1139-1144

#### Dr Sudhir Hegde

- Attended the ISACON Puducherry 2017 8<sup>th</sup> Annual State Conference of the Indian Society of Anaesthesiologists on 22<sup>nd</sup> to 24<sup>th</sup> September 2017 at Puducherry.
- The registrar MAHE, University Manipal has invited as External Expert for Promotion Interview on 5<sup>th</sup> March 2018 at Manipal.

#### Publication

A Comparative Study of Fentanyl and Dexmedetomidine with Ropivacaine for EpiduralAnaesthesia in Major Abdominal Surgeries : Prospective, Randomised, Double Blind Study. Dr Prajna Anna Pinto, Dr Sudhir Hegde, International Journal of Science and Research (IJSR), Volume 6 Issue 10, October 2017, ISSN Number: 2319-7064

#### Dr Prithi Jain : Attended

- ISACON Kerala 2017 41<sup>st</sup> Annual Conference of the Indian Society of Anaesthesiologists from 13<sup>th</sup> to 15<sup>th</sup> October 2017 at Kozhikode.
- Board of Studies meeting at K.S. Hegde Medical Academy, Deralakatte on 30<sup>th</sup> November 2017.

#### Dr Gurumurthy

- External Examiner for the modal exam in Yenepoya Medical College on 3<sup>rd</sup> & 4<sup>th</sup> April 2017.
- CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017.
- Attended CEOT 2018 on 24<sup>th</sup> & 25<sup>th</sup> February 2018 at KSHEMA.

#### Dr Kishan Shetty :

• Attended CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017.

#### **Publication :**

 Incidence of Intraoperative awareness during general anaesthesia and analysis of probable risk factors. Indian journal of applied research Volume - 7 | Issue - 7 | July - 2017 | ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96 Comparison of two Different Dosages of Tranexamic Acid in Spine Fixation Surgery: A Randomized, Prospective Study. IOSR Journal of Dental and Medical Sciences. Volume 16, Issue 8 Ver. VI (Aug. 2017), 01-05.

### Dr Lulu Sherif

- Attended the PALS course as an instructor in KMC, Manipal on 5<sup>th</sup> August 2017.
- Attended as an faculty ISACON Kerala 2017 41<sup>st</sup> Annual Conference of the Indian Society of Anaesthesiologists from 13<sup>th</sup> to 15<sup>th</sup> October 2017 at Kozhikode.
- Attended the PALS course as an instructor in Calicut on 10<sup>th</sup> & 11<sup>th</sup> October 2017.
- Participate as a Guest speaker on topic Simulation In Eye Care emergencies for KOSCON 2017 36<sup>th</sup> Annual Conference of Karnataka Ophthalmic Society on 4<sup>th</sup> November 2017 at Bangalore.
- Participated as a resource faculty in the panel discussion of simulation healthcare a way forward on 14<sup>th</sup> September 2017 at Yenepoya University.
- Attended International Meeting on Simulation in Healthcare IMSH 2018 from 8<sup>th</sup> to 22<sup>nd</sup> January 2018 at Los Angeles (USA).
- Participates as a Guest faculty for CME on Medical Simulation, SIM- MED 2018 on 2<sup>nd</sup> & 3<sup>rd</sup> March 2018 at KSHEMA.

#### **Publication** :

- A Comparative Study of Dexmedetomidine and Esmolol for Attenuation of Haemodynamic Response to Laryngoscopy and Endotracheal Intubation. International Journal of Science and Research (IJSR). Volume 6 | Issue 6 | June 2017|2303-2307.
- Incidence of Intraoperative awareness during general anaesthesia and analysis of probable risk factors. Indian journal of applied research Volume - 7 | Issue - 7 | July - 2017 | ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96.

### Dr Shailaja S.

- Attended the Revised Basic MET Workshop organized by the Nodal Centre in St John's Medical College on 4<sup>th</sup> to 7<sup>th</sup> April 2017.
- Attended the second contact session of FAIMER fellowship related to Medical Education from 16<sup>th</sup> to 20<sup>th</sup> June 2017 at PSG Coimbatore.
- CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017.
- Attended NCHPE (National conference on Health profession Education) conducted by Academy of health profession Education India from 8<sup>th</sup> to 11<sup>th</sup> November 2017 at Jorhat Medical College, Assam.
- Attended Workshop on Qualitative Methods in Health Research from 3<sup>rd</sup> to 7<sup>th</sup> January 2018 at Sri Manakula Vinayaka Medical College, Pondicherry.
- Guest faculty for CME on Medical Simulation, SIM- MED 2018 on 3<sup>rd</sup> March 2018 at KSHEMA.
- Attended conference on ISA Southzone PG assembly & ISAMIDKON 2018 on 10<sup>th</sup> & 11<sup>th</sup> March 2018 at MES Medical College, Pernithalmanna, Kerala.

#### Publication

Cross Sectional Observational Study Performed to See for Relation of Mallampati Score and Extended Mallampati Score with Body Mass Index Journal of Clinical and Diagnostic Research. 2017 May, Vol-11(5): UG01-UG03

**Dr Karl Sa Rebeiro :** Attended the International conference on Pediatric Anesthesia held in Mumbai from 1<sup>st</sup> to 4<sup>th</sup> June 2017 and CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017.

Publication

Dexmedetomidine as an Adjuvant to Bupivacaine in Brachial Plexus Block by Supraclavicular Approach. Shubha Padakannaya 1, Sa Ribeiro Karl Nicholas 2, International Journal of Science and Research (IJSR), Volume 6 Issue 9, September 2017, ISSN (Online): 2319-7064

**Dr Harshavardhan :** Attended the ISACON KARNATAKA 2017 from 11<sup>th</sup> to 13<sup>th</sup> August 2017 at Ballari & CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017

#### Publication

Comparison between Betamethasone Gel, Lidocaine Jelly and Lubricating Jelly Applied Over Endotracheal Tube to Reduce Post Operative Sore Throat, Cough and Hoarseness of Voice"- Randomised Prospective Study. International Journal of Science and Research. Volume 6 | Issue 5 | May 2017 | 1435-1439.

### Dr Balakrishna

- Attended the ISACON KARNATAKA 2017 from 11<sup>th</sup> to 13<sup>th</sup> August 2017 at Ballari.
- CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017.

• Attended CEOT – 2018 on 24<sup>th</sup> & 25<sup>th</sup> February 2018 at KSHEMA.

#### **Publication :**

- ☆ A comparison of post-operative analgesia between intrathecal nalbuphine with levobupivacaine 0.5% and intrathecal levobupivacaine 0.5% alone in intraabdominal surgeries', International journal of science research, volume -6|issue -4| April- 2017| 106-109.
- Comparison of Intraoperative and Post-Operative Outcome between Intrathecal Ropivacaine and Ropivacaine with Dexmedetomidine for Lower Limb Surgeries. International Journal of Science and Research. Volume 6 |Issue 5 |May 2017| 690-693.

**Dr Hilda Shanthini S :** Attended the ACLS & BLS provided renewal on 23<sup>rd</sup> June 2017 at Manipal and CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017.

**Dr Rithesh Joseph D'Cunha :** Guest faculty for CME on Medical Simulation, SIM- MED 2018 on 3<sup>rd</sup> March 2018 at KSHEMA.

#### Publication

★ A STUDY OF THE EFFECT OF PRETREATMENT WITH LIDOCAINE AND DICLOFENAC IN REDUCING SUCCINYLCHOLINE INDUCED MYALGIA –Indian Journal of Applied Research, Volume - 7 | Issue - 4 | April-2017 | ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

**Dr George Jacob Malayil :** Attended the AARC – 2017 & UTAC – 2017, Cochin conducted by Amrita School of Medicine in Cochin on  $1^{st}$  &  $2^{nd}$  October 2017 at Cochin.

**Dr** Antony : Attended CME on KMC MAC 2017 at KMC on 8<sup>th</sup> October 2017.

#### **Department activity :**

- A Guest lecture was delivered by Dr. Anand Lakhakar on "Balanced Colloids" on 19.08.2017.
- Inter departmental meeting with Gynaecology department was held on 29<sup>th</sup> August 2017 in OBG Department. Topic is Labour- stages and analgesia.
- A Guest lecture was delivered by Dr Rammurthy on "Introduction to pain" on 23.09.2017.
- Department has celebrated Ether Day on 16.10.2017 and Guest lecture delivered by Dr Gurumurthy T. on "Unusual history of Ether".
- A Guest lecture was delivered by Dr Chetan Ginigeri on "Neonatal Ventilation" on 02.12.2017.
- The Department conducted a CME on TRAUMA CARE on 4<sup>th</sup> March 2018.
- The Department conducted a workshop on CVC Insertion Technique on 6<sup>th</sup> February 2018 in Anaesthesia Department.

### 14.02. DEPARTMENT OF ANATOMY

#### Faculty:

Dr Prakash Shetty	-	Professor & HOD
Dr Somesh M.S.	-	Associate Professor
Dr Jayaprakash T.	-	Assistant Professor
Dr Sanjay Fernandes	-	Assistant Professor
Mrs Sainu Susan Oomm	en-	Assistant Professor
Mrs Ramya Satheesh	-	Assistant Professor
Dr Pallavi	-	Assistant Professor
Dr Hemalatha Bangera	-	Lecturer

#### **Staff Achievements :**

**Dr Somesh M.S.** : Attended World Congress of Anatomist 19<sup>th</sup> KCA conference& post conference CME from 22<sup>nd</sup> to 24<sup>th</sup> Sept 2017 at Gadag Institute of Medical Sciences & presented a poster on 'Retro esophageal segment of descending thoracic aorta-A case study'

#### Dr Sanjay Fernandes :

 Attended 65<sup>th</sup> NATCON 2017 National Conference of the Anatomical Society of India from 30<sup>th</sup> November to 3<sup>rd</sup> December 2017 at Pt. J. N. M Medical College, Raipur & Presented a paper on 'A Cadeveric Study Of Fibular (Peroneal) Artery Continuing As Dorsalis Pedis Artery Associated With Hypoplastic Anterior Tibial Artery And Its Developmental Basis'  Research Publication : "Study of vascular segments of the kidney by vascular injection method". Martin Lucas A., Sanjay J Fernandes, Pranup Roshan Quadras, Roshni Benedicta R. National Journal of Clinical Anatomy. Vol 6(4): 258-265,2017; ISSN 2277-4025.

### 14.03. DEPARTMENT OF BIOCHEMISTRY

#### Faculty :

Dr Malathi M.	-	Professor and Head
Dr Shivashankara A. R.	-	Associate Professor
Dr Avinash S.S.	-	Associate Professor
Dr Arun Kumar K.	-	Assistant Professor
Dr Maitrayee D.S.	-	Assistant Professor
Dr Shailaja A. Katti	-	Assistant Professor
Dr Ramlingareddy	-	Assistant Professor
Dr Anurag Yadav	-	Assistant Professor
Ms Claudia Johnny	-	Lecturer

#### **Staff Achievements :**

#### **Publications:**

- 1. Manjeshwar Shrinath Baliga, Arnadi Ramachandrayya Shivashankara, Suresh Rao, Manoj Ponadka Rai, Prajwal Prabhudev Mane, Raees Tonse and Ashwini Vashitha. "Saliva as an important body fluid in the detection of oxidative stress in community based studies: Preliminary study with police personnel's exposed to automobile exhaust" International Journal of Applied Research 2017; 3(6):372-376.
- Prajna D'Silva, May D'souza, Nelly Nazrath, Arnadi Ramachandrayya Shivashankara, Sucharitha Suresh, V. Soumya and Manjeshwar Shrinath Baliga. "Lipid peroxidation, copper and vitamin C in lens and serum of people with diabetes and senile cataracts: A comparative evaluation" International Journal of Applied Research 2017;3(9):294-297.
- 3. Anurag Yadav, Ramlinga Reddy and Malathi M. "Multiple myeloma with biclonal Gammopathy of IgA Kappa variant": A case report. Biochemistry Analytical Biochemistry 2017:6(4)345-346.
- 4. JB Honnamurthy1,\*, Shivashankara AR, Avinash SS3, John P Mathai4, Malathi M "Use of salivary liver function markers for the prognosis of deaddiction in alcohol dependent non-smokers and smokers: A before and after study". International Journal of Clinical Biochemistry & Research, January-March, 2018;5(1):35-40.

# Details of Faculty served as resource persons in workshops/seminars/conferences/presentation of posters : Dr Shivashankara A.R.

- Resource in the CME on "Minerals in health and disease with special emphasis on Fluorosis" on 12<sup>th</sup> May 2017 at Sri Devaraj Urs Academy of Higher Education and Research, Kolar.
- Resource person at Medical Laboratory Owners Association (LABCON EXPO 2017) held at Kozhikode on 5<sup>th</sup> and 6<sup>th</sup> August 2017.
- Reviewer of a Journal "Indian Journal of Clinical Biochemistry" July 2017.
- Delivered a guest lecture on "NABL Accreditation and Total Quality Management" on 26<sup>th</sup> December 2017 at SDM College of Medical Sciences and Hospital, Dharwad.
- Reviewer of a Journal "Biological Trace Element Research" Jan 2018
- Resource person in the workshop on Ethics Review and GCP guidelines organized by Karwar Institute of Medical Sciences (KalIMS) Karwar on 26<sup>th</sup> March 2018.

**Dr Avinash S.S. and Dr Shailaja A. Katti :** Attended Oral presentation on "Assessment of statistical and sigma metric tools used in comparison of instrument performance in a medical testing laboratory" from 17<sup>th</sup> to 19<sup>th</sup> November –AMBICON 2017 at Mysore.

#### Dr Maitreyee D. S.

- Resource person for the Continuing nursing Education on Quality of samples : Role of nurses on 28<sup>th</sup> September 2017 at FMMCH Nursing Service Dept.
- Poster presentation on "Comparative evaluation of the OSPE and conventional methods in Biochemistry department" from 17<sup>th</sup> to 19<sup>th</sup> November –AMBICON 2017 at Mysore.

#### **CME/Workshop Attended :**

- 1. **Dr Shivashankara A.R.** participated in the CME on "Minerals in health and disease with special emphasis on Fluorosis" on 12<sup>th</sup> May 2017 at Sri Devaraj Urs Academy of Higher Education and Research, Kolar.
- 2. **Dr Ramlingareddy, Dr Maitreyee D. S, Dr Shailaja A. Katti** attended the Hematology CME "Consultative Hematology" on 13<sup>th</sup> & 14<sup>th</sup> May 2017 at KMC Hospital, Mangalore.
- Dr Avinash S.S, Dr Maitreyee D.S, Dr Shailaja A. Katti, Dr Ramlingareddy attended the CME on "Womens Health Care and Thyroid -2017" – An update on 28<sup>th</sup> May 2017 at Dr A.V. Rao Memorial Conference Hall, Mangalore.
- Dr Shailaja A. Katti attended the 'International Day of YOGA' at Shri Dharmasthala Manjunatheshwara College of Naturopathy & Yogic Sciences, Ujire from 19<sup>th</sup> to 21<sup>st</sup> June 2017.
- 5. **Dr Maitreyee D.S.** was the Organizing member for workshop on "Guiding the Guides" on 14<sup>th</sup> & 15<sup>th</sup> July 2017 and was a faculty member of Youth Red Cross Unit, organized World Blood Donor Day and inauguration of Youth Red Cross Unit for the year 2017-18. She also attended the advance course in Medical Education at St John's Medical College, Bangalore. MCI Nodal Centre on 4<sup>th</sup> October 2017.
- 6. **Dr Avinash S.S, Dr Maitreyee D.S., Dr Shailaja A. Katti** attended the 25<sup>th</sup> Annual Conference of Association of Medical Biochemists of India" from 17<sup>th</sup> to 19<sup>th</sup> November 2017 AMBICON 2017.
- 7. **Dr Shailaja A. Katti, Dr Ramlingareddy, Dr Anurag Yadav** attended the CME on "Biomarkers in Pregnancy A Recent Update" on 7<sup>th</sup> December 2017 at AJIMS Research Centre.

### **Research Activities :**

- 1. "Effect of cigarette smoking on blood levels of lipid and atherogenic lipid ratio" Dr Anurag Yadav.
- 2. "Evaluation of absolute eosinophil count and neutrophil-lymphocyte ratio versus c-reactive protein and lactate levels in patients with sepsis". Ms Sameena Moonisha Abbas guided by Dr Malathi M.
- "Establishment of reference range for FT<sub>4</sub> in Neonates" Ms Archana Augustine guided by Dr Arun Kumar K
- 4. "Assessment of user feedback and audit of implementation of corrective actions based on user feedback in a tertiary care hospital" Ms Anrica Mary D'souza guided by Dr Shivashankara A.R.
- 5. Study of attitude of laboratory personnel working in medical testing laboratory towards clinical laboratory practices as per ISO guidelines Sneha J. P. Raj guided by Dr Avinash S.S.
- 6. "Correlative study of blood pressure and body mass index with biochemical parameters in gestational diabetes mellitus" Ms Veera Preethi Pereira guided by Dr Malathi M.
- 7. "Effects of hemodialysis on biochemical parameters in chronic kidney disease" Harija P.V Guided by Dr Shailaja A. Katti
- 8. "A correlative study of serum zinc levels between neonates with hyperbilirubinemia and healthy neonates" Deeptha K.P. guided by Dr Ramlingareddy.

#### **Departmental Activities:**

- 1. The Department of Biochemistry organized a regional quiz competition "Scintilla 2017" on 29<sup>th</sup> April 2017 for I MBBS students. The quiz was inaugurated with lighting the lamp by HODs and senior faculty of seven Medical Colleges of this region. Dr Shivashankara A.R. and Dr Shailaja Katti, faculty of Biochemistry were the quiz masters. There were 6 rounds in the competition namely, visuals, sequencing, buzzer round, answer with hints, case reports and rapid fire. The seven teams participated in the competition. Teams from KMC Manipal, KMC Mangalore, AJ institute of Medical sciences, KVG Medical College Sullia, Yenepoya Medical College, KS Hegde Medical Academy and Father Muller Medical College. Finally, KMC Mangalore team bagged the championship, followed by KS Hegde Medical Academy second place and AJ Institute of Medical Sciences in third place.
- 2. The Department of Biochemistry organized a one day CME on "**Pediatric Clinical Biochemistry**" on 16<sup>th</sup> September 2017 in the Hospital Conference Hall. The CME was attended by about 120 delegates from faculties of Biochemistry, Paediatrics and lab medicine mostly from Mangalore and few delegates from various parts of the state.
- The Department of Biochemistry conducted "Biokinesis", the intercollegiate debate competition for I MBBS students on 17<sup>th</sup> March 2018. Six teams from various medical colleges of Dakshina Kannada and Udupi districts participated in the event.

Month	IP	OP	Total
April 2017	83,202	40,905	1,24,107
May	76,595	36,631	1,13,226
June	84,918	43,218	1,28,136
July	84,225	37,145	1,21,370
August	98,004	41,625	1,39,629

#### **Patients Statistics :**

March Total	79,479 <b>10,28,533</b>	41,262 <b>4,99,011</b>	1,20,741 <b>15,27,544</b>
February	79,883	39,027	1,18,910
January 2018	87,006	54,517	1,41,523
December	81,011	39,778	1,20,789
November	87,012	41,298	1,28,310
October	89,683	41,067	1,30,750
September	97,515	42,538	1,40,053

### 14.04. DEPARTMENT OF COMMUNITY MEDICINE

#### Faculty:

Dr Narayana V.	-	Professor & HOD
Dr Saurabh Kumar	-	Associate Professor
Dr Sudhir Prabhu	-	Associate Professor
Dr Sowmya Bhat	-	Assistant Professor
Dr Oliver Vincent D'Sou	za-	Assistant Professor
Dr Sudarshan Pai U.	-	Assistant Professor
Dr Nishanth Krishna K.	-	Assistant Professor
Dr Achal Shetty	-	Assistant Professor

#### **Staff Achievements :**

#### Dr Narayan V.

- 1. Attended International symposium on "Universal Health Coverage" at KSHEMA, Nitte University on 08.04.2017.
- 2. Attended Pulse polio Meeting at Deputy Commissioner's Office on 15.04.2017.
- 3. Attended the workshop on ICD-10 on 24.05.2017.
- 4. Was deputed as examiner for practical in MBBS at Amala Medical College, Thrissur, Kerala on 13.09.2017.
- 5. Was deputed as examiner for practical in MBBS at Jubilee Mission Medical College, Thrissur, Kerala on 14.09.2017.
- 6. Attended KACHCON 2017 (Karnataka Association for Community Health) Conference at Dharwad, organized by SDM Medical College & Hospital. Presented a Scientific paper entitled "A Cross- sectional study on the Prevalence of diseases among the geriatric people in the rural field practice areas of a tertiary care hospital in Mangalore" from 26<sup>th</sup> to 28<sup>th</sup> October 2017.
- 7. Attended as a delegate in the CME of WORLD PNEUMONIA DAY 2017 at KMC, Manipal on 15.11.2017.
- 8. Attended CME on "Road Traffic Injuries" conducted by the A.J. Institute of Medical Sciences, Mangalore on 20.11.2017.
- 9. Appointed as Examiner at Shrinivas Medical College, Surathkal, Mangalore on 30<sup>th</sup> & 31<sup>st</sup> December 2017.
- 10. Was appointed as "Appraiser" for NEET -MD/MS 2018 on 6<sup>th</sup> & 7<sup>th</sup> January 2018.
- 11. Attended 'Interpersonal relationship development programme' conducted by IMA Mangalore on 20.01.2018.
- 12. Was Appointed as Practical Examiner for Kerala University from 6<sup>th</sup> to 9<sup>th</sup> March 2018.
- 13. Attended the World TB day Celebration at RAPCC, Wenlock Hospital on 24.03.2018.

#### Dr Saurabh kumar

- 1. Attended the Global Health Summit at AJIMS, Mangalore from 1<sup>st</sup> to 12<sup>th</sup> May 2017.
- 2. Coordinated the workshop on ICD-10 with CBHI on 24.05.2017.
- 3. International Conference on Harmonization: Good clinical practice guidelines on 29<sup>th</sup> & 30<sup>th</sup> May 2017.
- 4. Attended the State Task Force on TB at St Johns, Bangalore on 13.06.2017.
- 5. Attended the Training of Trainers on TB at JJMMC Davangere on 22<sup>nd</sup> & 23<sup>rd</sup> June 2017.
- Attended as a delegate for the workshop on 'WHO ICF' (International Classification on functional Disabilities) organized by Father Muller College of Speech & Hearing and Central Bureau of Health Intelligence, Bangalore on 31.08.2017.
- 7. Resource person for private practitioner training at IMA Hall on TOG of Tuberculosis on 26.09.2017.

- 8. PG Diploma in Bioethics and Medical Ethics (PGDBEME) Module 5 at Centre for ethics, Yenepoya University, Deralakatte, Mangalore from 27<sup>th</sup> to 30<sup>th</sup> September 2017.
- 9. Attended International Ethics Conference at Yenepoya University on 15.11.2017.
- 10. Attended CME on "Road Traffic Injuries" conducted by the A.J. Institute of Medical Sciences, Mangalore on 20.11.2017.
- 11. Attended Zonal Task Force Workshop on Revised National Tuberculosis Control Program at Kamineni Institute of Medical Sciences on 23<sup>rd</sup> to 24<sup>th</sup> January 2018.
- 12. Co-ordinator & Resource person for RNTCP Sensitization Program from 5<sup>th</sup> to 7<sup>th</sup> February 2018.
- 13. Attended the 62<sup>nd</sup> National IPHA conference at Lucknow. Presented a poster titled Empathy among the undergraduates in the Coastal city of Karnataka from 8<sup>th</sup> to 12<sup>th</sup> February 2018.
- 14. Attended the TOT of PMDT Workshop organized by KHPT on 9<sup>th</sup> to 10<sup>th</sup> March 2018.

#### Dr Sudhir Prabhu

- 1. Attended Workshop at KMC, Mangalore on "Upgradation of Institutional Ethics Committee" on 10<sup>th</sup> & 11<sup>th</sup> April 2017.
- 2. Attended Routine Immunization Training Workshop conducted by District Health & Family Welfare at RAPCC, Wenlock Hospital on 23.05.2017.
- 3. Resource person "Research Unpuzzled" Undergraduates research workshop organized by the Department of Community Medicine, JJMMC, Davangere in association with KACH & MSAI on 21<sup>st</sup> & 22<sup>nd</sup> July 2017.
- 4. Resource person "Critical Appraisal of Research Articles in Journal Club" organized by Surgery Department, KMC on 25.07.2017.
- 5. Attended District Malnutrition Committee meeting at ZP office, Mangalore on 19.08.2017.
- Attended as a delegate for the workshop on 'WHO ICF' (International Classification on functional Disabilities) organized by Father Muller College of Speech and Hearing and Central Bureau of Health Intelligence, Bangalore on 31.08.2017.
- 7. Attended "NABH Ethics Committee" workshop at Bangalore on 22<sup>nd</sup> & 23<sup>rd</sup> September .2017
- 8. Attended CME on "Road Traffic Injuries" conducted by the A.J. Institute of Medical Sciences, Mangalore on 20.11.2017.
- 9. Attended International research Methodology Course at St John's Medical College, Bangalore, organized by Bangalore Boston Nutrition Collaborative 2018 from 8<sup>th</sup> to 19<sup>th</sup> January 2018.
- 10. External Examiner for Kerala University of Health Science for MBBS. Examination at Government Medical College (KOTTAYAM) from 6<sup>th</sup> to 8<sup>th</sup> & 13<sup>th</sup> to 15<sup>th</sup> March 2018.
- 11. Deputed as IAPSM State Representative for LAQSHYA Workshop- Labor room quality improvement initiated at Bangalore organisd by MOHFW & UNICEF, Karnataka on 21.03.2018.
- 12. Resource person "Functioning of IEC committee & GCP Guildeline" Organized by Karwar Institute of Medical Science, Karwar on 26.03.2018.
- 13. MARCH 2018 Core team Leader for LEAP module (Life skill education & Health promotion part of REECH/ Repository for education & Empowering Citizens for health) Under aegis of IAPSM & submitted to Government of India.
- 14. MARCH 2018 Leader community medicine Core group in writing State Advocacy report on evaluation of 37 Special Newborn Care unit (SNCU) of Karnataka.

**Dr Sowmya Bhat** was resource person for Sensitization program on TOG of RNTCP from 12<sup>th</sup> to 14<sup>th</sup> and on 21<sup>st</sup> February 2018.

#### Dr Oliver D'Souza

- 1. Attended CME on "Road Traffic Injuries" conducted by the A.J. Institute of Medical Sciences, Mangalore on 20.11.2017.
- 2. Attended TOT on MDSR & HNMR at Hubli on 12<sup>th</sup> & 13<sup>th</sup> March 2018.
- 3. Attended CME on "Recent Update On RNTCP" at KSHEMA on 23.03.2018.

### Dr Sudarshan Pai U.

- Attended the International Conference on Harmonization: Good clinical Practice guidelines on 29<sup>th</sup> & 30<sup>th</sup> May 2017.
- 2. Attended workshop on ethics & Research at Yenepoya University, Mangalore from 31.05.2017 01.06.2017 from 29.06.2017 02.07.2017.
- 3. Resource person for the "World Breastfeeding Week" (health talk) program conducted in Anganwadi at Ulaibettu on 05.08.2017.

- 4. Attended as a delegate for the workshop on 'WHO ICF' ("International Classification on functional Disabilities") organized by Father Muller College of Speech and Hearing and Central Bureau of Health Intelligence, Bangalore on 31 .08.2017.
- 5. PG Diploma in Bioethics and Medical Ethics (PGDBEME) Module 5 at Centre for ethics, Yenopoya University Deralakatte, Mangalore from 27<sup>th</sup> to 30<sup>th</sup> September 2017.
- 6. Attended CME on "Road Traffic Injuries" conducted by the A.J. Institute of Medical Sciences, Mangalore on 20.11.2017
- 7. (Organizing Secretary) Two day National Bioethics Conference organized by Father Muller Medical College, Mangalore, in association with UNESCO (HAIFA) Bioethics Unit (South East pacific Asia) with support of Indian Institute of Science Religion (IISR) New Delhi on the theme "Recent Developments in Medical Science and the need for Exploring Innovative Ethical responses: A philosophic-religious Appraisal on 21<sup>st</sup> November 2017.
- 8. Attended the Malaria task for a meeting called by National Vector Born Disease control Program Officer D.K District at KMC, Mangalore (Department of community medicine) on 15.02.2018.
- 9. Staff Coordinator & Programme officer (Representative) for the Inauguration of the National Science Planetarium at Pilikula Regional Science Centre, Mangalore. (Accompanied MBBS, BPT & MLT students) on 01.03.2018.
- 10. Community Liasion Officer for the Health Camp at Mother of God Church, Puttur. Gave a Health talk on Community Health on 16.03.2018.

#### Dr Nishanth Krishna K.

- 1. Attended Symposium on Universal Health Coverage at K.S. Hegde Medical Academy on 08.04.2017
- 2. Participated in "World Environment Day" celebration organized by Pudu Grampanchayath on 5.06.2017
- 3. Resource person for World Breastfeeding week talk in Govt. Aided higher primary school Badagabellur on 02.08.2017.
- 4. Attended as a delegate for the workshop on 'WHO ICF' (International Classification on functional Disabilities) organized by Father Muller College of Speech and Hearing and Central Bureau of Health Intelligence, Bangalore on 31.08.2017.
- 5. Infections disease outbreak Investigation and surveillance workshop at Yenepoya Medical College from 20<sup>th</sup> to 22<sup>nd</sup> September 2017.
- 6. Attended CME on "Road Traffic Injuries" conducted by the A.J. Institute of Medical Sciences, Mangalore on 20.11.2017.
- 7. Attended CME on "Recent Update on RNTCP at K.S. Hegde Medical Academy on 23.03.2018.

#### **Dr Achal Shetty**

- 1. Camp site inspection at Charvattur on 28.04.2017.
- 2. Visit to NITK, Surathkal for Data collection on 19.08.2017.
- 3. Visit to Karnataka Medical Council for accreditation of KMC credit points on 10<sup>th</sup> & 17<sup>th</sup> November 2017.
- 4. Science fest participation at Regional Science, Pilikula on 28.02.2018.

#### **Departmental Activities :**

- 1. World Health Day Quiz under the aegis of IAPSM : April 2017.
- 2. CME on Mental Health Challenges : Changing perspectives and changing measures.
- 3. Training of Trainers workshop on RNTCP Technical and Operational Guidelines 2016-December 2017
- 4. Sensitization of Faculty, PGs, Nurses and Students on RNTCP Technical and Operational Guidelines 2016- Feb 2018.
- 5. State Level RNTCP Quiz college and Final round-March 2018.
- 6. Health Education talks on World Health Day, Breast Feeding, Nutrition, Iodine Deficiency, Anaemia & Deworming, Diabetic & Hypertension and Handicap & facilities available for handicap were given at Kolambe, Mundaje, Amemar, Maripalla, Jarandhagudde, Badagabellur, Thumbay, Ammunje, Ullaibettu, Bollary, Thalipadi, Polali, Kolambe, Padilubailu, Benjanpadavu, Uchila, Bunder, Ambanagar, Hoige Bazar at Bolar, Jeppu, Shiva Nagar, Pandeshwar, Punjalkatte, Rayee and Canara Engineering College. Also Malnourished Anganwadi Childrens' Health Check up camps, ENT check up camps, School health check up camps and Dental check up camps were also held in the above mentioned places. Health and Hygiene Awareness Program were also held in Government Primary School, St Rita's High School, St John's High School and Badria English & Kannada Medium School at Badria.

#### **Patient statistics :**

Neereshwalya Urban Health Centre	:	6,608
Jeppu Urban Health centre	:	35,262

Jyothinagar Urban Health Centre		5,641
Rural Health Training Centre, Thumbay	:	14,941

### 14.05. DEPARTMENT OF DENTISTRY

#### Faculty :

Dr Naveen Rao	-	Professor & HOD
Dr Nanditha Hegde	-	Associate Professor
Dr Ria Susan George	-	Assistant Professor
Dr Jyothi Kiran Menezes	-	Tutor
Dr Sowmya S. Shetty	-	Tutor
Dr Zeena D'Costa	-	Tutor (Thumbay)

14.06. DEPT. OF DERMATOLOGY, VENEREOLOGY & LEPROSY

#### Faculty:

- Dr. Sukumar D.-Dr. Nanda Kishore B.-Dr. Ramesh Bhat M.-Dr. Jacintha Martis-Dr. Ganesh Kamath H.-Dr. Michelle Serene Fernandes-Dr. Rochelle Cheryl Monteiro-Dr. Jyothi Jayaraman-Dr. Meryl Sonia Rebello-
- Professor & HOD
- Professor
- Professor
- Professor
- Professor
- Assistant Professor
  - Assistant Professor
  - Senior Resident
  - Senior Resident

#### **Staff Achievements :**

#### Dr Sukumar D.

- Chaired "Dermato Oncology" during Karavali Dermatology Society Clinical meeting held at AJIMS on 18.06.2017.
- Attended CME on New paradigms in vitiligo management and Workshop on "NCES and its modifications" held on 10<sup>th</sup> September 2017 at KSHEMA, Mangalore.
- Guest lecture attended :
  - Prof. Dr. Jerome Pinto and Prof. Dr. Nanda Kishore B. on 31<sup>st</sup> January 2017 Topics : The Teacher in Leprosy & USG – A diagnostic aid in pure neuritic leprosy
  - Interesting Cases in Paediatric Haematology by Dr. Radhakrishnan K.K., MD(Paed), FRACP, FRCPA (Haematology) Consultant Paediatric Haematologist and Haematopathologist, Children's Cancer Centre, Monash Children's Hospital Clayton, Melbourne, Victoria State, Australia
- DERMACON 2018 National Conference of Indian Association of Dermatologists, Venereologists, and Leprologists held at Kochi from 18<sup>th</sup> to 21<sup>st</sup> January 2018. Chaired a session on "Spot light" – 1. How to improve repigmentation in vitiligo, 2. Management of difficult pigmentation
- Participated in National Symposium on Dermatophytosis and Karavali Derma 2018 held at KSHEMA on 11<sup>th</sup> Feb 2018
- Participated as a Chairperson in IMPACT Workshop on 4<sup>th</sup> March 2018at KMC, Manipal.

#### Dr Nanda Kishore B.

- DERMACON 2018 National Conference of Indian Association of Dermatologists, Venereologists, and Leprologists held at Kochi from 18<sup>th</sup> to 21<sup>st</sup> January 2018.
- Delivered guest lectures on "Examination of peripheral nerves and nerve function assessment" & "Slit skin smear"
- Participated in National Symposium on Dermatophytosis and Karavali Derma 2018 held at KSHEMA on 11<sup>th</sup> February 2018.

#### Dr Ramesh Bhat M.

• CME during IMA meet : delivered lecture on "Topical steroid abuse", participated in panel discussion on topical steroid abuse and fungal infections at Mangalore.

- Guest lecture on "Antibiotic resistance in acne" during CUTIFEST, Kerala on 23<sup>rd</sup> April 2017.
- Moderator What is new in melasma treatment during World congress of Cosmetic Dermatology from 4<sup>th</sup> to 6<sup>th</sup> May 2017 Bangalore.
- Represented IADVL [Indian Association of Dermatologists, Venereologists and Leprologists] for the Global Health Security Summit of Organizations held at A J Institute of Medical Sciences in association with Indo US Emergency Summit, Department of Emergency AIIMS, AJIMS with CDC on 11<sup>th</sup> May 2017.
- Speaker during LOREAL R & I India an event with French Embassy on 29<sup>th</sup> May 2017 at New Delhi.
- Dermatology and Allied Sciences Summit [DAAS] between 30<sup>th</sup> June to 2<sup>nd</sup> July 2017 at New Delhi.
  - Panelist on lumps and bumps on the face
    - Chaired two sessions
    - Guest of honour for the inauguration
- Faculty during MID CUTICON 2017 conference held at Sagara on 27<sup>th</sup> & 28<sup>th</sup> May 2017.
- Guest lecture on "Management of Chronic recurrent apthae" during ROOTs II National Symposium on Clinical Dermatology on 5<sup>th</sup> & 6<sup>th</sup> August 2017
- MID DERMACON 2017 5<sup>th</sup> Mid Term Conference of IADVL held at Cidco Exhibition Centre, Mumbai on 12<sup>th</sup> & 13<sup>th</sup> August 2017
  - Panelist "Topical steroid abuse"
  - Guest of honour during inauguration
- Guest lecture "Atypical presentation of dermatophytosis" during "Dermatophytosis : Fighting the challenge" conference on 2<sup>nd</sup> & 3<sup>rd</sup> September 2017 at PGIMER, Chandigarh.
- Guest lecture "Dermatopathologic correlation in difficult cases" during CUTICON Tamilnadu on 1<sup>st</sup> Oct 2017 at Thirunalveli.
- Guest lecture "What IADVL offers you" and panelist during PGCON Southzone conference on 21<sup>st</sup> Oct 2017 at Kozhikode.
- Delivered B V Sathynarayana Memorial Oration and the chief guest for inaugural function during CUTICON AP on 9<sup>th</sup> December 2017 at Nellore.
- Guest of honour and chaired a session during CUTICON Delhi on 3<sup>rd</sup> December 2017
- Guest honour, panelist & delivered a guest lecture during CUTICON Maharashtra on 30<sup>th</sup> December 2017.
- DERMACON 2018 Kochi January 17<sup>th</sup> 21<sup>st</sup> 2018 Took over as National President of IADVL during the conference.
  - Panelist for scientific session on "Neutrophilic dermatoses and update"

Faculty and delivered a guest lecture on "Pyoderma gangrenosum" and chaired a scientific session.

- ACSIZONE CHENNAI: Guest lecture Erbium yag laser roller and chaired scientific session during the conference which was held on 3<sup>rd</sup> and 4<sup>th</sup> Feb 2018 at Chennai.
- Participated in National Symposium on Dermatophytosis and Karavali Derma 2018 at KSHEMA on 11<sup>th</sup> February 2018
- Guest of honour during HAIRCON conference held at Chennai on 17.02.2018.
- Participated in IMPACT Workshop on 4<sup>th</sup> March 2018at KMC, Manipal
- DUBAI DERMA 2018 Dubai World Dermatology and Laser conference and Exhibition held from 19<sup>th</sup> 21<sup>st</sup> March 2018 at Dubai.

Guest of honour and Delivered lecture on changing clinical and mycological patterns of Dermatophytosis – the current scanerio. Uncommon manifestations of a common disease – atypical presentation of a Hansen Disease

### Dr Jacintha Martis

- Attended CME on New paradigms in vitiligo management and Workshop on "NCES and its modifications" held on 10<sup>th</sup> September 2017 at KSHEMA, Mangalore.
- Completed the course on "Patient expectations, acne in women and its management" in January 2018.
- All staff & PGs have attended CME on New paradigms in vitiligo management and Workshop on "NCES and its modifications" held on 10<sup>th</sup> September 2017 at KSHEMA, Mangalore.
- DERMACON 2018 National Conference of Indian Association of Dermatologists, Venereologists, and Leprologists held at Kochi from 18<sup>th</sup> to 21<sup>st</sup> January 2018. chaired a session on "Onychology – an integral and vital part of clinical and surgical dermatology"
- participated in National Symposium on Dermatophytosis and Karavali Derma 2018 at KSHEMA on 11<sup>th</sup> February 2018
- Participated in IMPACT Workshop on 4<sup>th</sup> March 2018at Kasturba Medical College, Manipal.

### Dr Ganesh Kamath

- Attended DERMACON 2018– National Conference of Indian Association of Dermatologists, Venereologists, and Leprologists at Kochi from 18<sup>th</sup> to 21<sup>st</sup> January 2018.
- Participated in National Symposium on Dermatophytosis and Karavali Derma 2018 at KSHEMA on 11<sup>th</sup> February 2018.

#### **Dr Michelle Fernandes**

- Attended the YEN COSMODERM 3 Workshop on facial anatomy and fillers & toxin on 30<sup>th</sup> July 2017 at Yenepoya Medical College, Deralakatte, Mangalore.
- Presented Free paper titled "Role of dietary factors in Acne Vulgaris among young adults: A case control study" at the 21<sup>st</sup> DERMAZONE SOUTH and 8<sup>th</sup> CUTICON KARNATAKA 2017, Mangaluru on 17<sup>th</sup> to 19<sup>th</sup> November 2017.
- Participated in National Symposium on Dermatophytosis and Karavali Derma 2018 held at KSHEMA on 11<sup>th</sup> February 2018.

### Dr Rochelle Monteiro

• Attended Workshop "Postgraduate thesis - guiding the guides" on 14<sup>th</sup> & 15<sup>th</sup> July 2017 by Medical Education Unit, FMMC.

#### Dr Jyothi Jayaraman

- Quiz master for IADVL GSK Post Graduate Quiz at Bhopal CUTICON on 15<sup>th</sup> October 2017.
- Delivered lecture during CUTICON MP 2017 at Madhya Pradesh on 14<sup>th</sup> & 15<sup>th</sup> Oct 2017.
- DERMAZONE South 17<sup>th</sup> to 19<sup>th</sup> November 2017, Mangalore Panelist for panel discussion on Dermatophytosis.
- Attended DERMACON 2018 National Conference of Indian Association of Dermatologists, Venereologists, and Leprologists at Kochi from 18<sup>th</sup> to 21<sup>st</sup> January 2018 and presented papers SJS TEN and Antifungal drug resistance study under IADVL Research grants session.
- Participated in National Symposium on Dermatophytosis and Karavali Derma 2018 at KSHEMA on 11<sup>th</sup> February 2018.

#### Dr Meryl Sonia Rebello

 Participated in National Symposium on Dermatophytosis and Karavali Derma 2018 at KSHEMA on 11<sup>th</sup> February 2018

#### **Departmental Activities :**

- The Department of Dermatology in association with Department of Paediatrics have organized Guest Lecture by Dr. Radhakrishnan K.K., MD (Paed), FRACP, FRCPA (Haematology) Consultant Paediatric Haematologist and Haematopathologist, Children's Cancer Centre, Monash Children's Hospital Clayton, Melbourne, Victoria State, Australia in the Conference Hall, FMMCH on 24<sup>th</sup> April 2017. Topic : Interesting Cases in Paediatric Haematology
- 2) The Department organized a Workshop on "Botulinium Toxin and Fillers" on 18<sup>th</sup> May 2017. The Speaker was Dr Shireen Furtado, Consultant Dermatologist, ASTER, CMI, Bangalore gave a brief overview of facial anatomy, use of botulinium toxin and hyaluronic acid based dermal fillers for aesthetic indications and antiaging. This was followed by live demonstration of use of botulinium toxin and fillers in treatment of fine lines, dynamic wrinkles, nasolabial fold correction, cheek augmentation by Dr. Shireen Furtado.
- 3) An IADVL Karnataka UG Quiz in Dermatology was conducted on 16<sup>th</sup> August 2017. Mr Challapalli Aditya and Mr. Akshay Dias [IV year 8<sup>th</sup> term] secured first place and qualified for Zonal Level Quiz. Mr. Anvith Sherwin and Mr. Anush Serrao [IV year 8<sup>th</sup> term] secured second place. Dr. Jyothi Jayaraman and Dr. Meryl Sonia Rebello were the quiz masters. Dr. Sukumar D, Professor & HOD gave away the prize and participation certificates.
- 4) The Department of Dermatology, in association with IADVL KARAVALI conducted Prof J.N. Shetty Memorial Oration and Karavali Dermatology Society Clinical Meeting at FMMC on 24<sup>th</sup> September 2017. Prof. J N Shetty Memorial Oration was delivered by Dr. Arun C. Inamdar. The oration topic was ' Battle with psoriasis : Translating available resources into management'. The scientific session also consisted of presentation of following interesting cases by dermatology residents of FMMC. A total of 92 delegate participated in this scientific event.

- 5) The Internal Quality Assurance cell, FMMC in association with Dermatology Department and IADVL Karnataka Branch organized HOW TO PUBLISH Workshop on 16<sup>th</sup> November 2017 as a pre conference workshop during 21<sup>st</sup> DERMAZONE SOUTH and 8<sup>th</sup> CUTICON KARNATAKA 2017. Dr Indrani Karunasagar, Director Research NITTE University delivered the key note address. Dr Nilay Kanti Das, Kolkatta was the Guest of Honour. A total of 121 delegates participated in this workshop.
- 6) 21<sup>st</sup> DERMAZONE SOUTH Conference and 8<sup>th</sup> Annual Conference of Karnataka, Indian Association of Dermatologists, Venereologists and Leprologists (IADVL) was held at FMMC, Mangalore from 17<sup>th</sup> to 19<sup>th</sup> November 2017. Nearly 1,200 delegates from all over India and abroad participated in this mega event.

The **21**<sup>st</sup> **DERMAZONE SOUTH Conference** was inaugurated by Dr Yogesh S Marfatia, IADVL National President on 17<sup>th</sup> November 2017. Rev. Fr. Richard Coelho, Director, Father Muller Charitable Institutions, Dr Ramesh Bhat M, IADVL National President Elect, Dr Vijay Zawar, Vice President – IADVL National, Dr K R Kamath, President, IMA – Mangalore were the guests of honour and **CUTICON Karnataka Conference** was inaugurated by Dr S. Sacchidanand, Director of Medical Education, Government of Karnataka on 18<sup>th</sup> November 2017. Dr Jayaprakash Alva, Dean, FMMC was the Guest of Honour. Dr Arun C. Inamdar, IADVL Karnataka Branch President presided over both the inaugural functions.

- 7) The Department of Dermatology in association with Department of Orthopaedics have conducted Guest Lecture by Dr Latheesh Leo, MBBS, MS, DNB, FNB (Hand & Microsurgery), Unit Chief of Hand and Microsurgery, Department of Orthopaedics, FMMC on 31<sup>st</sup> January 2018 at FMMC. This program was organized to commemorate Anti leprosy day. Dr. Latheesh Leo delivered a lecture on "Paralytic hand in Hansen's disease".
- 8) The Inauguration and Blessing of new Aesthetic Clinic Laser Room by Rev. Fr Richard Aloysius Coelho Director, Father Muller Charitable Institutions was conducted on 10<sup>th</sup> March 2018. Aesthetic clinic is equipped with state of the art fraxis laser (skinnovation) for treatment of acne, burns and accidental scars, stretch marks and skin rejuvenation. The Clinic also have Alma lasers for hair reduction, pigmentation reduction, skin resurfacing and treatment of vascular lesions.

#### **Extension Activities :**

- 1. Vitiligo Camp : Vitiligo camp was conducted on 4<sup>th</sup> July 2017. Free Registration for all the patients with VITILIGO, 50 % reduction in charges for phototherapy and surgical modalities like punch/ blister grafting and free medicines were provided to the patients during this period.
- 2. **Psoriasis Week :** Skin department of Father Muller Medical College Hospital organized Psoriasis Week from 23.10.2017 to 28.10.2017 at our Skin OPD [Room no 65] of the hospital. The facilities offered during the camp were free registration, free medicines and phototherapy treatment at concessional rates for psoriasis patients.
- **3.** Acne Treatment Week : Department of Dermatology, FMMC had organized "Acne Treatment camp" from 20<sup>th</sup> to 23<sup>rd</sup> December 2017. Patients were provided free registration, free medicines and procedures related to acne at concessional rates.
- **4. Pigmentory Week** : was conducted from 8<sup>th</sup> to 13<sup>th</sup> January 2018. Patients were provided free registration, free medicines and procedures at concessional rates.
- Sparsh Leprosy Awareness Campaign and Free Skin Camp : was conducted at Aided Stella Maris Hr. Pry School Kotekar on 3<sup>rd</sup> February 2018. This programme was organized for the public to commemorate Anti Leprosy Fortnight – 30-1-2018 to 13-2-2018. Total 236 people benefited from this Free Skin camp.
- 6. Womens Skin Care Camp : In view of International Women's day celebration, the Department of Dermatology organized "Women's Skin Care Week" from 5<sup>th</sup> to 10<sup>th</sup> March 2018. The facilities like free registration for all female skin patients, 50% concession on aesthetic procedures like lasers, laser hair removal, chemical peels, skin tightening, acne scars, pigmentation laser, vascular marks, Blood investigations at concessional rates (50%) were provided during this period.

#### **Publications**

- 1. Namitha Chathra, Ramesh Bhat. Clinicopathological correlation of skin tumors : A dermatologist's perspective. J Can Res Ther 2016 ; 12 : 1124 -6 [published in 2017]
- 2. Samudrala S, Bhat MR, Growth arising over a linear verrucous plaque : a rare entity. Clin Dermatol Rev 2017;1:83-5
- 3. Suvarna S, Martis J, Nanda Kishore B, Kamath GH, Kini RG. Chronic macerated plaques over the genitalia in an elderly female : A diagnostic challenge. Clin Dermatol Rev 2017 ; 1:73-5.

- 4. Viraktamath Chanabasayya, Jayaraman Jyothi, Martis Jacintha, Dandekeri Sukumar. A retrospective study of the clinical, histopathological, and direct immunofluorescence spectrum of immunobullous disorders. Egyptian Journal of Dermatology and Venereology 2017, 37 :62-8.
- 5. Bhat RM, Mathanda TR, Jayaprakash CS, Dandakeri S. Clinical, histopathological characteristics and immunohistochemical findings in lichen planus pigmentosus. Indian J Dermatol 2017;62:504-9.
- 6. Bhat RM, Patrao N, Monteiro R, Sukumar D. A clinical, dermoscopic and histopathological study of Dermatosis Papulosa Nigra (DPN) An Indian perspective. Int. J Dermatol.2017.Sep;56 (9) :957 960.
- Michelle Serene Fernandes, Reshmina D'Souza, Pradeep Pereira. A evaluation of the quality of life in acne

   a prospective study at a tertiary care hospital. Indian Journal of Clinical and Experimental Dermatology. October – December 2017; 3(4):155 -157.
- 8. Mysore V, Mahadevappa OH, Barua S, Majid I, Viswanath V, Bhat RM, et al. Standard guidelines of care: Performing procedures in patients on or recently administered with isotretinoin. J Cutan Aesthet Surg 2017;10:186-94.
- 9. Babu A, Bhat M R, Jayaraman J. Childhood leprosy in the post elimination era : A vision achieved or a concern growing at large. Indian J Paediatric Dermatology 2018; 19?:26-30
- 10. Suvarna Samudrala, Sukumar Dandekeri, Ramesh M Bhat. Clinical profile of dermatological emergencies and intensive care unit admission in a tertiary care centre an Indian Perspective 2018
- 11. Sundeep Chaitanya Vedithi, Sony Malhotra, Madhusmita Das, Sheela Daniel, Nanda Kishore, Anuja George, Shantha Arumugam, Lakshmi Rajan, Mannam Ebenezer, David B Ascher, Eddy Arnold, Tom L Blundell. Structural implications of mutations conferring Rifampin Resistance in Mycobacterium Leprae. Scientific Reports (2018).

### 14.07. DEPARTMENT OF FORENSIC MEDICINE

#### Faculty:

Dr Nagesh K.R.-Professor & HODDr Uday Kumar K.-ProfessorDr Hareesh Shivu Gouda-Associate ProfessorDr Karen Prajwal Castelino -Assistant Professor

Staff Achievements :

### Dr Nagesh K.R.

- Nominated as "Representative of Mangalore University for Criminology" for the academic year 2016-18 to the School of Social Works, Roshni Nilaya, Mangalore.
- Awarded the FAIMER Fellowship in June 2017 from PSG Medical College, Coimbatore.
- Editor-in-Chief of the revised practical record book which is recognized by Karnataka Medico-Legal Society and RGUHS.
- Resource person at a CME conducted by Manjeri Medical College, Kerala on 7<sup>th</sup> October 2017 and delivered a talk on "Guidelines for paper and poster presentation".
- Member of the Board of Studies in Forensic Medicine subject at BLDE University, Vijayapur.
- Judge for the Debate Competition at the "Workshop for International/Indian Students on Ethics" on 13<sup>th</sup> November 2017 at "5<sup>th</sup> Annual Conference of the International Association for Education in Ethics" held at Yenepoya University.
- Moderator for a Panel discussion on "Handling sudden death in the hospital" in State Level Conference of Indian Academy of Pediatrics, DK Branch (Mangalore Pedicon) held on 25<sup>th</sup> March 2018 at Yenepoya Medical College, Mangalore.
- Guest speaker at Rotary Club of Mangalore Midtown on 26<sup>th</sup> March 2018 and spoke on the topic "Role of Doctor in solving a Crime".
- "Program Evaluator" of the Disaster Victim Identification (DVI) exercise conducted at Yenepoya Medical College, Mangalore on 27<sup>th</sup> March 2018.
- Validated the content in a study entitled "A study on attitude, knowledge, and willingness to donate organs among general public visiting the outpatient department of a selected hospital in Mangalore" to be conducted by Nursing student.
- Reviewer for Journal of Karnataka Medico-legal Society; Journal of Forensic and Legal Medicine.
- Editorial Board member of Journal of Clinic Pathology & Forensic Medicine; Austin Journal of Forensic Science & Criminology; Journal of International Medicine & Dentistry; International Journal of AJ Institute of Medical Sciences.

#### Dr Uday Kumar K.

- Honorary visiting Professor to the Department of Forensic Medicine, Anna Medical College & Research Centre, Mauritius.
- Panelist at Heal-O-Nomics on 20<sup>th</sup> January 2018.
- RGUHS BOS member in para-clinical PG.

#### **Dr Hareesh Gouda**

- Executive Committee member of The Indian Society of Toxicology.
- Contributed a chapter "Examination of Skeletal remains" in text book of "Recent advances in Forensic Medicine and Toxicology", Vol. 2 by Gautam Biswas.
- Won the Best Poster award in the staff section for poster "Pathological Autopsy-A defence in Medical Negligence" at 25<sup>th</sup> Annual Conference of the Karnataka Medicolegal Association held at BMC, Bangalore from 1<sup>st</sup> to 3<sup>rd</sup> Dec 2017.
- Reviewer for International Journal of Medical Toxicology and Forensic Medicine.

### Dr Karen Prajwal Castelino

- Observer cum Chief squad for B.Sc. Nursing University Examination, RGUHS at KVG Medical College, Sullia from 20<sup>th</sup> September to 4<sup>th</sup> October 2017.
- Won 2<sup>nd</sup> Prize for the Poster presentation entitled "Physical child abuse detection" at 39<sup>th</sup> National Forensic Medicine Conference of IAFM held from 1<sup>st</sup> to 3<sup>rd</sup> February 2018 at JIPMER, Pondicherry.

### **Departmental activities :**

- Organized State Level inter-collegiate debate competition 'FORENSIS 2017" for medical students on 29<sup>th</sup> April 2017.
- Mr Sandheep Rao & Ms. Roshan Mariam of 2<sup>nd</sup> MBBS won the 1<sup>st</sup> prize in Crime Scene Investigation (CSI) competition conducted at KMC, Manipal on 21<sup>st</sup> September 2017.
- Organized a guest lecture along with Dept. of OBG on the topic "An update on Sexual victim examination and POCSO Act" on 28<sup>th</sup> October 2017. Dr Jagadeesh N., Professor & Head, Vydehi Medical College, Bangalore was the resource person.
- Faculties are the members of various committees of the institution.

### Patient statistics:

Medico Legal cases attended at Casualty	:	99
Medico-legal autopsies conducted	:	135
Samples analyzed at Poison Control Centre	:	180

#### **Publications:**

 Hallikeri VR, Gouda HS. Effect of skull fracture on pre-interventional Glasgow coma scale and survival period – An analysis of 211 fatal cases of traumatic head injury. International Journal of Medical Toxicology & Legal Medicine 2017; 20 (1-2): 44-7.

#### Conference/ CME/ Workshop/ Seminars attended by the faculty:

- Dr. Nagesh participated in the Annual Conference of South India Medicolegal Association (SIMLA-2017) conducted from 21<sup>st</sup> to 23<sup>rd</sup> September 2017 at Gandhi Medical College, Secunderabad.
- Dr. Nagesh KR has attended the 5<sup>th</sup> Annual Conference of the International Association for Education in Ethics" held at Yenepoya University from 15<sup>th</sup> to 17<sup>th</sup> November 2017.
- Dr. Nagesh K.R. and Dr. Karen attended the "First Indo-French International Forensic Congress" organized by KMC, Mangalore on 23<sup>rd</sup> & 24<sup>th</sup> November 2017. Dr. Nagesh chaired a scientific session during the conference.
- Dr. Nagesh KR and Dr. Hareesh Gouda has attended the 25<sup>th</sup> Annual Conference of the Karnataka Medicolegal Association held at BMC, Bangalore from 1<sup>st</sup> to 3<sup>rd</sup> December 2017.
- Dr. Karen attended 39<sup>th</sup> National Forensic Medicine Conference of IAFM held from 1<sup>st</sup> to 3<sup>rd</sup> February 2018 at JIPMER, Pondicherry.
- Dr. Nagesh, Dr. Hareesh and Dr. Karen were involved as Staff coordinators in various committees at the Inter-collegiate fest ADRENALINE 2018 held from 21<sup>st</sup> to 24<sup>th</sup> February 2018.
- Dr. Nagesh and Dr. Karen attended the MEU workshop on leadership (WELCom) on 27<sup>th</sup> February 2018.

### 14.08. DEPARTMENT OF GENERAL MEDICINE

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#### Faculty:

Dr Jayaprakash Alva	:	Professor & Dean
Dr Narasimha Hegde	:	Professor
Dr K.Sundara Bhat	:	Professor
Dr Venkatesha B M	:	Professor
Dr Roshan M	:	Professor
Dr Smitha Bhat	:	Professor
Dr Peter George	:	Professor
Dr Sayyid M.Khilar	:	Associate Professor
Dr Akshatha Rao A	:	Associate Professor
Dr Prasanth Y M	:	Associate Professor
Dr Veena J Pinto	:	Associate Professor
Dr Archana Bhat	:	Assistant Professor
Dr Swapna P K	:	Assistant Professor
Dr Kiran Shetty	:	Assistant Professor
Dr Anoop Joseph	:	Assistant Professor
Dr Glen Austin Fernandes	:	Assistant Professor
Dr Kavina Fernandes	:	Assistant Professor
Dr Muhammed Q A	:	Senior Resident
Dr Srilakshmi M.Prabhu	:	Senior Resident
Dr Rohith Pinto	:	Senior Resident
Dr Hitesh MR	:	Senior Resident
Dr Ganesh Nayak S	:	Senior Resident
Dr Sujith J James	:	Senior Resident
Dr Tushar G	:	Senior Resident
Dr Spoorthi A Pai	:	Senior Resident

### **Staff Achievements:** Awards to faculty : **Dr Glenn Austin Fernandes** :

- Indian Diploma in Critical care Medicine April 2017
  Completed course Fellowship in Intensive care Medicine conducted by Medvarsity & Apollo Hospitals Educational Research Foundation on 17.10.2017.

#### **Research by faculty :**

search by faculty.		
Haematological variabilities in plasmodium vivax mono infection at a	Dr Veena Pinto	
tertiary hospital in southern India	Dr Peter Geroge	
Reasons for delay in seeking medical care among patients with acute	Dr Veena Pinto	
coronary syndrome	Dr Peter George	
Clinico biochemical profile of hepato renal functions among patients with	Dr Veena Pinto	
plasmodium vivax mono infection at a tertiary hospital in southern India.	Dr Peter George	
Case series of paraquat poisoning in a tertiary hospital	Dr Archana Bhat	
Case series study of clinical profile of H1 N1 swine Flu influenza cases in a	Dr Archana Bhat	
tertiary hospital in southern India	Dr Kavina Fernandes	
Clinical profile of mucormycosis in patients in patients in a tertiary hospital	Dr Archana Bhat	
in south India	Dr Kavina Fernandes	
Clinical and demographic profile of organophosphorus poisoning in a	Dr Akshatha Rao	
tertiary care hospital	Dr KS Bhat	
Study of clinical profile of methanol poisoning in a tertiary hospital and	Dr Archana Bhat	
analyses of arterial blood gases	Dr Kavina Fernandes	
	Dr Prasanth YM	
	Dr Venkatesha BM	
Clinical profile and predictors of outcome in leptospirosis in a tertiary care	Dr Akshatha Rao A	
hospital in Karnataka	Dr K.S. Bhat	
	Dr Roshan M.	
An interesting case of lymphocytic leukocytosis ' an enlightening sound'	Dr Peter George	
	Dr N.Hegde	

- 1. Pinto JV, George P. Awareness on risk factors and warning signs of stroke among individuals with hypertension. J Evolution Med Dent Sci 2017; 6(30):2410-14.
- 2. Constin PN, Prasanth YM. Glycated hemoglobin: A surrogate marker of coronary artery diseases? International Journal of Biomedical Research 2017; 8(4):210-4.
- 3. Bhat A. A study on clinical and laboratory features of spontaneous bacterial peritonitis in chronic liver disease. J Med Sci Clinical Research 2017; 5(4):21028-33.
- 4. Lobo A C, George P, Fernandes K M. An assessment of the patters and severity of diabetic neuropathy using the modified Toronto clinical neuropathy score in recently detected diabetes. International Journal of Biomedical Research 2017:8(5):266-70.
- 5. Kannan K T, George P. Socio-economic and cultural factors among patients with alcoholic liver disease at a tertiary care center in Southern India. International Journal of Biomedical Research 2017; 8(05): 277-279.
- 6. Rajegowda ST, George P, Fernandes KM. A study to relate 'platelet count to splenic bipolar length ratio' as a tool to predict esophageal varices. International Journal of Scientific Research 2017; 6(6):384-6.
- 7. Rajegowda S T, Pinto V, George P. Study on stroke awareness among caregivers of stroke patients. International Journal of Biomedical Research. (2017)08(08)484-487
- 8. PK Swapna. Frequency of metabolic syndrome in stroke: a study in a tertiary health care centre in north Kerala. International Journal of Research in Medical Sciences September 2017;5(9)4143-4146.
- 9. Bhat A. Clinical profile of paraquat poisoning in a tertiary hospital. Global journal for Research analysis. October 2017;6(10):57-59
- 10. Bhat A, Fernandes KM. Clinical profile of H1 N1 influenza patients in a tertiary hospital in South India. December 2017;8(12):682-687.
- 11. Bhat A, Priyanka C. Brucellosis patient presenting with sacroillitis a case report. International Journal of research in Health Sciences. January 2018;6(1):6-8

#### **National Publications :**

1. Bhat A., Priyanka C, YM Prashanth, BM Venkatesh. Acute Disseminated meliodosis presenting with septic arthrithis and septic pulmonary emboli in an otherwise healthy adult : a case report. Indian Journal of Research September 2017;6(9)92-93.

Faculty	CME/Workshop	Date	Place	Resource person/ Chairperson
Dr.Venkatesha BM Dr.Peter Geroge Dr.Akshastha Rao	KAPICON 2017	19.5.2017 – 21.5.2017	Bengaluru	Delegate
Dr.Roshan M.	API DIAS	06.08.2017	Mangaluru	Resource Person
Dr.Peter George	2 <sup>ND</sup> ACP India Chapter Congress-Medicine 2017	12.8.2017 & 13.8.2017	New Delhi	Delegate
Dr.Smitha Bhat	Manipal Infectious Diseases conference	22.08.2017 – 23.08.2017	Manipal	Chair person
Dr.Archana Bhat Dr.Srilakshmi Prabhu Dr.Kavina Fernandes	Manipal Infectious Diseases conference	22.08.2017 – 23.08.2017	Manipal	Delegate
Dr.Peter George	45 <sup>th</sup> Annual conference of Research society for study of Diabetes in India	3.11.2017 to 5.11.2017	Bhubaneswar	Delegate
Dr.Smitha Bhat Dr.Peter George	Annual conference of API,Kerala Chapter	13.1.2018 & 14.1.2018	Kozhikode	Speaker
Dr.Smitha Bhat	CARDIABCON 2018	19.1.2018 – 21.1.2018	Varanasi	Speaker
Dr.Archana Bhat	NUTRICON 2018	19.1.2018 – 20.1.2018	KSHEMA, Mangaluru	Delegate
Dr.Smitha Bhat	MRCP Paces course	16.2.2018 – 19.2.2018	MOSC Medical College, Kochi	Resource person
Dr.Peter George, Dr.Venkatesha BM	APICON 2018	22.2.2018 – 25.2.2018	Bangaluru	Delegate
Dr.Srilakshmi M Prabhu	KNACON 2018	25.1.2018 - 27.1.2018	Hubballi	Delegate

#### Departmental Activities : Conferences attended by faculty :

Dr.Venkatesha BM	24 <sup>th</sup> Annual conference	7.3.2018 -	Varanasi	Delegate
Dr.Peter George	ISCCM & Criticare 2018	9.3.2018		-

### Faculty attended CME/workshops

Dr Venkatesha BM	Thyroid update & Womens health	28.5.2017	IMA,Mangaluru	Chair person
	meet 2017		_	
Dr Roshan M	CME on Heart failure	20.08.2017	Mangaluru	Chairperson
Dr Venkatesha BM	14 <sup>th</sup> Dr. KSS APPA National	21.9.2017 -	Bengaluru	Delegate
	symposium in Cardiology & 39 <sup>th</sup>	27.9.2017		
	Annual CME in Internal Medicine			
Dr Smitha Bhat	IX national conference on Health	09.11.2017	Jorhat, Assam	Delegate
	professions' education.			
	Workshop on Academic leadership to			
	help faculty grow academically and			
	excel			
Dr Smitha Bhat	IX national conference on health	09.11.2017	Jorhat, Assam	Delegate
	professions education			
	Pre conference Workshop on			
	facilitation skills in clinical setting			
Dr Smitha Bhat	IX national conference on Health	07.11.17 -	Jorhat, Assam	Presented paper
	professions' education.	11.11.17		
Dr Kavina Fernandes	Basic training in Fire prevention &	11.9.2017 -	Mangaluru	Delegate
	fire fighting	12.9.2017		
Dr Smitha Bhat	MRCP PACES course	28.10.2017 -	Chennai	Resource person
		31.10.2017		
Dr Akshatha Rao	Kshema Medicine Update	02.12.2017	KSHEMA	Resource person
Dr Akshatha Rao	FAQ's answered 2017	15.12.2017	AJ Hospital	Delegate
Dr Smitha Bhat	9th revised basic course workshop in	21.3.2018 -	St.Johns Medical	Observer
	Medical education tech.	23.3.2018	College, Bangalore	
Dr Smitha Bhat	Oral poster case report	12.3.2018	KMC, Mangaluru	Judge
	Students research day 2018		-	_
Dr Kavina Fernandes	World Tuberculosis day	24.3.2018	District Wenlock	Resource person
			Hospital, Mangaluru	

### **Programs/CME's conducted by the Department :**

- A **Guest lecture** was organsied on 07.04.2017 Dr Sudeep K, Endocrinologist, FMMC gave a talk on 'Diabetic gastroparesis'
- A **Guest lecture** was organised on 10.04.2017. Dr Ajoy L.Dias, Haemato–Oncologist, Kansas School of Medicine, USA delivered a talk on 'AML Past, Present & Future'
- A **Guest lecture** was organised on 13.05.2017. Dr Prashanth Kumar K, Nephrologist delivered a talk on 'Nutrition in Chronic kidney disease'.
- A **Guest lecture** was organised on 17.06.2017. Dr.Vishnu N Hayagreev, Professor of Medicine, Dr.B R Ambedkar Medical College, Bangalore & delivered a talk on clinical examination skill demonstration.
- World Diabetes Day was celebrated in Father Muller Medical College by the Department of Medicine on 14<sup>th</sup> November 2017.
- A half day **CME** on '**Respiratory Medicine**' was conducted by the Department of General Medicine on 25<sup>th</sup> January 2018 in FMMC. A total of 104 delegates took part in the CME which included post graduates from outside colleges.

**Patient Out-reach Camps :** The department is extending clinical services to the Urban and Rural health centers, charitable homes & other centers'.

Total health camps : 36 Patients benefitted : 2563

Outreach camps to Jeppu, Prashanth Nivas, Jeppu, Kokkada, Bajjodi, Cheshire Home, Missionaries of Charity. Total 290 patients per month benefitted.

14.09. DEPARTMENT OF GENERAL SURGERY (corre

### Faculty:

Dr Leo Francis Taro	-	Professor & HOD
Dr Erel A.I. Diaz	-	Professor
Dr John Joseph S. Martis	-	Professor
Dr Clement R.S. D'Souza	-	Professor
Dr Shubha N. Rao	-	Professor
Dr Rakesh Rai A.	-	Professor
Dr Rajeshwara K.V.	-	Associate Professor
Dr Prathvi Shetty	-	Associate Professor
Dr Reshmina C.C. D'Souza	-	Associate Professor
Dr Caren D'Souza	-	Associate Professor
Dr Vinoda Kumar B.	-	Assistant Professor
Dr Sheldon George Mathias	-	Assistant Professor
Dr Elroy Saldanha	-	Assistant Professor
Dr Achsah Jesintha Dhas	-	Assistant Professor
Dr Ramprakash Arun K.	-	Senior Resident
Dr Jnaneshwari Jayaram	-	Senior Resident
Dr Prashanth Philip Das	-	Senior Resident
Dr Chirag Pereira	-	Senior Resident
Dr Jean Anto	-	Senior Resident
Dr Shankar Gururaj	-	Senior Resident
Dr Mekha Ann Andrews	-	Senior Resident

### PLASTIC SURGERY

Dr Aravind L. Rao	-	Associate Professor
Dr Ashish S.	-	Assistant Professor

### PAEDIATRIC SURGERY

Dr Kishan B. Shetty	-	Professor
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### NEUROSURGERY

Dr Madhukar T. Nayak	-	Professor
Dr Geover Joslen Lobo	-	Assistant Professor

### **Faculty Attended Conferences :**

### **Dr Leo Francis Tauro**

- 1. Attended Oral Cancer Update 2018 at Yenepoya Medical College, Deralakatte on 12<sup>h</sup> March 2018.
- 2. Attended and Chaired a scientific session at the State conference KSC-ASICON 2018 from 2nd to 4th February 2018 at Hassan.
- 3. Attended the 77th Annual National Conference ASICON 2017 at Jaipur from 27th to 30th December 2017.
- 4. Attended Annual National Conference of Association of Surgeons of India, ASICON 2017 at Jaipur from 26<sup>th</sup> to 30<sup>th</sup> December 2017.
- 5. Panelist for Panel discussion on Ventral Hernias during Hernia Essentials Course organized by Kasturba Medical College, Mangaluru on 9<sup>th</sup> December 2017 at Hotel Gateway.
- 6. Attended Hernia Essentials Course organized by Kasturba Medical College, Mangaluru on 9<sup>th</sup> December 2017 at Hotel Gateway, Mangalore.
- 7. Attended Board Meeting of Department of Surgery, Yenepoya University on 9<sup>th</sup> September 2017.
- 8. Attended in Colo-rectal surgery update held on 23<sup>rd</sup> September 2017 at KMC, Manipal.
- Attended Midterm South Zone CME conducted by Indian Association of Surgical Gastroenterology (IASG) at Kasturba Medical College, Manipal on 21<sup>st</sup> & 22<sup>nd</sup> April 2018.

### Dr Erel A.I. Diaz

- 1. Attemded and was the Panelist for Panel discussion on Inguinal Hernias during Hernia Essentials Course organized by Kasturba Medical College, Mangaluru on 9<sup>th</sup> December 2017 at Hotel Gateway, Mangalore.
- 2. Attended Master Class on Robotic Surgery at Yenepoya Medical College, Mangaluru on 25<sup>th</sup> March 2017.
- 3. Attended CME and Liver Operative workshop "Learning the art of Robotic Surgery" at Yenepoya Medical College Mangaluru on 26<sup>th</sup> March 2017.
- Attended Dr. Venkat Rao Memorial PG Quiz and CSE 2017 on Breast Cancer Update (2 days program) on 24<sup>th</sup> & 25<sup>th</sup> February 2017.

- 5. Attended CME programme on "ABC of Breast Health What Every Postgraduate and practicing Surgeons should know" conducted by ABSI and ASI SK Branch on January 29<sup>th</sup> 2017 at IMA Auditorium.
- Delivered a Guest Lecture on Liver resection during CME on Surgical management of Hepatobiliary diseases on January 21<sup>st</sup> 2017 organized by Department of General Surgery, Kodagu Institute of Medical Sciences, Madikeri.
- 7. Attended 14<sup>th</sup> Annual Conference of Indian Chapter of International Hepato-Pancreato-Biliary Association, Bangalore from 27<sup>th</sup> to 29<sup>th</sup> January 2017.
- 8. Attended as Faculty Member to MAASC Phase II, Program by Meril Endosurgery on 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> September 2017.
- Attended Midterm South Zone CME conducted by Indian Association of Surgical Gastroenterology (IASG) at Kasturba Medical College, Manipal on 21<sup>st</sup> & 22<sup>nd</sup> April 2018.

### Dr John Joseph S. Martis

- 1. Attended AMASICON 2017 at Kochi organized by Association of Minimal Access Surgeons of India from 26<sup>th</sup> to 29<sup>th</sup> October 2017.
- 2. Attended Hernia Essentials Course organized by Kasturba Medical College, Mangaluru on 9<sup>th</sup> December 2017 at Hotel Gateway, Mangalore.
- 3. Attended CME on "An Update on Health Care 2017" held on 15.10.2017 at Dr. A.V. Rao Memorial Hall, IMA House, Attavara Road, Mangaluru.
- 4. Attended "Colorectal Surgery Update" held on 23<sup>rd</sup> September 2017 organized by Kasturba Medical College, Mangaluru.
- 5. Attended CME on "Women's Health care and Thyroid 2017" an update on 29.05.2017 organized by Indian Medical Association, Mangalore.
- 6. Attended Midterm South Zone CME conducted by Indian Association of Surgical Gastroenterology (IASG) at Kasturba Medical College, Manipal on 21<sup>st</sup> & 22<sup>nd</sup> April 2018.

# Dr Rakesh Rai

- 1. Attended annual state conference KSC-ASICON-2018 organized by Karnataka State chapter of Association of Surgeons of India at Hassan Institute of Medical College, Hassan from 2<sup>nd</sup> to 4<sup>th</sup> February 2018.
- 2. Attended Faculty for Stapler Hemorrhoidectomy workshop and performed live Surgery in K.R. Hospital, Mysore as a Procter to train Surgeons in Minimally Invasive Haemorrhoid Surgery on 5<sup>th</sup> and 6<sup>th</sup> October 2017.
- 3. Attended Laparoscopic Colorectal Surgery workshop at Aster Medicity with Dr. A. Prakash from 29<sup>th</sup> June to 1<sup>st</sup> July 2017 at Cochin.

### Dr Caren D'Souza

- 1. Attended Hernia Essentials Course organized by Kasturba Medical College, Mangaluru on 9<sup>th</sup> December 2017 at Hotel Gateway, Mangalore.
- 2. Attended workshop on Research Methodology conducted by RGUHS at Bangalore on 21<sup>st</sup> March 2017.

# Dr Prathvi Shetty

- 1. Attended Disaster Management- 2018 at A.J. Institute of Health Sciences, Kuntikan on 10<sup>h</sup> March 2018.
- 2. Attended 9<sup>th</sup> National Conference on Health Professions Education was held at Jorhat, Assam from 7<sup>th</sup> to 11<sup>th</sup> November 2017 and presented an E-poster.
- 3. Attended Hernia Essentials Course organized by Kasturba Medical College, Mangaluru on 9<sup>th</sup> December 2017 at Hotel Gateway, Mangalore.
- 4. Invited as a Resource Person and has delivered a Guest Lecture / conducted a workshop / Interactive session titled clinical ethics held on 29.07.2017 organized by Manipal University students' Research Forum, KMC, Mangaluru.

# Dr Vinod Kumar

- 1. Attended CME programme on "ABC of Breast Health What Every Postgraduate and practicing Surgeons should know" conducted by ABSI and ASI SK Branch on 29<sup>th</sup> January 2017 at IMA Auditorium.
- Attended Midterm South Zone CME conducted by Indian Association of Surgical Gastroenterology (IASG) at Kasturba Medical College, Manipal on 21<sup>st</sup> & 22<sup>nd</sup> April 2018.

### Dr Sheldon Mathias

- Attended Safe Laparoscopic Cholecystectomy Course was organized by KSHEMA on 17th March 2018 at Deralakatte on 17<sup>h</sup> March 2018.
- 2. Attended Hernia Essentials Course organized by Kasturba Medical College, Mangaluru on 9<sup>th</sup> December 2017 at Hotel Gateway, Mangaluru.

# Dr Elroy Saldanha

- 1. Attended Hernia Essentials Course organized by Kasturba Medical College, Mangalore on 9<sup>th</sup> December 2017 at Hotel Gateway, Mangalore.
- Attended Basic Laparoscopic Surgery and Stapler Training organized by Ethicon at EISE, Mumbai on 27<sup>th</sup> & 28<sup>th</sup> June 2017.
- 3. Attended Master Class on Robotic Surgery at Yenepoya Medical College, Mangalore on 25<sup>th</sup> March 2017.
- 4. Attended CME and Liver Operative workshop "Learning the art of Robotic Surgery" at Yenepoya Medical College Mangalore on 26<sup>th</sup> March 2017.

Dr Ramprakash Arun K. attended Basic Laparoscopic Surgery and Stapler Training organized by Ethicon at EISE, Mumbai on 27<sup>th</sup> & 28<sup>th</sup> June 2017.

1.

**Dr Prashanth Philip Dhas** attended the State conference KSCO-ASICON 2018 from 2nd to 4th February 2018 at Hassan.

### CME & Wokshop conducted by the Department :

- 1. The Department conducted **Guest Lecture** on **28<sup>th</sup> January 2017**. **Dr Suhith G., Consultant Pediatric Surgeon** and Assistant Professor, Kanachur Medical College (our Alumni) delivered a Lecture on "Anorectal Malformations in Children". Dr. Kishan B. Shetty, Professor, Dept. of Pediatric Surgery had moderated the session.
- The Department conducted Guest Lecture on 31<sup>st</sup> March 2017. Dr Eugene Rent, Consultant Onco-Surgeon and Assistant Professor, A.J. Institue of Medical Sciences, (who is our own Alumni) delivered a Lecture on "Management of Colorectal Cancer". Dr. Erel A.I. Diaz, Professor, Dept. of General Surgery and Dr. Gopinathan, Assistant Professor, Dept. of Onco Surgery had moderated the session.
- 3. The Department conducted Guest Lecture on 23<sup>rd</sup> September 2017. Dr Sunil Furtado, Consultant Neurosurgeon, M.S. Ramaiah Medical College, Bengaluru delivered a Lecture on "Subarachnoid Hemorrhage & Brain Vascular Bypass Management for Cerebral Ischaemia". Dr Madhukar Nayak, Professor & Consultant Neurosurgeon and Dr Raghavendra B.S., Consultant Neurologist moderated the session.
- 4. The Department conducted Guest Lecture on 26<sup>th</sup> August 2017 Dr Arul Furtado, Consultant Cardio Thoracic Surgeon, Apollo Hospital, Bengaluru delivered a Lecture on "Cardiac Surgery Current Scenario and beyond". Dr. Erel A.I. Diaz, Professor & Unit Head, Dept. of Surgery and Dr. Pradeep Pereira, Intervention Cardiologist moderated the session.
- The Department in association with the Department of Orthopedics, and Anaesthesiology conducted Guest Lecture on 30<sup>th</sup> June 2017. Dr Jeedhu Radhakrishnan, Consultant Emergency Medicine, KMC, Mangaluru delivered a Lecture on "Approach to Trauma Victim in the Emergency Room".
- 6. The Department conducted Elocution Competition for MBBS / Interns on 11<sup>th</sup> August 2017. 20 participants spoke on "Class room teaching in Clinical Medicine essential or obsolete?". Dr Leo Francis Tauro, Dr. Erel A.I. Diaz & Dr. John Martis, Professor were the judges. First Prize won by Ms. Irene and Mr. Akshay, second prize won by Mr. Simon and Ms. Krista and consolation prize won by Ms. Shruthi.
- 7. The Department conducted Guest Lecture on 27<sup>th</sup> July 2017. Dr Shivprasad, Gastroenterologist, A.J. Institute of Medical Sciences, Kuntikan, Derebail delivered a Lecture on "Recent Advances in Gasteroenterology". Dr. Clement R.S. D'Souza, Professor & Unit Head, Dept of Surgery and Dr. Ganesh M.K., Asst. Professor & Unit Head, Dept. of Surgical Gastroenterology have moderated the session.
- The Department in association with Abott Nutrition, conducted CME on 28<sup>th</sup> July 2017. Dr Leo Francis Tauro, Professor & HOD, Dept. of Surgery delivered a lecture on "Advanced Nutrition for Surgical Patients". Staff from the Department of Surgery, Pediatric Surgery, Plastic Surgery, Surgical Gastroenterology, Oncosurgery, Neurosurgery and Urology were present. 35 delegates attended the guest lecture.G50
- 9. The Department conducted "Venkat Rao Memorial PG Quiz 2018" for postgraduate students on 24.02.2018. Students from six Medical Colleges in and around Mangalore consisting of 33 teams have participated in the quiz.
- Continuing Surgical Education (CSE) 2018, Alumni meet & Silver Jubilee celebration of Postgraduate Course in General Surgery. The department of General Surgery celebrated 25 years of post graduate teaching and alumni meet on 25<sup>th</sup> February 2018.
- 11. The Department of General Surgery and Obstetrics and Gynecology (OBG) in association with Ethicon, Johnson & Johnson Company, conducted Workshop on "Laparoscopic suturing and stapling technieques on 25<sup>th</sup> March 2018. Dr (Capt.) L. Ramachandra, Professor & HOD of Surgery, KMC, Manipal was the resource person.

Camps organized by the Department :

- 1. **Hemorrhoids camp** from  $15^{th}$  to  $20^{th}$  May 2017.
- 2. Thyroid Screening camp from  $1^{st}$  to  $31^{st}$  August 2017.
- 3. Varicose Vein camp from 1<sup>st</sup> to 30<sup>th</sup> September 2017.
- 4. **Diseases of Breast & Breast Cancer Awareness camp** from 1<sup>st</sup> to 31<sup>st</sup> October 2017.
- 5. **Diabetic Foot Problems** from  $1^{st}$  to  $30^{th}$  November 2017.
- 6. **Hernia Camp** from 1<sup>st</sup> to 31<sup>st</sup> January 2018.
- 7. **Diseases of Breast Camp** from 1<sup>st</sup> to 28<sup>th</sup> February 2018.
- 8. Thyroid and Breast Diseases Camp from 1<sup>st</sup> to 31<sup>st</sup> March 2018.
- 9. **Diseases of liver, Gall Bladder, Pancreas** from 1<sup>st</sup> to 31<sup>st</sup> April 2018.

# Publications

# **International Journals :**

- 1. Can we rely on imaging alone in breast lesions. Paripex Indian Journal of Research 2016;5(2):14-15. Authors : **Dr Leo F. Tauro.**
- Lap and Open Hernioplasty Comparison Study. Paripex Indian Journal of Research, Vol.5, issue 4, April 2016, page No.19-20. Authors : Dr Vinod Kumar B, Dr Sheldon Mathias, Dr Manoj H.P. Junior, Dr John Joseph S. Martis.
- 3. Is Surgery indicated in renal trauma?, International Journal of Recent Trends in Science And Technology, Vol. 20, issue 2, 2016. Authors : D. Ranadeep Reddy, Sivasai Bharadwaja, Leo F. Tauro, Manjunath Shetty.
- 4. A randomized controlled trial comparing low cost vacuum assisted dressings and conventional dressing methods in the management of diabetic foot ulcers. Original article, International Surgery Journal, Dec.2017, Vol.4, issue 12, page 38-58. Authors : Dr Caren D'Souza, Rouchelle, Chirag Pereira, Erel Diaz, Shubha Rao.
- 5. A Cross sectional study on the musculoskeletal problems related to neck among the bus drivers in a smart city. Original Research Article, Medplus International Journal of Surgery. Authors : Dr. Shivakumar, Dr. Reshmina C.C. D'Souza, Dr. Praveen Kumar K.
- 6. The Nerve of Gall-curci, the neglected nerve during thyroid surgery. Original Research Article, Medplus International Journal of Surgery. Authors : Dr Sahanashree, Dr Reshmina C.C. D'Souza, Dr Rajeshwara K., Dr Shubha Rao.
- 7. "A Comparative study of laparoscopic with open incisional hernia repair". Original article, Medplus International Journal of Surgery, vol.3, issue3, Sept.2017. Authors : Dr A Sai Kiran Reddy, Rakesh Rai A., Leo Francis.

# National Journals :

- Early postoperative complications of thyroid surgery and their management. Journal of Evolution of Medical and Dental Sciences (JEMDS), Vol.5, Issue 87 / Oct. 31 2016. Authors : Dr Vinod Kumar B., Dr Sheldon Mathias, Dr John Joseph S. Martis.
- Evaluation of the Antimicrobial effect of carboxymethyl cellulose versus silver with saline dressing in diabetic ulcers. IJSS Journal of Surgery, Nov.Dec.2016, Vol.2, issue 6. Authors : Dr Sheldon Mathias, Reshmina C.C. D'Souza, Vinod kumar, John Joseph S. Martis, Erel A.I. Diaz.
- 3. Evaluation of the complications of Laparoscopic Inguinal Hernioplasty. IJSS Journal of Surgery, Nov.Dec.2016, Vol.2, issue 6. Authors : Dr Achsah Dhas, Reshmina C.C. D'Souza, Rhea Pinto, Akshay Metgud.
- Demographic characteristics in relation Gastroesophageal reflux disease : A cross sectional study. IJSS Journal of Surgery, Nov.Dec.2016, Vol.2, issue 6. Authors : Dr Akshay Metgud, Reshmina C.C. D'Souza, Achsah Dhas, Rhea Pinto.
- 5. Lap and Open Hernioplasty Comparison Study, Indian Journal of Research, April 2016, Vol.5, issue 4. Authors : Dr Vinod Kumar, Dr Sheldon Mathias, Dr Manoj Kumar, Dr John Joseph S. Martis.
- 6. "Role of baseline glycosylated haemoglobin in healing of diabetic ulcers" Indian Journal of Applied Research, vol.7, issue10, October 2017. Authors : **Dr George Talitat, Dr Erel A.I. Diaz.**
- "A cross sectional study on the musculoskeletal problems related to neck among the bus drivers in a smart city" Original article –Indian Journal of Anatomy & Surgery of Head, Neck & Brain, July-Sept.2017, 3 (3) 78-80. Authors : Dr Shivakumar, Reshmina C.C. D'Souza, Praveen Kumar K.
- 8. Primary Leiomyosarcoma of Breast, Perspective in Medical Research, Sept.-Dec.2017, vol.5, issue3. Case report Authors : Dr Caren D'Souza, Shubha Rao, Erel Diaz, Supreeth, Gneshwari, Manohar Martis.

# 14.10. DEPARTMENT OF HOSPITAL ADMINISTRATION (corr

# Faculty :

Dr J.P. Alva	-	Professor & Dean
Dr B. Sanjeev Rai	-	Professor
Mrs Sweta D'Cunha	-	Professor / Course Coordinator
Dr Namratha S.	-	Professor
Rev. Fr Rudolph Ravi D'Sa	-	Assistant Professor
Mrs Sonia E. D'Souza	-	Assistant Professor
Ms Roopa Priyanka D'Souza	-	Lecturer
Ms Suraksha	-	Lecturer
Mrs Sucharitha Suresh	-	Statistics (Part time)
Mr Ravi Shetty	-	Finance & Accounts (Part time)
Mrs Prathiba Nambiar	-	Economics (Part time)
Mr. Nikesh Shetty	-	Legal Issues (Part time)
Mrs Ahalya	-	Hospital Information System (Part time)
Mr Sidney Rebello	-	Medical Terminology (Part time)

### Staff Achievements : Research and Publications : Dr Sucharitha Suresh

- SEM approach to explore Work Life Balance: A study among nurses of Multispecialty Hospitals. SJOM. 2017: 1(1): 1-17
- Study on challenges of handling newly implemented hospital information system, job Satisfaction and work life balance among administrative employees of multispecialty Hospital. International journal of research in computer application & management. Volume no.7(2017), issue no.5 (May).
- Lipid peroxidation, copper and vitamin C in lens and serum of people with diabetes and senile cataracts : A comparative evaluation. IJAR. 2017;3(9):294-7.
- Structural equation modeling to predict patient perception of services cape and its relation to customer satisfaction and behavioral intention. Asian journal of management research. Volume 7 Issue 4, 2017.
- Comparative hematological changes in malarial infection by P. vivax and P. falciparum: Observations from the endemic region of Mangalore, India. IJAR. 2017;3(6):179-83.
- Quality of Life in People with Diabetic Retinopathy: Indian Study. Journal of clinical and diagnostic research: JCDR. 2017 Apr;11(4):NC01.
- A Cross Sectional Study on the Prevalence of Elder Abuse in the Rural Field Pracrtice Areas of A Tertiary Care Hospital In Mangaluru. Journal of Pharmacy Practice and Community Medicine. 2016. 2017;3(2).

# Dr Sweta D'Cunha

• Structural equation modeling to predict patient perception of services cape and its relation to customer satisfaction and behavioral intention. Asian journal of management research. Volume 7 Issue 4, 2017.

# Dr Namratha S.

• Corporate governance – growth and its importance for effective business. Journal : Transplantation through strategic & Technological interventions. I SBN-10: 93-87572-21-8.

### Participation as Resource Person

### Dr Sucharitha Suresh

• Resource person in the two day workshop on "Research Methodology" held on 24<sup>th</sup> and 25<sup>th</sup> January 2018, organized by the department of Postgraduate studies in commerce, University College, Mangaluru.

### **Paper Presentation**

• Presented a paper on "Work Life Balance among Medical doctors : Reliability and Validity of Measurement Scale, in a International conference on Managing Human resources ar the workplace, organized by Sri Dharmasthala Manjunatheshwara Institue for Management Development, Mysuru on December 8-9, 2017.

# **Conferences and Seminars Attended**

### Dr Sweta D'Cunha

- "Quality : A ladder for Success" on 16<sup>th</sup> Sept 2017, orgainsd by KMC Hospital Attavar at TMA Pai Convention Centre
- "CME Affordable Healthcare " on Nov 18<sup>th</sup> 2017, Dept of Hospital Administration, Yenepoya Medical College in association with Academy of Hospital Administration
- '6<sup>th</sup> international conference on Managing Human Resource at Workplace" on December 8-9, 2017 organised by SDM institute for Management, Mysuru

• Paper - "Effect of Motivation on Job Performance – A Perception Among Nurses in a Teaching Hospital"

**Dr Sucharitha Suresh :** Attended a Work shop on "Medico Legal Aspects in Healthcare" organized by Department of Hospital administration and Academy of Hospital Administration Mangalore- Manipal chapter on 22<sup>nd</sup> July 2017.

# Mrs Sonia E. D'Souza

- Participated in International Colloquium on "Patient advocacy: Role of the nurse in Ensuring Ethically Sensitive Practice" at Yenepoya Nursing College, Mangaluru on 14<sup>th</sup> November 2017.
- Participated in AHPI Global Conclave 2018. Is Quality HealthCare Sustainable? "Issues, concerns & Solutions" held at Hotel Le Meridien, Kochi, Kerala on 16<sup>th</sup> & 17<sup>th</sup> February 2018.

### **Departmental Activities**

- Regular Classes & Department Postings for the 2<sup>nd</sup> semester students commenced from 8<sup>th</sup> May 2017.
- **Hospital Visit** to Homeopathic Pharmaceutical Division (HPD) was organized on 3<sup>rd</sup> June 2017 for 2<sup>nd</sup> semester students.
- **Hospital Visit** to Wenlock and Lady Ghoshen was organized for the II<sup>nd</sup> & IV<sup>th</sup> Semester on 24<sup>th</sup> June 2017.
- **Guest Lecture** on "Consultancy and Supply Chain Management" by Mr. Karthik Rai was organized on 27<sup>th</sup> June 2017.
- Internship Postings Presentations for the IV<sup>th</sup> Semester was conducted on 1<sup>st</sup> July 2017.
- Guest Lecture on Patients Safety by Dr. B Sanjeev Rai, CMS, was organized on 15<sup>th</sup> July 2017.
- **Hospital visit** was organized on 29<sup>th</sup> July 2017. 1<sup>st</sup> years visited Yenepoya Medical College Hospital, Deralakatte and 2<sup>nd</sup> years visited KMC Hospital, Jyothi.
- The quarterly meeting of Academy of Hospital Administration (AHA) was held in FMMC on 22<sup>nd</sup> July 2017. A **CME** is organized on the same day on the theme "Medico- Legal Aspects" with 2 lectures and speakers include Dr. Uday Kumar and Mr. Udayananda A.
- **Guest Lectures** were organized on 12<sup>th</sup> August 2017 by Dr. Sudhir Prabhu from Department of Community Medicine on the topic "Focus Group Discussion" and Dr. K Varadaraj Shenoy of Pediatric Department on the topic "Clinical Audit Guidelines".
- **Hospital Visit** was organized on 26<sup>th</sup> August 2017.
- **Hospital Tour** was organized for 4<sup>th</sup> Semester students from 19<sup>th</sup> to 26<sup>th</sup> August 2017 to Star Care hospital Calicut, Aster MIMS Hospital Calicut, Rajagiri Hospital, Aster Medcity Hospital Kochi, Renai Medicity Hospital Kochi.
- 10 first year students during their posting hour's i.e from 1.30pm to 5.30pm went to Yenepoya Specialty Hospital Kodialbail to help them in **NABH Audit** from 21 to 30<sup>th</sup> August 2017.
- Farewell programme was held to the outgoing students on 31<sup>st</sup> August 2017.
- **Hospital Tour** presentations was held on 2<sup>nd</sup> September 2017.
- Department Posting Viva for 2<sup>nd</sup> semester students was conducted on 4<sup>th</sup> September 2017.
- Trainee Administrator presentations was organized on 6<sup>th</sup> September 2017.
- New batch of MHA students joined the college on 12<sup>th</sup> September 2017.
- MHA students had an outreach programme in Jyothinagar along with Community Medicine department on 14<sup>th</sup> September 2017.
- Model exams were conducted from 11<sup>th</sup> to 15<sup>th</sup> September 2017.
- Minor study presentation was held on 29<sup>th</sup> September 2017 for the 1<sup>st</sup> Semester students.
- Guest Lecture on First Aid and CPR was organized on 7<sup>th</sup> October 2017 at Skill Lab.
- **Guest Lecture** on Accessibility of Library E Resources through remote services by Dr. Janet Dotty Lobo and Dr. D V Muralidhar, Chief Research Officer on Research Methodology was organized on 14<sup>th</sup> October 2017.
- **Hospital Visit** to Father Muller Hospital Thumbay was organized to the 1<sup>st</sup> semester students on 21<sup>st</sup> October 2017.
- Project Topic Presentations for the 1<sup>st</sup> semester students were held on 18<sup>th</sup> November 2017. Afternoon students attended **CME** on "Affordable Healthcare" at Yenepoya Medical College, Deralakatte.
- **Hospital Visit** was organized for 1<sup>st</sup> semester students to Father Muller Homeopathy Medical College Hospital on 25<sup>th</sup> November 2017.
- 3<sup>rd</sup> Semester students attended National Conference at Tata Institute of Social Sciences, Mumbai on 25<sup>th</sup> to 26<sup>th</sup> November 2017. They also visited Reliance Foundation Hospital on 27<sup>th</sup>.
- 3<sup>rd</sup> semester students went for Postings to Govt Wenlock Hospital from 13<sup>th</sup> November to 1<sup>st</sup> December 2017.

- **Guest Lecture** on "Infection Control" by Ms. Prinita Pinto, Asst. Quality Manager, FMMCH and on "Continuous Quality Improvement" by Mr. Vishveswar Reddy Ega, Quality Head of Yenepoya Medical College Hospital Deralakatte, was organized on 9<sup>th</sup> December 2017.
- Workshop on "challenges faced by youth" by Mrs. Sandra, Asst. Professor, School of Social Work at Roshani Nilaya was organized on 16<sup>th</sup> November 2017.
- 1<sup>st</sup> semester students submitted their synopsis to Research committee for ethical clearance on 16<sup>th</sup> December 2017.
- Christmas Programme & Fresher's day was celebrated on 20<sup>th</sup> December 2017.
- **Hospital Visits** were organized for 1<sup>st</sup> semester students to Indiana Hospital and 3<sup>rd</sup> semester students to K S Hegde Hospital Deralakatte on 30<sup>th</sup> December 2017.
- Hospital Visit was organized for 1<sup>st</sup> semester students on 27<sup>th</sup> January 2018 to Mangalore Institute of Oncology.
- 1<sup>st</sup> semester students attended two days AHPI Global conclave 2018 on "Is quality Healthcare Sustainable? Issues, Concerns & Solutions" on 16<sup>th</sup> & 17<sup>th</sup> February 2018 at Kochi, kerala. Mrs. Sonia E D'Souza accompanied the students.
- **Guest Lecture** was delivered on "Interview Skills" by Dr. Namratha S on Saturday 17<sup>th</sup> February 2018 for the 3<sup>rd</sup> semester students.
- 1<sup>st</sup> semester students submitted their synopsis to the college office on 20<sup>th</sup> February 2018.
- The 3<sup>rd</sup> semester students submitted project draft to their guides on 2<sup>nd</sup> March 2018.
- Department Posting Viva was conducted on 9<sup>th</sup> & 10<sup>th</sup> March 2018.
- Model Exams were held from 15<sup>th</sup> to 20<sup>th</sup> March 2018.

### Visitors to the department

- Mr. Karthik Rai visited the department on 27<sup>th</sup> June 2017.
- Mr. Udayananda A., District Government Pleader, D.K and Special Public Prosecutor Department of Customs and Revenue intelligence Government of India on 22<sup>nd</sup> July 2017.
- Dr. Ghulam Jeelani Qadri, Principal, Yenepoya Medical College and President, A.H.A Mangalore-Manipal Chapter on 22<sup>nd</sup> July 2017.
- Mrs. Sandra, Asst. Professor, School of Social Work, Roshani Nilaya on 16<sup>th</sup> November 2017.

# Any Other

- Dr Sucharitha Suresh was awarded Ph.D from REVA University Bangalore on 02.08.2017 on the topic "Antecedents and Consequences of Work Life Balance among Doctors in Dakshina Kannada District.
- Dr Sweta D'Cunha was awarded Ph.D from REVA University Bangalore on 02.08.2017 on the topic "Evaluation of Service Quality and Its Effect on Patient Satisfaction & Behavioral Intentions: A Study of Public & Private Hospitals in Dakshina Kannada District".

# 14.11. DEPARTMENT OF MEDICAL EDUCATION UNIT (corre

- 1. Dr Maitreyee D.S. (Biochemistry)
- 2. Dr Shivashankar A.R. (Biochemistry)
- 3. Dr Anup Kumar Shetty (Microbiology)
- 4. Dr Archana Bhat (Pathology)
- 5. Dr Reshma Kini (Pathology)
- 6. Dr Princy
- 7. Dr Shaila
- 8. Dr Nagesh
- 9. Dr Smitha Bhat
- 10. Dr Joylene
- 11. Dr Sarita Paul

### Activities conducetd:

• 24.6.17: June 2017 : Tips and Tricks to Top NEET – resource persons – Dr Divya Shenoy, Dr Shweta Shanbhag

14 and 15 July : Training workshop for PG guides. Resource persons – MEU members. Audience: newly inducted thesis guides

• 12 August 2017: PG research training program - writing a thesis protocol. Resource persons – MEU members.

- 24 and 25 November : Communication and Interpersonal Skills Workshop. Resource persons: Toastmasters Mangalore.
- January 2018: Writing thesis for publication resource persons Dr Ramesh Bhat, Dr Anup Shetty. Audience: Final year PGs
- February 2018:WELCOM Workplace Exploration of Conflict Management and Leadership-Resource persons MEU members, Dr Ramesh Bhat, Dr K.S. Bhat, Dr Ajay Kamath. Audience Medical College faculty
- March 2018: interns program on professionalism. Resource persons MEU members, Dr Ajay Kamath. Audience interns 2013 batch

### Faculty accomplishments :

- Dr Nagesh, MEU member and head, Department of Forensic Medicine completed his FAIMER fellowship in June 2017.
- Dr Shailaja, Associate Professor of Anaesthesia, Dr. Anup Shetty, Associate Professor of Microbiology, Dr Sumanth, Associate Professor of Pathology, Dr Reshma Kini Associate Professor of Pathology completed Revised Basic Course in Medical Education in St John's Medical College, Bangalore.
- Dr Smitha Bhat appointed Adjunct Faculty, Medical Education Department, St Johns Medical College, Bangalore and attended Revised Basic Course Workshop, Manipal as MCI observer.

# 14.12. DEPT. OF MEDICAL LABORATORY TECHNOLOGY (correc

### Faculty

Dr Sumanth D. -Mrs Ramya Satheesh (Dept of Anatomy) -Mr Omkareshwar Patil (Dept of Pathology) -Mrs Avita Acquilla Lobo (Dept of Microbiology)-Ms Claudia Johnny (Dept of Biochemistry) -Ms Sharonraju (Dept of Microbiology) - Course coordinator Coordinator for I year B.Sc. MLT Coordinator for III year B.Sc. MLT Class coordinator for M.Sc. MLT Coordinator for II year B.Sc. MLT Coordinator for Interns

### **Department activity:**

- 1. Conducted CME "SCIENTIA 2018" 'An update on laboratory medicine' on 13.01.2018.
- 2. Fresher's day for I year AHS conducted on 23<sup>rd</sup> November 2017.
- 3. Farewell for B.Sc. MLT interns conducted on 7<sup>th</sup> July 2017.

### **Other Activities:**

- 1. **Poster presentation :** By Ms. Sharonraju, "Prevalence of Salmonella Oslo among Nontyphoidal Salmonellae Isolated From Costal Regions of Mangalore, Karnataka" at GISICON 2017, AIIMS, Bhopal.
- 2. **Conferences attended :** Ms. Sharonraju attended GISICON-2017 organized by Department of Microbiology at AIIMS, Bhopal.

# 14.13. DEPARTMENT OF MICROBIOLOGY (Corr

#### Faculty

Dr B. Rekha	-	Professor & HOD
Dr Beena Antony	-	Professor
Dr Meena Dias	-	Associate Professor
Dr Anup Kumar Shetty	-	Associate Professor
Dr Thomas S. Kuruvilla	-	Associate Professor
Mrs Hilda Pinto	-	Assistant Professor
Mrs Avita Acquilla Lobo	-	Lecturer
Ms Sharonraju	-	Lecturer

### **Staff Achievement :**

- **Dr Thomas Kuruvilla** is appointed as Infection Control Officer from 01.04.2017 and Resource person for the Nursing Induction programmed in HIC Protocols held on 23<sup>rd</sup> March 2018.
- **Dr Anup Kumar Shetty** participated as a guest speaker and presented a talk on the topic "Pre-analytical documentation of laboratory variables" in the 5<sup>th</sup> annual Continuing Medical Education program on

"Guidelines for better laboratory practices" and hands on training in "Best practices of phlebotomy technique and biomedical waste management held on 31<sup>st</sup> August 2017 at KSHEMA, Mangalore

• **Dr Beena Antony** conducted workshop on "Anaerobiosis and diagnostic protocol for the identification of anaerobes" at MAHE Institute of Dental Sciences and Hospital on 06.10.2017 and gave oral presentation on "Role of anaerobes in Orodental infections" and 4<sup>th</sup> National Hands on Workshop on Anaerobic Culture Techniques 'An Encounter with Anaerobes from 9<sup>th</sup> to 11<sup>th</sup> April 2018.

### **Research Publications :**

- Antibacterial and antibiofilm activity of tea tree oil and coconut vinegar against *gardnerella vaginalis*. Kumari Nisha1 and Beena Antony. Int Journal of applied biology and pharmaceutical technology. Volume-8, Issue-2, April-June-2017.
- Matrix-Assisted Laser Desorption/Ionization Time-of-Flight Mass Spectrometry (MALDI-TOF MS) for the proteomic based identification of *Aggregatibacter actinomycetemcomitans* isolated from orodental infections. Ramanath Karicheri, Beena Antony. . IAIM, 2017; 4(4): 8-13.
- Clinical and laboratory profile of dengue viral infections in and around mangalore, India.. Tina Damodar, Meena Dias, Reeta Mani, K A Shilpa, Ashwini Manoor, V Ravi, Jutang Tiewsoh. Indian Journal of Medical Microbiology, 2017, vol 35, issue 2, April –june 2017, 256-261
- Needle Stick Injuries among Health Care workers in a Multispecialty Hospital: A Retrospective Study . Ramakrishna Pai Jakribettu1,2\*, Ovine Loyster D'souza2,3, Valerian Sudeep Pinto2,3, Vidya Rao Surlu2,4,5, Rekha Boloor1,2 and Manjeshwar Shrinath Baliga.. Int. J. Curr. Microbiol. App. Sci (2017) 6(5): 833-837
- Aparna, Beena, Chaitra . Genotyping of MDR *Acinetobacter baumannii* to Detect the Co-existence of MBL and Carbapenemase Genes Including NDM-1 and the Sequencing of the Most Prevalent Resistance Genes.
- Bacteriological and clinical profile of community acquired pneumonia in hospitalized patients...Mr. Sharma Kallakatta K Dr. Thomas. S. Kuruvilla . INDIAN JOURNAL OF RESEARCH VOLUME-6 | ISSUE-8 | AUGUST-2017 | ISSN - 2250-1991 | IF : 5.761 | IC Value : 79.96. 91-93
- Coagulase negative staphylococci....an emerging pathogen in health care facilities. \_Mr. Jinse James, Dr. Thomas. S.Kuruvilla .. INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH. Volume-6 | Issue-9 | September-2017 | ISSN No 2277 8179 | IF : 4.176 | IC Value : 78.46. 336-337.
- Screening of methicillin-resistant Staphylococcus aureus in healthcare workers and students and its susceptibility to mupirocin in a tertiary care teaching hospital in South India.Jutang Babat Ain Tiewsoh, Meena Dias. S JLab Physicians, Sept 2017. 239-241.
- Case report A case of mycotie keratitis caused by Colletotrichum, a plant pathogen.Meena Dias.-. Anusha Dias, Sagar Chandrakar. . Ind Journal of Microbial Research 2017, 4 (3) 349-352.
- Characterization of Porphyromonas-Prevotella group Isolated from Orodental Infections and Antimicrobial Action of Herbal Extracts Dr.Beena Antony, Dr. Chinu Maria Cyriac Jinsha K, Ramanath Karicheri J Evolution Med Dent Sci 6:4230-35, 2017.
- Soil Sampling of *Burkholderia pseudomallei* in and around Mangalore, India an Explorative Study. Chandrakar S and Dias M. J Bacteriol Mycol Volume 4 Issue 2 2017.
- Antibiotic Stewardship An Overview . Edwin D, Meena D and Shemina PV. . Pediatr Neonat boil. , 2(1): 000107.
- Effect of IMRT and three-dimensional conformal radiotherapy on oral Candida colonization: A comparative study. Jasmine Shanthi Kamath, Raghavendra Kini , Anup Kumar Shetty , Vathsala Naik. Journal of Oral Research and Review | Volume 9 | Issue 2 | July-December 2017.
- Prevalence of hepatitis B virus/hepatitis C virus among human immunodeficiency virus infected patients at a tertiary care teaching hospital in Mangalore, South India. Jutang Babat Ain Tiewsoh, Rekha Boloor, Beena Antony. Annals of tropical medicine and public health. Vol 10, issue 6, Nov-Dec 2017. 1443-1447.
- Comparison between ELISA and chemiluminescence immunoassay for the detection of Hepatitis C virus antibody.Pampi Majumdar, Anup Kumar Shetty. Indian J Microbial Res 2017; 4 (4) : 353 357.
- Characterisation of yeasts isolated from various clinical samples with emphasis on risk factors and clinical outcome of cryptococcal infection in a tertiary care hospital Zevita Venisha Furtado, Meena Dias.. J Evid, based med Heath c, vol 4, issue 94, Dec 2017: 5784-5788.
- Antibiotic resistance. Dr Edwin Dias, Dr Meena Dias, Dr Deeksha N Acharya. Int Journal of health sciences and pharmacy, vol 1, no 1, 2017 : 1-4.
- Antifungal susceptibility testing of candida species isolated from blood stream infection by use of Vitek 2 system. Zevita Venisha Furtado, Meena Dias. J Evid, based med Heath c, vol 4, issue 94, Dec 2017: 5874-5877

- Comparison of Rate of Isolation and characterization of Mycobacteria by AFB Smear, LJ Medium and MGIT. U Pratibha Bhat, Rekha Boloor. Int. J. Curr.Microbiol.App.Sci. 2018;7(1): 2397-2404.
- Dr Sherin Justin, Dr Beena Antony, Chaitra C. Antibacterial potential of alcoholic and aqueous extracts of Garcinic indica (Du Petit-Thou) Choisy (Kokum) against clinical isolates of Clostridium difficile. Ind J of Applied Research. Vol 8, issue 1. Jan 2018232-235.
- Kumari Nisha, Beena Antony. Analysis of nugent and amsel criteria for the detection of female genital tract infections in a tertiary care hospital, coastal karnataka.
- J. Evolution Med. Dent. Sci./eissn- 2278-4802, pissn- 2278-4748/ vol.7/ issue 06/ feb. 05, 2018.

### **Departmental Activities:**

• National Hands on workshop on Anaerobes titled "An encounter with Anaerobes' from 9<sup>th</sup> to 11<sup>th</sup> April 2018.

### Workshop/CME/ Conferences attended :

### Dr Beena Antony

- Attended National anaerobic conference "Exploring the less explored" on 9<sup>th</sup> September 2017 at KMC, Manipal.
- Conducted workshop on : "Anaerobiosis and diagnostic protocol for the identification of anaerobes" at MAHE Institute of Dental Sciences and Hospital on 06.10.2017 and given oral presentation on "Role of anaerobes in Orodental infections".
- Resource person for Pre conference workshop on "Molecular diagnosis of protozoan parasites and diagnosis work up for anaerobes in gastrointestinal infections from 26<sup>th</sup> to 28<sup>th</sup> October 2017 at Bhopal.

# Dr Anup Kumar Shetty

- Attended the CME on "Central Nervous system Infection : An update" on 13<sup>th</sup> April 2017 at A.J. Institute of Medical Sciences & Research Centre, Mangaluru.
- Participated as a guest speaker and presented a talk on the topic "Pre-analytical documentation of laboratory variables: in the 5<sup>th</sup> annual continuing medical education program on " guidelines for better laboratory practices" and hands on training in "Best practices of phlebotomy technique and biomedical waste management held on 31<sup>st</sup> August 2017 at KSHEMA, Mangalore
- Resource person in the short talk entitled "Empiric antibiotics for Mangalore : Organism and antibiotic sensitivity pattern for sputum, urine blood and swab specimen" during the CME program held at Hotel Goldfinch, Mangaluru on 15<sup>th</sup> December 2017.

### Dr Thomas Kuruvilla

- Attended the CME on "Central Nervous system Infection : An update" on 13<sup>th</sup> April 2017 at A.J. Institute of Medical Sciences & Research Centre, Mangaluru.
- Attended 2<sup>nd</sup> certificate course on hospital infection control and antimicrobial stewardship from 3<sup>rd</sup> to 7<sup>th</sup> July 2017 at CMC, Vellore.
- Attended the CME "All India CSSD Summit 2017"– Update and share your knowledge on sterilization process and infection control to be conducted on 23<sup>rd</sup> & 24<sup>th</sup> September 2017 at Bangalore.

### **Ongoing Projects :**

- 1. Speciation of coagulase negative staphylococcus and its antibiogram Jinse James (M.Sc.MLT Microbiology) Guide – Dr Thomas Kuruvilla
- 2. Study of incidence of Acinetobacter infections from in a tertiary care hospital and their antibiotic susceptibility- Miss.Mehakal Rao MBBS student Guide- Dr Anup Kumar Shetty
- 3. Isolation of methicilin resistant staphylococcus aureus from skin lesions and its susceptibility to mupirocin Ms Aishwarya Satheesh, MSc MLT. Guide Mrs Hilda Pinto
- 4. Comparative study of different staining methods: Ziehl (Zn), Gabbets and fluroscent stain for detecting acid fast bacilli in sputum samples (Ms Sharon Priya P.J. MSc MLT. Guide Dr Thomas Kuruvilla
- 5. A study of the anaerobic bacteria in acne and in vitro antibiotic susceptibility patterns of oral and topical antibiotics in treatment of acne. Funded by IADVL GALDERMA –SUNPHARMA grant 2015. Dr Rochelle Monteiro, Assistant professor in dermatology and co-investigator Dr Beena Antony
- 6. "Analysis of Biofilm Production and Antibiofilm Activity in Anaerobic Microbial Community of Human Body" – Prinicpal Investigator – Dr Beena Antony
- 7. Detection of biofilm formation of anaerobes and antibiofilm activity with herbal extracts Anju C.K. Guide Dr Beena Antony

- 8. Characterisation of S. mutans from orodental infections and its antimicrobial activity with herbal extracts Anjusha K. Guide Dr Beena Antony.
- 9. Evaluation of antibacterial efficacy of 5.25% sodium hypochlorite, microcyn superoxidized solution and arimedadi ayurvedic preparation as endodontic irregance against p.gingivalis in endodontic and periodontic lesions. Dr Dhrisya, PG of Endodontics, KVG Sullia.
- 10. Evaluation of antibacterial activity of vitex negundo against endodontic pathogen. Dr Priyanka, PG of Endodontics, KVG Sullia.
- 11. Effect of radiation on bacteria in head and neck malignancy Dr Pavan Reddy, PG in Radio Diagnosis.
- 12. A profile of enteric pathogens encountered in Father Muller Medical College Sharon I MSc MLT, FMMC.
- 13. Bacteriology of Chronic superlative otitis media with an emphasis of anaerobes- Salim, I MSc MLT, FMMC.
- Study on the isolation and antifungal susceptibility testing of dermatophytes from clinical specimens. Funded by IADVL GALDERMA –SUNPHARMA grant 2015. Dr Jyothi Jayaraman, Senior Resident, Dermatology and co-investigator – Dr Meena Dias
- 15. "Nasal carriage of staphylococcus aureus in patients with pyoderma. Dr Mohd Shemnadh Nissar. Dermatology PG. co-investigator Dr Thomas Kuruvilla.
- 16. Characterization of Malassezai species isolated from Dermatological lesions in Teritary care centre in Mangalore, Name of the candidate: Dr Rose Meroline D'Souza, Guide : Dr Meena Dias, MBBS, MD.
- 17. A Comparative study of culture & Microscopy in the diagnosis of Bacterial vaginitis with an emphasis on gardnerella Vaginalis., Name of the candidate: Mr. Naresh Pokhrel, Guide : Dr Rekha Boloor.
- 18. Study of utility of dark ground microscopy of urine and serum IgM Antibodies in the diagnosis of leptospira infection and their association with Biochemical and Hematological findings. Name of the candidate: Ms. Mithuna Madhav A. Guide : Mrs Hilda Pinto.
- 19. Evaluation of Microbial contamination using various air sampling techniques in operation theatres. Name of the candidate: Ms. Vijitha Alva K. Guide: Dr Thomas Kuruvilla.

### Student Registered for Ph.D. (COMPLETED) Guide - Dr Beena Antony.

- 1. Antimicrobial action of Herbal Products on Nosocomial, Multidrug resistant Carbapenemase and metallo lactamase producing Acimetobacter species and their molecular characterization. (Aparna Shivaprasd -5 yrs 2010).
- 2. Microbiological characterization of Aggregatibacter actiomycetemcemitans from orodental infection in the suburbs of Mangalore with special reference to antimicrobial action and molecular analysis. (Ms Ramanath Karicheri 5 yrs- 2010).
- 3. A Study of C.difficile with an emphasis on Epidemiology, Toxin detection, Molecular Analysis and the Action of Phytochemicals of herbal origin, from Mangalore Karnataka, S.India Sherin Justin -3 yrs 2011).

### Student Registered for Ph.D. (ONGOING).

- 1. "A study of virulence factors & Molecular analysis to distinguish between pathogenic and commensal status of *Gardnerella vaginalis* isolated from female genital tract infections. (Kumari Nisha) (PhD), guide Dr Beena Antony.
- 2. A study of virulence markers, recent trends in antimicrobial susceptibility pattern of analysis of resistance genes of clinical isolates of bacterioides fragilis group Zomuanpuii Colney(PhD), guide Dr Beena Antony.

# 14.14. DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY (correc

### Faculty

Dr. Nagarathna G.	-	Professor & HOD
Dr. Prema D'Cunha	-	Professor
Dr. Sujaya V. Rao	-	Professor
Dr. Deepa Kanagal	-	Professor
Dr. Jameela C.	-	Associate Professor
Dr. Mahesha Navada	-	Associate Professor
Dr. Vidyashri Kamath	-	Assistant Professor
Dr. Joylene D'Almeida	-	Assistant Professor
Dr. Shannon Fernandes	-	Assistant Professor
Dr. Sowmya Mariappa	-	Assistant Professor
Dr. Prathima Prabhu	-	Assistant Professor
Dr. Prajna Kumari	-	Senior Resident

Dr. Alveera D'Souza -	Senior Resident
Dr. Padmavathi Ravipati-	Senior Resident
Dr. Chethana B	Senior Resident
Dr. Joycee Vas -	Senior Resident

### Staff Achievements :

### Dr. Nagarathna G.

- Participated as faculty in the CME program on 'Colposcopy' on 28<sup>th</sup> October 2017 at AJIMS, Mangaluru.
- Was UG examiner at KMC, Mangaluru held in the month of January 2018.
- Participated in the Research Methodology workshop conducted by Rajiv Gandhi University of Health Sciences, Karnataka on 23.03.2018.

### **Publications:**

- Adnexal mass in adolescents and their management by Don Isaac, G. Nagarathna, published in Journal of Dental and medical sciences (IOSR-JDMS), volume 16, issue 3, (march 2017).
- Comparative study of psychological perception of birth in induced and spontaneous labor by Janaki Menon CM, Nagarathna Gopala published n International Medical Journal volume 4, Issue, 3, March 2017.
- Maternal near miss: Addressing the issues in a tertiary care centre by Dr Jyotsna C, Dr G Nagarathna published in International journal of scientific research , Volume VI, Issue X, October 2017.
- Abstract : Study of Menopausal symptoms and treatment seeking behaviour of postmenopausal women attending menopause clinic at a tertiary health centre by Jasmine Sarah Abhrahma, Nagarathna G published in Indian Journal of Obstetrics and Gynecology/Volume 5, Number 2 (supplement)/July-September 2017.
- Offspring birth weight and maternal fasting lipids in women screened for gestational diabetes mellitus, 2<sup>nd</sup> issue, 5<sup>th</sup> volume, March 2018 published in Journal of Medico Research Chronicles. Impact factor 4.24, quality factor 0.80, ICV 2016: 77.08, Indexed in Copernicus.

### Dr Prema D'Cunha :

- Was Chief Guest at Yenepoya Nursing College for the regional workshop on 04.05.2017 and also presented a paper.
- Attended as a Chairperson CME on 'Infertility in everyday practice' at KSHEMA on 06.05.2017.
- Attended a 6 day hands on workshop laparoscopy radical hysterectomy at Pune 19<sup>th</sup> to 24<sup>th</sup> June 2017.
- Attended as chair person for the CME on "Womens health care and thyroid -2017 an update" on 28.05.2017 at Dr A.V. Rao Memorial Hall, IMA house, Mangaluru.
- Attended the workshop hands on training program for laparoscopic radical hysterectomy/total laparoscopic hysterectomy at Galaxy care Hospital, Pune, from 19<sup>th to</sup> 24<sup>th</sup> June 2017.
- Participated as a faculty during the Manipal Obstetrics and Gynecology Resident Conference on 29<sup>th</sup> July 2017.
- Given a health talk at St. Aloysius College, Mangaluru on 14<sup>th</sup> September 2017.
- Attended as resource person and presented a talk on "Challenges in teaching sex education in schools" at the 1<sup>st</sup> National training faculty quality assurance camp' at Hotel Ocean Pearl, Mangalore on 20<sup>th</sup> November 2017.
- Participated as delegate at KSOGA 2017 on 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> November 2017 conducted at Shimoga Institute of Medical Sciences, Shimoga.
- Attended as a delegate and faculty in the Pre-congress workshop in the 61<sup>st</sup> AICOG held at Bhubaneswar, Odisha from 17<sup>th</sup> to 21<sup>st</sup> January 2018.
- Conducted a free medical symposium in 'Our Lady of Vailankanni Church', Farla, Bantwal on 04.02.2018.
- Attended as faculty in the CME entitled "Recurrent pregnancy loss and infertility New perspectives 2018" on , 17<sup>th</sup> February 2018 at K.S. Medical Academy.
- Was a member of the accredited training faculty at the '3T-IBHSc training course for health science faculty' at Adesh University, Bathinda from 5<sup>th</sup> to 7<sup>th</sup> March 2018.
- Attended the workshop "Hands on training program for Laparoscopic radical hysterectomy/total laparoscopic hysterectomy" at Galaxy Care Multispeciality Hospital, Pune from 19<sup>th</sup> to 22<sup>nd</sup> March 2018 as a faculty/delegate.

### **Publications :**

- A case control study of fasting insulin levels in normal pregnancy and pre-eclampsia patients by Sowmya Mariyappa, Prema D'Cunha published in Journal of recent trends in Science and technology, March 2017;22(2): 125-128.
- Correlation of cytology and histopathology in the diagnosis of cervical lesions by Ayeshath Safoorah, Prema D'Cunha, Deepa KV.
- Comparison of screening for hyperglycemia in pregnancy by OGCT by Dr. Raikar Namrata, Dr. Prema D'Cunha published in International journal of science and research (IJSR), Volume 5, Issue 10, October 2017.
- Abstract: Sepsis in pregnancy and post partum by Prema D'Cunha in Indian journal of Obstetrics & Gynecology/ Volume 5 number 3 /July-September 2017.

- Abstract – Correlation of cytology and histopatholoy in the diagnosis of cervical lesion by Ayshath Safoorah, Prema D'Cunha, Indian Journal of Obstetrics & Gynecology/Volume 5 number 3/July-September 2017.

# Dr Sujaya V. Rao :

- Attended infertility CME at KSHEMA on 06.05.2017.
- Attended as chair person for the CME on "Womens health care and thyroid -2017 an update" held on 28.05.2017 at Dr A.V. Rao Memorial Hall, IMA house, Mangaluru.
- Participated as a faculty during the Manipal Obstetrics and Gynecology Resident Conference held on 29<sup>th</sup> July 2017.
- Has participated as faculty in the CME program on 'Colposcopy' held on 28<sup>th</sup> October 2017 at AJIMS, Mangaluru
- Participated in the CME as delegate at 'Feto –maternal rescue' at CME conducted by OBG, KMC, Mangaluru on 17<sup>th</sup> December 2017.
- Attended the workshop "Hands on training program for Laparoscopic radical hysterectomy/total laparoscopic hysterectomy" at Galaxy Care Multispeciality Hospital, Pune from 19<sup>th</sup> to 22<sup>nd</sup> March 2018 as a faculty/delegate.

# **Publications:**

- Neurological disorders in pregnancy and puerperium Shubha L, Sujaya V. Rao, Raghavendra S. Published in Journal of Dental and Medical Sciences (IOSR/JDMS) volume 16, Issue 4 ver. II (April 2017), PP 80-85.
- Prevalance of hyperprolactinemia in PCOS by Dr Swathi T, Dr Sujaya V. Rao published in International journal of science and research (IJSR) ISSN (online) 2319-7064, Volume 6, Issue 11, November 2017.

# Dr Deepa Kanagal :

- Attended IAGE conference at Bangaluru.
- Attended the CME on "womens health care and thyroid -2017 an update held on 28.05.2017 at Dr. A.V. Rao Memorial Hall, IMA house, Mangaluru.
- Participated as delegate in "Hysterectomy Summit" 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> September 2017 at Cinemax (PVR), Eternity Mall, Sitabuldi, Nagpur.

# Dr Jameela C.:

# Publications :

- Use of WHO C model for auditing caesarean section rate in tertiary institution by Dr Jameela C., Dr Abhilash V.
- A Case series on secondary amenorrhea due to pituitary adenomas and its management by Dr Nimrata Paul, Dr Jameela C, Dr Joylene D'Almeida, published in international journal of scientific research, volume 7, Issue -1, January 2018, ISSN 2277 -8179.

### Dr Mahesha Navada :

- Attended the CME on "womens health care and thyroid -2017 an update" held on 28.05.2017 at Dr. A.V. Rao Memorial Hall, IMA house, Mangaluru.
- Was UG examiner at Yenepoya Medical College.

# Dr. Vidyashri Kamath:

- Won 1<sup>st</sup> place in quiz 'Thyroid update and womens health meet -2017at IMA hall on 28.05.2017.
- Participated as delegate in "the Hysterectomy Summit" held on 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> September 2017 at Cinemax (PVR) , Eternity Mall, Sitabuldi, Nagpur.
- Participated as delegate at 'Revise and Be wise' a workshop on Neonatal and Audit Resuscitation as per NRP and ACLS guidelines conducted by OBG Dept., KMC, Mangaluru on 16<sup>th</sup> December 2017.
- Participated at CME on "Feto maternal rescue' a CME conducted by department of Obstetrics & Gynecology, KMC, Mangaluru on 17<sup>th</sup> December 2017.

### **Publication:**

 Role of ultrasonography in the evaluation of gynaecological abdomino pelvic masses – by Dr. Vidyashri Kamath and Dr. Babitha Modi published in PARIPEX – Indian journal of research, vol – 6, issue – 12/ December 2017/ ISSN – 2250-1991, IF-5.761/IC Value – 86.

### Dr Joylene D'Almeida :

- Attended infertility CME at KSHEMA on 06.05.2017
- Delivered a talk guest lecture on the topic 'pregnancy, child birth and beyond' to the II BA students of Psychology on 28<sup>th</sup> July 2017.
- Gave a talk on health and hygiene to the women of Mother of God Church Parish, Shakthinagar, Mangaluru on 06.08.2017.

- Participated as delegate in the CME program on 'Colposcopy' held on 28<sup>th</sup> October 2017 at AJIMS, Mangaluru .
- Was resource person for the Prajna Counselling Centre project program arranged for Girl students of the Milagres PU College, Mangaluru conducted on 27<sup>th</sup> November 2017.
- Participated in the CME as delegate at 'Feto –maternal rescue' at CME conducted by OBG, KMC, Mangaluru on 17<sup>th</sup> December 2017.
- Participated as delegate at 'Revise and Be wise' a workshop on Neonatal and Audit Resuscitation as per NRP and ACLS guidelines conducted by OBG Dept., KMC, Mangaluru on 16<sup>th</sup> December 2017.
- Attended as faculty in the CME entitled "Recurrent pregnancy loss and infertility New perspectives 2018" held on 17<sup>th</sup> February 2018 at K.S. Medical Academy
- Participated as a delegate in the scientific session on 10<sup>th</sup> & 11<sup>th</sup> March 2018 at Faifield by Mariott, Bengaluru organized by Indian society of colposcopy and cervical pathology (ISCCP) and Bangalore Society of Obstetrics and Gynaecology in association with Kidwai Cancer Institute.

### **Publication:**

- A Case series on secondary amenorrhea due to pituitary adenomas and its management by Dr Nimrata Paul, Dr Jameela C, Dr Joylene D'Almeida, published in international journal of scientific research, volume 7, Issue 1, January 2018, ISSN 2277 -8179.
- Abstract: Application of WHO C-Model and Robson's 10 group classification for auditing caesarean section rates in a tertiary institution by Dr. Abhilash V, Dr. Joylene D'Almeida published in Indian Journal of Obstetrics and Gynecology/Volume 5 numebr 3 /July-September 2017.
- Abstract: A study of thyroid dysfunction in cases of hyperemesis gravidarum in a coastal population at tertiary care centre in India by Dr. Joylene D'Almeida, Dr. Sujaya V. Rao.
- Abstract: A correlative study of serum gamma-glutamyl transferase and serum glutathione-S-transferase with PAP smear test results. By Joylene D'Almeida in Indian Journal of Obstetrics & gynecology/ Volume 5 Number 3 /July-September 2017.
- Abstract: A study of the prevalence and Risk factors of postpartum depression and anxiety in mother in a coastal population in a tertiary care centre in Mangalore; How important is postpartum psychiatric evaluation ? by Janice A pasi, Joylene D'Almeida, Priya Nayak in Indian journal of Obstetrics & Gynecology/ Volume 5 Number 3/ July-September 2017.
- Abstract: A study on the variations in vocal parameter measures in women with polycystic ovarian syndrome by Jacqueline B. Fernandes, Joylene D'Almieda, Enayath Nisha and Renita Maben in Indian Journal of Obstetrics & Gynecology/Volume 5 number 3 /July-September 2017.

# Dr Shannon :

- Participated as delegate at 'Revise and Be wise' a workshop on Neonatal and Audit Resuscitation as per NRP and ACLS guidelines conducted by OBG Dept, KMC, Mangaluru on 16<sup>th</sup> December 2017.
- Participated in the CME as delegate at 'Feto –maternal rescue' at CME conducted by OBG, KMC, Mangaluru on 17<sup>th</sup> December 2017.
- Participated as a faculty at the workshop on 'Reducing MMR and IMR' held on 22<sup>nd</sup> April 2017 at FMMC, Mangaluru Organised by Department of Health and family welfare, Govt. of Karnataka and Dept. of OBG, FMMC.
- Participated in the Scientific deliberations of YUVA FOGSI South Zone -2017 as a faculty on 21<sup>st</sup> & 22<sup>nd</sup> July 2017 at Thrissur, Kerala.
- Participated as delegate in the CME program on 'Colposcopy' held on 28<sup>th</sup> October 2017 at AJIMS, Mangaluru
- Participated as a delegate/faculty in the CME entitled "Recurrent pregnancy loss and infertility New perspectives 2018 on 17<sup>th</sup> February 2018 at K.S. Hegde Medical Academy, Deralakatte, Mangaluru.

# Publication :

- A study of the effect of pre treatment with lidocaine and diclofenac in reducing succinylcholine induced myalgia. By Rithesh D'Cunha, Shannon Fernandes, Elroly Saldanha published in Indian Journal of Applied Research, volume 7, Issue -4, April 2017.
- Abstract: Effects of preterm labor on neonates by Shannon Fernandes in Indian Journal of Obstetrics & Gynecology/ Volume 5 number 3/July-September 2017.

### Dr Sowmya Rosaline Mariappa :

- Attended infertility CME at KSHEMA on 06.05.2017
- Attended the CME on "womens health care and thyroid -2017 an update" held on 28.05.2017 at Dr A.V. Rao Memorial Hall, IMA house, Mangaluru.

# **Publications:**

- A case control study of fasting insulin levels in normal pregnancy and pre-eclampsia patients by Sowmya Mariyappa, Prema D'Cunha published in Journal of recent trends in Science and technology, March 2017;22(2): 125-128.
- Abstract: A case control study of fasting insulin levels in Normal Pregnancy and pre eclampsia patients by Sowmya Mariappa , Prema D'Cunha published in Indian Journal of Obstetrics & Gynecology /Volume 5 Number 3/ July-September 2017.

**Dr** Alveera D'Souza Gave a health talk at Infant Jesus English Medium School, Modankap in the month of 15<sup>th</sup> September 2017.

### Dr Chethana B:

- Attended the CME on "Womens health care and thyroid - 2017 an update" on 28.05.2017 at Dr A.V. Rao Memorial Hall, IMA House, Mangaluru.

### **Dr Prathima Prabhu:**

- Attended the CME on "Womens health care and thyroid 2017 an update" held on 28.05.2017 at Dr A.V. Rao Memorial Hall, IMA House, Mangaluru.
- Participated as delegate at 'Revise and Be wise' a workshop on Neonatal and Audit Resuscitation as per NRP and ACLS guidelines conducted by OBG dept, KMC, Mangaluru on 16<sup>th</sup> December 2017.
- Participated at CME on "Feto maternal rescue" a CME conducted by department of Obstetrics & Gynecology, KMC, Mangaluru on 17<sup>th</sup> December 2017.
- gave a health talk at Infant Jesus English Medium School, Modankap in the month of September 15<sup>th</sup> 2017.

### **Publication :**

- Abstract: Factors affecting uterine scar in lower segment caesarean section by Prathima Prabhu published in Indian Journal of Obstetrics & Gynecology/ Volume 5 Number 3 /July-September 2017.

**Dr Prajna Kumari** attended the CME on "womens health care and thyroid -2017 an update" on 28.05.2017 at Dr A.V. Rao Memorial Hal, IMA house, Mangaluru.

### **Publications:**

- Role of colposcopy in screening for lesions of uterine cervix by Prajna Kumar, published in Indian Journal of Obstetrics & Gynecology/Volume 5 number 3 /July-September 2017.

### **Departmental Activities :**

- 1. Evolve CME with Professor Sir Arul Kumaran held on 22.01.2017 .
- 2. The department conducted a CME in association with Department of Health and Family Welfare, Government of Karnataka on 22<sup>nd</sup> April 2017.
- 3. Guest lecture was held on 28.04.2017 by Dr. Meenakshi Bharath, Gynecologist and Infertility specialist, Cart Infertility Centre, Malleshwaram, Bangalore.
- 4. Guest lecture was conducted on 'Osteoporosis' on 26<sup>th</sup> May 2017 by Dr Meeta Singh from Hyderabad, past president of Indian menopausal society.
- 5. The Department along with department of General Medicine conducted a guest lecture on 'Evaluation of anaemia in pregnancy' on 7<sup>th</sup> November 2017 by Dr Prashanth B, Consultant Haematologist, KMC, Mangalore.
- 6. The Department along with the Department of General Surgery conducted a 'Laparoscopic suturing workshop" on 25<sup>th</sup> March 2018.
- 7. Government doctors training program was conducted on 'Skilled birth training' for 10 days each in the month of May, July and November 2017 under NRHM program.

### **Camps**:

- Monthly BMD camps conducted .
- Under Pradhana Manthri Mathriva Suraksha Yojana monthly Health check ups at Pudu, Benjanapadav and Padil Primary Health centres were conducted.
- Staffs participated in various camps conducted by Institution on Sunday and week days.

### **Postgraduates:**

- 1. Postgraduates are posted to ARMC centre, Falnir for Reproductive Medicine posting, Government primary health centres for Family welfare training.
- 2. Postgraduates presented papers , abstracts, posters in various conferences.
  - **Dr Priyanka** presented a poster on 'A rare complication of hyperemesis gravidarum- wernickes encephalopathy ' at KSOGA 2016 Vijyapura conference on 25.11.2016 and paper presentation on 'case series of umbilical endometriosis' at AKCOG, Calicut 2017.

- Dr Raikar Namrata Sayiprakash has completed her poster presentation on 'Mass per abdomen ovarian or uterine' at KSOGA 2016 Vijyapura conference on 25.11.2016 and paper presentation on 'an apparent fibroid or an underlying malignancy at FOGSI Gyne Oncology Conference, Goa in July 2016.
  - **Publication**: Comparison of screening for hyperglycemia in pregnancy by OGCT v/s HBA1C in International Journal of Science and Research.
  - **Dr. Jyotsna Coelho** has completed her oral paper presentation on 'awareness of breast feeding in postnatal women attending tertiary care' at KSOGA 2016 Vijyapura conference on 25.11.2016 and poster presentation on 'snake bite in pregnancy a rare event' at POAICON 2017 13<sup>th</sup> May 2017.
    - **Publication**: Maternal near miss addressing issue in a tertiary care centre.
- Dr. Ayshath Safoorah has completed her oral paper presentation on 'case series of guillain barre syndrome in pregnancy and puerperium' at KSOGA 2016 Vijyapura conference on 25.11.2016 and poster presentation on 'Rare case report on non-hodgkin's lymphoma in pregnancy' at KFOG 2017 February 10<sup>th</sup> Publication: Correlation of cytology and histopathology in the diagnosis of cervical lesions in International Journal of Science and Research
- **Dr. Swathi T.** has completed her oral paper presentation on 'case series of germ cell tumours' at POAICON 2017 at Hubli on 13<sup>th</sup> & 14<sup>th</sup> May 2017 and poster presentation on 'Radiodiagnosis: is it definitive modality for evaluation mass for abdomen at KSOGA 2016, Vijyapura conference on 25.11.2016.
  - **Publication**: Prevalence of hyperprolactinemia in PCOS in International Journal of Science and Research.
- **Dr Jyotsna** won 3<sup>rd</sup> place in poster presentation in 'YUVA KSOGA 2017' conference.
- Postgraduates students attended 11<sup>th</sup> and 12<sup>th</sup> KSOGA conference at Shimoga. Paper and posters were presented by Dr Abhilash and Dr Nimratha.

# 14.15. DEPARTMENT OF OPHTHALMOLOGY (corr

### Faculty:

Professor & HOD Professor
Professor
Associate Professor
Assistant Professor
Assistant Professor
Assistant Professor
Assistant Professor
Senior Resident

### **Staff Achievements :**

### Dr Norman Mendonca:

- Attended & chaired a session on the "Beauty and The Best" CME on Oculoplasty and ocular oncology on 25<sup>th</sup> June 2017 at KMC, Mangalore.
- Attended the 36<sup>th</sup> KOSCON 2017 held on 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> November 2017 at Bangalore & presented Poster on
  - Conjunctival Oculosporidiosis a rare case report
  - > Optochiasmatic arachnoiditis : A rare presentation of MDR tuberculosis
- Attended 76<sup>th</sup> annual conference of the all India Ophthalmology society at Coimbatore from 22<sup>nd</sup> to 25<sup>th</sup> February 2018.

**Dr F.E.A. Rodrigues :** Attended the CME on Pearls in Phacoemulsification and Wet lab practice on 25<sup>th</sup> March 2018 at KMC, Manipal.

### Dr. Nelly Nazareth:

- Attended the "Beauty and The Best" CME on Oculoplasty and ocular oncology on 25<sup>th</sup> June 2017 at KMC, Mangalore
- Attended the 36<sup>th</sup> KOSCON 2017 on 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> November 2017 at Bangalore.
- Attended the Phaco Festival 2018 at SITC Gardenia, Bengaluru on 13<sup>th</sup> & 14<sup>th</sup> January 2018
- Attended all India Ophthalmic Conference on 22<sup>nd</sup> to 25<sup>th</sup> February 2018 at Coimbatore and presented poster
  - > Bilateral Optic Nueritis : Arare presentation od Sympathetic Ophthalmia
  - > Optochiasmatic arachnoiditis : A rare presentation of multi drug resistant tuberculosis

- Conjunctival Oculosporidiosis A rare Case report
- Blinding Meningitis : Frosted Branch Angiitis A rare presentation
- A rare case of capillary hemangioma of the eyelid
- > Quality of life in people with diabetic retinopthay : Indian study

### Dr Sunayana Bhat :

- Attended the "Beauty and The Best" CME on Oculoplasty and ocular oncology on 25<sup>th</sup> June 2017 at KMC, Mangalore
- Attended the 36<sup>th</sup> KOSCON 2017 on 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> November 2017 at Bangalore & presented Poster on "The hammock suture: A modifies IOL sclera fixation technique"

### Dr. Sripathi Kamath:

Attended the 36<sup>th</sup> KOSCON 2017 held on 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> November 2017 at Bangalore & presented Poster on "Blinding meningitis : frosted branch Angiitis – a rare presentation" & "Bilateral optic neuritis : A rare presentation of sympathetic ophthalmia".

### Dr May D'Souza:

- Attended the "Beauty and The Best" CME on Oculoplasty and ocular oncology on 25<sup>th</sup> June 2017 at KMC, Mangalore.
- Attended a short Phacoemulsification Program organized by Alcon at Susrut eye Hosputal, Kolkatta Oct 15-26, 2017.
- Attended Karnataka State ophthalmic conference at Bangalore from 3<sup>rd</sup> to 5<sup>th</sup> November 2017.
  - 1. Faculty and spoke on Meibomian gland disease a missed entity: How to approach and make the patient smile.
  - 2. Chief author of poster titled Rare case of Capillary hemangioma in an adult
  - 3. Chief Author of paper titled Central Corneal thickness pre and post Phacoemulsification surgery.
  - 4. Presenting author of paper titled yellow laser in Central Serous Chorioretinopathy

**Guest Speaker** : Bepotastine : A novel anti allergic drug held on 7<sup>th</sup> February 2018 at hotel goldfinch, Mangalore.

### Publication :

- "Central corneal thickness in glaucomatous and nonglaucomatouseyes using ultrasonic pachymetry." E-ISSN: 2279-0853, p-ISSN: 2279-0861. Vol. 16, Issue 9 Ver. IV(Sep.2017), PP 51-54, DOI:10.9790/0853-1609045154, Publication: IOSR-JHSS, Author: Dr. Shilpa, Dr. Norman Mendonca
- "Self medication practices among patients attending Ophthalmology OPD in a tertiary hospital in Mangalore - E-ISSN: 2279-0853, p-ISSN: 2279-0861. Vol. 16, Issue 9 Ver. IV(Sep.2017), PP 11-13, DOI:10.9790/0853-1609041113, Publication: IOSR-JHSS, Author: Dr. Angeline Shallam, Dr. Norman Mendonca
- 3. Quality of Life in people with Diabetic Retinopathy : Indian Study- Datson M.Pereira<sup>1</sup>, Amish Sha<sup>2</sup>, May D'Souza <sup>3</sup>- Journal of Clinical and Diagnostic Research , 2017 April, Vol-11(4): NC01-NC06
- Role of C- reactive protein in diabetic retinopathy May D'Souza<sup>1</sup>, FEAR<sup>2</sup>, Nelly Nazareth<sup>3</sup>, Norman<sup>4</sup>International Journal of Medical Research & review June, 2017 Vol 5/ Issue 06, ISSN 2321-12X,
  Page: 585-592
- Lipid peroxidation ,copper and vitamin C in lens and serum of people with diabetes and senile cataracts: A comparative evaluation –Dr. Prajna D'Silva, May D'Souza, Nelly Nazareth, arnadi Ramachandrayya shivashankara, sucharitha Suresh, V Soumya and manjeshwar shrinath baliga- International Journal of Applied Research 2017:3(9): 294-297.
- 6. Prescribing pattern and adverse events of drugs used in patients with primary open- angle glaucoma (POAG) attending a tertiary care hospital : Retrospective study Seema Rai<sup>1</sup>, Seemee Khilji<sup>2</sup>,Lavanya G Rao<sup>2</sup>, Puneet Hegde<sup>2</sup>, Sarita E J Gonsalves<sup>2</sup>, Tara V Shanbhag<sup>1</sup>National journal of physiology, pharmacy and pharmacology, 2017/vol 7/ Issue 2 (Online first).
- Intra operative Assessment of Repeat Dacryocystorhinostomy Dr. Nelly Nazareth, Dr. Sarita Gonsalves. IOSR Journal of Dental and Medical Sciences (IOSR-JDMS), E-ISSN : 2279-053, p- ISSN: 2279-0861. Volume 17, Issue 2 Ver.5 February (2018) PP 53-54.

#### **Departmental Activities:** Eye Camps :

Sl. No.	Date	Place
1.	11.02.2018	Belman

2. 25.03.2018 Bantwal
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# Health Camps / School Screening Camps :

Sl. No.	Date	Place
1.	02.04.2017	Uppinangady
2.	02.04.2017	Kasargod
3.	30.04.2017	Bantwal
4.	31.05.2017	Thokkottu
5.	02.07.2017	Badyar
6.	11.08.2017	Bantwal
7.	10.09.2017	Vittla
8.	22.09.2018	Benjanapadvu
9.	22.10.2017	Kasargod
10.	29.10.2017	Kelrai
11.	05.11.2017	Miyaadavu
12.	12.11.2017	Bhatkal
13.	19.112017	Kolya
14.	25.11.2017	Mangalore
15.	09.12.2017	Katipalla
16.	10.12.2017	Puttur
17.	07.01.2018	Panjimogaru
18.	21.01.2018	Bondel
19.	04.02.2018	Loreto
20.	11.03.2018	Baikampady
21.	18.03.2018	Puttur
22.	08.04.2018	Bantwal
23.	08.04.2018	Bantwal
24.	15.04.2018	Sullia

# 14.16. DEPT OF ORTHOPAEDICS (correct

#### Faculty

Dr K. Raghuveer Adiga	-	Professor & HOD
Dr Edward Nazareth	-	Professor
Dr Ronald Joseph Menezes	-	Professor
Dr Latheesh Leo	-	Associate Professor
Dr Mrinal B.	-	Associate Professor
Dr Rajesh S.	-	Associate Professor
Dr Vivian Roshan Almeida	-	Assistant Professor
Dr Prashanth U. Acharya	-	Assistant Professor
Dr Harsharaj K.	-	Assistant Professor
Dr Ashwin Kamath	-	Assistant Professor
Dr Ram Prasad Rai	-	Senior Resident
Dr Jubin Abraham Raju	-	Senior Resident
Dr Nithin Elliot Nazareth	-	Senior Resident

### **Staff Achievements :**

- Dr Terence D'Souza secured 3<sup>rd</sup> Rank in DNB Examination held in the month of February March 2018.
- Dr Edward Nazareth participated as a delegate in 20th Annual Conference of Trauma Society of India "Current Concepts in Trauma 2017 from 24<sup>th</sup> to 26<sup>th</sup> March 2017.
- Dr Latheesh Leo participated as a delegate in 9<sup>th</sup> Biennial Conference of Brachial Plexus Surgery group of India from 28<sup>th</sup> to 30<sup>th</sup> July 2017.

- Dr Ashwin Kamath completed his 3 months training in Arthroscopy and Sports Injury at Baby Memorial Hospital, Calicut from June to August 2017.
- Dr Prashant Acharya and Dr Terence D'Souza attended the Indian Arthroscopy Conference at Jaipur on 12<sup>th</sup> to 15<sup>th</sup> October 2017.
- Dr Rajesh S. attended the Indian Arthroplasty Association Conference 2017at Kolkata from 27<sup>th</sup> to 29<sup>th</sup> October 2017.
- Dr Edward Nazareth went as an LIC inspector to Karwar Institute of Medical Sciences on 19.02.2018

# **Staff & PGs Publications :**

- Comparative Study on Functional Outcome of Steroid Injection vs Conservative Management in Plantar Fasciitis, International journal of Orthopaedic sciences, 2017 January, Pg No:356 -359 Author: Mathew P, Thomas Devasia, K.Raghuveer Adiga, Vivian Roshan D'Almeida, Ashwin Kamath.
- To assess the clinical outcome of ankle fractures with regards to the demographic variables and the quality of reduction of the fractures, International journal of Orthopaedic sciences, 2017 March, Pg No:445-448 Author: Mohan Kumar C.R, Vivian D' Almeida, Abey Thomas Babu and Terence D'souza.
- Duration of surgical hand scrub in orthopaedic surgeries International journal of Orthopaedic sciences, 2017 June, ISSN: 2395-1958 ; 3(3): 34-36 Author: Dr. Abhishek S Bhasme, Dr. Ronald Joseph Menezes, Dr. Terence D'souza and Dr. Jacob Ipe
- A comparative study of proximal femoral nailing versus dynamic hip screw device in the surgical management of intertrochanteric fractures International Journal of Orthopaedics Sciences 2017; 3(3): 743-745 Author: Dr. Ankit Jose, Dr. Vivian D'Almeida, Dr. Rajneesh Acharya and Dr. Ramprasad Rai
- A clinical study on intracapsular fracture neck of femur in elderly treated by hemiarthroplasty -International Journal of Orthopaedics Sciences 2017; 3(3): 1000-1002 Author: Dr. Rajesh S Bhat, Dr. Mohan Kumar CR, Dr. Harsharaj K, Dr. Ramprasad Rai, Dr. Jacob IPE, Dr. Jabez Gnany and Dr. Vanka Ashok Kumar Reddy
- Role of preoperative ultrasonography in De Quervain's Disease International Journal of Orthopaedics Sciences 2017; 3(3): 1003-1007 Author: Dr. Rajesh S Bhat, Dr. Mohan Kumar CR, Dr. Harsharaj K, Dr. Ramprasad Rai, Dr. Terence D Souza, Dr. Jacob IPE and Dr. Vanka Ashok Kumar Reddy
- Comparative study of neurological recovery following anterior and trans pedicular decompression with instrumentation in thoracolumbar spine fractures with neurological deficits International Journal of Orthopaedics Sciences 2017; 3(4): 83-87 Author: Dr. Acharya Rajneesh and Dr. Edward Nazareth
- To study the role of ultrasonography in diagnosis, management and prevention of incomplete surgical release in patient's of de Quervain's disease International Journal of Orthopaedics Sciences 2017; 3(4): 344-348 Author: Dr. Tilak Rommel Pinto, Dr. Harsharaj K, Dr. Anston Vernon Braggs, Dr. Mohan Kumar C R
- Effectiveness of injection triamcinolone in bicipital tendinitis International Journal of Orthopaedics Sciences 2017; 3(4): 352-356 Author: Dr. Samiulla Shariff, Dr. Ramprasad Rai and Dr. Harshraj K
- Functional outcome following surgical management of proximal humerus fracture in elderly International Journal of Orthopaedics Sciences 2017; 3(4): 386-389 Author: Dr. Vanka Ashok Kumar, Dr. Raghuveer Adiga, Dr. Abhishek S Bhasme, Dr. Ram Prasad Rai and Dr. Terence D souza
- Mini Open Release Of Carpal Tunnel Syndrome: An Upcoming Trend Original Research Paper In Indian Journal Of Applied Research Volume-7 | Issue-12 | December-2017 | ISSN 2249-555X | IF : 4.894 | IC Value : 86.18 Author: Dr. Febin Ahmed, Dr. Latheesh Leo
- PFN A difinate advantage over the DHS A comparative Meta Analysis International Journal of Orthopaedics Sciences 2017 3(3): 104-108 Author : Dr. Vivian D'Almeida
- Management Of Degloving Injuries Of The Hand Using Abdominal Flaps- A Reliable And Durable Reconstructive Option, Journal of Evolution Medical and Dental. Sciences eISSN- 2278-4802, pISSN- 2278-4748/ Vol. 7/ Issue 09/ Feb. 26, 2018 Author: Arvind Lakshmana Rao1, Jabez Gnany2

# **Departmental Activities :**

# **Programmes / CME'S conducted :**

- a. The Department conducted a guest lecture on 01.09.2017. Topic: Bone and Joint infection in children, Developmental dysplasia of hip.
- b. The Department conducted a half day CME program to commemorate the Silver Jubilee Year of starting of PG courses on 11<sup>th</sup> November 2017.
- c. Dr Bineesh Balakrishnan MD, DNB in Physical Medicine and Rehabilitation gave a talk on Scope and services provided in Physical Medicine and Rehabilitation to the PGs and Staff Members on 12<sup>th</sup> December 2017.

- d. A guest lecture was conducted with Dermatology department on 31<sup>st</sup> January 2018. Dr Latheesh Leo gave a talk on "Paralytic hand in Hansen's disease".
- e. 5 Workshops being conducted as a part of KOACON 2018 conference at FMMCH from 2<sup>nd</sup> to 4<sup>th</sup> February 2018.

### **Programmes / CME'S attended by the staff :**

### Dr K. Raghuveer Adiga

• Attended XVI Annual Conference of the Orthopaedic Association of south Indian States OASISCON 2017 at KMC, Manipal from 1<sup>st</sup> to 3<sup>rd</sup> September 2017.

### **Dr Edward Nazareth**

- Attended the15th Calicut Ortho Course, Postgraduate Training and Instructional Course under the aegis of Kerala Orthopaedic Association and Calicut Orthopaedic Society from 7<sup>th</sup> to 9<sup>th</sup> July 2017 at Government Medical College, Kozhikode.
- Attended XVI Annual Conference of the Orthopaedic Association of south Indian States OASISCON 2017 at KMC, Manipal from 1<sup>st</sup> to 3<sup>rd</sup> September 2017.
- Attended 37<sup>th</sup> Annual State Conference of the Kerala Orthopaedic Association KOACON 2018 at Hotel Kairali Heritage Resort, Kannur from 26<sup>th</sup> to 28<sup>th</sup> January 2018
- Attended the postgraduate teaching programme under the aegis of KOA, BOS, and OASIS as a faculty at Ramaiah Medical College & Hospital on 10<sup>th</sup> & 11<sup>th</sup> March 2018.

### **Dr Latheesh Leo**

- Attended and participated as a delegate in ISSHCON 2017 Mumbai 41<sup>st</sup> Annual Conference of Indian Society for Surgery of the Hand (ISSH) held at J.W. Marriott, Juhu, Mumbai from 21<sup>st</sup> to 25<sup>th</sup> October 2017.
- Attended 37<sup>th</sup> Annual state conference of the Kerala Orthopaedic Association KOACON 2018 at Hotel Kairali Heritage Resort, Kannur from 26<sup>th</sup> to 28<sup>th</sup> January 2018.

### Dr Rajesh S.

- Attended and participated as a delegate during (AOTCON) Academy of Orthopaedics and Trauma from 5<sup>th</sup> to 7<sup>th</sup> May 2017at GOA Marriott Resort.
- Attended The Ganga Hand Operative course held between 7<sup>th</sup> to 9<sup>th</sup> July 2017 at Tamil Nadu.

Sl. No.	Date	Place
1.	02.04.2017	Uppinangady
2.	23.04.2017	Kasargod
3.	30.04.2017	Bantwala
4.	21.05.2017	Permanoor, Thokkottu
5.	10.09.2017	Vitla
6.	22.10.2017	Kasargod
7.	29.10.2017	Kelari
8.	05.11.2017	Miyapadav
9.	19.11.2017	Kolya
10.	10.12.2017	Puttur
11.	07.01.2018	Panjimogere
12.	21.01.2018	St. Lawrence Church Hall Bondel
13.	04.02.2018	Loreto Matha Church Loretto
14.	11.03.2018	Baikampady
15.	18.03.2018	Puttur

### Any other : Health Camp Details

# 14.17. DEPARTMENT OF OTORHINOLARYNCOLOGY (correc

# Faculty:

Dr Mahesh Bhat T.-Professor & HODDr George J.O. Pinto-ProfessorDr Kuldeep Moras F.-ProfessorDr Vinay Vaidyanathan Rao-Associate Professor

Dr Savita Lasrado	-	Assistant Professor
Dr Anita Aramani	-	Assistant Professor
Dr Deekshith Shetty	-	Senior Resident
Dr Cimona D'Souza	-	Senior Resident

# Staff Achievements :

Dr Mahesh Bhat :

- Was External Examiner and evaluator on 12.12.2017 & 13.12.2017 to conduct PG Degree/Diploma Practical examination at Academy of Medical Sciences, Pariyaram, Kannur.
- Was appointed as an external expert for the Faculty selection committee meeting chaired by the Vice Chancellor for the promotion of eligible faculty member of the department of ENT, KMC, Manipal on 12.03.18 at Manipal.

Dr. Kuldeep Moras was the examiner for

- UG University examination held at KSHEMA on 2<sup>nd</sup> and 3<sup>rd</sup> June 2017.
- UG university Practical examination held at Yenepoya Medical College, Deralakatte on 19<sup>th</sup> & 20<sup>th</sup> July 2017.

**Dr. Vinay V. Rao** was awarded the prestigious Indian Society of Otology – Indian Travel Fellowship at ISOCON 2017 held at Raipur and went to KKR Medical college, Chennai for attending fellowship from 15<sup>th</sup> to 29<sup>th</sup> March 2018.

**Dr. Savita Lasrado** was the examiner for 3<sup>rd</sup> year MBBS University Practical exam conducted Srinivasa Institute of Medical Science & Research on 30<sup>th</sup> & 31<sup>st</sup> December 2017.

# Staff CME attended details :

- 1. Dr Kuldeep Moras attended ENT workshop and CME on 22<sup>nd</sup> and 23<sup>rd</sup> July 2017 conducted by Kempegowda Institute of Medical Sciences, Bangalore.
- 2. Dr Kuldeep Moras participated as a resource person in the educational activity provided by the API Dias on 06.08.2017.
- Dr Anita Aramani attended Sinus Conclave at Meril Academy, Vapi, Gujarat from October 11<sup>th</sup> to 13<sup>th</sup> 2017
- 4. Dr Kuldeep, Dr Savita, Dr Anita attended workshop at KSHEMA, Mangalore on 21.10.2017 & 22.10.2017.
- 5. Dr Mahesh Bhat, Dr. Vinay V. Rao & Dr Anita Aramani attended CME at A.J. Institute of Medical Sciences & Research Centre, Mangalore on 15.11.2017.
- 6. Dr Vinay V. Rao attended 26<sup>th</sup> Annual National Conference of the Indian Society of Otology at Raipur, Chattisgarh, from 16.11.17 to 20.11.17.
- 7. Dr Anita Aramani and Dr. Savita attended AOI Dr. LH Hiranandani Mid-Term National Conference at KMC, Mangaluru from 01.12.17 to 03.12.2017.
- Dr Mahesh, Dr. George, Dr. Kuldeep, Dr. Vinay, Dr. Savita, Dr. Anita attended AOIMEDCON 2017 AOI Dr. LH hiranandani Mid – Term National Conference in association with AOI Karavali Branch & AOI – Karnataka, organized by KMC, Mangaluru from 01.12.17 to 03.12.2017.
- 9. Dr Mahesh Bhat was the chairperson for the Cadaveric Dissection-Basic FESS .
- 10. Dr Kuldeep Moras was the chairperson for the "MANGAEMENT OF LIMITED CHOLESTEATOMA WHAT IS APPROPRIATE? AND OSSICULOPLASTY.
- 11. Dr Anita Aramani presented a poster titled "External Auditory canal squamous cell carcinoma".

### Publications:

- "PERTURBATED NASAL RESONANCE AN INSIGHT INTO ALTERATIONS IN POST ADENOIDECTOMY PATIENTS" by Vinay V. Rao, Rajneesh S Khelgikar, Vishak S, Mahesh Bhat T, Preeti Shetti, Jacqueline F. Fernandes – Original article published in Perspectives in Media Research September-December 2017;Vol 5/Issue 3, page 16-19.
- "LONG STANDING MIGRATED FOREIGN BODY IN NECK AURGEON'S NIGHTMARE"– by Savita Lasrado<sup>1</sup>, Kuldeep Moras<sup>2</sup>, Preeti Shetti<sup>3</sup>, Case report published in Perspectives in Media Research September-December 2017; Vol 5/Issue 3 77-79
- 3. Dr. Mahesh Bhat had reviewed the book "Disease of Ear, Nose and Throat" by Mohan Bansal, 2<sup>nd</sup> Edition. "VOICE ANALYSIS FOLLOWING TURBINCETOMY IN PATIENTS WITH HYPERTROPHIED INFERIOR TURBINATE SECONDARY TO ALLERGICE AND VASOMOTOR RHINITIS REFRACTORY TO CONSERVATIVE TREATMENT" by Vishak S., Rajneesh S. Khelgikar, Vinay V.

Rao, Mahesh Bhat T., Manjula G, Jacqueline BF original article published in Perspectives in Medical Research May-August 2018/ Volume 6/Issue 2, page no. 60-63.

### **Departmental Activities :**

- 1. **International CME & Workshop FAB FESS-2018** : FABFESS 2018 was an initiative taken by Department of ENT, FMMC on 09.02.2018 & 10.02.2018 in the Decennial Memorial Hall. As addressed by Director of the institution this live surgical workshop is the 3rd live surgical workshop that has been conducted by the Department of ENT in a short span of 3 years. Highlights of the event were famous International and national faculties which were hosted by the institution.
- 2. The Department conducted a **Guest lecture** on 07.02.2018 in Surgery Seminar room by eminent International & local faculty namely Dr. Vishak S., MBBS,MS,DNB, Fellowship in Head & Surgery, Specialist at North Hampton, England gave a talk on Uses of Coblation in ENT" for ENT staff and PG's and Interns.
- 3. The Department organized a **Guest lecture** on "Emergencies in ET" by Dr Pallavi, Consultant at Indiana Hospital on 07.04.2018.
- 4. A **Case** of External Auditory Canal Carcinoma presented by Dr. Blessy, under the guidance of Dr Vinay V. Rao, at the clinical society meeting on 9<sup>th</sup> August 2017.

### **Research Activities :**

### **Ongoing research - Clinical Drug trial**

A Multi-Centre, Randomized, double blind, parallel-group, comparative clinical trial to evaluate the safety and clinical Equivalence of Generic Clotrimazole Troche/Lozenges USP, 10mg (Unique Pharmaceutical Laboratories, India) to Clotrimazole Troche/Lozenges 10mg (Roxane Laboratories Inc., USA) in subjects with oropharyngeal candidiasis by Dr. Savita Lasrado under Think Pharma funding agency.

**Research study completed :** by 2<sup>nd</sup> year DLO PG Dr Shilpa MJ "Audiological profile in Tubotympanic type of Chronic suppurative otitis media." Under guidance of Dr Vinay V. Rao

**Ongoing Case study** : by Dr Shwetha S., I year DLO Clinicopathological and audiological profile of tympanosclerosis – under guidance of Dr Mahesh Bhat T.

# 14.18. DEPARTMENT OF PAEDIATRICS (corre

#### Faculty

-5		
Dr Pavan Hegde	-	Professor & HOD
Dr B. Sanjeev Rai	-	Professor
Dr K. Varadaraj Shenoy	-	Professor
Dr K. Shreedhara Avabratha	-	Professor
Dr Anil Shetty K.	-	Professor
Dr Habeeb Ullah Khan	-	Associate Professor
Dr Rashmi S.K.	-	Associate Professor
Dr Jaidev M.D.	-	Assistant Professor
Dr Praveen B.K.	-	Assistant Professor
Dr Saritha Paul	-	Assistant Professor /Neonatologist
Dr Mario Joseph Bukelo	-	Assistant Professor
Dr Sowmya S.G.	-	Assistant Professor
Dr Vitus Johan D'Silva	-	Senior Resident
Dr Amita Jane D'Souza	-	Senior Resident
Dr Arif Mohammed Ansari	-	Senior Resident
Dr Dipthi Nishal Castelino	-	Senior Resident

#### Staff Achievements : Publications :

### Dr Pavan Hegde

- 1. Reddy DS, Khan SH, Hegde P. Predictors of meningitis in children presenting with first episode of febrile seizure. Int. J. Contemp Pediatr 2017; 4 : 136-9 (Indexed) (International)
- Singraiah A, Hegde P, Mendonsa HD. Validation of language evaluation scale Trivandrum in children aged 36 years attending well baby clinic in a tertiary care hospital. Inj. J. Contemp Pediatr 2017; 4 : 129–31. (Indexed) (International)
- 3. Esther Soundharya Maddukuri, M. D. Jaidev, Dipthi Nishal Castelino, Habeeb Ullah Khan, Pavan Hegde Study of the serum sodium changes in children between 3 months and 5 years age receiving isotonic

maintenance intravenous fluids Muller Journal of Medical Sciences and Research, Vol.9, Issue 1, Jan-June 2018

4. Santappanavar MP, Khan HU, Jaidev MD, Hegde P. Study of the neonatal outcomes in babies born to elderly mothers and young mothers. Inj. J. Contemp Pediatr 2018; 5:617 – 20.

### Dr. K. Shreedhara Avabratha

- 1. Rau ATK, Avabratha KS, Algorithmic approach to thrombocytopenia in children In : Algorithms in Pediatrics, Vasudev AS, Shah NK eds, Jaypee brothers medical Publishers (P) Ltd, New Delhi 2017 ; 269-271.
- 2. Castelino DN, Avabratha KS C-reactive protein levels in children with uncomplicated malariaInt. J. Contemp Pediatr 2017; 4: 573-6 (Indexed) (International)
- 3. Majeed IA, Avabratha KS, Gowda LR, Syeda S. Clinicohaematological profile of dengue in children-a hospital based study. Int J Contemp Pediatr 2017;4: 1340-4. (Indexed) (International)
- 4. Chunduri S, Avabrata S.Respiratory morbidity in term neonates following elective caesarean section.Int J Contemp Pediatr 2017;4:1142-5. (Indexed) (International)
- 5. Parveen KZ, Avabratha KS, Shetty K, Pediatric appendicitis score in the diagnosis of childhood appendicitis: a validation study. Int J Contemp Pediatr 2017; 4: 2196-9. (Indexed) (International)

### Dr Habeeb Khan

- 1. Reddy DS, Khan SH, Hegde P.Predictors of meningitis in children presenting with first episode of febrile seizure Int. J. Contemp Pediatr 2017; 4 : 136-9 (Indexed) (International)
- Esther Soundharya Maddukuri, M. D. Jaidev, Dipthi Nishal Castelino, Habeeb Ullah Khan, Pavan Hegde Study of the serum sodium changes in children between 3 months and 5 years age receiving isotonic maintenance intravenous fluids Muller Journal of Medical Sciences and Research, Vol.9, Issue 1, Jan-June 2018
- 3. Santappanavar MP, Khan HU, Jaidev MD, Hegde P.Study of the neonatal outcomes in babies born to elderly mothers and young mothers.Inj. J. Contemp Pediatr 2018; 5:617 20.

### Dr Jaidev M.D.

- 1. Khadria SS, Jaidev MD, Vidya K.Association between serum selenium levels and febrile seizures in Indian children: A case control study.Inj. J. Contemp Pediatr 2017 : 4 : 553-6 (Indexed) (International)
- Jaidev M. Devdas, Christopher Mckie, Adam T. Fox, Vinod H. Ratageri Food Allergy in Children : An overview Indian Journal of Pediatrics https://doi.org/10.1007/s12098-017-2535-6, published online : 17<sup>th</sup> November 2017 (Indexed)
- 3. Fernandes DJ, Jaidev MD, Castelino DN Utility of dipstick test (nitrite and leukocyte esterase) and microscopic analysis of urine when compared to culture in the diagnosis of urinary tract infection in children. Inj. J. Contemp Pediatr 2018; 5:156-60 (Indexed) (International)
- Esther Soundharya Maddukuri, M. D. Jaidev, Dipthi Nishal Castelino, Habeeb Ullah Khan, Pavan Hegde Study of the serum sodium changes in children between 3 months and 5 years age receiving isotonic maintenance intravenous fluids Muller Journal of Medical Sciences and Research, Vol.9, Issue 1, Jan-June 2018
- 5. Santappanavar MP, Khan HU, Jaidev MD, Hegde P. Study of the neonatal outcomes in babies born to elderly mothers and young mothers Inj. J. Contemp Pediatr 2018; 5:617 20.

### Dr Praveen B.K.

1. Christ JH, Praveen BK. Effect of antenatal corticosteroid on early neonatal outcome in preterm neonates: a prospective observational study. Int J Contemp Pediatr 2017;4 : 956-9. (Indexed) (International)

### Dr Dipthi Castelino

- 1. Fernandes DJ, Jaidev MD, Castelino DN Utility of dipstick test (nitrite and leukocyte esterase) and microscopic analysis of urine when compared to culture in the diagnosis of urinary tract infection in children. Inj. J. Contemp Pediatr 2018; 5 : 156-60 (Indexed) (International)
- Esther Soundharya Maddukuri, M. D. Jaidev, Dipthi Nishal Castelino, Habeeb Ullah Khan, Pavan Hegde Study of the serum sodium changes in children between 3 months and 5 years age receiving isotonic maintenance intravenous fluids Muller Journal of Medical Sciences and Research, Vol.9, Issue 1, Jan-June 2018

### **Research Activities : Students achievements**

- 1. The following postgraduates presented **poster** in the '**RESPICON 2017'** 29th Annual Joint National Conference of IAP Respiratory Chapter along with Asian Paediatric Pulmonology Society (APPS) held at Bangalore from 27th to 29h October 2017.
- 2. Dr Sharon Victoria Mendez Chasing the wheeze : Postinfectious bronchiolitis obliterans
- 3. Dr Riya Mary Tharakan Wheezy masquerade

The following postgraduates presented **paper / poster** in the 'Karavali Pedicon 2017' – Annual CME of IAP Udupi District Branch and Dr Meera Baliga Oration Lecture held at Kundapur on  $2^{nd} \& 3^{rd}$  December 2017.

### **Paper presentation** :

- 1. Dr Swathi Shenoy Study of the early perinatal outcomes in babies born to young and older mothers
- 2. Dr Malavika P.S. Study of the neonatal outcomes in babies born to elderly mothers and young mothers
- 3. **Dr Laxmipati G.H.** Knowledge, attitude and practice regarding diarrhea illness among mothers under five children in costal Karnataka
- 4. **Dr Deepthi Joella Fernandes** Utility of dipstick test (nitrite and leukocyte esterase) and microscopic analysis of urine whem compared to culture in the diagnosis of urinary tract infection in children

### **Poster presentation :**

- 1. Dr Jose Kurien Jacob Hepato-splenic tuberculosis
- 2. The following postgraduate presented **poster** in the **19<sup>th</sup> Embicon 2017** held at Mumbai on 9<sup>th</sup> & 10<sup>th</sup> December 2017.
  - Dr Sweta Shanbhag Elusive clinico radiological appearance of late presenting congenital diaphragmatic hernia A case report
- 3. The following postgraduate presented **paper** in the **International CME in Pathology** Histopathology and Cytopathology held at Goa from 2nd to 4th February 2018.
  - Dr Jose Kurien Jacob Comparison of clinical scores in diagnosis of bacterial meningitis
- 4. The following postgraduates presented **paper and poster in the Mangalore Pedicon and M.R. Shenoy Oration 2018** held at Mangalore on 24th & 25th March 2018.

### **Paper presentation**

- a. Dr Sujonitha John Role of chest x-rays in children > 5 years admitted with actue asthma
- b. Dr Sweta Shanbhag Early neonatal outcomes in PROM beyond 28 weeks of gestation in a tertiary care hospital of coastal Karnataka

### **Poster presentation**

- a. Dr Shailee Dixit Leigh's Disease
- b. Dr P. Sagar Lupus Vulgaris Kochs of cheeks
- c. Dr Aswathy B. Prader Willi Syndrome
- d. Dr Vidya B.U. Recurrent croup A masquerade
- e. Dr Nitish Kumar P.N. Dysphagia in a mentally retarded child A diagnostic dilemma
- f. Dr Georaphy Necortising fasciitis
- g. Dr Sujana R. Noisy cyst : A case report

# The following research projects have been completed Staff :

a. Identification of Specific Variability Parameters & Pulse Patterns for disease characterizatio using peripheral pulse analizer – Dr. B. Sanjeev Rai

### Postgraduates

- a. Effect of Head covering on phototherapy induced hypocalcemia in jaundiced term neonates Dr Laxmipati G.H.
- b. Effect of maternal anemia on anthropometric profile and haemoglobin of newborns Dr Swathi Shenoy
- c. A comparative study of BMI, waist to height ratio and neck circumference in children in relation to obesity between 8-16 yrs of age Dr.Reshma Raj
- d. Factors predicting the outcome of neonates on continuous positive airway pressure Dr Esther Soundharya Maddukuri
- e. Chorioamnionitis and neonatal outcomes in preterm babies Dr K. Zohara Parveen
- f. Study of cerebrospinal fluid c-reactive protein and lactate dehydrogenase levels in children with meningitis Dr Jose Kurien Jacob
- g. Serum sodium, calcium, magnesium and zinc levels in simple febrile seizures –Dr Malavika P.S.
- h. Utility of dipstick and microscopic analysis of urine when compared to culture in the diagnosis of urinary Tract infection in children Dr Deepthi Joella Fernandes

### The following research work are under progress :

Staff :

- 1. An intelligent medical support through speech summarization Dr Anil Shetty K.
- 2. Infant cry analysis for identifying the early symptoms of dyslexia and autism in children Dr Anil Shetty K.
- 3. Cancer and proximity to mobile phone towers Dr Anil Shetty K.
- 4. A study of role of two site blood culture in evaluation of neonatal sepsis Dr Praveen B.K.

### **Postgraduates :**

- 1. Nasopharyngeal carriage of RSV & Influenza virus in children < 5 years with severe community acquired Pneumonia Dr Shailee Dixit
- 2. Correlation between cord blood ph, lactate, nucleated red blood cells and with short term outcome in neonatal respiratory depression Dr Chiranth
- 3. Correlation of visual assessment of Jaundice and transcutaneous bilirubin in term neonates with hyperbilirubinemia Dr Sharon Victoria Mendez
- 4. Cord blood glycated haemoglobin, a predictor of neonatal hypoglycaemia in infants born to diabetic mothers : An observational study Dr Sujonitha John
- 5. Serial assessment of growth parameters upto 6 months in low birth weight babies A prospective observational study Dr Riya Mary Tharakan
- 6. Correlation of clinical and MRI findings with aetiology in children with cerebral palsy Dr Fajrunnisa
- 7. Observational cross sectional study on Anthropometric parameters, morbidity and mortality among infants of diabetic mothers Dr Potharajula Sagar
- 8. Clinical profile and predictors of outcome in children with status epilepticus Dr Nitish Kumar P. Nandini
- 9. Correlation of neck circumference and body mass index with blood pressure in school going children Dr Aswathy B.
- 10. Correlation between anthropometry and parameters derived from bioelectrical impedance analysis in school children between 10-16 years of age Dr Vidya B.U.
- 11. Role of modified hematological sepsis score and red cell distribution width in early diagnosis of neonatal sepsis Dr Sweta Shanbhag
- 12. Correlation of mean platelet volume, serum uric acid and c-reactive protein in neonatal sepsis Dr Deepa John Thomas
- 13. A prospective study of serum zinc levels in neonates with hyperbilirubinemia before and after phototherapy Dr Georaphy
- 14. Clinical profile and short term outcome of moderate preterm, late preterm and early term infants in a tertiary care hospital Dr Anusree Satheesh
- 15. Clinico-bateriological profile of neonatal sepsis Dr Rashmi P.
- 16. Snappe II Score : Predictor of mortality and length of stay in NICU Dr Sujana Rachuri
- 17. Study of hepatic dysfunction in children with dengue fever Dr Clara Rilna Joseph

### Talks by Staff

1. **Dr Pavan Hegde** : Delivered a lecture on 'Management of Anaphylaxis' at the 55<sup>th</sup> National Conference of Indian Academy of Pediatrics held at Nagpur from 4<sup>th</sup> to 7<sup>th</sup> January 2018.

# 2. Dr Shreedhara Avabratha

- Speaker in the KARAVALI PEDICON 2017 held at Kundapur on 2<sup>nd</sup> & 3<sup>rd</sup> December 2017.
- Faculty in the Mangalore Pedicon and M.R. Shenoy Oration 2018 on 24<sup>th</sup> & 25<sup>th</sup> March 2018 at Yenepoya Medical College, Mangalore.
- 3. **Dr Rashmi Alva** Faculty for Critical Care Workshop of YUVA KSOGA 2017 at Yenepoya Medical College, Deralakatte, Mangalore on 2<sup>nd</sup> September 2017.
- 4. Dr Jaidev M.D. Delivered a lecture on 'Anaphylaxis What's new?'at KAR ENRICHCON 2017 First State Conference of Environment and Child Health Group, Karnataka State, held on 3<sup>rd</sup> September 2017 at BLDE University Shri BM Patil Medical College Hospital and Research Center, Vijayapur.
- 6. **Dr Saritha Paul** Resource Person for the workshop 'Revise and Be wise'- workshop on Feto-Maternal Resuscitation and Obstetrician protection at KMC, Mangalore on 16<sup>th</sup> December 2017.

### 7. Dr Praveen B.K. :

- Resource Person for the workshop 'Revise and Be wise'- workshop on Feto Maternal Resuscitation and Obstetrician protection at KMC, Mangalore on 16<sup>th</sup> December 2017
- Resource Person for the CME 'Know your antibiotics' at Kerala Institute of Medical Sciences, Trivandrum on 21<sup>st</sup> January 2018.

### CME/Conferences/Workshops attended :

# Dr. Pavan Hegde

- 1. Attended RESPICON 2017 29<sup>th</sup> Annual Joint National Conference of IAP Respiratory Chapter along with Asian Paediatric Pulmonology Society (APPS) at Bangalore from 25<sup>th</sup> to 28<sup>th</sup> October 2017.
- 2. Attended 'Pedicon 2018' 55<sup>th</sup> National Conference of Indian Academy of Pediatrics at Nagpur from 4<sup>th</sup> to 7<sup>th</sup> January 2018. Delivered a lecture on 'Management of Anaphylaxis'.
- 3. Participated in the Mangalore Pedicon and M.R. Shenoy Oration 2018 on 24<sup>th</sup> & 25<sup>th</sup> March 2018 at Yenepoya Medical College, Mangalore. Was chairperson during the conference.

**Dr. B. Sanjeev Rai** participated in the Mangalore Pedicon and M.R. Shenoy Oration 2018 on 24<sup>th</sup> & 25<sup>th</sup> March 2018 at Yenepoya Medical College, Mangalore.

### Dr. K. Varadaraj Shenoy :

- 1. Participated in the 'Workshop on capacity building of Ethics Committees for clinical research in India' conducted by KMC, Mangalore on 10<sup>th</sup> & 11<sup>th</sup> April 2017.
- 2. Attended a workshop on NABH Accreditation training for Ethics Committee members at Bangalore on 22<sup>nd</sup> & 23<sup>rd</sup> Septembere 2017.

# Dr. K. Shreedhara Avabratha :

- 1. Attended workshop on Simulation Training in Emergency Pediatrics (STEP) conducted on 08.07.2017 at Yenepoya Medical College, Mangalore.
- 2. Participated in the CME 'Pediatric Clinical Biochemistry' conducted on 16<sup>th</sup> September 2017. Was chairperson during the CME.
- 3. Speaker in the KARAVALI PEDICON 2017 at Kundapur on 2<sup>nd</sup> & 3<sup>rd</sup> December 2017.
- Faculty 'ISPIS outreach awareness programme on Primary Immunodeficiencies' delivered a lecture on frequent chest infections in children on 17<sup>th</sup> December 2017 at IMA House, Mangalore conducted by Dept. of Paediatrics, KMC Hospital, Mangalore.
- Attended 'Pedicon 2018' 55th National Conference of Indian Academy of Pediatrics at Nagpur from 4<sup>th</sup> to 7<sup>th</sup> January 2018. Was chairperson during the conference and presented a poster in the conference
- 6. Participated in the Mangalore Pedicon and M.R. Shenoy Oration 2018 on 24<sup>th</sup> & 25<sup>th</sup> March 2018 at Yenepoya Medical College, Mangalore. Was faculty for the Conference.

**Dr Habeeb Ullah Khan :** Attended RESPICON 2017 29th Annual Joint National Conference of IAP Respiratory Chapter along with Asian Paediatric Pulmonology Society (APPS) at Bangalore from 25<sup>th</sup> to 28<sup>th</sup> October 2017.

### Dr Anil Shetty :

- 1. Participated in the CME 'Pediatric Clinical Biochemistry' conducted on 16th September 2017. Was chairperson during the CME.
- 2. Participated in the Mangalore Pedicon and M.R. Shenoy Oration 2018 on 24<sup>th</sup> & 25<sup>th</sup> March 2018 at Yenepoya Medical College, Mangalore.

**Dr. Rashmi S.K. :** Was faculty for Critical Care Workshop of YUVA KSOGA 2017 at Yenepoya Medical College, Deralakatte, Mangalore on 2<sup>nd</sup> September 2017.

### Dr Jaidev M.D.

- 1. Attended 'KARRESPICON 2017' State conference of IAP Respiratory Chapter at Davangere on 24<sup>th</sup> & 25<sup>th</sup> June 2017.
- Faculty at KAR ENRICHCON 2017 First State conference of Environment and Child Health Group, Karnataka State on 3<sup>rd</sup> September 2017 at BLDE University Shri BM Patil Medical College Hospital and Research Center, Vijaypur. Delivered a lecture on 'Anaphylaxis – What's new?'
- 3. Attended RESPICON 2017 29th Annual Joint National Conference of IAP Respiratory Chapter along with Asian Paediatric Pulmonology Society (APPS) at Bangalore from 25<sup>th</sup> to 28<sup>th</sup> October 2017.

### Dr. Praveen B.K.

- 1. Resource Person for the workshop 'Revise and Be wise'- workshop on Feto-Maternal Resuscitation and Obstetrician protection at KMC, Mangalore on 16<sup>th</sup> December 2017
- 2. Resource Person for the CME 'Know your antibiotics' at Kerala Institute of Medical Sciences, Trivandrum on 21<sup>st</sup> January 2018.

**Dr Saritha Paul :** Was Resource Person for the workshop 'Revise and Be wise'- workshop on Feto-Maternal Resuscitation an Obstetrician protection at Kasturba Medical College, Mangalore on 16<sup>th</sup> December 2017.

### **Departmental Activities : Guest lecture :**

- 1. Department of Paediatrics along with Department of Dermatology organized a guest lecture on 'Interesting cases in Pediatric Hematology' by Dr Radhakrishnan K.K., Consultant paediatric Haematopathologist, Melbourne, Australia on 24<sup>th</sup> April 2017.
- 2. The Department of Paediatrics organized a talk 'Golden hour' by Dr Shaeequa Parveen Dasnadi, Asst. Professor, Neonatology, Baylor College of Medicine, Houston Texas, USA on 03.07.2017 in the Conference Hall.
- 3. The Department of Paediatrics organized a 'Communication Workshop' by Dr Sethu Wariyar, Consultant Neuro-developmental Pediatrician, U.K. on 29<sup>th</sup> August 2017.
- 4. The Department of Paediatrics along with Department of Orthopaedics organized a guest lecture by Dr Vijay Shriram, Consultant Paediatric Orthopaedician, Chennai on 1<sup>st</sup> September 2017 in the hospital Conference Hall. He delivered lectures on : (a) Bone & Joint Infection in children (b) Developmental dysplasia.

### Workshop :

- 1. The Department organised a workshop on '**Basic Ventilation**' in PICU on 02.12.2017 and on '**Hemodynamics**' in PICU on 04.12.2017. It was conducted by Dr. Chetan Ginegeri, Paediatric Intensivist at Aster CMI Hospital, Bangalore.
- Environment and Child Health Sub Chapter of Indian Academy of Paediatrics, Karnataka Branch and Department of Paediatrics conducted the FAST workshop at FMMC on 3<sup>rd</sup> December 2017. Chief Faculty of the Workshop was Dr. Chetan Ginegeri, Paediatric Intensivist, Aster CMI Hospital, Bangalore.
- 3. The department of Paediatrics and Endocrinology, FMMC jointly organized 'Sampoorna', a motivational and educational program for type 1 diabetics and their families. 'Sampoorna' which means whole or complete, lived up to its name as the program offered educational as well as holistic and psycological counselling for the patients on 26<sup>th</sup> January 2018.
- 4. In an effort to improve our learning and understanding of the POCSO Act, in the backdrop of our recent experience with children, the Department of Paediatrics and Department of Forensic Medicine, FMMC organized a discussion forum on **"POCSO ACT** and the role of medical professionals" on 06.02.2018.
- 5. The Department of Paediatrics organized a CME titled 'Update on neonatal nutrition & fundamentals of research' on 10<sup>th</sup> February 2018. Eminent International & local faculty namely Dr Sanjay Patole, Neonatologist and clinical Professor, University of Western Australia and Dr. K. Varadaraj Shenoy, Professor of Paediatrics, FMMC delivered key lectures.

# 14.19. DEPARTMENT OF PATHOLOGY

### Faculty:

Dr Jayaprakash C. S	-	Professor & HOD
Dr Hilda Fernandes	-	Professor
Dr Umashankar T.	-	Professor
Dr Nisha R.	-	Associate Professor
Dr Sumanth D.	-	Associate Professor
Dr Kirana Pailoor	-	Associate Professor
Dr Reshma G. Kini	-	Assistant Professor
Dr Ashima N Amin	-	Assistant Professor
Dr Crysle S.M. Saldanha	-	Assistant Professor
Dr A. Preethi Rai	-	Assistant Professor
Dr Charu Khosla	-	Assistant Professor
Dr Archana Bhat	-	Assistant Professor
Dr Mellonie P.	-	Assistant Professor
Dr Christol B. Moras	-	Assistant Professor
Mr Omkareshwar Patil	-	Lecturer

### **Staff Achievements :**

**Dr Hilda Fernandes** delivered a lecture on 'glandular lesions a growing challenge' at CYTOCON 2017 from 10<sup>th</sup> to 13<sup>th</sup> November 2017 at Shillong, Meghalaya.

# Dr Mellonie P.

 Gave a talk on 'Recent advances in diagnosis of endometriosis' in National Conference on Pearls and Perils in gynecology – PaPGCON – 2018 on 16<sup>th</sup> & 17<sup>th</sup> March 2018 at Sree Balaji Medical College & Hospital, Chennai. • Completed Fellowship in Oncopathology in Adyar Cancer Institute, Chennai (July 2016 to July 2017).

# Dr Archana Bhat completed her fellowship in Clinical Nephropathology (1 Jan 2017 – 31 Dec 2017).

### **Publications :**

- 1. Sarath S Nair, Supriya Hegde and Crysle Saldanha. A Study of Frequency and Spectrum of Abnormalities in blood indices and blood cytology in patients with Alcohol dependence syndrome. International Journal Of Recent Scientific Research, April-2017, Vol. 8(4):16287-16290;
- 2. AshimaAmin, Nisha Jayashankar Marla, Jayaprakash C.S. A Rare Case of Giant Placental Chorangioma with Adverse Fetal Outcome : A Case Report with Review of Literature. National Journal of Laboratory Medicine. Apr-2017, Vol-6(2): PC20-PC22;
- 3. Reshma Gopal Kini, Hemangini Choudhury. Clinicopathological correlation in diagnosis of Hansen's disease: A histopathologist's perspective. Journal of Interdisciplinary Histopathology. 2017; 5(2): 48-54;
- Crysle Saldanha, Hilda Fernandes, Zeeshanali Fazalbhoy, Jayaprakash CS, Sumanth D and Reshma Kini. Diagnostic Accuracy and Pitfalls in Fine Needle Aspiration Cytology of Salivary Gland Lesions. Annals of Pathology and Laboratory Medicine, Vol. 4(3) May-June, 2017: A274-A278;
- Suvarna S, Jacintha Martis, Nandakishore B, Ganesh H Kamath, Reshma G. Kini. Chronic Macerated Plaques over the Genitalia in an Elderly Female a Diagnostic Challenge. Clinical dermatology review, Vol 1(2) July-Dec 2017: 73-75;
- 6. Archana S. Bhat, Muktha R. Pai, Nisha J. Marla, Manjunath Shetty, Joyce Jesudas. Micropapillary Pattern in a Case of Multilocular Cystic Renal Neoplasm of Low Malignant Potential. Journal of Integrative Nephrology and Andrology, Vol 4 (3) July-September 2017
- 7. Pailoor K, Pai MR, Fernandes H, Gatty RC, Jayaprakash CS, Marla NJ. A rare case of Cutaneous Lymphangiectasia of the Vulva secondary to tuberculosis. IJPRP 2017 Vol 6(4): 995-997.
- Reshma G. Kini, Zeeshanali Fazalbhouy, Astrid Lovita Miranda, Crysle S Saldanha. A study of histologic follow-up of thyroid fine needle aspirates reported in The Bethesda system of reporting thyroid cytopathology: A two year experience in a teaching hospital. Indian Journal of Pathology and Oncology, October-December 2017; 4(4):611-617
- 9. Susan Maria Mendonca, Sumanth Devaraju. Suprabasal Mitotic index: A cell kinetic aid in psoriasis diagnosis. Indian Journal of Dermatopathology and Diagnostic Dermatology, January-June 2017;Vol-4(1):2-7
- 10. Hilda Fernandes, T. Umashankar, Anto J. Richie, Sunayana Hegde. Coats' disease disease of the eye rarely encountered by pathologists. Indian Journal of Pathology and Microbiology: 2018; Vol-61:98-100.

### **Departmental Activities:**

- Conducted inter college **PG Slide Seminar** on 29<sup>th</sup> April 2017
- Conducted Interactive session on 4<sup>th</sup> August 2017 by Dr Supriya Hegde, Professor of Psychiatric Department, FMMC.
- Father Muller Medical College Hospital Blood Bank celebrated **World Blood Donor's Day** and Inaugural of Youth Red Cross Unit 2017-18 on 13.07.2017. Prof. Dr Shantharam Shetty, Pro-Chancellor of Nitte University was the Chief Guest for the function.
- The Department of Pathology in association with Indian Society of Transfusion Medicine organized a national CME on transfusion medicine, **'TRANSCME 2017'** on 2<sup>nd</sup> December 2017 on the theme, 'Evidence based transfusion medicine'.

# **Extension Activities :**

### Talks given:

Date	Торіс	Place
12.08.2017	Dr Kirana Pailoor gave a talk on 'importance of	Father Muller Homeopathic
	voluntary blood donation and blood components'	Medical College
14.03.2018	Dr Ashima N Amim, gave lecture on the theme	A.J. Institute of management,
	"Power of Positive Attitude"	Mangalore

Health camps : Total 16 health camps were conducted.

### **Patients Statistics:**

Cytology	:	5,518
Haematology	:	9,76,071
Clinical pathology	:	4,68,795
Histopathology	:	14,066

### **Research activities in department :**

- 1. Dr. Mellonie P. is doing staff research project titled, "A Clinicopathological Study of HER2/neu expression in Gastric Cancer, a novel therapeutic target"
- STS project guided by Dr. Mellonie, titled 'Diagnostis accuracy of Risk of Malignancy Index in differentiating benign and malignant Ovarian neoplasms' done by Mr. Reno Thomas got accepted in march 2018.
- 3. STS project guided by Dr Crysle Saldanha, titled 'Cytomorphological study of tuberculosis in tertiary care hospital' done by Ms Amina Mukhtarahmed Bendigeri got accepted in march 2018.
- 4. STS project guided by Dr. Umashankar T, titled 'A study of knowledge, attitude and practice of PAP smear test for early detection of cancer in urban working class women' done by Ms Reethu Vincy got accepted in march 2018.
- STS project guided by Dr. Reshma Kini, titled 'Usefulness of volume, conductivity and Scatter (VCS) technology of Coulter LH750 in distinguishing Malaria and Dengue – two endemic vector borne diseases' done by Ms Nidhi Manoj got accepted in March 2018.

# 14.20. DEPARTMENT OF PHARMACOLOGY

# Faculty :

Dr Padmaja Udaykumar	-	Professor & HOD
Dr Princy Louis Palaty	-	Professor
Dr M.K.Vijayalaxmi	-	Associate Professor
Dr Nicole Rosita Pereira	-	Assistant Professor
Dr Chandralekha N.	-	Assistant Professor
Mrs Pratibha Kamble	-	Lecturer
Dr Poovizhi Bharathi	-	Tutor

# Staff Achievements :

### Dr Padmaja Udaykumar 3 text books published :

- Pharmacology for Physiotherapy students, 3<sup>rd</sup> edition-- published by JP Brothers, Medical Publishers, New Delhi.
- Pharmacology for dental and allied health sciences, 4<sup>th</sup> edition, JP brothers.
- "Medical Pharmacology" Fifth edition 2017- published by CBS Medical Publishers, New Delhi.

Dr Poovizhi Bharathi secured 2<sup>nd</sup> rank in the MD University examination held in the month of May 2017.

### **Departmental Activities :**

- The Department of Pharmacology organised its first Annual Undergraduate Pharmacology Quiz, PHARMAQUEST-2017 in the DM Hall on 04.10.2017
- Pharmacovigilance Adverse drug reaction monitoring is being regularly done
- Prescription audit: Both OP & IP prescriptions are audited every month
- Antibiotic audit : Antibiotic usage has been audited to check for rationality

### **Research Projects :**

- Non-steroidal anti-inflammatory drugs(NSAIDs) : Physiotherapists' practice, knowledge and attitudes Dr Satvik Shetty. Guide –Dr Padmaja Udaykumar.
- "Comparison of efficacy of Pharmacotherapy alone vs Pharmacotherapy supplemented with aerobic exercises in fibromyalgia Dr Chandini Rao Guide :Dr Padmaja Udaykumar.
- Assessment of clinical outcome in patients receiing Topiramate for chronic daily headache Dr Satvik Shetty; Guide : Dr Padmaja Udaykumar.
- A prospective, comparative study of the effects of butorphanol versus tramadol for the control of post operative shivering in patients undergoing general anaesthesia. Dr Surya Diana Sande Guide :Dr Padmaja Udaykumar.
- Comparative study of tamsulosin and deflazacort combination versus tamsulosin alone in medical expulsive therapy for symptomatic distal ureteric stones Dr Shashikiran D. Guide : Dr M K Vijayalaxmi.
- Drug wastage in healthcare delivery at tertiary level A prospective, observational study with pharmacoeconomic evaluation Dr Veena Reshma D Souza. Guide: Dr Princy L Palatty.
- "Prevalence of body focused repetitive behaviours among medical and allied health science students in Father Muller medical college" a cross sectional study Dr Nicole Pereira.

- Cardioprotective activity of fruits of Garcinia pedunculata on isoprenaline induced myocardial infarction in albino rats. Ravi Mundugaru. Padmaja Udaykumar.
- Study of knowledge, attitude, practice of metoo drugs among prescribers in a tertiary care hospital Dr Chandralekha.
- Bacteriological profile and antibiotic sensitivity pattern in sputum culture of acute exacerbation of chronic obstructive pulmonary disease patients in a tertiary care hospital Dr Veena D Souza.
- Knowledge, attitude and practice towards pharmacovigilance and adverse drug reactions among postgraduate students in a tertiary care teaching hospital Dr Veena D Souza.
- A comparative study of efficacy of atovastatin alone and atovastatin with omega 3 fatty acids combination in patients with hyperlipidemia Dr Surya.
- A comparative study of IV paracetamol and IV tramadol for post operative analgesia in laparotamies Dr Surya.
- Effects of sub acute intake of various non nutritive sweeteners (NNSs) on hepatic function and morphology. Principal Investigator Dr Nicole Pereira, Co-investigator : Dr Padmaja Udaykumar.
- Intranasal brain penetration and regulatory network assessment of novel fused pyrimidine nanoparticles as an effective NMDAR antagonist against epilepsy. Principal Investigator – Dr. T. Panneerselvam. Coinvestigator – Dr Padmaja Udaykumar, Dr Chandini Rao.
- Bio-diversity oriented synthesis of thiazolo[3,2-a]pyridine-8-carbonitrile as potential pre-clinical drug candidates. Acute toxicity study Principal Investigator Dr T. Panneerselvam. Co-investigator Dr Chandini Rao.
- Design, Network Analysis, *Insilico* Modeling and Synthesis of pyrazolo pyrimidine as potential pre clinical drug-candidates. Acute toxicity study Principal Investigator Dr T. Panneerselvam. Co-investigator Dr Poovizhi Bharathi.

# 14.21. DEPT. OF PHYSIOTHERAPY

### **Faculty:**

Mr Sudeep M.J. Pais	-	Associate Professor
Mr Sydney Roshan Rebello	-	Associate Professor
Ms Anupama K.	-	Associate Professor
Ms Cherishma D'Silva	-	Associate Professor
Ms Leah Mohandas	-	Assistant Professor
Mr Jayakrishna Swain	-	Lecturer
Mr Patel Vivekbhai Dineshbhai	-	Lecturer
Ms Tintu Thomas	-	Lecturer
Ms Mohini Shah	-	Lecturer
Ms Ladha Nidhi	-	Lecturer
Mr Akhil Mathew	-	Lecturer
Ms Ziona Lionel D'souza	-	Lecturer
Ms Ashmita Iroa Davania Patrao	-	Lecturer
Mr Anand John	-	Lecturer

### **Staff Achievements :**

Mr Sudeep M.J. Pais :

• An article "**Musculoskeletal and sports text neck syndrome, a smart phone induced model** – **Literature review**" was published in proceedings of 6<sup>th</sup> International conference of Physical Therapy – AIIMS 2017, New Delhi" as a second author.

# Ms Anupama K.

• Successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association **Basic Life Support Program** on 22<sup>nd</sup> August 2017.

#### Mr Akhil Mathew

• An article "Musculoskeletal and sports text neck syndrome, a smart phone induced model – Literature review" was published in proceedings of 6<sup>th</sup> International conference of Physical Therapy – AIIMS 2017, New Delhi" as a first author.

#### **Student Achievements :**

**Mr Dishan Kudwalli, BPT (2015 batch) :** Represented the Father Muller Medical College and secured the Sixth Place in RGUHS, Inter Collegiate Single Zonal Cross Country Race (M) held at BMCH and RC Chitradurga in the year 2017-18

### **Departmental Activities :**

- 1. An **In-service programme** was conducted by Mrs Anupama K. on "**Sensory Integration**" on 15<sup>th</sup> July 2017. A brief outline on what SI is and how to identify them in children was discussed.
- An Workshop on "Importance of Ergonomics" was organized on 29<sup>th</sup> November 2017 for the students of St. Xavier Institute of Technology, Asaigoli. Mr Sudeep and Ms Cherishma were the Resource Persons. Practical session was conducted to by the Final year BPT students under the guidance of Ms Mohini Shah.
- 3. An **In-service programme** was conducted by Mr Sydney R. Rebello on 18<sup>th</sup> December 2017 on "**Research Avenues and Aspects**" various topics like RGUHS Grants, Inter Departmental Research Prospective etc. were outlines.
- 4. A **Christmas program** was conducted for the inmates of St. Antony's Poor Home, Jeppu, Mangalore on 20<sup>th</sup> December 2017.
- 5. **Inter-departmental** meeting on 13<sup>th</sup> January 2018, Dr Binesh, Assistant Professor, PMR delivered a lecture on overview of physical medicine and rehabilitation.

<b>Patient Statistics :</b>	OP	:	11,958
	IP	:	39,228

# 14.22. DEPT OF PSYCHIATRY

### Faculty:

Dr Safeekh A.T.	-	Professor & HOD
Dr Supriya Hegde Aroor	-	Professor
Dr Aruna Yadiyal	-	Professor
Dr Siddharth Shetty A.	-	Associate Professor
Dr Joylin Jovita Mascarenhas	-	Assistant Professor
Dr Chandini S	-	Assistant Professor
Dr Pavithra P Rao	-	Assistant Professor
Dr Priya Nayak K	-	Assistant Professor
Dr Preethi Rebello	-	Senior Resident
Dr Smitha Lamiya Rasquinha	-	Senior Resident
Ms S. Malarmathi	-	Lecturer/ Clinical Psychologist
Ms Christina M.Chandy	-	Lecturer/ Clinical Psychologist
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# **Staff Achivements:**

**Dr Safeekh A.T. :** Gave a talk on 'Anti psychotics and metabolic syndrome- management issues' (theme: Schizophrenia) in the midterm CME of IPS, Kerala on 21<sup>st</sup> May 2017.

# Dr Supriya Hegde

- 1. Gave talk on 'Approach towards social & emotional transition' in the personality development workshop on 15<sup>th</sup> February 2018 at Kudupu, Mangalore.
- 2. Spoke on signs and symptoms of Psychiatry for primary health care officers as a part of their DMHP training program on 20.12.2017 at Wenlock Hospital, Mangalore.
- 3. Spoke on 'Adolescents drug abuse in mother of God Church, Shakthinagar on 22.09.2017.
- 4. Spoke on good parenting at Mangalore Academy of Professional Studies on 26.08.2017.
- 5. The organizing chairperson for the IPS KC PG CME on 15<sup>th</sup> & 16<sup>th</sup> July 2017. She was the resource person for the CME and spoke on Treatment resistance in psychiatric disorders.
- 6. Spoke on 'Adolescents' for the high school children of Cambridge School, Paldane on 20.07.2017.
- 7. Gave a talk on stress management in the scientific seminar at KMC, Mangalore on 3<sup>rd</sup> June 2017.
- 8. Spoke on 'Schizophrenia' in world schizophrenia Awareness Day, organized by Indian Medical Association at Kanhangad, Kerala on 24.05.2017.
- 9. Was guest speaker in the World Health Day at Yenepoya Dental College on 7<sup>th</sup> April 2017.

# Dr Aruna Yadiyal

1. Recognized as convener of Women & Mental Health Section in the executive council of Indian Psychiatric Society on 10.03.2018.

- 2. Awarded 'Dr. S.S. Jayaram award' for publishing articles / books in English/ Kannada for the enhancement of public awareness and educating public in the field of Mental Health for the year 2016-2017 during KANCIPS -2017 at Hosapete, Hampi on 01.09.2017.
- 3. Was resource person in the Indian Psychiatric Society Karnataka Chapter PG CME at KLE Centenary Convention Centre, JNMC Campus, Belgavi from 10<sup>th</sup> to 12<sup>th</sup> March 2018. She spoke on Psychotropic in pregnancy and lactation.
- 4. Gave a talk for primary health care officers as a part of their DMHP training program on severe mental disorders and Psychosis on 20.12.2017 at Wenlock Hospital, Mangalore.
- 5. Gave a talk on severe mental illness as a part of DMHP program for ANMS and paramedical on 22.12.2017.
- 6. The invited guest at Rajyosthva Function conducted by KSHEMA, Mangalore on 02.11.2017.
- 7. Spoke on Understanding mental Health/ illness and life skills for ASHA workers- Under DMHP program at Wenlock (Children Centre) on 15.11.2017.
- 8. Spoke on mental health and life skills training for School teachers as a part of DMHP on 23<sup>rd</sup> & 25<sup>th</sup> November 2017.
- 9. Attended NGO Yuvavahini and had interactive session with over 500 students (PUC and Degree students from over five colleges of Mangalore) with regarding legal, medical personnel issues- at Town Hall, Mangalore on 29.11.2017.
- 10. Spoke on "Essentials of Stress Management" at Shree Devi Institute of Technology at Kenjar, Airport Road on 05.08.2017.
- 11. Gave a talk on stress management for mothers of teenagers at Kundapur in the programme conducted by the Vupra samaja on 25<sup>th</sup> June 2017.
- 12. Spoke on 'Substance Abuse, Addiction and Psychiatric Illness' at Jeevanidhi, Bajpe, Mangaluru on 29.07.2017.
- 13. Spoke on 'Schizophrenia patient and their take careers' in the world schizophrenia Awareness Day at Kshema Hospital on 24.05.2017.
- 14. Resource person for World Health Day conducted by the District Health Centre, Dakshina Kannada on 07.04.2017.

Dr Joylin J.M.: Spoke on 'Drug abuse and its consequences' at Padua College on 06.07.2017.

### Dr Priya Nayak K.

- 1. Conducted the college level preliminary round of quiz on Addiction Medicine on behalf of NIMHANS, Bangalore. 32 candidates from our college participated in the quiz on 22.03.2018.
- 2. The local co-ordinator for the quiz conducted by the Nightingales Medical Trust world Alzheimer's Day for Medical Students. 30 of medical students participated in this quiz on 31.08.2017.

Dr Pavithra P. Rao : Spoke on stress management at Ambika PU College, Puttur on 29<sup>th</sup> November 2017.

Dr Preethi Rebello : Spoke on Dementia and its cause at St. Francis Xavier Church, Bejai on 04.10.2017.

**Ms S. Malarmath** : attended the skill building workshop on 'application cognitive therapy in clinical settings' on  $6^{th}$  and  $7^{th}$  April 2017 at KMC, Mangalore.

### **Departmental Activities:**

- Organized a program in **commemoration of Alzheimer's day** on 21<sup>st</sup> September 2017. The Staff visited an Old age home of Little sisters of the poor (70 inmates), Bajjodi, Nanthoor, Mangalore.
- Participated in the mental health programme conducted by the PAGE (Peoples Association for Geriatric Empowerment) a programme for World Alzheimer's day at Town Hall, Mangalore on 23.09.2017. Dr Priya Nayak K was the local coordinator
- The Indian Psychiatry Society in association with the Department of Psychiatry, FMMC organized 1.5 day PG state level CME on 15.07.2017 & 16.07.2017 in the Knowledge Hall Centre. The CME integrated with PG Quiz, Poster competitions, oral Paper Competitions and various interactive sessions.
- Conducted IPS state level quiz on 05.05.2017, Dr Aruna G. was the local coordinator for the same. Many UG and interns were participated in the quiz and two of them scored above 70 in the quiz.

### **Guest Lectures organized by the Dept. :**

- 1. 'Classification of antidepressants its modification and controversies' by Dr. K. Krishnamurthy, Professor & Head, Bharathpur, Nepal on 20.02.2018.
- 2. 'Decision making in Psychiatry' by Dr V.V. Mohanchandran Professor & head, Yenepoyya Medical College on 18.01.2018.

- 3. 'Adolescent Psychiatry autism & psychiatric disorders' by Dr Anjan Mandara, Consultant Psychiatrist, Cheshire & Wirral Partnership, United Kingdom on 16.11.2017.
- 4. 'Recent advances in the management of Alcohol Dependence Syndrome' by Dr P.V. Bhandary, Consultant Psychiatrist, Director, A.V. Baliga Memorial Hospital, Udupi on 23<sup>rd</sup> August 2017.

# **PG Activities:**

- Dr. Karthika Jognson Presented the case for clinical society on the topic Insomnia due to noisy neighbors- a case of organic psychotic disorder, moderated by Dr. Priya Nayak K on 10.01.2018.
- Dr. Pavithra H secured 1<sup>st</sup> place in the paper presentation. IPSOCON South Zone conference at Wayanad, Kerala on 27<sup>th</sup> and 28<sup>th</sup> October 2017
- Dr. Deepthi S presented an oral paper in the 13<sup>th</sup> Annual National Conference of Indian Association for geriatric Mental Health held on 15& 16 September 2017. She presented on 'Old age homes: an asset or a liability for insanity?
- Dr. Deepthi S is awarded as winner in Zonal Round- South Zone of Torrent Young Scholar Award in the 13<sup>th</sup> Annual National Conference of Indian Association for Geriatric Mental Health held on 15<sup>th</sup> & 16<sup>th</sup> September 2017 at Chandigarh.
- Dr. Deepthi S has been awarded the Post Graduate Fellowship at the 13<sup>th</sup> Annual National Conference of the Association held in Chandigarh on 15-16<sup>th</sup> September 2017.

Date/ Place

Conference/Training Programs attended by staff & PG Residents :				
	Sl.No.	Participants	Training program	
	1.	Dr. Chandini, Dr. Pavithra P Rao &	10 <sup>th</sup> SAARC international	1

SI.140.	i ai ticipants	Training program	Date/ I lace
1.	Dr. Chandini, Dr. Pavithra P Rao &	10 <sup>th</sup> SAARC international	15 <sup>th</sup> to 17 <sup>th</sup> December 2017
	Dr. Priya Nayak K	psychiatric Conference	Kolkata.
		2017	
2.	Dr. Safeekh A.T, Dr. Preethi	IPSOCON South Zone	27th & 28 <sup>th</sup> October 2017
	Rebello, Dr. Anjana N.R, Dr.	conference at Wayanad,	
	Karthika Johnson, Dr. Sanop Jacob,	Kerala	
	Dr. Johncy James, Dr. Pavithra H		
	and Dr. Subramanyam M		
3.	Dr. Denzil A Pinto, Dr. Aruna G, Dr.	27 <sup>th</sup> Annual State	1-3, September 2017
	Chandini, Dr. Pavithra P Rao	Conference (KANCIPS-	_
		2017)	
4.	Dr. Supriya Hegde	Midterm CME 2017	22 and 23 April 2017 at the
			Hotel Zuri Kumarakom,
			Kerala

### **Patients Statistics :**

Inpatient Count	1,901
Outpatient Count	38,541
Speciality Clinic Patient	1,048
Extension Clinic Patients	22,190
De addiction Count	436
Clinical Psychology	1,823

### **Research Project:**

### **Ongoing Research Studies:**

- 1. Medical and psychiatric co morbidity in patients with recurrent unipolar mania Dr. Karthika Johnson guided by Dr. Safeekh A.T
- 2. Sexual Dysfunctions among male patients with bipolar affective disorder Dr. Johncy James, guided by Dr. Safeekh A.T
- 3. Association between duration of inpatient treatment and abstinence in ADS patients Dr. Sanop Jacob, Guided by Dr. Aruna G
- 4. Study of the frequency of sexual dysfunction and substance use disorders in mothers of mentally retarded children Dr. Anjana N Ramamurthy, guided by Dr. Supriya Hegde Aroor
- 5. Personality Disorder in patients with alcohol dependence syndrome- Dr. Pavithra H, guided by dr. Siddharth Shetty A.
- 6. Comparative assessment of motivation in treatment naïve and other patients in alcohol dependence- Dr. Subramanyam M, guided by Dr. Aruna G.
- 7. Anxiety Disorders in medical students- Dr. Johncy James, guided by Dr. Safeekh A.T.
- 8. Psychiatric morbidity in patients with bronchial asthma- Dr. Karthika Johnson, guided by Dr. Safeekh A.T.

- 9. Co morbid depression in alopecia areata- Dr. Sanoop Jacob Mammen guided by Dr. Aruna G.
- 10. 10. Study of anxiety and depression in patients undergoing radiation therapy -Dr. Anjana N Ramamurthy, guided by Dr. Supriya Hegde Aroor.

### **Completed Research Publications**: 12

- 1. Psychopathology & cognitive impairment in patients with hypothyroidism by Dr. Dilshana N.B, Guided by Dr. P. John Mathai.
- 2. Psychopathology & cognitive impairment in patients with Diabetes Mellitus by Dr. Lind Susan Thomas, Guided by Dr. Denzil A Pinto.
- 3. Psychopathology & cognitive impairment in patients with psoriasis by Dr K. Padma & Guided by Dr P. John Mathai.
- 4. Frequency and clinical characteristics of recurrent unipolar mania in Bipolar affective disorder by Dr. Preethi Rebello & Guided by Dr P. John Mathai.
- 5. Psychiatric co-morbidity in patients with non affective psychotic disorders a clinical study by Dr Parameshwara N.M. and guided by Dr Safeekh A.T.
- 6. Thyroid function abnormality in patients with ADS by Dr Dilshana N.B, Guided by Dr P. John Mathai.
- 7. Psychiatric morbidity in CKD on hemodialysis- by Dr. Lind Susan Thomas, Guided by Dr Denzil A Pinto.
- 8. Frequency of dermatological disorder in ADS by Dr. K. Padma & Guided by Dr P. John Mathai.
- 9. Schneider's First Rank Symptoms in Pateint with Bipolar affective disorders and schizophrenia- A clinical Study by Dr Parameshwara N.M and guided by Dr Safeekh A.T.
- 10. Interracial psychopathology in Epilepsy- A case control study- by Dr Preethi Rebello & Guided by Dr P. John Mathai.
- 11. Blood Cytology in alcohol Dependence Syndrome by Dr. Sarath S Nair, Guided by Dr Supriya Hegde.
- 12. Executive function deficits in Alcohol Dependence Syndrome patients during abstinence by Dr Aruna B Rao, Dr Siddharth Shetty A.

### Publications: 7

- 1. Sarath S Nair, Supriya Hegde, Crysle SaldanhaA study of frequency and spectrum of abnormalities in blood indices and bold cytology in patients with ADS. International Journal of Recent Scientific Research Vol.8, Issue,4, pp 16287-16290, April 2017.
- 2. Dr Chandini, Dr P John Mathai Haematological parameters in patients with alcohol dependence syndrome' IOSR Journal of Dental and Medical sciences. 2017;16(5):11-16.
- 3. Dr Chandini, Dr P John Mathai 'Serum electrolytes level in patients with alcohol dependence syndrome-International Journal of Contemporary Medical Research. 2017;4(5):992-997.
- 4. Dr. Safeekh A.T. Understanding depression: An overview. Arch Med Health sciences 2017 Arch Med Health sciences 2017;5:107-11.
- Dr Preethi Rebello, Dr Pavithra P Rao, Dr Priya Nayak K-Bipolar mood disorder and concurrent medical multi comorbidity International journal of health sciences and research vol.7; issue:3: March 2017:2:237-242.
- 6. Binil V, Christopher Sudhakar, Supriya Hegde, Ravishankar N- A review on violent behaviour among patients admitted in psychiatric setting Medicolegal update 2017:17:2:237-242.
- 7. Dr Pavithra P Rao, Dr Preethi Rebello- Risperidone induced rabbit syndrome. Neurol India 2018; 66 Suppl S1:150-2.

# 14.23. DEPARTMENT OF PHYSIOLOGY

### Faculty:

Dr B.G. Subba Rao	-	Professor & HOD
Dr. Shyamala Kumari V.	-	Associate Professor
Dr Jnaneshwara P. Shenoy	-	Associate Professor
Dr Panchami	-	Assistant Professor
Dr Anahita R. Shenoy Basti	-	Assistant Professor
Dr Pauline Anand	-	Assistant Professor
Ms Sareeta Samson	-	Assistant Professor
Mrs Shaina Kiran Pinto	-	Assistant Professor

# **Research Publication:**

### Dr Shyamala Kumari

• Current status of haemodialysis in a tertiary care government hospital **.Shyamala K.V**, Venu Gopala D. Indian Journal of Clinical Anatomy and Physiology.Volume 4 Issue 1: 84-86.2017. ISSN: 2394-2118

• Intravenous catheter complications in hemodialysis **.Shyamala Kumari Volabailu**, Venu Gopala Delanthabettu. National Journal of Physiology, Pharmacy and Pharmacology.Volume 7 Issue 3:247-249.2017. ISSN : 2320-4672.

### Dr Jnaneshwar P. Shenoy

- Correlation of Cobb's angle with pulmonary function in idiopathic scoliosis. Muniyappanavar N S, **Jnaneshwara P Shenoy,** Shivakumar J. National Journal of Physiology, Pharmacy and Pharmacology. Volume 7 Issue 10:1104-1108.2017, ISSN : 2320-4672.
- Mental Stress Induced Corrected QT Interval Changes in the Milieu of a Normal Menstrual Cycle. Jnaneshwara P Shenoy, Shivakumar J, Sahana PA, Preethi J Shenoy. Biomedicine - Volume 37 No.2:226-229.2017. ISSN: 0970-2067

### Dr Anahita R. Shenoy

• Alteration of heart rate variability in patients with coronary artery disease. Venkatesh D, Shenoy AR, Prakash V S. National Journal of Physiol Pharm Pharmacol 2018; 8(online first)

### **Dr** Pauline Anand

• Is Homocysteine a silent marker for cardiovascular disease?. Nithin Varghese Abraham, Priyanka S. Bannikoppaand **Pauline Anand.** International Journal of Biomedical and Advance Research 2017;Volume 8(12): 455-459. ISSN: 2229-3809 (Online); 2455-0558 (Print)

# 14.24. DEPT. OF RADIO DIAGNOSIS

# Faculty

Dr H.B. Suresh	-	Professor & HOD
Dr Ram Shenoy Basti	-	Professor
Dr Anto J. Richie	-	Associate Professor
Dr Basavaraj N. Biradar	-	Assistant Professor
Dr Berton Craig Monteiro	-	Assistant Professor
Dr Atheendra K.R.	-	Assistant Professor
Dr Mahesh	-	Senior Resident
Dr K. Ashoka Reddy	-	Senior Resident
Dr Uthsavi N. Patel	-	Senior Resident
Dr Dilip Kumar M.P.	-	Senior Resident
Dr Peter Joshua	-	Senior Resident
Mr Lybin Kuriakose	-	MRI Technologist

### Departmental Activities : Conferences/CME/Guest Lecture Attended : Dr H.B. Suresh

- Attended Dr. R.K Goulatia CME on 23<sup>rd</sup> & 24<sup>th</sup> September 2017 at Mysore.
- Participated in the CME on 'An Update on health care 2017' on 15.10.2017 at Dr. A.V. Rao Memorial Conference Hall, IMA House, Attavar Road, Mangalore, Karnataka.
- Participated as delegate in the CME on 'Fetal Echocardiography' on 18<sup>th</sup> February 2018 at A.J. Institute of Medical Science and Research Center, Mangalore.
- Observer for the CME organized by Department of Radio-Diganosis and Imaging, 'Fetal Echocardiography' on 18<sup>th</sup> February 2018 at A.J. Hospital and Research centre, Mangalore.

**Dr Ram Shenoy Basti :** Participated as delegate in CME on 'Musculoskeletal Imaging and Workshop -2017' on 26<sup>th</sup> November 2017 at Kasturba Medical College and Hospital, Manipal University, Manipal.

**Dr** Mahesh : attended 30<sup>th</sup> European Congress of Radiology 28<sup>th</sup> Feb 2018 to March 4<sup>th</sup> 2018 at Vienna, Austria and has been awarded the European Diploma in Radiology (EDiR) by European Board of Radiology (EBR).

### Awards:

• Dr Anston Vernon Braggs has secured 2<sup>nd</sup> place in Quiz Competition held in the CME on "Musculoskeletal Imaging and Workshop - 2017" on 26<sup>th</sup> November 2017 at KMC and Hospital, Manipal University, Manipal.

• Dr Mahesh obtained the European degree in Radiology (EdiR) after passing the EdiR examination held in Vienna, Austria on 27th February 2018.

## **Publications:**

- Evaluation of Awareness on Radiation Protection and Hazards among Paramedical Personnel working in Radiology Department of a Teaching Hospital.
- International Journal of Contemporary Medicine Surgery and Radiology-2017; 2(4):158-165. Soujanya Mynalli<sup>1</sup>, Basavraj N Biradar<sup>2</sup>, Ram Shenoy Basti<sup>3</sup>, Anston Vernon Braggs<sup>4</sup>
- Evaluating the Diagnostic Yield of CT guided Biopsy and FNAC in a tertiary care Hospital. Journal of Contemporary Medicine Surgery and Radiology-2018; 3(1):23-27. Ram Shenoy Basti<sup>1</sup>, Anston Vernon Braggs<sup>2</sup>, Soujanya Mynalli<sup>2</sup>, Rithi D' Silva<sup>2</sup>, Suresh H B<sup>5</sup>
- Anatomical Variations of Olfactory Fossa according to Kero's Classification in Dakshin Kannada: A comparison study with other races. International Journal of Contemporary Medicine Surgery and Radiology-2018, 3(1):22-25. Ram Shenoy Basti<sup>1</sup>, Anston Vernon Braggs<sup>2</sup>, Soujanya Mynalli<sup>3</sup>, Rithi Melissa D'Silva<sup>4</sup>

### **Posters/papers presented:**

# Dr Mahesh :

- Dr. Mahesh presented the electronic poster entitled, 'Spectral Doppler analysis of haemodynamic alterations in central retinal artery and posterior ciliary artery of diabetics a comparative study' in the European congress of radiology 2018 from 28th February to 4th March 2018 in Vienna, Austria.
- Dr. Mahesh won the best paper prize for his the paper titled 'Evaluation of the role of simulation training in nuchal translucency measurement' in the International Conference USINCON INDIA 2018 on 17th and 18th February 2018 at Father Muller Simulation and Skill Centre, Mangalore.

### **Guest Lectures conducted in the Department:**

- Guest lecture on 'Interventional Radiology' by Dr Lenon J. D'Souza, Consultant Radiologist, KEM Mumbai on 17th & 18th September 2017.
- Guest lecture on 'Interventional Radiology' by Dr Dilip Kumar, Interventional Radiologist on 04.12.2017 .
- Video lecture by Dr. Srinivas Desai, RADSPIRE on case Discussion (Topic discusussed : (1) Spinal cord infarcts (2) Hemoeosinophic syndrome) on 20.12.2017.
- Guest lecture on 'Paediatric Cases' by Dr Ajay P. D'Souza, Consultant Radiologist, Aljalila Children's Speciality Hospital, Dubai on 26th, 27th and 28th December 2017.
- Guest lecture on 'Contrast Media in Children (Specific Issues)' by Dr Ajay P. D'Souza, Consultant Radiologist, Aljalila Children's Speciality Hospital, Dubai on 29.12.2017.
- Guest lecture on 'Interventional Radiology (GI bleed)' by Dr Dilip Kumar, Interventional Radiologist on 09.02.2018.
- Guest lecture on 'MRI Shoulder' by Dr. Krishna Kiran, U.K on 12.03.2018.

### **Patient Statistics :**

Conventional Exposures	-	1,04,581
Special Radiological Procedures	-	561
Ultrasound Abdomen and OBG	-	49,175
C.T. Scan & C.T. Scan Oncology	-	11,723
M.R.I. (0.4 Tesla & 1.5 Tesla)	-	6,415
Mammography	-	446
Interventional Procedures	-	656
Doppler	-	4,553

# 14.25. DEPARTMENT OF RADIOTHERAPY

### Faculty:

-	Professor & HOD
-	Assistant Professor
-	Senior Resident
-	Senior Resident
-	Senior Resident
-	Medical Physicist / Assistant Professor
-	Medical Physicist / Lecturer
	- - -

# **Staff Achievements:**

# Dr Hasib A.G.

- CME- breastcon : Given talk about accelerated partial breast irradiation on 03.03.2018 at KMC and Hospital, Manipal.
- Examiner for B.Sc-RTT for RGUHS Karanataka (April 2018)

# Dr Athiyamaan

• Quiz master of Inter College MBBS Undergraduate quiz competition on 22.04.2017 at KMC Hospital, Attavar.

# **Departmental Activities:**

- On 29<sup>th</sup> August 2017 a guest lecture was organized in the Department on the topic : "Methodology of conduction of oncology health camps". Dr Ibrahim, Professor of Surgery and community oncology from Yenepoya Medical College.
- Father Muller Oncology Center celebrated the 10<sup>th</sup> anniversary on 9<sup>th</sup> December 2017. As a part of awareness on Cancer Prevention, various events and competitions like essay writing, drawing etc were held to the high school children from various schools in and around Mangalore.

# Patients Statistics : 13,917

# 14.26. SIMULATION AND SKILL CENTRE

Father Muller Simulation and Skills Centre (FMSSC), a unit of Father Muller Charitable Institutions, is a state of the art, multi-professional training facility equipped with the most advanced medical simulators and skills trainers. Sophisticated manikins, known as human patient simulators, provide the students with a computer-based patient. The manikins can breathe & talk; they have audible heart and lung sounds, and can even be given drugs and fluids.

- 1. Human Patient Simulators,
- 2. Wide range of Skill Trainers
- 3. Ultrasound Simulators (Vimedix)
- 4. EndoVR
- 5. Lap VR
- 6. Nursing Manikin
- 7. BLS/ACLS trainers
- 8. Well equipped Control room & Debriefing room, simulator rooms, trainer rooms, stock room and changing room,.

# Faculty formed by Coordinators from various departments :

- 1. Administrative Incharge of FMSSC
- Dr. Rithesh Joseph D' Cunha (Senior Resident in Anaesthesiology)
- 2. Academic Incharge of FMSSC & Training Centre Coordinator for AHA Courses Dr. Lulu Sherif (Associate Professor in Anaesthesiology)
- Director of AHA Courses of FMSSC Dr. Shreedhara Avabratha (Professor in Pediatrics)
- Coordinators For Nursing Service Mrs. Helen Lobo Mrs. Eliza Monteiro Ms. Thara Machado
  - Mrs. Lavina Nazareth
  - Mrs. Lavina Nazareti Ms. Dorothy D'souza
  - Sr. Patsy
- 5. Coordinator for Casualty Dr. Sebastian Mathias (CMO)
- Coordinators for Medicine Dr. Prasanth Y M Dr. Veena Pinto Dr.Swapna P K
- 7. Coordinator for Pediatrics

Dr. Rashmi Alva

- 8. Coordinators for OBG Dr. Deepa Kanagal V Dr. Shannon Fernandes
- 9. Coordinator for Anesthesiology Dr. Shailaja.S
- 10. Coordinator for ENT Dr. Savita Lasrado
- 11. Coordinators for Gen. Surgery Dr. Prathvi Shetty Dr. Elroy Saldanha
- 12. Coordinator for Pre and Paraclinical Dr.Nicole Rosita Pereira (Pharmacology)
- 13. Coordinator from Radiology Dr. Mahesh
- 14. Coordinators for Nursing College Ms. Reena Frank Ms. Shoba P Xavier Ms. Shwetha Rashmi M S Sr. Judy
- 15. Coordinator for Nursing School Ms. Nathalia Martis
- 16. Coordinators from IT Mr. Jagadeesh
  - Mr. Chethan Kumar
- 17. Coordinator from Biomedical Mr. Ashwath

# **Department Activities:**

# **Faculty Development Programs:**

- 1. Training on Baby simulator by Mr.Juan Antonio Muro on 15th May 2017.
- 2. Training on Endo VR and Vimedix by Dr. Juan Seville on 19<sup>th</sup> & 20<sup>th</sup> May 2017.
- 4. Training on AV System by Mr. Pradeep Kattenahalli on 9<sup>th</sup> August 2017.

# **Conference/CME/** Workshops conducted:

- 1. Workshop on clinical Skill on 9<sup>th</sup> May 2017.
- 2. One day Endo VR on 1<sup>st</sup> July 2017.
- 3. LAPAROSIM Workshop on 15<sup>th</sup> & 16<sup>th</sup> July 2017.
- 4. ECG Workshop on 8<sup>th</sup> August 2017.
- 5. Trauma Simulation workshop in accosation with KOACON on  $2^{nd}$  February 2018.
- 6. International Pre- Conference workshop on Ultrasound simulation as part of USIMCON India 2018 on 16<sup>th</sup> February 2018.
- USIMCON India 2018 Conference on 17<sup>th</sup> & 18<sup>th</sup> February 2018. 7.
- 8. Code Trauma Simulation drill as part of Anaesthesia Trauma CME on 4<sup>th</sup> March 2018.

# **CQI** Trainings :

- 1. CPR for non teaching hospital staff on 27<sup>th</sup> & 29<sup>th</sup> May 2017.
- 2. Orientation to PALS for Nursing Staff on 5<sup>th</sup> June 2017.
- 3. Code Blue Training for Clinical PG on 6<sup>th</sup> June 2017.
- 4. Nursing Induction for new nurses on 30<sup>th</sup> August 2017.
- 5. Hospital Orderly training program from 11<sup>th</sup> to 15<sup>th</sup> and from 25<sup>th</sup> to 28<sup>th</sup> September 2017.
- 6. Nursing Aide Training program on 29<sup>th</sup> September and from 3<sup>rd</sup> to 6<sup>th</sup> October 2017.
- 7. Pre-Analytical Lab workshop for Medical PG's and Interns on 28.10.2017.
- 8. Simulation Workshop for Lab personal on 9<sup>th</sup> & 16<sup>th</sup> September 2017.

# **AHA Courses :**

- 1. BLS for Medical Interns on 7<sup>th</sup> & 8<sup>th</sup> June 2017
- 2. BLS for Medical PG's on 4th July 2017
- ACLS for Medical PG's on 5<sup>th</sup> & 6<sup>th</sup> July 2017
   BLS for Medical PG's on 18<sup>th</sup> July 2017
- 5. ACLS for Medical PG's on 19<sup>th</sup> & 20<sup>th</sup> July 2017

- 6. BLS for Nursing Interns on 21<sup>st</sup> to 23<sup>rd</sup> August 2017
- 7. BLS for Faculty on 24<sup>th</sup> October 2017
- 8. ACLS for Faculty on 25<sup>th</sup> & 26<sup>th</sup> October 2017
- 9. BLS for Medical Interns on 6<sup>th</sup> & 7<sup>th</sup> December 2017
- 10. BLS for GNM Interns on 8<sup>th</sup> December 2017
- 11. ACLS Instructors Course 20th December 2017
- 12. BLS for Nurses 7th March 2018
- 13. ACLS for Nurses  $21^{st} \& 22^{nd}$  March 2018

### **Staff Achievements:**

**Dr Shreedhara Avabratha** : Was invited as a Simulation Educator at ACTS-YEN, Yenepoya University on 8<sup>th</sup> July 2017 for STEP Workshop organized by PEDISTARS INDIA and Participated as PALS instructor at KMC – Manipal.

**Dr Rashmi Alva :** Was resource faculty at ACTS – YEN, Yenepoya University on 2<sup>nd</sup> September 2017 for the simulation workshop on critical care in Obstetrics organized by YUVA KSOGA and Participated as BLS Instructor at AJ Hospital Mangalore.

**Dr** Shannon Fernandes and Dr Deepa Kanagal V. : Was resource faculty at ACTS – YEN, Yenepoya University on 2<sup>nd</sup> September 2017 for the simulation workshop on critical care in Obstetrics organized by YUVA KSOGA.

# Dr Elroy Saldanha

- Research Paper was accepted at the HPSN world Conference at Florida 2017.
- ➢ Was resource faculty at FMSSC on 2<sup>nd</sup> Feb 2018 for the Trauma Simulation workshop organized by KOACON.

Dr Prashanth Y.M. & Dr Swapna : Was BLS instructor at AJ Hospital, Mangalore

**Dr Prathvi Shetty :** Presented Paper at the International Ultrasound Simulation Conference, USIMCON India 2018 at FMMC on 17<sup>th</sup> February 2018.

**Dr Mahesh :** Secured 1<sup>st</sup> Prize for Paper presentation at the International Ultrasound Simulation Conference, USIMCON India 2018 at FMMC on 17<sup>th</sup> February 2018.

**Dr Nicole Pereira :** Was the editor for the MULLERSIM 2018 Magazine released on 17<sup>th</sup> February 2018 at the inaugural USIMCON India 2018 at FMMC on 17<sup>th</sup> February 2018.

### Dr Shailaja

- ➢ Was resource faculty at Simulation CME organized by NUMED-SIM, NITTE University on 3<sup>rd</sup> March 2018.
- Presented a Paper on 10<sup>th</sup> November 2017 at JORHAT Medical College for National Professional Health Education Conference.
- > ACLS Instructor at AJ Hospital, Mangalore.

### Dr Rithesh D'Cunha

- ➢ Was resource faculty at ACTS − YEN, Yenepoya University on 2<sup>nd</sup> September 2017 for the simulation workshop on critical care in Obstetrics organized by YUVA KSOGA.
- ➢ Was resource faculty at FMSSC on 2<sup>nd</sup> Feb 2018 for the Trauma Simulation workshop organized by KOACON.
- ➢ Was resource faculty at Simulation CME organized by NUMED-SIM, NITTE University on 3<sup>rd</sup> March 2018.
- Was resource faculty at FMMC for Anaesthesia Trauma CME on 4<sup>th</sup> March 2018
- ➢ Was Organizing Secretary for the International Conference USIMCON India 2018 (16<sup>th</sup> to 18<sup>th</sup> February 2018)

# Dr Lulu Sherif

- > Invited as a panelist for the simulation CME at ACTS-YEN, Yenepoya University on 14<sup>th</sup> September 2017.
- Invited guest speaker as Simulation Educator at the CAHOTECH International Conference at Bangalore on 23<sup>rd</sup> September 2017.

- Invited guest speaker as Simulation Educator at the KISACON State conference at Calicut on 15<sup>th</sup> October 2017.
- Invited guest speaker as Simulation Educator at the KOSCON State conference at Bangalore on 4<sup>th</sup> November 2017.
- Presented a paper at the International Simulation Conference, IMSH 2018 at Los Angeles on 15<sup>th</sup> January 2018.
- Passed the Certified Healthcare Simulation Educator Exam (CHSE) in January 2018. 1<sup>st</sup> Indian applicant to pass CHSE.
- Was Certified as Team STEPPS Master Trainer by AHRQ, USA in January 2018.
- Invited guest speaker at Father Muller Convention Centre on 3<sup>nd</sup> February 2018 for the State Conference organized by KOACON.
- ➤ Was one of the Directors for Faculty Development Program organized by NUMED-SIM, NITTE University on 2<sup>rd</sup> March 2018.
- ➤ Was resource faculty at Simulation CME organized by NUMED-SIM, NITTE University on 3<sup>rd</sup> March 2018.

### Meetings :

- 1. Core committee Planning for USIMCON India 2018 on 13<sup>th</sup> & 14<sup>th</sup> June 2017.
- 2. Quiz Committee meeting For USIMCON India 2018 with Dr K.G. Ramesh on 13.01.2018.
- 3. Nursing Faculty meeting for BSC Class on 17<sup>th</sup> January 2018.

### Visitors :

- Delegation from Central Government Via FMHMC on 24.05.2017
- > Dr Praveen Agarwal, DNB Inspector, Delhi on 30.05.2017
- ▶ ESIC, Delhi on 30.06.2017
- > Delegation from JSS Medical College, Mysore and JNMC, Belgaum on 08.11.2017
- Team of MSW Faculty and Students from Maharashtra 05.12.2017
- > Dr. H. Veerabhadrappa, President Karnataka Medical council on 13.03.2018.

### **Student Class Statistics:**

Medical : Total No. of classes taken during the year : 147 and Nursing : 11

# 14.27. DEPARTMENT OF UROLOGY

### **Faculty:**

Dr K. Pitchai Balashanmugam	-	Professor & HOD
Dr Manjunath Shetty	-	Professor
Dr Prashanth Adiga K.	-	Assistant Professor
Dr Nandakishore B.	-	Assistant Professor
Dr Vishruth K. Raj	-	Assistant Professor

### Staff Achievements :

### Dr Pitchai Balashanmugam

- 1. Participated as a Delegate in the 28<sup>th</sup> Annual Conference of Association of Southern Urologists SZUSICON 2017 at KMC, Manipal from 11<sup>th</sup> to 13<sup>th</sup> August 2017.
- 2. Participated in 51<sup>st</sup> Annual Conference of Urological Society of India at B.M. Birla Science & Technology Centre, Jaipur, Rajasthan during18-21 January 2018 as a Delegate.

### Dr Manjunath Shetty

- 1. Participated as a Delegate in the 28<sup>th</sup> Annual Conference of Association of Southern Urologists SZUSICON 2017 at Kasturba Medical College, Manipal from 11<sup>th</sup> to 13<sup>th</sup> August 2017.
- Participated as a Faculty and contributing to the success of UAKON 2017 (31<sup>st</sup> Annual conference of Urological Association of Kerala) on 25<sup>th</sup> & 26<sup>th</sup> November 2017 The Lalit Resort & Spa, Bekal, Kasaragod.
- 3. Participated as a Delegate in 3DLAPENDOFUSION 2017 at PVS Memorial Hospital Ltd on 9<sup>th</sup> & 10<sup>th</sup> September 2017.
- 4. Participated as a Delegate in the CME Program on Management of Advanced Prostate Cancer on 9<sup>th</sup> April 2018 at A.J. Hospital & Research Centre, Mangaluru.

5. Participated in 51<sup>st</sup> Annual Conference of Urological Society of India at B M Birla Science & Technology Centre, Jaipur, Rajasthan during 18-21 January 2018 as a Delegate.

# Dr Prashanth Adiga

- 1. Participated as a Delegate in the 28<sup>th</sup> Annual Conference of Association of Southern Urologists SZUSICON 2017 at Kasturba Medical College, Manipal from 11<sup>th</sup> to 13<sup>th</sup> August 2017
- Participated as a Faculty and contributing to the success of UAKON 2017 (31<sup>st</sup> Annual conference of Urological Association of Kerala) on 25<sup>th</sup> & 26<sup>th</sup> November 2017- The Lalit Resort & Spa, Bekal, Kasaragod.
- 3. Participated as a Delegate in the CME Program on Management of Advanced Prostate Cancer held on 9<sup>th</sup> April 2017 at A.J Hospital & Research Centre, Mangaluru.
- 4. Participated as a Delegate in 'PCNL' CME program on 13<sup>th</sup> & 14<sup>th</sup> October 2017 at Mumbai, India.
- Participated in 51<sup>st</sup> Annual Conference of Urological Society of India at B M Birla Science & Technology Centre, Jaipur, Rajasthan during 18-21 January 2018 as a Delegate.

# Dr Nandakishore B.

- 1. Attended Urology Complication Conference 2017 as a faculty on 24<sup>th</sup> & 25<sup>th</sup> June 2017 at Holiday Inn, Aerocity, New Delhi
- 2. Participated as a Delegate in the 28<sup>th</sup> Annual Conference of Association of Southern Urologists SZUSICON 2017 at Kasturba Medical College, Manipal from 11<sup>th</sup> to 13<sup>th</sup> August 2017.
- 3. Participated as a Delegate in the annual conference of Karnataka Urology Association 2017 on 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> November 2017 at Virajpet, Coorg, Karnataka.
- 4. Participated in the 20<sup>th</sup> Dr T.S. Jairam Memorial Live Operative Workshop and CUE on 'Surgeries in CKD' on 23<sup>rd</sup> & 24<sup>th</sup> September 2017 at Institute of Nephro-Urology, Bangalore.
- Participated as a faculty during PERCON-SOUTH 2017 Live Operative Workshop held at KMC on 12<sup>th</sup> & 13<sup>th</sup> November 2017.
- 6. Participated as a Delegate in the CME Program on Management of Advanced Prostate Cancer on 9<sup>th</sup> April 2017 at A.J Hospital & Research Centre, Mangaluru.
- 7. Participated as a Delegate in 'PCNL' CME program on 13<sup>th</sup> & 14<sup>th</sup> October 2017 at Mumbai, India.
- Participated as a Delegate in the CME on 'VASCULAR ACCESS PROGRAM' at the learning centre, AINU, Hyderabad on 21<sup>st</sup> & 22<sup>nd</sup> October, 2017
- 9. Attended the 5<sup>th</sup> ASU-Prof H.S Bhat Midterm CUS on bladder cancer at Jenny Residency Coimbatore, Tamilnadu on 19<sup>th</sup> November 2017.
- 10. Participated as a Delegate at the Live Workshop (Advancements in Endourology 2018) on 24<sup>th</sup> & 25<sup>th</sup> February 2018 at Ahmedabad.
- 11. Participated as a Delegate at the Master Class on PCNL & RIRS (Advancements in Endourology 2018) on 23<sup>rd</sup> February 2018 at Ahmedabad.
- 12. Participated as Faculty during PERCON-SOUTH 2017 Live Operative Workshop held at KMC on 12<sup>th</sup> & 13<sup>th</sup> November 2017. He gave a talk on 'APPLIED ANATOMY IN PCNL' the workshop was attended by around 75 Delegates from South India.

**Dr Vishruth K. Raj :** Participated in the Continuing Urological Education program of the Department of Urology, Christian Medical College, Vellore on 26<sup>th</sup> & 27<sup>th</sup> May 2017.

### **Departmental Activities :**

- 1. Organized Urolithiasis camp on 03.04.2017. Free registration was given for all the patients attending the OPD. 50% concession given for medicine, 50% concession for USG and 25% concession for urine analysis was given to all the kidney stone patients. A total of 78 patients got benefits from the camp out of which 58 were male patients and 20 were female
- 2. Organized KIDNEY Camp from 26<sup>th</sup> to 28<sup>th</sup> March 2018. Free registration was given for all the patients attending the OPD. 50% concession for USG and 25% concession for urine analysis was given to all the Urology patients. A total of 226 patients got benefits from the camp out of which 174 were male patients and 52 were female.

# Any Other :

- Our 1<sup>st</sup> PG Dr Siva Sai Bharadwaja had secured 5<sup>th</sup> Rank in the RGUHS (M.Ch Urology) examinations for the year 2017.
- Publication: Cases of retrovesical ectopic prostate tissue-International Journal of Recent Trends in Science and Technology. April 2017; 22(3): 2017-2019.

# 14.28. CENTRAL LIBRARY

[	Membership:	Staff	Post-	graduates	Under - grad	luates	Outsiders
	Users:	464		515	2371		53
Nu	mber of visitors on an a	verage		:	230 per day		
Nu	mber of books issued of	n an average	e	:	21 per day		
Nu	mber of books consulte	d on an aver	age	:	682 per day		
Ace	quisition:			Books	Journals	e-journ	als
By	Purchase:			1324	256	7323	
Вy	Gift :			494	32	-	
Per	riodicals (Journals):						
	the beginning of the year	ır	:	7321			
	the end of the year		:	7579			

# Library Collection :

	Books	<b>Bound Periodicals</b>	Dissertations
At the beginning of the year (01.04.2017)	29468	7438	1603
Added during the year	1323	231	145
At the end of the year (31.03.2018)	30791	7668	1748

Slides	101 (No. of Frames: 4178)
Video Cassettes	67
Audio Cassettes	4
Transparencies	50
Photographs	18
Charts	6
Posters	51
C.D.ROMS	1196
MEDLINE	49 (From 1985-2000 Sept)
P.M.L.	337 (From 1995-2002)
General	810

Library Budget: (Books and Journals ): Rs.72,38,000.00

# **EXPENDITURE: (in Rupees)**

Books	24,44,009=55
Periodicals	28,87,436=80
Miscellaneous: Bindings	61,945=00
News papers and general magazines	44,684=00
Wooden glass door cupboard	64,428=00
Double Faced Wooden Open Rack	1,59,831=00
Easylib software upgradation and	17,700=00
Annual Maintenance Contract	

### **E-Resources**

DELNET	11,500=00
INFLIBNET –NLIST	34,500=00
Up to date	8,08,586=82
J-gate Biomedical Sciences	2,82,020=00
Epoxy	
Fedgate Discovery Services	
Mangalore University Library	1,000=00

Staff:

Librarian	-	1
Library Assts.	-	8

Junior Clerk	-	1
Attenders	-	7

## Visitors to the Department :

Students : Lourde Institute of Allied Health Sciences, Kannur

- ,, School of Health Sciences, Kannur
- " School of Medical Education, Gandhinagar, Kottyam
- ,, La Source Institute, Switzerland
- " FMMC Alumni.

### **Departmental Activities:**

- Organized a Training and Demonstration session on "J-Gate" on 2<sup>nd</sup> June 2017 in Decennial Memorial Hall.
- ♦ Organized a live demo on "Grammarly" on 28<sup>th</sup> July 2017 in Knowledge Centre Hall.
- ♦ Organized a Training session on "Clinical Key" on 18<sup>th</sup> September 2017 in Knowledge Centre Hall.
- An Exhibition of Health Sciences Books was organized on  $10^{\text{th}} \& 11^{\text{th}}$  October 2017.
- Organized a Demo on "INCISION Self teaching surgery procedures" on 28<sup>th</sup> March 2018 in Knowledge Centre Hall.

### **Staff Achievements :**

### **Dr Janet Dotty Lobo**

- Attended a Two Day National Level Conference on "Professionalism in Library and Information Services for User Empowerment : Opportunities 2<sup>nd</sup> Challenges (PROFUSE 2017) on 27<sup>th</sup> & 28<sup>th</sup> April 2017 at Mangalore University, Mangalagangothri. Presented a paper entitled, "facilities and services at Father Muller Knowledge Centre: an overview". Published in the conference volume ISBN 978-81-8198-445-6.
- 2. Attended a workshop on "Optimal Utilization of E-resources under HELINET Consortium" held on 22.09.2017 at A.J. Institute of Medical Sciences, Mangaluru.
- 3. Attended the International Conference on Future of Libraries from Promises to Practice (IFL-2017) held at DRTC, Indian Statistical Institute, Bengaluru on 15<sup>th</sup> to 17<sup>th</sup> November 2017. Presented a Paper entitled "Use of web based library services in a medical college : study" Published in the conference volume ISBN978-81-92179-7.
- 4. Attended the 10<sup>th</sup> annual conference of KHSLA 2018 held at M.S. Ramaiah Medical College, Bangalore on 23<sup>rd</sup> & 24<sup>th</sup> February and presented Paper entitled, "Resource Sharing Using Common Cataloguing Platforms in Health Sciences in Karnataka". Published in the conference volume. She was the chairperson of one of the technical session.

**Mrs Ida Tellis & Ms. Bhavyashree S. :** Attended the Optimal Utilization of E-resources under HELINET Consortium" held on 22.09.2017 at A.J.Institute of Medical Sciences, Mangaluru.

**Mrs Shanthi Crasta :** Attended one day Workshop on "Retrieving e-resources" on 23<sup>rd</sup> February 2018 at Father Muller College of Nusing.

### **LIBRARY SERVICES :**

- Bibliographic Service on demand
- Current Awareness Service
- Database Search Service
- Lending of Books
- Lending of Periodicals
- New Additions
- Reader's Guidance
- Reference
- Photocopying
- Audio Visual
- Inter Library Loan
- Document Delivery Service
- Circulation
- Computer and Printing
- User orientation/information literacy
- Power back up

# 14.29. N.S.S. UNIT

### Number of students participated in NSS events – University level : 3 students

**Donation of Books to Orphanage :** The NSS unit of FMMC organised a book donation program for the inmates of Bhagini Samaj orphanage on 31.05.2017. Around 20 NSS volunteers accompanied by the program officers took part in the event. 200 note books and snacks were distributed to the children of the orphanage.

**International Yoga Camp :** NSS officer Dr Shailaja Katti along with three NSS volunteeres : Ms Deekshitha, Ms Sushmitha Ravi Kumar and Ms Vinal Mascarenhas attended the University level NSS Program, a 3 day yoga camp organised by SDM College of Naturopathy and Yogic Sciencies, Ujire from  $19^{th}$  to  $21^{st}$  June 2017.

**International Yoga Day :** The NSS unit of FMMC along with Student Development Committee celebrated International Yoga Day on  $22^{nd}$  June 2017. Yoga therapist Kushalappa Gowda was invited as the Guest who spoke about the importance of Yoga and showed different assanas and their importance in health. Around 50 NSS volunteers along with the staff of FMMC participated in the program.

**Old Age Home Visit :** The NSS unit of FMMC along with Student Development Committee organised a visit to St Anthony's old age Homes on 1<sup>st</sup> October 2017. Around 50 NSS volunteers accompanied by the program officers took part in the event. The volunteers distributed Snacks to the inmates, students collected cloths and donated to the inmates of the old age home and the volunteers spent time with the inmates.

# 14.30. YOUTH RED CROSS UNIT

## Members :

empe	15.		
1.	Dr Jayaprakash Alva, Dean, FMMC	-	Chairperson
2.	Dr Kirana Pailoor, I/c Blood Bank &		
	Associate Professor, Dept of Pathology	-	Programme Officer
3.	Dr Maithreyee, Asst Professor, Dept of Biochemistry	/ -	Faculty Member
4.	Mr Michael Pais	-	Student Vice Chairman
5.	Ms Bichu Kurian	-	Student Secretary
6.	Ms Asmin D'Souza	-	Joint Secretary
7.	Ms Shivashankari	-	Treasurer

### Activities :

 The Poster Competition was held on 11<sup>th</sup> July 2017 on the theme "Don't wait till the disaster strikes. Give blood. Give now. Give often." The judges were Dr Nagarathna, Professor, Dept of OBG; Dr Smitha Bhat, Professor, Dept of Medicine & Dr John Martis, Professor, Dept of General Surgery. Prize winners: I Prize - a) Ms Floris Ann Francis - II MBBS

: I Prize	-	a) Ms Floris Ann Francis -	II MBBS
		b) Ms Varsha Wilson -	II MBBS
II Prize	-	a) Ms Annu Kurian -	II MBBS
		b) Ms Riya Zahir -	II MBBS
III Prize	-	a) Ms Sushmitha Ravikumar-	II MBBS
		b) Ms Indu Parkavi -	II MBBS

- 2. **World Blood Donor's Day :** Father Muller Medical College Hospital Blood Bank celebrated World Blood Donor's Day and Inaugural of Youth Red Cross Unit 2017-18 on 13.07.2017. Hon'ble Prof. Dr Shantharam Shetty, Pro-Chancellor of Nitte University was the Chief Guest for the function.
- 3. On 12.08.2017, a **Voluntary Blood Donation Camp** was organised by Father Muller Homoeopathic Medical College in association with Father Muller Medical College Hospital Blood Bank and Youth Red Cross unit, FMMC. 28 blood units were collected. Dr Kirana Pailoor, Incharge Blood Bank and Program Officer of Youth Red Cross Unit gave a talk on Blood Components.
- 4. A **Voluntary Blood Donation Camp** was organised by St Agnes College, Mangalore on 30.08.2017 in association with Father Muller Medical College Hospital Blood Bank and Youth Red Cross unit, FMMC. A total of 104 units were collected.

# 14.31. SPORTS AND GAMES

### Staff :

Physical Education Instructor	:	Mr Chandrashekhara S.N.
Student animator	:	Ms Riya Tellis
Staff advisor	:	Dr Vinay P.G.

Various inter - college events takes place every year. The team includes staff as well as postgraduate students. The College participated in various inter –college events such as:

### Inter collegiate Mysore Zonal Tournament :

• FMMC Chess men team was the **Winners** and women **Runners** in the **RGUHS Mysore Zone Chess Tournament** held on 23<sup>rd</sup> & 24<sup>th</sup> August 2017 which was organized by ALN Rao Ayurvedic Medical College, Koppa.

Board prize winner Men : Mr Nihal - 2012 Batch Women : Ms Mahima Kandige - 2014 Batch

- FMMC Table Tennis women team were the **runners up and men team Runners** in **RGUHS Mysore Zone Intercollegiate Table Tennis Tournament (M&W)** held on 20<sup>th</sup> and 21<sup>st</sup> September 2017 which was organized by Father Muller Medical College, Mangalore.
- FMMC Cricket men team was the **Runners** in the **RGUHS Mysore Zone Cricket Tournament** held from 12<sup>th</sup> to 15<sup>th</sup> September 2017 which was organized by Mandya Institute Medical Science, Mandya.
- FMMC Volleyball women team was the Runners in the RGUHS Mysore Zone Volleyball Tournament held on 29<sup>th</sup> and 30<sup>th</sup> September 2017 which was organized by AJ Institute Medical Science, Mangaluru. Ms C. Rebecca was the All Rounder Prize Winner
- FMMC Basketball men team was the **Winners** in the **RGUHS Mysore Zone Basketball Tournament** held on 18<sup>th</sup> and 19<sup>th</sup> August 2017 which was organized by Mandya Institute Medical Science, Mandya.

### **Inter Zonal Tournament :**

- FMMC Volley Ball (W) team won the **Third Prize** in the **RGUHS Inter Zone Volley ball Tournament** held on 3<sup>rd</sup> & 4<sup>th</sup> October 2017 organized by SIMS, Shimoga.
- **RGUHS Inter Zonal Chess Tournament** (M & W) 2017 -18 from 28<sup>th</sup> to 30<sup>th</sup> August 2017 in which our college chess **Women team were the winners and the Men team were the Third Place.**

### **Outstanding Performance :**

- Mr Dhishan Kudwalli, BPT 2015 Batch won 6<sup>th</sup> place in RGUHS Single zone cross country race organized by Basaveshwara Medical College and Hospital, Chitradurga and got selected for All India Cross Country Race.
- Ms Mahima Kandige(2014), Mr Nihal Manjunath(2012), Ms Farahanaz(2015), Ms Divya (2016) got selected for the University Level tournament because of their outstanding performance in the RGUHS Inter Zone Chess Tournament (M&W) organized by SJMDC&H, Chitradurga from 28<sup>th</sup> to 30<sup>th</sup> August 2017.
- Mr Dhishan Kudwalli, BPT 2015 Batch represented RGUHS 18<sup>th</sup> Annual Athletic Championship organized by Alvas, Mudbidre from 21<sup>st</sup> to 23<sup>rd</sup> November 2017 and secured in

10000 mtr – Bronze medal 5000 mtr -- Bronze medal 1500 mtr -- Silver medal

### **Departmental Activities :**

- In view of Institutions Day cum Graduation Ceremony, the Sports Department conducted sports and games competititons to the Staff of FMCI from 7<sup>th</sup> February to 7<sup>th</sup> March 2018.
- FMMC conducted Adrenaline 2k18 Sports and Games from 21<sup>st</sup> to 24<sup>th</sup> February 2018 where 40 colleges participated.
- Annual Athletic Meet was conducted from 4<sup>th</sup> March to 15<sup>th</sup> May with different types of events Men and Women 2018.

### Sports facilities FMMC :

• 200mtr ground

- Indoor playing area 20000 sqft
- Multi Gymnasium 4500 sqft
- Squash and Table Tennis court 1000 sqft

# 14.32. UNESCO CHAIR IN BIOETHICS

- 1. Installation of Executive Committee of Student's Wing of Bioethics Unit was held on 28<sup>th</sup> April 2017 and the prizes for depiction in bioethics in a comic strip were also given.
- Bioethics deliberation and discussion (BDD) was held on 24<sup>th</sup> August 2017. Talks were given by Dr. Sudhir Prabhu, Associate Professor, Department of Community Medicine and Miss Roshan Marium Manu from II MBBS on the topic "Role morality and emotions with chronic illness, gene drives".
- 3. Kartavya bhari vastra dharan (white coat ceremony) for the fresh batch of 2017 MBBS was held on 02.09.2017 and Nishabdh Guru was held on 04.09.2017.
- 4. Competition for World Bioethics Day was held on 6<sup>th</sup> October 2017. World bioethics day on the theme "Equality, justice and equity" was held on 19<sup>th</sup> October 2017.
- 5. The AGM of the Bioethics Steering Committee was held and a committee was constituted to preface the SOP.
- 6. National Bioethics Conference was held on 21<sup>st</sup> and 22<sup>nd</sup> November 2017.
- 7. Dr. Nagesh KR, HOD of Forensic Medicine & Dr. Sudharshan Pai, Assistant Professor of Community Medicine had taken over the post of Head of Unit and Secretary respectively from 22<sup>nd</sup> December 2017.
- 8. Bioethics deliberation and discussion (BDD) was held on 16<sup>th</sup> February 2018. The topic "Artificial Womb" was presented by Ms. Swathi Kulkarni and Mr. Abhishek Sharma from First MBBS. The session was moderated by Dr. Prema D'Cunha, Professor, Dept. of OBG, FMMC, Mangalore.

# 15. FATHER MULLER MEDICAL COLLEGE HOSPITAL

The Hospital with 1250 beds has the following Departments:

- Round the clock services:
  - Emergency and Trauma Centre
  - C.T. Scan, Ultra Sound, M.R.I.
  - o Blood Bank
  - Pharmacy
  - o Laboratory Services
  - o Medical Records
- Out–patient Department in all specialities
- Super-speciality clinics:
  - Cardiology
  - Cath Lab
  - o Cardio-thoracic Surgery
  - Chest and Allergy clinic
  - Clinical Psychology
  - Counselling
  - De-addiction Centre
  - o Nephrology
  - Neurology
  - o Neuro-surgery
  - $\circ$  Oncology
  - o Plastic Surgery
  - o Paediatric Surgery

- o Urology
- Physical Medicine and Rehabilitation Unit:
  - $\circ$  Physiotherapy
  - Speech and Hearing Unit
  - Occupational Therapy Unit
- Special Care Units:
  - B. I. C. U.
  - o I. C. C. U.
  - o M. I. C. U.
  - o N. I. C. U.
  - P. I. C. U.
  - o S. I. C. U.
  - o Ventilatory Care
  - o Post-operative ward with all advanced and modern facilities
  - Dialysis Care
- Laboratory Services:
  - o Clinical Pathology
  - Microbiology
  - $\circ$  Biochemistry
- Medico Legal Cases section (Handling accidents, assault, burns, etc.)
- Health Check–up schemes
- Dedicated nursing service
- Evening consultation (Homoeopathy)
- Fully equipped dietary services
- Well maintained laundry
- Mortuary

# SUPPORTIVE FACILITIES:

SUITORI	IVE FACILITIES:	
Accounts I		
	tion Department	
Billing Sec	tion	
C. S. S. D.		
	orary – Knowledge Centre	
Counselling	g Centre	
	rance Office	
	tal Libraries	
	feteria and Farm	
	ent Section	
Finance De	epartment	
General Sto	pres	
Hostels:	Carmel Hostel –A (GNM)	
	Carmel Hostel – B (CON)	
	Carmel Hostel – C (M.Sc. Nsg)	
	Carmel Hostel – D (Staff Nsg)	
	Lourdes Hostel (Para-medical)	
	Mother Teresa Hostel (MBBS ladies)	
	Ave Maria Hostel (PG ladies)	
	Don Bosco Hostel A and B (MBBS gents)	
	St Joseph Hostel (PG gents)	
	St Christopher Hostel (gents)	
	St Aloysius Hostel (gents)	
	HMC Gents Hostel	
	HMC Ladies Hostel	
Human Res	source Dept	
	thic Pharmaceutical Division	
Hospital Ca		
House Keeping Department		
Information Technology (I.T.) Dept		
Linen and l	Laundry	

### **STATISTICS OF HEALTH CARDS :**

Total registrations	_	68,219
Total no. of cards	_	1,03,566

### **DETAILS OF FREE CARE:**

As per the policy of Father Muller Charitable Institutions, free care continues to be made available to the poor and needy patients in our Hospital. 950 free beds have been set aside for the poor in the General Wards with free bed, free food, free basic investigations, free basic medicines and free surgery. Free care given amounted to Rs.36,20,92,499.00 as on 31<sup>st</sup> March 2018.

# **DEPARTMENTS:**

# 15.01. BILLING DEPARTMENT

### **Staff** : 23

### **OBJECTIVES:**

- To ensure proper bills are produced based on charges for the procedures and investigations performed in accordance with the Schedule of Charges of the Hospital.
- To make available to the patients the details of billing.

#### **STRUCTURE:**

The Dept is headed by the Billing Superintendent with 22 staff members. The Dept is centralized and has several cash counters at the main entrance. It is supported by cash counters.

#### **FUNCTIONS:**

- Preparing outpatient cash and credit bills for all the investigations and procedures.
- Issuing credit facilities to all employees of companies and other credit schemes.
- Preparing final bills for in-patients for all the wards.
- Preparing interim bills for all the wards on weekly basis.
- Preparing credit bills and forwarding the same to the Credit Office on regular basis.
- Depositing cash into the bank twice a day.
- Forwarding the cash collection summary, bank deposit slips and billing sheets to the Accounts Dept on a daily basis.

# 15.02. BIOMEDICAL DEPARTMENT

Staff:		
Biomedical Engineer	-	1
Biomedical Technician	-	1

Junior Technician	-	1
Biomedical Assistant	-	2

**AIM:** To provide technical expertise and management support to hospital administration, engineering dept, medical and paramedical staff.

### **FUNCTIONS:**

- Analyze and compare technical specifications of equipments.
- o Evaluate initial cost and operating cost of equipments before procurement.
- Inspect incoming equipment and perform pre-acceptance checks before equipment is officially accepted and payment is done to the vendor.
- o Set standard operating and regular maintenance guidelines and ensure their compliance.
- Provide training to user department to ensure proper use of equipment.
- o Evaluate the need for new equipment or replacement of existing equipment.
- o Provide technical advice and expertise to administration, medical and paramedical staff.
- Organize a planned maintenance program for all equipment and attend to regular or emergency breakdown and repair of equipments.
- o Instituting an effective equipment control system.
- o Maintain work record and maintenance history record.
- Establish an inventory of all existing and incoming equipment.
- Actively involve in the hospital's Safety Committee and check safety hazards.
- Around 2000 equipments including BP apparatus are calibrated as a part of NABH accreditation process.
- Around 275 lab equipments and 60 micropipettes are calibrated as a part of NABL requirement.
- o Around 400 equipments are under AMC and 10 equipments are under reagent rental contract with the vendors.

Besides this, the Dept is also responsible for the operation, maintenance and repair of electronic equipments like Intercom, TV, VCR, VCD, Sound System, Overhead Projectors, etc. Mr Vincent D'Sa and Mr Praveen are responsible for the maintenance of these electronic items.

# 15.03. BLOOD BANK

### Staff:

In-charge	-	1
Blood Bank Officer	-	2
Technical Supervisor	-	1
Technicians	-	10
Medico Social Worker	-	1
Clerk	-	1
Attender	-	1

#### **Statistics:**

Sl. No.	Tests conducted	No. of Tests
1.	No. of ABO grouping	23,273
2.	No. of Rh Grouping	23,273
3.	No. of cross matching	25,862
4.	No. of samples in which antibodies identified	6
5.	No. of samples tested for - HIV	8,789
6.	HBsAg	8,789
7.	HCV	8,789
8.	VDRL	8,789
9.	Malaria	8,789
10	Coomb's	1119
BLOOD DONORS		
11.	Total blood donors	8,789
BLOOD DONATION CAMPS		
12.	Blood Donation camps conducted	29
13.	Total blood donors – camps	1,233

BLOOD	COMPONENTS	
14.	Prepared	20,485
15.	Issued	20,252

### **Blood Donation Camps :**

Date	Place	Total Donors
02.04.2017	Paramjyothi Bhajana Mandir, Alape, Padil, Mangalore	51
23.04.2017	Tippu Sultan High School, Ullal	45
30.04.2017	Netaji Yuvaka Mandala, Sajipanadu, Bantwal	46
14.05.2017	Govt Higher Primary School, Jokatte, Mangaluru	89
21.05.2017	St Sebastian Church, Permannur	44
12.08.2017	Father Muller Homoeopathic Medical College, Derlakatte	28
30.08.2017	St Agnes College, Mangalore	104
15.09.2017	Pompei College, Aikala, Mangalore	99
23.09.2017	Milagres College, Mangalore	44
24.09.2017	Sooribail Madarasa, Bolanthoor, Bantwal	18
08.10.2017	Vorkady Church, Kasargod	52
15.10.2017	St Jude Church & Shrine Pakshikere	51
22.10.2017	Government Junior College, Krishnapura, Mangalore	101
29.10.2017	Holy Spirit Church, Sampige, Moodbidri	61
12.11.2017	Infant Jesus Church, Vamadapadav, Bantwal	33
17.11.2017	Karavali College of Pharmacy, Vamanjoor	47
19.11.2017	Father Muller Hospital, Thumbe, Bantwal	76
26.11.2017	Badriya School Kandak, Mangalore	106
10.12.2017	Infant Jesus Church, Modankap	24
17.12.2017	Panemangalore	59
11.01.2018	Infant Jesus Shrine, Bikarnakatta	64
14.01.2018	B.C. Road, Bantwal	47
21.01.2018	St Rita Church, Cascia	55
25.01.2018	Padua College of Commerce and Management	90
04.02.2018	Kairali Complex, BC Road, Talapady	45
03.03.2018	Kanyadi, Dharmasthala	64
08.03.2018	Sparsha Kala Mandir, B.C. Road	15
11.03.2018	Holy Redeemer Church, Belthangadly	72
18.03.2018	Infant Mary Church, Katipalla.	37

### Activities:

- The Department organized Poster Competition on 11<sup>th</sup> July 2017 on the theme "Don't wait till the disaster strikes. Give blood. Give now. Give often." for the undergraduate students of FMMC on the occasion of World Blood Donor's Day by Blood Bank and Youth Red Cross Unit, FMMC.
- The Department organised World Blood donor's Day 2017 with the theme "Give Blood. Give now. Give often" Hon'ble Prof. Dr Shantharam Shetty, Pro-Chancellor of Nitte University was the Chief Guest for the function. Inauguration of Youth Red Cross Unit, FMMC 2017-18 was also held.
- 3. Father Muller Medical College in association with Indian Society of Transfusion Medicine organised a National CME on Transfusion Medicine, "TRANSCME 2017" with the theme, "Evidence based Transfusion Medicine" on 02.12.2017. Dr R.N Makroo, President, Indian Society of Transfusion Medicine, Director and Senior Consultant, Department of Transfusion Medicine, Molecular Biology & Transplant immunology, Apollo Hospital, New Delhi was the Chief Guest for the program.

### **Staff Achievements:**

### **CME/Conferences/Training/Workshop** :

### Dr Kirana Pailoor

- participated as a Resource person for 'Case discussion on Immuno haemotology on 8<sup>th</sup> July 2017 in the CME of Transfusion Medicine at JSS Medical College, Mysore.
- Gave a talk on "Importance of Blood Donation and Blood components" to the UG students of Father Muller Homoeopathic Medical College, Deralakatte on 12.08.2017.
- Dr Kirana Pailoor chaired a session on 'Novel approach to the classification of blood group anomalies' during 'DIAGNOCON 2018' at KMC Manipal on 24.02.2018.

**Ms Pramila Cutinha & Ms Veekshitha M**., Technicians, attended Training Program for strengthening Quality Management Systems (QMS) in Blood Banks organised by National AIDS Control Organization/ National Blood Transfusion Council, at NIMHANS, Bangalore from 06.06.2017 to 09.06.2017.

**Mr Abdul Haseeb T.S.** attended Workshop cum Training on "e-Raktkosh Blood Bank Management Information System and Total Quality Management System in Blood Bank" from 08.09.2017 to 09.09.2017 organised by State Blood Cell at Bengaluru.

**Ms Nafeesath Misriya**, Blood Bank Technician attended a one day workshop of External Quality Assessment Scheme for HIV testing at KMC, Mangalore on 23.01.2018.

# 15.04. CAFETERIA/DIETARY DEPARTMENT

Staff:

In-charge	:	1
Asst in-Charge	:	1
Dietician	:	5
Sr Asst Clerk	:	1
Cook	:	1
Asst Cook	:	2
Helpers	:	46
Diet ward boys	:	10
Gardener	:	2
Boiler Attendant	:	1
Sacristan (main Chapel)	:	1

The Dietary Department caters to the dietary needs of the hospital wards, the health check-up patients and the Institutions as a whole. The entire general hospital is served with diet for the patients. It is prepared as per requests from the Wards/Doctors according to the patients needs. It may vary between the normal diet, diabetic diet, salt restricted diet, bland diet, low protein diet and liquid diet. Food is supplied to each Ward packed in steel carriers and served hot. The private wards are also provided with diet based on the requirements depending on the doctors' advice.

### Services of the Dietician:

- a. Identifying nutritional problems and assessing the nutritional status of the patients
- b. Inpatient and outpatient diet counselling
- c. Provide diet prescription in their own language
- d. Managing a cost effective food production operation and monitoring safety standards in the food service setting

### **Cafeteria Services:**

The hospital staff such as Staff Nurses, Clerical Staff, Doctors and Medical PGs are provided food in the Cafeteria. The Dept looks after the diet needs of Health Checkup patients. There is provision for handling VIPs, priests and examiners. Separate space has been arranged for this purpose with adequate facilities.

### Farm/Agriculture/Garden:

The Department also supervises the working of the farm workers, procurement, storage and management of the farm products, agricultural products as well as the garden and the greenery around. The Mullerkad farm also maintains a piggery and a dairy.

### **Special Occasions/Feasts and Events:**

The Department is well equipped to manage parties and banquets on special occasions or feasts.

# 15.05. CREDIT/CORPORATE DEPARTMENT

In-charge	_	1
Clerks	_	21
Attender	_	1

**Statistics:** 

Scheme/Corporate Body	No. of patients treated
Arogya Bhagya Yojane (ABY) IP + Health check up	961
Airport Authority of India	2
Apollo Munich Health Ins	58
Bajaj Allianz and Allied Insurance Co. (OP and IP)	45
Cholamandalam MS	3
Corporation Bank (OP)	55
Dedicated Health Care Services	181
E.C.H.S. (OP and IP)	1386
E-Meditek TPA Services Ltd.	18
Ericson Insurance TPA Pvt. Ltd. (New TPA)	1
Employees' State Insurance (ESI) (OP & IP – Super & Sec. care)	4342
Endosulfan Rehab. Cell	13
Family Health Plan	91
Future Generali India Ins. Co.	11
Good Health Ins. TPA	3
HDFC Ergo General Ins. Co. Ltd	18
Health India TPA Pvt. Ltd.	15
Health Checkup by various companies/Organizations (Gateway	42
Hotels, IMC Ltd, Hindustan Colas, etc.)	
Heritage Health Insurance	1
Hindustan Unilever Limited (OP and IP)	1136
ICICI Lombard General Insurance	33
ICICI Prudential Life Ins. Co. Ltd	5
Jyothi Hospital, Belthangady	14
Jyothi Sanjeevini Scheme (JSS)	93
KIOCL, Kudremukh (OP and IP)	22
KIOCL Ltd, Panambur (OP and IP)	2787
KMC Hospital (Jyothi + Attavar)	1936
KVG Hospital	78
Konkan Railway Corpn. Ltd.	10
Mangalore Electricity Supply Co.Ltd. (MESCOM)	2
Margarote Electricity Supply Co.Ed. (MESCOM) Max Bupa Health Insurance Co.	9
Medi Assist India TPA Pvt. Ltd.	476
MD India Healthcare Services	44
MedSave Healthcare Pvt. Ltd.	8
Mangalore Refinery & Petro Chemicals (MRPL)	59
Mukya Mantri Santwana Scheme (Harish Yojane)	218
New Mangalore Port Trust (NMPT)	140
Paramount Health Services PTA Pvt. Ltd.	87
Rajeev Arogya Bhagya (RAB)	411
Rashtriya Bala Swasthya Karyakrama RBSK	95
Rashtriya Swasthya Bhima Yojane (RSBY)	287
Raksha TPA Pvt Ltd.	56
RAMKY	28
Rcare Health Insurance (Reliance)	2
Religare Health Ins. Co. Ltd	22
Samagra Girijana Yojane	80
Sampoorna Suraksha Program (OP and IP)	1697
Star Health and Allied Ins. Co. Ltd (Health checkup + IP)	398
Shri. D. Veerendra Heggade Help Scheme	261
Tata Coffee Ltd (OP + IP)	514
United Healthcare Services	46

Universal Sompo General Insurance	14
Vidal Health TPA Pvt Ltd	28
Vipul MedCorp TPA	20
Vijaya Bank (Health checkup + IP)	4
Vajpayee Arogyashree Scheme (VAS) (OP & IP)	4051
Yeshasvini Scheme	512

Diocese/Institutions					
Scheme/Corporate Body	No. of patients treated				
Fatima Retreat House (OP & IP)	62				
Friendship House, Mariashram	7				
Gladsome Home	20				
Priests' Aid Fund (OP & IP)	101				
St Ann's Friary	58				
St Aloysius College, Mangalore	5				
St Joseph's Monastery, Kulshekar	9				
St Joseph's Seminary	128				
St Joseph's Engineering College	65				
St Fidelis Friary	8				
Diocese of Udupi	15				
Diocese of Karwar	8				
Diocese of Varanasi	6				
Diocese of Mysore	1				
Diocese of Gulbarga	3				

### **ACTIVITIES AND SERVICES RENDERED:**

- Processing related papers for pre-authorisation along with related diagnostic reports, co-ordinating wih the doctors for further documents / information on plan of treatment, follow-up for obtaining approval from the respective schemes/insurance/TPAs for cashless treatment, follow up with queries raised by insurance/various scheme authorities, issuing 'credit' to patients / converting the 'cash' pharmacy bills to 'credit' and refunding the incurred amounts to the patients. In case of patient requiring treatment on 'emergency' basis under government scheme/s, all needed procedures are being done. Crediting the chart under the Scheme, keeping the ward staff / patients / doctors informed upon approval from respective authorities, and monitoring the post-op investigation requirements done as per the Scheme Protocol.
- Once the Tumor Board is prepared by the Medical / Surgical / Radiation treating doctor/s, preparing the protocol, getting it approved and signed by the treating doctor along with the Pre-authorization form, Co-ordinating with the SAST Arogya Mitra/s for 'A' form, to upload required photos of patients to online apply for Approval/s.
- Regular check-up being done on the total cost of treatment incurred, in case of prolonged stay / medical complications, if any, and keeping the patients / ward staff updated of the same.
- maintaining a record of all Credit Bills, online sending claims, compiling documents for payments, Checking OT Notes, Typing the OT Notes as required for claims with SAST, preparing the Bills as per the SAST requirement, for ESI Scheme online permission for admissions done on Emergency basis, and obtain Claim ID nos. online claim intimations to be sent for other referral cases bifurcating the Super Speciality and Secondary Care Bills, preparing the Annexures as per ESI requirement, Daily basis reports to be sent to ESI, Bengaluru, sending the entire documentation online for payment, sending the hardcopies of such bills to local ESI Hospital for verification and once verified submitting them to ESI (State) office at Bengaluru.
- Regular check is done on the online claims submitted for further shortfalls received from various Schemes like SAST, ESI, ECHS and answering them in time with necessary documents by co-ordinating with the treating doctor/s for necessary certificates.
- Followup done for timely settlement of the claims if short paid, further followup done for full settlement of claims by providing the required documents to the Insurance / Scheme Authorities.
- In case of Corporate employees / dependents get admitted, admission intimation is being sent to the respective Companies by e-mail and in some cases in the respective online portal.
- Correspondence and follow-up with Corporate Bodies/Insurance Companies regarding MOU validation, tariff updation and signing of MOUs with new TPAs.
- Co-ordinating with various Corporates with quotation for their Annual Health Check-up for employees/ dependents.

• Keeping a check on e-mails, replying to the same in time.

# **15.06. EMERGENCY AND TRAUMA**

The Dept works round the clock 365 days, catering to the needs of all Emergency and Trauma patients and others during the non–OPD hours and holidays.

#### Staff :

_	1
_	1
_	1
_	27
_	3
_	4
	- - - -

The Emergency and Trauma Dept also has a 24 hours Emergency Operation Theatre. No. of beds : 25

#### Statistics:

Number of new cases	26,646
Follow up	22,163
Total number of patients	48,809

# 15.07. GENERAL STORES

#### STAFF:

In-charge	-	1
Indent Officer	-	1
Junior clerks	-	11
Helpers	-	2

General Stores looks after the purchase of capital and non–capital items for all the Departments and Wards of FMCI, College and School of Nursing, Homoeopathic Medical College, Medical College and Allied Health Sciences, Simulation and Skills Centre, hostels of our various Colleges, hospitals at FMCI, Deralakatte and Thumbay, Homoeopathic Pharmaceutical Division, Health Centres, Convention Centre, St Antony's Homoeopathic Hospital and the farms at Deralakatte, Kulshekar and Mullerkad.

#### **FUNCTIONS:**

- Purchase of materials and equipments required by the Institution.
- Issuing materials to different wards, departments, colleges, hospitals, etc.
- Correspondence with different companies, follow up when the material is not received on time.
- Sending the equipments for servicing / repairs when needed.
- o Making arrangements for annual maintenance contract for different machines and equipments.
- Recording the transactions and other necessary information.
- Verification of the invoices received, recording in the computerized inventory register and forwarding the invoices sent to the Administrator for the approval and then to Accounts Section for payment.
- Evaluation of Vendor once in six months.
- Storage of the materials.

#### **Procedure for Purchases:**

After receiving the indent from various Departments/ Colleges, quotations are called for and then a comparative statement is prepared and the best supplier is called for negotiation with the Purchase Committee, the Administrators and the Director.

#### Maintenance of Stock:

A proper stock of items is maintained to meet unpredictable indents. Once a year, the physical stock is checked and properly arranged.

### **Records Maintained**

**Computerized Records** 

- Inventory
- Stock Report

- Daily cash Bill report Paid Invoice Book Advance Paid Book Balance Paid Bill Book Direct Bill Book A.M.C. Register Inventory Register Book for Bills payable urgently Files on Various Suppliers Record of Bulk Nitrous and Nitrogen Cylinders Record of Medical Oxygen Cylinders Record of LPG Gas cylinders **Record of Purchase of Equipments** Vendor Evaluation Returned things Register (returned to supplier) Repair things Register (given to O.T.)

### **Routine work :**

- 1. For the efficient functioning of the Stores each staff is assigned with certain departments, wards, areas of work. The staff responsible will look after all matters pertaining to his/her area of work/department, receives requisitions from different wards/dept, issues materials as required.
- 2. At present the Liquid Medical Oxygen is purchased from Malabar Oxygen Co., Pvt.Ltd., Mangalore and BOCI, Bangalore which are supplied to all the units besides that individual Cylinders to the Wards and the Carbon Dioxide Gas from Shri Ramdas & Co., which are supplied to all Operation Theatres through General Stores.
- 3. After buying the goods, physical verification is done and the cash invoices are recorded in the computer. The same will be signed by the Stores Incharge and the Administrator which is forwarded to Accounts Department for the payment.
- 4. All the Invoices received towards every purchase is recorded in the Inventory Purchases software and original forwarded to the Accounts Department after getting the approval of the Administrator for payment on weekly basis.
- 5. There is an Order format in which Purchase Orders are issued for all purchases done. The original is issued to the Supplier and a hard copy is filed for our reference.
- 6. Daily purchases of certain Inventory items are done by the Driver. The parcels and other materials of Homeo Manufactory, Homeo Stores- Deralakatte and the Hospital Stores are brought on daily basis by our transport without any limits.
- 7. Other than the routine work the helpers do the loading and unloading of Individual cylinders and other goods. They also help in the storing and arranging of the material received.
- 8. Any changes required the allocation of the duties etc. is done by the Incharge from time to time for the smooth functioning of the department.
- 9. The policies of the Stores are sufficiently flexible. Indent is issued to all the departments and wards twice a month and to HMC, HPD, Deralakatte and FMH Thumbay once in a month. In case of emergency indent is issued on request and with the signature of Nursing Superintendent and Administrator. Even though each staff is assigned certain specific areas of work, the work of the absentee staff is done by another.
- 10. For every item that is purchased the advance and as well as the full payment is done by the Store.
- 11. Even the requisition of the major & minor items comes to the Stores after the approval of the Administrator.

### Closing Stock:

As on 31.03.2017	Rs.69,06,293.71
As on 31.03.2018	Rs.1,00,87,368.48

### Annual Purchase:

As on 31.03.2017	Rs.33,44,87,215.06
As on 31.03.2018	Rs.38,05,49,972.12

# 15.08. HEALTH CAMPS

Health camps are conducted in and around Mangalore in association with the local NGOs and other voluntary organizations. Specialists from the departments of Medicine, Surgery, OBG, Pediatrics, Orthopedics, ENT, Ophthalmology, Dermatology, STD and Leprosy, Dental, Cardiology and Oncology examine a large number of patients and deserving patients are given referral cards and referred to Father Muller Medical College Hospital for further treatment and are offered hospital facilities at a concessional rate.

# FACILITIES AVAILABLE TO HEALTH CAMP REFERRAL PATIENTS:

### I. Out-patient Dept (OPD):

- Registration and repeat registration up to one month free
- Hospital lab investigations TC, DC, ESR and MP free
- Routine chest X-ray free
- Routine ECG free
- OPD consultation in all departments free

### II. In-patient Care:

Patients admitted to the General Wards can avail:

- o Admission charges to General Ward free
- o Bed, Diet (C diet), hospital service free
- Doctor's professional charges free
- Any surgical consultation/procedure charges free
- Anesthetist's charges free
- Operation theatre charges free
- Side lab procedures for basic investigations such as urine analysis, TC, DC, HB, ESR free.
- X-Ray a nominal fee of Rs.50/– for small and medium X-Rays and Rs.75/– for large X-Rays.
- $\circ$  Ultrasound: 50% of the OPD charges are free.
- CT Scan: 75% of the OPD charges are free.
- Disposables supplied by the Hospital will be charged at cost.
- $\circ$  The following items will have to be procured by the admitted patients:
  - i) Materials for dressing
  - ii) Materials / implants for surgical procedures
  - iii) Anaesthetic drugs
  - iv) Drugs prescribed by treating unit doctors.

During the period under review, a total number of 15 Health Camps have been conducted for the benefit of a total of 5,264 persons. A substantial number of these have availed hospital services and have expressed their gratefulness to hospital authorities.

### STATISTICS:

Date	Place	Local organisation	Med	Surg	OBG	Paed	Orth	Der	ENT	Eye	Total
02.04.17	Uppinangady	FMMCH & FMHT	92	7	5	19	36	32	23	70	284
23.04.17	Kasargod	Oriented Club, Poinachi	76	51	21	18	103	56	65	118	508
30.04.17	Shamboor	FMMCH & FMHT	60	5	7	2	35	22	11	68	210
21.05.17	Permannur	St Sebastian Church Committee Members	148	8	9	4	27	33	10	147	386
10.09.17	Vittal Church premises	St Anthony Charity Institutes, Jeppu	80	4	3	6	38	43	14	82	270
22.10.17	Neerchal, Kasargod Dt	Jyothi Arts & Sports Club, Kumbla	149	-	-	-	82	64	-	453	748
29.10.17	Neermarga	St Anthony Charity Institutes, Jeppu	66	-	-	-	37	36	-	97	236
05.11.17	Manjeshwar	St Anthony Charity Institutes, Jeppu	110	-	19	-	99	100	34	153	515

19.11.17	Kolya, Near	CODP, Nanthoor	67	-	-	4	18	26	-	32	147
	Thokkottu										
10.12.17	Panja	St Anthony Charity	48	-	-	-	18	5	-	24	95
	-	Institutes, Jeppu									
07.01.18	Panjimogaru	Tudar Kala Samaja Seva	119	-	-	16	20	-	-	180	335
		Sangha									
21.10.18	Bondel	Catholic Sabha	38	6	6	41	54	43	41	253	482
		Mangalore Pradesh									
04.02.18	Loretto	FMMCH & FMHT	81	5	13	-	56	51	43	350	599
11.03.18	Baikampady	St Aloysius College,	50	-	-	111	9	9	-	37	216
		Mangaluru									
18.03.18	Puttur	FMMCH & FMHT	61	9	13	8	31	26	-	85	233
TOTAL							5264				

# 15.09. HOUSE KEEPING DEPARTMENT

Staff:

In-charge	-	1
Supervisors	_	3
FNOs	_	152
MNOs	-	137

This Department attends to the cleanliness of all other Departments, Wards, Colleges, Hostels, surroundings in the campus and also the Homoeo Ward at St Anthony's, Jeppu.

# 15.10. INFORMATION TECHNOLOGY (I.T.) DEPARTMENT

Staff:

IT Manager	_	1
IT Assistants	_	4

The IT Dept caters to the needs of the departments in the area of information. The Department is setup with 6 servers and 1 blade center and more than 670 desktops in various sections of the Institution. The Department caters the needs of IT requirements in the campus and is totally responsible for the smooth running of the Information Technology setup in the campus.

During this period, many computers and printers for different departments have been added and software implementation also has been done. As per the NAAC requirement, MIS package has been installed in the Medical College, College of Nursing, Homoeo College and Speech & Hearing College for the easier administration and to step towards paperless office, a lot of changes have been also made.

Wireless connectivity has been extended to most of the areas inside campus. Regular IT classes for the Allied students are taken by the IT Staff.

Father Muller Hospital Thumbay's entire IT setup with hardware and software is implemented and managed by us. Lots of modifications have been done and implemented in the FM Thumbay HIS Package like Patient cards, Discharge Summary etc. Same way HMC and HPD software also managed by us.

A New package has been installed to manage the calls of maintenance department to bring the quick action and accountability of the department.

Transport e-booking system also being installed in the campus to make the transaction paperless and faster. New modules for incident reporting etc are implemented in the wards/Departments. A new server is installed for the biometric interface of the employees and software has been installed. In MIS, students biometric attendance is captured and integrated with the MIS on a trial basis.

All the necessities of IT related issues, taking the regular backup, maintenance, internet management, network management, firewall management, antivirus deployment and management, authentication of network

users, training of the personnel with regard to the handling of the computers/printers/projectors etc, are done by the staff of the IT Department.

# 15.11. LAUNDRY

Staff :

In-charge	_	1
M.N.O.	_	4
F.N.O.	-	12

The Department sees to the washing of the linen and stitching of the new linen as well as the repair of the linen of various sections of the Institution. Around 2000 kgs to 2500 kgs of linen are washed every day.

# 15.12. MAINTENANCE AND CIVIL DEPARTMENT

Staff:		
Manager	-	1
Asst in-Charge	-	1
Asst Electrician/Plumber/AC Technician	-	1
Asst Electrician/Plumber	-	7
Asst Electrician/AC Technician	-	1
Asst Electrician	-	2
Mechanical Technician	-	1
Fire and Safety Technician	-	4
Welder	-	2
Helper	-	8
Trainee	-	3

Functioning 24 hours of the day, the Department personnel look after the maintenance of electrical appliances, plumbing, air–conditioners, central compressed gas supplies, drainage, water supply and solar water heaters, STP, ETP, fire and safety, laundry equipments, kitchen equipments and appliances as well as the operation and maintenance of generator sets and air conditioner chiller plant, welding and fabrication. It also looks after the functioning of the Liquid Oxygen Plant, 150 kld and 700 kld Sewage Treatment Plant, 1 Mega Watt DG set and 11 KV VCB with 750 KVA transformer. The personnel also do the maintenance work of the buildings including Doctors Quarters, Hostels and Mullakad PHC, etc. It also looks after the fire safety of the Institution.

# 15.13. MEDICAL RECORDS DEPARTMENT

Staff:

In-charge	-	1
Junior Assistant Clerk	-	28
MRD Asst.	-	2
Attenders	-	16
Attenders	-	16

Medical Records is a systematic documentation of a patient's medical history and care given. It serves as a basis for planning patient care, documenting communication between the health care provider and any other health professionals contributing to the patient care, assisting in protecting the legal interest of the patient and the health care providers responsible for the patients care. In addition, it serves as a document to educate medical students, resident physicians, to provide data for internal hospital auditing and quality assurance and to provide data for medical research.

The Medical Record contains the patient's identification information, health history and medical examination findings. The Medical Record also contains a summary of the patient's current and previous medications as well as any medical allergies.

Around 2,500 patients are received every day for Registration, Review and admissions. The Department attends to the enquiries, information and reimbursement forms duly filled and signed by the concerned Doctors, distributing patients, employees, students files to the different units in the OPD and filing back all the files to the racks.

### FACILITIES AVAILABLE:

A reference room in the inpatient Medical Records Department is provided to doctors, nurses and medical students. On the basis of ICD–X revision, retrieval of diagnostic related groups for research purpose, project work, dissertation and case study presentation is possible, and disease–wise statistics to governmental agencies can be made available.

Sl. No.	Department	2015-2016	2016-2017	2017-2018
1.	Cardiology	11445	12575	13804
2.	Cardio Thoracic Surgery	398	385	331
3.	Dental	11649	12186	11961
4.	Dermatology	30888	37003	39654
5.	Emergency	26572	11957	6936
6.	Endocrinology	17838	21853	23216
7.	ENT	29426	39106	32965
8.	Gastro-Enterology	167	172	49
9.	General Medicine	67028	78675	88563
10.	General Surgery	31078	35007	36017
11.	Hand & Micro Surgery	2185	2512	2983
12.	Nephrology	9972	14603	22795
13.	Neophro - Dia	_	-	13042
14.	Neurology	16870	19973	20824
15.	Neuro-surgery	1245	1662	1758
16.	Obstetrics & Gynaecology	30677	35938	41572
17.	Oncology	191	626	998
18.	Oncology Medical	4777	7562	10860
19.	Ophthalmology	25347	28917	30234
20.	Orthopaedics	39122	43888	44669
21.	Oral Maxillo Facial Surgery	18	14	12
22.	Paediatrics	35326	41416	39097
23.	Paediatric Surgery	1826	1984	2076
24.	Physiotherapy	11863	11332	11813
25.	Plastic Surgery	1608	1966	2080
26.	Psychiatry	25145	41145	38541
27.	Radiotherapy Oncology	7905	9876	6474
28.	Respiratory Medicine	2049	5020	6394
29.	Speech and Hearing	5887	6512	5235
30.	Spine Surgery	1643	2063	2168
31.	Surgical Gastro-enterology	2059	4001	4462
32.	Surgical Oncology	1782	2239	2537
33.	Urology	14779	22993	22700
	Total	4,68,765	5,55,161	5,86,820

<b>Departmentwise out-patient statistics - comparative study :</b>	Departmentwise out–	patient statistics -	comparative study :
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### **Departmentwise in-patient statistics - comparative study:**

Sl.No.	Department	2015-2016	2016-2017	2017-2018
1.	Cardiology	1006	1045	1363
2.	Cardio Thoracic Surgery	261	211	208
3.	Dental	6	2	2
4.	Dermatology	2347	2998	2849
5.	Emergency	4	-	1
6.	Endocrinology	202	165	220
7.	ENT	901	1171	1024
8.	Gastro-enterology	23	18	-
9.	General Medicine	10821	10581	9760

10.	General Surgery	5532	5549	5487
11.	Hand & Micro Surgery	519	590	703
12.	Nephrology	624	658	690
13.	Neurology	643	814	660
14.	Neuro-surgery	622	685	769
15.	Obstetrics & Gynaecology	5926	6206	6840
16.	Oncology	299	203	114
17.	Oncology Medical	2625	3685	4526
18.	Ophthalmology	1881	1889	1679
19.	Orthopaedics	3016	3104	2937
20.	Oral Maxillo Facial Surgery	37	52	96
21.	Paediatrics	6687	6600	6612
22.	Paediatric Surgery	466	423	486
23.	Plastic Surgery	569	591	638
24.	Psychiatry	2207	2151	1900
25.	Radiotherapy Oncology	1421	1322	1145
26.	Respiratory Medicine	110	369	522
27.	Spine Surgery	376	447	384
28.	Surgical Gastro-Entereology	302	538	689
29.	Surgical Oncology	570	675	686
30.	Urology	1909	2031	2230
	Total	51,912	54,773	55,220

# Departmentwise mortality statistics - comparative study:

Sl.No.	Department	2015-2016	2016-2017	2017-2018
1.	Cardiology	32	32	46
2.	Cardio Thoracic Surgery	11	9	9
3.	Dermatology	3	2	2
4.	Emergency	1	-	110
5.	Endocrinology	3	-	-
	E. N. T.	-	-	1
6.	Gastro–Enterology	1	-	-
7.	General Medicine	433	411	447
8.	General Surgery	93	85	67
9.	Hand & Micro Surgery	3	1	2
10.	Nephrology	33	27	28
11.	Neurology	18	18	9
12.	Neuro-surgery	52	43	66
13.	Obstetrics & Gynaecology	4	5	4
14.	Oncology	8	9	1
15.	Oncology Medical	75	110	131
16.	Ophthalmology	1	-	-
17.	Orthopaedics	14	16	13
18.	Oral Maxillo Facial Surgery	2	-	-
19.	Paediatrics	58	51	65
20.	Paediatrics Surgery	4	1	3
21.	Plastic Surgery	40	26	48
22.	Psychiatry	-	1	2
23.	Radiotherapy Oncology	31	39	33
24.	Respiratory Medicine	3	13	18
25.	Spine Surgery	7	9	9
26.	Surgical Gastro-Enterology	2	6	12
27.	Surgical Oncology	22	15	19
28.	Urology	3	8	11
	Total	957	937	1,156

# 15.14. MEDICAL STORES

There are three Medical Stores serving both in-patients and out- patients and the main Pharmacy functions 24x7.

### Staff:

In–Charge	-	1
Senior Pharmacist	-	1
Pharmacist	-	19
Senior Asst Clerks	-	1
Junior Asst Clerks	-	18
Pharmacy Asst	-	20
Attender	-	6
F. N. O.	-	3
General Worker	-	2
Total	-	88

While 19 staff left the Department for better prospects, 23 were newly appointed.

### Daily average number of prescriptions handled:

0	-	-
In-patients	:	1100
Out-patients	:	1400

### Statistics:

Turnover	2015–2016	2016-2017	2017-2018
Opening Stock	2,18,69,719.25	2,81,10,954.00	2,89,88,622.89
Purchases	21,27,21,932.00	25,26,23,441,52	26,37,33,184.53
Sales	35,52,52,689.00	42,40,11,800.00	46,28,95,843.61
Closing Balance	2,81,10,954.00	2,89,88,622.89	1,79,68,761.35

### In service education:

- 1. Guidelines for effective department performance based on patient feedback analysis was conducted by Rev. Fr Ajith Menezes.
- 2. Awareness on Medication Error was conducted by Dr Girish Tunga, Asst. Prof. Clinical Pharamacy Dept-Manipal.
- 3. Soft skills training was conducted by Mrs. Jyothi Pinto-HRM.
- 4. For other staff regarding Pharmacy Department Manual and Related issue was conducted by the Senior Pharmacists Ms. Asha Rego.
- 5. Service Standard of Pharmacy was conducted by Sr. Lissy Sebastian.
- 6. Seminar was organized by Glaxo Smith Kline role of hospital pharmacist, procurement and storage guidelines.

### **Functions:**

- ➢ As we have three pharmacies, purchase is done in the main pharmacy, which has a wholesale license and the stock is transferred to our OP and IP pharmacies.
- > We supply medicines for various medical camps held by the Institutions.
- Chemotherapeutic medicines and critical care medications are supplied with special concessional rates after negotiation with companies.
- Yearly contract is done for the fast moving and cost effective drugs through negotiation with standard companies.

# 15.15. NURSING SERVICE DEPARTMENT

**Staff Development and Achievements :** 

Sr Janet D'souza

• Promoted as Assistant Professor in the Department of Paediatric Nursing at the Father Muller College of Nursing on 1<sup>st</sup> January 2018.

# • Resource Faculty

- Chairperson for National conference on Critical Care Nursing at FMCON on 19<sup>th</sup> and 20<sup>th</sup> January 2018.
- Judge for the scientific paper on International Global challenges in Health care at Manipal College of Nursing on 16<sup>th</sup> and 17<sup>th</sup> February 2018.
- Resource person for Induction/Orientation program for new nurses staffs every month for 3 days till date at FMMCH.
- Judged Poster Competition for World Hand Hygiene day on 5<sup>th</sup> May 2018 at Father Muller Medical College Hospital (FMMCH).

# • Organiser

- Organized induction/orientation program to all newly joined staffs in every month for 3 days till date at FMMCH.
- Organised CME on paediatric Bioethics at FMCON held on 18<sup>th</sup> Jan 2018.
- Participation as delegate in conferences/ workshops/ seminars/ faculty development program
  - Dialysis Demystified 2017 at FMMCH on 9<sup>th</sup> April 2017.
  - CME on AML Past, Present and Future at FMMCH on 10<sup>th</sup> April 2017.
  - Workshop on wound care at FMMCH on 19<sup>th</sup> May 2017.
  - Workshop on Neonatal Care CPR on 2<sup>nd</sup> June 2017 and Paediatric CPR on 5<sup>th</sup> June 2017 at Father Muller Simulation Centre on 2<sup>nd</sup> June 2017.
  - National Conference on Envisioning creating the future at FMCON on 3<sup>rd</sup> June 2017.
  - Panel discussion on Attracting and Retaining nursing work force at FMMCH on 14<sup>th</sup> June 2017.
  - National conference on HIC; sharing knowledge inducing change on 16<sup>th</sup> June 2017 at FMMCH.
  - Workshop on Fire and Safety Emergency Service on 11<sup>th</sup> & 12<sup>th</sup> September 2017.
  - Seminar on Quality: the Ladder for Success at KMC Hospital on 16<sup>th</sup> September 2017.
  - Conference on National Health Convention at Catholic Health Association of India at Kochi, Kerala on 23<sup>rd</sup> & 24<sup>th</sup> September 2017.
  - Seminar on Ethical Concerns from the beginning of life to the end of life at FMMCH on 26<sup>th</sup> October 2017.
  - Guest lecture on 'Gender Sensitization' at FMMCH on 28<sup>th</sup> October 2017.
  - National conference on 2020 vision for the future of Nursing education at Trained nurses association of India at Bangalore on 3<sup>rd</sup> November 2017.
  - Seminar on Mental health challenges changing measures, changing perspectives at FMMCH on 11<sup>th</sup> November 2017.
  - Workshop on Health in Diabetes woman's right at FMMCH on 14<sup>th</sup> November 2017.
  - Conference on National Bioethics at FMMCH on 21<sup>st</sup> & 22<sup>nd</sup> November 2017.
  - National Conference on Critical care Nursing at FMCON on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
  - Guest lecture on Do harm –error. Team work and give health care at FMCON on 1<sup>st</sup> February 2018.
  - Training programme on RNTCP Technical & Operational Guidelines 2016 at FMMCH on 20<sup>th</sup> February 2018.
  - Guest lecture on Paralytic Hand in Hansen's Disease at FMCON on 31<sup>st</sup> February 2018.
  - Conference on International Global challenges in Health care at Manipal College of Nursing on 16<sup>th</sup> & 17<sup>th</sup> February 2018.
  - CME on 'Trauma Management and Critical Care' on 4<sup>th</sup> Febraury 2018 & 'Continuing Surgical Education -2018' on 25<sup>th</sup> February 2018 in FMMCH.
  - Workshop on Trauma Care at FMCH on 4<sup>th</sup> March 2018.

# Ms Darryl Monica Serafine Aranha

- Promoted as Associate Professor of Obstetrics & Gynaecology Nursing Department of FMCON.
- Resource faculty
  - Open Forum Interface on Academic Issues Versus Quality Enhancement at FMCON on 16<sup>th</sup> May 2017.
  - International Midwives Theme 2017 on 22<sup>nd</sup> May 2017 at Nitte Usha Institute of Nursing Sciences.
  - Developing Standards and Protocols at State Level Workshop on Qaulitias Fiducia on 28<sup>th</sup> June 2017 at Laxmi Memorial College of Nursing.
  - Personal and Professional Etiquettes for nurses at FMCON on 18<sup>th</sup> September 2017.
  - Nursing Assessment forms on 20<sup>th</sup> September 2017 at FMMCH.
  - Nursing as a Vocation at Father Muller School of Nursing on 25<sup>th</sup> September 2017.
  - Emergency Codes in Hospital on 27<sup>th</sup> October 2017 at FMMCH.
  - Narcotic Policy on 23<sup>rd</sup> November 2017 at FMMCH.

- Chairperson at the National Conference on Critical Care Nursing on 19<sup>th</sup> January 2018 at FMMCH.

## • Organiser

- Health Awareness camp at Sri Ramashrama primary School, Konchady on 7<sup>th</sup> May 2017.
- Training program on Communication and Soft Skills at FMMCH on 8<sup>th</sup> July 2017.
- Joy of Christmas 2017 at Father Muller Charitable Institutions on 9<sup>th</sup> December 2017.
- National Conference on Critical Care Nursing at FMCON on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- Press for Progress: Safe In-vitro to Healthy In-vivo on 8<sup>th</sup> March 2018.
- Participation as delegate in conferences/ workshops/ seminars/ faculty development program
  - Sensitization Training on RNTCP Technical and Operational Guidelines (TOG) 2016 on 19<sup>th</sup> February 2018 at FMMC.
  - WELCOM Workplace Exploration of Leadership and Conflict Management on 27<sup>th</sup> February 2018 at FMMC.
  - Quality : The Ladder for Success at KMC Hospital, Mangaluru on 16<sup>th</sup> September 2017.

# **Other Faculty:**

- Ms Neha Maria Joy, Mr Jithin PC, Ms Renita Noronha, Ms Shilpa S., Ms Renita Lasrado and Ms Anu Punnen are appointed as Assistant Nursing Superintendents.
- Sr Denny D'souza, Sr Flossy Lobo and Ms Tara Machado were promoted as Assistant Nursing Superintendents
- Ms Eliza Monterio is promoted as Hospital Infection Control Nurse
- Mrs Dipti Fernandes, Mrs Reema D'Souza and Ms Frenita D'Souza appointed as Hospital Infection Control Nurses.
- Mrs Helen Lobo, Mrs Laveena Nazareth, Mrs Eliza Monterio, Mrs Dorothy D'Souza, Mrs Tara Machado and Sr Patsy participated in all activities of Father Muller Skill and Simulation Lab.
- Deputation of 25 nurses to a one day National Conference on Envision : Creating the Future at FMCON on 3<sup>rd</sup> June 2017.
- Ms Eliza Monterio, Ms Greeshma D'Souza, Ms Renita Lasrado and Ms Zeena Braggs attended WELCOM - Workplace Exploration of Leadership and Conflict Management on 27<sup>th</sup> February 2018 at FMMC.
- Ward in-charges attended training on IV Infusion Certification Program from 12<sup>th</sup> to 14<sup>th</sup> February 2018 at FMMCH.
- All nurses attended the MEIOSIS on 25<sup>th</sup> January 2018 at FMMCH.
- Ward In-charges attended a Seminar on Women Health in Diabetes on 14<sup>th</sup> November 2018 at FMMCH.
- All nurses attended the Sensitization Training on RNTCP Technical and Operational Guidelines (TOG) 2016 on 19<sup>th</sup> February 2018 at FMMC.
- Nurses at the OBG wards participated in Press for Progress: Safe In-vitro to Healthy In-vivo on 8th March 2018 at FMCON.
- Ms Preema, Ms Reena, Sr Patsy, Ms Sharmila and Ms Lavina Moras were trained in PICC line insertion and dressing.
- Ms Wilma Goveas, Ms Joylene, Ms Veena, Ms Reshma Nazareth, Mr John Paul and Sr Patsy attended a seminar on Ethical Concerns from the Beginning of Life to the End of Life at FMMC on November 2017.
- Ms Joylet Flavida D'Souza & Ms Shruthi Tellis attended a Training on Immunization at the DHO, Mangalore on 16<sup>th</sup> and 17<sup>th</sup> March 2018.

# Other activities

- International Nurses day was observed on 11<sup>th</sup> May 2017 which was preceded with a series of events that were organised to celebrate the Nurses Week from 7<sup>th</sup> to 10<sup>th</sup> May 2017. The week was inaugurated on 7<sup>th</sup> May 2017 at 7.15am at Asha Kiran grounds. Dr Padmaja Udaykumar, Vice Dean of Father Muller Medical College was the Chief Guest for the inauguration. The week long events ended after culminated on 11<sup>th</sup> May 2017. Dr Laveena Noronha, Director, Ave Maria Palliative Centre, Vamanjoor was the Chief Guest for the celebration and Rev. Sr Emma Joseph was honoured as the Veteran Nurse.
- The **Feast of the Patron of Expectant Mothers, St Gerard Majella** was celebrated on 16<sup>th</sup> October 2017 for which Dr Gayathri Ramani, ex-Staff of the OBG Department, FMMCH was the Chief Guest. Games were conducted for the mothers and gifts were distributed. All the pregnant employees of the Institution were the special invitees for the celebration. Rev. Fr Richard Coelho, Director, FMCI and the Chief Guest, Dr Gayathri Ramani spoke on the importance of the day.
- Regular monthly CNE programmes were conducted to update the knowledge of the Nursing Staff :

	Sl. no.	Date	Торіс	Resource personnel
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1	27.04.17	Chemotherapy Administration	Dr Nishitha Shetty	
1.			~	
2.	20.05.17	Wound care	M Raja Jebakumar	
3.	29.06.17	Pre-operative Preparation for endoscopy Procedure	Dr Roy Alban Frank	
4.	29.07.17	Chemotherapy Management	Mr John Paul D'Souza	
5.	12.08.17	Awareness of Elimination Hepatitis	Mr Sandeep Pandey	
6.	28.09.17	Quality of samples: Roles of Nurses	Dr Shivashankara A.R.	
7.	5.10.17	Fire and Safety Protocol and Practices	Mr Rudolf D'Souza	
0	$6^{\text{th}}, 7^{\text{th}} 8^{\text{th}} \&$	Patients' Rights based on Nursing Excellence		
8.	9 <sup>th</sup> Nov 2017	Standards	Ms Sonia R. D'Souza	
9.	13. 11.17	Nurses role in Management of Diabetes	Dr Sudeep K.	
10.	30.11.17	Nurses Role in Pain Assessment	Mrs Victoria D'Almeida	
11.	05.12.17	Managing Aggressive Patients and Restraint	Ms Binil V.	
11.	03.12.17	Management – Nurse role	MIS BINII V.	
12	07.01.10	Communication and IPR among health care	Sr Jacintha D'Souza	
12.	27.01.18	professionals	Si Jacinuna D Souza	
13.	24.02.18	High Risk drug Administration and Medication Error	Dr Girish Thunga	
14.	24.03.18	Nurses Role in Use of Respiratory Devices	Mr Mohammed Zishan	

# 15.16. OPERATION THEATRE

	Main	Oncology	Cardiology	Ophthalmology	Cardio Thoracic	Labour	Emergency
In-charge	1	1	1	1	1	1	1
Staff Nurses	42	13	2	6	2	134	6
Technicians	9	3	1	2	1	1	1
Hospital Aides	7	2	-	-	-	4	2
MNO	13	3	1	-	1	4	-
FNO	2	-	-	2	-	-	-

# Statistics :

Emergency / Casualty	846
Cardio-thoracic	37
Cardiology	1,379
C.T.V.S.	99
Dental	77
E. N. T.	821
Gastro-enterology	230
General Surgery	3,445
Hand and Micro	832
Neurology	209
OBG	2,982
Oncology	769
Ophthalmology	1,997
Orthopaedics	1,975
Paediatrics	186
Plastic Surgery	585
Radiation	277
Spine	288
Urology	1,743
Other Department	213
Outside Doctors	173
Total	19,163

# 15.17. OUT-PATIENT DEPARTMENT

An Out-patient Department is the patient's first point of contact with the Hospital and its entry point to the heath care delivery system. It is a stepping stone for health promotion and disease prevention.

Staff :

Supervisor	1
Staff nurse	1
Hospital aides	42
MNO/FNO	9
Clerks	3
Refractionist	5
Technicians	5
Counsellor (CGC)	1

# 15.18. PUBLIC RELATIONS OFFICE

**Staff** : 1 (Public Relations Officer)

**Activities:** 

- Coordinating in organizing health camps both in Karnataka and Kerala states.
- Contacting colleges, service organisations and churches to promoting health care through healh cards of our hospital.
- Attending to all patients' grievances by coordinating with concerned staff of our Hospital.
- Successfully organizing annual medical health check up for about 1000 police personnel in Mangalore Commissioner's jurisdiction within a span of 30 days and received appreciation from the Commissioner of Police, Mangalore.
- More than 50 patients from different departments were referred by friends and doctors of home town.

# 15.19. QUALITY DEPARTMENT

Continuous quality improvement program is implemented by Quality Control Team. The quality improvement programme is being supported by the Hospital management. FMMCH is committed to provide Quality Services to all the stake holders. FMMCH has different committees to coordinate and monitor the services provided. Continuous quality improvement programmes are monitored by core committee by regular internal quality audits, physical checks, data analysis, random sample checks etc.

The quality improvement programme is reviewed; opportunities for improvement are identified and updated once in a year. FMMCH has identified key performance indicators to monitor the clinical structures, managerial structures, process and outcomes. Hospital conducts Internal Quality Audit every six months to ensure that all employees are strictly adhering to the laid down policies, procedures and work instructions/SOPs related to them.

### Staff:

Chief Quality Officer	-	1
Quality Manager	-	5
Assistant Quality Manger	-	3
Quality Assistant	-	3

### Activities:

The Dept is involved in :

- Planning, coordinating, guiding quality control programs designed to ensure continuous improvement in patient care and health care in conformity with all established standards.
- Set quality standards for the hospital, based on the common medical protocols.
- Initiating and assuring compliance with quality management system relating to National Accreditation Board for Hospital and Health Care Providers (NABH).

- The department monitors the various department staff in order to ensure continuous control over SOP's and ensure corrective actions.
- Department is responsible for document control: ensures all documents including medical record, formats, policies and procedures are current and updated as per NABH /Legal requirements.
- Training programs are centralized under one umbrella to ensure timely training and awareness is given to the staff.
- Ensuring that the policy implementation is done appropriately and all the staffs are adhering to the standard operative procedures and protocols in the patient care process.
- Monitoring and analyzing the key performance indicators along with the managerial and clinical indicators. Ensuring that corrective and preventive action is done if required.
- Regular audits are conducted to monitor the compliance to the policies and procedures. Following audits are conducted: Internal audit, facility audit, medical record completion audit, medication management audit etc.
- Regular studies are conducted to improve the process/existing system.

# 15.20. RECEPTION

#### Staff: 4

The Reception is the first point where the patients enter. Every staff of the Reception tries to provide accurate and satisfactory information about the hospital to the visitors. They interact with the patients and their family members and guide them to the proper sections and procedures. They assist the patients to fill up the registration forms and direct them to the registration counter. They receive a number of enquiry calls and every caller is provided with proper and accurate information.

The Reception staff helps the patient's relatives to locate where the patients are admitted. They also keep the patients and the public informed about the various health care schemes available in the Hospital. They play the major role in creating awareness about the benefits available in Father Muller Health Card.

# 15.21. SECURITY

Staff:

Campus Officer	-	1
Security Officer	-	1
Supervisors	-	2
Security Guards	-	95

About 95 Security Guards take care of the Institution property and discipline in the Institution. All security personnel come under a Campus Officer. Mr V.J. Cutinha, a retired Police Officer is in–Charge of the Security. There are a couple of Security Supervisors to assist him. The Security Guards are given regular training in various aspects of discipline, fire fighting and parking rules for vehicles. Close Circuit T.V. is provided in a number of vital and open areas to ensure security.

# 15.22. SOCIAL WORK DEPARTMENT

### STAFF: 4

### **SERVICES RENDERED:**

### **Out–Patient Services:**

- o Assisting patients to fill up the registration forms for OPD consultation and during the times of admission.
- o Dealing with enquiries and giving information on admission of patients, availability of doctors in the OPD.
- Helping the patients to write applications for claiming the in-patients reports, change of name, address, etc.
- Guiding health check-up patients to various Depts, meeting their requirements, collecting investigation reports and handing them over.

### Statistics:

Sl.No	Month	No. of patients
1.	April 2017	289
2.	May 2017	379
3.	June 2017	272
4.	July 2017	293
5.	August 2017	354
6.	September 2017	244
7.	October 2017	234
8.	November 2017	217
9.	December 2017	303 (13 Police)
10.	January 2018	1087 (749 Police)
11.	February 2018	284 (10 Police)
12.	March 2018	319
	Total	4,275

# 15.23. TELEPHONE EXCHANGE DEPARTMENT

5

### Staff :

Telephone Exchange is the main place where all outside and inside calls are answered and connected to required extensions and persons concerned. Round the clock service is given by the Staff under the system of rotation. Over 4000 calls are handled per day. The responsibility of code announcement belongs to this Dept.

# 15.24. TRANSPORT DEPARTMENT

### Staff:

Transport In-charge	-	1
Drivers	-	21
Auto electrician	-	1
Conductor/cleaner	-	4

As this is purely a service oriented department, the main duty of the staff is to render polite, prompt and courteous service to various departments and students of the Institution. It offers services 24 hours a day. The vehicles are used for the shifting of patients inside the hospital. Ambulances in particular are needed to bring in patients and take patients to their respective destinations. The transport department routinely attends to the following tasks :

- Providing to and fro bus services from the Homoeopathic Medical College, Deralakatte to FMCI and to St Antony Charity Institute.
- Providing transport to rural centres at Surathkal, Mullerkad and other places.
- Providing transport for medical camps, blood camps and other training camps, etc.
- Providing transport for our clinics at Bunder and Jeppu.
- Providing transport facilitates for general stores, cafeteria, HPD, Rehabilitation unit, welding and maintenance department, transporting gas cylinders as also diesels for generators to Thumbay.

The department maintains a well appointed service ramp for in-house maintenance like servicing and greasing of vehicles etc.

# 16. FATHER MULLER HOSPITAL, THUMBAY

Father Muller Hospital, Thumbay, 150 bedded multi-specialty hospital, is a unit of Father Muller Charitable Institutions. It renders remarkable preventive and promotive health care at the door steps of the community with the vision "Heal and Comfort", treating the suffering humanity with compassion and respect. It was taken over from the B.A. Group on 01.05.2013. It has grown from a simple general health care to a multispecialty hospital with state of the art facilities. Father Muller Hospital Thumbay includes eight primary health centres in and around Kallige and Pudu villages.

## The hospital has been upgraded to 150 beds with the following departments:

- Medicine
- Surgery
- Pediatrics
- Orthopedics
- Obstetrics and Gynecology
- Dermatology
- Ophthalmology
- Psychiatry
- ENT
- Well equipped Operation Theatre
- Laparoscopic Surgery Facility
- ICU ventilator
- NICU
- PICU
- Community Medicine
- Immunization
- Dental
- Homoeopathy
- Day Care unit

### Round the clock Services:

- Emergency and trauma centre
- CT Scan, ultrasound, X-ray
- Pharmacy
- Ambulance
- Laboratory Services
  - Clinical pathology
  - Hematology
  - Microbiology
  - Bio chemistry
- Medical record department
- Out-patient department in all specialties
- Physiotherapy
- Special care units
  - o M.I.C.U.
  - o Post operative ward with all advanced modern facilities.
- Dedicated nursing service
- Mortuary

### **Full Supportive Departments :**

- Administrative Department
- Accounts Department
- Billing Section
- Credit / Insurance office
- C.S.S.D
- General Stores
- Hospital Canteen
- Housekeeping Department
- Maintenance

- Medical Record Department
- Medical Stores
- Medico- Social Work
- Mortuary
- Reception and enquiry
- Security services
- Telephone operator
- Transport and Ambulance services.
- Hostels
- Farm workers

# **MANAGEMENT COMMITTEE :**

Director -	Rev. Fr Richard Aloysius Coelho
Administrator, FMHT -	Rev. Fr Roshan Crasta
Administrtator, FMMCH -	Rev. Fr Rudolph Ravi D'Sa
Administrator, FMMC -	Rev. Fr Ajith Menezes
Chief of Medical Services -	Dr B. Sanjeev Rai
Dean -	Dr J.P. Alva
Medical Superintendent -	Dr A. Kiran Shetty
Chief Nursing Officer -	Sr Janet D'Souza
Nursing Supervisor -	Sr Theresa Pereira

Dr A Kiran Shetty

### FACULTY: General Medicine:

		Dr Anoop Joseph
Paediatrics	:	Dr Ganapathy Bhat Dr Sowmya S.G.
General Surgery	:	Dr Ram Prakash
Orthopaedics	:	Dr Rajesh Bhat Dr Nithin E. Nazareth
E. N. T.	:	Dr Deekshith Shetty
Ophthalmology	:	Dr Sarita Gonsalves
OBG	:	Dr Jessy Maria D'Souza Dr Ambika Hegde
Dermatology	:	Dr Rochelle C. Monteiro Dr Meryl Sonia Rebello Dr Jyothi Jayaraman
Dental	:	Dr Zeena D'Costa

# VISITING DOCTORS :

- 1. Dr Bhagyashri Baliga
- 2. Dr Ashwin Baliga
- 3. Dr Hifzur Rehman
- 4. Dr Deepak Pinto
- 5. Dr Ashwin Alva
- 6. Dr Sharmila Mallar
- 7. Dr Sudhir Rai

# Departmental Activities and Achievements:

Dr A. Kiran Shetty: Attended EPICON 2018 at Bangalore.

**Dr Dikshith Shetty** : Attended 35<sup>th</sup> AOIKCON 2017 at S. Nijalingappa Medical College, Bagalkot.

**Dr Nithin Nazreth** : Attended Observership in Arthroplasty and Arthroscopy from 4<sup>th</sup> to 16<sup>th</sup> December 2018 at Sancheti Hospital, Pune.

**Dr Soumya** : Attended 17<sup>th</sup> National Paediatric Neurology Conference-PED NEUROCON 2017 from 13<sup>th</sup> to 15<sup>th</sup> October 2017 at Trishur and 3<sup>rd</sup> Mangalore Pedicon & Dr. M.R Shenoy Oration 2018 on 24<sup>th</sup> & 25<sup>th</sup> March 2018 at Yenepoya, Mangalore.

**Dr P.V. Kamath** : Attending CME programs every month at IMA Bantwal Branch.

Nursing Supervisor	-	1
Nursing Staff	-	46
Hospital Aides	-	12
O.T. Technicians	-	2

**Staff developmental activities :** Ms Anitha K. & Ms Saritha Cutinha attended a training program on **Immunization** at DHO Office, Mangaluru and on **Cold Chain Handlers** at Wenlock Hospital, Mangaluru.

CNE Programs were conducted to update the knowledge of the nursing staff .

Date	Resource Person	Topics
09.06.2017	Mr.Anith Kumar	Hospital Information System
23.06.2017	Ms.Jyothi Pinto	Rights and Responsibilities of Patient & Staff
28.07.2017	Ms.Prinita Pinto	Hospital Infection Control
28.07.2018	Ms.Rita	Crash Cart
18.09.2017	Ms.Prinita Pinto	Hospital Infection Control
11.10.2017	Dr.B Sanjeev Rai	Hospital Safety Committee
13.10.2017		
16.10.2017	Ms.Sharal Lobo	Training Program on Fire & Safety
25.10.2017		
03.11.2017	Ms.Jyothi Pinto	Induction Program/Soft Skills

- Once a month three of the nurses along with doctors render their service at Matha Laxmani Old age Home Meramajal.
- The staff nurses actively participate and collaborate in different activities/camps & celebrations in the hospital.

### **CREDIT DEPARTMENT :**

**Staff** : 1

- Attending the training programmes conducted by the insurance companies.
- Processing the related papers for pre- authorization, follow-up for cashless facility, follow up with queries raised by insurance and reimbursement of the credit bills.
- Correspondence and follow-up renewals with insurance companies regarding MOU, payment follow-up etc.
- Co ordination with treating doctors, collecting the reports, charts for preparing claim document for reimbursement.

Scheme	2014-2015	2015-2016	2016-2017	2017-2018
Sampoorna Suraksha program –IP	174	322	588	498
Yashaswini Scheme	-	19	40	37
Star Health Insurance	-	8	30	32
Religare Health Insurance	-	-	1	-
Mukhyamanthri Santwana Harish Scheme	-	-	176	192
Raksha TPA Private Ltd.	-	-	-	2
DHS	-	-	-	5
RSBY	-	-	-	121
TOTAL	174	348	835	887

### Statistics :

**OFFICE** : Staff : 1

### Activities and services rendered

- All Government renewal work
- Checking all staff attendance register and Biometric.
- IT / CC TV work
- Letter typing, drafting and all administrative works.
- Coordinating the free health checkup camps.

# ACCOUNTS/ HEALTH CARD : Staff : 1

A hospital accountant handles the financial aspect of the hospital and health care facility.

### **Responsibilities :**

- Preparing financial papers for internal and external vendors, write monthly reports to determine whether the financial information generated are accurate, perform account receivable duties and assist with preparing the hospital's budget.
- Creating ledgers and financial analysis reports on selected hospital functions, ensuring that all transactions performed by the hospital are done accurately and efficiently, and prepare financial statements on a monthly basis especially from OP and IP collection and from pharmacy department.

### Health card Statistics :

Hospital Health Card	-	4546
Camp Health Card	-	68
K.C.C. Cards	-	25
Renewal	-	293
Total	-	4932

# **EMERGENCY AND TRAUMA :**

The department works round the clock 365 days, catering to the needs of all emergency and trauma patients.

#### Staff :

C.M.O	-	1
In charge	-	1
Staff nurses	-	7
M.N.O	-	2

The emergency and trauma department also has a 24 hours emergency operation theatre. No of Minor O.T - 1

#### **Statistics :**

Cases	2015-16	2016-17	2017-18
No of New cases	19258	19542	20020
No of Repeated cases	41314	31157	34513
No of M.L.C registered	283	452	425
No of Deaths	20	27	44
No of Minor O.T cases	111	177	106

**RECEPTION :** Staff - 12

PHARMACY :	In-charge	-	1
	Pharmacy Assistants	-	7

#### Closing stock :

Stock .	
As on 31.03.2016	Rs. 6,90,873.84
As on 31.03.2017	Rs. 7,11,093.31
As on 31.03.2018	Rs.11,06,778.09

# X-RAY/ CT DEPARTMENT : Staff - 3 Statistics :

Year	X-Ray	CT Scan
------	-------	---------

2015-16	6325	629
2016-17	8311	894
2017-18	10932	1216

ULTRASONOGRAPHY: Staff - 1 Statistics :

Year	Ultrasound
2015-16	3854
2016-17	4955
2017-18	5083

# LABORATORY : Staff - 5 Statistics :

Year	Hematology	Biochemistry	Microbiology	Blood	Urine/	Histo-	Tropi	ABG
				Bank	Stool	pathology		
2015-16	9852	9160	3251	1262	3515	187	-	-
2016-17	14632	13457	5385	1646	5701	235	54	31
2017-18	12684	15436	4745	1433	5343	299	275	240

#### **GENERAL STORES :** Store keepers : 2

#### **Closing stock :**

As on 31.03.2016	Rs. 5,26,732.20
As on 31.03.2017	Rs. 7,41,859.31
As on 31.03.2018	Rs.12,81,478.29

1

#### LAUNDRY : Staff -

Every day laundry has been taken to Father Muller Hospital Mangalore Laundry Dept, along with the laundry staff of FMH Thumbay. A proper stock of items is maintained to meet the unpredictable indent and every 3 months stock is checked.

#### **HOUSE-KEEPING DEPARTMENT :**

Supervisor	-	1
FNO	-	12
MNO	-	5

MAINTENANCE : Electrician - 3

#### SECURITY GUARDS: Total Number of Security Guards - 8

Security service in a hospital is a service responsible for ensuring the security and safety of the hospital plant, personnel, patients and public as well as regulating the traffic within the hospital premises.

A hospital is a busy public dealing place trying to provide care, comfort and cure to the patient. It is a place visited by thousands of people, every day.

# **TRANSPORT :** Drivers : 3

It offers services for 24 hours. The vehicles are used for the shifting of patients and for movement of staff. Ambulance in particular is used to bring patients and shift patients to their respective destinations.

# FARM / AGRICULTURE / GARDEN

One Farm worker has been appointed on daily wage basis. The housekeeping Supervisor supervises the work of the Farm workers cleaning the surroundings of the hospital and gardening.

MEDICAL RECORD DEPARTMENT : Staff - 2

#### **Major Sections :**

- To provide administration Data
- To provide legal data
- To provide financial data
- To provide clinical data

Sl.	Department	2016-17			2017-18			
No.		OP	ADM	DIS	OP	ADM	DIS	
1.	Medicine	9075	1980	1982	9586	2020	2020	
2.	Surgery	2979	544	547	3110	1009	1003	
3.	OBG	4252	670	669	4173	680	680	
4.	ENT	1869	22	22	2308	38	38	
5.	Ortho	7476	697	697	7366	653	653	
6.	Dental	822	-	-	964	1	1	
7.	Dermatology	2209	2	2	2744	2	2	
8.	Ophthalmology	2027	27	23	2546	129	129	
9.	Psychiatry	364	20	20	271	-	-	
10.	Paediatrics	5181	920	929	5718	1058	1054	
11.	Cardiology	112	-	-	-	-	-	
12.	Neuro	100	-	-	-	-	-	
13.	Physiotherapy	477	650	-	289	654	-	
14.	Homoeopathy	2879	-	-	3149	-	-	
15.	Com. Medicine	14217	-	-	14941	-	-	
16.	Casualty	12353	-	-	12888	-	-	
	Total	66392	4882	4891	70553	5590	5580	

# MEDICAL SOCIAL WORKER : Staff - 1

# **Duties and Responsibilities :**

- To visit the IP patients everyday and get the feedback.
- To recommend the poor patient for concession if required.
- To get the feedback from the OPD patient.
- To remind the discharged patient for the follow up.
- To assist MS Office in documentation.
- To coordinate health checkup camps, training camps, etc.

#### **OPERATION THEATRE**

:	In charge	:	1
	Staff Nurse	:	2
	OT Technician	:	2
	Nursing Aide	:	2
	MNO	:	1

<b>Total Number of Operations Theatres</b>	: Major OT -	3
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# Statistics :

Staff

Year	Total
01.04.2015 to 31.03.2016	701
01.04.2016 to 31.03.2017	868
01.04.2017 to 31.03.2018	1206

# LABOUR ROOM :

Total no of labour rooms	: 2	
Staff Nurse:	: 4	
FNO	: 1	

Year Deliveries
-----------------

01.04.2015 to 01.03.2016	199
01.04.2016 to 01.03.2017	339
01.04.2017 to 01.03.2018	356

DON BOSCO BOYS HOSTEL I: There are 8 rooms for the accommodation of 18 members.

**LADIES HOSTEL :** Ladies hostel is situated on the  $4^{th}$  and  $2^{nd}$  floors of the hospital. There are 17 staff availing benefit of hostel facility.

#### FREE FACILITIES :

Free RBS, ECG, Blood Pressure, Surgery (except implant), Blood grouping and 50% discount on Health cards were issued. Free medicines were also distributed to the patients.

# FREE HEALTH CHECK UP CAMPS :

Free health check up camps are conducted in and around Bantwala, Mangalore, Puttur and Belthangadi Talukas. Doctors from different specialties attend to large number of patients and deserving patients are given referral cards and are referred to FMHT and FMMCH for further management.

Sl. No.	Date	Camp	Place	Benificiries
1.	02.04.17	Free health check up	Govt. School Uppinangady	220
2.	30.04.17	Free health check up	Shambur	138
3.	01.05.17	Free health check up	FMHT	124
4.	27.04.17	Free health check up	Canara Eng. College	247
5.	08.11.17	Free health check up	Loretto Eng. Medium School	385
6.	23.11.17	Free health check up	Infant Jesus Eng. Medium School,	622
			Modankapu	
7.	15.12.17	Free health check up	Mogarnadu School	700
8.	21.01.18	Specility health check up	Loretto	124
9.	04.02.18	Free health & eye camp	Loretto	407
10.	18.03.18	Free health check up	Salmara, Puttur	151
11.	25.03.18	Free health check up	FMHT	
			TOTAL	3118

# **Camp statistics :**

**DAY CARE UNIT :** Day care unit facilities started for outpatients and inpatients of FMHT. It will also function on Sundays.

#### **Immunization statistics :**

2015-16	-	334
2016-17	-	877
2017-18	-	799

**Rural Community Health Centres :** There are 8 community health centres - Bollary, Jarandagudde, Ammunje, Badagabellur, Ammemar, Canara College, Loretto and Ullaibettu.

#### **Statistics :**

Year	2015-16	2016-17	2017-18
Bollary	2478	2952	2906
Jarandagudde	1640	1773	1830
Mundaje	1095	338	-
Ammunje	2264	2182	2421
Badagabellur	1982	1650	2046
Canara College	373	947	1138
Perimar	239	166	-
Ammemmar	622	1998	3250
Polali	569	346	-
Loretto	120	733	394

Ulaibettu	-	1079	956
Camp	2280	765	-
Immunization	335	236	310
Referred	519	567	583

Immunization program is conducted on 1<sup>st</sup> Tuesday of every month at RHTC, Thumbay.

# **OUTREACH PROGRAMS :**

Date	Event	Location	Beneficiaries
18.07.2017	ENT Check up camp	Jarandhagudde	10
22.07.2017	ENT Check up camp	Bollary	21
27.07.2017	ENT check up camp	Ammemar	16
31.07.2017	ENT check up camp	Ammunje	30
02.08.2017	ENT check up camp	Badagabellur	29
10.08.2017	School Health check up camp	Zuwairia School, Farangipete	181
17.08.2017	Malnourished Anganwadi	Thumbay	37
	Childrens Health check up camp		
18.08.2017	Malnourished Anganwadi	Thumbay	40
	Childrens health check up camp		
19.08.2017	Malnourished Anganwadi	Thumbay	44
	Childrens health check up camp		
29.08.2017	Malnourished Anganwadi	B.C.Road	42
	Childrens health check up camp		
01.09.2017	Malnourished Anganwadi	B.C.Road	22
	Childrens health check up camp		
05.09.2017	Malnourished Anganwadi	Daivasthala	66
	Childrens health check up camp		
06.09.2017	Malnourished Anganwadi	Punjalkatte	74
	Childrens health check up camp		
11.09.2017	Malnourished Anganwadi	Rayee	45
	Childrens health check up camp		
06.11.2017	ENT Check up camp	Ammunje	13
09.11.2017	ENT Check up camp	Amemar	25
14.11.2017	ENT Check up camp	Jarandhagudde	9
25.11.2017	ENT Check up camp	Bollary	9
29.11.2017	ENT Check up camp	Badagabellur	23
30.01.2018	Dental check up camp	Jarandhagudde	12
07.02.2018	Dental check up camp	Badagabellur	16
12.02.2018	Dental check up camp	Ammunje	16
15.02.2018	Dental check up camp	Amemar	15
16.02.2018	Dental check up camp	Canara Eng college	16
24.02.2018	Dental check up camp	Bollary	10

# Health Education :

Date	Event	Location	Attended
07.04.2017	Health education on World Health day	Kolambe	45
12.04.2017	Health education on World Health day	Mundaje	26
12.04.2017	Health education on World Health day	Amemar	33
28.04.2017	Health education on World Health day	Maripalla	20
01.08.2017	Health education on Breast Feeding	Jarandhagudde	34
02.08.2017	Health education on Breast Feeding	Badagabellur	47
03.08.2017	Health education on Breast Feeding	Thumbay hospital	42
04.08.2017	Health education on Breast Feeding	Ammunje	22
05.08.2017	Health education on Breast Feeding	Ullaibettu	42
08.08.2017	Health education on Breast Feeding	Amemar	74
11.08.2017	Health education on Breast Feeding	Mundaje	30
12.08.2017	Health education on Breast Feeding	Bollary	52
12.08.2017	Health education on Breast Feeding	Thumbay school	24
23.09.2017	Health education on Nutrition	Bollary	27

07.10.2017	Health education on Iodine Deficiency	Badagabellur	17
14.10.2017	Health education on Iodine Deficiency	Amemar	31
21.10.2017	Health education on Iodine Deficiency	Thalipadi	44
28.10.2017	Health education on Iodine Deficiency	Polali	20
04.11.2017	Health education on Aneamia & Deworming	Kolambe	31
08.11.2017	Health education on Aneamia & Deworming	Padilubailu	19
09.11.2017	Health education on Aneamia & Deworming	Mundaje	15
09.11.2017	Health education on Aneamia & Deworming	Amemar	22
18.11.2017	Health education on Aneamia & Deworming	Benjanpadavu	43
29.11.2017	Health education on Aneamia & Deworming	Echil	22
02.12.2017	Health education on Aneamia & Deworming	Ullaibettu	30
05.12.2017	Health education on Handicap & Facilities	Jarandhagudde	21
	available for Handicap		
09.12.2017	Health education on Aneamia & Deworming	Ullaibettu	21
10.02.2018	Health education on Diabetic & Hypertension	Ullaibettu	19

# **Health Education :**

Date	Event	Location	Attended
07.04.2017	Health education on World Health day	Kolambe	45
12.04.2017	Health education on World Health day	Mundaje	26
12.04.2017	Health education on World Health day	Amemar	33
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11.08.2017	Health education on Breast Feeding	Mundaje	30
12.08.2017	Health education on Breast Feeding	Bollary	52
12.08.2017	Health education on Breast Feeding	Thumbay school	24
23.09.2017	Health education on Nutrition	Bollary	27
07.10.2017	Health education on Iodine Deficiency	Badagabellur	17
14.10.2017	Health education on Iodine Deficiency	Amemar	31
21.10.2017	Health education on Iodine Deficiency	Thalipadi	44
28.10.2017	Health education on Iodine Deficiency	Polali	20
04.11.2017	Health education on Aneamia & Deworming	Kolambe	31
08.11.2017	Health education on Aneamia & Deworming	Padilubailu	19
09.11.2017	Health education on Aneamia & Deworming	Mundaje	15
09.11.2017	Health education on Aneamia & Deworming	Amemar	22
18.11.2017	Health education on Aneamia & Deworming	Benjanpadavu	43
29.11.2017	Health education on Aneamia & Deworming	Echil	22
02.12.2017	Health education on Aneamia & Deworming	Ullaibettu	30
05.12.2017	Health education on Handicap & Facilities	Jarandhagudde	21
	available for Handicap		
09.12.2017	Health education on Aneamia & Deworming	Ullaibettu	21
10.02.2018	Health education on Diabetic &	Ullaibettu	19
	Hypertension		

# Anganawadi Visits

Month	No. of Anganavadi Visited	No. of Children Examined
April 2017	18	195
May 2017	12	126
June 2017	21	262
July 2017	18	199
August 2017	15	237
September 2017	17	251
October 2017	17	191

November2017	18	310
December 2017	14	248
January 2018	30	454
February 2018	25	366
March 2018	27	403
Total	232	3242

#### **HOMEOPATHY DEPARTMENT : Doctors Available in the OPD :**

Days	Doctors	OPD Timings
Monday	Dr Sajan	9.00 am to 1.00 pm
_		2.30 pm to 5.00 pm
Tuesday	Dr Hafis	9.00 am to 1.00 pm
		2.30 pm to 5.00 pm
Wednesday	Dr Revan	9.00 am to 1.00 pm
		2.30 pm to 5.00 pm
Thursday	Dr Ranjan	9.00 am to 1.00 pm
		2.30 pm to 5.00 pm
Friday		9.00 am to 1.00 pm
		2.30 pm to 5.00 pm
Saturday	Dr Blany Lobo	9.00 am to 1.00 pm
		2.30 pm to 5.00 pm

# **SPECIAL EVENTS AND ACTIVITIES :**

**Worker's Day :** Workers day was celebrated at FMH Thumbay on 1<sup>st</sup> May 2017. His Lordship Most Rev. Dr Aloysius Paul D'Souza, Bishop of Mangalore presided over the program. Rev. Fr Richard Aloysius Coelho, Director, FMCI and other priest in the management were present on the occasion.

**First Sports and Cultural Meet 2017 :** A month long event **First Sports and Cultural Meet 2017** was conducted for all the staff of FMHT under the theme "Together We Play Together We Stay". Various sports and cultural competitions were held during this meet. His Lordship Most Rev. Dr Aloysius Paul D'Souza, Bishop of Mangalore distributed prizes to all the winners and wished them all success.

**International Nurses Day:** International Nurses Day was celebrated on 12<sup>th</sup> May 2017. The Chief Guest for the day was Sr Janet D'Souza, CNO, FMMCH, Kankanady. Sr Jacintha D'Souza, Principal, Father Muller College of Nursing was present for the program.

**World Environment Day :** World Environment Day was observed on 5<sup>th</sup> June 2017 in collaboration with Thumbay Gram Panchayath. FMH staff and general public joined hands in this program. A awareness talk was organized on the importance of cleanliness and social responsibility.

**Independence Day celebration :** The hospital staff assembled in front of the hospital for the flag hoisting ceremony on 15<sup>th</sup> August 2017. Mr Jagadish Yadapadithaya, IT Manager FMCI & Lions Club President unfurled the national flag and gave a message on the occasion.

**Inauguration of renovated Casualty and Physiotherapy unit :** The Inauguration of renovated casualty and physiotherapy unit and health services at Father Muller Hospital, Thumbay was held on 15<sup>th</sup> August 2017. Rev. Fr Richard A. Coelho, Director, FMCI inaugurated the Physiotherapy Unit and Dr B. Sanjeev Rai, Chief of Medical Services, FMCI inaugurated the renovated Casualty along with other dignitaries. Rev. Fr Rudolph Ravi D'Sa, Administrator, FMMC; Sr Janet D'Souza, Chief Nursing Officer, FMMCH; Rev. Fr Roshan Crasta, Administrator, FMH, Thumbay; Dr Kiran Shetty, Medical Superintendent were present. To mark this event free health check up camp was organized.

# Inauguration of new lab equipments and laparoscopy surgery facilities :

Inauguration of new lab equipments and laparoscopy surgery facilities at Father Muller Hospital, Thumbay was held on 2<sup>nd</sup> December 2017. Rev. Fr Richard Aloysius Coelho, Director, FMCI blessed the new lab equipment and laparoscopy surgery facilities, Dr Jayaprakash Alva, Dean FMMC inaugurated new lab equipments and laparoscopy surgery facilities and Mr Krishnamurthy from Ortho Clinical Diagnostics India Pvt Ltd were present on the occasion.

**Christmas get-together at FMHT :** All the staff members of FMH Thumbay along with the Administrator gathered together as one family to share the love and joy of Christmas on 7<sup>th</sup> January 2018. Rev. Fr Richard A. Coelho, Director, FMCI was the Chief Guest and gave a meaningful Christmas and New Year message on the occasion. Rev. Fr Roshan Crasta, Administrator proposed vote of thanks. Skit, Dance, Christmas carols and various cultural shows were performed on the occasion.

**Christmas and New Year celebration at Snehasadan Ashram :** In order to celebrate Christmas meaningfully staff of Father Muller Hospital Thumbay along with administrator as well as with medical superintendent visited Snehasadan Ashram Gurupura Kaikamba on  $22^{nd}$  December 2017. Dance, Christmas carols and various other cultural shows were performed on the occasion. Fruits, sweets, food and gifts were distributed to all the inmates of ashram.

**Republic day :** To remember when India's constitution came into force, the hospital staff assembled in front of the hospital for the flag hoisting ceremony on 26<sup>th</sup> January 2018. Dr Peter P. Joshua, DMRD, Dept of Radiology, FMH Thumbay unfurled the national flag and gave a message on the occasion.

**Blood donation Camp :** A blood donation Camp was organized on 19<sup>th</sup> November 2017 at FMHT in collaboration with SDPI Bantwal. The total donors were 76.

**Health Care Schemes :** Hospital offers comprehensive health care schemes at affordable rates. All consultation charges are free of cost. Breakfast is also being served free of cost. SMS alert will be sent once the reports are ready.

- General health check up (For all men & women above 20 Years)
- Comprehensive health check up (For all men and women above 30 years)
- Diabetic health check up (Diabetes or with family history of diabetes over weight ect)
- Women Health check up (For women of all age)
- Child Health Check up (For all children)

#### Spiritual activities :

**Eucharistic celebration:** 

- 6.30 am Mass in Hospital Chapel (English/ Konkani) and communion is distributed to Catholic patients.
- The public address system is used daily for evening rosary.
- The sacrament of the sick is given to the needed patients.
- In the month of September-2017 Novena for Maria Bambina 9 days.
- Thanks giving, Birthday Masses, Death Anniversary masses also offered

# **15. FATHER MULLER COLLEGE**

Father Muller College of Speech and Hearing (FMCOSH) is involved in the assessment and rehabilitation of individuals with speech, language and hearing disorders. The College is permanently affiliated to Mangalore University and has obtained three year recognition from the Rehabilitation Council of India (RCI).

This year the College completed 10 years of its existence. A colourful and meaningful inaugural program of the decennial celebration was held on 14<sup>th</sup> January 2017. On this occasion the alumni association was also organized. Dr B. Sanjeev Rai, Chief of Medical Services, whose contributions to the success of the College was highlighted and honoured.

#### **Faculty:**

Prof. Akhilesh P.M.	-	Principal
		1
Speech Language Pathology :		
Dr Santosh Kumar	-	Associate Professor
Sr Cynthia Santhmayor	-	Assistant Professor
Ms Jacqueline B. Fernandes	-	Assistant Professor
Ms Dasmine F. D'Souza	-	Speech Pathologist Grade I
Ms Ashwini Sandra Alex Cutinha	-	Speech Pathologist Grade II
Audiology :		
Dr Aju Abraham	-	Assistant Professor
Ms Nikita N.	-	Audiologist Grade I
Ms Priya Pauline Rego	-	Audiologist Grade II

# Course Inauguration:

The College welcomed the 11<sup>th</sup> Batch of BASLP students during the course inauguration ceremony on 19<sup>th</sup> June 2017. Prof. K Lokesh, Registrar Mangalore University, was the Chief Guest for the function. Rev. Fr Richard Aloysius Coelho, Director, FMCI presided over the function.

**Fresher's day** : was held on  $20^{th}$  July 2017 in the Silver Jubilee Hall and the new batch of students showcased their talents through various performances.

**Release of the Magazine** : The College half yearly news magazine "**Muller Voice**" was released by Rev. Fr. Rudolph Ravi D'sa, Administrator, FMMCH during the fresher's day function on 20<sup>th</sup> July 2017. Rev. Fr. Richard A. Coelho, Director of FMCI presided over the function.

**Recognition of the College** : Another significant milestone of the college is recognition of the college under section 12(B) of the UGC Act, 1956 with effect from 24<sup>th</sup> November 2017. Now the College is eligible to receive UGC's support for teachers and students related schemes as per the UGC guidelines.

#### CAMPS :

#### Survey of the Efficacy of cochlear implantation :

A survey was organised on 01.06.2017 by the Central Government of India on the efficacy of Cochlear implantation under ADIP Scheme was evaluated by a team of to professionals Ms. Arya from NISH Trivandrum and Sr. Cynthia from Father Muller College of Speech and Hearing. 8 children who were fitted with cochlear implant a year back were called for the survey. The college also conducted several camps in and around the district to create awareness on Speech and Hearing disorders. About 3000 children benefited from the screening camp.

# Seminars, Guest Lectures conducted by the College :

**National Seminar:** Two days CRE approved National seminar was organized on 30<sup>th</sup> & 31<sup>st</sup> August 2017. The theme of the seminar was "Current trends in issues related to Speech and Hearing Disability". 230 participants from various states of India were present for the seminar.

**ICF seminar :** The workshop on the use of WHO – International Classifications of Functioning, Disability and Health (WHO – ICF) jointly organized by the Central Bureau of Health Intelligence, Regional Office of Health, Bangalore and Father Muller College of Speech & Hearing on  $31^{st}$  August 2017. It was given in two groups. The first group comprised of doctors working in Father Muller Charitable Institution in the departments of Pediatrics, Orthopaedics, community medicine, ENT, Ophthalmology, and Physiotherapy and Speech & Hearing. The second group comprised of speech and Hearing professionals and students of MASLP & BASLP program. ICF Classification of Disability and its implementation were discussed.

#### **Students Achievements :**

- 1. **Ms. Aayisha Ghalib Ahamed Al Mashoor**, 2013 batch participated in National Level Karnataka Team Winners of Muaythai National Federation Cup 2017 won Silver Medal in the 48-51 weight category held in Jaipur.
- 2. College students bagged II & III place in University level inter-collegiate music, NADA LAHARI 2017 organised at Alva's College Vidyagiri, Moodbidri on 9<sup>th</sup> March 2017.

University Results : Students achieved good results in the University Examinations which is as follows :

II semester	-	100 %
IV semester	-	93.9%
VI semester	-	90.9%

The college has brought 8 batches of students and 80 percent of the graduates got admission for post graduation and the remaining 20% of the students are placed in reputed health care industry.

# **STAFF IN NEWS:**

#### Prof. Akhilesh PM

- Participated in RCI credited 3<sup>rd</sup> International conference on Audiological sciences, KMC Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- Chaired scientific session at 3<sup>rd</sup> International conference on Audiological sciences, KMC Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- Two poster papers titled "A study on Phenomenology of "Misophonia" in undergraduate students of allied health science profession" and "A study on parents' satisfaction of ADIP scheme Cochlear Implantation" at 3<sup>rd</sup> International conference on Audiological sciences, KMC Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- Oral paper titled "Variance in Development of Speech and Language Skills in Cochlear Implant Children" at 3<sup>rd</sup> International conference on Audiological sciences, KMC Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- ♦ Attended 50<sup>th</sup> ISHACON from 4<sup>th</sup> to 7<sup>th</sup> January at Mysore.

# Dr. Santosh Kumar

- Participated in RCI credited 3<sup>rd</sup> International conference on Audiological sciences, KMC Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- Selected as reviewer for 50<sup>th</sup> Indian Speech and Hearing Association Conference, 2018.
- Chaired scientific session and presented oral paper titled "Variance in Development of Speech and Language Skills in Cochlear Implant Children" at 3<sup>rd</sup> International conference on Audiological sciences, KMC Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- Two poster papers titled "A study on Phenomenology of "Misophonia" in undergraduate students of allied health science profession" and "A study on parents' satisfaction of ADIP scheme Cochlear Implantation" at 3<sup>rd</sup> International conference on Audiological Sciences, KMC Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- ✤ Oral paper titled "Ethical dilemmas among the speech and hearing professionals" in National bioethics conference at FMMC from 21<sup>st</sup> to 22<sup>nd</sup> November 2017.
- Delivered a Guest lecture, Nepal Speech and Hearing Association (NSHA), Kathmandu, Nepal on 24<sup>th</sup> December 2017
- External examiner for BASLP course at College of Medicine, Tribhuwan University, Kathmandu, Nepal on 25<sup>th</sup> December 2017.
- ♦ Attended 50<sup>th</sup> ISHACON from 4<sup>th</sup> to 7<sup>th</sup> January at Mysore.

#### Mrs Susmitha CG

- Poster paper titled "A study on Phenomenology of "Misophonia" in undergraduate students of allied health science profession" at 3<sup>rd</sup> International conference on Audiological sciences, KMC Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- Participated in National bioethics conference on "Recent developments in Medical Sciences and the need for exploring innovative ethical responses: A philosophic-religious appraisal" and presented a oral paper

titled "Ethical dilemmas among the speech and hearing professionals" in National bioethics conference at FMMC from 21st to 22<sup>nd</sup> November 2017.

♦ Attended 50<sup>th</sup> ISHACON from 4<sup>th</sup> to 7<sup>th</sup> January at Mysore.

#### Ms. Cynthia Santhmayor

- Oral paper titled "Variance in Development of Speech and Language Skills in Cochlear Implant Children" at 3<sup>rd</sup> International conference on Audiological Sciences, KMC, Mangaluru from 21<sup>st</sup> to 23<sup>rd</sup> September 2017.
- Oral paper titled "Ethical dilemmas among the Speech and Hearing professionals" in National bioethics conference at FMMC from 21st to 22<sup>nd</sup> November 2017.
- ★ Attended 50<sup>th</sup> ISHACON from 4<sup>th</sup> to 7<sup>th</sup> January at Mysore.

**Ms. Jacqueline Ballerina Fernandes :** Participated in the YUVA KSOGA-2017, won best paper award for the paper titled "Vocal parameter measures in women with polycystic ovarian syndrome" and presented oral paper titled "Vocal parameter measures in women with polycystic ovarian syndrome" at the YUVA KSOGA-2017, FMMC.

**Ms. Dasmine Fraclita D'Souza :** Attended International symposium on cleft lip and palate, Nitte Institute of Speech and Hearing, Mangalore.

# **16. FATHER MULLER SCHOOL OF NURING**

The FMSON is the prime educational unit of FMCI, started in the year 1959, which caters to the educational needs of the young nurses and now it is on 60<sup>th</sup> year of fruitful existence, which helps to give their dedicated and noble service in the nursing field throughout the globe. During the year 2017-18 the SON organized many activities for the students overall development, through Student Nurses Association and took active part in curricular and co-curricular activities of the intra and inter College/School events.

#### **Staff Position:**

Mrs Jasmine Sarita vas	-	Principal
Mrs Nathalia DCunha	-	Asst. Lecturer
Mrs Anitha Nancy DSouza	-	Asst. Lecturer
Mrs Sonia DSouza	-	Asst. Lecturer
Mrs Vidya V	-	Asst. Lecturer
Mrs Ashunta Dsouza	-	Asst. Lecturer
Mrs Sophia Molly vas	-	Asst. Lecturer
Mrs Stacy Mavin Pinto	-	Asst. Lecturer
Ms Nirmala Trindad	-	Asst. Lecturer
Mrs Prameela Cutinha	-	Asst. Lecturer
Mrs Merlyn Moras	-	Asst. Lecturer
Mrs Mable DSouza	-	Asst. Lecturer
Ms Melita Lewis	-	Asst. lecturer

#### **External Lecturers**

Ms Veena Manoj	-	Sociology
Ms Preethika Vinay	-	Psychology
Ms Philomena Tauro	-	English

#### **Student Activities:**

The course inauguration of 60<sup>th</sup> batch of general nursing and midwifery program was held on 13<sup>th</sup> September 2017. The Chief Guest Dr Padmaja Uday Kumar, Vice Dean, Professor & HOD of Pharmacology inaugurated the academic year. The fresher's were welcomed and made them to feel as an integral part of the Father Muller Family. It was followed by 4 days of orientation program for the new comers.

- The Fresher's day program was held on 11<sup>th</sup> November 2017 under the theme "Pio Fresko Fiesta 2K17". The new batch of nursing students exhibited their outstanding talents.
- The Lamp Lighting ceremony of 60<sup>th</sup> batch of GNM & 31<sup>st</sup> batch of B.Sc. nursing students was organized on 21<sup>st</sup> December 2017. Dr Bharathi M., Principal, ESI College of Nursing, Bengaluru was the Chief Guest.
- The students of FMSON organized 'Teacher's Day' on 16<sup>th</sup> September 2017. Variety of talents were exhibited during the event and mementos were presented to the teachers as a token of love and respect.
- The farewell program of 57<sup>th</sup> & 58<sup>th</sup> batch of GNM was organized on 28<sup>th</sup> February 2018 by upholding the theme "Sayonara". Fr Richard Aloysius Coelho, Director of FMCI; Mrs Jasmine Sarita Vas, Principal FMSON; Sr Jacintha D'Souza, Principal FMCON, along with the teaching staff, Wardens and the students graced the occasion. The students of the outgoing batches were given a floral welcome by the students of I & II year GNM. The cultural program was displayed by the students of FMSON, and mementos were handed over to the outgoing students. Ms Hanisha Menezes, student of outgoing batch shared her cherishable experience in Father Muller School of Nursing.

# **SNC Activities:**

• SNC Election for the year 2017-2018 of FMSON was held in the School of Nursing premises on 15<sup>th</sup> September 2017. The following new SNC office bearers for the academic year 2017-2018 were elected.

'Souza
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- The Christmas celebration was held on 18<sup>th</sup> December 2017. The cultural program was held by batch wise and everyone revealed their Christmas Friend by describing about their friend and exchanged their gifts. The Third year GNM students organized Christmas program on 12<sup>th</sup> December 2017 for the Hospital employees by delivering a Christmas message through a Tablo. The 1<sup>st</sup> & 2<sup>nd</sup> year GNM students performed a Christmas Messege Tablo during the Institutional programme on 18<sup>th</sup> December 2017.
- ✤ A guest lecture on the Topic "Striving For Success" was organized on 21<sup>st</sup> October 2017. The resource person Prof. Sandra Sunitha Lobo, Associate Professor & HOD, Dept. of Psychology, School of Social Work, Roshni Nilaya emphasized on 'Choice, Chance and Change' which helped the students to grow academically brilliant.

# **Curricular activities :**

# **Health Education Programme:**

- The Students of I year GNM conducted 'Nutrition Day' Program & 'Mass Health Education' on 9<sup>th</sup> March 2018 at 10.30AM in Thadambail, Suratkal on 'Environmental Sanitation'. Ms. Sumithra Corporator of Tadambail ward was the Chief Guest. The students displayed Nutritional diets for various diseases and made the people aware of the foods that should be taken according to their health condition.
- The II Year GNM students Mass Health Education on 31<sup>st</sup> October 2017 in Psychiatric ward on 'Obsessive Compulsive Disorder' and on 3<sup>rd</sup> November 2017 in the Pediatric K ward on 'Prevention of Accidents' and also on 14<sup>th</sup> December 2017 in the same ward regarding 'Management of Gastro Enteritis'. The students explained regarding the causes, signs and symptoms and its management with the help of AV Aids.
- The III year GNM students organized Mass Health Education on 10<sup>th</sup> January 2018 in 'H' maternity ward on the topic 'Maternal and Child Health services'. The students explained about various services rendered to the mother and the child by the Government.

# **Extra Curricular Activities:**

- The department of Community Medicine organized poster competition for UGs on 11<sup>th</sup> November 2017. The III year students of FMSON Sr Samul Nithyasri and Ms. Jasmitha D'Souza won the first place. Ms Jeslyn D'Souza and Ms Meeral Menezes won the second place.
- The Mangalore Musical and Cultural association organized Kala Sangam 2017 from October 28<sup>th</sup> to November 27<sup>th</sup> at Gitanjali. The students of Father Muller Nursing won First place in Vehabhooshanjali and Dance competition.
- Dakshina Kannada association conducted District Athletic Championship at Managala Stadium on 11<sup>th</sup> & 12<sup>th</sup> December 2017. Students bagged 3 silver and 4 bronze medals.

# Parent-Teacher-Student Meeting

In order to know the academic performance and behavioral pattern of students, the Parent–Teacher-Student Meeting was separately held for every batch.

The PTA meeting of II Year GNM took place on 21<sup>st</sup> December 2017. Mr Eugene D'Cunha, BA, LLB, gave a guest lecture on 'Mindful parenting'.

PTA meeting of II Year GNM was held on 2<sup>nd</sup> November 2017 and III Year GNM on 20<sup>th</sup> November 2017 respectively. Parents and guardians of all students were present for the same. Mrs Jasmine Sarita Vas appreciated parents for their interest in their children's academic growth. The concerned faculty and warden of the students also were present.

#### Academic Tour:

The 3<sup>rd</sup> Year GNM students had been for one day picnic to Vismaya on 02.12.2017 along with Staff of FMSON.

#### **Statistics:**

#### Admission: Annual intake - 60 students

The total Strength of Students at present is -153

0		
I year	-	59
II year	-	52
III year	-	42

#### **Results – August 2017**

I year GNM	-	65%
II year GNM	-	83%
III year GNM	-	100%

#### Faculty in News :

#### Ms Jasmine Sarita Vas :

- Participated as a Chairperson at the National Conference on Critical Care Nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018 at FMCON, conducted by Alumni Association of FMCON.
- Resource person for the course orientation program on 19<sup>th</sup> December 2017 on the topic 'Enhancing of self Empowerment' at FMCON.
- Conducted a session on 'Preparation for Exam' for GNM students on 24<sup>th</sup> July 2017.
- Resource person for the PTA association of Capitanio English Primary School on 'Mindful parenting' on 21<sup>st</sup> February 2018.

#### Publication

Published a study on 'Clients Perception on Usage of Mobile phones among Health care professional during therapeutic interaction' in November 2017.

#### Scientific Paper Presentation

- Secured 1<sup>st</sup> Prize in Scientific Paper presentation on 'Knowledge on Minor Elements in pregnancy' at State Level workshop on March 2018 on Press for progress, Safe In-Vitro to Healthy In-Vivo.
- Presented a research paper on 'assess the Knowledge on eye donation among the public' on 3<sup>rd</sup> May 2018 at the national conference on Critical Care Nursing at Kanachur College of Nursing, Mangalore.

# **Conference** Attended

- Participated in 18<sup>th</sup> National Conference of Catholic Psychologist of India from 22<sup>nd</sup> to 24<sup>th</sup> September 2017.
- Participated as a delegate for 'USIMCON India 2017', an International Conference from 16<sup>th</sup> to 18<sup>th</sup> February 2018 at FMSSC.

# Mrs Nathalia D'Cunha

- Participated as a resource faculty for the workshop on 'Induction and Skilled training programme' for nurses on 30<sup>th</sup> August 2017.
- > Participated as resource faculty for the workshop on 'Clinical Skills Basics' on 9<sup>th</sup> May 2017
- Has been a resource person for the Nursing Induction Program on 'Hot and Cold Application' on 21<sup>st</sup> September 2017.

# Conference Attended

Participated as a delegate for 'USIMCON India 2017', an International conference from 16<sup>th</sup> to 18<sup>th</sup> February 2018 at FMSSC.

# Mrs Ashunta D'Souza & Mrs Sophia Vas

Attended a National Conference on 'Critical Care Nursing' on 19<sup>th</sup> January 2018 & on HIC 'Sharing Knowledge Inducing Change' on 16<sup>th</sup> August 2017.

# **17. FATHER MULLER COLLEGE OF NURSING**

Father Muller College of Nursing (FMCON) is an *Edifice of Enlightenment and Empathy* has earned a brand name as one of the top class nursing colleges in the country. About 2600 under graduate and 690 post graduate students have successfully walked out from the portals of College of Nursing holding the banner high and are ambassadors of our college in different countries. We have achieved much in the field of nursing education, service and research.

The National Assessment and Accreditation Council (NAAC) has accredited our College with 'A' grade in the year 2014. It is the first nursing college under RGUHS Bangaluru to be accredited. The staff and students have been inspired and guided through the years by the motto *"Search, Share and Care"* where nurses search for knowledge, share their knowledge and care for the sick with the updated knowledge. The students excel in sports, curricular and co-curricular activities. The alumnae are sought after by many medical institutions in India and abroad for their excellence, discipline and devotion in the nursing profession. The College has an excellent, efficient and highly motivated faculty who plan meticulously all the curricular and co-curricular activities for the students.

STATISTICS : Courses offered are :

#### Basic B. Sc Nursing degree course

Annual intake : 100 students

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	I Year	-	100
	II Year	-	98
	III Year	-	100
	IV Year	-	97

#### Post Basic B.Sc Nursing

Annual intake:	60 Students		
	I Year	-	30
	II Year	-	23

#### M Sc. (Postgraduate) Nursing Course

Annual intake : 40 Students

1.	Medical-surgical nursing	-	8
2.	Obstetric and Gynecological Nursing	-	8
3.	Community Health Nursing	-	8
4.	Psychiatric Nursing	-	8
5.	Pediatric Nursing	-	8

#### Post Graduate students present position

I Year - 4 II Year - 7

# **RESULTS:** August / September 2017 RGUHS University Examination:

**B. Sc.(N)** 

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
I year	98	79	9	55	15	81
II Year	100	93	2	66	25	93
III Year	97	92	25	63	4	95
IV Year	93	85	10	58	17	91.39

PB B.Sc.(N)

Class	Appeared	Passed	Distinction	I Class	II Class	Percentage
I year	23	23	-	20	3	100
II Year	39	39	2	36	1	100

Sneha Reesha Andrade		5th Rank
Ancita Alita Mendonca	-	7 <sup>th</sup> Rank
Melbin Jose	-	9 <sup>th</sup> Rank

M.Sc.(N)

Class	Appeared	Passed	Distinction	I Class	Percentage
I year	7	6	1	5	86
II Year	20	19	12	7	95

#### Facilities :

State of-the-art nursing college campus, spacious, well equipped ICT enabled classrooms with all advanced audiovisual aids, supportive learning environment, career-oriented discipline, have made the College Of Nursing an "edifice of enlightenment and empathy" and earned a brand name as one of the best nursing colleges in the country.

#### **Specialty demonstration rooms:**

- Anatomy and physiology lab (Medical College)
- Community Health Nursing Lab
- Fundamentals of Nursing and Medical-Surgical Nursing combined Lab
- Nutrition Lab
- OBG Lab
- Child Health Lab

The Labs are well equipped to develop the nursing skills of students. It is in the 1250 bed Father Muller Medical College Hospital that the students get hands on training in different medical, surgical and specialty units under the direct supervision and guidance of the clinical instructors. Students are exposed to Father Muller Simulation and Skill Center and get training for various advance nursing care procedures in the skill center.

In the **Central Library** a separate section is marked out for UG and PG students. Abundance of books and journals are available to quench the thirst of knowledge. Reading room has a seating capacity for 250 students.

**Continuing Nursing Education Programs:** Regular conferences, workshops, seminars and guest lectures are organized for different batches of students to enhance the knowledge of the students. Staff attend and organize conferences and workshops in their respective specialty. It is mandatory for the staff to attend conferences and workshops organized within the campus and out of the campus.

During the year the College of Nursing has organized:

٠	International Seminar	1
٠	National Conferences	2
٠	State level Conferences	5 (5 specialty Departments)
٠	Workshops	3
٠	CNE Programmes	8
٠	Guest Lectures	10
٠	Guest Lectures for students	5

Advanced training: The students are given an opportunity to expose themselves to different health care settings by organizing visits to other hospitals in India. A national administrative visit for UG and PG students helps them to sharpen their administrative abilities.

**Departments of the College :** There are 6 major departments and 4 sub departments

- 1. Community Health Nursing
- 2. Child Health Nursing
- 3. Medical Surgical Nursing
- 4. Mental Health Nursing
- 5. Nursing Foundation & Nutrition
- 6. Obstetric and Gynecological Nursing

#### Sub Departments are :

1. Advance Nursing Practice

- 2. Nursing Education
- 3. Nursing Research
- 4. Nursing Administration

The members of the faculty of college have contributed as resource persons in different National and International conferences, workshops and continuing nursing education programmes. They have also participated in various conferences and presented and published papers.

# **DEPARTMENTS** :

# 17.1. COMMUNITY HEALTH NURSING

# Faculty:

Mrs Irene Alvares	-	Professor & HOD
Sr Jacintha D'Souza	-	Principal/Professor
Dr Devina E. Rodrigues	-	Professor
Mrs Shiji P.J.	-	Associate Professor
Ms Jasmine S. Vas	-	Assistant Professor
Ms Sonia K.L. Sequeira	-	Assistant Professor
Ms Priya Sweety Pereira	-	Lecturer
Ms Deepika N.C.	-	Lecturer
Ms Hezil Sequeira	-	Lecturer

# Activities of the Department :

- 1. Organized a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14<sup>th</sup> June 2017 in FMCON.
- 2. Organized a Guest Lecture on 24<sup>th</sup> March 2018 "Trends in Management of Tuberculosis". The resource person was Dr Sudhir Prabhu Asst. Professor, Community Medicine Department, FMMC.
- 3. Faculty have regularly participated in the Health Camps 10 (General & Specialty) conducted by FMMCH.
- Innovative learning approach, a Mansoon Game as a reflection towards community life for the students of II B.Sc. Nursing was conducted by Dr Devina Rodrigues and the staff of Community Health Nursing Department on 05.12.2017.
- 5. Organized "Quiz competition" for II year B.Sc. Nursing students on Family Planning.
- 6. Organized a practical session "Concept Mapping" for II year B Sc Nursing students
- 7. Conducted Radio/TV programs
- 8. Observation of National Health Days & conducted Health education Programs
- 9. Joy of Christmas was celebrated with a message to the inmates of Prashanth Nivas on 01.12.2017 at Prashanth Nivas Jeppu, it's a home for Elderly, destitute, mentally disabled of all ages.

Sl. No.	<b>Topic/ Significance of Day</b>	Conducted	Area
1.	World Epilepsy Day,	24.11.2017	Kadambodi area under Surathkal PHC
	World Lung Cancer Day,		
	World Immunization Day		
2.	Balanced diet	28.11.2017	Badriya Nagar, Surathkal
3.	First Aid	23.11.2017	Badriya Nagar, Surathkal
4.	Environmental Sanitation &	30.11.2017	Holy Family Kannada Medium
	Pollution Prevention		School
5.	Environmental Sanitation	24.04.2018	Meenakaliya, Baikampady
6.	Head Injury and Women & Kidney	26.03.2018	Meenakaliya, Baikampady
	Diseases		
7.	Prevention of Tuberculosis	27.03.2018	Meenakaliya, Baikampady
8.	Personal Hygiene & Environmental	10.03.2018	Dakshina Kannada Zilla Panchayat
	Sanitation		Higher Primary School
9.	Cervical Cancer	23.04.2018	Meenakaliya, Baikampady
10.	Measles	24.04.2018	Meenakaliya, Baikampady
11.	Water conservation Methods	26.04.2018	Meenakaliya, Baikampady

- 1. Attended National workshop on Envisioning Creating the future on 3<sup>rd</sup> June 2017 in FMCON.
- 2. Attended research update on sample size at FMCON on  $10^{th}$  June 2017.
- 3. Organized and attended a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14<sup>th</sup> June 2017 in FMCON.
- 4. Attended a National Conference on Critical Care Nursing conducted by Alumni Association of FMCON on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- 5. Attended an International Conference on Global Challenges in Health care at Manipal College of Nursing on 16<sup>th</sup> & 17<sup>th</sup> February 2018.

# Chair person/ Resource person

- 1. Chaired a scientific session during National Conference on Critical Care Nursing conducted by Alumni Association of FMCON on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- 2. Resource person for CNE on Communication & IPR in health care on 27<sup>th</sup> January 2018 at FMCI.
- Chaired a session during International Conference on Global Challenges in Health care at Manipal College of Nursing on 16<sup>th</sup> & 17<sup>th</sup> February 2018.
- 4. Attended a meeting as an expert on Promulgation of Emergency Nursing in South East Asia Region (SEAR) organized by AIIMS in collaboration with WHO on 3<sup>rd</sup> April 2018.
- 5. Guest speaker for state level conference on 04.11.2017 on the theme "2020 vision for the future of nursing education Dual role: taking it forward".

**Paper Presentation** : End of life issues: Death National Bioethics Conference on 21<sup>st</sup> & 22<sup>nd</sup> November 2017 at FMMC with support of IISR.

# MRS. IRENE T.R. ALVARES

- 1. Attended workshop on capacity building of ethics committees for clinical research in India conducted by Kasturba Medical College, Mangaluru on 10<sup>th</sup> & 11<sup>th</sup> April 2017
- 2. Organized & participated in the Health Awareness Program conducted on 7<sup>th</sup> May 2017 at Sri Ramashrama Primary School, Konchady, Mangaluru.
- 3. Attended session on "Research update on Sample Size" conducted by FMCON on 10<sup>th</sup> June 2017
- Organized & attended a Panel discussion on 'Attracting & Retaining Nursing workforce' on 14<sup>th</sup> June 2017 in FMCON.
- 5. Attended National workshop on Envisioning Creating the future on 3<sup>rd</sup> June 2017 in FMCON.
- 6. Organized & participated in the training program by Alumni Association of FMCON on 8<sup>th</sup> July 2017
- 7. Organized and attended Joy of Christmas Celebrations 2017 for the employees at FMCI on 9<sup>th</sup> December 2017.
- 8. Attended workshop on "SPSS" conducted by FMCON on 22<sup>nd</sup> December 2017.
- Organized, chaired a session & participated in National Conference on Critical Care Nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018 by Alumni Association of FMCON.
- 10. Attended workshop on Retrieval of E-Resources on 23<sup>rd</sup> February 2018 conducted by Research Department of FMCON.
- 11. Attended & presented a paper during State Level Workshop on the topic "Press for Progress: Safe Invitro to Healthy Invivo" on 8<sup>th</sup> March 2018.
- 12. Participated in the workshop on "Innovative Teaching Learning and Evaluation Techniques" organized by IQAC of FMCON on 4<sup>th</sup> & 5<sup>th</sup> April 2018.
- 13. Participated in session on "Effective Teacher Student Relationship" organized by IQAC of FMCON on 6<sup>th</sup> April 2018.
- 14. Attended seminar on "Pediatric Hypo & Hyperthyroidism" conducted by Pediatric Nursing, FMCON on 19<sup>th</sup> April 2018.

**Paper Presentation :** A study to assess the knowledge regarding health practices of women during pregnancy in a selected hospital at Mangaluru, FMCON on 8<sup>th</sup> March 2018.

**Chair person/ Resource person :** Chaired a session during National Conference on Critical Care Nursing conducted by Alumni Association of FMCON on 19<sup>th</sup> & 20<sup>th</sup> January 2018

# **DR DEVINA E. RODRIGUES**

- 1. Attended PAEDIATRIC BIOETHICS workshop on 18.01.2018
- 2. Effective teacher student relationship on 06.04.2018
- 3. Policies & SOP ethics committee at FMMCIEC from 6<sup>th</sup> to 9<sup>th</sup> March 2018

# **Resource Person:**

- 1. Innovative learning approach, a Mansoon Game as a reflection towards community life at Kanachur College Of Nursing Sciences, Mangalore on 10.03.2018.
- 2. Conducted Workshop on SPSS for faculty of FMCON on 22<sup>nd</sup> December 2017 & 28<sup>th</sup> March 2018

**Paper Presented :** Professional Quality of Life among Nurses during National Conference on Critical Care Nursing, FMCON on 20-1-2018

Examiner Pre Ph.D - Yenepoya University (17.04.2018)

# MRS SHIJI P.J.

- 1. Published original research article on "Based on the Shortcomings in Selected Areas of Hospital Information System [HIS] among Hospital Staff Useful in Preparation of a Leaflet Related Tips and Strategies for its Reduction" in International Journal of Health Sciences and Research (IJHSR).
- Organizing chairperson for National workshop on Envisioning Creating the future on 3<sup>rd</sup> June 2017 in FMCON.
- 3. Attended an International Conference on Global Challenges in Health care at Manipal College of Nursing on 16<sup>th</sup> & 17<sup>th</sup> February 2018.
- 4. Attended a workshop on "Innovative Teaching Learning and Evaluation Techniques" on 4<sup>th</sup> & 5<sup>th</sup> conducted by IQAC FMCON.
- 5. Attended a session on "Effective teacher student relationship" on 6<sup>th</sup> April 2018.

**Paper Presentation :** Quality of life of the wives of alcoholics in the International Conference on Global Challenges in Health care held on 16<sup>th</sup> & 17<sup>th</sup> February 2018.

# MRS JASMINE S. VAS

- 1. Participated in International Conference HPSN India 2016 held on 3<sup>rd</sup> & 4<sup>th</sup> December at FMCI & Yenepoya University, Mangalore.
- 2. Delivered a Radio Talk in Konkani All India Radio Prasar Bharati was broadcasted on 20.01.2017.
- 3. Guided students to present variety program in Konkani on lifestyle modification which was broadcasted on 20.12.2016.
- 4. Attended research update on sample size at FMCON on 10<sup>th</sup> June 2017.
- 5. Organized & attended a Panel discussion on 'Attracting & Retaining Nursing workforce' on 14<sup>th</sup> June 2017 in FMCON.
- 6. Attended a workshop on "Innovative Teaching Learning & Evaluation Techniques" on 4<sup>th</sup> & 5<sup>th</sup> conducted by IQAC FMCON.
- 7. Attended a session on "Effective teacher student relationship" on 6<sup>th</sup> April 2018.

# MS SONIA KAREN SEQUERA

- 1. Attended National workshop on Qualitative Research Methods and Analysis from 15<sup>th</sup> May to 17<sup>th</sup> May 2017 in Chennai.
- 2. Attended National workshop on Guide to Journal Publications on 18<sup>th</sup> May 2017 in Chennai.
- 3. Attended National workshop on Envisioning Creating the future on 3<sup>rd</sup> June 2017 in FMCON.
- 4. Attended research update on sample size at FMCON on 10<sup>th</sup> June 2017.
- Organized & attended a Panel discussion on 'Attracting & Retaining Nursing workforce' on 14<sup>th</sup> June 2017 in FMCON.
- 6. Attended an International Conference on Global Challenges in Health care at Manipal College of Nursing on 16<sup>th</sup> & 17<sup>th</sup> February 2018.
- 7. Presented a poster/paper presentation on Client satisfaction & preferences towards non verbal communication at a selected therapeutic Setting, Mangaluru.

# MRS PRIYA SWEETY PEREIRA

- 1. Attended National workshop on Envisioning Creating the future on 3<sup>rd</sup> June 2017 in FMCON.
- 2. Attended research update on sample size at FMCON on 10<sup>th</sup> June 2017.
- 3. Organized & attended a Panel discussion on 'Attracting & Retaining Nursing workforce' on 14<sup>th</sup> June 2017 in FMCON.
- 4. Attended SPSS workshop on 22<sup>nd</sup> December 2017 at FMCON.
- 5. Attended workshop on retrieval of e-resources on 23<sup>rd</sup> February 2018 for two hours at FMCON.
- 6. Attended State level workshop on "Press for Progress: Safe Invitro to Healthy Invivo" on 8<sup>th</sup> March 2018 at FMCON.
- 7. Co-resource person for "Innovative Learning approach, A Monsoon game as a reflection towards Community Life" on 10<sup>th</sup> March 2018 for B.Sc Nursing students at Kanachur College of Nursing Sciences, Mangaluru.
- 8. Resource person for the session on "Stress Management" conducted by IQAC, FMCON for the non teaching staff on 16<sup>th</sup> March 2018.
- 9. Attended a workshop on "Innovative Teaching Learning & Evaluation Techniques" on 4<sup>th</sup> & 5<sup>th</sup> conducted by IQAC FMCON.
- 10. Attended a session on "Effective teacher student relationship" on 6<sup>th</sup> April 2018.

11. Attended a seminar on Pediatric hypo & hyperthyroidism on 19<sup>th</sup> April 2018 organized by Department of Pediatric Nursing.

# MRS DEEPIKA N.C.

- 1. Attended research update on sample size at Syndicate hall, FMCON on 10<sup>th</sup> June 2017.
- 2. Organized and attended a Panel discussion on 'Attracting and Retaining Nursing workforce' on 14<sup>th</sup> June 2017 in FMCON, Mangaluru.
- Attended State Level Workshop on the topic "Press for Progress: Safe Invitro to Healthy Invivo" 8<sup>th</sup> March 2018
- 4. Participated in the workshop on "Innovative Teaching Learning and Evaluation Techniques" organized by IQAC of FMCON on 4<sup>th</sup> &5<sup>th</sup> April 2018
- Participated in session on "Effective Teacher Student Relationship" organized by IQAC of FMCON on 6<sup>th</sup> April 2018
- 6. Attended workshop on "SPSS" conducted by FMCON on  $28^{nd}$  March 2018.
- 7. Attended workshop on Retrieval of E- Resources on 23rd February 2018 at FMCON
- 8. Attended training program on communication & Soft Skills on 8<sup>th</sup> July 2017 organized by Alumni Association of FMCON
- 9. Attended guest lecture on Thalassemia on 28<sup>th</sup> April 2017 organized by Dept of Peadiatric Nursing FMCON
- 10. Was a Resourse person for a TV Program to mark the event "World Water Day" on 22<sup>nd</sup> March 2018.

# MRS HEZIL ASHA SEQUEIRA

- 1. Attended workshop on "SPSS" conducted by FMCON on 22<sup>nd</sup> December 2017.
- 2. Organized & attended workshop on Retrieval of E-Resources on 23<sup>rd</sup> February 2018 at FMCON.
- 3. Attended State Level Workshop on the topic "Press for Progress: Safe Invitro to Healthy Invivo" 8<sup>th</sup> March 2018.
- 4. Participated in the workshop on "Innovative Teaching Learning & Evaluation Techniques" organized by IQAC of FMCON on 4<sup>th</sup> & 5<sup>th</sup> April 2018.
- 5. Participated in session on "Effective Teacher Student Relationship" organized by IQAC of FMCON on 6<sup>th</sup> April 2018.
- 6. Attended Seminar on "Pediatric Hypo & Hyperthyroidism" conducted by Pediatric Nursing, FMCON on 19<sup>th</sup> April 2018.

# Department Research Projects (Faculty) ongoing

Comparison of self-confidence and academic performance in community health nursing practical among two groups of second B.Sc. nursing students of a selected institute in Mangalore

# **17.2. MEDICAL SURGICAL NURSING**

#### Faculty :

Ms Victoria D'Almeida	-	Professor, HOD & Vice Principal
Ms Sonia D'Souza	-	Associate Professor
Ms Preethi Fernandes	-	Asst. Professor
Sr Susamma Varghese	-	Lecturer
Mrs Shwetha Rashmi	-	Lecturer
Ms Jacintha Valder	-	Lecturer
Ms Jubee Joseph	-	Lecturer
Ms Indu N.K.	-	Lecturer
Mr Abin K.	-	Lecturer
Sr Nancy P. Mathias	-	Lecturer

# Achievements :

# **PROF. VICTORIA D'ALMEIDA :**

- INC Inspector and University question paper setter
- Member of board of studies Yenepoya Nursing college, Deralakatte, Mangalore
- Moderator for a scientific session "nature and design of mixed method research" in 19<sup>th</sup> Annual national conference of NRSI.
- Resource person for a Continuing Nursing Education on Pain Scales & nurses Role in Pain Management organized by Nursing Service Department of FMCON

• Chairperson for scientific session for the National Conference on "Critical Care Nursing" organized by Alumni Association of FMCON.

# **Research Guidance:**

- Effectiveness of task- oriented training on activities of daily living among the patients with stroke in a selected setting at Mangalore.
- Effectiveness of Benson's Relaxation Technique on anxiety and fatigue among patients undergoing Dialysis.
- Adherence and barriers to antihypertensive therapy among the patients with hypertension.
- Attitude towards care of elderly among the students of selected nursing college Mangalore.

**Research carried out**: A study to assess the diabetes- related distress among patients with type -2 diabetic mellitus in a selected hospital at Mangaluru.

# **Publications** :

- Effect of a Continuous Care Model (CCM) on Sleep Quality among Patients with Type 2 Diabetes Mellitus in a Selected Hospital at Mangaluru.
- Indian Journal of Research volume 7 issue 11 November 2017. IF : 4.894

# Seminars /Conferences/Workshops attended :

- Attended workshop on "Research Update on Sample Size" organized by IQAC of FMCON.
- Delegate for a panel discussion on "Attracting and Retaining Nursing Workforce" organized by the Community Health Nursing Department of FMCON.
- Organized National Conference on "HIC: Sharing Knowledge Inducing Change" at FMCON.
- Attended a training program on "Communication and Soft Skills" organized by the Alumni Association of FMCON.
- Delegate for a workshop on ABCDR Research Methodology & SPSS Workshop 2017 organized by K.S. Hegde Medical Academy (Nitte University).
- Delegate for the National Conference on "critical Care Nursing" organized by Alumni Association of FMCON.
- Organized a workshop on Retrieval of e-Resources organized by FMCON
- Delegate for a workshop on "Effective Teacher-Student Relationship" organized by FMCON.
- Attended a workshop on "Innovative teaching learning and evaluation" organized by FMCON.

# MRS SONIA D'SOUZA

# **Research Guided :**

- Effectiveness of task oriented training on selected activities of daily living among stroke patients in a selected setting at Mangalore
- Effectiveness of cryotherapy on pain among patients undergoing orthopaedic surgeries
- Knowledge and practice on life style modification on prevention of CAD among adults in a selected hospital at Mangalore

# **Publications :**

- Effect of cold needle injection technique versus routine injection technique on the level of pain and discomfort among adults in a selected hospital. Indian Journal of Research volume 7 issue 11 November 2017
- A Study to Identify the Abnormal Eating Behaviours among Adolescents in selected Colleges at Mangaluru. Paripex – Indian journal of research Volume-6, Issue-10 October-2017

# Seminars/conferences/workshop attended :

- Delegate for the workshop on 'Health in Diabetes Every Womens Right' organized by Dept. of medicine, FMMC on 14<sup>th</sup> November 2017.
- Attended workshop on "Research Update on Sample Size" organized by IQAC of FMCON.
- Organized National Conference on "HIC: Sharing Knowledge Inducing Change" at FMCON.
- Attended a training program on "Communication and Soft Skills" organized by the Alumni Association of FMCON.
- Delegate for a workshop on ABCDR Research Methodology & SPSS Workshop 2017 organized by K.S. Hegde Medical Academy (Nitte University).
- Delegate for a workshop on "Effective Teacher-Student Relationship" organized by FMCON.
- Undergone training on CPR on 29<sup>th</sup> May 2017 organized by Father Muller Simulation and Skill Centre.

**Others :** Resource Person for the nursing induction program on nursing assessments forms and documentation on  $22^{nd}$  November 2017.

**Paper presentation :** on the topic Effect of Cold Needle Injection technique versus routine injection technique on the level of pain and discomfort among adults in a selected Hospital Mangaluru at FMCON in June 2017.

#### Awards / Achievements:

• Won Best paper presentation on the topic Effect of Cold Needle Injection technique versus routine injection technique on the level of pain and discomfort among adults in a Selected Hospital Mangaluru at FMCON, June 2017.

# MS PREETHI FERNANDES :

#### **Research Guided :**

- 1. Effectiveness of Benson's Relaxation Technique on anxiety and fatigue among patients undergoing Dialysis
- 2. Study on factors associated with medication administration error in a selected hospital at Mangalore.
- 3. A study on assertive behaviour and self-esteem among nursing students in a selected college at Mangalore.
- 4. Patients Satisfaction with Diabetes Care in a selected hospital at Mangaluru.

**Publications :** Exploratory Study on Factors Contributing to Obesity among Women in a selected setting at Mangaluru. Paripex - Indian journal of research *volume 7 issue 11 November 2017*.

**Papers Presented :** on "Factors contributing to Obesity among Women" in the National conference on 'HIC: Sharing Knowledge Inducing Change' and "Hand Hygiene Practices among Health care Personnel" in the National conference on 'HIC: Sharing Knowledge Inducing Change' in FMCON on 16<sup>th</sup> June 2017.

**Poster Presented :** on "Hospital Infection Control" in the National conference on 'HIC: Sharing Knowledge Inducing Change' in FMCON on 16<sup>th</sup> June 2017.

#### **Resource person :**

- 1. Health awareness program as a part of World Health Day 2017 on "Hypertension and Diabetes mellitus" on 7<sup>th</sup> April 2017 at Kolambe Anganwadi, Ammemar, Bantwal.
- 2. CNE on 'Nurses role in Diabetes Management' on 18<sup>th</sup> November 2017 at FMMCH.

#### Seminars/Conferences /workshops Organized

- 1. National conference on 'HIC: Sharing Knowledge Inducing Change' in FMCON on 16<sup>th</sup> June 2017.
- 2. Organized a workshop on Retrieval of e-Resources organized by FMCON.
- 3. Organized FDP on SPSS.

#### Seminars /conferences/workshop attended

- 1. Attended Guest Lecture on 'Thalassemia' conducted by Department of Pediatric Nursing, FMCON on 28<sup>th</sup> April 2017.
- 2. Undergone CPR training at Father Muller Simulation and Skill Centre on 29<sup>th</sup> May 2017.
- 3. Attended FDP on 'Research Update on Sample size' organized by FMCON on 10<sup>th</sup> June 2017.
- 4. Attended panel discussion on 'attraction and retention of nursing' organized by Community Health Nursing, FMCON held on 10<sup>th</sup> June 2017.
- 5. Delegate for a workshop on "Effective Teacher-Student Relationship" organized by FMCON
- 6. Attended a workshop on "Innovative teaching learning and evaluation" organized by IQAC of FMCON

# SUSAMMA VARUGHESE (Sr Judy SIC)

# **Research Guided:**

- Effectiveness of cryotherapy on pain among patients undergoing orthopedic surgeries
- A study on quality of sleep among hospitalized patients in a selected hospital of Mangalore.
- Qualitative exploration of the coping strategies adopted by the cancer patients in a selected hospital at Mangaluru
- Psychosocial impact of overactive bladder symptoms among type2 diabetes patients in a selected hospital at Mangaluru

# Seminars /conferences/workshop attended:

 Workshop on Qualitative Research Methods and Analysis from 15<sup>th</sup> to 17<sup>th</sup> May 2017 followed by a 1 day Workshop on Guide to Journal Publications on 18<sup>th</sup> May 2017 at SCARF (Schizophrenia Research Foundation) R-7A North Main, Anna Nagar West (Extn.), Chennai- 600 101, Tamil Nadu.

- National Conference on "Envisioning-Creating Future" conducted by Dept. of Administration & Management, FMCON held on 03.06.2017.
- Panel Discussion on Attracting and retaining nursing workforce conducted by Dept. of Community health Nursing, FMCON held on 14<sup>th</sup> June 2017.
- International Colloquium on Patient Advocacy: Role if the Nurse in Ensuring Ethically Sensitive Practice organized by Yenepoya Nursing College, Mangaluru on 14<sup>th</sup> November 2017.
- Attended 31<sup>st</sup> Annual Conference of Urological Association of Kerala on 25<sup>th</sup> & 26<sup>th</sup> November 2017.
- Participated in National conference on Critical Care Nursing held on 19<sup>th</sup> & 20<sup>th</sup> January 2018 organized by Alumini Association of FMCON.
- International conference USIMCON INDIA 2018 attended on 16<sup>th</sup>, 17<sup>th</sup> & 18<sup>th</sup> February 2018 organized by Father Muller Simulation and skill centre.
- Workshop attended on retrieval of e-Resources conducted by FMCON on 23.02.2018.
- Orientation/training program on Policies and SOP of Ethics committee attended on 9<sup>th</sup> March 2018 organized by FMMCIEC, Mangalore.
- Attended a Workshop on Innovative teaching learning and evaluation organized by FMCON on 4<sup>th</sup> & 5<sup>th</sup> April 2018.
- Attended a Seminar on Effective teacher student relationship organized by FMCON on 06.04.2018.

# Publications

- 1. A study on parents' attitude and barrier in receiving Speech Therapy and hearing rehabilitation by children in a selected Hospital at Mangaluru. Paripex Indian journal of research *volume 7 issue 11 November 2017*
- 2. A study on genitourinary health problems and health Seeking behaviour among women in a selected setting of Mangaluru Paripex Indian journal of research *volume 7 issue 11 November 2017*
- 3. A study on Functional ability of bladder among menopausal women in selected setting of Mangaluru with a view to prepare an informational booklet. International Journal of Scientific Research Volume-7 | Issue-1 January-2018
- 4. Knowledge and perspective on CPR among Staff Nurses- IOSR Journal of Nursing and Health Science (IOSR-JNHS); Volume 7, Issue 1 :15-02-2018.

**Scientific paper presentation :** on A study on "Co-morbidity, precipitating and associated factors of Nocturia among adults" at National conference on Critical Care Nursing held on 19<sup>th</sup> & 20<sup>th</sup> January 2018 organized by Alumini Association of FMCON.

# **Poster Presentation:**

- 1. Poster Presentation on "Hospital infection control" at "National Conference on Sharing Knowledge Inducing Change" organized by Medical Surgical Department, FMCON on 16<sup>th</sup> June 2017.
- Poster Presentation on "Knowledge regarding complications of diabetes mellitus among diabetic patients" at National conference on Critical Care Nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018 organized by Alumini Association of FMCON.

**Resource Person :** for the Seminar conducted by New Mangala College of Nursing, Mangaluru, on Revamping prospects in Nursing Legit and ward management on 20.02.2018.

# **Others:**

- 1. Faculty at Father Muller Simulation and Skill centre
- 2. Ph.D Scholar at Nitte University

3. Organizer of the "National Conference on Sharing Knowledge Inducing Change" organized by Medical Surgical Department, FMCONon 16<sup>th</sup> June 2017

# MRS SHWETHA RASHMI

# **Research Guided :**

- 1. Knowledge and practice regarding selfie and its addiction in selected Colleges at Mangalore
- 2. Study on knowledge and attitude on restraining violent mentally ill clients in selected College of Mangalore

# **Research Conducted:**

- 1. A study to assess the diabetes- related distress among patients with type -2 diabetic mellitus in a selected hospital at Mangaluru.
- 2. Effectiveness of diaphragmatic breathing on test anxiety among I B.Sc. nursing students in selected College, Mangalore.
- 3. Study to assess the level of anxiety of I B.Sc. nursing students before the clinical postings in selected College, Mangalore.

# **Publications:**

- 1. Scientific paper in IJAR journal on "effect of spiritual songs on the emotional and spiritual wellbeing of clients diagnosed with cancer (will be published 8<sup>th</sup> January 2018).
- 2. Ms Mercy Zonunsiami, Ms Darryl Monica Serafine Aranha, Mrs Shwetha Rashmi MS International Journal of Health Sciences and Research (IJHSR)A Study on the Attitude of Gender Preference and Female Feticide among Women in Selected Settings at Mangaluru. P.104-113

# Seminars /conferences/workshop attended

- Attended a workshop on "Innovative teaching learning and evaluation" organized by FMCON.
- Presented and won best poster in National conference HIC: Sharing knowledge inducing change on 16<sup>th</sup> June 2017.
- Regional Seminar on Paediatric Diabetes Mellitus and Diabetes Kitoacidosis conducted by Dept. of Paediatric Nursing, March 2017.
- Training Program on essentials of Endoscopy and Ultrasound simulation Father Muller Skill and Simulation Centre March 2017.
- Cardiopulmonary resuscitation training FMSSC May 2017
- Research update on sample size FMCON June 2017 & SPSS workshop on 22.12.2017
- International health conference on human ultrasound simulation FMSSC16<sup>th</sup>-18<sup>th</sup> Feb 2018
- Orientation program on policies and SOP of ethics committee and informed consent process FMMCIEC, FMMCH on 9<sup>th</sup> March 2018
- Innovative teaching learning and evaluation techniques FMCON on 4<sup>th</sup> & 5<sup>th</sup> April 2018
- Seminar on student teacher relationship conducted by SDP committee on 6<sup>th</sup> April 2018.

# **Resource person**

- Resource faculty in workshop on Clinical skills basic on 9<sup>th</sup> May 2017 for medical students.
- Resource faculty in training program for staff nurses at Simulation and Skill Center July 2017

**Others :** Faculty at Father Muller Simulation and Skill center.

# MRS JACINTHA VALDER

# Seminars/Conferences/ Workshops Attended :

- Attended a workshop on SPSS at FMCON on 22.12.2017.
- Attended a guest lecture on bioethics at FMCON on 18.01.2018.
- Attended a national conference on critical care nursing held on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- Organized National Conference on "HIC : Sharing Knowledge Inducing Change" at FMCON
- Attended a training program on "Communication and Soft Skills" organized by the Alumni Association of FMCON.

# MRS JUBEE JOSEPH

# **Research Guided (ongoing):**

- A Study on Patient Satisfaction on Hospital Service System in a selected Hospital at Mangaluru.
- A Study on Patient Satisfaction with Diabetes Care in a selected hospital at Mangaluru.

**Research conducted (Ongoing) :** A study on patient satisfaction with diabetes care in a selected hospital at Mangaluru.

Research Paper Presentation : Effect of aloevera juice on blood glucose level among Diabetics.

# Seminars/Conferences/ Workshops Attended:

- Attended a workshop on wound care by smith & Nephew on 19.05.2017 at FMMCH.
- Attended a training on CPR on 29.05.2017 at Father Muller Simulation & Skill Center.
- Organized a national conference on HIC: sharing knowledge and inducing change held on 16<sup>th</sup> June 2017 at FMCI.
- Conducted a seminar on communication and soft skills held on 8<sup>th</sup> July 2017 at FMCON
- Attended a national conference on Informatics at AJIMS conference hall on 31.07.2017.
- Attended a workshop on ECG interpretation basics held at simulation center FMCI on 08.08.2017.
- Attended a workshop on SPSS on 22.12.2017 & a guest lecture on bioethics at FMCON on 18.01.2018.
- Attended a national conference on critical care nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- Attended a workshop on retrieval of E resources at FMCON on 23.02.2018.
- Attended a workshop on innovative teaching practices at FMCON on 4<sup>th</sup> & 5<sup>th</sup> April 2018

• Attended a session on effective teacher student relationship at FMCON on 06.04.2018.

#### MS INDU N.K.

**Research guided**: A study on student satisfaction towards academic support and facilities in a selected college of Mangalore

Research conducted: Patients Satisfaction with Diabetes Care in a selected hospital at Mangaluru

Research Paper Presented: Occurrence of UTI and its contributing factors in a selected hospital at Mangaluru.

#### Seminars/Conferences/ Workshops Attended:

- Attended a training on CPR on 29.05.2017 at Father Muller Simulation & Skill Center.
- Organized a national conference on HIC: sharing knowledge and inducing change on 16<sup>th</sup> June 2017 at FMCI
- Conducted a seminar on communication and soft skills held on 8<sup>th</sup> July 2017 at FMCON
- Attended a national conference on Informatics at AJIMS conference hall on 31.07.2017.
- Attended a workshop on SPSS at FMCON on 22.12.2017.
- Attended a national conference on critical care nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018.

#### MR ABIN KURIAKOSE

Research Guided : A study on study habits of B.Sc. nursing students in selected College at Mangalore.

#### Seminars /conferences/workshop attended:

- Workshop attended on SPSS conducted by FMCON on 22.12.2017.
- Attended a Guest lecture on paediatric bioethics conducted by FMCON on 18.01.2018.
- Participated in National conference on Critical Care Nursing organized by Alumini Association of FMCON.
- Attended a workshop on Retrieval of e-Resources conducted by FMCON on 23.02.2018.
- Attended orientation/training program on Policies and SOP of Ethics Committee organized by FMMCIEC.
- Workshop attended on Innovative teaching learning and evaluation organized by FMCON on 4<sup>th</sup> & 5<sup>th</sup> April 2018.

#### **SR NANCY PRIYA MATHIAS :**

**Research** (ongoing): A study to assess the diabetes- related distress among patients with type -2 diabetic mellitus in a selected hospital at Mangaluru.

**Publications** : Study to assess the effectiveness of spiritual songs on spiritual and emotional well-being of clients diagnosed with cancer. Indian journal of applied research. Volume 8(1) January 2018

#### Seminars/conferences/workshop attended :

- Workshop attended on SPSS conducted by FMCON on 28.03.2018.
- Attended a Guest lecture on paediatric bioethics conducted by FMCO on 18.01.2018.
- Participated in National conference on Critical Care Nursing organized by Alumini Association of FMCON.
- Attended a workshop on Retrieval of e-Resources conducted by FMCON on 23.02.2018.
- Attended orientation/training programme on Policies and SOP of Ethics committee organized by FMMCIEC.
- Workshop attended on Innovative teaching learning and evaluation organized by FMCON on 4<sup>th</sup> & 5<sup>th</sup> April 2018.
- Attended CME on 4<sup>th</sup> March on trauma care organized by FMMCH, Mangaluru.

#### **Departmental Activities :**

# Journal Club :

**02.01.2018** : Journal article presentation on "midterm results of correction of Tetralogy of Fallot with absent pulmonary valve"

**21.02.2018** : Journal article presentation on "Effect of wet cupping on serum lipid profile levels of hyperlipidemia patients and correlation with some metal ions"

**28.02.2018** : Journal article presentation on "does HbAlc level have clinical implications in diabetic patients undergoing coronary artery bypass grafting – a systematic review and met analysis".

**29.03.2018** : A qualitative study of patient's perspective about hypertension.

**Health talks :** on hypertension & diabetes mellitus, tuberculosis, Gastric ulcer, Diarrhoeal awareness, oesophageal cancer, Donate - life awareness, stroke management, oral carcinoma, Prevention of obesity, eye injury prevention,

AIDS, H1N1, myocardial infarction, stroke awareness, kidney & women's health, colorectal cancer, Dengue fever, Hypertension were given during the year.

**Radio Program** : was given on malaria, HIV AIDS -My Health, My Right, Prevention of H1N1, Renal problems, Tuberculosis : 'Wanted : leaders for TB free world'.

**Health Camp** on 'Cardiovascular and diabetes risk assessment' were held at St Rita's School,Vittal; Neerchal, Kasargod; Loretto, Puttur & Bantwal during the year.

# 17.3. MENTAL HEALTH NURSING

#### Faculty:

Prof. Agnes E.J.	-	HOD & Nursing Superintendent
Ms Binsha Pappachen	-	Associate Professor & Nursing Quality Coordinator (NQC)
Mr Shajan Xaviour	-	Assistant Professor & NQC
Mr Rajeeve Mathew	-	Assistant Professor & NQC
Ms Lejomol	-	Lecturer & NQC
Ms Diana Preema Cutinaha	-	Lecturer & NQC
Mrs Lavina Rodrigues	-	Lecturer & NQC
Mrs Joyce Fernandes	-	Lecturer & NQC
Ms Sabeena MTP	-	Lecturer & NQC
Ms Saritha Pereira	-	A.N.S.
Mr Jithin PC	-	A.N.S.

# **Departmental Activities:**

- 1. Department of Mental Health Nursing observed the 'World No Tobacco Day' on 31st May 2017 and 1<sup>st</sup> June 2017. A quiz competition for the staff nurses of Father Muller Mental Health Centre and students of FMCON was conducted and winners were awarded. As a part of the day 3rd year BSc Nursing displayed the posters in OPD on the theme Tobacco: A threat to development. A health talk was organized for the patients and family members of Father Muller Mental Health Centre on the theme in Kannada and Malayalam.
- 2. The Department observed the International Day against Drug Abuse and Illicit Trafficking on 20<sup>th</sup> June 2017 through School Health Program which was conducted for the high school children of Padua High school on the theme "Listen First". A health talk on Gender Education was given separately for both boys and girls.
- 3. The Department along with III B.Sc. Nursing students organized a Christmas program for the patients in General Psychiatry ward on 19<sup>th</sup> December 2017.
- 4. The Department observed the World Mental Health Day on 14<sup>th</sup> October 2017 in Rajath Bhavan, FMCON. As a part of the day, a guest lecture was organized on the theme "Mental Health in Work Place". Mrs Mamtha Bhandary, Counsellor, K.S.Hegde Medical Academy was the resource person.
- 5. Participated in the activities of the Satellite clinic at Katipalla along with the team of psychiatrists every first Monday of the month.

# Staff achievements :

# PROF. AGNES E.J.

- 1. Published an original research article 'Quality of life of Breast cancer survivors who had undergone mastectomy' in International Journal of Oncological Nursing 2018; 4(1): 1-6 (as co-author)
- 2. Member of editorial board of International journal of Nursing Science Practice and Research from Jan 2016
- 3. Reviewer for the of Journal of Nursing Research Society of India from July 2016
- Attended and chaired the session 'Community Based Rehabilitation' by Dr P.V. Bhandary in the CME on 'Mental Health Challenges: Changing measures, changing perspectives conducted by Dept of Community Medicine, FMMC on 11<sup>th</sup> Nov 2017.
- 5. Resource person for the course orientation program for nursing students on the topic "Time management and study habits" held on 20.09.2017 in FMCON.
- Attended and presented a research paper 'Attitude of nursing students towards the end of life care' in the national conference on HIC : Sharing knowledge inducing change conducted by Dept of Medical Surgical Nursing, FMCON on 16<sup>th</sup> June 2017.
- 7. Resource person for the Open Forum Interface on 'Academic Issues Versus Quality Enhancement' conducted by FMCON on 16.05.2017

- 8. Organized & participated in a workshop on 'Innovative teaching, learning and evaluation techniques' conducted by IQAC on 04.04.2018 & 05.04.2018.
- 9. Attended a guest lecture on 'Effective teacher student relationship' conducted by SDP of FMCON on 06.04.2018.
- 10. Attended a workshop on 'SPSS' on 28.03.2018 & 'Retrieval of e-resources' conducted by Research committee of FMCON on 23.02.2018.
- 11. Attended a pre-conference workshop of Dermazone South & Cuticon Karnataka 2017 on 'How to publish' conducted at FMMC on 21.10.2017.
- 12. Attended a guest lecture on 'Developing competitive research proposals' organized by Research Coordination committee of FMCI on 7<sup>th</sup> October 2017 & 'Research directions for future' organized by Research Coordination committee of FMCI on 16<sup>th</sup> September 2017.
- 13. Attended the national conference on 'Informatics' conducted by Laxmi CON on 31<sup>st</sup> July 2017 (KNC Credit hrs: 8).
- 14. Attended a training program on 'Communication & soft skills' conducted by Alumni association of FMCON on 8<sup>th</sup> July 2017.
- 15. Attended a panel discussion on 'Attracting & retaining nursing workforce' conducted by Dept of Community Health Nursing on 14<sup>th</sup> June 2017.
- 16. Organized & attended the national conference on 'Envisioning: Creating the future' conducted by Dept of Nursing Administration on 3<sup>rd</sup> June 2017 (TNAI- KSB Credit hrs: 6).
- 17. Attended a guest lecture on 'Thalassemia' conducted by Dept. of Pediatric Nursing on 28<sup>th</sup> April 2017.

# MS BINSHA PAPPACHAN C.

- 1. Published an original research article on Appraisal of care giving among spouses of patients with psychotic illness. Paripex-Indian Journal of Research Vol-6/Issue-10/ October 2017 Page 76-77.(ISSN-2250-1991, IF:5.761, IC Value:79.96).
- 2. Presented a scientific paper on "Appraisal of care giving among spouses of patients with psychotic illness." In a National level conference 'HIC: Sharing knowledge and inducing change at Father Muller College of Nursing, Mangaluru on 16<sup>th</sup> June 2017.
- 3. Presented a scientific paper on "a systematic review on the quality of life among breast cancer patients" at the national conference on critical care at FMCON on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- 4. Attended a regional conference on 'Depression Let's Talk' organized by A.J. Institute of Medical Sciences in collaboration with Laxmi Memorial College of Nursing on 5<sup>th</sup> April 2017.
- 5. Attended a national conference on "envisioning, creating the future" at FMCON on 3<sup>rd</sup> June 2017.
- 6. Attended a workshop on Research Update on sample size at FMCON on 10.06.2017.
- 7. Attended a national conference on HIC: Sharing knowledge inducing change at FMCON on 16<sup>th</sup> June 2017 with 6 credit hours from TNAI-KSB.
- 8. Attended an International Colloquium on Ethics in Nursing at Yenepoya college of Nursing, Deralakatte on 14<sup>th</sup> November 2017.
- 9. Organized & attended a National level conference on "Critical care Nursing" on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- 10. Attended a workshop on Retrieval of e-resources on 23.02.2018 & 'Innovative teaching learning and evaluation techniques' on 4<sup>th</sup> & 5<sup>th</sup> April 2018 & 'Effective teacher student relationship' at FMCON on 06.04.2018.

#### MR SHAJAN XAVIOUR

- 1. Published a research paper on quality of follow up services after hospitalization for schizophrenia clients from selected hospitals at Mangaluru. Published in Indian Journal of Applied Research. Volume -7, issue-11, November 2017. ISSN-2249-555X, IF 4.89, IC value 79.96.
- 2. Attended SPSS workshop on 22.12.2017 organized by FMCON.
- 3. Attended workshop on 'Retrieval of E-Resources on 23.02.2018 organized by FMCON & on 4<sup>th</sup> & 5<sup>th</sup> April 2018 on Innovative teaching learning and evaluation organized by IQAC and SDP cell of FMCON.
- 4. Organised & attended a workshop on effective teacher student relationship on 6<sup>th</sup> April 2018 organised by SDP FMCON.
- 5. Attended a seminar on paediatric thyroid disorders and its management organized by Child Health Nursing Department of FMCON on 19<sup>th</sup> April 2018.

#### MR RAJEEVE MATHEW

 Published a research paper on a study to identify the abnormal eating behaviors among adolescents in selected colleges at Mangaluru. Vol.6, Issue -10, October -2017, P.517-519, IF: 5.761(Paripex-Indian Journal of Research)

- 2. Published a research paper on the knowledge regarding the handling of sharps among health care personal in selected hospital, Mangalore (IJHSR, Vol.8, Issue 5, May 2018)
- 3. Published a research paper on Knowledge on Early Warning signs and management of mental illness among care givers of people with mental illness in a selected hospital at Mangaluru.(Asian Journal of Nursing Education and Research)
- 4. Presented a scientific paper on the knowledge regarding the handling of sharps among health care personal in selected hospital, Mangalore in a National Conference on 19<sup>th</sup> January 2018 at Mangalore.
- 5. Presented a scientific paper on Quality of life of caregivers of patients with psychiatric disorders in National Conference on 03.06.2017 at Mangalore.
- 6. Presented a scientific paper on Abnormal eating Behaviours among adolescents in a National Conference on 16.06.2017 at Mangalore
- 7. Scientifc poster presented on Hospital Informatics in a National conference on 31<sup>st</sup> July 2017 at Mangalore.
- 8. Resource Person for the Course orientation programme and delivered a talk on the topic Stress management on 19.09.2017.
- 9. Resource person for the 'World No Tobacco Day' Program organized by Dept.of Mental health nursing, FMCON on 01.06.2017.
- 10. Resource person for the stress management program organized by Laxmi Memorial Institute of Nursing Sciences on 05.09.2017.

#### MS LEJOMOL ABRAHAM

- Published a research paper on study on functional ability of bladder among menopausal women in a selected setting of Mangaluru. International Journal of scientific research. Volume 7, Issue 1, January 2018, IF 4.176
- 2. Done a scientific paper presentation on student nurses opportunity to perform advanced nursing procedure in clinical practice area in a national conference on informatics (Engaging, Enabling & empowering in digital health) organised by Laxmi Memorial College of Nursing, Mangaluru.
- 3. Organised a national conference on envisioning Creating the future on  $3^{rd}$  June 2017 in FMCON.
- 4. Organised a one day workshop on retrieval of e-resources on 23<sup>rd</sup> February 2018 in FMCON.
- 5. Attended a regional conference on Depression Let's Talk on 5<sup>th</sup> April 2017 organised by Laxmi Memorial College of Nursing, Mangaluru.
- 6. Attended National conference on sharing knowledge inducing change on 16<sup>th</sup> June 2017 in FMCON.
- Attended a workshop on communication and soft skill training on 8<sup>th</sup> July 2017 & retrieval of e-resources on 23<sup>rd</sup> February 2018 in FMCON.
- 8. Attended a national conference on informatics (Engaging, Enabling & empowering in digital health) organised by Laxmi Memorial College of Nursing, Mangaluru.
- 9. Attended a national conference on critical care nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018 at FMCON.

#### MRS DIANA PREEMA CUTINHA

- Published a research paper on Quality of life of the breast cancer survivors who have undergone mastectomy in selected hospital Mangalore. International Journal of Oncological Nursing January (2018); 4 (1):1-6
- 2. Participated CME program organized by the Indian Psychiatric Society on Clinical Advances in Therapeutic Psychiatric on 15<sup>th</sup> & 16<sup>th</sup> July 2017.
- 3. Participated workshop on research update on samples on 10.06.2017 by FMCON.
- 4. Attended National conference organized by the Department of medical surgical Nursing on 16<sup>th</sup> July 2017 on the topic of "HIC sharing knowledge inducing change".
- 5. Participated in CME Program organized by the Department of community medicine on "mental health challenges, changing measures, changing perspectives on 11.11.2017.
- 6. Attended Guest Lecture conducted by the Pediatric Nursing Department on Paediatric bioethics on 18.01.2018.
- Participated National Conference on Critical Care Nursing on 19<sup>th</sup> & 20<sup>th</sup> January organized by the Alumni association of FMCON.
- 8. Attended SPSS workshop conducted by FMCON on 22.12.2017 & Participated workshop on retrieval of eresources on 23.2.2018 organized by FMCON.

#### MRS LAVINA RODRIGUES

1. Published a research paper on A descriptive study to assess the knowledge regarding Autism Spectrum Disorder among the teachers of selected primary schools at Mangaluru with a view to develop an information booklet. Asian J. Nur.Edu.and Research. Oct-Dec 2017; 7(4): 491-494.

2. Attended a CME on 'Mental health challenges, changing measures, changing perspectives' on 11.11.2017 organised by Department of Community Medicine, FMMC.

3. Attended 'SPSS workshop' held on 22.12.2017 organised by FMCON.

4. Attended a national conference on 'Critical Care Nursing' on 19.01.2018 & 20.01.2018 organised by Alumni association at FMCON.

5. Attended a workshop on 'Retrieval of E-Resources' on 23.02.2018 organised by FMCON & 'Research methodology' held on 23.03.2018 organised by Rajiv Gandhi University of Health Sciences, Bangalore.

#### MRS JOYCE FERNANDES

1.Published a research paper on Relationship between Blood Glucose Level and Depressive Symptoms among Antenatal Woman in Selected Hospitals at Mangalore" International Journal of Nursing Education, 2017: 9(3):95-98

2. Attended CME on Mental health challenges changing measures, changing perspectives on 11.11.2017 at FMMC.

3. Attended Workshop on SPSS on 22.12.2017 & Innovative Teaching Learning and Evaluation Techniques on 04.04.2018 & 05.04.2018 & National Conference on Critical Care nursing on 19.01.2018 & 20.01.2018 at FMCON.

#### MRS SABEENA MTP

1. Attended National conference on critical care nursing on  $19^{th}$  &  $20^{th}$  January 2018 and Guest lecturer on paediatric bioethics on 18.01.2018 at FMCON.

3. Attended Training program on policies and sop of ethics committee and informed consent process on  $6^{th}$  &  $9^{th}$  March 2018 by FMCI, Workshop on SPSS on 22.12.2017 at FMCON.

5. Attended Workshop on Innovative Teaching Learning & Evaluation Techniques on 04.04.2018 & 05.04.2018 at FMCON.

6. Attended Workshop on retrieval of e-resources on 23.02.2018 by FMCON & Seminar on paediatric hypo and hyperthyrodism on 19.04.2018 organized by paediatric department.

#### MRS SARITHA PEREIRA

- 1. Attended one day regional conference on "Depression Let's Talk" on 5<sup>th</sup> April 2017 at AJ Institute of Medical Sciences.
- 2. Participated in "Wound Care Workshop" on 19.05.2017 at FMMCH.
- 3. Resource person/organiser/Panelist for the Panel discussion on Avoice to lead- Achieving the SDG's on 3<sup>rd</sup>, 4<sup>th</sup> & 9<sup>th</sup> May 2017 at FMMCH.
- 4. Resource person for the School Health Program organized by Department of mental Health Nursing, FMCON on 20.06.2017 on Gender Education.
- Attended National Conference on HIC: Sharing Knowledge Inducing Change on 16<sup>th</sup> June 2017 at FMCI, training Program on "Communication and Soft Skills" on 8<sup>th</sup> July 2017 at FMMCH and PG CME on Clinical Advances in Therapeutic psychiatry on 15<sup>th</sup> & 16<sup>th</sup> July 2017 at FMMC.
- 6. Resource person for the Induction Program on Nurses assessment of patients on 29<sup>th</sup> August 2017 at FMMCH.
- 7. Participated as a delegate for the Seminar on Quality: The Ladder for Success on 16<sup>th</sup> September 2017 at TMA Pai Convention centre, Mangalore.
- 8. Participated in the workshop Health in Diabetes- Every Woman's Right on 14<sup>th</sup> November 2017 at FMMCH.
- 9. Conducted Induction program on 'NABH Protocols' on 21.09.2017, 'medicine Administration' on 25.10.2017, Injection Administration and Infusions on 16<sup>th</sup> January 2018, Vulnerable patients and Restraints on 17<sup>th</sup> Jan 2018, Narcotic Policy on 22<sup>nd</sup> Feb 2018, Admission and Discharge Procedure on 21st March 2018, Nursing Assessment forms and Documentation on 23<sup>rd</sup> March 2018 at FMMCH.
- 10. Participated in the CME on Mental Health Challenges Changing Measures, Changing Perspectives on 11.11.2017 at FMMCH.
- 11. Participated on Regional Conference on Pastoral care in Nursing from 23<sup>rd</sup> to 26<sup>th</sup> November 2017 at St. John's Medical College Hospital, Bangalore.
- 12. Participated in National Conference on Critical Care Nursing on 19<sup>th</sup> & 20<sup>th</sup> Jan 2018 at FMMCH.

**MR JITHIN PC :** Attended National conference on critical care nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018 at FMCON and CME on Mental health challenges changing measures, changing perspectives on 11.11.2017 at FMMC.

# 17.4. PAEDIATRIC NURSING

# Faculty :

- 1. Ms Seema S Chavan
- 2. Ms Priya Janifer Fernandes

7. Mrs Neeta Priyanka John

8. Mrs Arokia Benita David

- 3. Ms Wilma Shalini Noronha
- 4. Sr Janet D'Souza
- Mr Manoj P.S.
   Ms Sandra Saldhana
- Lecturer
- Lecturer
- Lecturer
  - Lecturer

# Staff Achievement :

# MS SEEMA CHAVAN

• Won the **best thesis award** on 8<sup>th</sup> April 2017 for a study on Problems and problem solving strategy of mothers of children with cancer in selected hospitals at Mangalore authored by Sr Rincymol Thomas & Guided by Ms Seema Chavan.

HOD / Associate Professor

Assistant Professor

Assistant Professor

Assistant Professor

- Won best paper award tittled "Quality of life, lived experiences and mothers felt need of children diagnosed with cancer in a selected hospital mangalore -a pilot study report" under Dr B Shanthran Baliga National level oral paper presentation at Mangalore PEDICON and MR Shenoy oration 2018; annual state level conference by INDIAN ACADEMY OF PEDIATRICS, DK branch held on 24<sup>th</sup> & 25<sup>th</sup> March 2018, Yenepoya Medical College, Mangalore.
- Won the **best thesis award** on 13<sup>th</sup> March 2018 for a study on Lived experience & quality of life of primary care givers of autistic children with a view to give a teaching program on care of autistic children in a selected autistic centres in Mangalore authored by Ms Frenita D'souza & Guided by Ms Seema Chavan

# Activities (Research, Outreach programs, Conferences)

# MS SEEMA S. CHAVAN

**Research Projects (UG) ongoing :** A study on knowledge regarding ill-effect of high healed footwear among females in a selected institution, Mangalore.

**Research Projects (PG) ongoing :** Lived experience & quality of life of primary care givers of thalessemia children in a selected autistic centres in Mangalore.

**Funded Research Projects (Faculty) ongoing :** Principal investigator on a research project funded by RGUHS on "quality of life & lived experience of mothers and their felt needs of children diagnosed with cancer in a selected hospital in Mangalore."

# Non funded Research Projects (Faculty) ongoing :

- 1. Principal investigator on a departmental research project on "A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore"
- 2. Principal investigator on an interinstitutional research project on "Prevalence of obesity and measurement of the blood pressure, body mass index and self reported problems among obese children in selected schools at Mangalore."

**Conferences/workshops attended :** BLS training on 29<sup>th</sup> May 2017 & PALS training in Father Muller simulation and skill centre on 5<sup>th</sup> June 2017, National conference on envisioning – creating the future on 3<sup>rd</sup> June 2017 & CNE on sample size calculation in FMCON on 10<sup>th</sup> June 2017, policies and SOP of ethics committee and informed consent process conducted by FMMCIEC on 6<sup>th</sup> & 9<sup>th</sup> March 2018, PEDICON & MR Shenoy oration - 2018; annual state level conference by Indian Academy of Pediatrics, DK branch in Yenepoya Medical College on 24<sup>th</sup> & 25<sup>th</sup> March 2018.

**Conferences/workshops organised :** Guest lecture on Thalassemia on 28<sup>th</sup> April 2017 & Pediatric Bioethics on 18<sup>th</sup> January 2018, CNE on SPSS on 22<sup>nd</sup> December 2017 & National conference on Critical Care Nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018.

# **Resource persons & presentations of paper/ poster**

- 1. Chairperson for National conference on critical care nursing at FMCON on 19<sup>th</sup> & 20<sup>th</sup> Jan 2018.
- 2. Presented a paper in National conference on Critical Care Nursing tittled Impact of mobile phone usage on life of academic nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018 in FMCON.

3. Presented a paper National level oral paper presentation at Mangalore PEDICON and MR Shenoy oration - 2018; annual state level conference by Indian Academy of Pediatrics, DK branch tittled "Quality of life, lived experiences and mothers felt need of children diagnosed with cancer in a selected hospital Mangalore - a pilot study report" in Yenepoya Medical College on 24<sup>th</sup> & 25<sup>th</sup> March 2018.

# MRS PRIYA JANIFER FERNANDES

**Research Projects (PG) ongoing :** Lived Experiences and Quality of life of caregivers of children with Thalassemia in selected hospitals at Mangalore.

# **Research Projects (UG) ongoing**

- 1. A study on mother's knowledge on lead poisoning in selected hospital at Mangalore.
- 2. A study on knowledge and beliefs about teething among mothers in selected hospital at Mangalore.
- 3. A study on Occurrence of malnutrition among children and attitude on weaning among mothers in selected hospital at Mangalore

**Conferences :** Attended national conference on Envisioning on 3<sup>rd</sup> July 2017 organised by Department of nursing administration of FMCON & critical care nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018 organized by Alumni Association of FMCON.

# MRS WILMA SHALINI NORONHA

**Research Projects (UG) ongoing :** A Study on Knowledge and Practice of Neonatal Hypothermia among Postnatal Mothers in Selected Hospital, Mangaluru.

# Activities (Research, Outreach programs, Conferences)

**Conferences/workshops organized :** Organized National conference on critical care nursing on 19 & 20<sup>th</sup> January 2018, FMCON.

**Resource persons & presentations of paper/ poster :** Chairperson for National conference on critical care nursing at FMCON on 19<sup>th</sup> & 20<sup>th</sup> January 2018.

# **Poster Presentations**

- 1. A study to assess the risk factors of stress during pregnancy among antenatal women in a selected hospital at Mangaluru on 8<sup>th</sup> March 2017 National Workshop
- 2. A study on vaccine related knowledge among antenatal women in selected setting to prepare an informational booklet. 19<sup>th</sup> & 20<sup>th</sup> January 2018, National conference on critical care nursing, FMCON.

# **Research Publications :**

- 1. Breakfast eating habits and nutritional status of primary school children at the selected primary school in Mangaluru .Indian Journal of Applied Research. October -2017.
- 2. Effectiveness of baby Massage on physiological jaundice in selected hospital Mangaluru. Indian Journal of Applied Research. October -2017.

**Conferences** / workshops attended : SPSS workshop on 22.12.2017, Retrieval of E – Resources on  $23^{rd}$  February 2018, Innovative teaching learning and evolution techniques on  $4^{th} \& 5^{th}$  April 2018 at FMCON.

**CNE Organized and Attended :** Organized Guest Lecture on Pediatric Bioethics on 18.01.2018 by Department of Child Health Nursing of FMCON & attended policies & SOP of ethics committee and informed consent process conducted by FMMCIEC on  $6^{\text{th}} \& 9^{\text{th}}$  March 2018.

# SR JANET D' SOUZA

# **Conferences / workshops attended**

- 1. C.M.E on Nursing Etiquettes at FMMCH on March 2017.
- 2. Conference on Dialysis Demystified 2017 on 9<sup>th</sup> April 2017 & CME on AML Past, Present and Future on 10<sup>th</sup> April 2017 at FMMCH.
- 3. Workshop on wound care FMMCH on 19<sup>th</sup> May 2017, Neonatal Care CPR on 2<sup>nd</sup> June 2017 & Paediatric CPR on 5<sup>th</sup> June 2017 at Father Muller Simulation Centre.
- 4. National conference on Envisioning creating the future at FMCON on 3<sup>rd</sup> June 2017.
- 5. Panel discussion on Attracting and Retaining nursing work force at FMMCH on 14<sup>th</sup> June 2017.
- 6. National conference on HIC; sharing knowledge inducing change on 16<sup>th</sup> June 2017 at FMMCH.
- 7. Workshop on Fire and Safety Emergency Service on 11<sup>th</sup> & 12<sup>th</sup> September 2017.
- 8. Seminar on Quality: the Ladder for Success at KMC Hospital on 16<sup>th</sup> September 2017.

- Conference on National Health Convention at Catholic Health Association of India at Kochi, Kerala on 23<sup>rd</sup> & 24<sup>th</sup> September 2017.
- 10. Seminar on Ethical Concerns from the beginning of life to the end of life at FMMCH on 26<sup>th</sup> October 2017.
- 11. Guest lecture on Gender Sensitization at FMMCH held on 28th October 2017.
- 12. Participated on national conference on 2020 vision for the future of Nursing education at Trained nurses association of India at Bangalore on 3<sup>rd</sup> November 2017.
- 13. Seminar on Mental health challenges changing measures, changing perspectives at FMMCH on 11<sup>th</sup> November 2017.
- 14. Workshop on Health in Diabetes woman's right on 14<sup>th</sup> November 2017 & Trauma Care on 4<sup>th</sup> March 2018 at FMMCH.
- 15. Conference on National Bioethics at FMMCH on 21<sup>st</sup> & 22<sup>nd</sup> November 2017.
- 16. National Conference on Critical care Nursing at FMCON on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- 17. Guest lecture on Do harm –error. Team work and give health care at FMCON on 1<sup>st</sup> Feb 2018.
- 18. Training programme on RNTCP Technical & Operational Guidelines 2016 at FMMCH on 20<sup>th</sup> February 2018.
- 19. Guest lecture on Paralytic Hand in Hansen's Disease at FMCON on 21<sup>st</sup> Feb 2018.
- Conference on International Global challenges in Health care at Manipal College of Nursing on 16<sup>th</sup> & 17<sup>th</sup> Feb 2018.
- CME on Continuing Surgical Education 2018 on 25<sup>th</sup> Feb 2018 & Trauma Management & Critical Care on 4<sup>th</sup> Feb 2018 in FMMCH.

**CNE Organized and Attended :** Organized induction/orientation program to all newly joined staff in every month for 3 days till date at FMMCH & CME on Paediatric Bioethics at FMCON on 18<sup>th</sup> Jan 2018.

# **Resource person & presentations of paper/ poster**

- 1. Chairperson for National conference on critical care nursing at FMCON on 19<sup>th</sup> & 20<sup>th</sup> Jan 2018.
- 2. Judge for the scientific paper on International Global challenges in Health care at Manipal College of Nursing on 16<sup>th</sup> & 17<sup>th</sup> Feb 2018.
- 1. Resource person for Induction/Orientation program to all newly joined staffs in every month for 3 days till date at FMMCH.

# MR MANOJ P.S. :

# **Research Projects (UG) ongoing**

- 1. "A study on the knowledge of prospective parents towards cord blood banking at selected Hospital at Mangaluru".
- 2. "A study on the knowledge of prospective parents towards cord blood banking at selected Hospital at Mangaluru".

# **Conferences/workshops attended:**

- 1. Workshop 'Innovative Teaching Learning and Evaluation Techniques' on 4<sup>th</sup> & 5<sup>th</sup> April 2018
- 2. CNE 'Effective teacher student relationship' on 6<sup>th</sup> April 2018
- 3. Workshop on SPSS on 28<sup>th</sup> March 2018
- 4. National conference on 'critical care nursing' on 19<sup>th</sup> & 20<sup>th</sup> January 2018
- 5. Panel discussion on 'Attracting and retaining nursing task force' on 14<sup>th</sup> June 2017
- 6. CNE- 'Research update on sample size calculation' on 10<sup>th</sup> June 2017
- 7. National conference on 'Envisioning, creating the future' on  $3^{rd}$  June 2017

**Conferences/workshops organized :** Guest lecture on 'Pediatric Bioethics' on 18<sup>th</sup> January 2018 & 'Thalassemia' on 28<sup>th</sup> April 2017 organised by Department of Child Health Nursing.

# MRS SANDRA SALDHANA

**Research Projects (UG) ongoing :** Risk assessment and preventive strategies for Deep Vein Thrombosis among patients admitted in Intensive Care Units (2017-18).

**Research Projects (PG) ongoing :** A study on knowledge and self reported practice regarding prevention of Sudden Infant Death Syndrome (SIDS) among postnatal mothers attending postnatal services with a view to develop an informational pamphlets in a selected hospital, Mangalore (2017-18).

**Research projects (faculty) ongoing :** Effectiveness of SBAR technique in clinical communication among nurses. (Principal Investigator : Ms Sandra J. Saldanha, Co Investigator Ms John Neeta Priyanka Ebnezar)

# Conferences/workshops attended :

- 1. Workshop 'Innovative Teaching Learning and Evaluation Techniques' on 4<sup>th</sup> & 5<sup>th</sup> April 2018.
- 2. CNE 'Effective teacher student relationship' on 6<sup>th</sup> April 2018 & 'Research update on sample size calculation' on 10<sup>th</sup> June 2017.
- 3. Workshop on SPSS on 28<sup>th</sup> March 2018.
- 4. National conference on 'critical care nursing' on 19<sup>th</sup> & 20<sup>th</sup> January 2018.
- 5. Panel discussion on 'Attraacting and retaining nursing task force' on 14<sup>th</sup> June 2017.
- 6. National conference on 'Envisioning, creating the future' on  $3^{rd}$  June 2017.

**Research persons & presentations of paper/poster :** Poster presented on 'knowledge regarding complications of diabetes mellitus among diabetic patients' at National conference on critical care nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018.

#### Conferences/workshops organized:

- 1. Organised workshop on 'Retrieval of e Resources' on 23<sup>rd</sup> February 2018.
- 2. Guest lecture on 'Pediatric Bioethics' on 18th January 2018 organised by Department of Child Health Nursing.
- 3. Guest lecture on 'Thalassemia' on 28th April 2017 organised by Department of Child Health Nursing.

#### MS. JOHN NEETA PRIYANKA EBNEZAR

**Research Projects (UG) ongoing :** A study on knowledge of fathers on neonatal care in a selected hospital at Mangaluru (2017-18).

**Research Projects (PG) ongoing :** A study on knowledge and self reported practice regarding prevention of Sudden Infant Death Syndrome (SIDS) among postnatal mothers attending postnatal services with a view to develop an informational pamphlets in a selected hospital, Mangalore (2017-18).

#### **Research projects (faculty) ongoing :**

- 1. Effectiveness of SBAR technique in clinical communication among nurses. (Principal Investigator: Ms. Sandra J Saldanha, Co Investigator Ms. John Neeta Priyanka Ebnezar
- 2. A descriptive study to assess the knowledge and self reported practices on malaria and its prevention among mothers of school going children (6-14yrs) in a selected hospital in Mangalore. Principal Investigator : Ms Seema Chavan, Co investigators: Mr Manoj, Ms John Neeta Priyanka Ebnezar, Mrs Anita

**Conferences/workshops attended :** Workshop on SPSS on 22.12.2017 & Retrieval of e–Resources on 23<sup>rd</sup> February 2018 at FMCON.

#### **Conferences/workshops organized:**

- 1. Workshop Innovative Teaching Learning and Evaluation Techniques on 4<sup>th</sup> & 5<sup>th</sup> April 2018 organised by IQAC.
- 2. A Talk on 'Stress Management 'on 16<sup>th</sup> March 2018 organised by IQAC.

# MS AROKIA BENITA D.

**Research Projects (UG) ongoing :** A study on the self- reported practice of insulin administration among patients with diabetes mellitus in a selected Hospital Mangalore.

**Paper Presentation :** Effectiveness of Planned teaching programme on knowledge and attitude regarding corporal punishment on children among school teachers at selected schools in Bangalore on 20<sup>th</sup> January 2018 National Conference on Critical Care Nursing.

#### **Conferences/workshops attended:**

- 1. Retrieval of e Resources on 23<sup>rd</sup> February 2018 & Workshop on SPSS on 28.03.2018 at FMCON.
- 2. Workshop on IMNCI organised by the District Health & Family Welfare Department, Wenlock District Hospital, Mangalore on 23.03.2018
- 3. National conference on Envisioning and creating the future on 3<sup>rd</sup> June 2017 & Critical Care Nursing on 19<sup>th</sup> & 20<sup>th</sup> January 2018.

#### Conference /Seminar/Symposium/Workshops/FDPs Organized by department :

Organized guest lecture on Thalassemia on 28<sup>th</sup> April 2017 & Pediatric Bioethics on 18<sup>th</sup> January 2018.

No of Conference /Seminar/Symposium/Workshops/FDPs Participated/ Organized by department faculty = 2 No of department faculty as Resource persons / Chairing the session = 5 Total No of Poster presented by department faculty = 3 Total No of Scientific Paper Presented by department faculty = 4 Total Publications of department by department faculty = 2

#### **Extension Activities Organised by Department :**

- 1. Community outreach Program on World Breastfeeding Day, 1<sup>st</sup> 7<sup>th</sup> August 2016
- 2. Children's Day 2015 12<sup>th</sup> November 2016
- 3. Organized a TV program on Autism in observation of "World Autism Day

#### **Department research activities :**

	Ongoing	Completed	Total
Projects - UG	10	12	22
PG Dissertation	2	5	7
Any other			
1. ICMR		1	
2. Department	3	1	
3. Inter department	1		
4. RGUHS	1		
Total	17	19	29

# 17.5. OBSTETRICS AND GYNAECOLOGICAL NURSING

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#### Faculty

- 1. Mrs Pramila D'Souza
- 2. Ms Darryl Aranha
- 3. Ms Shoba Xaviour
- 4. Ms Precilla Loriena D'Silva
- 5. Mrs Reena Wilma Frank
- 6. Ms Anusha Fiola
- 7. Ms Nijisha Sharli
- 8. Ms Joyce L. D'Souza
- 9. Mrs Ramyashree
- Lecturer
- Lecturer

# **Activities of the Department :**

Pregnancy Awareness Week from 12<sup>th</sup> to 18<sup>th</sup> February 2017 : A Health awareness program was conducted at Nirmala Health Centre, Ullal on 5<sup>th</sup> April 2017. Students enacted the role play on 'Antenatal Care'. Around 100 women participated and benefited from the program.

#### World Health Day 2017 :

The faculty of OBG Nursing was invited to deliberate a message on 'Depression Lets talk' to observe the world health Day on April 2017 in Kolambe Anganawadi at Thumbe. Ms Pramilda D'Souza spoke on the theme. She also highlighted on the management of postnatal depression. The beneficiaries were women with children, ASHA workers and staff of Anganawadi.

# Health camp :

The faculty of OBG nursing department participated in the health camp organized by OBG department of FMMCH on 27.04.2017 at Nirmala Health Centre Ullal. Ms Precilla D'Silva delivered a health talk on 'Well Woman'. Total 70 women benefited from the talk and 110 from the health camp.

# International Midwiferv day :

As an observance of international Midwifery day, a health talk on "Postnatal guidelines" on 11.05.2017 was conducted at the District Hospital, Bantwal. Ms Precilla provided updated information during this session were: newborn care, importance of breast feeding and its techniques, importance of partner and family support, self perineal care and puerperal infections. The whole programme was carried out in the local language. Around 100 women of different age group were benefited.

# **Health Camp**

The Department of Obstetrics & Gynecological Nursing, FMCON and the OBG Department of FMMCH in collaboration with Conceptta Hospital and Rotary Club, Kinnigoli, organized a health talk on "Well Woman" on 20.05.2017 followed by health checkup. Ms Precilla D'Silva and the students of B.Sc. Nursing delivered a health

- Assistant Professor & HOD
- Associate Professor /Deputy CNO
- Assistant Professor
- Lecturer
- Lecturer
- Lecturer / HIC
- Lecturer

talk on Menopause and the information on available schemes for antenatal mothers along with the students of B.Sc. Nursing.

**World Breast Feeding week :** The World Breast Feeding week - "Sustaining Breast Feeding together" was celebrated in the first week of August 2017.

#### Feast of St Gerard Majella

The Feast of St Gerard Majella the Patron saint of pregnant women and postnatal mothers was celebrated by the Department of Obstetrics & Gynecological Nursing along with the nursing service department on 16.10.2017 in the hospital Conference Hall. Dr Gayathri R. was the Chief Guest. The antenatal & postnatal mothers were present.

#### World AIDS Day 2017

The World AIDS Day 2017 was observed on 04.12.2017 by Obstetrics and Gynecological Nursing in collaboration with Pudu Gram Panchayath at Farangipete Market. The IV year nursing students staged street play on Swatch Bharath, Drug addiction and AIDS by highlighting the theme 'Right to health'.

#### Folic acid Day

The folic acid day was observed on 12<sup>th</sup> January 2018. The department of Obstetrics & Gynecological Nursing in collaboration with School of nursing gave health awareness on the importance of Folic Acid to the women in the antenatal and postnatal ward of FMMCH.

#### **Pregnancy Awareness Week**

As an observance of Pregnacy Awareness Week, the Department of Obstetrics and gynecological Nursing along with the students of PBBSc nursing organized health awareness programme on 'Antenatal Care' at Urban Health Centre, Jeppu on 22.02.2018. A total of 30-40 pregnant mothers were benefited with this programme.

#### World Cancer Day

World Cancer Awareness week was observed on 07.02.2018 at KSRTC bus stand, Mangaluru. The information regarding prevalence, various types, causes, management and prevention of Cancer was staged through a street play. A large number of public were benefited with this program.

#### International Women's Day

The Department of Obstetrics & Gynecological Nursing organized a State level Workshop on "Press for Progress : Safe Invitro to Healthy Invivo" on 8<sup>th</sup> March 2018. Dr Judith Noronha was the Chief Guest. Mrs Vedavathi, Lady Health Visitor was honored for her achievements and contributions towards women in the society. A book "From a Mother, to a Mother: A Post Pregnancy Support Guide" was released. The sessions were Fertility Preservation in Women, Pregnant Mothers and Unborn Bill of Rights', 'Unsafe Abortions', Debate on "Patient safety in Obstetrics" and workshops on PPH Drill, Interventions of High risk Pregnancy, Pharmacology in Obstetrics & newborn resuscitation. There were a total of 159 participants consisting of staff nurses, teaching faculty and undergraduate and post graduate students of Colleges and Schools of nursing from Mysore, Honnavar, Mandya, Manipal and Mangalore. The workshop is credited by Karnataka Nursing Council with 8hrs.

**Awards :** Bester Poster Award is received by Precilla D'Silva & Shoba Xavier State Level Conference "Qualitas Fiducia" organized by the Laxmi Memorial College of Nursing at Mangaluru on June 2017.

**Poster presentation :** Client satisfaction and preferences towards non-verbal communication among health care providers presented in the international conference January 2018- Precilla D Silva.

**Funded Research Projects (Faculty) ongoing :** A correlation study between dietary pattern and polycystic ovarian disease among women in a selected hospital at Mangalore (RGUHS funds).

#### **Publications :**

1. Ms Darryl Monica SerafineAranha: A Comparative Study on Knowledge and Attitude Regarding Teenage Pregnancy AMONG PRe Degree Students in Selected

College Of Mangaluru. INDIAN JOURNAL OF APPLIED RESEARCH 2017 : Volume-7(11). | ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96.

A Study on the Knowledge, Attitude and Demand of Labour Pain Relief Techniques among Antenatal Women in a Selected Hospital at Mangaluru with a view to Prepare a Concept Map. International Journal of Health Sciences and Research :2017:Vol. 7(11) A Study on the Attitude of Gender Preference and Female Feticide among Women in Selected Settings at Mangaluru. International Journal of Health Sciences and Research .2017;Vol. 7(11).

2. Dr. Savitha PramildaCutinho: A Study on Frequency of High Risk Pregnancy among the Women with a View to develop a Protocol on Nursing Management of High Risk Pregnancy in Selected Hospital at Mangaluru. Indian Journal of Applied Research 2017 : Volume-7(11). ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

Study on Knowledge and Practice on Maternal Bed sharing among Mothers in a Selected Hospital at Mangaluru. Indian Journal of Applied Research 2017; Volume-7(11) ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

Effectiveness of Music Therapy on Labour Pain during First Stage of Labour among the Intranatal Women in a Selected Hospital, Mangaluru. Indian Journal of Applied Research 2017; Volume-7(11).ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

A Study on Perception of Nursing Support during Labour among the Postnatal Women of Selected Hospital at Mangaluru. Indian Journal of Applied Research 2017; Volume-7(11). ISSN - 2249-555X | IF : 4.894 | IC Value : 79.96

**3.** Ms Precilla D'Silva : Astudy to assess the Knoweldge of registered nurses regarding bioethics in selcted settings Mangalore. Manipal Journal of Nursing and health Sciences. July 2017,vol.3(2).50-54.

# **17.6. NURSING FOUNDATION AND NUTRITION**

#### Faculty :

- 1. Sr Deepa Peter
- 2. Ms Shwetha Rashmi
- 3. Ms Viola D'Souza
- 4. Ms Shanthi Shaurn Pereira
- 5. Ms Asha Varghese

- HOD & DNS
- Lecturer & Ward Supervisor
- Asst Lecturer & Clinical Instructor
- Asst Lecturer & Clinical Instructor
  - Asst Lecturer & Clinical Instructor

# **Departmental Activities:**

- 1. Organized a health education programme on World Malaria Day on 22<sup>nd</sup> April 2017
- 2. Observed International Yoga Day on 23<sup>rd</sup> May 2017
- 3. Observed Anti Tobacco Day on 31<sup>st</sup> May 2017. A radio talk was given on the topic.
- 4. Celebrated **National Nutrition week** in collaboration with Dietary department at Father Muller hospital from 1<sup>st</sup> to 3<sup>rd</sup> September 2017.
- 5. Organized **Course Inauguration** program for B.Sc., PB B.Sc., M.Sc. Nursing course on 16<sup>th</sup> September 2017.
- 6. Organized **a radio talk on Immunization** on 10<sup>th</sup> November 2017.

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- 7. Celebrated Childrens' Day on 18<sup>th</sup> November 2017 in Pachanady village, Vamanjoor.
- 8. Organized Lamp lighting ceremony on 21<sup>st</sup> December 2017 for the I year GNM & B.Sc. nursing students.
- 9. Celebrated National youth Day on 20<sup>th</sup> January 2018 in PU college, Balmatta.
- 10. Observed World Cancer Day on 19.02.2018 at Ave Maria Palliative Care Unit, Vamanjoor.
- 11. Organized a radio talk on World Water Day on 27<sup>th</sup> March 2018.

**Departmental Research (on going) :** A study on anxiety among the nursing students during the initial clinical experience in a selected college at Mangaluru.

#### Staff achievements : SR DEEPA PETER Research Publications

- A study to assess the Knowledge of registered nurses regarding bioethics at selected settings, mangaluru, Manipal Journal of Nursing and health sciences July 2017 Volume 3 issue 2.
- Breakfast eating habits and nutritional status of primary school children at the selected primary schools in mangaluru PARIPEX ISSN2250-1991/ October 2017 IF -5.761, IC value 79.96.

Effect of a continuous care model on sleep quality in patients with type 2 diabetes mellitus in a selected hospital at mangalore Indian Journal Of Applied Research ISSN No:2249-555x/ November 2017 IC. VALUE:79.96/Impact factor 4.894

# Paper presentation and other achievements

- Presented a paper on attitude of Nursing students on spirituality and spiritual care practice in selected colleges at Mangalore in National conference on Critical care Nursing organized by Alumni association in FMCON on 20/01/2018
- Resource person for open forum interface on academic issues vs quality enhancement at FMCON on 16.05.2017.
- Participated in the poster competition on 'Envisioning –creating the future' national conference organized by the administration dept in collaboration with II year M.Sc. Nursing students at FMCON on 03.06.2017.
- Organized a guest lecture on power of positive thinking on 15<sup>th</sup> July 2017.
- ▶ Participated in the world breast feeding week celebration 2017 & SPSS workshop on 22.12.2017.
- Resource person for the orientation Program on 'self discipline'
- Participated in a National conference on Critical care Nursing organized by Alumni association in FMCON on 19.01.2018 & 20.01.2018.
- Participated at the state level workshop on press for progress : safe invitro to healthy invivo organized by Dept of OBG Nursing, FMCON on 08.03.2018.
- Participated in the workshop on research methodology conducted by the Rajiv Gandhi University of Health sciences, Bangalore on 23.03.2018.

# MRS SHWETHA RASHMI

# **Research Publications**

- Nancy Priya, Shwetha Rashmi MS. Effect of spiritual songs on the well being of clients diagnosed with cancer in selected hospital Mangaluru. Indian Journal of applied research.2018
- Ms Mercy Zonunsiami, Ms Darryl Monica Serafine Aranha, Mrs.Shwetha Rashmi M S. A Study on the Attitude of Gender Preference and Female Feticide among Women in Selected Settings at Mangaluru. International Journal of Health Sciences and Research (IJHSR)P. 104-113

Awards : Won first prize on poster competition conducted at the National conference on HIC at FMCON.

# Other achievements

- Organized a guest lecture on power of positive thinking on 15<sup>th</sup> July 2017
- Resource person for Induction skill Training program for nurses on 30<sup>th</sup> August 2017 Father Muller Simulation and Skill Centre.
- Participated in SPSS workshop on 22.12.2017
- Participated in the International health conference on human ultrasound simulation 16<sup>th</sup>-18<sup>th</sup> Feb 2018 in Father Muller Simulation and Skill Centre

# MRS VIOLA D'SOUZA

- Resource person for open forum interface on academic issues vs quality enhancement at FMCON on 16.05.2017.
- > Organized radio program on smoking and its ill effects on anti-tobacco day on 31.05.2017.
- > Participated a talk on Health and forgiveness on 28.08.2017.
- Participated in a National conference on Critical care Nursing organized by Alumni Association in FMCON on 19.01.2018 & 20.01.2018 & SPSS workshop on 22.12.2017.

**MRS SHANTHI SHARUN PIERERA :** Participated in a National conference on Critical Care Nursing organized by Alumni Association in FMCON on 19.01.2018 & 20.01.2018 & a talk on Health and forgiveness on 28.08.2017.

**MRS ASHA VARGHESE :** Organized a guest lecture on power of positive thinking on 15<sup>th</sup> July 2017 & participated a talk on Health and forgiveness on 28.08.2017.

# Other conferences and workshops attended/organized by the faculty of the Department :

- > Attended CPR training conducted by Father Muller simulation and skill centre on 29.05.2017.
- > Participated in the talk on Research update on sample size June 2017.
- Organised National nutrition week celebration on 6<sup>th</sup> September 2017.
- > Attended a guest lecture on stress management in work place on 14.10.2017.
- > Organised a seminar on policies and protocol of NABH standards on 04.01.2018.
- > Attended a guest lecture on pediatric bioethics by the faculty of Pediatric Nursing on 18.01.2018

- Participated a workshop on Retrival of e-Resources organized by the research Dept. of FMCON on 23.02.2018 & in the orientation on policies and SOP OF Ethics committee and informed consent process conducted by FMMCIEC on 09.03.2018.
- Participated in the workshop on innovative teaching learning and evaluation techniques conducted by IQAC of FMCON on 04.04.2018 & 05.04.2018 & in the seminar on Effective teacher student relationship conducted by FMCON on 06.04.2018.

# 17.7. NURSING RESEARCH DEPARTMENT

#### Faculty :

Dr (Prof.) Devina E. Rodrigues	-	Professor & HOD
Mrs Victoria D'Almeida	-	Professor
Ms Seema Chavan	-	Associate Professor
Ms Preethi Fernandes	-	Assistant Professor
Ms Priya Fernandes	-	Assistant Professor
Ms Shobha Xavier	-	Assistant Professor

# **ACTIVITIES:**

#### A. Orgainsed programs :

- a. **Quiz**: The department of research conducted a quiz competition for the final year B.Sc & P.B.B.Sc students on research and statistics jointly with research consultancy & extension activity committee on 14.08.2017 in FMCON. The quiz master was Dr Leena KC. The quiz had five rounds. The first prize was bagged by the students of IV B.Sc.
- b. On 21st Dec. 2017 the department of research jointly with research consultancy & extension activity & staff development committee conducted a workshop on SPSS : hands on practical for 34 teaching faculty. The intention of this workshop was to develop skills on organizing data on SPSS sheet as well as to analyse the data by using descriptive and inferential statistics. The resource person was Dr Devina E. Rodrigues, HOD of the research department.
- c. The workshop on Retrieving of e-resources was organized by the department of research jointly with research consultancy & extension activity committee as well as with the central library of FMCI on 23.02.2018 in FMCON. The morning session was conducted by Mr Vikram, representative from Proquest and afternoon session was by Jgate. Mr Srinivasa conducted the session. Both the session had hands on practical. It is attended by 60 teachers of FMCON.
- d. The second session of the Workshop on SPSS: hands on practical was conducted in FMCON for the teaching faculty on 28.03.2018. The 15 teachers and a PG student attended this program The resource person Dr Devina E. Rodriuges, HOD of Nursing Research Department. This workshop was jointly conducted with Staff development committee and research consultancy & extension activity committee. The teachers attended this program appreciated the sessions and requested to conduct such programs in the future too.

**B.** Research : Work-life balance and potential contributing factors for work life imbalance among various categories of health personnel of a selected institute in Mangalore (Ongoing, sent for IRC).

# 17.8. NURSING ADMINISTRATION

The department of Nursing Administration headed by Mrs Shiji P.J., Associate Professor along with 8 faculty members from various department.

Staff	:

1.	Mrs. Shiji.P.J.	-	Associate Professor & HOD
2.	Prof. Agnes. E.J.	-	Professor
3.	Mrs Pramila D'Souza	-	Asst. Professor
4.	Mrs Lejomol Abraham	-	Lecturer
5.	Mr Rajiv Mathew	-	Asst. Professor
6.	Ms Arokia Benita	-	Lecturer
7.	Ms Deepika N.C.	-	Lecturer
8.	Ms Joyce Fernandes	-	Lecturer
9.	Ms Sabeena MTP	-	Lecturer

The department is guiding the students of M.Sc., P.B.B.Sc. & B.Sc. nursing both theory and practical. The department has accomplished with a department library with 57 books.

## Activities of the department :

## Following activities are carried out by the department every year

- > Orientation to the external college visit minimum 20 colleges visit every year.
- > Organizing External administration visit to Delhi both PG and UG students.
- Providing opportunity to the students to attend one Nursing Administration conference organized by the external colleges.
- Organizing National conference every year. This year a conference on Envisioning-creating the future was organized on 3<sup>rd</sup> June 2017.

## **18. FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE**

Father Muller Homoeopathic Medical College (FMHMC) has completed 32 years of its successful and meaningful service in the field of Homoeopathic education and practice. Students who have passed out from this College, the brand ambassadors, have been practicing this rational system of medicine successfully throughout India and abroad. The College conducts the regular program of BHMS (5½ yrs) and P.G. courses (3 yrs) in all seven subjects permitted by the Central Council of Homoeopathy.

#### Some of the regular activities of the College are:

- 1. Publication of Annual College Magazine "Pioneer".
- 2. Conducting National Homoeopathic Conference.
- 3. Publication of Souvenir.
- 4. Publication of "*Mullerian*" Quarterly bulletin.
- 5. Hahnemann's Birthday celebration.
- 6. Teacher's Day celebration.
- 7. Active participation of faculty members in presenting scientific papers throughout the country and abroad.
- 8. Research Publications.

#### College Administrative Staff consists of :

-	Director
-	Administrator
-	Assistant Administrator
-	Principal
-	Vice Principal
-	Deputy Medical Superintendent
	- - -

#### Admissions:

In the Academic year 2017-2018, 100 students were admitted to I BHMS course and 27 students were admitted to M.D (Hom) course after counseling.

The total student strength of the College is 548 in U.G and 79 in P.G courses.

## **RGUHS Examinations Results:**

Febr	uary/N	larch	2017	/:

CLASS	APPEARED	I CLASS	II CLASS	PASS CLASS	PERCENTAGE
I BHMS	7	-	-	7	100%
II BHMS	91	50	26	-	83.5%
III BHMS	71	12	55	2	97.2%
IV BHMS	68	29	38	1	100%

#### September 2017:

CLASS	APPEARED	DISTINCTION	I CLASS	II CLASS	PASS CLASS	PERCENTAGE
I BHMS	100	2	46	39	-	87%
II BHMS (RS4)	93	-	31	61	-	98.92%
II BHMS (RS3)	20	-	-	6	14	100%
III BHMS	7	-	1	2	2	71.42%
IV BHMS	7	-	-	7	-	100%

April 2017 :

CLASS	APPEARED	I CLASS	II CLASS	PERCENTAGE
I MD (HOM)	26	6	20	100%

**October 2017 :** 

CLASS	APPEARED	I CLASS	PASS CLASS	PERCENTAGE
I MD(HOM)	1	-	1	100%

II MD (HOM) 16	6	9	93.75%
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#### **RGUHS Ranks holders :**

Father Muller Homoeopathic Medical College has secured the following ranks declared by the Rajiv Gandhi University of Health Sciences, Karnataka for the Overall BHMS examinations conducted from December 2013 to February 2017 and MD (Hom) examination held in October 2017.

#### **B.H.M.S.** :

- 1<sup>st</sup> Rank Dr Nandini J.D.
- 3<sup>rd</sup> Rank -Dr Maria Johnson 4<sup>th</sup> Rank
- Dr Meenukrishna S.
- 5<sup>th</sup> Rank -Dr Ancy George
- 6<sup>th</sup> Rank Dr Dimple Gale Rebello
- 8<sup>th</sup> Rank Dr Anu A.A.
- 9<sup>th</sup> Rank Dr Aswathy P. Namboodiri 10<sup>th</sup> Rank Dr Fahmeedah Binthi Khalid

#### M.D.(Hom)

1 <sup>st</sup> Rank in Paediatrics -	Dr Jayameera R.
	Dr Tammineni Rajya Lakshmi
	Dr Sherlyn Elizabeth Paul
2 <sup>nd</sup> Rank in Practice of Medicine -	Dr Abbi Vandhana Suresh

#### Awards :

#### Dr Malati Allen Noble Award :

Ms. Nandini J.D., the Intern of FMHMC was awarded "Dr Malati Allen Noble Award" conferred by Dr Malati Allen Charitable Trust in Association with Dr Sarkar Allen Makhnkunja Mission, Sponsored by Allen Laboratories Limited, Kolkata, West Bengal for securing First Position in Final BHMS Examination among the students of FMHMC, Karnataka.

#### Medscape India National Awards 2017 :

It is a matter of pride to announce that FMHMCH is honoured with the MedscapeIndia National Awards 2017 for the excellence in Homoeopathy and contribution to the field of Healthcare in India by MedscapeIndia Aryan Medical & Educational Trust, Mumbai. Dr Shivaprasad K., Principal of FMHMCH received the award on 04.11.2017.

#### **Internship Program:**

Interns were posted at Homoeo OPD and IPD, rural clinics, medical and surgical units of FMHMC throughout the year. They are posted regularly at Concetta Hospital, Kinnigoli; Netaji Hospital, Thokkottu and United Hospital, Kasaragod, where the interns are trained in dealing with the various gynaecological and obstetrical clinical situations including the conduct of deliveries. They are also actively engaged in weekly clinical meetings and journal clubs. As a part of their internship training, each intern submits a dissertation on a clinical topic under the guidance and supervision of a senior clinical staff. They are also exposed for various health camps.

#### **C.C.H.** Inspection :

Dr P.C. Thippeswamy, Dr J. Pooja Anbu and Dr Upendra Singh Tomar visited and inspected the college and the Hospital directed by the Central Council of Homoeopathy on 06.06.2017.

20.11.2017 to 22.11.2017 : The Central Health Officers, New Delhi visited the Institution as part of their Foundation Training Program organized by the National Institute of Health and Family Welfare, GOI, New Delhi.

#### **Teaching Faculty:**

The teaching faculty comprises of 44 full time teaching staff, 12 part time teachers, 1 SMO and 2 RMO's. The faculty members of the Medical College also take classes on some special topics as and when required.

#### **Teaching Departments:**

The College has the following teaching departments as required under the Central Council of Homoeopathy regulations:

## 18.01. DEPT OF ANATOMY

#### Faculty:

Dr E.S.J. Prabhu Kiran	-	Professor & HOD
Dr Ancy Abraham	-	Asst. Professor
Dr Divya Rai	-	Guest faculty

#### Staff achievements :

The research project titled "Efficacy of toxicodendrom pubescens in relations with hyaluronic acid and its application on primary osteoarthritis" approved for funding by the Rajiv Gandhi University of Health Sciences, Karnataka with Dr Ancy Abraham as primary investigator and Dr ESJ Prabhu Kiran as co-investigator is completed and the last verification for release of the second instalment of the grant was done by RGUHS. The final report is being prepared

Departmental library: Books added - 12

## 18.02. DEPT OF COMMUNITY MEDICINE

#### Faculty :

Dr Sajan K R -	Associate Professor
Dr Anusha -	Lecturer
Dr Noli Babu -	Assistant professor
Mr Vivek Fernandes -	Medico-Social Worker
Dr Sunita D'Souza -	Yoga and Nutrition expert

#### Staff achievements :

#### Dr Sajan KR :

- 1. Member of faculty Homoeopathy RGUHS.
- 2. Monitoring disinfection and cleaning the premises.
- 3. Organized various camps & health awareness talks in the community and delivered awareness talks to the community.
- 4. Observed world days for various conditions. World Cancer Day was observed by conducting an exhibition in FMHMC OPD which helped more than 500 people to know about the different conditions.
- 5. Organized street play on Tuberculosis to observe the World Tuberculosis Day.
- 6. Organized awareness talks on dengue 15.03.2018 by Dr Mariappan, Sr Scientist ICMR.

#### **Other achievements: (Research and Publications)**

- 1. As a **co-investigator** for the study on "*evaluation of actions of Homoeopathic medicines in various potencies using medical analyser*" in collaboration with BARC, Mumbai (**project status completed in 2017**)
- 2. "Development of software for automatic analysis of intervention in the field of Homoeopathy"published in international journal the journal of alternative and Complementary Medicine- 2018

#### Dr Anusha G.:

- 1. Managed outbreak by treating, communicating documenting and reporting.
- 2. Contributed-development of infection control manual and protocols

#### Dr Noli Babu :

- 1. Organized health education program for the community by conducting general health camps.
- 2. Took part in co-ordinating street plays.
- 3. In-charge of field visits for students

#### Mr Vivek Fernandes :

- 1. Organized various medical camps.
- 2. Conducts awareness and promotional activities of HPD products
- 3. Liaison with various stakeholders in adopting village by the institute

#### Dr Sunita D'Souza :

- 1. Organized 'World Yoga Day'
- 2. Planning and designed 'Free Yoga Week' for common public
- 3. Conducts regular yoga sessions for staff and students

#### FIELD VISITS:

#### Visit to milk dairy:

The final year students made a visit to Mangaluru milk dairy on 21.08.2017. The students were accompanied by SPM department staff Dr Sudhamati, HOD; Dr Anusha and Dr Shamshad. Mr Kiran and Mr Manoj; incharge at the dairy started the tour with the brief introduction, method of collection of milk, pasteurization, skimming, tinning, and packing the products. After the tour there was a question answer session and later photos were taken.

#### Visit to Water Treatment Plant

IV BHMS students visited water purification plant situated in Thumbe, Mangalore on 01.09.2017. Here students were taken to the pumping station, flocculation chamber, chemical treatment room, chlorination unit, rapid sand filter beds. Mr Naresh Shenoy, explained and interacted with the students regarding water treatment.

#### Visit to Sewage Treatment Plant Centre:

The students visited Sewage Treatment Plant situated at Kavoor on 01.09.2017. They were very enthusiastic to learn about the various methods in which the sewage is being treated. They visited the screening unit, Grit chamber, primary sedimentation tank, secondary treatment plant, sludge digestion tank and tertiary treatment plant. Mr Stephan, Service Engineer of the plant explained and interacted with the students.

#### Family health survey

The Department conducted Family health survey visit to the neighboring village - Kotekar Panchayath on 19.01.2018 from 9.00 am to 12.30 pm, visited around 70 houses in the locality for the survey. Students actively participated in visiting houses, noting down the observed facts. They were enthusiastic in explaining the informations to the public.

#### **Observing Important Health Days :**

#### World Malaria Day :

A street play was organized to bring attention of the public around our institute on 03.05.2017. Play was conducted by III & IV year students. The play took place at the Gram Panchayath premises, included the audience from Kotekkar village. Along with this, a street play highlighting the importance of water and summer problems was enacted at the same premises.

#### World Hygiene Day:

In view of World Hygiene Day, the department of Community Medicine organized awareness talks at schools in and around Deralakatte from 14.06.2017 to 17.06.2017. The speakers were Dr Sudhamathi, Dr Shamshad and Dr Jyoshna S.

#### World ORS Day 2017:

The World ORS day was observed on 29.07.2017 by the Department of Community Medicine with a demo for the visitors of the FMHMCH by the Interns. Dr Sudhamathi, HOD & Dr Shamshad Begaum organized the event

#### World Hepatitis Day:

The department of Community Medicine organized a lecture for the IV BHMS students in view of observing World Hepatitis Day. The resource person was Dr N.C. Dhole.

#### World AIDS Day 2017 :

World AIDS day was observed on 1<sup>st</sup> December 2017. Students actively participated by preparing charts, displaying in the OPD. They were enthusiastic in explaining the information to the patients attending OPD.

#### World Tuberculosis Day 2018;

World TB Day is observed on 28th March worldwide to bring awareness about TB and to prevent TB infection thereby creating a world free of Tuberculosis. Our college observed the day by organizing a steetplay at Deralakatte and Beeri junction. Our students enthusiastically participated in the awareness programme and many people got information regarding the disease. Dr Sajan K R and Dr Diana assisted the group.

#### World Cancer Day:

FMHMC observed "World Cancer Day" with the WHO motto "we can I can" on 19<sup>th</sup> February 2018 in the Outpatient department of FMHMCH. The chief guest for the occasion was Smt Vijaya Krishnappa, Belma Panchayath President. Dr Shivaprasad K., Principal FMHMC welcomed the gathering followed by the message by Smt Vijaya Krishnappa, Belma Panchayath President on the relevance of cancer screening and awareness amongst the public.

The children from Dakshina Kannada Jilla Panchayath School, Deralakatte, patients and bystanders who visited the out patient department and people who wanted to know about the disease participated actively by attending in the inaugural program as well as for the exhibition on cancer awareness.

## World Health Day & World Homoeopathic Day:

Commemorating the 263<sup>rd</sup> birth anniversary of the Founder, Dr Christian Fredrich Sameul Hahnemann, World Homoeopathy Day was celebrated in the College on 10.04.2017. 200 Students of the 3<sup>rd</sup> & 4<sup>th</sup> year BHMS of Father Muller Homoeopathic Medical college participated in the walkathon at Thokkotu junction at 10.00 am giving awareness to the society with slogans and placards and the program got concluded with a street play depicting the usefulness of Homoeopathy in the current scenario. Students actively participated in this event. Then the group was present at mudipu junction by 11:00 am and participated in the walkathon and street play. At 12.00 noon it concluded and reached the college campus where the Hahnemanns bust was garlanded by the head of the institution Rev. Fr Vincent Vinod Saldanha, Dr Prabhu Kiran, the Vice Principal and student council members.

#### HEALTH AWARENESS PROGRAMS :

General Medical Camps :

Total camps conducted: 47Total no. of beneficiaries: 2818

#### Preventive camps /H .E.P conducted by the department :

Date	Place	Торіс	Staff attended
16.6.2017 &	Prashanth Nivas	Mosquito born disease	Dr Vandana
17.6.2017		& its prevention	
05.09.2017	Bagambila Anganawadi	Nutrition	Dr Anusha Gautham
27.01.2018	Ranipura aided school,	World leprosy day	Dr Yashasvini J P Hegde
	Ranipura		(speaker)
			Ashish Banerji
30.01.2018	Govt Higher Primary School,	World leprosy day	Dr Sushrutha K.(speaker)
	Deralakatte		Ambika

## 18.03. DEPT OF FORENSIC MEDICINE AND TOXICOLOGY

#### Faculty:

Dr Madona Joseph	-	Professor & HOD
Dr Diana R.	-	Lecturer (Part time)
Dr Harish Gouda	-	Guest Faculty

## Staff Achievements:

#### Dr Madona Joseph:

- Presented a paper on "Cannabis Indica in Homoeopathy" conducted by the Mission Angel Dust, the antinarcotic arm of Yenepoya University on 26.04.2017.
- Organized one day CEA Quest 2017 on MEDICAL NEGLIGENCE on 22.07.2017 at FMHMC.
- Appointed as external member of Internal Quality Assurance Cell once again by the NITTE University from 01.02.2018.

## 18.04. DEPT OF MATERIA MEDICA

#### Faculty:

Dr Srinath Rao	-	Professor & HOD
Dr Amitha Baliga	-	Professor
Dr Mini I.V.	-	Associate Professor

Dr Arun Varghese	-	Lecturer
Dr Sherlyn Paul	-	Lecturer

### **Staff Achievements:**

#### Dr Srinath Rao:

- External member of Board of Studies, Goa University & NTR University, Vijayavada.
- Continues to be Coorinator of CARE Cell .
- Was the co-author of the article : "Development of Software for Automatic Analysis of Intervention in the Field of Homoeopathy" which was published in the 'Journal of Alternative and Complimentary medicine' in January 2018.
- Resource person in the interns training programme at Alvas Homoeopathic College.
- Chief Guest at Jaisingpur Homoeopathic Medical College on 10.04.2017 in the Hahnemanns Day celebration 2017.

#### Dr Amitha Baliga:

- Chairperson of Souvenir Committee of Annual Conference Ventura 2017 held at FMHMC. Souvenir 2017 has been published both digital as well as magazine form.
- Continues to be a coordinator of "Sexual Harassment Prevention cell" for Students & Staff (Women), Member of IQAC, Vigilance Committee.
- Paper setter for RGUHS, Andra Pradesh University & Kerala University .

**Dr Mini I.V. :** Co-investigator of the research project – "Efficacy of Toxicodendron Pubescens in relation with Hyaluronic acid and its Application on Primary osteoarthritis. Research paper has been already submitted to the RGUHS after the completion of the project.

Dr Arun Varghese : Participated in AYUSH Malnutrition project held in February/March 2018.

#### **Departmental Activities :**

All the departmental staff observed health weeks by treating patients on different conditions like Diabetic week, Obesity week, Varicosity week etc in their respective OPD units. Departmental staff were examiners either external or internal for the university examinations both in the state & outside. The department sees to the smooth conduct of examinations and also for the good results. All the faculty of the department participate actively in the annual programs such as Hanemanns Day celebration, annual conference etc.

## 18.05. DEPT OF OBSTETRICS AND GYNAECOLOGY

#### Faculty :

Dr Vilma D'Souza - Professor & HOD Dr Salini Mandal - Lecturer

#### Activities of the Department :

The Department of Obstetrics and Gynaecology organized one week camp on "Homoeopathic treatment for menstrual and bleeding problems" from 08.03.2018 to 14.03.2018 at FMHMCH, Deralakatte.

The Department also organized Free Medical camp at Ranipura church on 11.03.2018 on "Abnormal bleeding & Homoeopathic Management"

#### Staff Achievements :

#### Dr Vilma D'Souza :

- Attended workshop on **Clinical skills and examination** on 09.05.2017 at FMMC organized by the Father Muller Simulation & Skills Centre.
- Attended workshop on "**Program on Implementation for NABH Accreditation**" on 25<sup>th</sup> to 27<sup>th</sup> May 2017 at FMHMC.
- External Examiner to Kadapa Govt Homoeo Medical College Dr. NTR University of Health Sciences, Vijayawada on 04.11.2017.
- External examiner to Goa University Sri Kamakshidevi HMC on 9<sup>th</sup>, 10<sup>th</sup> & 11<sup>th</sup> November 2017.
- Resource person for Taluk Level Ayush workshop for Anganwadi teachers/workers on "Genital Malignancies include Breast Cancer" on 18.11.2017 at District Ayush Office, Mangalore.

#### **Dr Salini Mandal:**

- 1. A study on uterine fibroid
- 2. Journal Advancements in Homoeopathic Research Feb 2018.

Departmental library : 106 books added

## 18.06. DEPARTMENT OF ORGANON OF MEDICINE

#### Faculty:

Dr Shivaprasad K.	-	Principal, Professor, HOD & PG Guide
Dr Jacintha Monteiro	-	Professor & PG Guide
Dr Ranjan Clement Britto	-	Associate Professor
Dr Sebastian P.A.	-	Assistant Professor
Dr Shamshad Begaum	-	Assistant Professor

## Staff Achievements :

#### Dr Jacintha Monteiro

- 1. Team leader for the Health camp at Bikarnakatte on 07.05.2017 & Mundithadka-Kasaragod on 27.12.2017
- 2. Designated as PG Coordinator from August 2017& PG guide from February 2017.
- 3. Participated in the workshop on synopsis preparation for PG students/Guides of Homoeopathy faculty conducted by RGUHS at Bangalore on 5<sup>th</sup> & 6<sup>th</sup> January 2017.
- 4. Regular writer regarding Health awareness in local Church Konkani magazine.
- 5. Chief Guest for Republic Day celebration at FMHMC.

#### Dr. Ranjan Clement Britto

- 1. Team leader for the camp at Madoor Anganavadi Kendra on 16.06.2017 & Belma on 02.03.2018.
- 2. Homoeopathic Consultant at Wenlock District Govt. Hospital.

#### Dr Sebastian P.A.

- 1. Team leader for 4 Malnutrition camps organized by Ayush in various Anganavadi
- 2. NSS program coordinator
- 3. College magazine 'Pioneer 2017' Editor
- 4. Team leader for health camp at Kukkipady on 16.01.2018
- 5. Attended one week NSS training program at Mysore Open University from 14<sup>th</sup> to 22<sup>nd</sup> March 2018.

Departmental Library: 4 new books were added.

## 18.07. DEPT OF PATHOLOGY AND MICROBIOLOGY

#### Faculty:

Dr Sheena K.N	Professor
Dr Deepa Pais -	Assistant Professor
Mrs Clara Reena D'Souza -	Lab Technician
Mr Jayaprakash Monteiro -	Lab Assistant

#### **Staff Achievements:**

Dr Sheena K.N. :

- Continues as the Co ordinator of College Magazine Committee.
- Attended International conference "REMEDIUM 2017" at Dubai on 20.04.2017.
- Team leader of Medical & Dengue prevention camp organized by FMHMC in collaboration with AYUSH department at Kumpala Anganwadi Kendra on 05.08.2017.
- Attended National Conference "VENTURA" on 06.10.2017 & 07.10.2017 organized by FMHMC.
- Gave a Lecture on "Pathological basis of Understanding Miasms" at B.D. Jatti Homoeopathic Medical College, Dharwad on 19.03.2018.

Dr Deepa Pais :

- Delivered a talk on Homoeopathy at D.K. Zilla Higher Primary School, Deralakatte in view of observing world health day and world Homoeopathy day on 01.04.2017.
- Delivered a live Konkani talk of 1 hour duration on Homoeopathic system of medicine on 20.06.2017 on Daijiworld 24 x 7 channel
- Was the resource person at Assisi Central School on Doctor's day on 01.07.2017 and gave a talk on Benefits of Homoeopathy.
- Attended a CME on Medicolegal issues and negligence cases in daily practice on 22.07.2017 organized by the Dept of Forensic Medicine and Toxicology of FMHMC.
- Attended a National Conference "VENTURA" New avenues in Homoeopathy on 06.10.2017 & 07.10.2017 organized by FMHMC
- Attended a talk on Bioethics by Fr Stephen Fernandes on 28.10.2017 at FMMC
- Delivered a live Konkani talk of 1 hour duration on Allergic Respiratory Disorders And Its Homoeopathic Management on 31.10.2017 on Daijiworld 24 x 7 channel.
- Attended a Workshop on medical analyzer on 21.11.2017 & 22.11.2017 at FMHMC
- Delivered a live Konkani talk of 1 hour duration on Headache and its Homoeopathic Management on 28.11.2017 on Daijiworld 24 x 7 channel.
- Team leader for a camp at Mudipu on 09.12.2017.
- Attended a CME on 14.01.2018 on clinical tips and remedy diagnosis in the most simple and effective way organized by IHMA Mangalore chapter.
- Serves as a committee member of the college media committee
- Published an article on Homoeopathy for school children in the March issue 3 vol 24 of Homoeopathic Medical Panorama

#### Statistics :

1389 OPD patients and 539 IPD patients were attended by the clinical laboratory for routine tests. Besides this around 177 patients were attended for research projects, 90 patients in Post Graduate Thesis work & 23 patients for camp organized by various departments. 48 employees of Father Muller Homoeopathic Pharmaceutical division were screened as a part of annual health check up.

**Departmental library :** Department has a library with 90 books for reference.

## 18.08. DEPT OF PAEDIATRICS

#### Faculty:

Dr Jyoshna Shivaprasad - Professor, HOD & PG Guide Dr Reshel Noronha - Assistant Professor

#### **Staff Achievements:**

#### Dr Jyoshna S.

- Continuing as PG- Board of studies member since June 2015.
- Resource person for World Autism Awareness Day at a workshop on "Integrated approach to childhood disabilities" on the topic, "Homoeopathic perspective in the treatment of autism" conducted by District Wenlock hospital, Dept. of AYUSH and DEIC, Mangalore, Govt. of India on 01.04.2017 at RAPCC auditorium at Wenlock Hospital, Mangaluru.
- Was team leader for an integrated health camp (Dental, Ayurveda, Yoga & Investigations) at Gandhinagar government higher primary school, Derebail organized by MLA, Shri J.R Lobo on 04.04.2017.
- Participated in a training programme for NABH conducted at FMHMC from 25<sup>th</sup> to 27<sup>th</sup> May 2017.
- Conducted a free Paediatric health week camp on the topic "Skin diseases in children" from 5<sup>th</sup> to 10<sup>th</sup> June 2017 at Fr Muller out-patient department.
- Organised an awareness camp with talk on "Daily hygiene & Nutrition" at Infant Mary School, Jeppu on 10.06.2017.
- Resource person to give awareness talk on "Hand hygiene" along with a group of doctors for demo, in view of World hand hygiene day at Govt. School, Babbukatte, Govt. School, Kuthar & Ranipura aided school on 17.06.2017.
- Organized a skit and awareness talk on 'Breast Feeding' at Father Muller out-patient department on 05.08.2017 & at Gramamandira, Ullal in collaboration with Department of Ayush, Dakshina Kannada on 08.08.2017 in view of Breast feeding week.

- Invited as Moderator for Sessions presented by Dr Rajesh Shah and Dr Robert on the occasion of Indo-Malaysian International conference at "Sai Ram Homoeo Smart Info 2017" on 19<sup>th</sup> & 20<sup>th</sup> August 2017 at Chennai.
- Organising secretary for the Annual National Homoeopathic conference 'Ventura 2017' on the theme 'New Avenues in Homoeopathy' at Fr Muller Convention Centre, Kankanady on 6<sup>th</sup> & 7<sup>th</sup> October 2017.
- Was team leader for a free health camp at Nethaji Higher Primary School, Deralakatte on 08.11.2017.
- Organised a free Health camp, awareness talk and conducted competitions like Fancy dress (11 participants) and Drawing (65 participants) on 14.11.2017 on Childrens' Day at FMHMC, Deralakatte.
- Participated in a CME program on 'Success through Homoeopathy' conducted by the Karnataka board of Homoeopathic system of Medicine, Bangalore at Davangere by Homoeopathic doctors association of Davangere on 19.11.2017.
- Was instrumental in conducting the inaugural program in collaboration with Ayush, Government of India for the "Malnutrition project for Anganwadi children" along with a free health camp at Stella Maris higher primary school, Kotekar on 06.12.2017.
- Was instrumental in organising the 'Malnourishment Project Camp' conducted by AYUSH in collaboration with FMHMC from the month of Feb 2018 till March 2018 in Vitla & Puttur districts.

#### **Publications:**

- Oral health care in children through Homoeopathy (Peer reviewed Journal Homoeopathic Heritage, Sept. 2017)
- A case of chronic motor tic disorder in an adolescent (Peer reviewed Journal Homoeopathic Heritage, November 2017)
- Efficacy of Causticum 200C on Children with Primary Enuresis A Study (Published in e-journal, Homeobook, November 2017)

### **Guidance rendered for PG articles:**

- An insight into childhood Obesity and its homoeopathic scope (Homoeopathy for all, October 2017) by Dr Jayameera R.
- Breath easy with Homoeopathy, A battle against Childhood asthma (Homoeopathy the friend of health, November 2017) by Dr Silppa Venugopal P.K.
- Behavioural disorders in preschool children (Homoeopathic Medical Panorama, Issue 2, 2017) by Dr Seesha C.
- Neonatal nosocomial infections and homoeopathic management (E-journal, Homeopathy 360, Feb 2018) by Dr Shruthi Nair
- Vaccinosis with Homoeopathy (E-journal, Homeopathy 360, March 2018) by Dr Graceful bamon
- Lymphadenopathy in Pediatrics (Homoeopathic Panorama, Issue 3,2018) by Dr Harsha S
- Epilepsy in children-A mirror view from Homoeopathy(E-journal, Homeopathy 360, March 2018) by Dr Vimal Shaju
- Childhood Asthma: Breathe easy with Homoeopathy(E-journal, Homeopathy 360, March 2018) by Dr Vimal Shaju

### Dr Reshel Noronha:

- Resource Person for talk on "Autism and its homoeopathic approach" at RAPCC Hall at District Wenlock Hospital, Mangalore on 1<sup>st</sup> April 2017.
- Team leader for the "Awareness talk & Skit" on the "Benefits of Breast Feeding and the scope of homoeopathy in Lactation problem" in the FMHMC OPD on 5<sup>th</sup> August 2017.
- Attended the National Homoeopathic conference 'Ventura 2017' on the theme 'New Avenues in Homoeopathy' at Fr Muller Convention Centre, Kankanady on 6<sup>th</sup> & 7<sup>th</sup> October 2017.
- Team Leader for Paediatric screening camp at Islamic Aided School on 09.11.2017.
- Part of the organising team of Children's Day 2017 at Father Muller Homoeopathic Medical College on 11<sup>th</sup> November 2017.
- Attended & was a part of the organising team for a "Workshop on Medical Analyser" organised by the R & D committee on 21<sup>st</sup> & 22<sup>nd</sup> November 2017.
- Faculty in charge for First Aid Unit at St Joseph Vaz Shrine, Mudipu on 7.12.2017.
- Team Leader for Paediatric screening camp at Thokottu Anganwadi on 19.01.2018.
- Involved in the Malnourishment Project Camp conducted by AYUSH in collaboration with FMHMC held from the month of Feb 2018 till March 2018.

Departmental library: Total Books - 153, 7 books added.

## **18.09. DEPARTMENT OF PHARMACY**

#### Faculty:

Dr Joseph Thomas	-	Professor & HOD
Dr Blany Lobo	-	Professor
Dr Vivek Sakthidharan	-	Assistant Professor
Dr Prennie Vidiera	-	Assistant Professor

## **Staff Achievements:**

### Dr Joseph Thomas:

- Member, BOS (PG) by RGUHS, Bangalore.
- Squad cum observer for various examinations of RGUHS
- Appointed as Examiner by RGUHS for Pharmacy PG & UG exams
- Presented a paper on "Treatment of non-healing diabetic ulcer using Homoeopathy" in National Homoeopathic Conference "Ventura 2017 New Avenues in Homoeopathy" on 06.10.2017 & 07.10.2017 at FMHMC, Mangalore.
- Presented a paper on "Cannabis indica and its clinical importance in Homoeopathy" at National seminar on Medical Marijuana "Mission Angle Dust" on 26.04.2017 at Yenepoya University, Mangalore.
- Attended workshop on Research methodology for PG guides at RGUHS, Bangalore on 5<sup>th</sup>& 6<sup>th</sup> January 2018.
- Participated in Short Course in Research Methodology organized by RGUHS for PG Examiners on 24<sup>th</sup> & 25<sup>th</sup> November 2017.
- Attended "Workshop on Medical Analyzer" organized by the R & D Committee, FMHMC on 21<sup>st</sup> & 22<sup>nd</sup> November 2017

## Dr Blany Lobo :

- Co-investigator for a research on "Effectiveness of Homoeopathic treatment in female infertility"- Report submitted on 29.03.2018.
- Presented a poster on "Homoeopathic treatment of Male infertility" at Pioneer Century Science International Conference (GOGC) 2017 at Rome on 8<sup>th</sup> July 2017.
- Received approval as Principal Investigator for a research project funded by RGUHS, Bangalore on "Effectiveness of Hammamelis 30 in varicose veins" in March 2018
- Published an article "A study of remedy profiles in the treatment of Eczema in children" in Homoeopathy The Friend of Health in April 2018 issue.
- Team leader for medical camp at Panjikallu, Acharipalke School in association with Disha Trust on 25.6.2017; Govt. Higher Primary School, Dandegoli on 19.11.2017 & Primary school, Kukkipady on16.01.2018.

## Dr Vivek Sakthidharan:

- Resource person for "Workshop on Medical Analyzer" organized by the R & D Committee, FMHMC on 21<sup>st</sup> & 22<sup>nd</sup> November 2017.
- Co-Author for an article, "Development of Software for Automatic Analysis of Intervention in the Field of Homeopathy" published in The Journal of Alternative and Complementary Medicine, January 2018.
- Worked as Co-Investigator for a research project in collaboration with NITTE University funded by FMCI.
- Participated in Short Course in Research Methodology, organized by RGUHS, for PG Examiners on 24<sup>th</sup> & 25<sup>th</sup> November 2017.
- Attended National seminar on Medical Marijuana "Mission Angle Dust" on 26.04.2017 at Yenepoya University, Mangalore.
- Appointed as Examiner by RGUHS for Pharmacy UG exams.
- Convenor for Prerana, an intercollegiate cultural fest for PUC studentsof DK & Udupi districts, hosted by FMHMC.
- Worked as Cultural co-ordinator for organizing the various cultural programmes of the college.
- Attended Homoeopathic Conference & CME at FMHMC.

## Dr Prennie Vidiera :

- Attended National seminar on Medical Marijuana "Mission Angle Dust" on 26.04.2017 at Yenepoya University, Mangalore.
- Attended Quest-2017 "Medico-Legal Issues and Negligence Cases in Daily Practice" on 22.07.2017 organised by Department of FMT at FMMC.

• Attended National Homoeopathic Conference "Ventura 2017 - New Avenues in Homoeopathy" on 06.10.2017 & 07.10.2017 at FMHMC.

#### Articles

- 1. "Gout The Most Unrecognized" Daijiworld Weekly October 6, 2017.
- 2. "Worrying Varicose Veins..!!!" Daijiworld Weekly January 12, 2018.
- 3. "Frozen Shoulder" Daijiworld Weekly March 2, 2018.

#### **Co-curricular Activities :**

- Pharmaceutical visit for PGs : Taken PG students to 'The Kerala State Homoeopathic Co-operative Pharmacy (*HOMCO*)' at Alappuzha, that functions under the administrative control of Ministry of Health & Family Welfare-Govt. of Kerala & Similia Homeo Lab, Aluva on 2<sup>nd</sup> & 3<sup>rd</sup> November 2017.
- Attended Inspection by the authorities of CCH & RGUHS.
- Inventory regularly checked and updated.

Departmental Library : 6 books were added.

## 18.10. DEPT OF PHYSIOLOGY AND BIOCHEMISTRY

#### Faculty:

Dr Deena M Monteiro	-	Professor
Dr Jolly D'Mello	-	Lecturer
Dr Sheethal Adyar	-	Lecturer

### Staff Achievements :

#### Dr Deena Monteiro

- Attended talk on "Homoeopathy a Nano science" by Dr ES Rajendran on 11<sup>th</sup> May 2017 at FMHMC.
- Attended Homoeopathic conference 'Ventura 17' 'New Avenues in Homoeopathy" held on 6<sup>th</sup>& 7<sup>th</sup>
   November 2017 conducted by FMHMC at FMCI.
- A guest lecture on topic "importance of Physiology in Homoeopathic Practice" on 18<sup>th</sup> November 2017 at Vinayaka Mission Homoeopathic Medical College, Salem
- Was an Examiner both internal and external for the university examination conducted by RGUHS.

#### Dr Jolly D'Mello

- Attended Homoeopathic conference 'Ventura 17' 'New Avenues in Homoeopathy" on 6<sup>th</sup>& 7<sup>th</sup> November 2017 conducted by FMHMC at FMCI.
- Involved in Research work Co-investigator in the Research project 'A Comparative study of Homoeopathic treatment verses integrated approach of Homoeopathy and yoga in the treatment of menstrual disorders related PCOS in young females".

Departmental library: Updated with addition of 2 books this year. There are a total of 116 reference books.

## **18.11. DEPT OF PRACTICE OF MEDICINE**

#### Faculty

Dr M.K. Kamath	-	Professor
Dr N.C. Dhole	-	Professor
Dr Dolphin J. Karat	-	Associate Professor
Dr Rajachandra	-	Assistant Professor
Dr Sowmini M.	-	Assistant Professor
Dr Akhil B.G.	-	Assistant Professor

### **Staff Achievements :**

**Dr M.K. Kamath** was appointed as an internal examiner by RGUHS and external examiner by Vinayaka Missions University, Salem, MGR Medical University of TN for the PG Examinations.

**Dr N C Dhole and Dr Rajachandra** was appointed as Examiner for the UG by RGUHS Karnataka and also by Goa University.

Departmental Library : A total of 79 (UG) + 82 (PG) Books are available.

## **18.12. DEPARTMENT OF PSYCHIATRY**

#### Faculty:

Dr Girish Navada U.K. - Professor & HOD Dr Diana R. - Assistant Professor

#### **Staff Achievements:**

#### Dr Girish Navada U K -

- Deputy medical Superindent, staff advisor to students association,
- MC member of FMHMC,
- Advisory board member FMCI.
- Staff advisor for the student council for the year 2018.
- Daijiworld weekly magazine published interview on world health day 7<sup>th</sup> April 2017, topic : Depression Let's Talk

## 18.13. DEPARTMENT OF REPERTORY

#### **Faculty:**

Dr Rita Chakraborty	-	Professor & HOD
Dr Anita Lobo	-	Professor
Dr Kurian P.J.	-	Associate Professor
Dr Ashik Muhammed	-	Assistant Professor

## Staff Achievements: Dr Rita Chakraborty

## **Research Activity :**

- Editorial board member of Bulletin on Homoeopathy. The quantum medicine of future.
- Submitted an article in IJRH for Publication 'Therapeutic efficacy of Homoeopathic Mother Tincture of "Abroma Augusta" in changing the level of Glycosylated Haemoglobin (HbA1c) In Type 2 Diabetes Mellitus'. Pretest Post-test study.
- Submitting a new research project titled 'Efficacy of *Cephalandra indica 6c* incontrolling hyperlipidaemia-Pre test post test study.

#### **Other Activities:**

- Convener of World Homoeopathy day 2017
- PG guide & Examiner
- President of TSC
- Team leader for Medical Camp Oct. 2017

#### Dr Anita Lobo :

**Research activity:** 

- Completed the research topic 'Effectiveness of Homoeopathic Treatment in Female Infertility' and submitted the report on 29.03.2018.
- Presented a research paper titled 'Effectiveness of homoeopathic treatment in female infertility' at Pioneer Century Science, GOGC, Rome on 8<sup>th</sup> July 2017.
- Submitted a research proposal titled 'A comparative study of homoeopathic treatment versus integrated approach of homoeopathy and yoga in the treatment of menstrual disorders related to PCOS in young females'.
- First Aid Treatment on 8<sup>th</sup> December 2017 at St Joseph's Vas Church at Mudippu.

**Other Activities :** Appointed as guide for UG Dissertations.

#### Dr Ashik Muhammed :

**Other Activities :** Team leader for medical camp conducted under Department of Community Medicine which was conducted on 24.11.2017 at Amunje, Buntwal and on 13.03.2018 at Panjikkal, Bantwal.

**Departmental activities** : A guest lecture was organized on 20.01.2018 for UGs, PGs & staff- resource person – Dr Mansoor Ali.

## 18.14. DEPT OF SURGERY

#### Faculty:

Dr K. John Paul	-	Associate Professor
Dr Hafis Sherief	-	Assistant Professor
Dr Manjima Mohan (Dentistry)	-	Part time
Dr Rajesh Kumar Tekkati (Ortho	opedics) -	Part time

#### Staff Achievements :

#### Dr John Paul :

- Is continuing as a member of Media committee, Magazine committee and Editor of Mullerian Quarterly Bulletin.
- Guided 4 interns of the 2017–18 batch for writing their dissertation.
- Has been given the responsibility to guide one intern in making their dissertation from February 2018.
- Presented a paper "Surgical Diseases under Homoeopathic Scanner" in 'Ventura 2K17' on 6<sup>th</sup> October 2017.
- Participated in the Training program on 'Program on Implementation' from 25.05.17 to 27.05.17, "Workshop on Medical Analyzer" on 21.11.2017 & 22.11.2017.
- Was instrumental in organizing Eye donation fortnight on 06.09.2017.
- Assisted the foundation training program for the Central Health Service Officers.
- Effort was taken and a Research proposal was submitted to the RGUHS for Research grants titled "Efficacy of Natrum Mur 30 in Allergic Rhinitis" ethically cleared and submitted to RGUHS for Grants on 14<sup>th</sup> July 2017 as a Principal Investigator.
- Served as a clinician in the research team for the research project "Efficacy of Toxicodenron pubences in relation with hyaluronic acid and its application on primary osteoarthritis" which was completed in December 2017.
- Is a Co-Investigator for the research project titled "The efficacy of Hamamelis 30 in the management of varicose veins and its complications using the revised VCSS (Venous Clinical Severity Score) tool and Peripheral Venous Doppler Study" sponsored by the RGUHS. The amount sanctioned was Rs.2,00,000/-
- "A Differential Analysis of Homoeopathic remedies attributed to Pride" International Peer Reviewed Journal 'Homeopathic Links'. Considered for publication in the month of August 2017 & awaiting Publication.
- "Belly Sweetbread, A Homoeopathic Purview" in '*Homeopathy for All magazine*' Submitted for publication on 31<sup>st</sup> August 2017.
- "A Case of Non-Specific Chronic Colitis" in Indian Journal of Advanced Homoeopathy is submitted for publication on 26.10.2017 and awaiting publication.

#### **Dr Hafis Sherief**

- Continuing to coordinate the stay and conveyance of the external examiners during the University examinations.
- Attended 'Ventura 2K17' on 6<sup>th</sup> & 7<sup>th</sup> October 2017 and was a member of the organizing committee.
- Attended "Inspire" Conference conducted by IHMA Kerala.
- Participated in the Work shop on "Medical Analyzer" conducted by Research Development Committee, FMHMC on 21.11.2017 & 22.11.2017.
- Attended 10 days training program by SAHYA from Sept. 2016 to Sept. 2017.
- Headed a General Medical Camp at Koila on 23.11.2017.
- Was member of finance committee during World Homoeopathy Day Celebrations 2017

#### **Departmental Activities:**

- 1 The departmental Staff conduct clinical meetings and journal clubs for the interns and clinical meeting for the students regularly.
- 2 The II BHMS students were involved in making 'Mindmap', an innovative practice.

- 3 Eye Donation Share your sight, an awareness program for the III BHMS students was conducted on 06.09.2017. 42 including students and staff pledged their eyes to donate their eyes.
- 4 The PTSA was held and the status of their wards was deliberated to the parents/Guardians on 20.01.2018.
- 5 The departmental activity "Simulated Patient" as an innovative practice is been conducted for the II BHMS students.
- 6 'Reclaim A Student Symposium for the Management of Cancer by Homoeopathy was organized on 22.02.2018 for the III BHMS.
- 7 'Personal Skill Exercise' was conducted for the III BHMS RS3 students on 14.02.2018 & 15.02.2018.
- 8 In view of World Cancer Day 2018, the department in collaboration with Pathology, Community Medicine & OBG, an Cancer Awareness Program cum Exhibition was organized from 19.02.2018 to 24.02.2018.

**Departmental library:** The number of books is increased by 4 and presently there are 121 books of different editions and volumes.

#### ACADEMIC ACTIVITIES/ EVENTS/ PROGRAMS OF THE COLLEGE:

#### **Clinical Meeting:**

Regular clinical meetings are held on every working Wednesday for I, II, III & IV BHMS students. The in-Charges of OPD units conduct the clinical meetings as per the specified time table. Clinical meetings of the interns are conducted on every Tuesdays as per the schedule.

**Journal Club:** Journal Club meetings are conducted regularly for interns on every Friday. The in-Charges of various OPD units supervise the Journal Club by rotation.

#### **Research and Development Activities :**

#### **BRNS Research Project :**

The final report submission of the research project in collaboration with Bhabha Atomic Research Centre, Mumbai was done. The research entitled "Evaluation of action of Homoeopathic Medicines in various potencies" was started in August 2011, with the following team : Dr Srinath Rao (Principal Investigator), Shri. R.K. Jain (Principal Collaborator), Dr Prasanna Kumar and Dr Sajan K.R. (Co-investigator), Dr Vivek Sakthidharan (Senior Research Fellow). The data analysis was done by Dr J.D. Jindal (Former Scientist, BARC).

We have signed MoU with - NITTE Deemed to be University and CCRH, New Delhi

#### **IMPORTANT EVENTS:**

#### World Homoeopathy Day 2017 :

The World Homoeopathy Day 2017 was observed at Father Muller Homeopathic Medical College, Deralakatte on 10.04.2017 commemorating the 262<sup>nd</sup> birth anniversary of our founder Dr Christian Friedrich Samuel Hahnemann. The Chief Guest was Dr M.R. Ravi, KAS, Chief Executive Officer, Zilla Panchayat, D.K District and the Guest of Honour was Dr M.S. Karthikaeyan Sethu, distinguished alumnus 1992 batch, Managing Director, S.S Hans Hospital, Madurai. The program was presided by Rev. Fr Richard Coelho, Director Incharge, FMCI. The Chief Guest gave his beautiful message in which he inspired the students to have values and character and be good human beings. The Incharge Director, Rev. Fr Richard Coelho delivered his presidential address motivated the students to be good citizens and to do selfless service in healing humanity of their ills. After the inaugural program, the Guest of Honor addressed the gathering and shared his experience and knowledge.

#### Swachhata Andholan :

The NSS unit of FMHMC in association with the Zilla Panchayat, Deralakatte, organized Swachhata Andholan at Deralakatte on 05.06.2017. 15 NSS volunteers participated in this event.

#### International Yoga Day Celebrations :

International Yoga Day' was celebrated in FMHMCH on 22<sup>nd</sup> June 2017. The program was inaugurated by Mr Walter H. D'Mello, Deputy Director of Public Instructions, D.K. Mangaluru, by lighting the lamp along with other dignitaries. Mr Walter D'Mello, Chief Guest, in his speech explained the importance of Yoga and highlighted peace and harmony aspect of Yoga in daily life. Yoga has to be practised every day and Yoga is not a talk, it is a walk. Rev. Fr Vincent Saldanha, Administrator, FMHMCH in his presidential address advised the students to practice Yoga regularly and to spread the awareness in the society.

#### **Doctors Day Celebration - 2017**

'Doctors' Service is needed to the public'. 'Medical Profession is at the cross roads and all the doctors are called to follow medical ethics and need to venture into Research work' said Dr Rajeshwari Devi H.R., District Surgeon &

Superintendent, Wenlock District Hospital, Mangaluru during her message as Chief Guest for the 'Doctors' Day celebration at FMHMCH on 3<sup>rd</sup> July 2017. Rev. Fr Richard Coelho, in his message said that Doctors are instruments in the hands of God who alleviate human suffering though their compassionate care. All the Doctors of the College were felicitated by the Chief Guest & President of the program.

#### **Inauguration of Student Association 2017**

Mr M.P. Noronha Advocate & Governing Board member of FMCI was the Chief Guest for the inauguration of 5<sup>th</sup> Students Association on 07.07.2017 at FMHMC. By addressing the gathering he said that "Medical students are required to excel not only in studies but also in extra-curricular activities like cultural and sports activities by taking leadership. Doctor leaders are required to serve the society. Doctor is the one who has knowledge, skills & attitude". Dr Shivaprasad K, Principal declared the names of the new office bearers of the Students' association 2017-18 and handed over the badges. Rev Fr Sylvester Lobo, Assistant Administrator administered the oath to the office bearers.

#### PTSA Meet - 2017 :

Parents, Teachers & Student Association (PTSA) meeting was conducted at the College Auditorium on 08.07.2017 for I BHMS, II BHMS, III BHMS (suppl) & IV BHMS (suppl) Students. Dr Manjula Shantaram, Ph.D., PGDBEME (Ethics), Professor, Department of Studies in Biochemistry, Mangalore University, PG Centre, Chikka Aluvara, Kodagu, Karnataka, India, was the resource person for the day. There was a session by Vice principal who highlighted the students' academics followed by Principal's session where he highlighted overall role of college towards the students & parents. The session ended by the Asst. Administrator's message. 220 parents attended the meeting.

#### **Green Campus Initiation :**

"Conservation of Forest and other Resources of Earth is the responsibility of all people" said Shri Ravi Kumar, Deputy Range Forest Officer, Mangaluru, the Chief Guest of the program on GREEN CAMPUS INITIATION organized by the Dept. of Community Medicine of FMHMC on 18<sup>th</sup> July 2017. The program began with the welcome address and introduction of Green Campus Initiation by Dr ESJ Prabhukiran, Vice Principal followed by the inaugural programme by way of watering a plant by the Chief Guest Shri Ravi Kumar and Green Ambassador Shri Madhava Ullal along with other dignitaries. The Chief Guest in his message highlighted the meaning of Forest i.e. 'F' for Food, 'O' for Oxygen, 'R' for Rainfall, 'E' for Ecological balance, 'S' for Soil Erosion Prevention and 'T' for Timber. Dr Sudhamathi, HOD of Dept. of Community Medicine & Convener of the Program thanked all who involved in Green Campus Initiation Program. After the stage programme the group moved to the field to plant the saplings to mark the Green Campus initiative.

#### QUEST - 2017, CEA :

The Department of Forensic Medicine and Toxicology of FMHMC in association with Rajiv Gandhi University of Health Sciences, Karnataka was organized 'QUEST - 2017', a continued Education Activity on 22<sup>nd</sup> July 2017. The theme was "*Medical Negligence and Consumer Protection Act – An Integrated Approach*". Dr Shivaprasad K., Principal, FMHMC welcomed the gathering. Dr Uday Kumar, Medical Superintendent, FMMCH was the Chief Guest. He emphasized on the theme of the integrated approach of Medical Negligence and Consumer Act. Rev. Fr Richard Aloysius Coelho, Director, FMCI gave the Presidential address.

#### **Breast Feeding Program :**

The Department of Paediatrics in association with AYUSH Federation of India organized Breast Feeding Program at Rangamandira, Thokkottu and FMHMC OPD from 03.08.2017 to 08.08.2017. Also a skit was performed by the III BHMS students. Dr Jyoshna S, HOD and Dr Reshel Noronha organized the program and also gave special talks.

#### **Blood Donation Camp at FMHMCH :**

NSS Unit of FMHMC in association with Blood bank and Youth Red Cross Unit of FMMCH organized a blood Donation Camp at FMHMCH, Deralakatte on 12<sup>th</sup> August 2017. Chief Guest Dr Kirana Pailoor, Blood Bank Officer, FMMCH inaugurated the camp. She enlightened the audience with talk on blood and its components and also motivated the gathering for voluntary blood donation.

#### Value Education Program :

A Value Education Program was organized by the college in association with Indian Campus Crusade in the College Auditorium for the BHMS students on  $6^{th} \& 7^{th}$  October 2017.

#### Annual Homoeopathic Conference - Ventura '17

FMHMC organized the 22<sup>nd</sup> Annual National Homeopathic Conference Ventura '17, new avenues in Homoeopathy on 6<sup>th</sup> & 7<sup>th</sup> October 2017 at the Father Muller Convention Centre Hall. The Chief Guest was Shri. Prof. K.

Umamaheshwar Rao, Director of National Institute of Technology, Suratkal. Dr Shrikanth B. Konkani M.D.(Hom), Principal, Bharatesh Homoeopathic Medical College, Belagavi, and also a member of Central Council Homoeopathy, New Delhi, was the Guest of Honour. Rev. Fr. Richard A. Coelho, Director, FMCI presided over the function. The Chief Guest spoke on his experiences with Homoeopathy as a child and later at his workplace at IIT, Kharagpur. He urged the young doctors to do research and enlighten the world on how Homoeopathy works. The Guest of Honor assured the audience, Homoeopathy too is evolving with the changing times. The Souvenir of the conference was released by the Chief Guest and Guest of Honor.

#### Release of Annual College Magazine - 'Pioneer 2017' :

"Fr Augustus Muller was not only a missionary but also a visionary and we should all emulate him in his service and mission to the least and the last" said Rev. Fr Dionysius Vaz, S.J., Rector, St Aloysius College, Mangaluru, the Chief Guest who released the 'PIONEER 2017' Annual Magazine on 31<sup>st</sup> October 2017. The Runners up Trophy winners of FMHMC in RGUHS Inter Zonal Throw Ball (Ladies) Tournament held at Dharawad were honoured during the program.

#### Children's Day Celebration – 2017:

The Paediatric unit I of the out-patient department and Paediatric department of FMHMCH had organized a Free Rural health camp along with awareness talk and competitions with regard to the children's day. The Rural health camp registration began from 10 a.m on 11<sup>th</sup> November 2017 and various competition like drawing and fancy dress. A total of 154 children availed the facility of free rural health camp.

#### Workshop on "Medical Analyzer" :

A workshop on "Medical Analyzer" was organized by the Research & Development Committee of FMHMC on 21<sup>st</sup> & 22<sup>nd</sup> November 2017. The resource persons were Dr G.D. Jindal, Former BARC Scientist, Mr R.K. Jain, Scientific Officer, BARC and Dr Vivek Sakthidharan, Former Research Fellow, BRNS Project. The program was coordinated by the committee members.

#### Christmas Sambrama 2017:

Father Muller Homoeopathic Medical College, Our Lady of Mercy Church, Paneer, St Aloysius Management Institute, Beeri Ursuline Charity and Apostalic Carmel Sisters jointly organized Christmas Sambrama 2017 at City Ground, Deralakatte Junction. The Chief Guest was Shri. K Ramarao, ACP, South Sub Division, Mangaluru.

**31.01.2018:** A session on "Advanced Teaching in Fundamentals of Homoeopathy" by Dr Munir Ahmed, Director, College Development Cell, RGUHS, Bengaluru was organized for M.D.(Hom) Part – I students in the college Auditorium.

#### "Reclaim - Student Symposium"

The Department of Surgery of FMHMC had organized "Reclaim - A Student Symposium on the Management of Cancer by Homoeopathy for the III BHMS students on 22.02.2018. The objective of the event was to encourage and motivate students and kindle a desire in them refer various Homoeopathic Literature that aided in the treatment of cancers. The activity was organized by Dr K. John Paul, Associate Professor & Coordinated by Dr Hafis Sheriff, Assistant Professor, Department of Surgery.

#### International Women's Day Health Camp (not checked)

The inauguration of the one week camp on "Homoeopathic treatment for menstrual and bleeding problems" from 08.03.2018 to 14.03.18 at FMHMCH, Deralakatte, was held at 10.30 AM. The event was organized by the Department of Obstetrics and Gynaecology.

The Program started by invoking God's blessings through a prayer song and lighting the lamp followed by an introduction of the resource person. Dr Shivaprasad K, Principal, FMHMC welcomed the gathering. Dr Prathima Prabhu Asst. Professor, Dept of OBG FMMC was the Chief Guest for the function. Rev Fr. Sylvester Lobo, Asst. Administrator, FMHMCH, presided over the function. Dr Girish Navada, Deputy Medical Superintendent, and Dr Vilma D Souza, HOD & Professor, Dept of OBG, were present on the dais.

Dr Prathima Prabhu Asst. Professor, Dept of OBG FMMC, delivered a talk on "The common problems during each phase of women's lives and the importance of diet, exercises and Yoga". Rev. Fr Sylvester Lobo, Asst. Administrator, FMHMC, gave a message on "The importance of health care in females".

Dr Vilma DSouza, HOD & Professor, Dept of OBG proposed the vote of thanks.

#### **Institution Day cum Graduation Ceremony:**

The Institution Day cum Graduation ceremony was held on 13.03.2018 at Father Muller Charitable Institutions. Dr Vedaprakash Mishra, Chancellor, Krishna Institute of Medical Council (Deemed to be University), Karad was the Chief Guest and Dr H. Veerabhadrappa, President, Karnataka Medical Council (KMC), Bengaluru was the Guest of Honour. A total of 75 Homoeopathic Undergraduates and 15 Post graduates took part in the graduation ceremony. Dr Shivaprasad K., Principal, FMHMC administered the oath.

#### **Eye Donation - Share Your Sight:**

The Department of Surgery of Father Muller Homoeopathic Medical College organized "EYE DONATION -SHARE YOUR SIGHT", an awareness programme to commemorate the 'National Eye Donation fortnight' observed from August 25<sup>th</sup> to September 8<sup>th</sup>, 2017. The III BHMS students of the college were involved in making charts on the importance of donating eves after death and displayed them in the Father Muller Homoeopathic Medical College Hospital premises, to create awareness for the visitors of the Hospital. This programme also included motivational videos on eye donation and enucleation procedure, Pre-test and Post-test assessment, Special lecture on corneal blindness and the basics of eye donation and Q & A session were a part of this programme. Dr Sarita Gonsalves, MBBS, MS, DNB, Assistant Professor, Department of Ophthalmology, Father Muller Medical College and Consultant at Father Muller Hospital Thumbe, was the Resource Person for the talk and the student activity held at the College on 06.09.17. Dr K John Paul, H.O.D Incharge, Department of Surgery, introduced the resource person and briefed the necessity of having such activity. Mr Goutham K S, Male Class Representative, welcomed the resource person with a bouquet as a token of appreciation. Ms Harshitha Nevvalga, Female Class Representative, expressed her views on behalf of the class on the usefulness of the session and proposed the vote of thanks. Eye donor registration forms were distributed to the participants. Over 42 participants filled the forms to pledge their eves that were collected from the Father Muller - Rotary Mangalore North Eve Bank, for this purpose. Dr Hafis Sherief, Assistant Professor, Department of Surgery, was instrumental in organizing this program.

#### CULTURAL AND SPORTS ACTIVITIES:

#### Prathiba 2K17 :

The valedictory programme of the Annual Cultural fest 'Prathiba 2K17' was held and the Chief Guest was Mr Kudroli Ganesh, Vismaya, All India Magic Troupe. The vote of thanks was given by Mr Shreyank Kotiyan, Cultural Secretary, Student's Association.

#### PRERANA 2017 - Intercollegiate Cultural Competition :

"Homoeopathy is gaining International popularity and Homoeopathic Doctors are earning the respect dignity and name from all over society" with these words Rev. Fr Richard A. Coelho, Director FMCI, addressed the gathering in his Presidential speech, on the occasion of Inauguration of 9<sup>th</sup> Inter Collegiate Cultaral Fest, 'PRERANA -2017' organized by FMHMC to the Pre-university Students of Dakshina Kannada and Udupi Districts on 3<sup>rd</sup> November 2017.

Principal, Dr Shivaprasad K. welcomed the gathering & introduced the Chief Guest Dr N.K. Vijayan Karippal, Principal, Expert Pre University College, Valachil. The Chief Guest praised the yeoman service given by the Father Muller Charitable Institutions in the field of Healing & Education. With these words he inaugurated the Cultural Fest by lighting the lamp along with other dignitaries on the dais.

**21.10.2017** : **Mr Jomal Scaria, Intern** directed a short movie named "Half Life" and was awarded the 1<sup>st</sup> Runner Up Prize for the Short Movie competitions on the Topic "Slow Down and Save Lives" WHO theme on Road Traffic Accidents organized by RGUHS in association with RGIPH and CDC Bangalore in May 2017.

#### **RGUHS Mysore Zonal Inter-collegiate Throwball and Tennikoit Tournament 2017-18 :**

"Students should take active part in sports and should enjoy playing games for healthy mind and body. They should never underestimate opponent or have extra over confidence on themselves" with these words Rev. Fr Richard Coelho, Director, FMCI the Chief Guest, began the inaugural program of the RGUHS Mysore Zonal Intercollegiate Throw Ball (Men & Women) & Tennikoit (Women) Tournament 2017-18 hosted at FMHMCH, Deralakatte on 27<sup>th</sup> October 2017. It was inaugurated by the Chief Guest with a mock play.

#### Pratibha 2K17 - Annual Sports Meet :

Annual Sports Meet 'Pratibha 2k17' was inaugurated at FMHMC Ground, Deralakatte on 9<sup>th</sup> December 2017 by hoisting the flag & releasing the balloons in the air by the Chief Guest Mr Ashok T, Circle Inspector of Konaje Police Station. In his message, he stressed the importance of sports, games & physical exercise in the life every person life and especially in the lives of students as they are burdened with lot of studies. One hour everyday in the

ground brings physical, mental fitness & peace he added. Annual Sports Day was organized by Father Muller Homoeopathic Medical College & Hospital for their students at the college ground, Deralakatte.

## **19. FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE HOSPITAL**

Homoeopathic treatment is gaining more and more popularity and the patient statistics are improving. In 2017-18 a total of 11,977 new cases and 80,150 follow up cases were treated in the Hospital out–patient Dept. A total of 7,921 patients were also admitted to the hospital and treated during the year.

As on  $31^{\text{st}}$  March 2018, the Homoeo Hospital has also given free care for out-patients and in-patients amounting to Rs.63,07,748/-. The College is continuing the village extension service with mobile clinics at 14 centres. In 2017-18, a total of 4,352 new cases and 25,179 follow up cases were treated in such clinics.

#### **Evening Special Consultation:**

New cases	-	360
Follow ups	-	1,435

**O.P.D Extension**: O.P.D extension services are held daily at St Antony's Hospital, Jeppu and Prashanth Nivas, Jeppu.

#### **St Antonys Hospital:**

OPD new cases	-	25
Follow ups	-	2,212

#### **Prashanth Nivas:**

O.P.D New Cases-	85
Follow Ups -	2,785

#### Village Clinics - Statistics

Sl. No.	Centres	New Cases	Follow Ups	Total
1.	N.M.P.T	117	959	1076
2.	Bela	118	2116	2234
3.	N.I.T.K	73	803	876
4.	Cheliarpadav	52	306	358
5.	Bajjodi	1	1390	1391
6.	Thumbay	535	2777	3312
7.	Paneer	60	439	499
8.	Salethoor	23	250	273
9.	Kasaragod	232	900	1132
10.	Jeppu	2295	10964	13259
11.	Neereshwalya	21	138	159
12.	Wenlock Hospital	768	2846	3614
13.	Olavina Halli	28	1040	1068
14.	Aloysian Boys Home	29	251	280
	Total	4,352	25,179	29,531

## 20. FATHER MULLER HOMOEOPATHIC PHARMACEUTICAL DIVISION

Father Muller Charitable Institution was established in the year 1880 at Kankanady by Rev. Fr. Augustus Muller & continues to provide the quality healthcare, education and homoeopathic medicines to the society.

The present Homoeopathic Pharmaceutical Division at Deralakatte was set up as per the requirements of Drugs and Cosmetics Act and GMP standard in the year 2003 with modern technology. The whole homoeopathic manufacturing unit complies with Schedule M of Drug and cosmetic Act with respect to production, quality, area and machineries. The Department of Ayush, Government of Karnataka, has renewed the GMP certificate for 3 years, that is, upto 2019.

The whole homoeopathic manufacturing unit complies with Schedule M of Drug and cosmetic Act with respect to production, quality, area and machineries.

The entire pharmacy has a fresh air system. It has got state of the art facilities with a GMP model filling and labeling line machine, tablet punching, granulator, semi automatic tablet filling machines, ointment filling machines, hydraulic press, automatic potentizer, trituration machines, semi-automatic bottle washing machines and semi-automatic sticker labeling machine.

The filtered fresh air system provides fresh air to all the departments. The Dust Extraction system in Powder and Tablet sections removes dust particle generated during process, and prevents contamination of medicines. The staffs are well trained to keep vigil on in-process control with production flow chart in order to avoid errors. They are also trained in the objectives and scope of GMP to maintain Quality.

The full-fledged Quality Control Section with high-performance equipments is installed to monitor the quality of medicines at every stage of the production process. The following Medicines are produced:

- 1. Mother tinctures
- 2. Dilutions
- 3. Liquid orals
- 4. Pills
- 5. Oils and ointments
- 6. External powders
- 7. Triturations and tablets

#### Staff:

Production in-Charge	-	1
Sr Secretary	-	1
Analyst	-	1
Sr Assistant Clerks	-	2
Junior Assistant Clerks	-	12
Asst Electrician	-	1
Attenders	-	21
General Workers	-	12
F. N. O.	-	3
M. N. O.	-	1
Farm Workers	-	2
Pharmacy Assistants	-	3
Technical Person (Ext.)	-	1
Total	-	60

#### Visitors:

- 1. Dr. Shimmal C., MD (Hom) along with 49 students of RVS Homoeopathic Medical College & Hospital, Chennai visited on 05.04.2017.
- Dr. V. George, Dr. Maria Dhivya along with 50 students of Alva's Homoeopathic Medical College, Mijar visited on 12.05.2017.
- 3. 44 students along with 4 staff members of Alva's Homoeopathic Medical College, Mijar visited on 13.05.2017.
- 4. Dr Rupali A. Telang, Dr Varun H., Dr Aneesa Tallur along with 85 students of A.M. Shaikh Homoeo Medical College, Belgaum visited on 17.05.2017.
- 5. G. P. Devrani (Co-ordinator), Dr S. Sreekanth, Dr P. Kumar Bareley from National Institute of Health & Family Welfare (NIHFW), New Delhi visited on 26.05.2017.
- 6. Fr.Nelson along with MHA  $2^{nd}$  semester students of FMMC visited on 06.06.2017.
- 7. 71 students along with 4 staff members of Bhagwan Buddha Homoeopathic Medical College, Bangalore visited on 16.06.2017.
- 8. Dr. R. Arun Kumar along with 46 students and 1 staff member of Sri Sai Ram Homoeopathy Medical College & Research Centre, Chennai visited on 19.06.2017.

- 100 students along with 4 staff members of Dr B.D. Gatti Homoeopathic Medical College & Hospital & P. G. Centre, Dharwad visited on 16.06.2017.
- 10. 100 students along with 4 staff members of Venkateswara Homoeopathic Medical College & Hospital, Chennai visited on 05.07.2017.
- 11. 27 BHMS students, 2 PG students along with 3 staff members of Government Homoeopathic Medical College, Kadapa visited on 10.08.2017.
- 12. Prof. Dr. S.P. Patil, MD (Hom. Med) of Venutai Yashwantrao Chavan Homoeopathic Medical College visited on 17.08.2017.
- 13. Viola D'Souza, Assistant Lecturer, FMCON visited on 29.08.2017 & Adaline Mullich, Flavia Monteiro, Jyosna, Anisha Pais, Jesmitha D'Souza students from FMSON visited on 20.09.2017.
- 14. Dr. S. Anas alongwith 29 students of School of Chemical Sciences, Mahatma Gandhi University, Kerala visited on 26.10.2017.
- 15. Vishwanath Prasad, Proprietor Sri Gauri Shankar Homoeopathic Pharmacy, Motihari, Bihar visited on 17.11.2017.
- 16. First Year MHA students of FMMC visited on 25.11.2017.
- 17. Dr. Sharanappa V. H. along with 90 students and 2 staff members of Government Homoeopathic Medical College & Hospital, Bangalore visited on 21.02.2018.
- 18. Dr. Manjula S. Haleholi (Prof. & HOD), Dr. B.D. Jatti Hom. Med. College & Hospital and P.G. Centre, Dharwad along with 97 students and 3 staff members visited on 09.03.2018.
- 19. Dr A.A. Bhagat, Dr A.A. Gambhir & Dr A.M. Naik along with 48 students of K.E.S.C.H.K. HMC, Raigad visited on 21.03.2018.

Month	Total sales (Rs.)
April	69,97,685.00
May	73,27,327.00
June	88,21,030.00
July	19,77,639.00
August	1,11,47,288.00
September	1,15,28,027.00
October	92,81,977.00
November	1,05,40,170.00
December	1,09,47,966.00
January	1,10,17,626.00
February	1,01,07,192.00
March	1,06,06,516.00
TOTAL	1,10,300,443.00

Marketing Section: Annual Sales:

**Marketing Agents :** Mr. Arunjeet Pille marketing person from Chathishgarh & Mr Ashok Kumar Das the Corporate marketing agent from Orissa have resigned from the service. Mr Rajesh Nandan ASM from Uttar Pradesh had resigned from the post. Mr Masum Raja has been appointed as corporate marketing agent for the state of Uttar Pradesh and Jharkhand with new terms and condition.

Dr. Ashok Kumar of Motihari has been appointed as corporate marketing agent from 01.04.2015 for the state of Bihar. Due to earthquake, election and liquor ban in the Bihar state, Government has started restriction on alcoholic preparation. The drug department has imposed restriction on 100 ml Dilution and Mother Tincture preparation. Many dealers have stopped ordering 100ml dilution and Mother Tincture. Hence, the sale of homoeo medicine has come down, still the company was able to achieve 10% growth in Bihar.

In Orissa M/s Bharathi has been appointed as the new dealer and Mr Panigrahi as marketing person for whole of Orissa. There is 24% growth in Orissa State. To compete in the market various scheme/incentives were announced to Dealer. Due to increase in the price of raw material, crude and packings, the price of mother tincture and patent products were revised for 2015-16.



#### **ADMINISTRATION:**

The hostels are managed by Father Muller Charitable Institutions. Hostels are under the administration of the concerned Administrator of the College. Every hostel has a Residential Warden responsible for the overall supervision of the hostel. The Administrators conduct weekly meetings with the Wardens in order to get feed back from the students on academic matters as well as to get a report on hostel discipline and problems, if any.

Discipline plays an important role in the hostel management. The timings to enter the hostels are fixed and students are expected to fall in line with the timings. Silence is observed strictly from 9.00 p.m. to 7.00 a.m. in order to promote a proper atmosphere for study. Individual attention and personal care is given to every student.

### 21.01. AVE MARIA HOSTEL

Warden : Sr Josephine D'Silva Asst. Warden : Sr Sudha

Total no. of inmates : Block A - 274, B - 166 & C - 211

The hostel consists of three blocks - A, B and C. 'A' block is occupied by the students of Allied Health Sciences – BASLP, M.Sc. MLT, MRT, Lab Technicians and Staff Nurses. 'B' block consists of MBBS interns, MLT, MIT, MHA, M.Sc.Nursing students and staff resides in this block. 'C' block consists of postgraduates of various courses – MPT, MD, MBBS and Staff reside in this block. There are various committees to assist the Warden in managing the affairs of the hostel. These committees are consulted as per the needs of the hostelites.

**Celebrations:** Every year Diwali, Christmas, Onam and Easter are celebrated in the hostel. Special menu is served to make hostelites happy and feel at home during the festival.

**Spiritual Activities:** We respect the faith and culture of each inmate of the hostel. Therefore, they are encouraged to grow in their own faith and follow their customs and culture, bearing in mind the policies and principles of the Management and the regulation of the hostel. Catholic students are encouraged and motivated to participate in daily Eucharist, evening prayer, Friday Adoration, Jesus Youth and as Altar Serves by giving them ample opportunities for active involvement.

#### **Hostel Mess:**

Mess facility is provided for the vegetarian and non- vegetarian residents. Food is cooked in the hostel itself. Hygiene is maintained well in the kitchen and mess hall. Menu is changed as per the requirement. Special menu is served on special occasions.

## 4 21.02. CARMEL HOSTEL

Warden : Mrs Benedicta Castelino

Carmel Hostel, a part of the College of Nursing, provides a home for all to study and work. The Principal is the Chief Warden. A Residential Warden assisted by Floor Wardens (chosen from among the staff from CON/SON), one on each of the floors, to attend to the discipline and the immediate needs of the students. All the Wardens meet and discuss the growth, needs and progress of the students.

Total number of inmates - 500

#### **ACTIVITIES:**

Ample opportunities are provided for the all round development of the students. The Christian/Catholic students are motivated to make the best use of the spiritual programs in the campus such as daily Mass in the morning, common rosary at night, weekly prayer meetings and annual retreat. They are encouraged to become members of the Altar Servers, Jesus Youth and Choir. The non-christian students are free to practice their own religion and are permitted to go to their sacred places of worship.

The hostelites take active part in all the extra-curricular activities organized by the College and the Institutions. They participate actively in the various Art and Cultural competitions organized by other institutions and bring credit to the College and the hostel through their performances.

#### **MESS:**

The hostel Mess is being taken up by a Contractor with a fixed amount being charged to each student. There is a Mess Committee comprising of student representatives from each of the batches along with the Warden, and the Principals of College and School of Nursing. The Mess President, Secretary and the representatives meet as and when the need arises to plan out the routine menu and modify the existing one. In the Carmel 'C' Hostel where Sisters are accommodated, mess facility is outsourced to caterers.

#### **SWACHH CARMEL :**

In order to inculcate clean habits and live in a healthy surrounding, a committee had been formed named 'SWACHH CARMEL' where the core group members supervise the cleanliness on duty rotation.

#### HOSTEL DAY:

The hostilities celebrate all the major national and religious festivals. The feast of 'Our Lady of Mount Carmel', the patron of the hostel was celebrated on  $16^{th}$  July 2017. The day started with a solemn Eucharistic Celebration in the morning and ended with the blessing of the hostel rooms.

#### **FESTIVAL:**

In the month of October, Deepavali – the festival of light is celebrated by illuminating deepas and bursting crackers and December ends with Christmas vacation.

21.03. DON BOSCO HOSTEL		
Warden	:	Mr Radhakrishnan
Asst. Warden	:	Mr Manu Mathew Jacob
Hostel Representatives	:	Dr Vivin Cheriyan Kailath

**Total number of inmates** : 403

Don Bosco Hostel (Gents) accommodates MBBS, Para-medical and PG students.

**Students Council:** The hostel has a committee to manage the affairs of hostel/mess comprising representatives of all batches. The total members are 15, including the present President Dr Vivin Cheriyan Kailath.

**Celebrations:** Christmas was celebrated with great enthusiasm. An attractive crib and decorations were put up by the students. Other festivals like Oman, Diwali, and Holi were also celebrated with much fervour.

**Spiritual Activities:** Students have been encouraged to walk the right path day by day, with regular prayers being organized in the hostel, conducted separately for paramedical and medical students. Holy mass is celebrated in the hostel prayer hall on every Wednesday. Additionally, for the last 10 days of every month, students from our hostel are entrusted with ensuring that the morning church services proceeds without any hitch.

## 21.04. LADIES HOSTEL, DERALAKATTE

Warden:Sr Trecilla D'SouzaTotal no. of inmates:415

On 14<sup>th</sup> May 2017 a new hostel block with double accommodation of seven floors was innuagrated by Most. Rev Aloysius Paul D'Souza, Bishop of Mangalore indeed is a great celebration.

### **Celebrations and Programs during the year:**

Various feasts like Deepavali, Onam, Ramdan, Pongal, Holi, Independence, Rajothsava, Nativity, Foundation Day, Christmas, Chapel Patron's Saint Day and New Year were celebrated during the year.

**Sports**: Students make use of the facilities that are provided for them by playing basketball, badminton, volley ball, hand ball, cricket, and other games, and inmates make use of the 400 track playground for daily walk to keep them active and lively. During the rainy season, they play indoor games.

**Mess :** There is a Mess Committee of 10 members which meets every month, plans the menu, evaluates food provided for them and verifies the accounts.

**Studies:** There is a study hall, where the students can study individually or in groups. They also have library facility for their study reference.

#### **Spiritual Activities:**

FMHMC campus has its own Chapel where many students gain spiritual benefit. Everyday at 6.15 am we have Holy Mass and at 6.45 pm Rosary. Priests are available for regular confessions. Once a week, Adoration is conducted. Nearly 125 students take part almost everyday for all these spiritual exercises. More than 450 students including students from neighboring colleges attend Sunday Service and gain spiritual benefit. To facilitate the students in spiritual care, we have the Choir group which meets every week and sings for Sunday and everyday Mass. Students take part in the activities of Altar Servers and Jesus Youth group.

There are 23 Student Religious Sisters from 12 Congregation studying Homeopathy medicine residing in the Hostel. Every month they are given recollection, and guest priests are invited to preach the recollection.

Retreat was conducted for two days for all Christian Students and one day Value Education for the non-christian students.

## 21.05. LOURDES HOSTEL

Warden : Rev. Sr Shilpa Pereira, SRA

The Lourdes Hostel caters to the accommodation needs of the lady students of BPT, MLT, MIT, RT and the Staff. Total number of inmates is 170.

#### Hostel Managing Committee:

Under the leadership of the Warden, there is a Hostel Committee which works together as a team for the smooth functioning of the Hostel in the following areas:

1) Finance (2) Liturgy (3) Cultural (4) Sports and Mess

The activities for any program are planned by a core group which consists of the Warden, Hostel President, Vice President and the Secretary. The same is presented to all the hostelites during the general body meeting and each one of them is given a chance to express opinion on the issue.

#### Activities and services rendered :

**Spiritual:** Due importance is given to spiritual growth, values and the moral life of each student. Students are encouraged to attend daily mass and adoration. They also conduct Sunday liturgy and adoration on turn. The students are involved in the Jesus Youth and Altar Servers meetings. They participate in the annual retreat arranged for them. An important part of the student's life in the hostel is family prayer at 8:30 p.m. A short hostel prayer service is conducted which includes reading the Word of God and singing a hymn. Thereafter all the Catholic students join for rosary. Special prayers are offered for birthday celebrants.

**Cultural and Hostel Activities :** Valedictory functions with prayer service and cultural programs were organized for the outgoing students of BPT, MLT, RT and MIT. A welcome ceremony was held by the seniors along with the Warden for the 2017 batch of BPT, MLT, MIT and RT. Outdoor and indoor games are provided to the students. Every evening, students are encouraged to play various games such as throw ball, basket ball, badminton, etc.

Mess Facilities : The students have their own mess which is run by Mr Solomon, the Mess Manager.

**Celebrations :** Every year the following festivals are celebrated by the hostelites:

**Diwali :** The festival of lights was not celebrated this year due to some reason.

**Onam :** Hostelites prepared Pookalam and in the evening Onam meal was served.

**Christmas :** The birth of Jesus Christ was celebrated in a meaningful way. The hostelites prepared a beautiful crib and sang Christmas carols. There was a dance session which ended with an ice-cream party.

**Lenten season :** During this season, the hostelites conducted meaningful 'Way of the Cross' batchwise in front of the hostel. They contributed Rs.2000/- towards Lenten Campaign and Rs.500/- for Mission Sunday.

#### 21.06. MOTHER TERESA HOSTEL

Warden -	Sr Florine Nazareth
Asst. warden -	Sr Rita Chinnaswamy
Total no. of inmates -	220 + 44 Nurses

Mother Teresa Hostel is a home for I & II year MBBS students and II year postgraduates who have come to pursue medical studies from all over the country with a diverse culture, custom and language.

#### **Hostel Committees :**

Under the leadership of the Warden, different hostel committees function for Liturgy, Mess, Cleanliness, Culture and Discipline having a leader and representatives from every batch. This allows the students to help the Warden to maintain discipline and decorum of the hostel.

#### **Spiritual Activities :**

Students are encouraged to grow in their faith. The Catholic students are encouraged and motivated to take part in daily Eucharist, rosary and weekly adoration and take part in the activities of the Jesus Youth & Altar Servers. They also take active part in conducting the weekly adoration, Sunday and daily liturgy and choir.

#### **Celebrations :**

The hostel was illuminated with oil lamps on Deepavali. Students prepared a crib and decorating with stars and lights at the entrance on the day of Christmas. Onam was celebrated by putting a flower carpet Pookalam. Advent and lent too was observed devotionally. The Catholic students participated in the novenas during Advent and Way of the Cross during the Lenten season. They are also encouraged to participate on Fridays common Way of the Cross.

#### **Special Events :**

- 1. In the month of April, 74 MBBS students 2014 batch were shifted to Ave Maria 'C' Block.
- 2. This year in August 44 staff nurses were accommodated in the hostel for nine months from August to April.
- 3. In September, 2017 batch 74 students entered the portals of Mother Teresa Hostel. The Warden and the students welcomed them with joy and helped them to feel at home.

#### 21.07. ST JOSEPH HOSTEL

Hostel Warden : Mr Akil Mathew, Department of Physiotherapy

#### Hostel Strength :

Teaching Staff	-	4
Clinical Staff	-	8
Students	-	7

**Mess :** Mess is not available at the hostel. Inmates take food from Hospital Cafeteria, Don Bosco Hostel and from outside.

## 21.08. ST JOHN PAUL II GENTS HOSTEL, DERALAKATTE

The activities of the St John Paul II Gents Hostel are looked after by Asst. Administrator Rev.Fr Sylvester Vincent Lobo with the help of Dr. Ashik Muhammed. S, Warden In-charge. With the new admission for academic year 2017-2018, 16 students joined the Gents Hostel. The total number of hostelites as on date is 97.

#### Celebrations and programs during the year:

Deepawali festival was celebrated in the month of October 2017 in the Gents Hostel under the supervision of D. Ashik, Muhammed S. and Dr Jithin Ouseph. Batch-wise sports were conducted for the hostelites in the month of November 2017, which included basketball, volleyball, football, cricket and fun games under the supervision of Mr

Chenna Kesava, Physical Instructor FMHMC with the help of Sports Secretary Mr Gautham K.S. III BHMS students were the winners and IV BHMS students became runners up.

Christmas 2017 was celebrated in a grand way by making a crib with the help of I year students in the college premises and way to the hostel was decorated with lights and stars. Christmas cake was cut by the Administrator. Assistant Administrator, Principal and Vice Principal attended the celebration. Christmas message was given by the Administrator. The celebration ended with the distribution of cake and DJ.

# 22. EXPRESSION OF GRATITUDE

#### SISTERS OF CHARITY:

The Congregation of the Sisters of Charity of St Bartholomea Capitanio and St Vincenza Geroza has been associated with Father Muller Charitable Institutions right from 1897. The Sisters have been actively involved in the various activities of the Institution such as nursing service, nursing education, leprosy eradication, administration, hostel management, etc. The Institution is grateful to the Mother General of the Congregation and also to the Provincial Superior of Mangalore Province V. Rev. Sr Matilda Monteiro for their continued support to Father Muller's. During the year 13 Sisters have been working in the various Units and Departments of the Institution. The Institution has provided them with a spacious and well furnished residence.

#### **OTHER CONGREGATIONS:**

We are extremely grateful to:

- The Provincial Superior V. Rev. Sr Zeena D'Souza of the **Congregation of the Missionary Sisters of the Queen of the Apostles (S.R.A.)** for the services of Sr Shilpa Pereira as the Warden of Lourdes Hostel and Sr Teriza Josheph DeSouza in the Laboratory Department.
- The Superior General V. Rev. Sr Susheela Sequeira of the **Congregation of the Ursuline Franciscan Sisters** (U.F.S.) for the services of Sr Christine Andrade as House-Keeping Supervisor and Sr Eunice Sylvia Trecilla D'Souza as Warden of HMC Ladies Hostel at Deralakatte.
- The Provincial Superior V. Rev. Sr Carmel Rita of the **Apostolic Carmel (A.C.) Congregation** for the services of Sr Ellen Marie as Nursing Superintendent & House Keeping In-charge, Sr Rosilda as Asst. Incharge General Stores and Sr Shanthi Theresa D'Souza as Staff Nurse.
- The Superior General V. Rev. Sr Prescilla D'Mello of the **Congregation of the Helpers of Mount Rosary** for having lent the services of five Sisters of the Institute. Sr Irene D'Souza and Sr Sunitha Pinto are looking after the Hospital Dietary Dept, Sr Roseline as In-charge of the Rehabilitation Unit, Sr Helen Lewis as in-Charge of the Laundry Department and Sr Prema D'Souza in the X-ray Department.
- The Superior Sr Vera Mascarenhas of the **Congregation of the Association of the Apostles of Holy Family** of Karwar Diocese for the services of Sr Singapam Beena and Sr Bollisetti Sudha Rani as Staff Nurses.
- The Provincial Superior V. Rev. Sr Helen Lourdswamy of the Congregation of the Pallotine Missionary Sisters and for the services of Sr Japamala Rani as Staff Nurse.
- The Provincial Superior V. Rev. Sr Lilly Jose of the **Congregation of the Sisters of Imitation of Christ**, Tiruvella Province for having lent the services of Sr Judy as teaching faculty in Father Muller College of Nursing.
- The Provincial Superior V. Rev. Sr Celine Cutinho of the **Congregation of the Misionary Sisters of Jesus** of Mumbai for having lent the services of Sr Theresa F. Pereira as Nursing Supervisor of Father Muller Hospital, Thumbay.



With deep sense of gratitued to God Almighty for His benevolence and providence, I thank everyone who became a part of this mighty Institutions. Indeed you helped us to live the motto of this Institution, "*Heal and Comfort*". I am grateful to His Lordship Most Rev. Dr Aloysius Paul D'Souza, Bishop of Mangalore and the President of Father Muller Charitable Institutions for his paternal care and unceasing interest in the welfare of this Institution. Truly the Bishop was a pillar of strength and figure of inspiration. I also thank Rt Rev. Msgr. Denis Moras Prabhu, the Vicar General of the Diocese of Mangalore and the Vice President of Father Muller Charitable Institutions for his valuable guidance. The Governing Board members who took keen interest in the growth and progress of the Institutions. All of them were present for all the meetings and major events of the Institutons which shows their affinity to us.

I am grateful to all the Administrators and Assistant Administrators who shoulder much of the burden of the Institution. Without their support the Institution wouldn't have seen such a rapid progress. I must say each one should receive a pat on their back for their dedication and keen interest in the functioning of the Institutions, our Chaplains who bring peace and solace at bed side to the sick and suffering patients. The grace of God and the healing touch of Jesus is flowing through their instrumentality.

I am grateful to all the well wishers of our Institution and also the patients who patronised our Hospital with confidence appreciating the services offered to them.

I remain grateful to all the teaching and non-teaching staff of our Educational Units for their hard work, loyalty and commitment to the Institution. Because of the goodwill and cooperation of the Staff, the Institution could rise to such heights.

I am also grateful to the parents and guardians of thousands of our students who bring life on our campus and who have made our Institution as their first choice. I am grateful to the large student community on our campus who make the campus vibrant and full of life. Their presence and involvement in all the activities on the campus makes the life in the campus so enjoyable and colourful.

With the intercession of St Joachim and St Anne, the Patrons of our Institution and the continued support from our well wishers, the faculty and the staff and students, we rededicate ourselves in this noble mission in training the young health personnel and also in serving the sick and suffering in the true spirit of Rev. Fr Augustus Muller, the Founder of our Institutions. Long live Father Mullers.

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